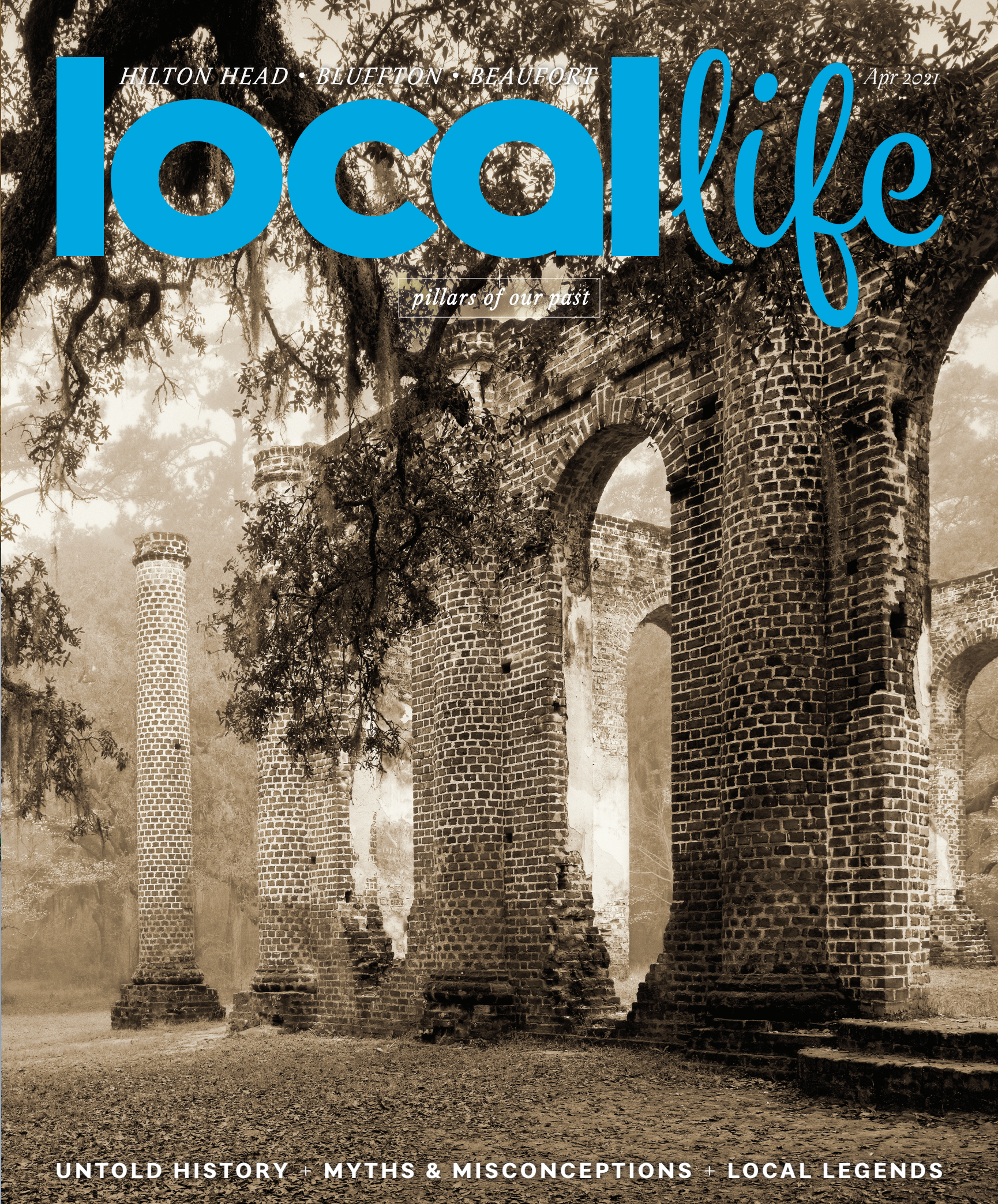
HILTON HEAD • BLUFFTON • BEAUFORT

Apr 2021

local life

pillars of our past



UNTOLD HISTORY + MYTHS & MISCONCEPTIONS + LOCAL LEGENDS



Featured: Men's Moku Pae


Footwear for the Island Lifestyle
FOUND AT
Outside™
The Plaza at Shelter Cove - Hilton Head
Wilson Village - Palmetto Bluff
Plant Riverside District - Savannah
shopoutside.com | 843.686.6996





Over 20,000,000 Reasons to Call Catherine Donaldson*

* total single-side transaction volume that Catherine Donaldson has sold/contracted for 2021



MAY RIVER MASTERPIECE

135 Gascoigne Bluff Road | Bluffton

Currently offered for $6,500,000

When an artist creates a masterpiece, the process is always intentional, thorough, and instantly apparent to those fortunate enough to experience the end result. Such is the case with 135 Gascoigne Bluff Road, arguably the May River's finest quality estate ever publicly offered for purchase. With an abundance of luxury conveniences and exemplary quality throughout, the architectural nods to the Lowcountry are nothing short of breathtaking. Moreover, the centuries-old live oak trees framing the property coexisting alongside the most coveted views of the May River, have only been further complemented by the architectural relevance of an estate that now awaits new owners. Inquire for more information and a private tour.

SIGNIFICANT SALES

SOLD*

38 Ensis
$3,150,000

35 Linden Plantation Road
$3,100,000

19 Atlantic Pointe Drive
$2,300,000

910 May River Road
$3,800,000

47 Ribaut Drive
$1,700,000

16 Kirk Bluff Road
$1,300,000

10 Newhall Road
$1,250,000

19 Donax Road
$2,375,000

18 Bald Eagle Road
$4,450,000

8 Everglade Place
$3,100,000

62 Lady Slipper Island Drive
$1,525,000

30 Minuteman Drive
$1,400,000

UNDER CONTRACT*

25 China Cockle Way
$2,995,000

12 Portside Drive
$1,550,000

61 Mount Pelia
$1,600,000

* sold/contracted within the last twelve months



CATHERINE DONALDSON
Principal Partner - The Donaldson Group
Catherine.Donaldson@SothebysRealty.com
celiadunnsir.com
843.338.2069

Celia Dunn | Sotheby's INTERNATIONAL REALTY
49 Boundary Street
Bluffton, SC 29910 | 844-836-3900

Each office is independently owned and operated

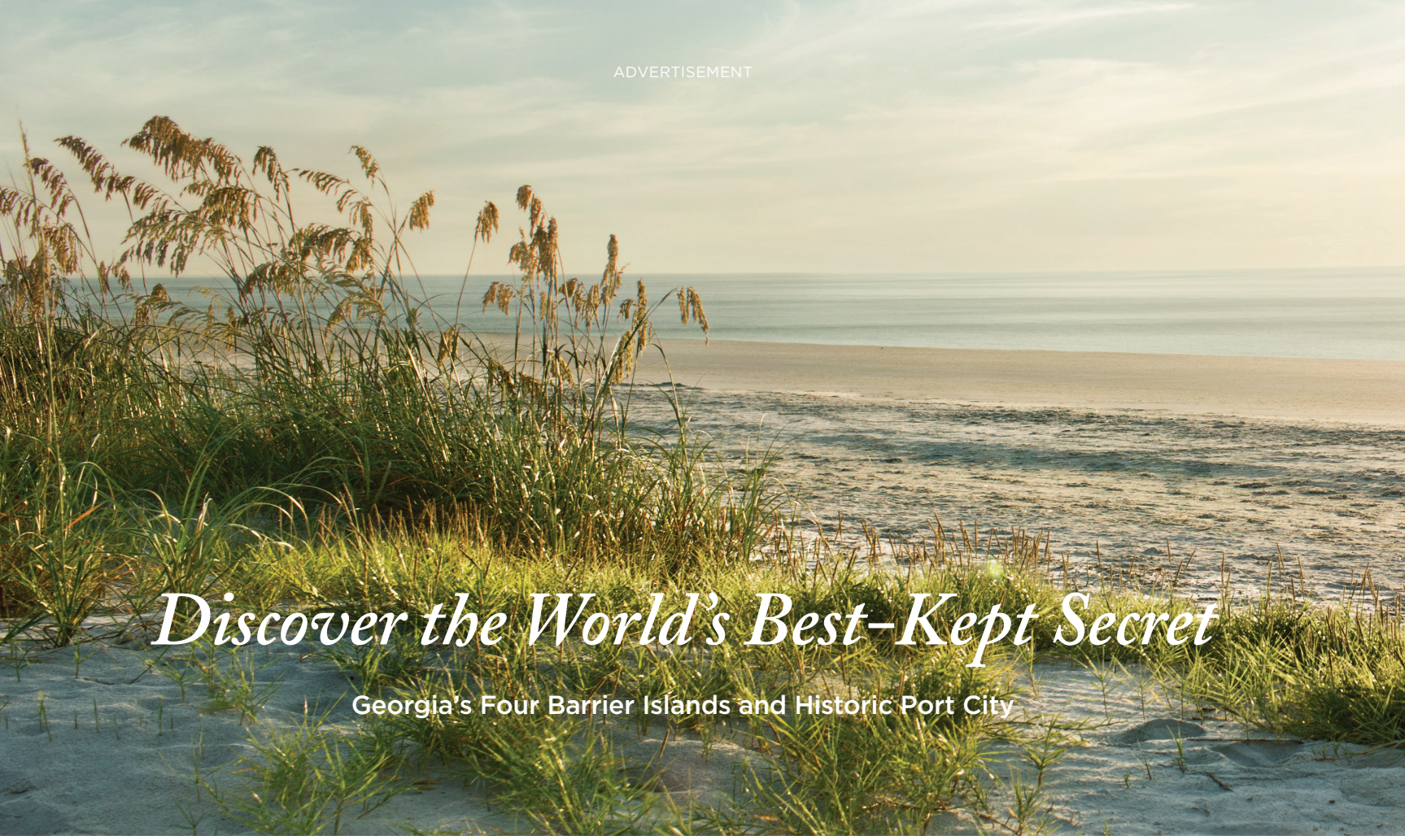


TRAEGER®
WOOD FIRED GRILLS

MAKE YOUR BACKYARD THE BEST RESTAURANT IN TOWN


WELCOME
TO THE
TRAEGERHOOD
COME SEE WHAT THE TRAEGERHOOD IS ALL ABOUT, AND START
MAKING MEALS THAT ARE AS MEMORABLE AS THEY ARE FLAVORFUL.
only at
GRAYCO
HARDWARE & HOME
Beaufort • Hilton Head Island • Summerville
More than just a hardware store.

ADVERTISEMENT



Discover the World's Best-Kept Secret

Georgia's Four Barrier Islands and Historic Port City

Nestled on the Georgia coast, just two hours from Hilton Head, lie four beautiful barrier islands – **St. Simons Island, Sea Island, Little St. Simons Island** and **Jekyll Island** – and their historic mainland city of **Brunswick**. Voted Best Islands in the Continental U.S. in Travel + Leisure's 2020 World's Best Awards, each of the five unique locations offers breathtaking landscapes, a variety of activities, and an inherent tranquility.

As the largest barrier island in the Golden Isles, St. Simons Island is a family-friendly retreat with sandy beaches and exceptional historic sites. Expansive marsh grasses and ancient oak trees create the perfect backdrop for challenging golf courses, friendly inns and luxurious resorts, and a variety of charming shops and restaurants. St. Simons Island welcomes all to its breathtaking vistas and relaxing vacation experience.

Sea Island is known as an exceptional destination for those who appreciate gracious service and heartfelt hospitality. Delight in four Forbes Five-Star experiences – The Cloister at Sea Island, The Lodge at Sea Island, The Spa at Sea Island, and the Georgian Room restaurant – as well as five miles of private beach, three championship golf courses, a premier Golf Performance Center, and much more.

Prized for its pristine beauty and worlds-away appeal, Little St. Simons Island offers 7 miles of secluded beaches and over 11,000 acres of undeveloped wilderness for exploration and relaxation. Accessible only by boat, this private island sanctuary is unlike any other with a host of naturalist-led experiences including birding, fishing, hiking, kayaking, biking, and more.

To the south lies Jekyll Island, a unique state park with a rich history that is still alive and well. Once the site of a millionaires' winter playground, this is where industry tycoons William Vanderbilt, J.P. Morgan, and Joseph Pulitzer established the Jekyll Island Club, an exclusive organization for some of America's most elite families. Today, the island is enjoyed by visitors with a keen appreciation for preservation – both historic and natural alike.

Venture into Brunswick to discover history as rich as the seafood. From the signature squares of Brunswick to the Historic Ritz Theatre, find architecture dating back to the early 1800s. With shrimp boats heading out from the docks daily, there is always plenty of fresh, local seafood.

It's no secret that Georgia's Golden Isles is something special. Discover the pristine coastline and maritime forests, bask in the opulence of five-star amenities and dining, and savor the experiences and memories you create all along the way. Your visit is sure to be an extraordinary one – and it's guaranteed that you'll want to return again and again.

Goldenisles.com









This is perhaps the best-kept secret on the East Coast; this is the Golden Isles of Georgia.



DAYS INN & SUITES

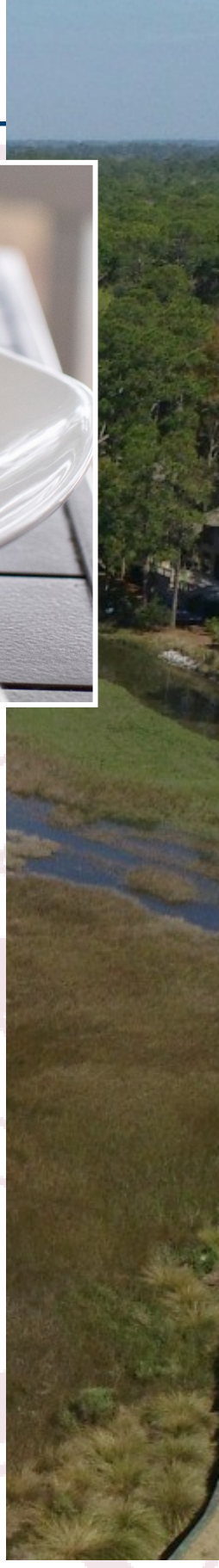
Beautiful oceanfront property featuring pools, hot tub, bike rentals, complimentary continental breakfast, volleyball, pickle ball and burn pit!

STAY & SAVE PKG
3/1/21 - 7/31/21

888-635-3003
daysinnjekyll.com

Play,
indulge,
enjoy





Savor the day, your way.

*Spacious **Fitness Center** features group classes, personal training, licensed physical therapy, infrared saunas, therapeutic massage • Olympic-sized outdoor pool and kids' splash pool • heated indoor saline pool for laps, aquatics classes and family swim • Lighted **Courts Complex** includes seven Har-Tru tennis courts • tennis clinics, group lessons and private instruction by USPTR professionals • USTA teams • four regulation pickleball courts • pickleball lessons and clinics with PPR professionals • socials and mixers • bocce court • Beautiful **Clubhouse** offers gourmet and casual dining at the Blue Heron Pub & Grille • member events from Trivia and wine tastings, to speaker series and themed evenings • interest groups including book club, bridge and Mah Jongg • children's programs and activities • breathtaking sunset views over the marsh, and so much more.*

*Announcing the November 2021 unveiling of an unrivaled **Golf Experience** that includes a new Golf Shop, a completely re-grassed and updated private 18-hole golf course, extensive Practice Complex with multi-target areas, dedicated short-game area, and expansive putting green – perfect for individual practice and private instruction with our team of PGA professionals.*

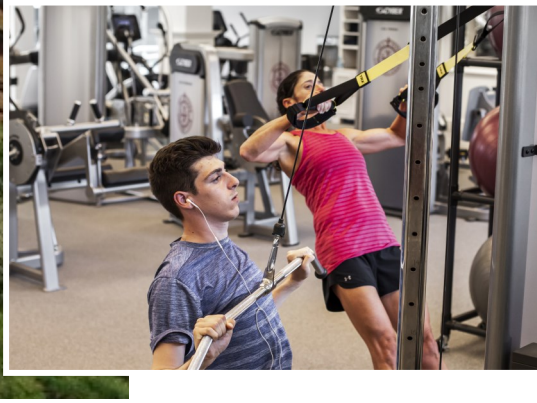
Sea Pines Country Club











Awarded "America's Healthiest Clubs" and "Distinguished Clubs of America" honors.

Sea Pines Country Club • 30 Governors Road • Hilton Head Island, SC 29928
www.seapinescountryclub.com
Contact Nic Booth at (843) 671-2335 or nbooth@seapinescountryclub.com

INTERIOR DESIGN







Southern Living COASTAL LIVING DESIGN ALLIANCE

Winner of the Home Builder's Association Lighthouse Award for "Best Interior Design"

KELLY CARON DESIGNS

5778 Guilford Place, Bluffton, SC
843.815.4737
KellyCaronDesigns.com



RESIDENTIAL & COMMERCIAL ARCHITECTURE • INTERIOR DESIGN | HILTON HEAD • BLUFFTON • SAVANNAH

RBC Heritage
PRESENTED BY BOEING

Court Atkins Group is a proud corporate sponsor of the 2021 RBC Heritage Presented by Boeing.

COURT ATKINS GROUP

courtatkins.com | 843.815.2557

IMPORT NATURE



FROM **BRAZIL** TO YOUR KITCHEN

Amazonnite Supreme is one of the rarest and most exotic stones in the world. This semi precious gem from Brazil is a natural stone crystal also known as the hope stone. Usually small boulders are quarries for jewelry however **AGM Imports** has access to the limited 10 blocks of material quarried per year. We extract large blocks to produce full size slabs so that your countertop can be a magnificent art piece. There is no other natural stone in the world yet to be discovered with these same color shades of bright turquoise. Come experience one of AGM's expansive show rooms and you will learn that settling for just any stone is not an option with Natural Luxury like this is at your finger tips.

HILTON HEAD | ATLANTA | CHARLESTON | CHARLOTTE

AGMIMPORTS.COM

AGM IMPORTS
GRANITE & MARBLE







We are more than architecture.

GROUP3
INTERIOR DESIGN / ARCHITECTURE / RENOVATIONS

843-689-9060
www.group3designs.net

Group 3 Designs has been designing residential architecture, interiors, and renovations for nearly 30 years. Our award-winning portfolio showcases our clients unique projects.

Visit website today to see why Group 3 is the Low-country's luxury all-in-one design firm.

The Leaders of *Excellence*



LUX
A MEDICAL SPA

LUX ~ A Medical Spa is proudly owned by Board Certified Dermatologist, Carmen A. Traywick, M.D. of May River Dermatology and Board Certified Plastic Surgeon, Frederick G. Weniger, M.D., F.A.C.S. of Weniger Plastic Surgery.

Our Mission is to be the premier choice for medical aesthetics and skin enrichment services including Botox, Dermal Fillers, Laser Hair Removal, Wrinkle Reduction and Sun spot Reduction. Call today to schedule with our newest provider, Board Certified Dermatologist Joseph W. McGowan, MD.

Experience Matters. We Get Results.

BLUFFTON LOCATION
350 Fording Island RD.
Suite 101
Bluffton, SC
843.781.6672

NEW! HILTON HEAD LOCATION
24 Shelter Cove Lane
Suite 50
Hilton Head Island, SC
luxhhi.com | store.luxhhi.com
843.781.6672

the team

WHO IS YOUR FAVORITE HISTORICAL FIGURE?

"Michelangelo, the greatest living artist in his lifetime." **- LORI**

"[BURR] What's your name, man? [COMPANY] Alexander Hamilton!" **- LANCE**

"Abraham Lincoln for his unflinching ability to do what is right. If only we had that type of leadership in today's world. **- JEREMY**

"Thomas Edison. The original Maker." **- CHARLES**

"Benjamin Franklin. I can't go long without my electricity." **- ASHLAN**

"Lale Sokolov. A tattooist in Auschwitz with the most incredible story." **- MADDIE**

"Wolfgang Amadeus Mozart. A child prodigy who excelled in every genre of music that he tried." **- MELISSA**

"Theodore Roosevelt. He created the Forest Service and was an all-around badass. What's not to love?" **- REBECCA**

"Does Coco Chanel count? She was the epitome of style and grace." **- LISA**

"Theodore Roosevelt. Natural born leader; Rough Rider, naturalist, sportsman, explorer, soldier, FDA, Nobel Prize, 26th president." **- BRUCE**

"Princess Diana for her charity work, grace, beauty, motherhood, etc." **- LEAH**













PUBLISHER
Lori Goodridge-Cribb *(Local since 1986)*
lori.goodridge@wearelocallife.com

EDITOR-IN-CHIEF
Lance Hanlin *(Local since 2007)*
lance.hanlin@wearelocallife.com

ART DIRECTOR / DESIGNER
Jeremy Swartz *(Local since 2003)*
jeremy.swartz@wearelocallife.com

DESIGNER
Charles Grace *(Local since 1997)*
charles.grace@wearelocallife.com

AUDIENCE & CONTENT DEVELOPMENT
Ashlan Saeger *(Local since 2016)*
ashlan.saeger@wearelocallife.com

SALES & EDITORIAL COORDINATOR
Maddie Bane *(Local since 2020)*
maddie.bane@wearelocallife.com

ACCOUNT DIRECTOR
Melissa Page *(Local since 2015)*
melissa.page@wearelocallife.com

ACCOUNT DIRECTOR
Rebecca Kerns *(Local since 1999)*
rebecca.kerns@wearelocallife.com

PHOTO EDITOR
Lisa Staff *(Local since 2003)*
lisa@lisastaffphoto.com

DISTRIBUTION & LIST STRATEGIST
Bruce Wolff *(Local since 2002)*
info@wearelocallife.com

SUBSCRIPTIONS & FINANCE
Leah Ortega *(Local in spirit)*
leah.ortega@wearelocallife.com

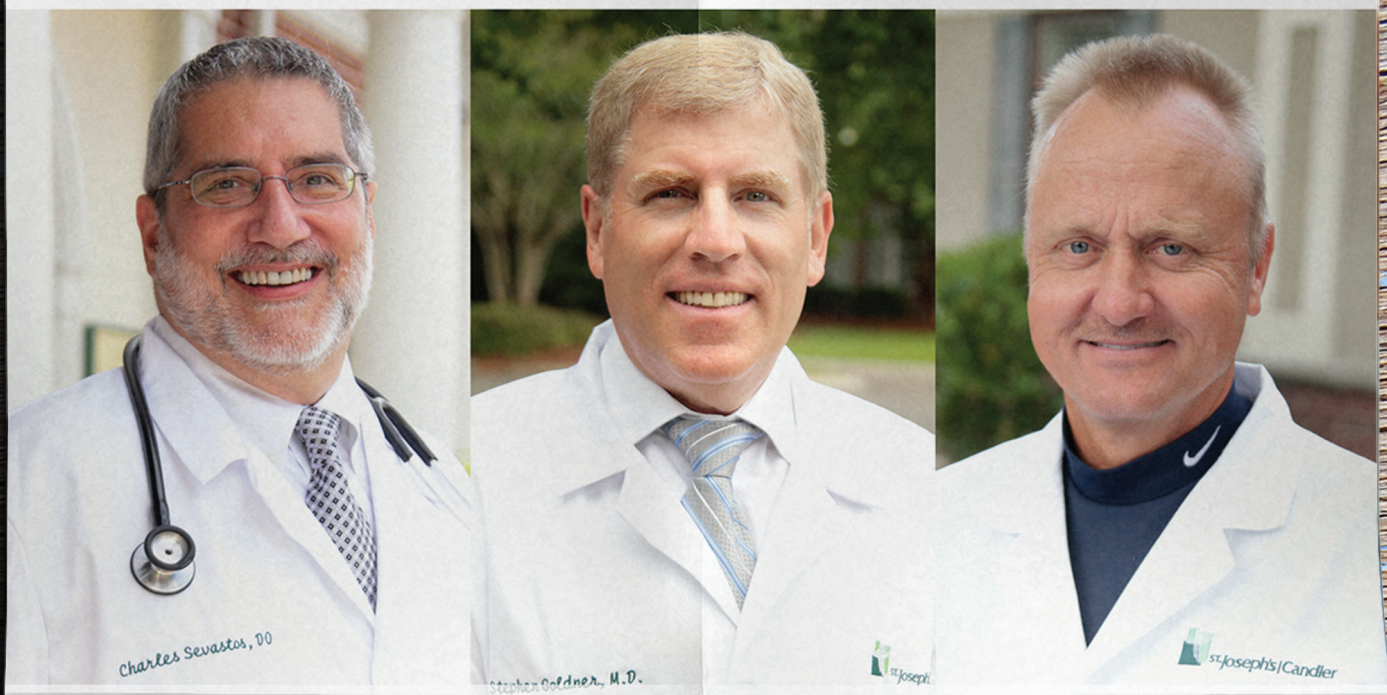
locallife
800 Main Street
Hilton Head Island, SC, 29926
843-802-2258 + **LocalLifeSC.com**

VOL. 5, NO. 4

LOCAL Life is published monthly by Momentum Media Group, Inc. All contents are copyrighted by Momentum Media Group, Inc. All rights reserved. Nothing may be reprinted in whole or in part without written permission from the publisher. For back issues or advertising information, call 843-802-2258. Publisher is not responsible for claims and contents of advertisements. Product submissions should be mailed. *LOCAL Life* is not required to use your submission in any manner and whether anything from your submission is included in our magazine is in our sole discretion.

Momentum MEDIA GROUP
CRMA PROUD MEMBERS OF THE CITY AND REGIONAL MAGAZINE ASSOCIATION
CIRCULATION VERIFICATION COUNCIL

ST. Joseph's/Candler
Live smart.



L-R: Charles Sevastos, D.O., FACOFP, Stephen Goldner, M.D., and Brian Anderson, M.D.

LIFEGUARDS ON DUTY.

ST. JOSEPH'S/CANDLER
LOW COUNTRY
COMMITMENT

We're here to protect and defend the well-being of our friends and neighbors who live in the South Carolina low country. We're St. Joseph's/Candler Medical Group, offering primary healthcare for the entire family.

Conveniently located in Bluffton Head, our patients depend on us to answer their health questions, get their prescriptions filled, and accommodate same day appointments for those with immediate needs. We're committed to you and your family's health and wellbeing.

For more information, or to schedule an appointment, please call or visit us online at www.sjchs.org/lowcountryPC.

---

10 Oak Forest Road, Suite C
Bluffton
815-3006

April features



Untold history

Many well-known people and events have been noted over the 500-year span of the Lowcountry's recorded history. This issue highlights the lesser-known individuals and events that also contributed to the fascinating story of our past in ways that are impactful and notable in their own right.

©SPRING ISLAND

BEAUTIFUL RUINS The ruined Edwards home on Spring Island is one of the Lowcountry's finest examples of tabby construction. The home was constructed in two phases in the early 19th century. The Edwards family's prosperity declined during the Civil War but parts of their home still stand today. Learn more at springisland.com.

26
Grand tours
Learn more about local history by foot, bus or carriage

38
Faces of history
Meet three of the Lowcountry's most respected historians

98
Untold stories
Revisiting lesser-known events and individuals

108
Local myths
Debunking a few of the Lowcountry's misconceptions

118
Secession Oak
Remembering a landmark in its centuries-old glory

124
The Wilsons
Palmetto Bluff's story of fame, fortune and tragedy

144
Historic recipes
Local chefs put a modern spin on a few Old World classics

182
Living, breathing
Gullah people have survived here for centuries

Ben Ham Gallery







Ben Ham Galleries

210 Bluffton Road
Old Town Bluffton, SC
843.815.6200

416 King Street
Charleston, SC
843.410.1495

www.benhamimages.com

April contents

20
Publisher
The Lowcountry's deep-rooted past is comprehensive, diverse and incredibly fascinating.

22
Contributors
Meet the locals behind this issue

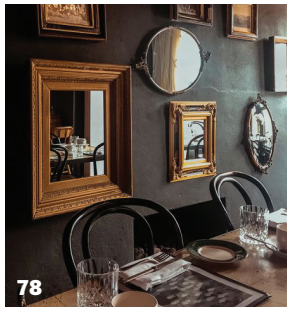
24
Links
Special content you can find online at locallifesc.com



56
Timeless splendor on Spring Island
A traditional Lowcountry retreat unfolds with spectacular views from every room.

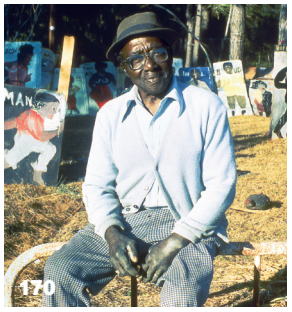


46


78


138


156


170

30
Blend
South Carolina poets celebrate National Poetry Month

46
Celebrity
America's Mayor spent his retirement on Hilton Head

50
Business
Former executive Mike Harter shares his secrets for success

52
Wellness
Inexpensive techniques to generate mindfulness

76
Living
Bridgerton-inspired design ideas to transform your home

90
Outdoors
Discover a secret spot off the beaten path

128
Style
Outfits to help you achieve a town & country style

136
Shopping
Celebrate Spring in style with goodies from local shops

138
Eats
Amazing asparagus to steam, boil, blanch and more

152
Libations
Celebrate the Derby in style with a lavender mint julep

156
Sports
RBC Heritage returns to Harbour Town with changes

166
Destinations
'The Venice of America' is just a short flight from SAV.

170
Culture
Artist Sam Doyle: Through his mind and eye

192
Happenings
This month's plays, performances and events

200
Parting shot
An incredible photo from HHI's Sarah Orie

BETTY ANGLIN SMITH



Betty Anglin Smith | *Beach Day II* | 36" x 48" Oil

Celebrating 50 Years of Fine Art in the Lowcountry.

THE RED PIANO ART GALLERY

The Red Piano Art Gallery

40 Calhoun Street • Suite 201 • Old Town Bluffton

843.842.4433 • 843.247.2049 • redpianoartgallery.com

History lives here

The Lowcountry's deep-rooted past is comprehensive, diverse and incredibly fascinating.



EASY RIDER LOCAL Life publisher Lori Goodridge-Cribb is shown riding her bike at age 4 in Durham, N.C. Only bikers understand why dogs stick their heads out of car windows.

When you live somewhere long enough, you expect to one day learn everything about your town's history. Especially when your town is a small island that covers less than 70 square miles. I started coming to Hilton Head in 1969 and became a full-time resident in 1986. Even after 52 years here, I'm still discovering new areas and learning interesting new facts all the time.

The latest local learning session came during our company holiday party — a Hilton Head History Tour bus ride (that's our kind of party!). Having worked in local publishing for 30 years, I fully expected to help tour guide Richard Thomas share the history at each stop, enlightening the younger members of our team. Little did I know, I would be the one asking most of the questions!

Rich blew us away with little-known stories and cleared up popular myths and misconceptions. You know that urban legend we've all heard about how Jack Stoney's grandson lost the family land in a poker game? Not true! Think you know the story behind the lighthouse keepers' cottages and the Great Sea Island Hurricane of 1893? I bet you don't!

We were so fascinated with these historical discoveries, we picked up our notebooks and started paying closer attention. Then the idea hit us: What if we dedicate an entire issue to the Lowcountry's untold history? Not the stories that have been published thousands of times; but lesser-known events and pioneers who most locals probably know little to nothing about?

We asked Rich to help us write it, and he agreed. He also introduced us to a community of local historians across Beaufort County who shared additional historical gems from Bluffton, Daufuskie, St. Helena, Beaufort and beyond. I guarantee this 200-page tome on local history, the biggest issue in LOCAL Life history, will teach you something new about this extraordinary place we call home.

Special thanks to the Heritage Library, the Coastal Discovery Museum, the Penn Center and all of the local historians who helped make it possible. And special thanks to fine art film photographer Ben Ham for allowing us to use his stunning image on our cover. Listening to him tell the story of how he took it will give you goose bumps! Watch the video at LocalLifeSC.com.

Spring is officially here, and things are slowly getting back to normal. The PGA Tour is coming back to town for the RBC Heritage, and local businesses are preparing for a huge tourist season. With all of our beautiful new parks and amenities, there has never been a better time in history to call the Lowcountry home. Hope your April is chock full of rainbows!

"History is merely a list of surprises. It can only prepare us to be surprised yet again."
- KURT VONNEGUT



EPIC HISTORICAL FILMS

These movies are so good, we forgive any historical inaccuracies.

Braveheart: *Mel Gibson may have a bad Scottish accent but he looks great on a horse!*

Titanic: *It cost more to make the movie ($200 million) than the ship ($7.5 million). The soundtrack is priceless.*

The King's Speech: *"I have a voice!" King George's stammer touched my heart.*

Saving Private Ryan: *One of the most difficult movies to watch, in a good way.*

Apollo 13: *Tom Hanks is always amazing. Has he been in a bad movie?*

Schindler's List: *No words.*



STUDENT DRIVERS Have you seen the LOCAL Life Jeep around town? This month, we rolled into Heritage Academy to get a picture with students ***Braiden McClain, Abhay Sandhu, Kyle Kessler, David Bartholomew, Ivannia Cardenas, Mia Roets and Rachel Goldstein***. Learn more about the school at heritagehhi.com.

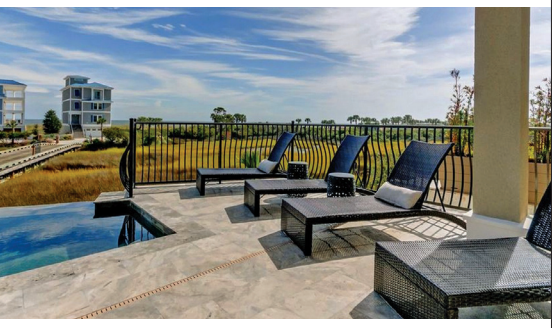
LORI GOODRIDGE-CRIBB
PUBLISHER
lori.goodridge@wearelocallife.com


BWA
Quality appliances for every home since 1972
WOLF
SUB-ZERO
COVE
Springtime Living
Available at both BWA Showrooms
BILLY WOOD APPLIANCE
1223 May River Road
Bluffton, SC 29910
843.707.2332
Now Two
Convenient
Showroom
Locations
6 Marshland Road
Hilton Head Island, SC 29926
843.681.8441
Showroom Hours: M-F 8AM-5PM. Saturday by Appointment
www.billywoodappliance.com

Hilton Head Island Event Homes

Gather…





Weddings • Family Reunions
Golf Groups • Business Retreats

Rent one or rent them all…

20 Bradley Circle
10 Bedrooms | Sleeps 24

24 Bradley Circle
10 Bedrooms | Sleeps 24

30 Bradley Circle
9 Bedrooms | Sleeps 20

32 Bradley Circle
9 Bedrooms | Sleeps 24

We know how important it is to find a space that can accommodate your group safely and comfortably.

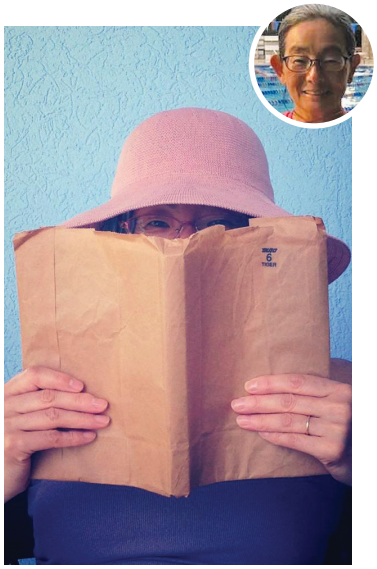
Beach PROPERTIES

Luxury Vacation Rentals

1-843-671-5155
beach-property.com

contributors

MEET OUR WRITERS + PHOTOGRAPHERS + PEOPLE BEHIND THE SCENES



Miho Kinnas *Poet/translator*

OTHER CREDS: Author of "Today, Fish Only" and "Move Over, Bird," organizer of An Island Bookshelf (a pop-up book store) at the Arts Center.
FOR THIS ISSUE: Wrote the poem "To My Niece."
HOMETOWN: Yokohama, Japan
CURRENT HOME: Palmetto Dunes
LOCAL SINCE: 2014
HOBBIES: Swimming
FAVORITE HISTORICAL FIGURE: Mary Shelley and ***Yosano Akiko***. They both were talented, prolific writers; the strong, adventurous women were each married to a talented, yet complicated, delicate writer husband.
FAVORITE HISTORICAL SITE: Shell Ring. We have similar sites in Japan. It is exciting to think about the connection.
WHAT DO YOU LOVE MOST ABOUT APRIL? April is the best month for ocean swimming. The water begins to warm, and there are no jellyfish yet.



Yosano Akiko

Addy Codispoti *Writer*

OTHER CREDS: Film and TV graduate from Boston University, voted "most likely to resemble a golden retriever" by my sorority.
FOR THIS ISSUE: Hot tech, historic tours, April preview video
HOMETOWN: Flemington, New Jersey
CURRENT HOME: Hilton Head Island
LOCAL SINCE: 2019
HOBBIES: Cyclebar, analyzing TV shows, being my dogs' favorite person
FAVORITE HISTORICAL FIGURE: ***Eleanor Roosevelt*** because she's just an icon. She was one of the most active First Ladies and continued to be an advocate for human rights issues even after her time at the White House.
FAVORITE HISTORICAL SITE: The Union Hotel in Flemington, New Jersey. The Lindbergh kidnapping trial was in my hometown, and the hotel is where all of the reporters stayed during it. Everyone says it's haunted, and I can say I have felt some paranormal vibes there.
WHAT DO YOU LOVE MOST ABOUT APRIL? The weather. It's starting to get warmer, but it's not unbearably humid yet.



The ones who make the wheels go 'round …

PHOTOGRAPHERS Kelli Boyd + Arno Dimmling + J. Savage Gibson + Ben Ham + Luke Higgs + Deborah Llewellyn John McManus + Lloyd Wainscott + Brie Williams + Kristen Scott + Lisa Staff + Deborah Van Plew

WRITERS Lisa Allen + Maddie Bane + Andrea Brusig + Addy Codispoti + Collins Doughtie + Becca Edwards Lucy Elam + Eddy Hoyle + Barry Kaufman + Kathryn Mademann + Paula Magrini + Carolyn Males + Margaret Pearman Elizabeth Robin + Luana Graves Sellars + Michele Roldán-Shaw + Michaela Satterfield + Edward Taylor Richard Thomas Clayton Trutor + Gregory Vaughan

CONTRIBUTORS Marcia Cornell + Sonja Evans + Roxanne Gilleland + Megan Goheen Kevin Horton + Dario Iudica + Mary Lester + Sarah Orie + Jean Meaney Wheatly

Live on the water – amazing every day.









Imagine the sunsets and the moonlight, shimmering shots of color on the waterway. Wake up to watch birds fly and dolphins play, with views and sounds that provide new artistry every day, as nature is on display. This is precious land on the river, in the most beautiful private community in the Lowcountry. Come for the view, and experience why our Members are proud to call this special place home.

To learn more about the last remaining deep river homesites, contact the Colleton River Group at 843.836.4451 or email info@colletonriverclub.com.

Colleton River Club®

843.836.4466 | info@colletonriverclub.com | colletonriverclub.com

Investing is not a **PUZZLE,** if your Advisor knows how to **FIT** the pieces together.





Bruce Brenner Wood Managing Partner/Financial Advisor
Robert Schaff, CFP, MBA Executive Vice President, Financial Advisor/Operations Director
Thomas Fox, CFA Investment Strategist/Manager Consultant, Waterstreet Research Partners

HILTON HEAD
CAPITAL PARTNERS

A Registered Investment Advisory Firm
Custom portfolio management and design since 1987

Hilton Head Island, SC • Charlotte, NC

7 Lafayette Place, Suite B, Hilton Head Island, SC 29926
843.790.7573
hiltonheadcapitalpartners.com

links

LOCALLIFESC.COM + DIGITAL OFFERINGS

Last month's top performers



MOST PINNED
The Accidental Gardener: Don't call me a kumquat! Well, you look like one!



MOST POPULAR
This Sea Pines home costs $4.5 million, but its inspiration is free.



MOST LIKED
LOCAL Life's #PartingShot image by Bluffton's Sophia Schade.

ONLINE EXCLUSIVE

Zoom backgrounds

Help your next Zoom meeting go down in history by downloading a historic virtual background at ***LocalLifeSC.com***.





Sign up for LOCAL Life newsletters

Want more LOCAL Life? Have our three newsletters delivered to your inbox each month.

- ***The Nest*** *Home trends and tips*
- ***The Dish*** *Best local bites for the weekend*
- ***The Buzz*** *LOCAL Life's latest must-reads*

About the Cover



*The cover features an image of **Old Shelton Church** in Yemassee, captured by fine art film photographer **Ben Ham**. "This image was a pivotal one for me," Ham said. "My visualization and compositions would be different from this point forward. I realized I wanted to capture images that would seek to evoke an emotional response and not just be a photograph of a scene. The Old Sheldon Church was the first of my Lowcountry shots I placed up for sale." The art is shown here in its original state. Find more of Ham's incredible work at benhamimages.com.*

1	5/6	6,764	$4.6M	100%
Private dock and lift	Bed / Bath	Square Feet	Price	Luxury



30 Widewater Road, Spanish Wells, Hilton Head Island

Noteworthy coastal design and exemplary architectural significance beautifully characterize this waterfront retreat primely situated on the Broad Creek on Hilton Head Island. This resort-style residence has been designed for entertaining and is an ideal home for those looking to live an extraordinary lifestyle. The focal point of the indoor living space is the extravagant open concept first floor that features floor-to-ceiling windows to soak in the natural light. The outdoor oasis is arguably the best on the island that includes a rock waterslide, swim-up bar, fountains, spa, kitchen, and fireplace. Not to mention, a private dock with boat lift.

The numbers speak for themselves.

Celia Dunn | Sotheby's INTERNATIONAL REALTY

49 Boundary Street, Bluffton, SC • 843.836.3900

Each office is independantly owned and operated

THE NICKEY MAXEY TEAM



Nickey Maxey 843.247.0001
The Deal Maker

nickey@nickey.com

local blend

WORD ON THE STREET + COMMUNITY TIDBITS + FAST FACTS + LOCAL LANDMARKS



©ALL PHOTOS LLOYD WAINSCOTT

Grand tours

LEARN MORE ABOUT LOCAL HISTORY BY FOOT, BY BUS OR BY HORSE-DRAWN CARRIAGE.

BY ADDY CODISPOTI

Become versed on the fascinating people and significant events that shaped Beaufort, Bluffton, Daufuskie and Hilton Head by booking a guided history tour with a local expert. Whether you're a fan of walking tours, bus tours or even horse-drawn carriage tours, many educational and memorable experiences await. ***Here are five of the best***.







A journey through culture

GULLAH HERITAGE TRAIL TOUR

Take a break from your typical walking tours and get ready to sit on an air-conditioned bus for two hours learning about history. If you're looking to learn more about the history of the Gullah people on the island, this is the perfect tour to take. The Gullah Trail Tours are guided by fourth-generation Gullah family members. These knowledgeable guides will keep it informative and fun so you'll be sure to enjoy yourself while also learning a wealth of new information. You'll pass through all 10 Gullah neighborhoods on the island, and your tour guides will share their own family and personal anecdotes.

Six generations later

SALLIE ANN ROBINSON GULLAH TOUR

Learn all there is to know about Daufuskie Island with Sallie Ann Robinson, a sixth-generation Daufuskie native. She'll tell you all about growing up on an island with limited access to the mainland. See sites such as the Daufuskie Museum and Library, Oyster Hall, the First Union African Baptist Church and more. Sallie takes you on a journey through her childhood and through the history of her ancestors. Listen along as she makes it feel like you're reliving the history through her enthusiasm and positivity.



©DEBORAH LLEWELLYN



©BEAUFORT-PORT ROYAL CVB

Run, Forrest, run!

BEAUFORT HISTORY TOUR

Sea Island Carriage Company wants to immerse you in the rich history that surrounds Beaufort, South Carolina's second oldest city. Take 55 minutes out of your day to experience all Beaufort has to offer while riding in a red horse-drawn carriage. The tour guides are locals who know everything there is to know about the area. You'll see breathtaking homes, live oaks, and even sites where Forrest Gump was filmed. Whether it's your first or 100th trip to Beaufort, this tour is a must-do. Plus, who doesn't love horses?

Learn all about it

HILTON HEAD HISTORY TOURS

Take a deep dive into the island's great history on this three-hour bus tour. Richard and Todd are local historians and Hilton Head experts. They'll tailor the experience to what you want to learn about and add fun tidbits and facts along the way. See sites in private, gated communities that only members see. Learn about the significance of certain landmarks, what they were before and how they came to be what they are now. Even if you've lived here for your entire life, this tour will teach things you didn't know before.



©LISA STAFF



Go back in time

BLUFFTON JACK'S OLD TOWN TOURS

Bluffton Jack provides you with ultimate Southern hospitality in a 19th-century outfit. He takes you on a journey through the history of Old Town. Stop along 20 featured locations and explore how Bluffton got to where it is today. If you're looking for more fun, Bluffton Jack leads a haunted history tour at night featuring 12 spots, showcasing the spookier side of the Lowcountry. Both of these tours are suitable for all ages, so make sure to put on your walking shoes and bring the whole family.

pyramids
gifts • accessories • furnishings

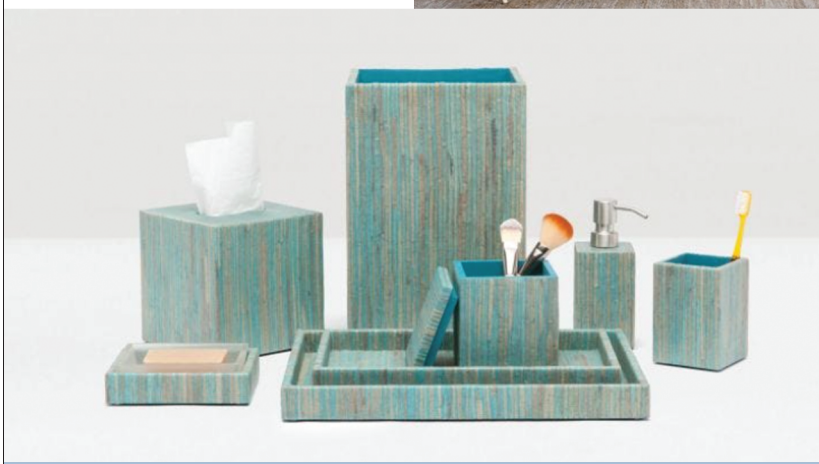
Now Even More Accessories & Furnishings











IN STORE OR ONLINE
www.pyramidshiltonhead.com

1600 Main Street, 843-689-6367
316C Shops at Sea Pines Center, 843-363-2040
info@pyramidshiltonhead.com
Open Monday - Saturday, 10-5 pm
Or open by appointment

A Group 3 Designs Company

hot tech

Travel back in time with these fun gadgets.



Long live the legacy

LEGACYBOX DIGITIZING KIT

This photo repurposing kit makes it easy to preserve your past and hold on to all of those old memories. Simply pack your Legacybox with all of your chosen media, drop it off at a UPS location, and they take care of the rest. Digitize tapes, film, pictures, and audio and receive them all on your choice of thumb drive, DVD or digital download. (Don't worry, you'll also receive all of your original media as well.) *Starting at $35.69. legacybox.com.*



Point and shoot

POLAROID NOW I-TYPE INSTANT CAMERA

Get ready to capture all those special moments like you did in the '70s. This series of the Polaroid camera is an evolution of the original Polaroid OneStep. The camera comes with autofocus, built-in double exposure, and a self-timer to make sure you get the most of all your memories. *$99.99 us.polaroid.com*



Oh, how the turntables

VICTROLA JOURNEY

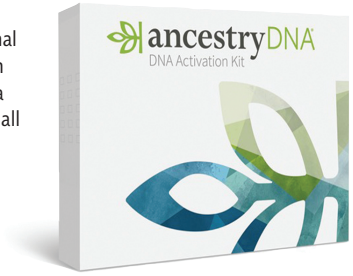
Get ready to listen to all of your favorite classics. The Victrola Journey portable suitcase turntable comes equipped with Bluetooth technology so you can connect it to external speakers or even headphones. The suitcase design allows for portability so you can take your great music taste on the road. *$59.99. victrola.com*



The sweet sound of history

BLUETOOTH GRAMOPHONE 2.0

What do you get when you combine vintage aesthetics with modern technology? This Bluetooth gramophone. Simply connect your device via Bluetooth, and you'll be transported back to the early 20th century. This device is sure to fill up any room with beautiful sound and bring an iconic piece of history into your space. *$250. verticalgrooves.com*



Complete your story

ANCESTRY DNA KIT

Ready to find out where your ancestors came from? Unlock your history and build your family tree with Ancestry DNA. The company takes your saliva sample and tests it in their state-of-the-art lab. Within six to eight weeks, your results will be ready and you'll be able to connect with relatives from all over the word. *$99. ancestry.com*



Blast from the past

W3 STAND FOR APPLE WATCH

If you're looking for a fun little accessory for your Apple Watch, this is for you. Thread your watch charger through the stand, place your watch in and voila. The display lines up perfectly to seem as though your watch is the display of an old Apple monitor. *$12.99. elago.com*



Game on **SUPER NINTENDO CLASSIC EDITION**

Channel your inner child with this replica of one of the most popular gaming systems. This gaming console looks and feels just like the '90s original, except it can fit in the palm of your hand. The console comes pre-loaded with 21 games and two wired controllers so you'll be able to play right out of the box. *$79.99. nintendo.com*



Play the Greatest Hits

MARSHALL ACTION II BLUETOOTH SPEAKER

This speaker combines the iconic Marshall design with contemporary technology to deliver amazing sound with a classic look. It can connect to any wireless device via Bluetooth up to a range of 30 feet. Play your favorite music with a powerful audio experience that will be sure to bring the party. *$249.99. marshallheadphones.com*



2006 is calling

MOTOROLA RAZR

Motorola put a contemporary spin of its popular 2006 model. The all-new Motorola Razr is a smartphone like never seen before. The design combines the pocket size of a flip phone with the intelligence of a modern smartphone to create the newest fad in cellular devices. The device fits perfectly in your palm or pocket when shut and then flips open to reveal an immersive, full-size touch screen. *$899.99. motorola.com*



Clickety-clack

QWERKYWRITER TYPEWRITER-IN-SPIRED MECHANICAL KEYBOARD

Miss the feeling of typing important documents on a typewriter? Qwerkytoys has developed a typewriter-inspired wireless keyboard you can connect to your phone, tablet or laptop. Add this gadget to your daily routine and make typing emails all the more fun. *$289.99. qwerkywriter.com*

Speed that Entertains

It's easy to enjoy faster speed and a more reliable connection – at a great price - with Hargray's 30 Day Money Back Guarantee

Hargray Internet

starting at

$55

per month for 1 year



Call 843.612.8628 | hargray.com

HARGRAY

Limited time offer. Promotion is for new residential customers only, adding Hargray services for the first time. Promotion of Internet plans starting at $55 per month is good for the first year. Additional Hargray services are allowed for additional monthly cost per service. Promotional offer cannot be combined with any other promotional offers or Hargray Rewards. Advertised price does not include equipment fees, taxes, surcharges or any other regulatory or governmental charges. "Fastest Internet" claim is based on the download and upload speeds of Hargray's 1000 Mbps tier compared to the download and upload speeds of the fastest Internet tier offered by competitors as of January 4, 2021. 1000 Mbps download speeds are typically between 945 Mbps and 950 Mbps due to overhead capacity reserved to deliver the data. Upload speeds are typically between 50 and 54 Mbps. 30 Day Money Back Guarantee applies to subscribed service and installation fees if removed within 30 days after installation. Refunds are not applicable for long-distance, Video-on-Demand (VOD) or PPV Charges. Broadband speeds may not be available in all areas, are not guaranteed, are subject to a number of factors and are measured via direct connection (not via Wi-Fi). ©2021, Hargray Communications Group, Inc.; logos are registered trademarks and as such, protected property of their respective companies; all rights reserved.

Metaphors be with you

SC POETS CELEBRATE NATIONAL POETRY MONTH

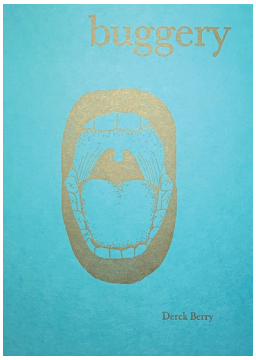
SELECTIONS BY ELIZABETH ROBIN



THE BIRTH OF ALL THINGS (2020)

BY MARCUS AMAKER

A musician with 32 albums to his credit, Amaker writes poetry as music. The rhythm and melody in the words of The Birth of All Things sings. In four sections, structured like a double album, his eighth poetry book features handwritten verse, original artwork, and poems about Black fatherhood, joy, anxiety, Bjork, and the playful close, "When I'm at Home, I Watch Star Wars. When I Watch Star Wars, I Write Haikus About War, Violence, and Memory." Marcus Amaker is the Poet Laureate of Charleston.



BUGGERY (2020)

BY DEREK BERRY

Dive deep into poems that reflect a rich understanding of words, how they play into more nuanced meanings, how a poem can create word music, and meet Derek Berry. The 2020 BOOM Chapbook Prize winner, Buggery offers poems about queer loneliness, shame and liberation. Recently relocated to Aiken, South Carolina, Derek Berry is a poet, novelist, editor, critic, podcast host, literary organizer, creative consultant, and queer Southern writer. Berry also wrote the novel Heathens and Liars of Lickskillet County and a second chapbook, Glitter Husk.



JESUS IN THE TRAILER (2019)

BY ANDREW K. CLARK

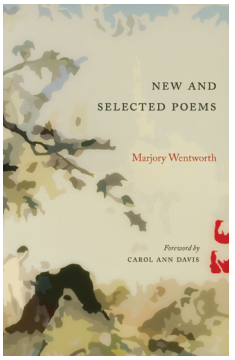
A North Carolina native, Clark creates in Jesus in the Trailer a window to that life in poems rich with sensual experience and spiritual awakening. These are poems to read by the fireplace on a romantic evening, poems that evoke memories of our own roots. A work of "brutal splendor," says Taylor Brown, "in which single pages carry the weight of whole novels, and redemption flickers in the blood and hay of childhood memories. Clark sounds the gothic rhythms of old-time religion and devil's blues."



MOVE OVER, BIRD (2019)

BY MIHO KINNAS

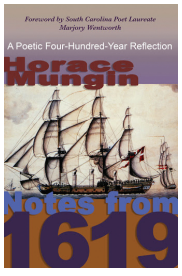
Read Miho Kinnas, and one's view of the tangible world we inhabit changes. She may describe an ordinary day in a poem like "Backyard," write a song-like poem, a style she learned from reading a vast range of haiku, or translate her own Japanese haiku and tanka into English. The influence of forms like haiku create the spare, clean metaphors that permeate her work. Deceptively simple, she entertains with various forms of poetry she follows or invents. Her delicate and transcendental musings delight.



NEW AND SELECTED POEMS (2014)

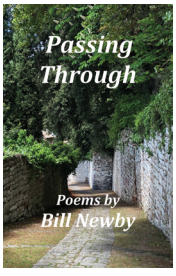
BY MARJORY WENTWORTH

Marjory Wentworth's most recent collection treats readers to more than fifty poems from her previous three plus 28 new poems. A capstone to Wentworth's tenure as South Carolina poet laureate (2003 to 2021), these poems invite us to view nature as a site of reflection and healing, to consider the power of familial bonds and friendships, and to broaden our awareness of human rights and social justice. Regional settings and a variety of forms create an interesting trek through this "best of" collection.



NOTES FROM 1619 (2019) BY HORACE MUNGIN

Part of the Black Arts Movement in 1960s New York, Horace Mungin continues to write his story with this ambitious trek through our racial history, Notes from 1619. Ranging from "Last Dance of the Forest Virgin" and "The Water Fountain" to "July 26, 2017" and "The Sea Island Mungins," his story is soul cleaning, historically based, and arrives when the United States is at a crossroads. Conceived to commemorate over four hundred years of African presence in North America, Horace Mungin's new collection will be important reading.



PASSING THROUGH (2021) BY BILL NEWBY

In his second volume of poetry Bill Newby continues a focus on being "an everyday poet." He finds the music in a golf game or a road trip or dinner at a restaurant. One review by Philip Terman says Passing Through "delights, surprises, teaches, and sings about a multitude of subjects – from baseball to Cambodia, how to hold a pencil to George Floyd – mixed with a command of image, music, metaphor and pacing. It's a museum you will want to pass through and linger over."



Imagine yourself… *here!*

"Whether you're planning a vacation or planning a move, allow us to provide you with our expertise, integrity, and hospitality."

– Beverly Serral

Photographed in the home of our clients and friends at 12 Red Oak, Sea Pines

BEVERLY SERRAL
Properties

REAL ESTATE | RENTALS | RENOVATIONS

7 New Orleans Road, Hilton Head Island, SC | 80 Madison Avenue, New York, NY

843.341.3600

www.BeverlySerral.com www.BookaBestNest.com

bestnest
by Beverly Serral
CONSISTENTLY AMAZING VACATION RENTALS

Forbes
Real Estate Council

Home is where you nest.

Backyard bird feeding has changed a lot over the years, but one thing remains the same... the joy birds bring each time you catch a glimpse of them at your feeders.

Join the new owners of **Wild Birds Unlimited Hilton Head** for every aspect of backyard birding. From equipment and outings, to solutions and resources.

There is no bad time to put out birdhouses, and the best time to put them up is as soon as you have them available. Even if it is not nesting season, birds may investigate the house, learn where it is, and possibly use it as shelter. Putting them up in late winter or very early spring will ensure they are available for even the earliest nesting species.

CELEBRATING 40 YEARS OF SAVING SONGBIRDS

Wild Birds Unlimited®
Nature Shop

45 Pembroke Drive, Suite 130 Hilton Head Island
843.802.2010 • hiltonhead.wbu.com

VODKA for DOG PEOPLE

SPONSORED BY TITO'S VODKA

Adopt this Pet: Trip

HELP THIS HUGGABLE HOUND FIND A HOME



Picked up off the street as a stray, Trip was brought to Hilton Head Humane to be given some love. As a Pointer/Hound mix, his markings make him very handsome and unique. In his free time, Trip enjoys staying active. There's nothing he loves more than a good snuggle. His temperament makes him easily loveable, and he's truly looking for his new best friends. We can't imagine who let this sweet guy get away, but we do know he can't wait to leave shelter life and join you on all you future adventures. Rest assured, he'll be there whenever you need a hug!



MORE ABOUT TRIP

Colors: Red and white
Age: 3 years old
Weight: 52 pounds
Likes: Good sniffs, cuddles, and going on adventures. "There's something magical about being on the road. Head out the window, music blaring, and my ears flapping in the wind. You just can't beat it." ***— Trip***
Dislikes: Being called anything but a good boy. "Not to brag or anything, but I'm hard not to love. They don't call me '52 pounds of snuggles and cuddles' for no reason! " ***— Trip***
Adopt him: Due to the pandemic, all Hilton Head Humane Association adoptions are by appointment only. Call 843-681-8686 or visit hhhumane.org.

Official Mensa® Challenge

Answers are available on LocalLifeSC.com/Mensa



Historically, Mensa quizzes have been tough. Some things never change!

1. Find the word that fits the definitions below when it's 1) a whole word and 2) divided into two separate words.
1) Whole word: an animal 2) Two words: a. to breathe quickly b. a personal pronoun

2. Find the whole number that best completes this sequence. 6, 2 = 4 8, 4 = 3 12, 6 = 3 16, 4 = ?

3. One piece of material is nine inches plus half its length. How long would the piece of material and half of itself be?

4. How many common English words can you make from the letters below, using all five letters once in each word? A C E P R

5. The 25 letters below can be anagrammed into a six-word proverb about the negative consequences of an overpopulated kitchen. The enumeration is (3 4 5 5 3 5). What is the proverb?
A B C E H H I K L M N O O O O O O P R S S S T T T Y

[LAST MONTH'S ANSWERS]

1. *If at first you don't succeed, try something different.* ***2.*** *skiers, kisser* ***3.*** *51 ((1,000 ÷ 20) + 1 = 51. The divided by 20 is 1/5 x 1/2 x 1/2 = 1/20.)*
4. *THEOLOGICALLY* ***5.*** *Allan is 12; Gloria is 9.*

ARE YOU READY FOR MENSA?
American Mensa is where brilliance belongs – it's where friendships are forged for life, business connections and opportunities are made, and where brilliant minds find the chance to engage with others in an intellectually stimulating environment. **Just for LocalLife readers:** Take the Mensa Practice Test for just $5! Visit americanmensa.org/mht and use offer code: Local21. Quiz © 2018 Dr. Abbie F. Salny

Mensa provides official tests and answers to LOCAL Life as part of an exclusive license agreement. Answers are available on LocalLifeSC.com/Mensa



The Back Door
Located in lovely Sea Pines Center



The Shops at Sea Pines Center
71 Lighthouse Road #215
843.671.3677
Hilton Head's foremost and most fun fashion boutique.

Nonprofit Spotlight

The Wexford Foundation

MISSION

The Wexford Foundation is an all-volunteer, nonprofit organization dedicated to supporting local health, housing, hunger and educational charities with financial and volunteer resources.







MAKING A DIFFERENCE (Left) Wexford donors Kurt & Ann Grindstaff, Sandalwood founder, Nannette Pearson and Sharon Church, Wexford Grants Committee. (Top right) Stephen Carter, Wexford Foundation chairman and Pam Toney, VIM executive director. (Bottom right) Wexford donor Jane Heminger and Grants Committee Co-Chair Cyndi Duvall, Christina Wilson, executive director of CAPA and Wexford donor Trish Grieve.

HISTORY

Established in 2012, the Wexford Foundation is dedicated to reducing hunger and homelessness and providing access to healthcare and education through the power of collective giving and the generosity of the many caring and compassionate members of the Wexford community and local corporate sponsors. To date, the foundation has awarded over $1.6 million in financial grants in support of 39 local agencies that deliver services directly to those who need it most. By leveraging the talents and experience of the Wexford membership, the foundation has created a robust grant award and monitoring process that provides supporters with the assurance that their donations will be directed only to those charities that can demonstrate strong leadership with commitment to purpose and excellence in operational management. The foundation meets vital needs with targeted major-impact grants, annual sustaining grants and, in April 2020, emergency grants totaling $100,000 for desperately needed COVID-related funding in our community.

WHOM IT HELPS

The foundation provides funding for food, shelter, healthcare and education for children, young adults and seniors living and working in Hilton Head Island and other parts of Beaufort County. Through its support of a wide range of well-established agencies encompassing soup kitchens and food banks, subsidized early-childhood education programs, job skills and language training for adults, domestic and child abuse prevention, programs for children and adults with special needs, basic healthcare for uninsured and underinsured families and a host of other programs, the foundation touches the lives of thousands of our local neighbors in need each year.

HOW TO HELP

Join local companies in sponsoring the Wexford Foundation's work. Become a direct donor by cash, check or credit card, or in-kind items that can be monetized through our fundraising activities. Over 97 percent of every dollar raised goes to fund grants for program services.

MORE INFORMATION ABOUT THE WEXFORD FOUNDATION
Visit **wexfordfoundation.com** or email **chair@wexfordfoundation.com**



Introducing CORI™ robotic-assisted solutions for knee pain.

At Hilton Head Hospital and Orthopedic Associates of the Lowcountry, our comprehensive orthopedic services focus on helping you relieve pain.

The new CORI™ Surgical System is a robotic-assisted navigation technology that uses 3D imaging to help our orthopedic surgeons perform partial and total knee replacement surgery.

Let us help you get back to doing the things you enjoy with the people you love. As always, your safe care is our #1 priority.

Find a doctor at
HHRegional.com/Orthopedics
or call **877-586-0613**

Orthopedic Associates of the Lowcountry
An affiliate of Hilton Head Regional Physician Network

Hilton Head Regional Healthcare
Coastal Carolina Hospital | Hilton Head Hospital

A COMMUNITY BUILT ON CARE

LETTER TO THE EDITOR
LOCAL Life asked ***Edward Taylor*** to share his thoughts on what it means to be local. Taylor is a senior portfolio manager for Verity Investment Partners, an investment service in Beaufort that is expanding to Bluffton. LOCAL Life welcomes letters to the editor and comments to our website. **Write to info@wearelocallife.com.**

What makes it local



adjective. lo·cal | lō-kəl

1: *characterized by or relating to position in space: having a definite spatial form or location* ***2:*** *of, relating to, or characteristic of a particular place: not general or widespread: of, relating to, or applicable to part of a whole* ***3:*** *primarily serving the needs of a particular limited district of a public conveyance: making all the stops on a route*

The Lowcountry will always be home

BY EDWARD TAYLOR



©KRISTEN SCOTT, 2654 PROJECT

LIFETIME LOCAL Edward Taylor is a senior portfolio manager for Verity Investment Partners. He is shown with his wife, Caroline, and their children, Coulson (3) and Witt (1).

From a young boy growing up in the mud, rivers, and tomato fields on St. Helena Island, I always knew this was my home for life. Just like the live oaks, the Lowcountry becomes deeply rooted in you, and the thought of living anywhere else is unimaginable.

My great-great-grandfather began farming tomatoes on St. Helena Island in 1903, and ever since I can remember, I worked the summers in our family's tomato fields. My Uncle Gator would drop us off in the field at daylight; it was hot, dirty, exhausting, and amazing! It was the kind of upbringing I wish more people had an opportunity to experience and one I know my two boys will get the benefit of.

When we weren't in the fields, we spent our time on the salt water. I could drive a boat before I could drive a tractor, and I could drive a tractor before I learned to drive a truck at the ripe age of 13. We explored every nook and cranny of the rivers and beaches and knew every bend and sandbar in every creek. Of course, that didn't keep us from getting into trouble a time or two.

Outside earning my undergrad and graduate degrees at Clemson University, the Lowcountry has always been my home. My wife, Caroline, and I bought a house in Old Town Bluffton in 2011, and for her, being from Dallas by way of Chicago, it was quite a transition. It's one that she's quickly grown to love, and of course everyone reading this knows why. She makes amazing shrimp dinners, and if it's not caught off the boat or fresh at Toomers, we don't cook it.

Although I no longer work on our family farm, I'm fortunate to say my career path with Verity Investment Partners has allowed me to stay in the Lowcountry. I am a senior portfolio manager for our firm, which I'm proud to say received the Financial Times distinction of being in the Top 300 Registered Investment Advisory firms in the United States. The firm was founded in Beaufort, but since we have rapidly expanded our client base into Bluffton, I am excited to be opening an office on May River Road.

Some of my favorite things about the Lowcountry are the smells. Driving back from a trip, the windows rolled down, that wonderful smell of the marsh and salt air brings back all the memories and lets me know I'm close to home. I couldn't imagine being anywhere else, and I'm grateful every day. *LL*



Have the smile you've always wanted!

Dr. Rothwell is an accredited member of the American Academy of Cosmetic Dentistry, and offers you the skill, compassion and dedication to help you have the smile you've always wanted.

AACD American Academy of Cosmetic Dentistry® ACCREDITED

Bonnie J. Rothwell, *DMD, AAACD*



Bonnie J. Rothwell, DMD, AAACD

11 Hospital Center Common, Suite 200
Hilton Head Island, SC
843.342.6900
hiltonheadcosmeticdentist.com
smilesyoulove.com

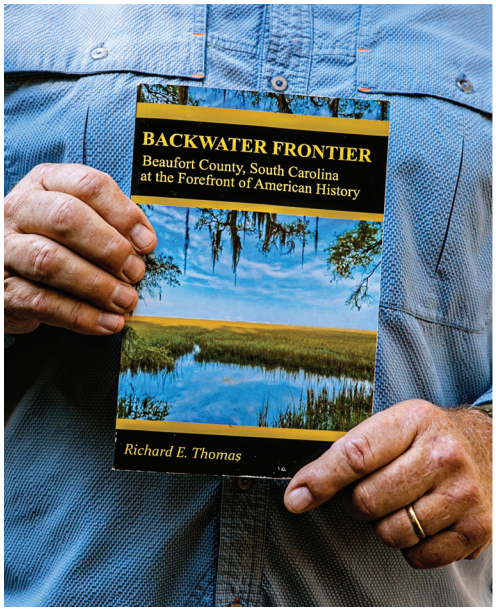
Call for your complimentary cosmetic consultation.

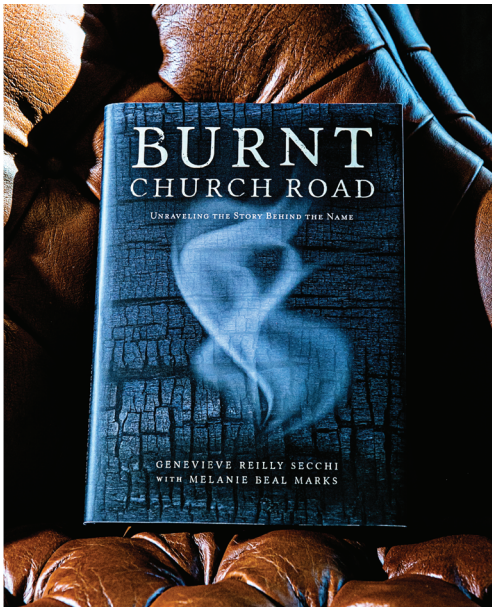



Bridging the Sea Islands' Past and Present 1893-2006
Rebellion, Reconstruction, and Redemption, 1861-1893
The History of Beaufort County, South Carolina Volume I 1514-1861




The Garvey House
ca. 1870
Bluffton Historical Preservation Society


BACKWATER FRONTIER
Beaufort County, South Carolina
at the Forefront of American History
Richard E. Thomas


BURNT
CHURCH ROAD
Unraveling the Story Behind the Name
Genevieve Reilly Secchi
with Melanie Beal Marks

Find additional images from these photo shoots online at **LocalLifeSC.com**

Faces of history

THE LOWCOUNTRY'S HISTORY IS MORE THAN JUST A CATALOGUE OF THOSE WHO HAVE CALLED IT HOME – IT'S A REFLECTION OF THE AMERICAN EXPERIENCE, AND THE UNIQUE ROLE OUR AREA PLAYED IN SHAPING IT.

STORY BY BARRY KAUFMAN
PHOTOGRAPHY BY LISA STAFF

You'll see them here and there, telltale signs of a greater story being told across centuries. A shell ring set back in a maritime forest. A signpost marking the site of a fierce battle centuries prior. An earthen berm where a mighty fort once stood.

The Lowcountry's history is written in these signs, a saga that stretches back centuries. It was here that British nobility established their dynasties in the new world. It was here that people born into chains tasted their God-given freedom for the first time. And it was here that a small coalition of historians spent decades preserving these stories.



ABUNDANTLY

Fifty years ago on March 31, my family embarked on a new chapter as my dad retired and we moved from São Paulo, Brazil to Sea Pines and this magical island. Never did I think I would raise my two sons here and enjoy a wonderful life in this place that has fabulous folks, lots of nature and beauty and memories that keep being made. If you or someone you know needs an advocate for real estate, please give me a call. It would be an honor and blessing to represent you.

Respectfully, **Susan Ochsner** 843.816.6388

Sea Pines Real Estate BEACH CLUB

YourHiltonHeadAgent.com





Richard Thomas

CONNECTING HISTORY AND BUSINESS THROUGH LEARNING TECHNOLOGY

As a 23-year resident of Hilton Head Island, and someone who has made history his life's work, Richard Thomas is truly in his element.

"There's a growing awareness that what we have here is a unique proposition. If you think about Beaufort County as a whole, there is 500 years of recorded history that applies to this single location," he said. "I challenge anyone to find another spot in North America that has that same unique history. There isn't."

He would know better than most. For nearly 30 years, Thomas has made some of the most historic sites in the world his classroom, and the lessons learned there his curriculum. His first business, established in 2002 but drawing on work he'd pursued for years prior, was called Battlefield Leadership. Built around the famous battlegrounds from Gettysburg to Normandy, these professional development retreats sought to apply lessons learned from past military campaigns to the business world.

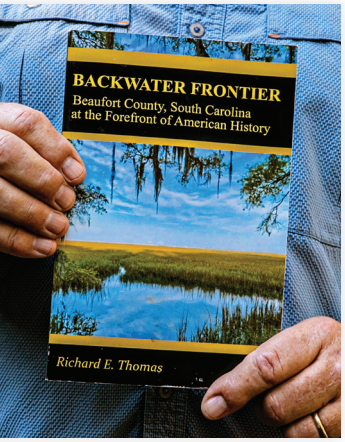
"What we did was develop a kind of technology, a learning framework, that takes key people at pivotal times in a significant historical event, then looks at their actions and decisions under pressure and the results they created," he explained. "Then we develop case studies around these people and go out to the actual sites where the events took place, then we move that conversation from the battlefield dynamics to what happens in the workplace."

Military history in particular spoke to Thomas, whose family has served for generations. His great-grandfather was one of two cavalry commanders assigned to Lincoln's mobile bodyguard and was waiting outside Ford's Theater to escort the President home after the performance. Another distant relative signed up for two different tours of duty in two different states during the Revolution.





LOCAL SINCE 1997
Richard Thomas is president and CEO of Legacy Leadership of the Lowcountry, a firm specializing in the design and delivery of experiential leadership and team development programs using historic events as a framework for learning. He is the owner and a guide for Hilton Head History Tours.



Historic read

Backwater Frontier: Beaufort County, South Carolina at the Forefront of American History

By Richard E. Thomas

A compilation of stories about significant events that took place in Beaufort County and were firsts of their kind in the U.S.

But it's the history of Hilton Head Island that calls him now, spurred on by his mother, who served the local historical society back in the 1970s.

"People are interested in finding out about a place they thought they already knew," he said. Through Legacy Leadership of the Lowcountry, he applies that same technology from his old company to the lessons that the island's history can teach us.

"I took the founding of Mitchelville, the Battle of Port Royal Sound, the Battle of Honey Hill and the founding of Santa Elena, four area events that have significance beyond local boundaries and offer wonderful case studies," he said. He has also established a program on leading innovation, based on the brilliance that led to the founding of Sea Pines. "It's not every historical event that ends up changing the pattern the world had previously applied to something. (Charles Fraser's) approach to resort development was unlike anything that had ever been seen before."

"It's really very engaging for people," he said of the lessons learned from local history. "People tend to say that looking at it from this different perspective is really life changing. It's probably one of the most powerful learning mediums."

Beyond providing leadership and team-building experiences for groups and corporate retreats, Thomas is thrilled to start sharing the island's history on public and private group tours. Just before the pandemic hit, he'd secured a 25-seat bus with a plan to guide locals and visitors alike through centuries of Hilton Head and Lowcountry history.



Angele Bryant
Ext. 23260

Kevin Clegg
Ext. 23258

Terry Tadlock
Ext. 23250

Kymberley Tadlock
Ext. 23246

Diana Rideout
Ext. 23255

James Julian
Ext. 24245

At Correll Insurance Group, community matters.

Correll Insurance Group of Hilton Head continues to be a proud sponsor of South Carolina's largest event, the RBC Heritage golf tournament. Each year we look forward to showing our appreciation to our clients and business partners at our hospitality tent at the 18th tee box. Unfortunately, this year COVID-19 will not allow us to provide our hospitality tent, but we still choose to support this event.

The RBC Heritage reflects our love of community, as they are a major contributor to the local economy, bringing in almost $100 million dollars annually to our state. The Heritage Classic Foundation donates nearly $3 million each year to our local charities.

While we cannot celebrate at the 18th in the same way we are excited to continue our support of this community event. We hope to see you back at our hospitality tent at the 2022 RBC Heritage Classic, sponsored by Boeing.

Member of Correll Insurance Group

28 Locations across South Carolina, North Carolina and Tennessee

Locally Owned & Controlled

We don't send our money to a home office, it stays right here in the Lowcountry.

Education is Key

Keeping current with an ever changing industry.

CORRELL
INSURANCE GROUP
OF HILTON HEAD

Trusted Choice®

Now with two convenient locations to serve you:

15 Bow Circle, Suite 101
Hilton Head Island SC 29928

8 Arley Way, Suite 101
Bluffton SC 29910

1.888.668.8082 www.correllhhi.com

"Insuring the Carolinas since 1931"

Larry Rowland

CHAMPIONING BEAUFORT'S ROLE IN OUR NATION'S STORY

There are moments in American history that need no introduction – the Boston Tea Party. The establishment of Jamestown as the first American colony. Plymouth Rock. These are the fundamental building blocks of every American kid's historical education. But if you ask Larry Rowland, author and professor emeritus of history at the University of South Carolina Beaufort, they don't tell half the story.

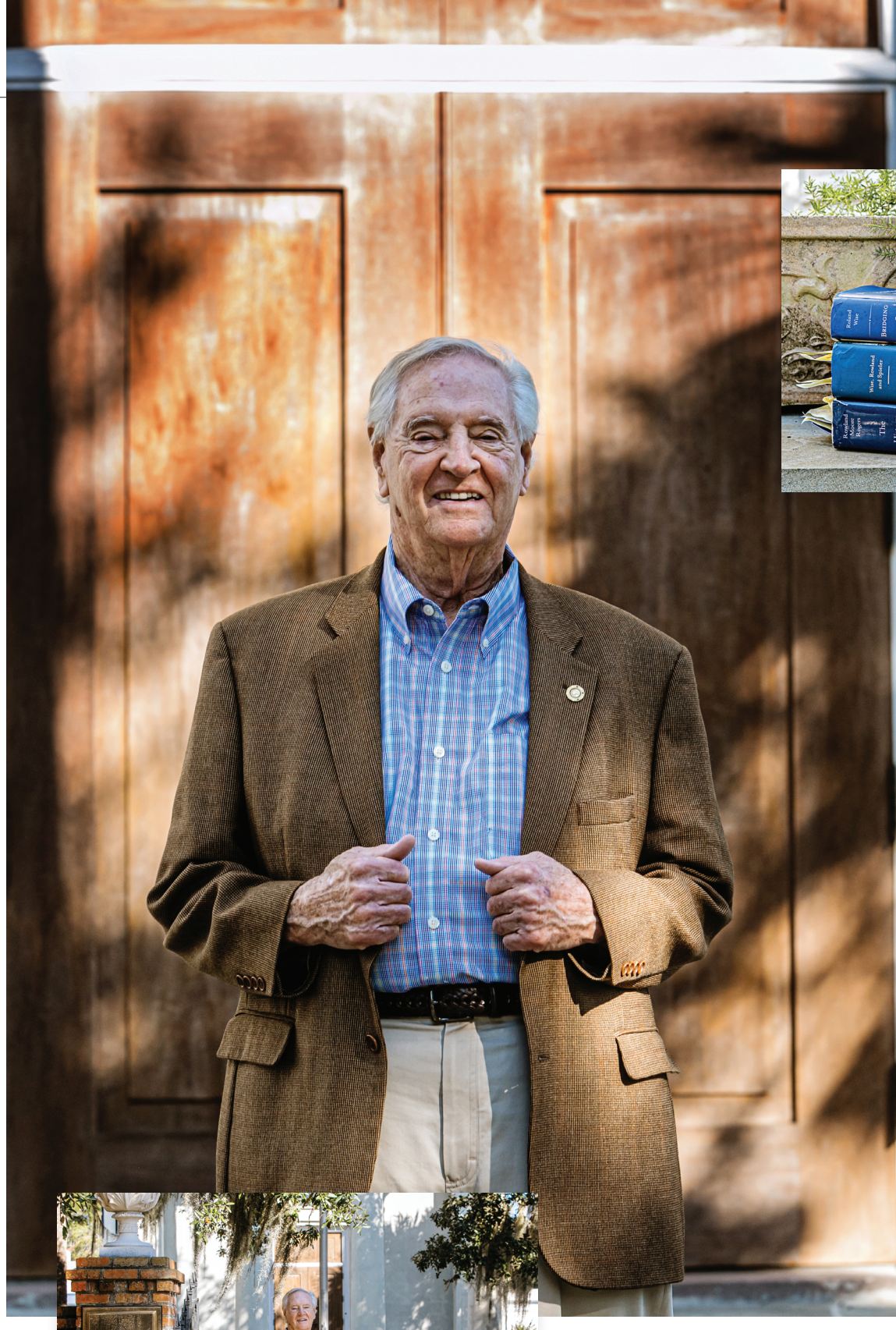
As he is noted for saying, "All of American history actually began in Beaufort, South Carolina."

Well, sort of noted for saying.

"That's a schtick that I use. I'd say it's an exaggeration," he said with a laugh. "But if you look at the history written of the United States in the 17th-18th centuries, it was all written by New Englanders and Harvard historians. What did they know? There is an Anglo bias in American history. We're taught that American history began when the English settled at Jamestown, Virginia, in 1607. They forgot French history and ignored Spanish. That's had to be rediscovered."

As a counterbalance to the learned Yankees who penned history's first draft, Rowland has made it his mission to champion Beaufort County's role in our nation's story. Take the establishment of La Florida by Pedro Menéndez de Avilés in the 16th century. You may have heard that St. Augustine was his first capital, and you would be wrong.

"The first official capital of Florida was Santa Elena on Parris Island in 1566, the year after the temporary founding of St. Augustine in 1565," said Rowland. "St. Augustine eclipsed it mainly because it was





LOCAL SINCE 1952
Larry Rowland is distinguished professor emeritus of history at the University of South Carolina Beaufort. He is a past president of the South Carolina Historical Society and has co-authored several historical books.



Historic read

The History of Beaufort County, South Carolina, 1514-1861 *By Lawrence S. Rowland, Alexander Moore and George C. Rogers Jr.*

Three distinguished historians recount more than three centuries of Spanish and French exploration, English and Huguenot agriculture and African slave labor as they trace the history of one of North America's oldest European settlements.

closer to Cuba. They stayed there, and then when Spanish territories shrunk, they abandoned Santa Elena and kept St. Augustine."

And that is just one of the ways our history began here. Talk to Rowland, or read any of the three volumes of his "The History of Beaufort County," and you'll find more. The first municipality in the New World. The first Catholic church. The first French Protestant colony. The birth of the secession movement, and the first strikes of Union retribution. The early Union occupation of the Sea Islands gave rise to social and educational experiments which became the beginning the Reconstruction Era of American history. Another first for Beaufort, now a National Park.

"In five centuries, there were a lot of firsts here," he said. "That early history is probably the most surprising because most people don't know it."

Rowland's love of Beaufort is one he's cultivated over nearly 70 years, having moved here in 1952 from New York. He was brought here by his mom, whose family had called Beaufort home for decades at that point. "Her mother (Rowland's grandmother) died in 1910, so she spent the next ten summers with her grandmother on Bay Street. No matter where we went, my mother never got it out of her head. It was like a dream land."

Beaufort would become Rowland's dream as well, and his favorite subject to teach.

"If you're teaching, you have to be a little bit of an entertainer, and you have to tell a story," he said. "The only way to teach is to tell a story. Everyone remembers a story even if they don't remember the dates. It's been fun for me, and still is."

DOES YOUR INVESTMENT STRATEGY Match Your Risk Tolerance?

We Help You Evaluate Your Willingness and Ability to Tolerate Investment Risk When Working Towards Your Financial Goals.

WEALTH MANAGEMENT
RETIREMENT PLANNING
RISK STRATEGIES

We help build a personalized plan to help you build wealth, protect your family, preserve your assets, and any other goals you have.



*We are **Marc Stuckart, CPFA** and **Creighton Stuckart, CFP®** a father and son team who founded Atlantic Investment Advisory Group to provide a straightforward financial planning solution to coastal South Carolina families.*

Clear Guidance to Help Grow and Protect Your Wealth

Atlantic Investment
ADVISORY GROUP

2 PARK LANE · SUITE 203 · HILTON HEAD ISLAND, SC
843.341.3300
ATLANTICINVESTORSHHI.COM

Financial Advisor offering securities through Cetera Advisor Networks LLC, member FINRA/SIPC. Advisory services offered through Summit Financial Group, Inc., a registered investment adviser. Summit and Cetera are affiliated and under separate ownership from any other named entity.

Melanie Marks

DIGGING DEEP TO UNCOVER BLUFFTON'S DISTANT PAST

The village of Caesar's Creek once occupied a spit of land in Ohio that, like much of Ohio, stretched among gently rolling hills and vales. Unlike much of Ohio, however, Caesar's Creek no longer exists, having been abandoned by design and flooded to create a new reservoir.

Melanie Marks was one of the last people to set foot in Caesar's Creek, brought there by her grandfather to poke around among the empty houses and discover their treasures before they were claimed by the water. She may not have found gold or jewels, but on that expedition she found an even greater treasure: a lifelong love of history.

"My grandfather probably should not have done what he did," she said with a laugh. "I'm sure he knew people."

That love of history would continue to burn as she moved to Connecticut and raised children, but it was rekindled when she moved into a circa-1740 saltbox home. "That triggered it," she said. "I researched the history of that house because I was so curious."

That led to further research, not only on her own home but on other homes in the area. She provided all of her research free of charge as she was still learning, but when her findings landed four different houses on the State Register of Historic Places, she knew she was onto something.

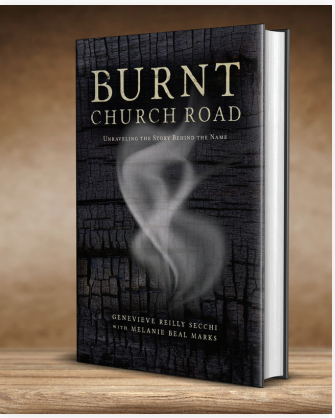
In 2008, she founded CT House Histories ("if I wanted to compete with other researchers I had to look formal," she said), a firm that ran the gamut of historical research, from historic homes and properties to genealogy. Before long she was established as one of the pre-eminent researchers in the region, splitting her time between Connecticut and South Carolina.

It should then come as no surprise that when she moved to Bluffton, a town where the history runs deeper than a king tide





LOCAL SINCE 2008
Melanie Marks is the founder and principal researcher of CT House Histories. She is an ardent advocate for threatened and abandoned properties.



Historic read

Burnt Church Road: Unravelling the Story Behind the Name *By Genevieve Reilly Secchi with Melanie Beal Marks*

Meet numerous Bluffton characters as they navigate through the Lowcountry's deep and rich history surrounding Burnt Church Road. Pre-order by going to Burntchurchdistillery.com and clicking on the shop tab.

during a full moon, she dove in headfirst. One of her first projects was tracking down the history of the Garvin-Garvey House, the freedman's cottage which sits atop the high bluff at Oyster Factory Park.

"My husband volunteered my services for the Garvin House. It just felt right," she said. Her research not only fleshed out the scraps of stories tucked away among vaults and libraries across the state and brought Cyrus Garvin's story to the forefront, it helped spark interest in restoring his historic former home. "The structure was in pretty bad shape. It's been a joy to watch its evolution since the town did the renovation and formed an advisory group to outfit the house inside and out with interpretive signage."

Her work not only gave the structure new life and helped the story of a freed man be told, it earned her a South Carolina Historic Preservation Award. "Which was just amazing," she said. "It's nice to know people are learning about Cyrus. You can renovate the building, but you really need to know the story of the person who lived in it."

Her latest project saw her digging deeper into Bluffton's history than perhaps anyone before her, working in tandem with Burnt Church Distillery to track down the origins of the road's name. Telling this story meant everything from scouring vaults of old maps to poring over old letters written during Bluffton's distant past. The results of her research will be published in the upcoming book, "Burnt Church Road: Unraveling the Story Behind the Name."

"I never know where work is going to take me," she said. "You just have to know where to go and whom to ask." *LL*

VINEYARD
Personalized Living, Assisted Living & Memory Care

Grow where you are planted.



Our Vineyard team is excited to serve you and your family!

At Vineyard, we don't just care for you, we care about you. Which is why we personalize our programming to each resident's passions and pursuits that nurture the mind, body and soul. With fresh, chef-prepared meals that are as delicious as they are nutritious, ours is a community where you or your loved one can thrive.

"At Vineyard, we grow purposeful communities that make a positive impact on both people and our planet. This translates into a continuum of personalized care, thoughtful programming, and customized amenities that aim to engage, inspire and elevate life at every stage."

— Kaylynn Evans, MSM-HC, LTCA, CADDCT
Executive Director



Call to schedule a tour today.
Mention this ad to receive half off the Community fee.

Call 843.547.9989 vineyardbluffton.com

CELEBRITY CONNECTION

John Lindsay's Lowcountry life

AMERICA'S MAYOR SPENT HIS RETIREMENT ON HILTON HEAD

BY CLAYTON TRUTOR

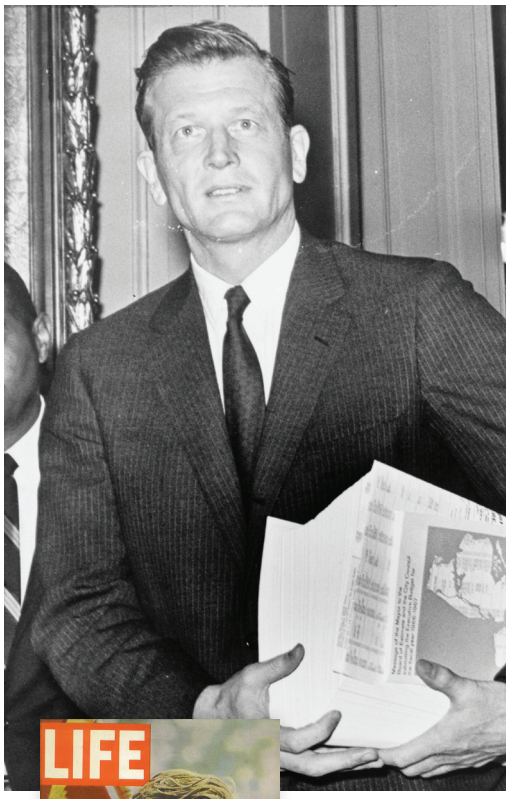


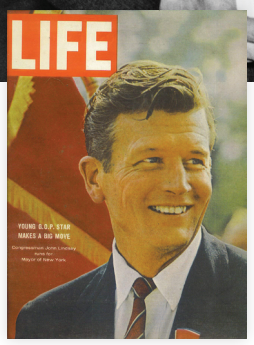
Hilton Head Island is a refuge. It is a preserve for plant life and animals as well as people. For decades, people from both from near and far, have made it a land of dreams. They have tailored this refuge to their own needs and desires. Hilton Head has a long and deserved reputation as a place where retired people can lead the good life. The Island's coastal charms, its natural beauty, and its unparalleled opportunities for outdoor recreation make it an ideal spot to spend one's hard-earned leisure time. Whether you're a golfer, a boater, or a beachcomber, there's endless entertainment to be had on Hilton Head Island.

For former New York City mayor John Lindsay and his wife, Mary Anne Harrison Lindsay, Hilton Head Island was a refuge of a different kind. It provided them with a place for quiet repose in the last years of their lives. The Lindsays were decidedly private people. Understated people. Anything but showy. Despite their life in the limelight, they shied away from any spectacle beyond the bounds of their civic duties. This couple that led the most public of lives found in their time at Hilton Head a refuge of distance and comfort.

Before moving to the Lowcountry, John Vliet Lindsay, the 107th mayor of New York City, and his wife Mary Anne, regarded by everyone as his closest confidant, spent decades in public service and in the public eye. Lindsay was a notably progressive Republican who made friends and foes across the political spectrum. He represented the East Side of Manhattan in Congress for three terms (1959-1965) before running for mayor. In 1965, Lindsay won a three-way race to replace Robert F. Wagner as New York City's chief executive.

Over two tumultuous terms (1965-1973), the notably photogenic and blue-blooded Lindsay came to be known as "America's Mayor." He earned that moniker with the grace he showed in the face of turmoil in what has often been described as the second-most difficult job in the world. From the time he took the oath of office until the day he moved out of Gracie Mansion, Lindsay seemed to be interceding nearly continuously in the scores of crises that beset his city. For many years, Lindsay was one of the country's best known political figures. In 1972, he ran unsuccessfully for the Democratic Party's presidential nomination after changing his party affiliation the previous year.





LAW & POLITICS John Lindsay (1921-2000) is shown speaking at a 1965 rally, with court documents in 1966 and on the cover of Life Magazine in 1965.

Clayton Trutor holds a PhD in U.S. History from Boston College and teaches at Norwich University in Northfield, Vermont. He is the author of Loserville: How Professional Sports Remade Atlanta — and How Atlanta Remade Professional Sports (University of Nebraska Press, Fall 2021).



THE PURSUIT OF HEALTHINESS!

Live the life you love!

Living a life you love begins with living pain-free. Don't allow painful degenerative conditions hold you back another day or year in your pursuit for happiness and longevity!

Whether you suffer from arthritis, back, joint, hip, shoulder or knee pain, the Fraum Center for Restorative Health can provide you with natural, non-invasive alternatives so you can live your best life now! Our therapies keep you youthful on the inside, and now with our aesthetic solutions, you can look your best on the outside.

What are you waiting for? Start today and begin enjoying the life you loved once again by registering for one of our free **BEYOND STEM CELLS** presentations on regenerative medicine, presented by **Dr. Brad Fraum, DC and Dr. Heather Hinshelwood, MD, FACEP.**

Call 843.681.7777 or learn more at www.fraum.com.

MON	**APRIL 5TH**	**6PM**
TUES	**APRIL 13TH**	**NOON**
MON	**APRIL 19TH**	**6PM**
TUE	**APRIL 27TH**	**NOON**

*ALL PRESENTATIONS INCLUDE COMPLIMENTARY LUNCH OR DINNER

FRAUM
CENTER FOR RESTORATIVE HEALTH

1403 MAIN STREET VILLAGE / HHI, SC 29926 / **843.681.7777** / **INFO@FRAUM.COM** / **WWW.FRAUM.COM**

"He was an extremely dedicated politico," said Dick Aurelio, Lindsay's deputy mayor during his second term. "He had a mission to help the disadvantaged and the poor people fight for civil rights and civil liberties." Aurelio met Lindsay in Washington while the future mayor served in Congress and Aurelio worked as chief of staff for Senator Jacob Javits, another notably progressive Republican leader from New York State. After leaving Javits' staff, Aurelio became Lindsay's campaign manager for his successful 1969 reelection bid and joined him more permanently at Gracie Mansion as his deputy from 1969 to 1972.

"There was a lot of emphasis on his being tall and handsome and a romantic figure, and they didn't give him credit for the intense work he did on policy," Aurelio said. "The truth is that he was a very hard-working executive who relished the intense briefings on policy so he could get all the nuances."

"He [John] brought me out of Queens and into the big city. I found him and his family warm. They accepted me, and I spent a great deal of time with him," said Sid Davidoff, an attorney and longtime assistant to the mayor. Davidoff met Lindsay for the first time while a student at the City College of New York during John's initial congressional campaign. The Queens native Davidoff was so enamored of Lindsay that he "hopped on as a volunteer and never left."

Davidoff remembers John's hands-on style of leadership. "He would get out of the car and start directing traffic because he was so pissed about people double-parking. We'd be like, 'John get back in the car, let somebody else handle this,'" Davidoff said. "He was very intense on the things that bothered him."

After his retirement from public office, Lindsay took up a law practice and became a patron of the arts in New York City. He served for a time as chairman of the famed Lincoln Center Theater. "He was always a champion of the arts and theater. He invited me many times to see a play," Aurelio said. During the 1990s, though, the former mayor's health began to deteriorate. He suffered a stroke, a heart attack, and battled Parkinson's disease. By the latter half of the decade, Lindsay was in his late seventies and suffering from serious mobility issues and had great trouble with his speech.



FIGURE OF SPEECH Congressman Lindsay speaking at the New York City Board of Estimate meeting at City Hall in April 1963.

"The disease took a toll on him," Davidoff recalls. "You want to talk about a strapping guy who was a good athlete and was an incredible looking guy."

As the former mayor's health deteriorated, Mary first moved the couple out of their Manhattan apartment and relocated them to a home in rural Connecticut near New London.

"A few of us went up there to Connecticut, sort of to say goodbye and spend a day with him," Davidoff remembers. "We found him standing on the front porch. Mary later said to me it was an incredible effort for him just to get up out of the chair, but he wanted to greet you like you should be greeted and have you remember him like that," Davidoff said.

"And that's who he was. He had that inner strength that kept him motivated, even through him being ill with Parkinson's," Davidoff said.

Eventually, Mary decided to move with John to the Cypress on Hilton Head Island, which came highly recommended by friends of hers. "They were pretty isolated where they were up in Connecticut," Davidoff recalled.

In 1999, John and Mary moved to a cottage at the Cypress, Hilton Head's nationally recognized continuing care retirement community known for its waterfront and country club-like setting. Then and now, the hundred-acre campus contains a wide range of residential and recreational options as well as a dedicated regime of care and services for its residents. Back in New York, the Lindsays were well-known for their enjoyment of the outdoors — John was a lifelong athlete, and Mary was famous for her bike rides around Central Park. Unfortunately



Offering FREE monthly in person seminars & online webinars on a wide variety of topics including ***Wills & Living Trusts***, ***The 5 Myths of Estate Planning***, ***Estate Tax Planning***, and many more.

Contact our office and mention LOCAL Life for more information.

843.815.8580
montgomeryestateplanning.com

for John, his health troubles prevented him from enjoying the Cypress's wide-range of indoor and outdoor offerings.

The Lindsays lived quietly in a cottage with a beautifully manicured lawn and a gorgeous view of the water. They sat just across Skull Creek from the salt marshes and tidal creeks of Bull Point on the Pinckney Wildlife Refuge. They lived within earshot and eyeshot of a vibrant ecology of waterfowl, fauna, and wading birds.

Aurelio made two visits to the Cypress. Initially, he visited their cottage not long after the couple had moved to Hilton Head. "Mary had decorated their home with a whole lot of plaques and newspaper articles regarding his career," Aurelio remembers, covering the walls of the cottage with accolades from Lindsay's career as a congressman and mayor. Aurelio was surprised by that choice, as the Lindsays had always tended toward more understated décor. But the adorning of their home with memories of their life in New York added comfort and familiarity to John's time in Hilton Head.

"It was a comfortable place," Aurelio said. "They had friends just across the way. And they kept saying how close they were to the medical center [Hilton Head Medical Center]."

Mary and John lived together for less than two years at the Cypress. Mayor Lindsay died on December 19, 2000, at age 79 from complications due to Parkinson's and an ongoing bout with pneumonia. A couple of months later, Aurielo visited the recently widowed Mary Lindsay at the Cypress. "I made arrangements to have dinner with her, and she was doing fine," Aurelio recalled. "She was doing well with the friends that she had made there." Mary remained a resident of the Cypress for the rest of her life, leading the quiet existence she led with her husband ever so briefly on Hilton Head.

Mary Anne Lindsay died in March 2004 at the age of 77 following her own battle with cancer. Remnants of their life on Hilton Head are scarce. The Island and the space they inhabited on Hilton Head go on much in the way that they did during the Lindsays' time there. The Cypress remains a refuge — either for recreation or repose — for people in search of the good life that Hilton Head has to offer. For the Lindsays, Hilton Head offered them somewhere safe and discreet to enjoy their retirement. *LL*



WILLS • TRUSTS • ESTATE ADMINISTRATION • IRA & RETIREMENT PLANNING





W. A. Hunter
Montgomery, Esq.

Guarding the legacy and wealth of over 1,000 SC families since 2002.

AMERICAN ACADEMY
of Estate Planning Attorneys
Since 1993

Making an estate plan is a big and important step; a step that no one should take without being fully informed.

Our mission and our passion is to make a difference, one family at a time.

MONTGOMERY
LAW FIRM, LLC

10 Pinckney Colony Road | Suite 402 | Bluffton, SC

843.815.8580

montgomeryestateplanning.com

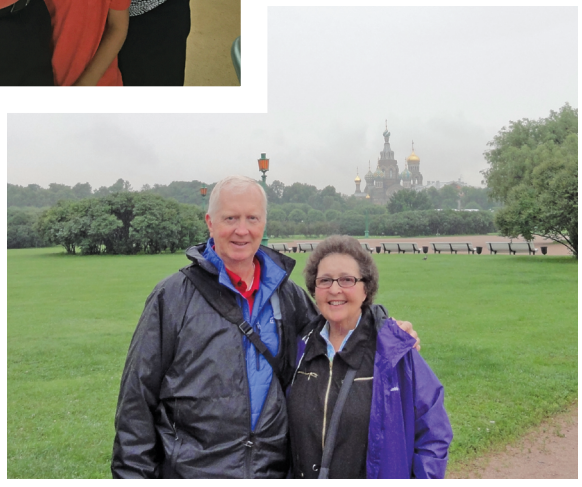
Four tips from a successful businessman

FORMER EXECUTIVE MIKE HARTER SHARES HIS SECRETS FOR SUCCESS.

STORY BY EDDY HOYLE







LOCAL SINCE 2010 Mike Harter is shown traveling with his wife, Susan, and their grandson, Duncan. Harter serves on the board for the Hilton Head Symphony Orchestra.

Mike Harter is a self-made man and entrepreneur who set a deliberate course to obtain the skills he would need to succeed. Harter hails from Iowa, where he earned his bachelor's degree in zoology and chemistry with the intention of going to medical school.

"When we're young, we do what our parents want us to do. But I discovered that I didn't have a scientific bent, and I wasn't as interested or as good as I thought," Harter said. "So I went to law school to learn about business, and one deficiency I had was a financial background, so I became a CPA. That combination served me well."

Over the course of 20 years, Harter held the positions of senior tax accountant for Arthur Young & Co.; controller at White & Case; financial advisor to the Chairman of the Board at CBS, Inc.; senior VP of finance and treasurer of The Conference Board Inc.; executive VP of finance and administration of EMC Holdings, Inc.; and president and CEO of the Art Institute of Pittsburgh.

"I had the basics to become an entrepreneur. I wanted a boss who could teach and mentor, and I looked in the mirror and found it was me," Harter said. So in 1989, he took the plunge and pledged everything he owned to purchase the Tulsa Welding School and form a company to acquire and operate private career schools. His company, T.H.E., Inc. (Technical Higher Education) was the culmination of his dream.

He sold his company in 2008 and retired to Hilton Head in 2010 with his wife, Susan. Locally, he serves on the board for the Hilton Head Symphony Orchestra. He and his wife have two daughters, three grandchilren, and they enjoy travel, golf and lifelong learning. ***Here are his tips for success:***

Keys to Success

1. Money is the wrong reason. To be successful, the key is to pursue a job that's aligned with your personal interests. Learn about yourself and pursue self-interests to be satisfied with your job. Be prepared to make changes and get a mentor. Get some experience and success under your belt, and you'll earn good recommendations to move up to better jobs.

2. Challenge and reward. Challenge employees with opportunities for higher levels of success. Always give positive reinforcement and appreciation for their efforts and work. "None of us learn how to manage without making mistakes, so counsel and ask how you can help them to understand what it takes to succeed," Harter said.

3. The trick is to be helpful. Listen carefully, have patience and an inquiring mind to understand people in order to help and mentor them. "The best bosses challenge people to do something they've never done before – to succeed in the right way, and give praise when they have accomplished it," Harter said.

4. Realism vs. entitlement. "Young people sometimes want the top job with a sense of entitlement. They want the accoutrements of the job and are impatient," Harter said. "So ask what their business assets are, what they can do and how, in order to help them be realistic about their skill sets. It's personality blended with judgment, education and experience." LL



Growing Income for Life

VERITY
INVESTMENT PARTNERS

BEAUFORT | BLUFFTON

HOW COULD YOU REPLACE YOUR EARNED INCOME WITH INVESTMENT INCOME AND STILL GET A RAISE EACH YEAR?

We can help you create targeted levels of annual income and income growth to fund your lifestyle while keeping your savings invested to grow over time.

Let us help you expand what is possible.
Visit **VERITYVIP.COM**

FT FINANCIAL TIMES | Top Financial Advisers 2020

FT 300 Ranking July 2020



The essence of beauty

SPEND MORE TIME DECLUTTERING, MEDITATING AND HI 5-ING

BY BECCA EDWARDS



Beauty is defined as "a combination of qualities such as shape, color, or form, that pleases the aesthetic senses." But this definition just scratches the surface. Beauty, true beauty, runs deeper.

To experience beauty, we don't need to look a certain way to be beautiful. Instead, it is more about operating a certain way, or rather allowing and conditioning ourselves to live a certain way — i.e. with mindfulness. ***Mindfulness*** is a buzz word that prompts many of us to involuntarily roll our eyes and pass it off as New Age nonsense. It evokes Enya and images of trendy Lululemon yoga clothes, wheatgrass shots, and maybe someone in dire need of a haircut. But mindfulness is none of these things.

Mindfulness is the practice of learning to simply be with ourselves and experience and appreciate beauty — whether that beauty is within ourselves, in others, or in the world around us. With mindfulness, if we are sad, mad, anxious, exhausted, worried, or whatever the emotion, we acknowledge it, we do not judge it, and we move on. We understand every moment is precious and therefore try and savor each moment by being as present as possible. When we get distracted by the past or the future, which because we are human will happen the majority of the time, we also acknowledge it, we do not judge it, and we try to recalibrate and focus on our present moment. In short, mindfulness enables us to embody the essence of beauty.

If mindfulness intimidates you, well, you're not alone. But, not to worry. At your disposal, there are easy and inexpensive (as in free) techniques to generate mindfulness. Let's start with something doable: decluttering.

"Mindfulness is the practice of learning to simply be with ourselves and experience and appreciate beauty."



EXPERIENCE MATTERS. WE GET RESULTS.

Specializing in:

FACE
BREAST
BODY
HAIR
RESTORATION

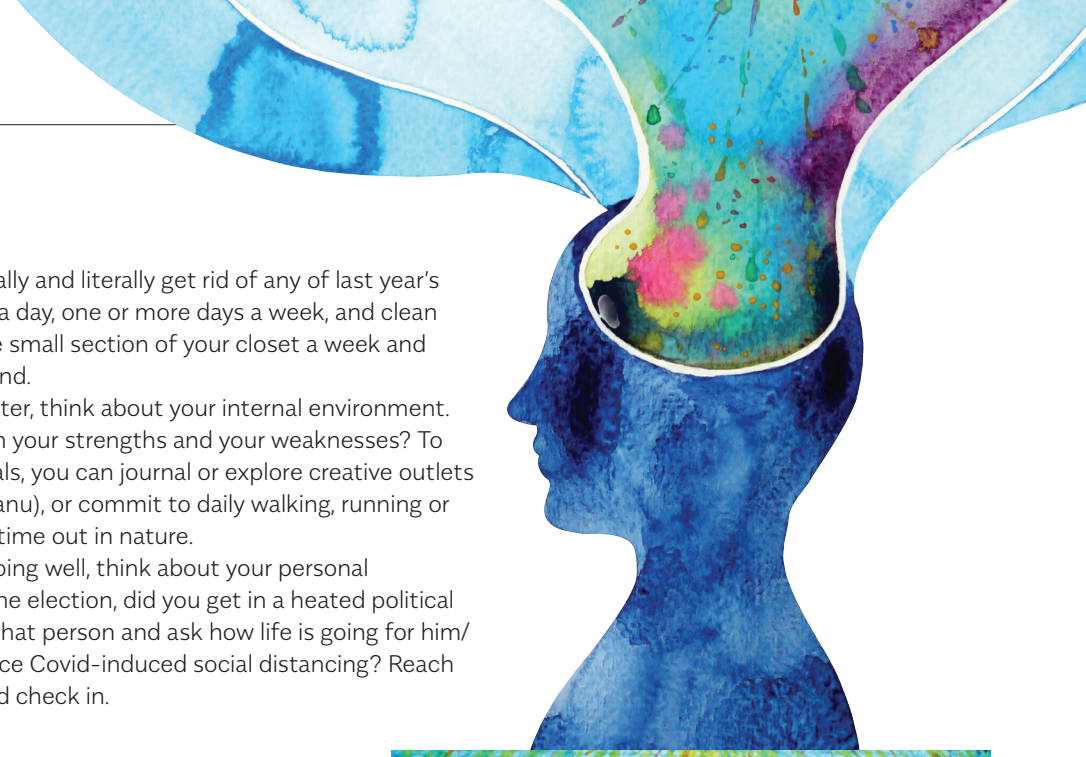


Frederick G. Weniger,
MD, MBA, FACS
Board Certified
Plastic Surgeon
Voted Best of Bluffton's
Best Plastic Surgeon
2009-2020

WENIGER
Plastic Surgery
& HAIR RESTORATION
of the Lowcountry

@WenigerPlasticSurgery
@WenigerPlasticSurgerySC

350 Fording Island Road,Suite 200, Bluffton SC
843.757.0123 | wenigerplasticsurgery.com



Decluttering

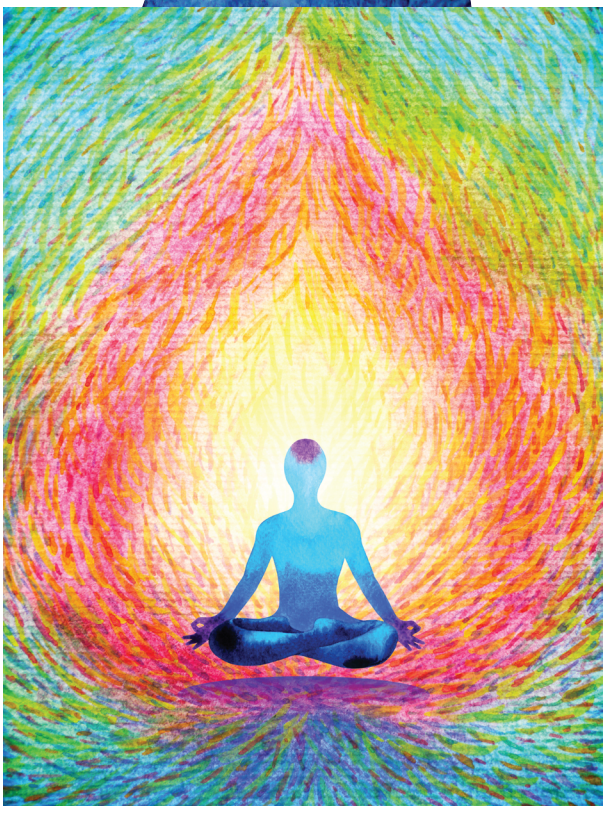
It's a new year, which means it's time to emotionally and literally get rid of any of last year's garbage. Start by setting aside 10 or more minutes a day, one or more days a week, and clean house. You can do this by picking one drawer or one small section of your closet a week and organizing it. An orderly home creates an orderly mind.

Once your external environment begins to declutter, think about your internal environment. How do you feel about you? How can you work with your strengths and your weaknesses? To process your emotions and establish needs and goals, you can journal or explore creative outlets like painting, test out apps like Purposeful (by Kumanu), or commit to daily walking, running or paddleboard workouts that give you self-reflective time out in nature.

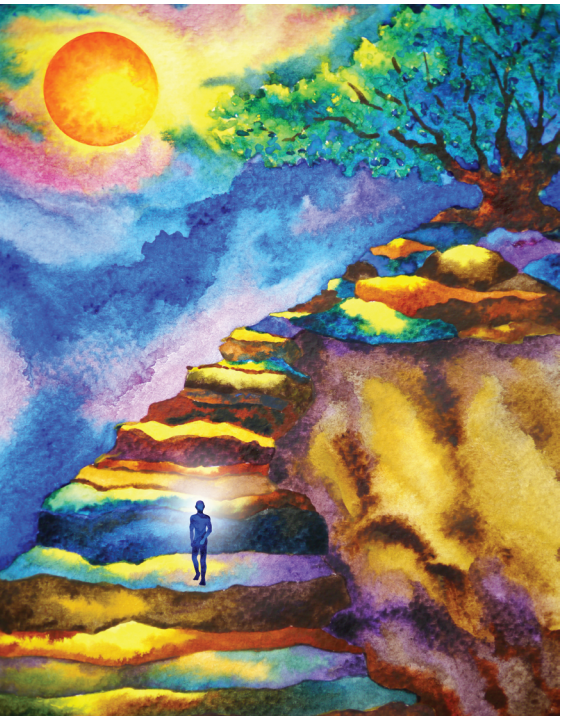
Now that your home space and headspace are doing well, think about your personal relationships and how you can tidy them up. Over the election, did you get in a heated political debate that you regret? Send a note, text or email that person and ask how life is going for him/her. Do you have a friend you have been missing since Covid-induced social distancing? Reach out to that person via FaceTime, Zoom or phone and check in.

Meditation

Another tool is mediation, and it comes in many forms. Moving meditations, such as walking or a yoga flow class that link breath and movement, reduce cortisol, a stress hormone, and increase happy hormones like serotonin and dopamine. Simple crafting like adult coloring books, scrapbooking, knitting and decoupage reduce sensory overload. By being creative, your mind is calm, focused and primed for mindfulness. And within the practice of seated meditation, there are several modalities such as mantra (repetition of words), yantra (focusing on one object), breathwork (focusing on the breath), and guided (either with an app, instructor or recording) meditation.



BOOST YOUR MIND Emotional benefits of meditation include increasing your imagination, creativity, patience and tolerance.



HI 5 = GAINS

We will end with a technique I developed called HI 5 = GAINS. "HI" stands for "holistic integration" of five key concepts which spell out the acronym ***GAINS***.

- ***Gratitude***
- ***Affirmation***
- ***Intention***
- ***Networking***
- ***Spread kindness***

By "HI 5-ing" each day with gratitude, affirmation, intention, networking (i.e. choosing someone to truly connect with) and spreading kindness (whether to yourself or others), you can make gains toward being your best self. You can do this upon waking, while you walk down your driveway to get the morning paper, or some other small segment of time during your morning. When you think of each concept, give each one attention. Envision yourself completing your intention or the person you are going to be kind to. If you feel stuck on one of the concepts, such as networking, make an agreement with yourself that you will organically seek it out at some point during the day. *LL*

INTRODUCING THE

Beaufort Memorial Okatie Medical Pavilion

NOW OPEN

Beaufort Memorial
Bluffton Primary Care

Beaufort Memorial
board-certified specialists in:

- Cardiology
- Gastroenterology
- Medical Oncology
- Neurology
- Obstetrics & Gynecology
- Orthopaedics
- Radiation Oncology
- Surgery - Breast, General, Vascular



Join us for a Virtual Health Fair at the Okatie Medical Pavilion

Take an online tour of the new facility, meet our providers and access free health information.
Visit **BeaufortMemorial.org/OkatieMedicalPavilion** for information or to sign up.

Quality Care CLOSE TO HOME.

For more information, visit
BeaufortMemorial.org/OkatieMedicalPavilion

Beaufort Memorial
OKATIE MEDICAL PAVILION

122 OKATIE CENTER BLVD. NORTH

Plus

Beaufort Memorial
Express Care & Occupational Health

Breast Health Center

Lab & imaging services

Memory Center

MUSC board-certified sub-specialists

New River Cancer Center
(In affiliation with MUSC Health)

Outpatient and cardiac rehab



SENSE OF HARMONY The symmetry of the kitchen communicates a sense of relaxation and security.





Timeless splendor on Spring Island

A TRADITIONAL LOWCOUNTRY RETREAT UNFOLDS WITH SPECTACULAR VIEWS FROM EVERY ROOM.

STORY BY PAULA MAGRINI + PHOTOS BY KELLI BOYD & J. SAVAGE GIBSON

Without hesitation, Phyllis Reynolds identified her favorite place to relax and revel in the Lowcountry water views surrounding her new Spring Island home. "I love the peacefulness of the window seat in our master bedroom," she said. "I could spend hours there, just gazing at the water, that endless sky and of course the sunsets."

The view is quite a change from her home in Massachusetts, where she and husband Patrick lead busy careers. She's an accountant, he owns a semi-conductor company. Their northeastern hometown is the family mecca, so the Reynoldses see their son, daughter and granddaughter frequently. For years they've all enjoyed New England summers.

"We vacationed in Bluffton for five or six years until an article in the Wall Street Journal lured us here," Patrick explained. "When we discovered Spring Island, we knew this would be our second home." Both Patrick and Phyllis treasure the serenity and wildlife that characterize the barrier island, located on the Chechessee and Colleton Rivers and Port Royal Sound. They quickly found their dream home site which included one of the island's original cottages.

"At first we thought we could somehow incorporate the cottage in our new home," Phyllis pointed out. "We lived in the cottage so we could get acquainted with our property around the clock. This was an important step in planning the design and orientation of the new home," she added, "however, when we realized how difficult it would be to include the older structure of the cottage in our new floor plans, we had to say goodbye to it."

Court Atkins Group Senior Design Architect Preston Bussard acknowledged the challenge. "There were many discussions on how to save the cottage including the idea of repositioning it on the home site. In the end, it was removed to make way for the new vision." With assistance from their builder, Element Construction, the Reynoldses were able to dismantle and donate the cottage's siding, windows, light fixtures, appliances and other elements to a Lowcountry branch of Habitat for Humanity. They believe it was the best way to preserve the legacy of the Spring Island landmark.

Once the property was cleared, Bussard and team designed a timeless riverfront retreat which embodies the Reynoldses' wishes and embraces the influences of the iconic island community. "The owners are given hints of elegance yet allowed to experience life's daily tasks in a relaxed and effortless manner," Bussard said.



GRACE AND GRANDEUR Time stands still at the Reynolds' traditional waterfront retreat where elegant features unfold beneath towering live oak trees.





DISTINCTIVE CUSTOM TOUCHES (Left) Patrick Reynolds' stunning hand-crafted foyer table is crowned with the iconic photography of Ben Ham. (Right) The owners' entry features contrasting brick and inlaid wood flooring.

"There are no unwanted or 'extra' spaces in the home. Each element of space 'dovetails' with one another to form a harmonious flow and progression."

While he notes that it's a classic traditional Lowcountry home, Court Atkins Group Project Architect Kert Huggins says the Reynolds' retreat reflects a graceful formality and features "materials which harken back to the traditions of context one would find in stately Lowcountry riverfront homes...tabby foundations, Savannah gray brick and clapboard wood siding." Huggins pointed out, "The use of soft, subtle colors blends very well with the beautiful natural setting of the salt marsh and moss-draped live oaks and helps reinforce the feeling of quiet and calm, which is such an important part of the Spring Island experience."

With the guidance of Court Atkins Group interior designer Adrienne Warner, Phyllis and Patrick infused the island's signature salt marsh hues and live oak grandeur throughout their home. A light, natural palette prevails throughout the foyer, great room and extended dining space and is punctuated by lofty floor-to-ceiling dimensions, synonymous with the light and airy flow.

"We were designing for large-scale rooms, yet we wanted to create intimacy too," explained Warner. "I imagined 'dinner for



OPEN YET INTIMATE
A bright open floorplan and sweeping views are balanced with private personal spaces and soft salt marsh hues.

two' when contemplating dining room selections." She said getting to know Phyllis and Patrick was the joy in this project. "They were dream clients, always willing to consider our ideas and suggestions."

Among those suggestions was omitting draperies in the dining room, the centerpiece of the first floor, to allow full water and nature views around the clock. Warner selected a delicate yet dramatic French wired chandelier that wouldn't compete with the views while exuding a whimsically majestic glow.

Around the corner in the owners' entry, Warner and team proposed a brick and walnut inlaid floor to add traditional yet rustic elegance. Element's project manager, Dave Stevenson, contributed to this area too. "At the client's request he crafted a bench that resembles an authentic church pew," shared Element co-owner Brandon Edwards. "It's a loving reminder of the Reynoldses' devotion to faith and genuine love for the Lowcountry."

Down the hall, in the master suite, Warner introduced a pale green paint shade for Phyllis' vanity and master bath cabinetry. "I hadn't ever thought about green as a feature color but wound up admiring this addition to the cabinets and as well as a touch of green in my kitchen marble," Phyllis confessed.

The Reynoldses added their own signatures to the home, with furniture pieces created by Patrick who studied at the Furniture Institute of Massachusetts for eight years. His foyer table is a striking welcome for visitors, especially memorable in its pairing with a sentimental gift, a classic Lowcountry capture by renowned photographer Ben Ham.

Artwork by Phyllis' father fills the walls, reminding the Reynoldses of their roots and the importance of embracing personal passions. "We hope to spend more time pursuing our pastimes and enjoying our extended family when we're at our new Lowcountry address," Patrick said.

There's a good chance their wishes will come true. Spring Island has a way of erasing relentless work stress and pressing cares of the day. *LL*











THE HOME TEAM

Builder: Element Construction
Architect: Court Atkins Group
Lumber: Grayco
Doors: Coastal Sash & Door
Tile: Savannah Surfaces
Countertops: Distinctive
Cabinetry: Litchfield
Lighting: Lowcountry Originals
Appliances: Billy Wood Appliance
Hardware: Bird
Blinds: Budget Blinds

Five ideas for your home

MINOR ENHANCEMENTS & UPGRADES THAT MAKE A MAJOR DIFFERENCE.

1. IF THESE WALLS COULD TALK They'd tell a tale of enchanted earlier days, when life was simpler, serene and sometimes sketched for display. In the Reynolds dining room, Court Atkins Interior Designer Adrienne Warner tapped **Susan Harter Muralpapers** to demonstrate the power of a unique visual element to transform ambience.

2. POWDER ROOM PANACHE Often considered a catalyst for memorable first impressions of your home, the powder room should make a statement. Help it wow guests with distinctive textures and finishes. Begin with an eye-catching wall covering offset by a classic marble floor.

3. SHIMMER PLUS SHEER You want the glimmer of soft light for your dinner guests but not a heavy ornate chandelier that obstructs breathtaking views. Interior Designer Adrienne Warner solved this dilemma with guidance from the lighting experts at **Lowcountry Originals** in Bluffton.

4. CLOSET TO THE MAX Your signature style and total wardrobe reside in your closet, so why not dedicate a space for contemplating your next ensemble and orchestrating hair and make-up?

5. FEELING THE CEILING When attempting to add a bolder shade to a gentle pale palette, consider the real estate above! The Reynold's master suite reaches an aesthetic high with its contrasting turquoise-blue ceiling.












Constructing Elements of Inspiration.
River views. Savory bites. Good company.
THE ELEMENTS OF HOME.
element
CONSTRUCTION
ELEMENTCP.COM | 843.837.9300
29 PLANTATION PARK DR, SUITE 404 | BLUFFTON, SC 29910

Hold your horses

GREATE AN EQUINE-THEMED ENTRANCE WITH THESE PRO DESIGN TIPS

The owner of this Palmetto Bluff home has a passion for equestrian sports and wanted to convey that aesthetic throughout the décor. ***The Court Atkins Group Interior Design team*** *was able to incorporate horse-themed artwork and relevant accessories to drive home the theme.*
Author: Gregory Vaughan. Photography by John McManus and Deborah Van Plew.





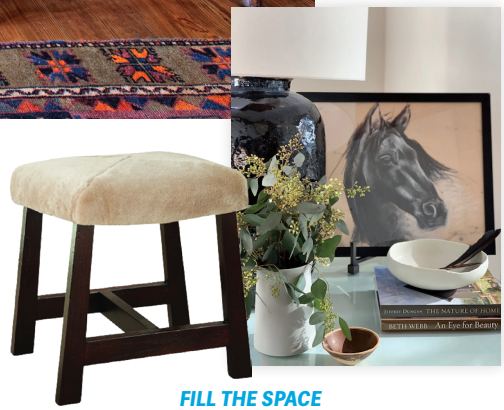
TIE THE ROOM TOGETHER
A beautiful rug adds color and texture while the pattern helps draw you into the space.



NATURAL SELECTION
Who among us doesn't love a hint of natural greenery inside our home? Guests will enjoy it as well, so why not treat them to a fresh bouquet, a verdant fern, or a budding branch right inside your front door?



BRIGHT IDEA
Add a lamp or scented candle as a light source – always a good thing.



FILL THE SPACE
Upholstered stools help to soften all the wood and add balance while complementing antique pieces. Decorative books also highlight the theme and add another layer of interest.



NOW OFFERING CUSTOM CABINETRY

Sales and Design

NIX FLOORING & DESIGN

HARDWOOD | TILE | VINYL | CARPET

OKATIE, SC • NIXFLOORING.COM • 843.645.1649

How to: Style an entryway

LIGHTEN UP YOUR FOYER WITH THESE PROFESSIONAL TOUCHES

Transform that dark corner of your living room into a fantastic foyer. ***Sharon Cleland of J. Banks Design*** *group shares the finer points of a recent project. Items shown are available for purchase in the J. Banks Retail Showroom on Hilton Head Island.*



FIRST LIGHT
A large-scale light fixture is both useful and aesthetically appealing.

SOFT SPOT
Lamps are multi-functional in an entry way. They can add height, add color and texture to the space, and provide additional light that may be needed in an entry or hallway. They also provide softer lighting than ceiling fixtures.

TAKE A SEAT
Entry consoles are a perfect place to tuck away extra seating. Not only is the entry a good place to store additional seats, but ottomans or garden stools also dress up the space.

FOR ART'S SAKE
The entry is the first impression of a home. Set the tone and show your style by showcasing a fabulous piece of artwork front and center. Another option is a large mirror – it will reflect light into a dark entryway, plus it's a place to do a once-over as you enter or before you leave the house.

POWER PLANT
Bring the outdoors in and breathe life into the entry with fresh (or faux) florals and greenery.

LET'S BOWL
Place a tray or bowl on the entry table to drop keys, mail and sunglasses.

Photographer: Brie Williams + Architect: Court Atkins Group + Designer: Sharon Cleland, J. Banks Design Group

J. BANKS

DESIGN GROUP

Hilton Head Island · Charleston · Denver



Capturing the Lowcountry lifestyle that is uniquely yours.

Over 34 years of residential & hospitality design.

jbanksdesign.com | 843.681.5122 | info@jbanksdesign.com

Retail Store: 35 N. Main Street, Hilton Head Island, SC

BEFORE & AFTER

Into the light

CHECK OUT THIS STUNNING KITCHEN RENOVATION IN PALMETTO HALL.

With spring just around the corner, the owner of this Palmetto Hall home knew it was time for a kitchen refresh. She envisioned an open and bright space that lightened up the kitchen's existing dark features, and she also wanted a more casual dining space to enjoy with friends and family. StoneWorks, the company hired to complete the project, shared a few details on the beautiful improvements.





SOLID AS A ROCK With the help of StoneWorks designer Rhonda Schwarz, the owner chose Viatera Karis Quartz countertops and a 3-inch, miter-edged island.

AIC
ADVANCED INTEGRATED CONTROLS
CONNECTING YOU TO THE WORLD

Serving Bluffton, Hilton Head & Palmetto Bluff
(843) 836-5700
365 Red Cedar ST, Suite 301 Bluffton, SC
www.HiltonHeadHomeTheater.com







PALLADIOM

SHADING SYSTEM

LUTRON

A minimalist language that redefines the norms of technology, craftsmanship, and style.





LOWER THE BAR The existing space included a raised bar and backsplash that resembled wood paneling. The owner decided to lower the bar to create a more open- kitchen concept. She also replaced the wood-like backsplash with Walker Zanger Opus Anticato Calacatta, which is a high-honed marble mosaic.



PLANTATION CABINETRY

19A Dunnagans Alley
843.785.4320 • plantationcabinetry.com







FINISHING TOUCHES
In addition to installing the quartz countertops and backsplash, the owner updated the hardware, painted the cabinets and installed new lighting. She purchased her new counter stools from Coastal Home Furnishings on Hilton Head Island.

MISSION ACCOMPLISHED
StoneWorks was proud to help the owner recreate her kitchen space. The end results are swoon-worthy!



Buy it or try it

THIS TIDEWATER LANDING HOME COSTS $6.89 MILLION, BUT ITS INSPIRATION IS FREE



PRO TIP
Remove your flower plant from the plastic container and place in a clear glass vessel, allowing dirt and roots to add a ***natural twist****.*



This Lowcountry masterpiece is nestled on a secluded 1.78-acre, deep-water double lot in the exclusive gated Tidewater Landing gated community on Hilton Head Island. It is listed by The Nickey Maxey Team for $6,895,000. Built by H2 Builders, every space in this award-winning home is thoughtfully designed and perfectly constructed.

If you're not ready to move but are as awestruck by this home as we are, let these ideas inspire your next home refresh.

What we love

Fifty shades of gray. Two adjacent seating areas work so well together because they are not matchy-matchy but complementary tones of gray and beige. Each area is so distinctive that in one we want to sip a rosé and in the other, cozy up with a tumbler of bourbon. You guess which is which.

Ideas to steal

1. Stack 'em. *Stacked books are classy, personal and make a statement so your coffee table looks effortless yet well-read.*

2. Fresh flowers. *The simple white flowers are elegant yet casual. You can't go wrong with fresh flowers.*

3. Soft touch. *The puffy cushions add texture and create an inviting place to sit. The velvety fabric on the arm chairs and fun, furry pillows soften the stone floor and metal tables and lamps.*

4. Layer color. *Don't be afraid to mix up shades of one color. Here, the gray, greige and patterns create a seating area that you want to dive into.*

Just the facts

- *8,025 square feet, 1.78-acre lot*
- *5 bedrooms, 7 bathrooms*
- *7.5 car garage*
- *600 bottle wine cellar*
- *State-of-the-art technology, home theater, billiard room, home gym, negative edge pool. Covered pier to deep water dock and boat lift on Broad Creek.*



Be Distinctive.

Let Distinctive Granite and Marble supply you with the highest quality of material, unmatched knowledge, and unbeatable customer service.

www.distinctivegraniteandmarble.com

RIVERWALK 843.379.3237

HILTON HEAD ISLAND 843.689.3237

BEAUFORT 843.379.5012

POOLER 912.450.3400

Spring-cleaning secrets

LESSER-KNOWN CLEANING TIPS AND TRICKS FOR EACH AREA OF YOUR HOME.



BY MICHAELA SATTERFIELD

Everybody knows spring means it's finally time to clean out all the dust that settled during the dormancy of winter. The air is clearer, and the sky is brighter, so everyone is itching to make their homes a little more airy, too. Not to mention, living in the midst of a pandemic has left even the messiest among us more conscientious of how clean the spaces we inhabit really are. Vacuums and mops are enough to get you started, but what about those hard-to-reach nooks and crannies? We've got some tricks up our sleeves that will have your home spick-and-span in no time.



The kitchen

Start by cleaning a kitchen staple you may not traditionally think to clean: the sponge. It's bound to get grimy cleaning all those pots and pans. Fill the sponge with water and microwave it for two minutes – it'll be good as new. Speaking of dirty dishes, what are you going to do about that bottle with the skinny neck that's just been sitting there since you don't know how to clean it? We recommend grabbing some rice. Add rice, water and a drop of soap into a bottle or jar that won't fit a sponge, then shake it up to clean it. If you've nixed the old-school hand-washing method, you'll need to clean your dishwasher. Fill a mug with white vinegar and place it on the top rack, then run a normal cycle. While that's going, check your cooktop. If it needs some polishing, make a simple paste of baking soda and hydrogen peroxide. Use a damp cloth to spread it on your cooktop, then wipe it off. To polish stainless steel silverware, make another baking soda paste with water instead of hydrogen peroxide. Be sure to rinse it off thoroughly. Take care of any weird smells coming from the refrigerator by leaving some coffee grounds in a dish on a shelf until the odor goes away. Finally, grab a toothbrush to clean the grout between your tiles.

Your New Home Deserves Nothing Less Than Sierra Pacific.



We could tell you about the superb quality and distinctive designs of Sierra Pacific windows and patio doors. However, what you really want to know is whether the morning sun will warm your bare feet in your new bedroom. When you throw open the French door in your new dining room on a perfect Spring day, will the outdoors burst in like a fragrant blessing? Will life pause as a glowing sunset turns your new living room to gold?

The answer is Yes.

Upgrade to Sierra Pacific Windows. There are more expensive windows. But none more impressive.

SIERRA PACIFIC™
WINDOWS THAT NEVER COMPROMISE
A DIVISION OF SIERRA PACIFIC INDUSTRIES

ESPY LUMBER COMPANY
ESTABLISHED 1988

HILTON HEAD
147 ARROW ROAD
(843) 785-3821 · (843) 842-9053 FAX
WWW.ESPYLUMBER.COM

OKATIE
CHERRY POINT BUS. PARK · HWY 141 & 170
3785 ARGENT BLVD. · (843) 379-5000
(843) 379-5001 FAX

The bathroom

Hopefully you saved that toothbrush, because you're going to need it again. You can use a toothbrush to scrub many things, such as faucets and drains. If the culprit is soap scum, scrape it with mashed eggshells. While cleaning all that, you may notice your reflection looks blurry in the mirror. Pour one part rubbing alcohol, one part white vinegar and two parts distilled water into a spray bottle. Spray the mixture on your mirror and wipe it off with a cloth. Once you have the surface areas looking shiny and new, it's time to dig deeper. If your drains are clogged, pour one cup of baking soda and one cup of white vinegar down them and let it fizz. After ten minutes, wash it down with some boiling water. While you have it out, fill a quart-sized bag with some white vinegar and tie it around your showerhead. Let it soak overnight, then remove it in the morning. Grab some dirty towels and throw them in the washing machine with your plastic shower curtain or liner and some detergent. The towels will scrub the shower curtain clean. Hang it back in its normal spot to dry.



MIRROR MIRROR
Make your own glass cleaner with white vinegar, rubbing alcohol and distilled water.



The laundry room

The washing machine may be used to wash other things, but sometimes it needs to be washed, too. Set the washing machine on the hottest, longest setting. Fill it with water and add one quart of white vinegar and one cup of baking soda. Run the cycle once, then run it again with plain water to rinse. This can work for front-loading machines, too. Just put the vinegar and baking soda in the detergent drawer. Make sure it doesn't overflow. Before you close the door and move on to the next room, mix one cup of bleach and two cups of warm water. Dip a cloth in the solution and wipe down the door.

The bedroom

We're not done with the washing machine just yet, though. Did you know you can wash your pillows in it? Place pillows in the washing machine and use a gentle cycle. After that, fluff the pillows in the dryer on low with some clean tennis balls. If your pillows are made of foam, though, skip the machine and handwash them. Spritz your mattress with vodka twice a year to absorb bad smells. An alternative is to sprinkle baking soda on it, then vacuum it up after letting it sit for an hour or two.





The other rooms

These tips apply to surfaces you'll find in almost every room. To get rid of dust, wipe it away with a damp cloth soaked in water and a tiny drop of soap. If you use a dry duster, you'll just be rearranging the dust. A lint roller can get dust off of cloth lampshades. Run a pillowcase over your fan blades to trap dust so it doesn't fall to the floor. Speaking of the floor, after all the dust is taken care of, it's time to clean it. Cover any carpet stains in a pile of salt, leave it for around three days, then vacuum it up. What about hardwood flooring? If you see any scratches, soften a crayon that matches the wood stain in the microwave, rub it into the scratch and scrape off remaining wax with a credit card. Last but not least, don't forget your windows. Mix eight parts water and one part white vinegar in a spray bottle, spray your windows and wipe them off with a coffee filter. Now that the windows are clean, there's only one thing left to do: enjoy the view outside your home as the world bursts into spring. LL

THE REWARDS OF CHOOSING WISELY.



BUILDING LOWCOUNTRY LUXURY, ONE HOME AT A TIME.

houzz

boshawresidential.com I 843-837-8407

10 PINCKNEY COLONY ROAD,SUITE 501 BLUFFTON, SC 29909

BOSHAW RESIDENTIAL

Custom Home Building & Renovations

Bridgerton-inspired design ideas to transform your home



©NETFLIX



©PINTEREST

BLUE STAR Wedgewood Blue is the signature color of the series.

Obsessed with Netflix's hit show Bridgerton? Transform your space into 19th-century England with these Bridgerton-inspired home decor elements from Homes.com.

BY ANDREA BRUSIG

The Netflix show Bridgerton has leapt out of England and taken the world by storm. The show's motif has left some craving 19th-century English elegance in their home. While a total redesign to model Daphne's high-society courtship might be out of a normal budget, Homes.com compiled these ***DIY tips to transform a space with Bridgerton-inspired decor elements***.

Soft blue color palette

Often gathering in their sitting room, the Bridgertons' furniture, wallpaper and decor accents reflect shades of pale blue and off-whites. According to an interview with Bridgerton's production designer, Will Hughes-Jones, the color Wedgewood Blue is the family's signature color in the series, and reflects the inspiration of the character's gowns, room themes and plot progression. If blue isn't your cup of tea, soft color shades in any hue can still leave you feeling like you've stepped into a timeless period drama.



PEARCE
SCOTT
ARCHITECTS

6 State of Mind Street, Suite 200
Bluffton, SC 29910
843.837.5700
www.pscottarch.com
info@pscottarch.com

Your own art gallery

Okay, maybe you don't want a giant oil painting of your family hung in your living room — we understand! However, art plays an important role in the show's storyline, and can be an easy addition to your home's decor. Hang artwork or photographs in a central area of your home — perhaps a hallway, entryway or staircase — or create your family's own art gallery wall. To get the full Regency-era effect, try framing your pieces in frames with embellishments and detailed design work. Think Cottagecore on this one.



©PINTEREST

GOLDEN OPPORTUNITY Embellished gold frames add 19th-century elegance to 21st-century decor.



©PINTEREST

SHINY & BRIGHT Metal Metallic details and a grand chandelier add an easy, Bridgerton-inspired charm.

Small details

One of the first introductions to the Bridgerton family occurs at the home's grand staircase. A complete entryway remodel may be out of the question for most of us, but you can give your staircase an easy, Regency-era upgrade by adding black and gold iron railing. Viewers also will note the use of brass in door handles, decor pieces and even light fixtures — all easy additions to your home. Start by adding metallic handles, accents and embellishments in your kitchen or bathroom, or switch out your main light fixtures for chic, elegant chandeliers.

If chandeliers aren't your thing (or aren't in your budget), gold candles will give your home a similar regal effect. To top it all off, try your hand at a simple, DIY marble countertop to complete your home's elegant interior.

Luscious greenery

The outdoor scenes in Bridgerton greet viewers with picturesque greenery and luxurious gardens. From the trees to the plants, everything is perfectly pristine and meticulously manicured. Hiring a professional landscape artist may not be in the budget, but that doesn't mean you can't up your greenery game. Plant some white and pink rose bushes, wisteria, lavender, cherry blossom trees and other greenery to get a stunning garden inspired by the show's use of floral design. *LL*





©PINTEREST

FLOWER POWER Recreate the luxurious gardens of Bridgerton with white and pink rose bushes, wisteria, lavender and cherry blossom trees.



THE TIME OF *your* LIFE.

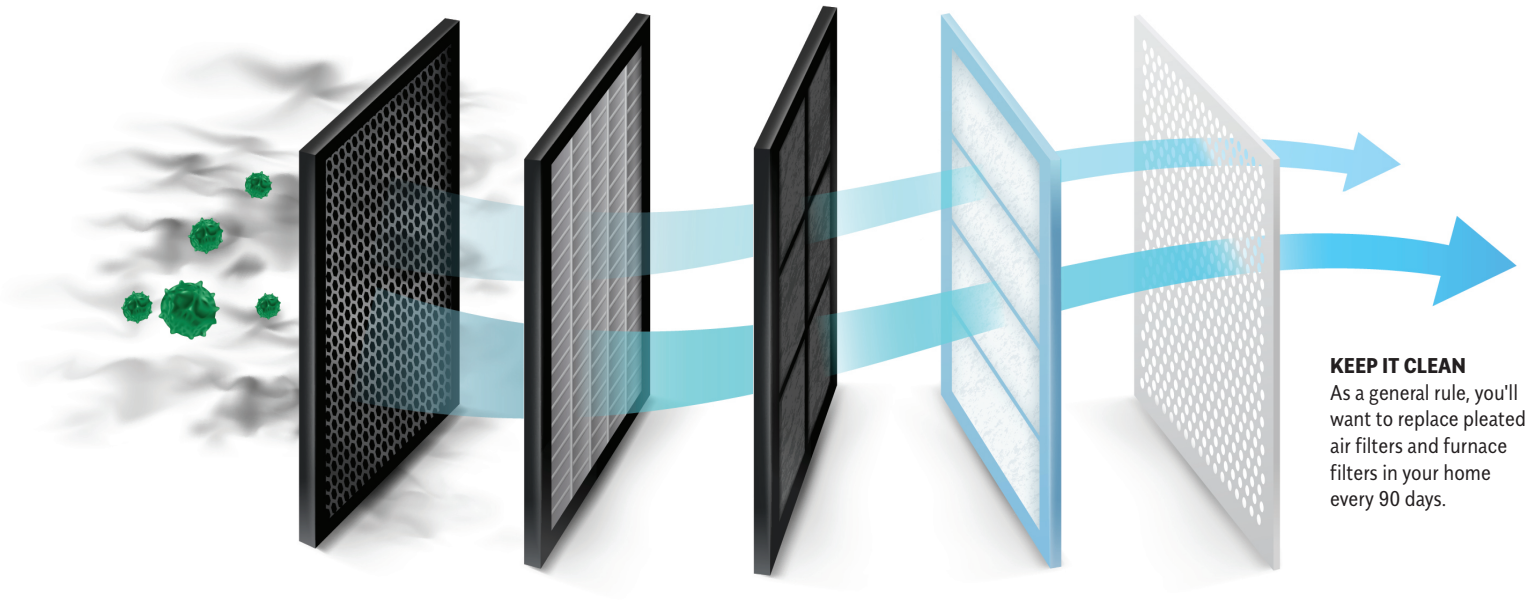
Home is where we take a moment to breathe and reflect on what matters most. Where we connect all the little things that make up the life we have. It's where time is invested, enjoying what we love, dreaming about our future, living a purposeful life.

Time is our most valuable asset. Where we spend it makes all the difference.

If you can dream it, we can build it. A future that tells the story of who you are, in a home that represents the life you want to live. Open the door with a call today, and we'll help you build a bright tomorrow.

BrightonBuildersSC.com | 843.837.1119

BRIGHTON
BUILDERS



KEEP IT CLEAN
As a general rule, you'll want to replace pleated air filters and furnace filters in your home every 90 days.

It's time to clear the air

REDUCE INDOOR ALLERGENS THAT CAN TRIGGER RESPIRATORY PROBLEMS AND OTHER ISSUES WITH THESE INDOOR AIR QUALITY TIPS FROM LOCAL EXPERTS.

STORY BY LUCY ELAM

Everyone wants to be comfortable when they are inside. We want our indoor air to be fresh and to feel just right. The air outside is often too cold, or too warm — especially in the Lowcountry. Humidity is a real hassle and has a significant impact on your comfort. There also are dust, dirt, and allergens to keep out, not to mention coronavirus and a whole host of other viruses, bacteria and pathogens. These can build up inside and make your indoor air less healthy than the air outside. How can you take control of your indoor air quality? To find out, LOCAL Life reached out to Jennifer and John Tuckwiller, leaders of Carolina Air and local experts on air quality in the Lowcountry. ***Here are several things to keep in mind to ensure good air inside your home.***



Don't sweat it

Even if you get the temperature set where you like it, you still may not be comfortable if the humidity is not right. Here in the Lowcountry, we struggle with high humidity. As the temperature rises, so does the humidity. And while you may not be comfortable, mold and dust mites are right at home in humidity. To get the humidity out of the air, you have to get the moisture out of the air. A great way to take control of humidity in your home is with a ***variable speed system***. These systems run more frequently than single-speed systems, and the more they run, the more moisture they remove from the air, so they're effective for humidity control and also are more efficient — a double win! For additional humidity control – even when you don't need heating or cooling – you can have a standalone ***dehumidifier***. A ducted dehumidifier is a great way to wring out humidity from the air so you can be more comfortable and save on utilities.



KPM flooring

STONE ○ TILE ○ AREA RUGS ○ WOOD ○ CARPET

35 MAIN STREET, SUITE 110 ○ HILTON HEAD, SC 29926 ○ (843) 342-4955

WWW.KPMFLOORING.COM



CAROLINA AIR, INC.

Purchase a New Carrier HVAC – Increase Comfort & Get Cash Back

If your AC system is past its prime, now is a great time to call Carolina Air and get up to $1,650 in Cool Cash rebates, or take advantage of our friendly financing options.

Cool Cash rebate ends May 31.
Financing subject to credit approval.

2020 PRESIDENTS AWARD 2019 PRESIDENTS AWARD 2021 PRESIDENTS AWARD 2018 PRESIDENTS AWARD 2017 PRESIDENTS AWARD

WE'RE THE MOST AWARDED HVAC COMPANY IN THE LOWCOUNTRY

(843) 524-2581 www.carolina-air.com

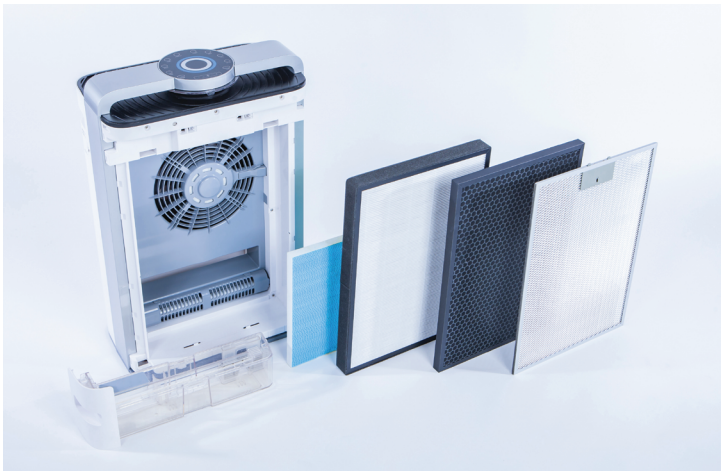
#nofilter

Your air should not only be comfortable, it should be safe. The first line of defense is your system's air filter. The filter traps large particles of dust and dirt. For extra protection, you can get filters that have microbial protection to kill germs. It's really important to ***check and replace your air filter regularly***. Some filters need to be checked monthly, while others may last for a year. But all filters will get dirty over time and should be replaced regularly.



Disinfect & protect

For the cleanest and healthiest indoor air that is protected against allergens, bacteria, and viruses, you can add an ***air purifier*** to your system. These use a combination of superfine filtration, UV lighting, ion, and photocatalytic technologies that are excellent at capturing allergens and eradicating pathogens. Some have even been successfully tested against the Covid-19 virus. *LL*



PURE JOY Air purifiers help capture allergens and eradicate pathogens.

TOP PICKS

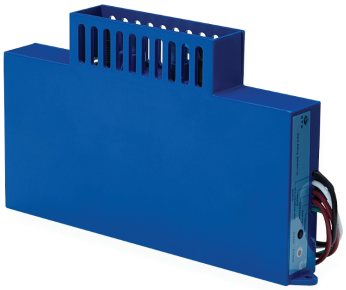
Equipment suggestions from Jennifer and John Tuckwiller of Carolina Air.

Slow & steady

CARRIER INFINITY 20 HEAT PUMP WITH GREENSPEED INTELLIGENCE



The unique, variable-speed compressor paired with Infinity control allows this system to adapt its output to the needs of the home. It gives only the amount of cooling or heating necessary while ensuring incredible energy efficiency and quiet operation. Since it operates at lower speeds for longer times, it has excellent humidity control, improving your indoor air.



Gotta keep an ion it

GPS AUTO CLEANING IONIZATION SYSTEM

This solution can be added to virtually any HVAC system. It's a whole-home solution that is proven to eliminate pathogens, including coronavirus. It inactivates viruses in under 30 minutes with patented technology that uses positive and negative ions.



Air defense

CARRIER INFINITY AIR PURIFIER

This whole-home solution can be added to your existing Carrier heating and cooling system. It uses Captures & Kills technology to inactivate 99 percent of select airborne pathogens trapped by the MERV 15 filter, including coronavirus, bacteria and other pathogens.

Closet Therapy
De-stress While You Dress.



Call for a free in-home design consultation and estimate.

Custom Closets Pantries Laundry Rooms Home Offices Garages Wall Beds

40% off *plus Free Installation**

Ask your designer how to save even more!

*40% off any order of $1000 or more; 30% off order of $700-1000. Free installation on order of $600 or more.



Closets byDesign

Personalized solutions for any budget.

closetsbydesign.com

843-225-6725 LL

HOME TECH

Home tech has come a long way, baby

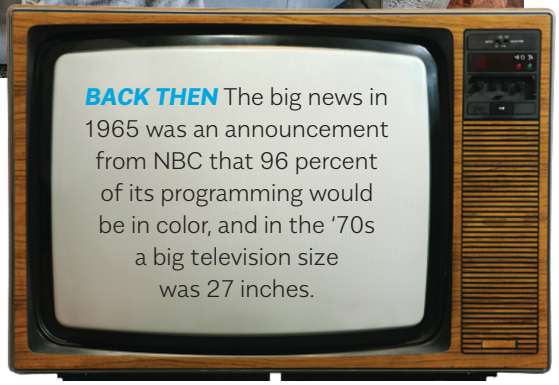
TAKE A TRIP DOWN MEMORY LANE

Depending on your age, you may have been the remote control for your parents' orders to "get off the couch and change the channel on the TV." You may also have been the light switch turner-offer when anyone left a light on upstairs. And you were probably the person who changed the albums on the record player, being careful not to scratch the record or knock the nickel off the arm where it was placed to prevent skipping. Yes, times have changed. We hope these memories and new technologies make you smile (and you can show the kids or grandkids how hard you had it as a child). Thanks to Custom Audio Video for sharing the new technology.



Must-see TV

NOW Today, 80-inch TVs are becoming commonplace, and Smart TVs are, well, smart. This Sony is 75 inches so you can stream movies with better-than-theater picture quality from the comfort of your living room.





Let there be light

BACK THEN A light switch turned a light on and off in each room. If you were lucky, your mom covered the switch plate with wallpaper to make it look more decorative.



NOW This Lutron RRD-W5BRL can turn on and off all the lights with one button and has up to seven buttons to customize what you turn on or off. It also can be programmed to dim and even open and close shades.



Sound effect

BACK THEN These consoles were all the rage in the '70s, even though the speakers were tinny and scratchy. At the time, you felt like you lived in the coolest house on the block.

NOW These top-of-the-line Bowers & Wilkins 702 S2s (left image) can blow the roof off and look good while doing it, shown here with a black gloss finish. With a system like this, you really will have the coolest house on the block.

©IMAGES PROVIDED BY CUSTOM AUDIO VIDEO

We've seen some changes





Through changing times, Custom Audio Video has remained your best choice for audio video solutions. During our 24 years of serving the lowcountry, we've seen technology evolve to become more efficient and consumer-friendly than ever. Trust our experts to help you find the best home automation and audio video products.

For a **FREE** review of our audio video and home automation options,

Call. Click. Or Come In.

843.815. 5130

www.custom-audio-video.com

CUSTOM AUDIO VIDEO

Expert Team - Smart Solutions

48 Pennington Dr., Suite B • Bluffton, SC

Celia Dunn | Sotheby's INTERNATIONAL REALTY

Company-Wide Top Producer



Catherine Donaldson
out of South Carolina

We are so proud of our entire family of agents working across Georgia and South Carolina. Each and every one consistently shows dedication to their clients and the art of living as embodied in the Sotheby's Brand. We'd like to take a moment to acknowledge the following CDSIR agents for their exemplary performance this past year.

Thank You and Congratulations!

South Carolina Top Producers



Renee Meighan



Judy Collins

Top Producer: Georgia



Taavo Roos

Georgia Top Producers



Casey Schivera



Helen Johnson

843.836.3900 celiadunnsir.com

Each office is independently owned and operated.

PRESENTS

Our 2020 Circle of Excellence

Top Team: South Carolina



The Nickey Maxey Team
Lindy Maxey, Nickey Maxey, Jolinda Fisher, Nicole Maxey Henry

Top Team: Georgia



The Ezelle Strong Team
Lavinia Strong & Carolyn Ezelle

Teams of Distinction



The Raehn Team



The Etheridge Group

Agents of Distinction



Betty Gargis



Skip Gilliam



Mary Vaux Bell



Monica McGoldrick



Annie Rockwell



Stewart Marshall



Ruthie Lynah Whitlow

THE ACCIDENTAL GARDENER

If you 'cotton to' grow cotton in your yard – read on!



Did you know that cotton has been around an exceptionally long time? The first evidence of cotton farming dates back 7,000 years to the Indus Valley in India, and seeds dating back to 450 BC were found in Peru. The Arabic people called it "Qutum" which is where we get the word "Cotton."

In fact, cotton has been around so long that its very name morphed over the centuries from a noun to a verb (most notably meaning to get along with or to like) and became a cliché or idiom (depending on one's perspective) as early as the late 1400s as evidenced by its use in the 1605 Play Stucley. To "cotton to" is an idiom meaning to like something.

Cotton is constantly surprising people with its applications and abilities. In bloom, cotton is reminiscent of its cousin, the hibiscus flower. Both are members of the Mallow family, and while it is a perennial shrub, cotton is primarily grown as an annual crop, which helps prevent the increase of its pest population (more on that later).

Cotton is sustainable, renewable, and biodegradable, making it an excellent choice as an environmentally friendly fiber throughout its entire product life cycle. The seeds are planted in the spring and harvested in the fall. All of the cotton plant is used — while fiber is the primary reason for growing cotton, the seeds are used for animal feed and human use (cottonseed oil), and the plant stalks are tilled back in the soil after harvesting. It takes about five to six months for the plant to mature and the bolls to open for harvesting.



Did you know cotton is not absorbent or pure white? It is actually a tannish color. It wears a protective coat of oils and waxes so it can't get wet and rot in the fields. To make it absorbent, the oils and waxes have to be removed. To make it white, the fiber has to be purified. Crane and Co. has been providing the U.S. government with paper for our currency since 1879. Our dollar notes are actually a blend of 25 percent linen and 75 percent cotton.

Two basic types of cotton have been grown in South Carolina. The cultivation of ***Sea Island or long staple cotton*** was restricted to coastal areas south of Charleston. Upland or short staple cotton was successfully grown in the interior of South Carolina. Some claim that the Sea Island variety was the highest quality cotton in the world. It had a long silky fiber or staple (1.5 to 2.5 inches) and could be spun into a thin thread that could be woven into the finest quality cloth and laces. Several types of long staple Sea Island cotton were grown, but the highest quality was grown only on the Sea Islands south of Charleston. It was especially significant on Edisto Island and in the Beaufort area.

Sea Island cotton production tapered out in the decades leading up to 1920, but the final blow was the invasion of a grayish beetle known as the boll weevil in the early 1900s. Cotton's



only natural enemy, the ***boll weevil*** destroyed 70 percent of South Carolina's cotton crop in two years.

The name of this insect was derived from its habit of laying eggs in the cotton plant's boll. The complete life cycle of the boll weevil only lasts three weeks. Despite a short lifespan, their damage can be devastating, as one female is capable of laying up to 200 eggs. These little grayish beetles have cost America's cotton producers more than $15 billion - from yield losses and costs to control the insect. It wasn't until the 1960s when scientists discovered the sex attractant pheromones of the beetle that true containment and eradication were achieved by creating a lure that could be used to trap the amorous boll weevils. Re-infestation of the pest would be devastating to the economy. Nationally, the cotton crop earns about $6 billion a year. A traditional staple of the South Carolina economy, cotton is the state's most valuable field crop and routinely covers 300,000 acres.

Therefore, if you've entertained the idea of planting cotton in your yard, please be advised that it is against the law. As a way of supporting boll weevil eradication, Congress put the Boll Weevil Eradication Equity Act in place. This act states that cotton may not be grown for noncommercial purposes without a special waiver issued by the state's plant board. Happy gardening! *LL*

Ask & Answer

Dear Accidental Gardener,

I dearly love my oleanders, but they are looking more straggly and spindly than my husband's hair. What can I do to make them full again? Should I just rip them out and replace them?

— Rueful in Rose Hill





Dear Rueful,

I hope you're referring to your plants and not your hubby. If it's plants, fret not! Just like humans, oleanders benefit from a good hair cut in early spring. Simply trim the top third of the branches down and your oleander will appear fuller and bouncier in no time at all.

Got a question for the Accidental Gardener? Email info@wearelocallife.com

HILTON HEAD EXTERMINATORS
ABOVE & BEYOND PROMISE

Sherrod Thurston

Pest Control Technician

"Sherrod is a great source of information and a very good technician. Being new to SC, I had many questions and he helped me understand this area from an exterminator's perspective. Much appreciated!"
- *Jeff S.*



HILTON HEAD EXTERMINATORS

HILTON HEAD: 843-681-2590
BLUFFTON: 843-706-9933
WWW.HILTONHEADEXTERMINATORS.COM

Providing Above & Beyond Service to Hilton Head & the Lowcountry Since 1968

Fish Haul Beach and Mitchelville Freedom Park

SECRET SPOT OFF THE BEATEN PATH







STORY + PHOTOGRAPHY BY MICHELE ROLDÁN-SHAW

Secret is a relative term: most seasoned locals know about ***Historic Mitchelville*** and the quiet stretch of ***Fish Haul Beach***. But it's not and never will be a Coligny, Sea Pines or Tybee with their T-shirt shops and tourist hordes — there's only so much beating the Fish Haul track can take. A shallow shoreline on Port Royal Sound that is as much mud flat as white sand, it's not too good for swimming. There's a parking lot, bathroom block and outdoor shower, but nowhere to buy drinks. Folks tend to come for the tranquility and wildlife observation — fishing egrets, fiddler crabs, deer tracks in the sand — not to flaunt their beach bodies. It's at the end of a dirt road, and you can run your dog without a leash, all of which recommend me to Fish Haul.

A friend tells me he remembers playing baseball at the diamond here (Barker Field) and riding four-wheelers on the beach. He had his first kiss at Fish Haul, proposed to his wife, and brewed coffee over a little fire to sit and drink with her each morning in two chairs looking out across the Sound. Fish Haul used to be the coolest place, in his estimation, before they ruined it. Granted, I never saw it back then; but as far as what you can find on Hilton Head that's to my taste, I still think it's pretty cool. I like the trees coming right up to the beach, the tea-colored stain of the water running down in a tidal channel to the sea. I like how nothing is well marked. You can park at the Fish Haul access, walk a little ways along the beach, then follow a sandy track tamped in the marsh grass and glasswort to reenter the forest via an intriguing trail-tunnel. Suddenly you are in a jungly pocket of Hilton Head the way it once was: palmettos, twisted live oaks, walls of vegetation matted together by wild grapevines, and an exotic subtropical feel that is miles from the strip malls, sports bars and cafes.

Follow these short but enchanting trails to marsh lookouts, secret trees, and eventually the Mitchelville Freedom Park, an important monument to local Black and American history. Here is the site of the



GO FISH The drive to Fish Haul Beach goes through a jungly pocket of Hilton Head; a reminder of the way the island used to be.

How to get there

Location: North End of Hilton Head Island

Mode of transport: Foot

If you go: Be sure to check out the exhibits about Historic Mitchelville, which include replicas of a Praise House, shotgun shack and a beautiful Gullah bateaux constructed by Native Islander Frank Kidd.



LAST BATEAU
Local waterman Frank Kidd built this bateau, now on display at Mitchelville Freedom Park. The flat-bottomed skiffs were used throughout Lowcountry history until the 1990s.



first self-governed Freedman's town in America, founded toward the end of the Civil War during the Union occupation of Hilton Head. White planters and their families had already fled to the mainland, so enslaved Blacks who remained behind were considered "contraband of war"— not yet freed, but no one was telling them to go back to their masters either. The progressively minded Major General Ormsby Mitchel set up a respectable town for them, as opposed to just a squalid camp, with orderly streets and decent dwellings. When he died of yellow fever shortly thereafter, the town was named in his honor. Citizens of Mitchelville elected their own officials, built churches and stores, and not only started a school but made it compulsory for children to attend — the first such law in the South. Mitchelville was heralded as a model for the way forward, and many Northern dignitaries and abolitionists came to see it, including Harriet Tubman.

After the Emancipation Proclamation, the population swelled to 3,000 residents; but when the Union Army left the area in 1868, it took a lot of jobs with it, and the people of Mitchelville began to trickle out into surrounding land to pursue a life of subsistence farming. Archeological evidence concludes that Mitchelville was mostly abandoned by the turn of the century, yet its legacy remains relevant as ever. Local Black islanders, many of whom are descended from Mitchelville's original inhabitants, are rightfully proud of their heritage as freedom pioneers, and they've worked hard to preserve this site. I'm grateful that I — we, all people — can come and enjoy the beach here, unlike at some of the neighboring private communities. It's a gift I don't enjoy without considering history and where we stand today. Thank you to our Gullah, Gullah-descended and Black-American brothers and sisters for enriching the Lowcountry with your lives! LL



28 Hunter Road on Hilton Head
Now open, our NEW Manufacturing Facility –
779 Robert Smalls Parkway in Beaufort

StoneWorks

CALL FOR YOUR PRIVATE APPOINTMENT
843-689-6980 | HILTONHEADSTONE.COM

WAYBACK LOWCOUNTRY

Black drink

THIS ANCIENT RITUAL BREW AND COFFEE SUBSTITUTE IS GROWING ALL AROUND US.

STORY + ARTWORK BY MICHELE ROLDÁN-SHAW



NATURAL STIMULANT
Yaupon holly berries are poisonous, but the leaves of the plant are caffeine-bearing and were used to make a coffee substitute back in the day called "black drink."

A group of sparsely clad men with sun-bronzed skin assemble around the council fire. As they sit and discuss, they pass from hand to hand a whelk shell fashioned into a dipper with its center rib removed, edges sanded smooth, and sacred designs etched upon its surface. Within this special cup is "black drink," as it was branded by European colonists who observed its thick dark appearance. But to the native people who brewed, shared and imbibed it much as they smoked tobacco, it was "white drink" — symbolic of purity, promoter of happiness, guardian of social harmony. For some tribes it was associated with Yahola, an immaculate sky deity entrusted with curing the people of illness.

You might never guess that this mysterious libation was based on a single plant most likely growing in your yard right now: yaupon holly. Also called cassina-berry by locals, this ubiquitous evergreen shrub is a member of the holly family and sports distinctive bright red berries in winter. But while the berries are poisonous, the leaves make yaupon the only caffeine-bearing plant native to the United States. Unlike coffee, cacao, kola or even its close cousin yerba mate, yaupon never has been commercially exploited on a large scale.

Black drink featured in native cultures throughout the Southeast. The leaves were parched in a ceramic vessel over the fire, which makes the caffeine more water-soluble (coffee beans are roasted for the same reason) then boiled in a potent brew. During its heyday, black drink spread beyond the confines of yaupon's native coastal range to reach as far as Cahokia, an enormous mound complex outside present-day St. Louis that was an important urban center prior to the devastation of European contact. Ceremonial earthen beakers found there are stained with a dark residue that has been chemically analyzed to show the same components as black drink, indicating that yaupon was an important commodity in a vast pre-colonial trade network.

Early settlers took up drinking it; yaupon is an English corruption of the name used by the Catawba of North Carolina, while the Span-

ish called it cassina, a word they borrowed from the Timucua of Florida. A Spanish priest chronicling life in 17th-century St. Augustine noted the rampant caffeine addiction with his words "any day that a Spaniard does not drink it, he feels he is going to die." Yaupon was even exported back to Europe under the name "Carolina tea." During the Civil War, when imported tea and coffee became scarce, Southerners of every stripe turned to yaupon for a fix. So why has it been all but forgotten?

One reason is that it came to have a negative association with poor country people who couldn't afford the finer things. But another major reason — and a bit of a historical conspiracy theory — is that a deliberate sabotage was made with its scientific name: *Ilex vomitoria*. Assigned by William Aiton, a British botanist and royal gardener who likely had close ties to the East India Company, this unbecoming name might have been intended to eliminate yaupon's threat to the tea trade. But the other part of the story involves differing accounts as to how native cultures used black drink. Sometimes it was drunk shell after shell all day in the council house to no ill effect; but other times it featured in special purgative ceremonies that involved ritual vomiting, often done before hunts, warfare or ball games. There is evidence that black drink sometimes contained emetic plants or even seawater. But there's also the common-sense theory that if you boil any caffeinated beverage down strong enough and ingest a ridiculous amount after fasting, you're certainly going to throw up. Whether the scientific name simply referenced this practice, or was an intentional slam to the competition, its influence has stuck — nobody wants to drink vomitoria.

Until now. yaupon tea is enjoying a resurgence, thanks to hip new companies like Charleston-based Yahola Tea, which specializes in wellness blends, and Florida-based Yaupon Brothers American Tea Company, which markets it as "the tea from here" and promotes it for energy and focus. Mainstream global tea blender Harney & Sons even has a tin of "Yaupon Black." But why not just pick it in your own backyard? Harvest a handful of leaves, toast them in the oven, then steep them in boiling water for a few minutes the way you would regular tea. If you really want to hearken back to the Lowcountry of yore, drink it out of a whelk shell! *LL*





23 Black Skimmer | *Located in the world-renowned Sea Pines Resort*

Take a glance at this incredible oceanfront home in the World-renowned Sea Pines Resort. Enjoy ocean breezes and breathtaking sunrise views from this refined level of luxury. There are only a few Hilton Head oceanfront homes that offer 6 bedrooms, 6 full bathrooms & 2 half baths spanning 7,900 square feet. This amazing Wayne Windham creation presents an impressive gourmet Chef's kitchen with top-of-the-line appliances & granite countertops, a family room with a gas fireplace, a formal dining room, a four-season room with retractable sliding glass doors for poolside entertaining, a temperature-controlled wine cellar, and an elevator. Completing the main level is a lavish Master bedroom suite with all the luxuries you would expect to find in a home of this magnitude. As you move up to the second level from a custom "open riser" circular staircase suspended by cable rails you will discover a recreation room with a full bar & multiple flat screens for viewing all your favorite sports teams. There is also an eight seated media room, a flex room that is perfect for a fitness area, a private office, and a covered veranda to enjoy while absorbing the majestic views overlooking the Atlantic. Once you step outside you will have the benefit of a beautiful custom pool & spa, a second covered veranda with a gas fireplace and professionally landscaped grounds. 23 Black Skimmer truly bestows the perfect world you have promised yourself. Offering price at $7,900,000.

Text 6435905 to 843-547-0131 for more details, photos and to view a 3-D Virtual Tour.



Mark A. Lynch
843.816.5888 | www.isellhiltonhead.com
6 Queens Folly Road · Hilton Head Island, SC 29928

DUNES real estate

DUNESREALESTATE.COM

LUXURY PORTFOLIO INTERNATIONAL REAL ESTATE

Leading REAL ESTATE COMPANIES OF THE WORLD

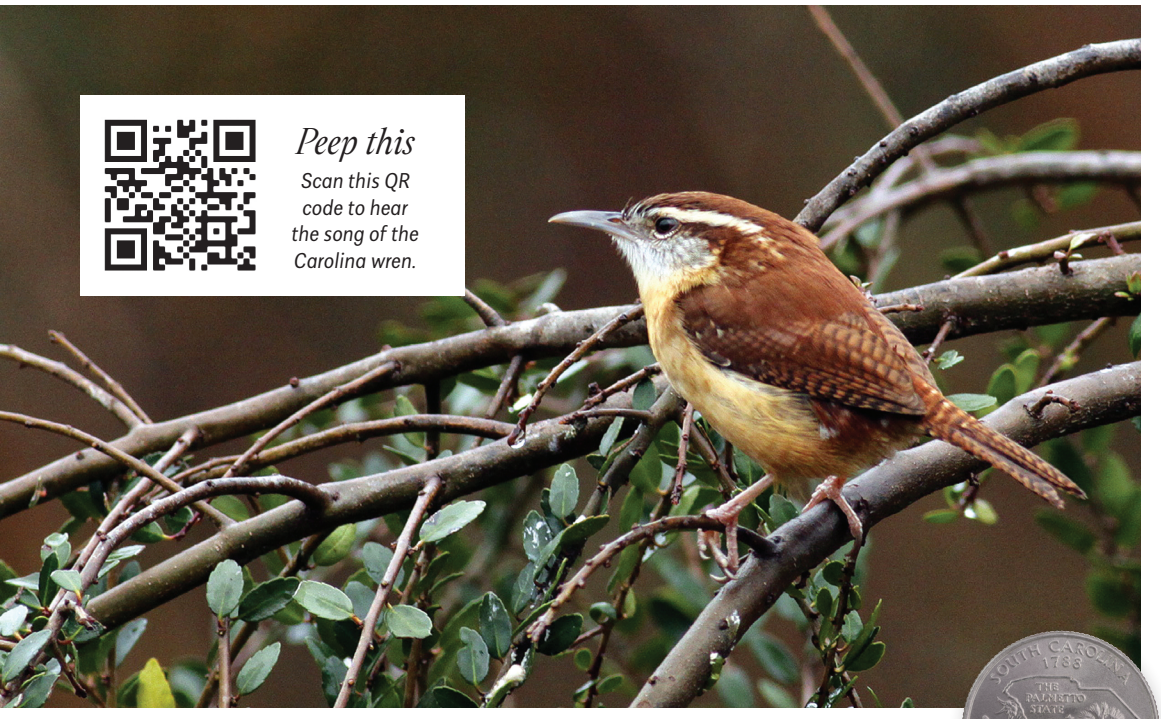
FREQUENT FLYER

Carolina Wren



TEA-KET-TLE, TEA-KET-TLE, TEA-KET-TLE, TEA-KET-TLE!

STORY BY LUCY ELAM + PHOTOS COURTESY OF WILD BIRDS UNLIMITED



Peep this

Scan this QR code to hear the song of the Carolina wren.



As a year-round resident of every corner of South Carolina, from the beaches to the mountains, the ***Carolina wren*** certainly seems a suitable choice for South Carolina's state bird. An adaptable dweller of forestlands, swamps, farms, and tree-filled human communities, the Carolina wren is distinctive in many ways. Despite their small stature, the males of this species can burst into song at alarming decibels, a tune that is easily recognized by its signature tea-ket-tle, tea-ket-tle, tea-ket-tle, tea-ket-tle sound. They sing all year long, day and night, regardless of weather. These wary birds are more often heard than seen, favoring territories with plentiful underbrush and substantial coverage to keep hidden. They forage for insects and seeds in tangles of vegetation on the ground with jerky hopping movements, and display skittish behavior when encountered by humans.

The males and females look very similar with rich, reddish-brown plumage, white eyebrow stripes, and upward-cocked tails. A pair bond may form between a male and a female at any time of the year, and the pair will stay together for life. Members of a pair inhabit their territory all year, foraging and moving around the territory together. A female Carolina wren is unable to defend her territory alone if her mate dies, so she spends much of her time watching for predators as they forage together. Carolina wrens prefer open cavity nests about 3–6 feet off the ground. In more urban settings, they're versatile nesters and often make use of things such as discarded flowerpots, mailboxes, propane-tank covers, and a variety of other items. Carolina wrens feel more secure with a place to seek refuge nearby, so you can increase your chances of attracting them to your feeders by providing a brush pile close to your feeding area and nesting boxes. LL

Fun Facts

- *Wren nests are fairly distinctive. The family name (Troglodytidae) comes from the Latin word for "cave-dweller," and a cavern is just what the nest looks like.*
- *A single male Carolina wren can sing up to 40 different songs – up to 3,000 times in a single day.*
- *The Carolina wren is featured on the South Carolina quarter, and intentionally killing one is illegal.*

Great places to see them

- *Jarvis Creek Park*
- *Sea Pines Forest Preserve*
- *Cypress Wetlands*

Carolina wren essentials

Find a full line of feeders, food and accessories for backyard bird feeding at ***Wild Birds Unlimited*** in Festival Centre at Indigo Park on Hilton Head Island. Now under new ownership.



Tube feeder

ACCESSORIES Carolina Wren mug

ECOTOUGH HOUSE WREN/CHICKADEE BIRD HOUSE Allows for proper drainage and ventilation to keep the nest and babies dry and has an ideal floor size for wrens.

NESTING MATERIAL To further entice wrens to use a nesting or roosting box, hang nesting material, such as alpaca fleece or Wild Birds Unlimited Nesting Material Ball, to encourage them to take up residence in our yard, and will add to your viewing pleasure as they will spend more time in your yard gathering their nesting materials.

FEEDERS
Tube
Hopper
Platform/Tray
Ground



FOOD
Sunflower seeds
Suet
Shelled peanuts
Mealworms

FETCH
MKT.

A luxury gift shop where **100%** of the profits go toward saving abused animals at Noah's Arks Rescue.



PURCHASE-WITH-A-PURPOSE

Noah's Arks rescue

Noah's Arks Rescue is a 501(c)3 not-for-profit organization that supplies emergency medical, surgical, and rehabilitation to tortured and abused dogs.



Wednesday – Saturday
11am – 4pm

231 Hazzard Creek Village,
Suite 5, Ridgeland, SC

843.987.0405
FETCH-MKT.COM

WHAT'S BITING IN APRIL?

Wonderful wahoo

SECRETS FOR CATCHING THIS HIGH-SPEED, ORNERY AND TASTY FISH MORE EFFECTIVELY

STORY + PHOTOS BY COLLINS DOUGHTIE

April is a five-letter word, right? If you are wondering if I just finished grade school and got a cookie for spelling, then think again because the five-letter word I really had in mind was w-a-h-o-o. Quite honestly, I had to use my fingers to see if April and wahoo had the same number of letters. Pretty sad, huh?

Far from shore

A lot of people aren't familiar with this fish, and rightly so. To catch them, it's generally a 50- to 70-mile run offshore. Rarely do you see wahoo on restaurant menus, so what is the appeal to so many local anglers? If you've caught one, you know. While growing up fishing in the Gulf Stream, we did not specifically target these fish. We caught wahoo occasionally as we targeted mahi and tuna, usually on large silver spoons. As far as I can remember, the techniques for catching just wahoo were not there.





HOW TO CATCH THEM Wahoo love flashy skirted lures and natural bait like ballyhoo. They also like heavy, bait-free lures trolled impossibly fast (15-20 knots). Just make sure you're ready, as they can peel off 300 yards of line in the blink of an eye.





REEL LEGENDS Don McCarthy is shown with an 80-pound "hoo." Author Collins Doughtie is also shown with a striped speedster.

Speedsters of the deep

Talk about an exciting fish when hooked. Wahoo are the bomb. Able to top 50 mph, a large wahoo hits trolled baits with total abandon. At times they come from below and explode 10 feet in the air with the bait in their mouth. The moment they hit the water, they take off like a Maserati. With a mouth that can open impossibly wide and lined with razor-sharp teeth, when hooked they shake their head back and forth like a bulldog playing with its favorite stuffed toy. It's this combination of attributes that put them near the top of my fish list, and April is THE month to catch ones that can top the 100-pound mark.

Take the bait

With the advent of new techniques, it is now possible to catch wahoo and only wahoo. With an eye for flashy skirted lures and natural bait like ballyhoo, the biggest discovery was heavy bait-free lures trolled impossibly fast. Called high-speed trolling between 15-20 knots, you had better have your i's dotted and t's crossed. Imagine an 80-pound wahoo traveling at 50 mph hitting a lure that is but a blur in the boat's wake. I have had ones hit so hard that they peel off 300 yards of line in the blink of an eye. What a fish!

Now you sashimi

For me at least, best of all are the vibrant blues and purples of a freshly hooked wahoo that seem to pulsate in the insanely bright blue water of the Gulf Stream. Secondly, as soon as the fish is on board, I like to cut out a chunk of meat, cut it wafer thin and dip the pieces in soy sauce. Tuna can't touch a wahoo for fresh sashimi. The flesh is firm and tender no matter if grilled, broiled or fried. So, remember the only month with five letters, and that is the month when the wahoo bite is on fire. I guarantee after you catch your first one, you'll be forever hooked. Wahoo! *LL*



LOCAL LIFE TEST KITCHEN

Wahoo sashimi

INGREDIENTS

1 fresh wahoo
3 teaspoons wasabi powder
1 teaspoon water
Soy sauce (for dipping)

DIRECTIONS [1] Filet and cut wahoo into bite-size pieces. **[2]** Mix wasabi powder and water in a small bowl. Stir bowl for one minute. **[3]** Top raw wahoo pieces with wasabi and dip into a quality soy sauce.

RECOMMENDED INGREDIENT

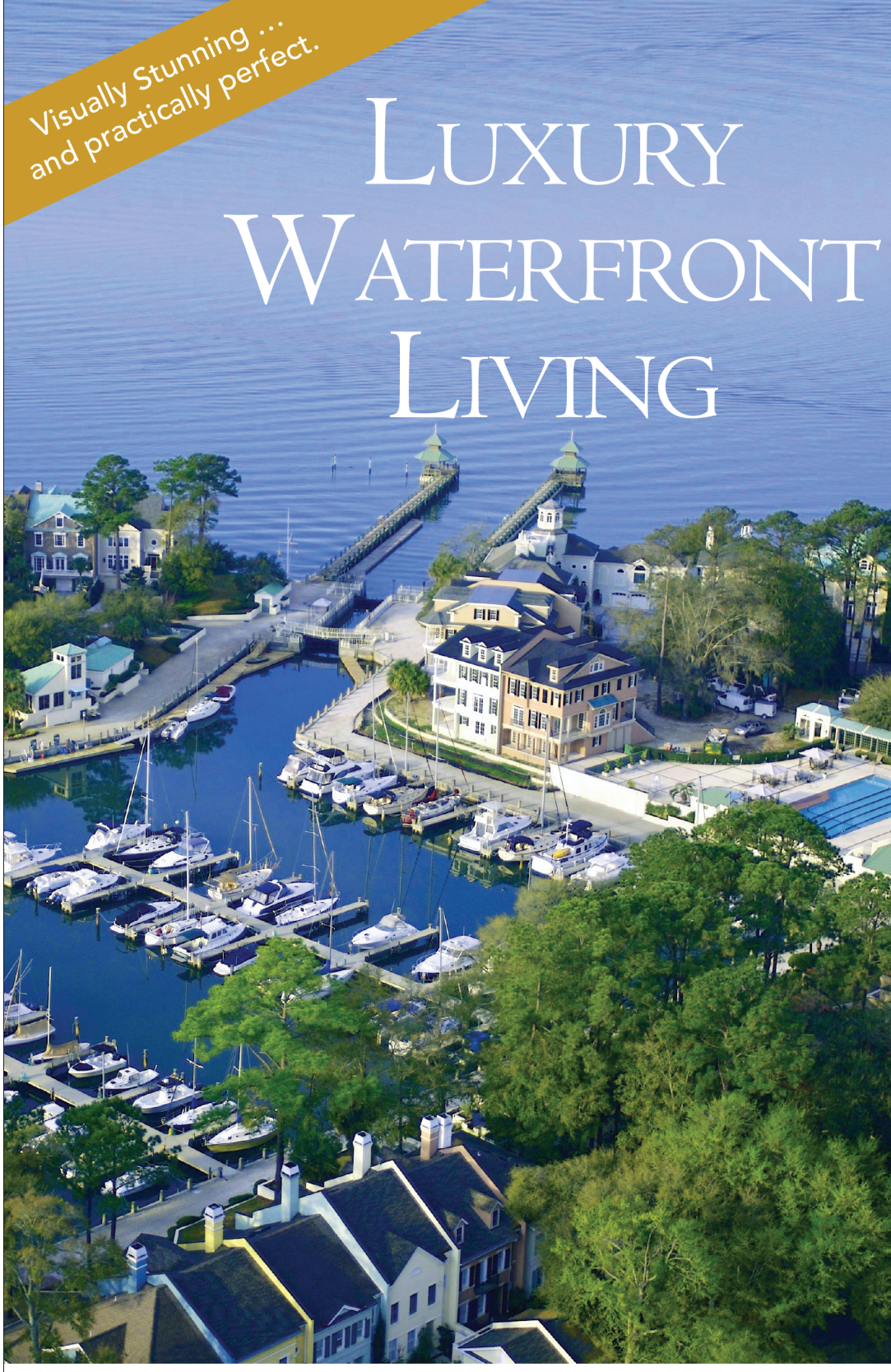


Yamaroku Tsuru Bisiho soy sauce: A rich, mellow Japanese soy sauce that has been aged for four years in a kioke, a traditional wooden tub used for fermenting food.



RECOMMENDED PAIRING

Pewsey Vale Riesling: This Australian wine, available at ELA'S On the Water, offers intense aromas of fine dried herbs, white flowers, lemon and lime.



WINDMILL HARBOUR
HILTON HEAD ISLAND, SC

Phone: 843-681-5600 | info@richardsongrp.com
www.WindmillHarbour.org



LOCAL Life illustrator Megan Goheen hit the books to create this digital oil painting, inspired by Captain John Stoney's "Saucy Jack" ship. "I read multiple articles about the appearance of the ship and took inspiration from other paintings that featured merchant vessels in the 1800s," she explained. ***Read all about the "Saucy Jack" on page 102.***

Hilton Head's untold history

REVISITING LESSER-KNOWN EVENTS AND INDIVIDUALS WHO CONTRIBUTED TO THE ISLAND'S FASCINATING STORY.

STORIES BY RICHARD THOMAS

During the 500-year span of Hilton Head's recorded history, many well-known people have been involved in events of national significance that happened on or near the Island. Throughout that same period, lesser-known individuals and events also contributed to the fascinating story of our past in ways that are impactful and notable in their own right. This will be an attempt to bring some of them into the spotlight so they too can be acknowledged and appreciated appropriately.

©MEGAN GOHEEN



Mackays (Pinckney) Island

Shortly after the settlement of the Province of Carolina, the owners of the lands, called the Lords Proprietors, invited the Yemassee Indians to inhabit the area in the southern part of the provincial territory so there would be a buffer between the English colony in Charleston and the Spanish in St. Augustine. The Indians began to arrive in the area of the Port Royal Sound in 1683 and had fully inhabited Daufuskie and Hilton Head Islands by 1685. In 1684, a Scottish colony named Stuart Town was established on Port Royal Island, but a surprise sea attack by the Spanish destroyed the colony two years later. In the meantime, the Yemassee had become allies and trading partners of the Scots in Stuart Town, and Hilton Head had been leased by the Lords Proprietors in 1685 to the Yemassee Chief Altamaha.

The Scots retreated to the safety of Charleston after the Spanish attack, and English traders from that colony began to exploit the inroads that the Scottish traders had made when in Stuart Town. Unwilling to venture deep into "Indian Territory" and be so close to St. Augustine, they sought adventurers who would. One of the settlers of Stuart Town, ***Alexander Mackay***, became one of the first to receive a land grant from the Lords to settle the southern part of the province. Mackay received a grant of 200 acres on an island, part of which was a 1694 land grant to the Osbourne family. It had been occupied by the Yemassee as a lookout station for the Council of Safety of the Province. With an Indian fort at its north end, it was called Lookout Island by the natives, and it became known as Mackays Island in 1708, serving as a frontier trading post for the Indian trade out of Charleston.



When the Yemassee War broke out in 1715, Mackay became a colonel in the Beaufort District Militia and led repeated defenses against the marauding Yemassee warriors in the area over nearly 10 years. By 1725, Mackay had acquired the rest of the island's acreage, and he lived there until his death in 1734. His wife sold the land to Charleston lawyer Charles Pinckney in 1736, from which time it was known as Pinckney Island. *LL*



Personalized Concierge Services • 30+ Years of Experience in Aviation
Locally Owned & Operated

Aloft's charter providers and aircraft are selected with safety as our utmost concern and only the highest independently-rated carriers fly our clients. We utilize a small, stable network of quality operators who consistently provide excellent service.

Ready to go when you are.

Call or visit our website for destinations and a free, no obligation quote anytime!

774.228.3760 aloftaviationmgt.com NBAA

Aloft Aviation Management LLC, acting as an authorized agent for its clients contracts for transportation services with only CFR Part 135 Air Carriers in good standing who operate and exercise full operational control over those flights at all times. Aloft Aviation Management LLC is an Air Charter Broker and not a Direct Air Carrier.



WELLS FARGO ADVISORS



Front Row: Gary T. Bezilla, Alan D. Kinney
Back Row: Elizabeth S. Cutshall, Jim C. Cuppia, Joan M. Hayes, Katie C. Phifer

Depth & Experience

is what we believe distinguishes us from other financial advisors. Our Credentials, Accolades, Planning Based Approach and Fiduciary Responsibility are what makes us an exceptional choice for those interested in responsible investment planning.

Contact us for a comprehensive second opinion review of your retirement and investment strategy.

www.bezillakinneywmg.com

BEZILLA KINNEY
WEALTH MANAGEMENT GROUP
of Wells Fargo Advisors

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC.

SAVANNAH 912.921.3422
HILTON HEAD ISLAND 843.681.1400
BEAUFORT 843.982.1506

Forbes BEST-IN-STATE WEALTH ADVISORS 2021 SHOOK RESEARCH

INVESTMENT AND INSURANCE PRODUCTS:
NOT FDIC INSURED | NO BANK GUARANTEE | MAY LOSE VALUE

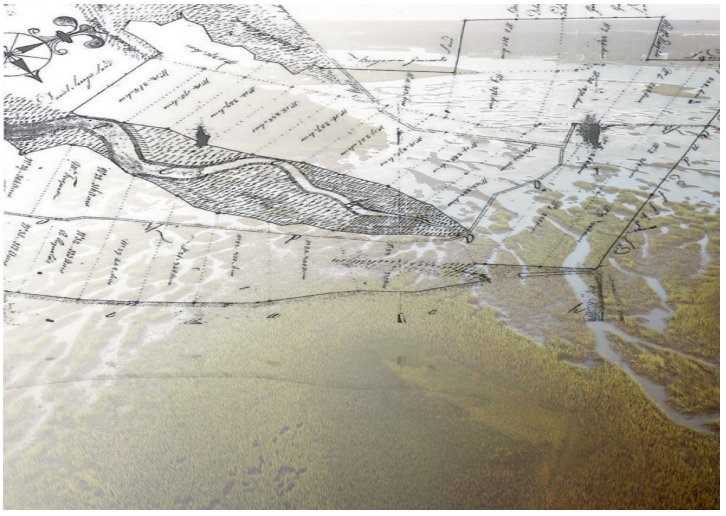
The Forbes Best in State Wealth Advisors ranking algorithm is based on industry experience, interviews, compliance records, assets under management, revenue and other criteria by SHOOK Research, LLC, which does not receive compensation from the advisors or their firms in exchange for placement on a ranking. Investment performance is not a criterion. CAR-0719-01448

Bailey's Barony

The Lords Proprietors of Carolina sought to stimulate settlement of the province outside of Charleston beginning around 1690 as the Yemassee began a mass migration to the north and west away from the coast. They awarded large grants of land to men who had helped them in commercial endeavors. ***Lord John Bailey*** of Tipperary County, Ireland, was one such man. Lord Colleton and Lord Somerset, the latter known as the Duke of Beaufort, decided in 1698 to honor Bailey's support by granting him close to 40,000 acres, later known as Bailey's Barony. Approximately half the land was on the banks of the Santee River, while another 18,000 acres were on Hilton Head Island, comprising the entire island other than land along Skull Creek and Port Royal Sound, known as the North Shore, which the Lords Proprietors reserved for themselves and later grants.

Bailey had the lands surveyed at the time of the grant and selected certain locations for his personal use. On Hilton Head, he wrongly identified acreage near Dolphin Head for himself and named it Ballinaclough at Dolphin Head after his ancestral home in Ireland, but neither he nor his sons, as heirs, ever set foot on or lived on the Island. Reclaiming the Dolphin Head land in 1717, the Lords Proprietors then granted 1,000 acres, inclusive of the Dolphin Head parcel, to Colonel John "Tuscarora Jack" Barnwell for his service in the Indian wars. Shortly after Bailey's death in 1722, Lord John's eldest son hired Alexander Trench as an agent to sell Bailey's Barony lands.

Yemassee raids continued until 1728 and sales were few, but Trench managed to lease much of the land to livestock ranchers to graze dairy and beef cattle. Several sales were made in the late 1720s, including one to the famed surveyor, Captain John Gascoigne, who had made the best-known map of the area around 1725. The rest of the land remained as Bailey holdings until the years prior to the Revolutionary War, when several sales were made to area residents, including Beaufort merchant John Mark Verdier, who later sold the land to John Stoney. *LL*



LAND GRAB Lord John Bailey was granted 18,000 acres on Hilton Head Island in 1698 as a gift for supporting the Lords Proprietors of Carolina.

HHI versus Great Britain



The planters of indigo on the sea islands of Georgia and South Carolina were among the richest men in the Colonies in the days prior to the American Revolution. As the economy of South Carolina was the richest in the entire British Empire at the time, the Lowcountry planters were the most heavily taxed, and revolutionary sentiments developed early and deeply in the Port Royal Sound area. While Beaufort had a well-entrenched Loyalist base, the Savannah population had vacillating loyalties, and enclaves along the May River and Daufuskie Island were Tories. Hilton Head was a Patriot stronghold from the beginning.

In 1775, the Council of Safety for the Colony of South Carolina tasked the Beaufort District militia with preventing and seizing any shipments to or from the lower coastal ports (Beaufort and Savannah) that might aid the British cause. In September, members of the Hilton Head militia aboard South Carolina scout boats and a Georgia Navy schooner seized a shipment of gunpowder destined for Savannah to aid Loyalist militia and Indian allies. It was the first armed conflict of the Revolution in South Carolina. When British forces captured Savannah in December 1779, their attention turned to securing control of the mainland between there and Charleston, and the Beaufort District Militia was the only stationary force in the way.

Hilton Head's militia was known for its far-reaching raids and support of Continental Army forces as part of the Beaufort District Regiment. The HHI militiamen fought in battles from Savannah to Charleston and were called The Bloody Legion by the Loyalist Charleston and Savannah newspapers. Forays by British regulars and Tory militia units frequently invaded Hilton Head's shores to punish Patriot sympathizers, and British forces landed on the Island three times, raiding Patriot deepwater frontage homes, burning them to the ground and capturing slaves for resale to the West Indies. In five separate incidents in 1780 and 1781, the Bloody Legion retaliated against British interests in the area and inflicted heavy casualties in the process. By the time the surrender of Cornwallis was accepted at Yorktown on October 19, 1781, the Beaufort District Militia had been given credit for helping occupy Cornwallis's army in the Lowcountry long enough to prevent his consolidating forces with British armies in Virginia while Washington orchestrated their isolation.

In the years leading up to the War of 1812, although it had no offensive capability, Hilton Head was randomly targeted by British warships as they cruised in and out of Port Royal Sound. Deepwater frontage homes were bombarded by cannons, and a few were destroyed in what appears to be a desire for revenge by the English for the role Hilton Head played in the Revolution. Two British warships regularly patrolled local waters, destroying shipyards on Broad Creek and shelling homes along Broad and Skull creeks, again seemingly seeking retribution for Hilton Head's resistance during the Revolution. LL

WELLS FARGO Advisors

We are pleased to announce

John C. Felix

is now part of Bezilla Kinney Wealth Management Group



John C. Felix, MBA
Financial Advisor

400 Merchant Street
Hilton Head Island, SC 29926
Direct:Office:/Toll Free: 843 689 6700
Email Address john.felix@wellsfargoadvisors.com
www.bezillakinneywmg.com

Investment and Insurance Products:

▶ NOT FDIC Insured ▶ NO Bank Guarantee ▶ MAY Lose Value

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company.
© 2021 Wells Fargo Clearing Services, LLC CAR-0620-02310 IHA-6759107_1a

Captain Jack Stoney

One of the earliest year-round residents is also one of the most colorful characters our history holds. ***Captain John Stoney arrived in Charleston in 1774 aboard his merchant ship, the "Saucy Jack."*** Intending to resume his merchant marine business out of the port city, he began recruiting crew and encountered a friend from Ireland on the docks. Describing his intention to be a Charleston-based merchant, Stoney was told by his friend that he would become much richer, much faster by becoming a privateer than a merchant. Following his application to Governor John Rutledge for a privateering license, Captain Jack, as he was widely known, began attacking French and Spanish ships, and then English vessels, off the coast. He was required to give one-fifth of his take from the raids to the government, but he became so wealthy that two years later he purchased over 800 acres along Broad Creek's deepwater shore, which he called Otterburn Plantation. He moved his wife and son to Hilton Head and began to ply his trade out of the Savannah River and Port Royal Sound before the Revolution came to this area.



©HERITAGE LIBRARY

As a wealthy landowner on Hilton Head, Stoney was a Patriot and joined the Beaufort District militia. He fitted the Saucy Jack with deck guns and became a South Carolina Navy ship for duty at sea. While ashore, he served as a member of a dragoon unit that rode with the Beaufort District Regiment of Horse. He continued accumulating wealth as a privateer during the war as well, and following the declaration of peace, he purchased nearly 1,400 acres on the south end of Hilton Head from John Verdier. In 1793, Stoney's oldest son, James, returned from Savannah with a new bride and announced his intention to live at Otterburn and help work the land while his father sailed. Stoney's wife and new daughter-in-law didn't get along, so Captain Jack informed James that he would have the Otterburn land and that he (Stoney) would take his wife and build her "a proper home" on the land near Braddocks Point. The tabby mansion built on one of the highest points on Hilton Head was probably not completed until 1805. It was the only fully-tabby home ever built on the Island and was one of only two masonry structures on the Island until the 1990s, the second being the Baynard Mausoluem built in 1846. The ruins of the Stoney-Baynard Mansion, or Stoney-Baynard Hall, as is it called today, stands in a preserved historic site in Sea Pines Plantation.

Captain Jack and his sons, James and John, went on to grow sea island cotton on their Hilton Head holdings, which included Otterburn, Braddocks Point and land along Skull Creek, nearly 4,000 acres in all. During the War of 1812, Captain Jack purchased another ship to use as a privateer, accumulating even more wealth in the process. He was known as a gregarious and benevolent man. He later went by "Old Jack" to distinguish himself from his son, who then went by Jack Stoney. Living well at Braddocks Point, Stoney spent most of his time fishing and hunting with his best friend, William Pope. Pope owned nearly 8,000 acres on Hilton Head and kept ample stands of forest for hunting. In 1821, Pope invited Stoney and son James to join him and his son William Jr., better known as Squire Pope, to a hunting trip at his Fish Haul Plantation. Carrying their loaded muskets on horseback, they rode through the trees, flushing game toward the marsh for a clear shot. When 72-year-old Stoney stopped to adjust a stirrup on one side, the musket under his opposite arm slipped. When he lurched back to grab the barrel, the stock hit the ground and it discharged, shattering his skull and killing him on the spot.

Not wanting his mother and the rest of the family to see the horror of the sight before him, James asked Pope if they could bury his father where he fell on the Pope land. Pope of course assented, and during the impromptu graveside ceremony, James asked Pope if, when he died, he could be buried next to his father. Pope agreed, and six years later James joined his father on the Fish Haul land. A Civil War battle would soon rage close to their resting place, and the land became overgrown. A hundred years later, a work crew clearing the Fish Haul land for development came across James Stoney's stone sarcophagus in the forest. His father's marker had long since disappeared, but the remains and the stones were relocated to the Zion Chapel of Ease Cemetery, where they remain today. *LL*

BROKEN HOME
The Stoney Baynard Ruins in Sea Pines were listed on the National Register of Historic Places in 1994.



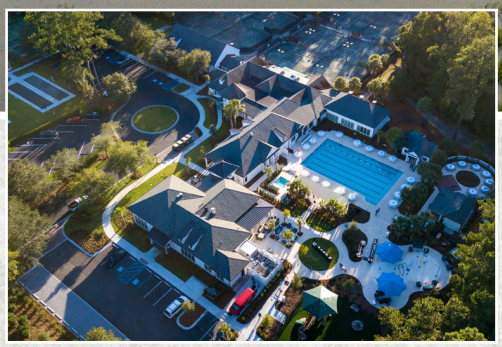


Living Our Best Life

in the heart of the Lowcountry

At Belfair, we believe there's no better time than now to create your fullest, most balanced life – and there's no shortage of opportunities to lead you there. With our Reinvented Sports & Lifestyle Campus, there's an abundance of activities the whole family can enjoy. From the social halls and bistro to connect with your neighbors, fitness classes and court sports to keep you active, friends that make it fun to reach your personal fitness goals and various wellness solutions for your mind and body, Belfair is the place to find your peak levels of health, connections, and happiness.

BELFAIR







Discovery Package

BELFAIR WILL REINVEST $20 MILLION DOLLARS INTO THE COMMUNITY OVER THE NEXT 10 YEARS.

Includes a two night stay in one of our cottages, two rounds of golf on either of our Championship golf courses, dining at the 1811 Grille, access to our world-class Golf Learning Center and our Sports & Lifestyle Campus. *

**Package subject to availability*

Bluffton, SC • 843.757.0700 • Discover@Belfair1811.com

www.LifeAtBelfair.com

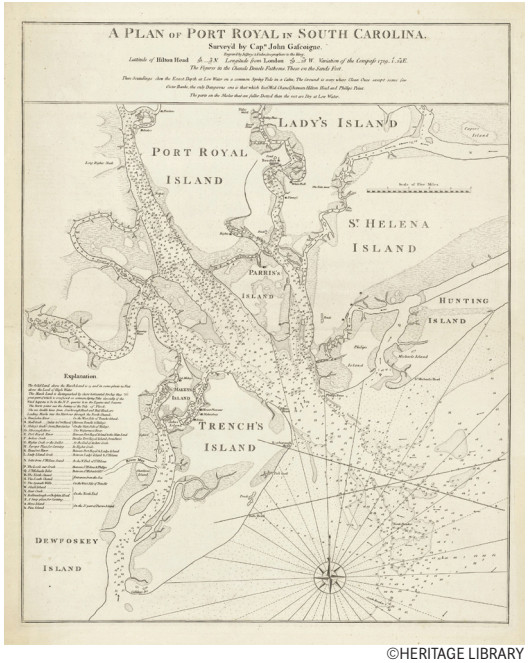
An island by many other names


Vasquez de Ayllon

In recent history, Hilton Head Island has become very well known. It has not always been such a prominent, internationally known name, despite its storied past that has been in the forefront of American history. It hasn't always been known as Hilton Head Island either, and its former names tell a story of their own.

The Island's first name was undoubtedly Native American, likely from a precursor of the Muskogean language base, but nothing is known of a name from that time. The first name attributed to Hilton Head comes from a reported log entry by a 16th-Century Spanish explorer who referred to a large island the natives called the Island of the Bears, translated into Spanish as ***La Isla de Los Orsos***. About 10 years later, in 1526, another Spaniard named Lucas Vasquez de Ayllon, who was searching for a location for attempted colonization, named the same point of land ***La Punta de Santa Elena***, or the Point of Santa Elena, Santa Elena being what they named the Port Royal Sound area earlier in the voyage. Later that year, Hilton Head would be shown on Spanish royal maps as ***La Cabo de Santa Elena***, the Cape of Santa Elena. Forty years later, French explorer Jean Ribault cruised into Port Royal Sound and gave it its present name, Port Royale, naming Hilton Head as ***Le Grande Ile*** at the same time. It remained the Grand or Great Island on French maps, and the Sound remained as Port Royal on English maps through the 1730s.

One hundred years after the French arrived, William Hilton, a Quaker English sea captain from the Massachusetts Bay Colony, entered Port Royal Sound in 1663 from the north via the Port Royal River (Beaufort River of today). He was searching on behalf of Barbadian planters for a location for agricultural fields and a colony of Barbados. He gave the bluffs across the Sound his name, ***Hilton's Headland***, later shortened to Hilton Head. After Charles Towne Landing became an English and Barbadian colony in 1670, the Yemassee Indians began migrating into the Port Royal Sound area at the invitation of the Lords Proprietors in 1683. The Yemassee became allies and trading partners of the Carolina government, providing lookout and scouting services and creating a buffer between the English and the Spanish in St. Augustine. By 1685, Hilton Head and Daufuskie Islands were fully occupied by the Yemassee, and the Lords Proprietors leased Hilton Head to the Yemassee's paramount chief, Altamaha, with the Island then being known as ***Altamaha Island***.



©HERITAGE LIBRARY

By 1695, the Yemassee began migrating north and west to the Ashepoo River area, and the Lords Proprietors sought to stimulate further settlement of the southern lands of the province and granted lands to many. Lord John Bailey of Ireland was given about 18,000 acres of Hilton Head Island in 1698, which then became known as ***Bailey's Barony***. Bailey never came to live on the Island, and his sons hired Alexander Trench of Beaufort in 1722 as an agent to sell Bailey's Barony land. Over the next 20 years, Hilton Head became known as ***Trench's Island***, and that name was reflected on dozens of maps created during that time. Sometime after the growth of the indigo market, the Island again became known as Hilton Head and would remain known by that name for more than 100 years.


Ribault
©HERITAGE LIBRARY

In the Civil War, Hilton Head Island was targeted by the Union forces as the headquarters for the Military Department of the South and as the Naval Depot for the South Atlantic Blockading Squadron. When a post office at the main federal encampment on Hilton Head was completed, it was given the Postal Service designation "Port Royal" and had a postmark as such. From 1862-1872, the Island would be known as ***Port Royal***, as would the entire military installation on the shores of Port Royal Sound. With the removal of the last vestiges of the Union occupation, the Island reverted to its former identity as Hilton Head Island, and it would remain that way until about 1960. That was the time of the development and promotion of the Sea Pines Plantation, and as Sea Pines gained acclaim as a resort-retirement destination, the terms Hilton Head and ***Sea Pines*** began to be used interchangeably. So it would be valid to say that Sea Pines also was a name for Hilton Head during the late 1960s and 1970s.

When the citizens of Hilton Head decided to incorporate to gain control of the zoning regulations of the Island as separate and distinct from those under the aegis of Beaufort County, the Island became the Town of Hilton Head Island in 1983, its official name today. LL

TRENCH'S ISLAND This 1727 map by John Gascoigne shows Hilton Head Island listed as Trench's Island. The island was renamed after Beaufort agent Alexander Trench was hired to sell Bailey's Barony land.

A1 Auto Detailing and Car Storage

THERE'S NO MAGIC IN MAGIC, IT'S ALL IN THE *DETAILS.*

AUTO **DETAILING** / PAINT **CORRECTION** / CERAMIC **COATING** / **HEADLIGHT** RESTORATION / PAINTLESS **DENT REPAIR** / CAR **STORAGE**







WE'LL *LOVE* YOUR CAR LIKE IT'S OUR OWN

The professionals at **A-1 AUTO DETAILING & CAR STORAGE** take pride in your vehicle.
We are Hilton Head and Bluffton's premier automotive reconditioning specialists.
At A-1 Auto Detailing & Car Storage your unique needs and requests are our #1 priority.

DETAILING

- Certified detail specialists
- Paint & headlight restoration
- Different levels of care available, including Basic, Fanatic and New Car Detail

PAINT PROTECTION FILM

XPEL

A1AutoDetailingHH.com
info@a1autodetailinghh.com

843.**689.2221**
MON-FRI 8:30AM-5PM, SAT BY APPOINTMENT
33 Hunter Road, Hilton Head Island, SC

Grave robbers once roamed Hilton Head

There are 14 Native Islander cemeteries on the Island today, most of them still in use and owned and or tended to by the descendants of Freemen families. There are two other cemeteries on the Island, Six Oaks Cemetery still in use in Sea Pines, and a closed one at the site of the former Zion Chapel of Ease.

In 1846, William Edings Baynard, owner of several plantations on Hilton Head and in Bluffton, built a magnificent mausoleum in the Zion Chapel of Ease Cemetery as a final resting place for his family. Unlike anything ever seen before in these parts, it was constructed of brownstone and bluestone, quarried in the North and shipped here by barge to be assembled on the bank of Broad Creek where it stands today. Baynard became the first interment in the mausoleum in 1849, and his wife and mother of their seven children, Catherine Scott Baynard, joined him there five years later. The cemetery and chapel were in use from 1788 until the Union army invaded Hilton Head in 1861. During those years, there were believed to be five more interments in the 20-crypt chambers designated for the Baynard family.


©ARNO DIMMLING

BUILT TO LAST Baynard Mausoleum, built in 1846 by William Baynard, is the oldest existing structure on Hilton Head Island. It was constructed of brownstone and bluestone, shipped here from the North, and was unlike anything the Lowcountry had seen before.

In 1869, the grandson of one of the donors who built the chapel, the Rev. John Jenkins Stoney, retuned to resume services at the chapel but found it and all its contents gone. The cemetery was not noted to have been vandalized at the time, so it is likely it and the mausoleum were intact and remained untouched for the 30 years after Federal forces left the Island. However, an article from a 1901 issue of The State newspaper in Columbia reported that a physician from Beaufort, riding on horseback to the Hilton Head hunting land kept by the Beaufort Gun Club (in the area of today's Leamington Plantation), passed by the cemetery on the dirt track that is now Route 278 and noticed that the "doors of the mausoleum were broken and hanging from their hinges." Riding off the road to take a closer look, he saw that seven coffins were "strewn about the grounds and even into the marsh." He said that five were wooden and two were of iron, known as Fisk Burial Caskets, available only to the very wealthy at the time.

It is probable that crewmembers broke into the mausoleum in search of jewelry or other valuables.

The doctor noted that one of the iron coffins was cracked open and revealed the skin of the person inside. Curious, and being a physician, he rode to the casket and looking down from his horse through a glass faceplate saw the "long blond hair of a woman who must have been a beauty in life." Dismounting, he reached through the crack to feel her skin and found it "as supple as though she had been buried the day before." That was 46 years after Catherine Baynard had been interred in the mausoleum. The wooden coffins had all been broken open and contained what the doctor called "a most gruesome dust."


©ARNO DIMMLING

At the time, Hilton Head's Port Royal Sound shore was the site of one of nine Zalinski Pneumatic Dynamite Cannons on the East Coast, placed at strategic locations during the Spanish-American War. It was manned by crews from Fort Fremont on St. Helena Island, which were ferried across the Sound by boat every few days. Given the likely timing of the break-in at the mausoleum and the gun emplacement site at nearby Coggins Point, it is probable that crewmembers broke into the mausoleum in search of jewelry or other valuables. Due to their respect for the dead and superstitions, it is highly unlikely that Native Islanders would have violated the sacred grounds of the cemetery.

The mausoleum and cemetery remained untended and subject to vandalism until 1989, when the mausoleum entrance was sealed and locked. No remains are currently in the mausoleum, but excavations of the interior in 2014 found jewelry and other artifacts, as well as human bones. DNA testing found they belong to two different people, one of them being Catherine Baynard. *LL*



OCEANFRONT TOWNHOME



Incredible oceanfront townhome with amazing ocean views, elevator, and fabulous open floor plan in the gated neighborhood of Turtle Lane Club within Sea Pines.

Thinking of selling your home? Get in touch with Karen today to buy or sell in the Lowcountry.

29 Turtle Lane Club, Hilton Head, SC | Just Listed
Offered for $2,925,000







KAREN RYAN

karen@weichertcp.com • 843-422-1101

karenryanrealtor.com

Weichert REALTORS® | Coastal Properties

Leading REAL ESTATE COMPANIES OF THE WORLD®

LUXURY PORTFOLIO INTERNATIONAL®

6 Year Board Member | Hilton Head Island/Bluffton Chamber of Commerce
Past Realtor® of the Year & Past President | Hilton Head Association of Realtors®

Lighthouse keepers' cottages and the Great Sea Island Hurricane of 1893





DEADLY STORMS The 1893 Sea Islands hurricane was the 7th deadliest hurricane in the United States history, and was one of the three deadly hurricanes during the 1893 Atlantic hurricane season; the storm killed an estimated 1,000–2,000 people, mostly from storm surge.

Since its history began to be catalogued, an interpretation of the effect and devastation of the ***Great Sea Island Hurricane*** revolves around the notion that only two buildings on the Island were left standing after the storm. The stone Baynard Mausoleum built in 1846 was one, and the other was the Graham House, now part of Coastal Discovery Museum, built in 1859. The reality was that the decade of the 1890s saw six hurricanes hit Hilton Head in some way. The storms of 1893 and 1898 were particularly devastating, the earlier with storm surge and the later with debris damage.

Another "urban legend" related to the 1893 hurricane has been that in 1971, when the nascent Sea Pines Company ran out of office space and before its new main facility had been built, ***two old lighthouse-keeper cottages had been moved from their locations in Leamington Plantation to Harbour Town*** to be used for offices. The "legend" further held that Charles Fraser learned that the HHI Fire Department was going to burn the two structures as a training exercise. Since they were historic buildings, he decided to preserve and move them to Harbour Town. One of the buildings served as the first location for Signe's Bakery and is again a bakery today. The other has been used as a real estate office and for other purposes after all Sea Pines' offices were located in the new main building. Another version of the legend stated that one of the keepers' cottages became, and is today, part of CQ's restaurant. This is disputed by Sea Pines and may have come about to lend credibility to CQ's involvement in the well-known ghost story of Hilton Head's Blue Lady.

Then, another related legend has it that one of the cottages was moved to HHI from Charleston to replace one damaged by the 1893 hurricane. A photo of a cottage being moved by barge in Charleston harbor was originally thought to be that building, but it was later discovered to be of a keepers' cottage from the harbor in Georgetown being moved to Charleston.

A panel, discovered recently in the renovation of the bakery building in Harbour Town, has an inscription that indicates a crew member on the lighthouse tender Pharos wrote on the wall of the cottage in 1899. More recent research has found that the two Hilton Head keepers' cottages were built on HHI in or about 1880 under a master contractor agreement with the Lighthouse Service. So if the cottages were built on HHI in 1880, they must have survived the Great Sea Island Hurricane, meaning that at least four buildings seem to have been able to withstand the damage of that epic storm. *LL*





FROM 1899, WITH LOVE Renovators discovered this inscription, written in 1899, on a panel inside of the Harbour Town Bakery & Cafe.

You'll Feel *at* Home

We invite you to discover the robust lifestyle at Hampton Hall.

(843) 815-9343

BLUFFTON, SC







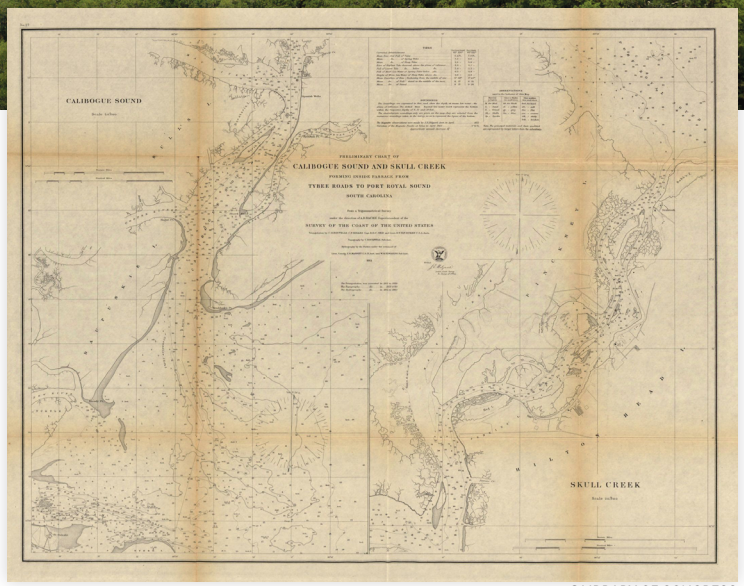


HAMPTON HALL CLUB

HAMPTONHALLCLUBSC.COM

Derivation of the name 'Skull Creek'





©LIBRARY OF CONGRESS

THE WATER IS WIDE
This preliminary chart of Calibogue Sound and Skull Creek was created by the United States Coast Survey in 1862.

Skull Creek, today a section of the Intracoastal Waterway, has been used for centuries as a much-used water passage between the Savannah River and the Charleston Harbor, offering protection from the storms and high seas of the ocean to the east. During the early Colonial days, it was part of what was known as the "Scottish Route" between the two cities and was a haven for the early explorers and pirates of several nations for many years before that. Where Skull Creek got its name has always been a subject of much conjecture and debate on the island, with the answer usually defaulting to the one that sounds the most intriguing to the audience being told.

One of the most popular versions is attributed to the long-standing and penetrating Native American history of the area. A reputed reference from an early English log book to Indians "skulking along the banks of the river" is a source of that interpretation. It gains further credence from the bountiful fish and game resources that French and Spanish explorers cited as the reason for the presence of hundreds of Indian villages along the shores of area waterways. "Skulk" Creek is awkward to say, so maybe the default to "Skull" makes sense.

Another explanation is from centuries of the "brethren of the sea" making the inland waterways in our area a favorite haunt for hiding, resting, repairing and regularly reprovisioning their ships. Several of the internal barrier islands' ends were often used as careening points to clean the hulls of their ships, a necessity if a pirate vessel was to be able to be fast enough to escape a pursuing patrol boat or warship. The ports of Beaufort and Savannah in the 1700s were typically lawless centers of commerce in which pirate crews were welcome visitors in the taverns and brothels that catered to the riches they brought from their raids at sea. This version holds that the name Skull Creek is taken from the number of pirate flags bearing the skull and crossbones that graced the waterways during the Golden Age of Piracy. More plausible perhaps, but many pirate flags did not use the skull as a symbol, so the derivation is suspect.

My vote goes to the one based on the 1727 map of John Gascoigne, the sea captain who surveyed the waters of Port Royal Sound in 1725. The map is a French language version that shows the locations of many features of Hilton Head and other area lands. On a small island near where Skull Creek enters Port Royal Sound is a notation saying "Ile de Skull ou Golgotha," or Island of the Skull or Golgotha. Golgotha is the Aramaic word for "skull," and biblically it references the hill in Jerusalem on which Jesus was crucified due to its general skull shape and the presence of some skull-shaped, weathered rock formations on its slopes. As a number of Native American shell rings on a nearby uninhabited island have shown evidence of Indian burials, it is likely that early European visitors might have found a skull or skulls in a Native American burial site there. In that context, Gascoigne's reference makes sense, and given that the Island of the Skull or Golgotha is located where ships entering the creek from Port Royal Sound have to pass, the name Skull Creek makes the most sense in that context. LL



Considering A Realtor? Look No Further!

We Are Invested In:

- *Your Real Estate Needs*
- *Your Satisfaction*
- *Your Future*

Ken & Clay Provide:

- *Exemplary Service*
- *Integrity & Trust*
- *Commitment*
- *Dependability*
- *Support*
- *Knowledge*
- *Experience*
- *Competence*
- *Sincerity & Humility*
- *Sense of Humor*

KEN & CLAY OLIVER
YOUR PROVEN REAL ESTATE PROFESSIONALS

Don't Hesitate...Ken and Clay Are Just A Call Or Click Away!

OLIVER TEAM HONORS

• #1 Listing Agent and #1 Top Producing Agent for Dunes Real Estate for 2020!

• Dunes Real Estate's Top Listing and/or Selling Agent 36 out of 42 Years • Most Closed Transactions in Palmetto Hall for the Year, 2020

• Have Assisted Thousands of Buyers and Sellers • Island Residents since 1977 & 1994

843.816.0167 Ken's cell . 843.422.8432 Clay's cell

Ken-Oliver.com . Ken@Ken-Oliver.com . Clay@Ken-Oliver.com

DUNES real estate

DUNESREALESTATE.COM

LUXURY PORTFOLIO INTERNATIONAL REAL ESTATE

Leading REAL ESTATE COMPANIES OF THE WORLD

Baynard poker game





HOUSE OF CARDS? You might have heard William Baynard won his stately home on Braddocks Point from a Stoney heir during a late-night poker game in 1845. Records show Baynard actually bought the home and 1,200 acres of land from Bank of Charleston for $10,000 in 1845.

Another captivating urban legend of Hilton Head history is the one that states that a ne'er-do-well grandson of ***Captain Jack Stoney***, nicknamed "Saucy Jack," lost the family land and holdings to William Baynard in a poker game in 1845. To be sure, the Stoney heirs a couple of generations removed from their notable Patriot ancestor were far less enterprising than their grandfather had been, but that is not the way they lost the land.

The sons of Captain Jack Stoney, James and John, had worked the three family plantations after their father retired to a life of fishing and hunting. James had owned the 900-acre Otterburn Plantation since 1793, when his father began to build the family mansion of tabby at Braddocks Point Plantation, about a 1,400-acre farm at the time. Son John had returned from Savannah around 1800 to live at Braddocks Point in his own house fronting Calibogue Sound about 200 yards west of his father and mother. Together they supervised the work on the Stoney Plantation along Skull Creek.

The sons had a sea island cotton factoring (brokerage) business with offices in Charleston and Savannah, and the plantations on Hilton Head supported the family in high style until James died six years after his father in 1827. James's share passed to his son, Dr. George Mosse Stoney. John Jr. began to founder with the load of the entire family enterprise, spending most of his time in Charleston running the factoring company. The productivity of the plantations suffered, and debt to fund operations mounted steadily.

By 1837, the Stoney family owed nearly $400,000, an astronomical sum at the time, to the Bank of Charleston, and when John died the following year, the Braddocks Point land was given to a grandson of Captain Jack, nicknamed "Saucy Jack," presumably of the given name John. That same year, the land and the house at Braddocks Point passed into receivership with the Bank of Charleston, where it remained until William Edings Baynard decided to make Hilton Head his full-time residence. Young William had come to HHI at age 19 to manage the Spanish Wells Plantation, given to him as a gift by his uncle Ephraim, the richest man in South Carolina at the time. He had accumulated additional acreage on Hilton Head and in Kirk's Bluff (Bluffton today) over the 25 years he managed lands here and on Edisto Island. The stately home on Braddocks Point was the most suitable living location on the Island at the time, and in 1845 Baynard purchased the house and approximately 1,200 acres of land from the Bank of Charleston for $10,000. A deed exists in the archives of the bank today, so the poker game story is clearly a colorful interpretation.

"By 1837, the Stoney family owed nearly $400,000, an astronomical sum at the time, to the Bank of Charleston."



The same year he bought Braddocks Point, Baynard purchased the stately Davenport House in Savannah to provide a city getaway from the bucolic existence on Hilton Head from time to time. The following year (1846) he built the magnificent Baynard Mausoleum in the Zion Chapel of Ease Cemetery, not realizing that he would need it as a resting place only three years later. Baynard died at age 49, leaving his wife and seven children. He was interred in the mausoleum where he rested for nearly fifty years until grave robbers removed his casket around the turn of the century. *LL*

SPRING ISLAND

Inspired by Our Community









The Old Tabby Links that meanders through the private community of Spring Island is one of the finest pure golf experiences in the Southeast to be certain. This Arnold Palmer and Ed Seay design offers the quintessential Lowcountry golf experience. Yet, true to the spirit of Spring Island, on any given day, these grounds are generously shared with fishermen, horseback riders, photographers, artists, red-tailed hawks, bald eagles, and other members of our community. Pure golf. Pure wonder. Pure community. Schedule a tour of Spring Island and discover what inspires you.

SPRINGISLAND.COM 843.987.2200

Unknown stories of Bluffton

UNCOVERING A HISTORIC SMALL TOWN'S LESSER-KNOWN PAST



STORIES BY BARRY KAUFMAN

As a town, Bluffton can be somewhat hard to pigeonhole. For years, the narrative was that it was a sleepy little artists' enclave, blessed with adjectives like "funky" and "quirky." The fact that the town's former newspaper was called the "Bluffton Eccentric" certainly bears that out.

But Bluffton has evolved beyond that quaint idiosyncrasy to encompass so many things – it is a town of rich history, of a refined sense of Southern grandeur coexisting with a rustic blue-collar ethic. In short, it is a complex living town. And any town of such complexity is going to have more than its share of secret stories.



©LEWIS WICKES HINE

Rosie: How Bluffton reshaped child-labor laws



©LEWIS WICKES HINE

PICTURE DAY This 11-year-old oyster shucker is captured by photographer Lewis Wickes Hine, who used his camera as a tool for social reform.

It was around 1913 when ***Rosie Berdych*** unwittingly became the face of a movement that would change labor laws forever in this country. At just seven years old, she was in her second year on the job as an oyster shucker at Bluffton's Varn & Platt Canning Co. when famed photographer Lewis Wickes Hine took the above photo of her prying open an oyster.

Illiterate, unschooled and living as a migrant worker with her family, Berdych was one of several children at the canning company Hine would photograph on that visit.

Once thought to be the photographer behind the iconic "Lunch Atop a Skyscraper" photo, Hine was traveling the country documenting child labor on behalf of the National Child Labor Committee. His photo of young Rosie, as well as photos he took across the Carolinas of young children pressed into labor, were submitted into the public record and played a huge rule in enacting child-labor laws in the early 1920s. *LL*

BERKELEY HALL

A Private Golf Club Community

















More Golf. Fewer Homes.

With two Tom Fazio-designed golf courses and a limited number of homes, Berkeley Hall is a community where you can always get a tee time, and where you can truly get to know your neighbors. Resting on the banks of the Okatie River in South Carolina's Lowcountry, we're an intentionally small community with the grandeur and amenities of a luxury resort. We invite you and your family to connect with our natural surroundings, embrace cherished traditions, and be a part of our family of Members at Berkeley Hall.

843-815-8423 · BERKELEYHALLCLUB.COM · BLUFFTON, SC

Burnt Church Road: The Mystery Revealed

The many roads and places around Bluffton carry with them names that speak to its rich history. Buckingham Plantation Road recalls the once-thriving plantation of the Rev. J.B. Seabrook. Kirk's Bluff Road honors the town's original name, as well as its original co-founder James B. Kirk. But one place name has always served as a source of mystery: Burnt Church Road.

Oral history, not to mention a certain sense of the obvious, would back up the notion that a church had once burned somewhere in the vicinity. But in true Bluffton fashion, the specifics were never as important as the story.

Historian Melanie Marks, however, working in tandem with Burnt Church Distillery, may have discovered the secret behind the Burnt Church of Burnt Church Road. According to her findings, the church was called "Mission to the Blacks" and was built by Rev. Seabrook with approval from the Episcopal Diocese of Charleston.

As to the details of how, why and when it burned, Marks is saving that information for the publication of her book, "Burnt Church Road, Unraveling the Story Behind the Name." *LL*





BURNING QUESTIONS
What church was behind the naming of Bluffton's Burnt Church Road? Local historian Melanie Marks has discovered the church was known as "Mission to the Blacks." Learn more in her soon-to-be-released book.

Advice for what matters most, when you need it most

Congratulations to Kevin Roberson for being named to the *Forbes* "Best-in-State Wealth Advisors" 2021 list.



Kevin Roberson
Senior Vice President
Wealth Management Advisor

Merrill Lynch Wealth Management
21 Hatton Place
2nd Floor
Hilton Head, SC 29926

MERRILL
A BANK OF AMERICA COMPANY

Source: The *Forbes* "Best-in-State Wealth Advisors" list, February 11, 2021. Data provided by SHOOK™ Research, LLC. Data as of June 30, 2020. The *Forbes* "Best-in-State Wealth Advisors" ranking was developed by SHOOK Research and is based on in-person and telephone due diligence meetings to evaluate each advisor qualitatively, a major component of a ranking algorithm that includes: client retention, industry experience, review of compliance records, firm nominations; and quantitative criteria, including: assets under management and revenue generated for their firms. Investment performance is not a criterion because client objectives and risk tolerances vary, and advisors rarely have audited performance reports. Rankings are based on the opinions of SHOOK Research, LLC and not indicative of future performance or representative of any one client's experience. Rankings and recognition from *Forbes* are no guarantee of future investment success and do not ensure that a current or prospective client will experience a higher level of performance results, and such rankings should not be construed as an endorsement of the advisor. Neither *Forbes* nor SHOOK Research receives compensation in exchange for placement on the ranking. *Forbes* is a trademark of Forbes Media LLC. All rights reserved.

Merrill Lynch, Pierce, Fenner & Smith Incorporated (also referred to as "MLPF&S" or "Merrill") makes available certain investment products sponsored, managed, distributed or provided by companies that are affiliates of Bank of America Corporation ("BofA Corp."). MLPF&S is a registered broker-dealer, registered investment adviser, Member SIPC and a wholly owned subsidiary of BofA Corp.

Investment products: | **Are Not FDIC Insured** | **Are Not Bank Guaranteed** | **May Lose Value** |

© 2021 Bank of America Corporation. All rights reserved.

MAP3416664 | AD-03-21-0488 | 472538PM-0321 | 03/2021



The spy who (possibly) named the May River

At the heart of Bluffton, you'll find the meandering waters of the majestic May River. Between the bounty of seafood it provided to a growing town and the vital connection it provided with Savannah and Charleston during the town's early days, there simply wouldn't be a Bluffton without it.



As to who came up with the name "May" for our gentle waterway, that remains a mystery. But esteemed historian Jeff Fulgham may have an answer. "The founder of the Bluffton Historical Preservation Society (now known as the Historic Bluffton Foundation) was Hunter Saussy, and he did research and believed that ***Henry Woodward*** named the May River," wrote Fulgham. While there is no conclusive evidence, all signs point to Woodward.

As to who Henry Woodward was, of that much we know a little more. He was a spy. "He wore many hats; interpreter, ambassador to the natives, trade agent, etc. He worked directly for the Lords Proprietors who owned the Carolina charter," wrote Fulgham. "His mission was to defeat the Spanish and break their control of the coast between Charleston and Florida." *LL*

MORE ONLINE

Learn about the story behind Bluffton's "Boom" cannon online at ***LocalLifeSC.com****.*



Come see why so many residents love calling WaterWalk at Shelter Cove home:

"Honestly I feel as if we have arrived at the place we want to call home for a long time. The staff have a genuine commitment to making WaterWalk as stress-free living as possible, and the joy they demonstrate in providing that is palpable."
-Sonia, Modern Message

"This is resort living at its best. We have everything we need in walking distance. We have been living at WaterWalk for a year and a half and looking forward to many many years."
-Judy, Modern Message

"I love to wake up every morning and see Broad Creek. The sunsets and sunrises are beautiful."
-John, Modern Message

"Living at WaterWalk is like being on vacation at a five-star resort. Our apartment is spacious, quiet, and the screened-in porch is a game changer. We and our dog are very happy living here and appreciate it every day."
-Verified Resident, ApartmentRatings

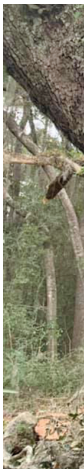
Schedule your tour today and take in the stunning views from our brand new East Building - now available for move-in!

WaterWalkHHI.com | 843-258-4436

Eulogy for the Secession Oak

STORY + PHOTOS BY EDDY HOYLE





Originally I wrote a story about the history of the Secession Oak in Bluffton. Unfortunately, I had to rewrite it as a eulogy.

On February 6, I went to see the grand tree for the first time with my husband, Renny. We stood in awe of the huge oak with its massive trunk and immense canopy. I commented that it was a miracle that this mighty oak could bear the weight of so many huge limbs. Ironically, four days later, this symbol of the Confederacy could no longer bear its own weight, and it collapsed, split in two and fell. This photo I took that day may be the last picture ever taken of the Secession Oak in its centuries-old glory.

I had asked Renny to stand next to the tree for perspective. A picture of the grand dame, solitary and alone, could never capture the true girth and height without an element with which to compare it. Renny is 6'2" tall, and he was dwarfed by the Secession Oak. We used a tape measure to see what the circumference was, and we recorded a whopping 25 feet, seven inches.

Could it be karma that we were blessed to be there before 'the fall?' As I circled the tree and touched its bark, I wondered if it could speak; what stories it could tell, what secrets it held. Perhaps it could tell us how the Bluffton Movement was the true impetus of the Civil War. Now, ironically, as America has begun to remove Confederate monuments and confront the challenges of improving race relations, the Secession Oak split apart and fell – in February, Black History Month.



HISTORIC ROOTS Renny Hoyle is shown in the last known picture taken of Bluffton's famed Secession Oak. The magnificent, centuries-old live oak tree recently collapsed. The site is regarded as the birthplace of the Bluffton Movement, which grew until South Carolina became the first state to secede from the Union in 1860.

This magnificent live oak tree was tucked away and hidden from public view on a private, dirt road in Bluffton. Its broad canopy stretched across the sky, and it would probably have taken about five people holding hands to encircle its massive trunk. It had no historical marker or signage that designated its place in history. It sat alone, isolated and largely unnoticed. Yet, like an acorn that drops from an oak and gives birth to a seedling, under its boughs the seeds of secession were planted on July 31, 1844 – over 16 years before the cannons fired on Fort Sumter in Charleston.

Jeff Fulgham is a former executive director for the Historic Bluffton Foundation and is considered an expert on secession. He is the author of The Bluffton Expedition: The Burning of Bluffton, South Carolina During the Civil War, in which he provides a detailed account of the Bluffton Movement and what led up to it.

South Carolina Congressman Robert Barnwell Rhett was, by most accounts, the architect of secession. He had championed state's rights and initiated a campaign to fight Northern tariffs that were crippling the South's economy. His fiery rhetoric attracted many followers and he was invited to give a speech in Bluffton on July 31, 1844.

Fulgham said, "Based on my research, I estimate that there were several hundred in attendance at the initial Bluffton Movement meeting on July 31, 1844. Probably around 200 or 300. Because rain had been consistent for several days according to reports, this was a considerable number because some came from 20 and 30 miles distant."

This crowd in the sleepy village of Bluffton was not a ragtag group of radicals who heard Rhett proclaim that it was time to consider separation from the Union. Quite the contrary, the



site of the Secession Oak is regarded as the birthplace of the Bluffton Movement which grew until South Carolina became the first state to secede from the Union in 1860.

According to Fulgham, "The organizers consisted of a wealthy group of plantation owners from Bluffton and surrounding areas. They were protesting the federal tariff which was a tax on imported goods that was especially costly to Southerners who lacked manufacturing facilities. Those in attendance represented the top 10 percent of the wealth."

"The Bluffton Boys were not exclusively from Bluffton," Fulgham stated. "This phrase eventually became synonymous with those who represented the movement. They included popular names like James Henry Hammond, John McQueen, William F. Colcock and others."

The contents of Rhett's speech are lost to history, but what is known is that his words ignited secessionist sentiment. He was a passionate crusader whose rallying call inspired many and he was the impetus of the Bluffton Movement, later known as the secession movement.

History books cite the rebel cannon fire at Fort Sumter as the start of the Civil War, but that's not entirely true. The rebellious sentiments and economic suffering in the South were first radicalized under the Secession Oak.

Political forces and disdain for the federal government fueled the movement that would ultimately split the country in half. Southern politics against slavery, rising taxes and tariffs would result in the state's secession from the Union on December 20, 1860. The first shots followed only four months later at Fort Sumter on April 12, 1861, as South Carolina dove headfirst into a ruinous Civil War.

It's quite a story, and it all started under the magnificent, silent oak in Bluffton. *LL*





Bluffton myths & misconceptions

SETTING THE RECORD STRAIGHT ON SOME OF THE TOWN'S MOST HISTORIC EVENTS.

STORIES BY BARRY KAUFMAN

Any good Southern story is going to contain a healthy blend of fact and fiction. The Town of Bluffton is no different. Here and there you'll find a nugget of truth, sure, but you're going to be digging through piles and piles of yarn to get there. Those of us who enjoy a good story wouldn't have it any other way. But there is something to be said for getting the facts right. So, in the interest of setting the record straight, allow us to debunk a few of Bluffton's myths and misperceptions.





General Sherman

ON THE MARCH
The Burning of Bluffton happened over a year before Sherman's March to the Sea. The troops followed the orders of Major General David Hunter, Commander of the Department of the South.

General Sherman didn't burn Bluffton

The night of June 4, 1863, changed Bluffton forever.

On that morning, nearly 1,000 Union troops stationed on Hilton Head Island, their first foothold in the South, sailed downstream from Hunting Island Plantation, bent on revenge. Their target was the town of Bluffton, chosen less for strategic reasons and more for the town's outsized role in secession.

Throughout the day and night soldiers poured through town, burning nearly everything in sight. From a nearby outpost, 238 Confederate cavalry members were dispatched to meet the threat, but by then it was too late. Just two churches and 15 private homes survived amid the ashes of Bluffton.

It would be easy to conflate this historic event with the far more infamous pyromania of Sherman's March to the Sea, but the fact is the Burning of Bluffton predates Sherman's "Special Field Orders No. 67" by nearly a year and a half. If anything, that day's conflagration served as a chilling omen of things to come for the South. LL



UNBRIDLED DEDICATION

The Melton Group specializes in the beautiful private golf & waterfront communities as well as equestrian properties in the Lowcountry. Alison Melton is a leading Realtor who unites luxury home sellers and buyers with discretion, honesty and dedication.

“We don’t give up until our clients’ goals are exceeded.”

www.luxelowcountry.com

The Melton Group
843.290.3640
alison@luxelowcountry.com

CharterOne Realty

Haute Residence

The Melton Group Properties

The Rate wasn't built for virtue



Lucille Heyward (left)

©JOAN HEYWARD AND FAMILY

Recently restored to its former glory, the squat structure known as The Rate serves as a freestanding testament to Bluffton's small-town roots. Built by Gaillard Heyward as a grocery store during a time when buying groceries meant spending the day traveling to Savannah, its first claim to fame wound up being as an ice cream store. Named "The Rate" by proprietary Shorty Dugger, it served for years as a place where Bluffton's children could buy sweets and enjoy summer.

It would eventually become a post office under the watch of Bluffton's post mistress, Gaillard Heyward's wife, Lucille. The reasons why, however, may have been transformed over the years by Bluffton's rumor mill.

"The original post office was located where The Store is, along with a barber shop," said historian Rodney Vaughn. "Obviously men hung out there, and the story is that when Lucille Heyward became post mistress, her husband didn't want her around those men so he built a post office for her."

A jealous husband makes for a juicy story, but alas, that's all it is. "That's really not the reason that post office exists," said Vaughn. "Bluffton had just outgrown that other post office." LL



©JOAN HEYWARD AND FAMILY

FIRST RATE The Rate served as an ice cream shop, a grocery store and post office in Bluffton. Its historic building on Bridge Street was recently renovated.

Old Town isn't even Old Town

While its early story is one of a small town that found itself at the nexus of several key moments in American history, the latest chapters in the saga of Old Town Bluffton tell a story of amazing growth. Over the course of the last twenty years, the original one square mile has expanded to encompass everything from the chic luxury of Palmetto Bluff to the sparkling commercial district lining Buckwalter Parkway.

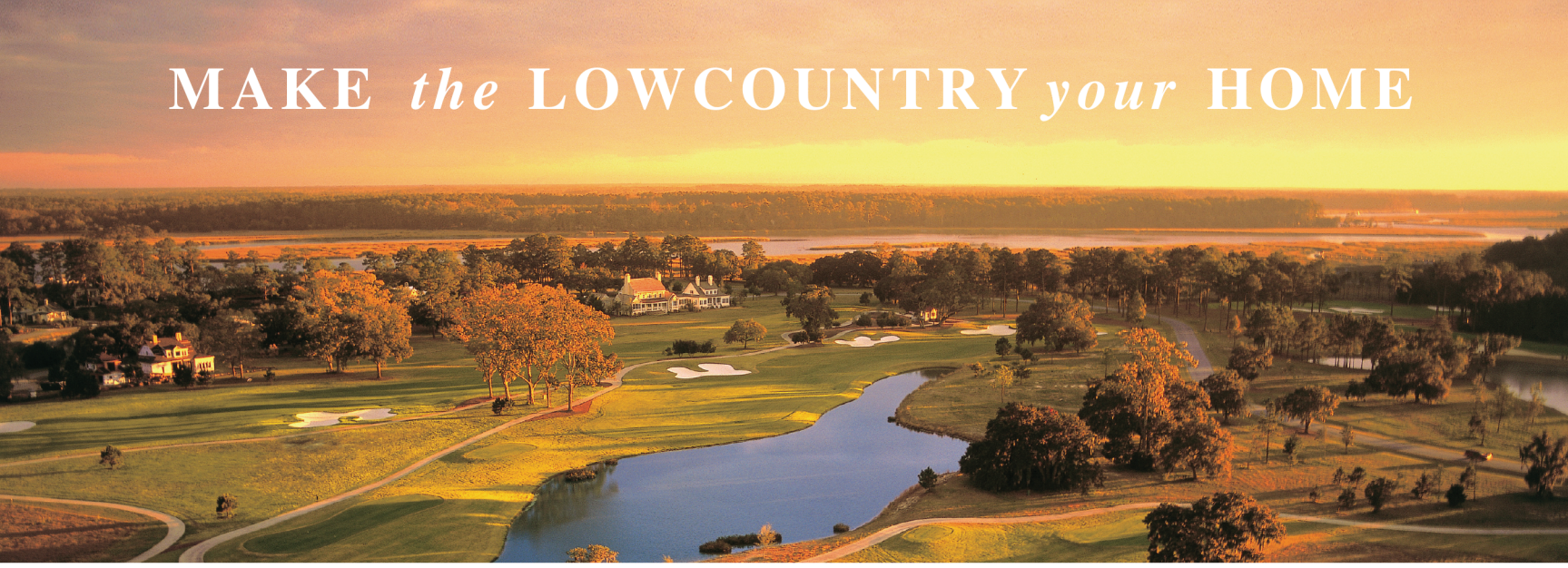
But amid that growth, Old Town has remained Old Town. But what's less clearly defined is what, exactly, constitutes Old Town. According to some, the district extends all the way to Bluffton Parkway in an area consisting of 680 acres.

However, the historic district's boundaries were more narrowly defined when the entire area was placed on the National Register of Historic Places. On the application form, the district is defined as an area "roughly bounded by May River, Huger Cove & Bridge St." While that leaves the district's eastern border somewhat nebulously defined, it does place a clear northern division at Bridge Street, meaning that half of Calhoun Street, and everything along May River Road, is technically outside of the district. LL



OLD TOWN ROADS Incorporated in 1852, Bluffton was designated a National Register Historic District in 1996. Old Town's boundaries were narrowly defined as the area bounded by May River, Huger Cove and Bridge St.

MAKE *the* LOWCOUNTRY *your* HOME













EVERYTHING YOU WANT IN ONE COMMUNITY

A bold claim? Yes, but true. Located along the banks of the Okatie River, Oldfield is rich with detail, character and adventure. Live Oaks and Spanish moss dot the landscape, while traditional Lowcountry architecture invites you to choose from new and custom homes, or homesites where your dream home can come to life. Oldfield's 900 acres are filled with highly sought-after amenities designed for the exclusive enjoyment of only 540 families.

Contact us today to schedule your personal tour of Oldfield.
A Limited number of Non-Resident Memberships are now available.

843-645-4600 | OLDFIELD1732.COM

Homesites from $50,000 • Homes from the upper $500s - 1 million +

OLDFIELD
1732

The Wilsons and Palmetto Bluff



©PALMETTO BLUFF

"Wealthy Northerners would come South to buy up land for hunting estates because land was cheap and the winters were mild."

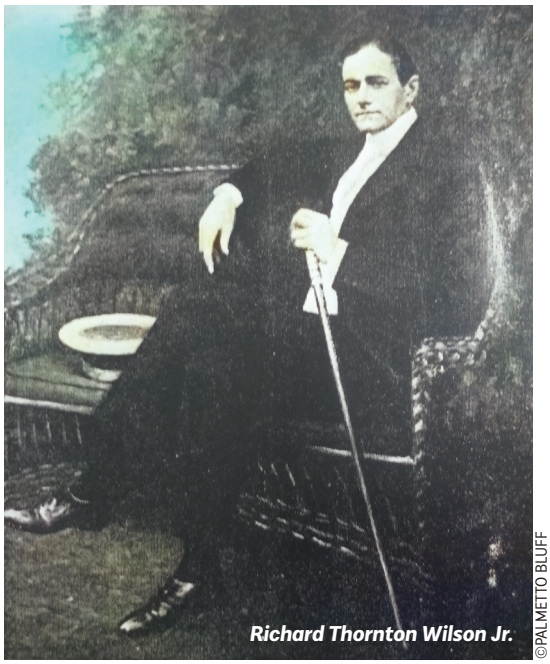
A STORY OF FAME, FORTUNE AND TRAGEDY

STORY BY EDDY HOYLE

Stories are passed down through generations. They become oral histories where facts get confused over time and assumptions are not always correct. Such is the intriguing story of the Wilson family and Palmetto Bluff. It's a story that leaves more questions than answers.

It was the gilded age of high society. In the early 1900s the Vanderbilts, Astors, and Carnegies made their fortunes in banking, railroads and steel, and one lesser-known billionaire put the sleepy town of Bluffton on the radar of the elite. ***Richard Thornton Wilson Jr.*** was part of this privileged and influential group.

He was the president of the banking firm R.T. Wilson and Co., founded by his father, Richard Thornton Wilson, Sr., who died in 1910 and was the commissary general of the Confederate Army during the Civil War.


Richard Thornton Wilson Jr.

©PALMETTO BLUFF

In 1902 R.T. Wilson, Jr., and his wife, Marion, discovered Bluffton and purchased an estate from John Holbrook Estill.

According to Dr. Mary Socci, archeologist and historian of the Palmetto Bluff Conservancy, wealthy Northerners would come South to buy land for hunting estates because land was cheap and the winters were mild. "We don't exactly know how R.T. found Bluffton. He probably visited while looking for a winter place for stables and hunting. Estill already had a mansion on the site, but R.T. probably stayed in another home because he razed Estill's mansion and built his own on the site, finishing it in 1915," Socci said.

Wilson's wife, Marion, loved to entertain in grand style, so she wanted a proper home for entertaining her socialite guests. "R.T.'s little sister, Grace, had married Cornelius Vanderbilt, and his brother married Carolyn Astor," Socci said. "They all had great marriages; therefore, they had great connections."

R.T.'s passion was very different from his wife's — thoroughbred racehorses. His champion horses were his pride and joy. He was a member of the Saratoga Racing Association, a steward of the Jockey Club, and a director of



ARLENE WILLIAMS
KITCHEN DESIGN

843.308.1282 | arlenewilliamskitchendesign.com

65 ARROW ROAD | HILTON HEAD ISLAND SC 29928



Get window treatments that truly fit your space

BUDGET BLINDS
Style and service for every budget.®

Call For Your FREE Consultation!
843-837-4060

Bluffton • 880 Fording Island Rd #8
Beaufort • 277 Sea Island Pkwy #109
Budgetblinds.com

©2021 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and a Home Franchise Concepts Brand. Each franchise independently owned and operated.

the Winchester Racing Association. He was an excellent breeder and rider and owned stables in New York and Kentucky.

So a palatial estate was built to accommodate both of their interests. It included stables, a blacksmith, kennels, barns, elaborate gardens, a library and a huge ballroom. It had a school, an ice house, its own power plant, a sawmill and a water tower. The four-story mansion probably had 40 bedrooms for their out-of-town guests. The splendid structure and its exquisite gardens overlooked the May River, and visitors would stay for weeks,enjoying extravagant parties with great music, teas, riding, hunting and boat rides.

The massive estate, which R.T. named Palmetto Bluff, had considerable impact on the local economy of this small, rural, largely agricultural community. It required maids, cooks, carpenters, stablemen, carriage drivers, farmers and caretakers for livestock. Year-round workers were even provided housing.

Dan Crosby was one of the original workers. Hired in 1902 as a carpenter, he eventually became general manager of the estate. He and his wife had nine children, and his oldest daughter, Bertha, started working for the Wilsons as a teenager.

Ironically, today Crosby's great-great grandson, Joe Brackin, now calls Palmetto Bluff home. Bertha is his grandmother. He and his wife, Roberta, lived in Atlanta and were looking for a place to retire.

"We were going down SC 46, and suddenly I recognized where I was and said, 'The cemetery is down here on the right, and that's where my great-great grandparents are buried.' I remembered a family expedition to Bluffton to care for the cemetery, to clean things up. I was just a kid, and it was hot and buggy," Brackin said. Distant memories began to form, and he realized he had a connection to Bluffton. "My grandmother grew up at Palmetto Bluff taking care of the mansion, cleaning, changing the sheets. She had good memories, and it seems like my family was well taken care of."

Now he's on a quest to gather the lost stories, historical details and family photos. His connection to Palmetto Bluff has inspired him to dig up the past. But it's a challenge because disaster struck on March 2, 1926, when the Wilson mansion burned to the ground – along with all historical records and documents. The cause of the fire remains unknown. Some say it was struck by lightning, others suspect that an iron was left on, some surmise it may have been a candle knocked over.

Wilson tried to save his priceless art, books and belongings and twice had to be led away from the roaring blaze. The loss of his treasured Southern home devastated Wilson, and he returned to New York, never to return. Within months he sold the entire property.

The Wilsons had two daughters, Marion and Louisa. Marion was childless, and Louisa had two sons – one died at age four from pneumonia, and the other was killed in a car crash as a teenager. Wilson, therefore, had no heirs, and in 1929, at the age of 63, Wilson died in New York City without ever seeing his beloved Palmetto Bluff again. *LL*



CALLED BLUFF Pictured is Dan Crosby, with his family, and Bertha Crosby, near the mansion. Bertha started working for the Wilsons as a teenager. Her grandson, Joe Brackin, still lives in Palmetto Bluff.

CHANGING THE WORLD,
ONE BOOK AT A TIME



©2017 Kellie McCann Photography | www.kelliemccann.com

SHE VOWED TO CHANGE THE WORLD THROUGH HER NOVELS... A PERCENTAGE OF EVERY BOOK SOLD DOES JUST THAT.

During her pediatric internship, CJ Lyons, an ER pediatrician and award-winning novelist, lost a friend to murder. Later, when her focus shifted from medicine to writing, she vowed to change the world through her novels.

She's doing that with her Buy a Book, Make a Difference program. For every book sold, a percentage goes into her donor advised fund at Community Foundation of the Lowcountry. CJ recommends grants from her fund to organizations that reflect the theme of the book or the interests of her readers, from CSI resources and training to literacy efforts.

CJ loves the ease of her donor advised fund. Submitting grant requests is simple and convenient, and she likes that she's not bogged down with paperwork and administration.

We like that we can take care of that for her, freeing her up to focus on creating another best seller.

You don't have to be a bestselling author to establish a donor advised fund with us. Let us show you how.

843.681.9100 • cf-lowcountry.org

COMMUNITY FOUNDATION OF THE LOWCOUNTRY



Town & country style

BALTIC BLUES
Baltic print meets floral pattern jewelry.



'MOKE' IT FABULOUS
Non-traditional fall colors of spring paired with architectural stripe purse. Mix prints with stripes for fun.

The sophisticated yet comfortable environment of Wexford creates Hilton Head Island's very own town and country atmosphere. With water, boats and greens appearing at every turn, it was no hard task bringing out the beauty of these backdrops as the models displayed spring styles. LOCAL Life stylist Roxanne Gilleland searched local shops and boutiques to find the perfect pieces to show off the captivating scenery and extraordinary amenities that this community has to offer.

Available at *Cocoon (left) + Quiet Storm Surf Shop (right) + Carolina Rides (pink Moke)*



PLAYFUL PRINTS
Texture texture texture. Over the top paisley print paired with snake-skin boots.



PUTTING THE LOOK TOGETHER
Whimsical mix of patterns, reflected by Prada and Versace, work when the prominent color is in the secondary print.

Available at *SHOP! (left) + The Back Door (center) + Spartina 449 + Island Child + Knickers (right)*



BRING ON THE BLUES

Mixed stripes and prints with the blues of the season.





A LOOK TO DYE FOR
Classic white linen with trendy tie dye. Moody blues for guys with a pop of red.

Available at *Palmettoes and Outside Hilton Head*

Credits

PHOTOGRAPHY Lisa Staff + **CLOTHING STYLIST & HAIR** Roxanne Gilleland + **MAKEUP** Samantha Curran, Makeup Madame + **LOCATION** Wexford



SPARTINA449.COM

ACCESSORIES • CLOTHING • HANDBAGS • JEWELRY • RESORT & TRAVEL • GIFTS

Visit us in store:

Hilton Head
SHELTER COVE TOWNE CENTRE
HILTON HEAD SC

Old Town Bluffton
32 CALHOUN STREET
BLUFFTON SC

spartina 449®
DAUFUSKIE ISLAND



It took Chris about three days to feel the effects of his NAD+ Therapy treatments at Restore Hyper-Wellness and Cryotherapy and the positive changes lasted for many weeks after.

"Good health is important to me so I am up for anything that can help my overall wellness which is why I gave NAD+ Therapy a shot. It's hard to describe how I felt after my NAD+ sessions but 'more centered' comes to mind. It's like feeling of calm and alertness at the same time."

NAD+ is a compound that plays a critical role in the aging process. The body's NAD levels decrease as we age which can be why your body and mind feel like they are slowing down.

"I never thought of myself as an anxious or stressed out person but maybe I was more than I realized. Since starting NAD+ Therapy my thoughts are more clear, I have more focus and I am much less forgetful."

NAD+ IV Therapy can rejuvenate mitochondria, the powerhouse of your cells which are responsible for creating the most basic fuel of your body's biological processes. Flooding the body with IV NAD+ your body's repair mode is jumpstarted in a natural way. Restore's additional vitamin infusion enhances the process, helping with energy production, mitochondria reproduction.

NAD+ Therapy can also enhance brain function, boost energy levels and help you feel more alert. **Just ask Chris.**

Complimentary Consultation

restore
HYPER WELLNESS + CRYOTHERAPY

11 Marina Side Dr, Hilton Head Island
843.715.2001 www.restore.com

MEET THE MODELS...



HADIJE ALIU

How she got her start modeling: "In May of 2013, I moved from Kosovo to the USA. I worked in Hilton Head Island for three months, and during this time, I met a former Ford model, Susan Brainard. I then moved to NYC in October of 2013. Susan Brainard invited me to New York Fashion Week in 2016, where she introduced me to Warrent Satt. Warrent set up my photo shoot for my first portfolio. During all of this, I also bought Gringo's Diner in Coligny in October of 2014 with chef Ariel Palma from Argentina."
Designers she's worked with: Will Franco, Jesse J.Guillen, The Trend Haus, Nettie Nelson, and Denia Carmona, just to name a few. "In November of 2020, I was a cover girl for VueZ Magazine in New York, followed by a seven-page spread representing Los Angeles's top fashion designers."
Her work in the film industry: Her acting career is continuing to grow. She recently shot the Steal From Me pilot, a series produced by Guerrilla Productions and directed by Wil Kazary in Savannah. "Working in the film industry as an aspiring actress, I have met award-winning celebrities such as Hugh Jackman, Michael Douglas, Michelle Pfeiffer, Stan Lee, Julianne Moore, Alicia Vikander, Liam Hemsworth, Patricia Arquette and many more. One of my highlights was working with Tomb Raider star Alicia Vikander as her stand-in for the Gloria Steinem film, The Glorias, where I got to meet Gloria Steinem herself. I also met British costume designer Sandy Powell, who was nominated for the Academy Award for Best Costume Design fifteen times, winning three of them."
Commercials she's appeared in: Delta, Bloody Point Mixing Co., Bulpet, and Upper East River, a luxury residential neighborhood along the Savannah River.
Hobbies: Going to concerts (specifically Guns N' Roses, Maroon 5, Collective Soul, Brian Adams, Goo Goo Dolls, Red Hot Chili Peppers, Metallica, The Rolling Stones, Kiss, Lil Wayne, Blink 182, and Bon Jovi), soccer, tennis, skiing, yoga, running, chess, pool, dancing, and traveling. "I have already visited 20 states in my eight years living in the USA."
Her inspiration: "The source for my inspiration and all of my accomplishments is my guardian angel, my mother. I love her very much!"



HARPER ZEHMS

Local connection: 3rd grade student at Hilton Head Elementary
What she loves about school: Wearing pajamas on pajama day and participating in other fun traditions.
Hobbies: Coloring and playing the Prodigy Math Game on the computer.

PETER WORTHY

Local connection: Local since 1995. "I came down for a weekend visit, and I never left."
Occupation: Personal trainer
Hobbies: Any outdoor activities or cooking, specifically grilling.
Hilton Head Island history he loves: "I love talking with friends about Gullah history. I really enjoy learning about it."





SAMANTHA CURRAN

Hilton Head Island history she loves: "Coming from the north, I love learning about Gullah history through festivals and food. I think learning about these cultures is very important."

STYLE TIPS



©JACQUELINE FRIEL PHOTOGRAPHY

Kathryn is an internationally known style consultant who relocated to Hilton Head. She can be reached at kathrynmademann@gmail.com or by visiting KM2Style.com.

CLOSET FULL OF CLOTHES AND NOTHING TO WEAR? LEARN THE 70-30-10 PRINCIPLE

BY KATHRYN MADEMANN

Those who boast of a closet "full of clothes" usually fall victim to the 70-30-10 principle. Seventy percent is left unworn, 30 percent is deemed wearable, and a mere 10 percent is often repeated as our favorite outfits.

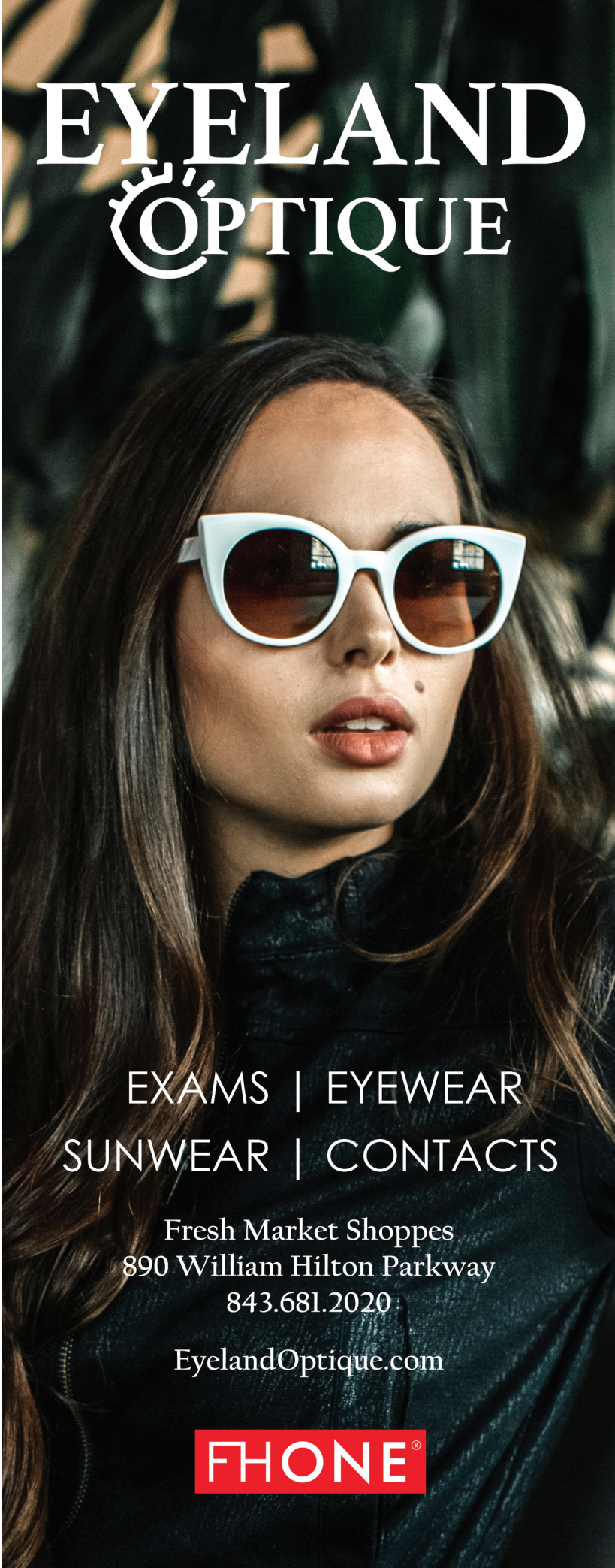
When diving deeper into that neglected 70 percent, we often see those pieces falling into familiar categories. Clothes that tie us to a memory of a special event, were worn 10 pounds ago, were on sale but to this day still have the tags hanging on them, or those motivational pieces we hope to wear one day. For those who can relate to the above, the feelings of frustration can be overwhelming. So what do we do next? Most struggle with finding the time to clean out their closets, but with this I am going to let you in on a little secret. You actively participate in the elimination of clothing every morning! Whether you are rushing the kids to school, running late for work, or discovering that the dog left a surprise somewhere on the floor, the clothing that is left behind should begin to indicate to you that it is not needed.

As we address the 30 percent that you can wear, but you really aren't enjoying wholesomely, I challenge you to think about why this is so. My first suggestion is to take a good look at those items that you aren't wearing and remove them so you can see the clothes that you are actually wearing. Between the 70 percent you aren't wearing and the 20 percent of the 30 percent that doesn't feel good, we are only left with a very small percentage to wear. In my professional guess of the 10 percent remaining, I would say it includes the same black top, black yoga pants and some kind of sweater that you've been wearing over and over.

Let's find your style,

Kathryn

Scan this QR code to find Kathryn's tips to help you regain some sanity with your wardrobe.



Local Love

Chick these out! Celebrate Spring in style with goodies from businesses that are just a hop and a skip away.



WHAT'S POPP(Y)IN?

Hand-block printed in South Carolina, these flour sack towels will add a touch of Spring to your kitchen. Made from 100 percent cotton and machine washable, they are both soft and stylish.

Available at Lowcountry Mercantile and lowcountrylinens.com .



SIMPLY EGG-CEPTIONAL

Your family and friends will love these decorative floral eggs. Great for a colorful Easter display, they are lightweight and the perfect way to bring the garden into your home.

Available at Pyramids.



QUITE THE SPECTACLE

Inspired by the sparkle of diamonds, these RES/REI glasses make every moment feel like the most important moment of the day. This "Queen" style frame is sold in a variety of color combinations and is guaranteed to make you feel like royalty.

Available at Eyeland Optique.

HEY THERE, HOP STUFF

Serve in style with this adorable ceramic bunny dip bowl. Paired with a matching cheese knife, its hand-painted exterior would be a great addition to your Spring kitchenware.

Available at Gifted.





BOTTLED UP

Designed in a plethora of colors, this Corkcicle Classic Canteen keeps drinks ice cold for 25 hours. It's equipped with triple-layer insulation and available in an array of sizes, making it the ideal bottle to share any drink!

Available at Grayco.



EAT, DRINK AND BE ROSEMARY

Channel your inner gardener with this uniquely designed planter by Studio M. Made of durable material and printed with fade-resistant artwork, this pot will bring a smile to anyone's face.

Available at The Spirited Hand.

FULLY BOOKED

Bring Peter Rabbit to your home library by accenting with these hand-painted bookends. These lifelike bunnies sit on sage-green bases and will add charm to any bookshelf.

Available at J Banks.





FLOWER POWER

Make cleaning look cool with this beautifully printed Wet-it cloth. Crafted with high-grade cotton and cellulose pulp, it's absorptive but not abrasive. Stop spending on paper towels and invest in this reusable gem!

Available at Coastal Treasures.

I'M ALL EARS

A soft and cozy friend that is made to last. This limited-release bunny will be cherished by children of all ages and handed down for generations!

Available at Fetch Mkt.



WHAT'S FRESH IN APRIL?

Amazing asparagus

STEAM, BOIL, BLANCH, ROAST, STIR FRY, GRILL OR EVEN MICROWAVE THIS GARDEN-FRESH FAVORITE.



BY MADDIE BANE

Legend has it that Caesar Augustus was quite the fan of asparagus. He would often yell, "Velocius quam asparagi conquantur!," which means, "faster than cooking asparagus." In today's terms, it would translate to, "Get going already!" Augustus would actually have military units go and obtain the vegetable for him. These asparagus fleets would bring back the best varieties to Rome, and then some would be employed to carry fresh spears to the Alps. There they were frozen and preserved for later use. Today the Mediterranean perennials are a lot more accessible, especially here in the Lowcountry. The spears started to pop up in late March, giving asparagus lovers a great start to the spring harvesting season.

LOCAL LIFE TEST KITCHEN

Creamy asparagus and chicken pasta

INGREDIENTS

1 box fettuccine pasta
1 pound chicken breast, cut in small pieces
1 tablespoon olive oil
1 bunch fresh asparagus, trimmed
1 1/2 tablespoon garlic, minced
1/4 teaspoon onion powder
1 teaspoon dried basil
1 teaspoon dried oregano
Crushed red pepper flakes, to taste
1/2 cup chicken broth
1/4 cup half and half
4 ounces cream cheese, cut into pieces
1/3 cup freshly grated Parmesan cheese
Salt and pepper, to taste

DIRECTIONS [1] Cook pasta according to package directions. During the last five minutes of cooking, add the asparagus to the water. **[2]** In a skillet, heat oil over medium-high heat and add chicken, cooking until brown on both sides. Reduce to medium heat and add garlic, onion powder, basil, oregano, and red pepper flakes. Cook for two minutes. **[3]** Add chicken broth, half and half, cream cheese, and half of the Parmesan cheese. Stir until combined, and cook until cheese is melted and chicken is cooked through. **[4]** Add cooked pasta and asparagus, along with remaining Parmesan cheese, salt and pepper.



ROME AROUND THE WORLD
Caesar Augustus was the first Roman emperor, reigning from 27 BC until his death in AD 14.



Have your cake and eat it too

Being very low in calories, asparagus is a great way to get your daily vitamins and antioxidants. The veggie contains protein, fiber, folate, potassium, and vitamins C, A, K, and E (cake, anyone?). It's been shown to improve digestion, aid in pregnancy health and lower blood pressure.

Down to the roots

In South Carolina it takes anywhere from two to four years to grow asparagus that is ready for harvesting. To begin this process, you'll want to purchase one-year-old roots and plant them in early March, 18 inches apart and five inches deep in well-drained, loose soil. Be sure not to cover the crown, as this can prevent proper growth. As the weather heats up, the stems will grow, and more soil will need to be added around the stems. These plants will need two or three growing seasons until they're ready to harvest in the third or fourth year.

How to use them

You can do practically anything with asparagus — steam, boil, blanch, roast, stir fry, grill or even microwave. Much like any vegetable, asparagus can be used in salads, pastas, as a side, or even plain as a crunchy mid-day snack. No matter how you choose to cook or use it, be sure to do so within three days of purchasing for the best flavor and texture.

SINCE 1967

A Hilton Head Island

TRADITION

REAL • LOCAL • SEAFOOD

HUDSON'S™

OPEN DAILY AT 11 AM SERVING LUNCH AND DINNER
BRUNCH ON SUNDAYS AT 10 AM

1 Hudson Road, HHI, SC • 843.681.2772 • hudsonsonthedocks.com
#HUDSONSSEAFOOD

Let's take a coffee break... because you deserve a good cup of coffee (or tea)!

JAVA BURRITO SPRING DRINKS

HONEY LAVENDER LATTE
One of our most popular signature drinks! Espresso, steamed milk, ***lavender extract***, honey, garnished with lavender buds from provence.

MATCHA LATTE
Not a coffee drinker? No problem. We make this tea latte with organic ***matcha powder***, almond milk, honey and vanilla.

CAFE MACHIATTO
This one is for you, coffee purist. Our deep and aromatic ***espresso*** is finished off with just a dash of frothy steamed milk.

HONEY OAT MILK SHAKEN ESPRESSO
Love iced drinks? This is for you. Espresso, honey, and ***oat milk*** poured over ice...then shaken! Cheers! Perfect for those warmer Spring days



Sponsored by your local coffee authority

JAVA BURRITO COMPANY
mexican eatery + coffeehouse
@javaburritocompany







LOCAL LIFE TEST KITCHEN

Asparagus and mozzarella pizza

INGREDIENTS

1 pizza dough
1/2 cup of bechamel sauce or sour cream
1 garlic clove, coarsely chopped
1 ball fresh mozzarella, sliced
6 asparagus stalks, cut in half lengthwise
1 pinch italian seasoning
Olive oil



DIRECTIONS [1] Heat oven as directed on the pizza dough, and spread the dough on a pizza pan or cookie sheet. **[2]** Top the dough with bechamel sauce or sour cream, garlic, mozzarella slices, and asparagus. Sprinkle with Italian seasoning and drizzle with olive oil. **[3]** Cook as directed on pizza dough, or until golden brown.

Where to buy them

YOUR HILTON HEAD ISLAND FARMERS MARKET
Address: 70 Honey Horn Drive
Tuesdays: 9 a.m.-1 p.m.

FARMERS & MAKERS MARKET, SEA PINES
Address: The Shops at Sea Pines Center, Hilton Head
Tuesdays: 10 a.m.-2 p.m.

BLUFFTON FARMERS MARKET
Address: 71 Green St, Bluffton
Thursdays: 1-6 p.m.



LOCAL LIFE TEST KITCHEN

Bacon-wrapped asparagus toast with poached egg



INGREDIENTS

1 bunch asparagus, trimmed
1 tablespoon ***olive oil***
4 bacon slices
4 eggs
4 slices bread, toasted
Salt and crushed red pepper, to taste

DIRECTIONS [1] Heat oven to 450 degrees. **[2]** In a bowl, toss asparagus with olive oil until coated, and divide the asparagus into four equal bundles. Wrap one piece of bacon around each bundle, securing with a toothpick. **[3]** Place the bundles on a baking sheet and roast for six to eight minutes or until bacon is browned. **[4]** Poach the four eggs. **[5]** After toasting the bread, place the asparagus bundles and poached egg on top of each slice and season with salt and crushed red pepper.

Where to order them

ELA'S ON THE WATER

Garden Wrap: Asparagus, arugula, sautéed mushrooms, tomato, goat cheese, avocado and champagne vinaigrette in a flour tortilla, served with a choice of kale salad or truffle fries.

THE BLACK MARLIN

Twin Filet Oscar: Twin 4-ounce filet mignons, crab, shrimp, scallop topping, hollandaise, grilled asparagus, seasonal vegetables and a baked potato.

FRANKIE BONES

Primavera Pizzetta: Asparagus, roasted red peppers, mushrooms, grilled onions and four-cheese blend on a white crust. *LL*





SERG
RESTAURANT GROUP
COASTAL HOSPITALITY®

THE COMMUNITY STRONG VIP PACKAGE IS BACK!

The Community Strong initiative was first developed by the SERG Restaurant Group in 2020 and **raised over $125,000** to help support local charities such as The Deep Well Project, Bluffton Self Help, the Hungry Heart Relief Fund and the Help 4 Hope Fund during a time of crisis. Based on the tremendous community support from last year, we have decided to continue this great initiative.

HELP US REACH OUR GOAL OF

$200,000

TO DISTRIBUTE TO LOCAL NON-PROFIT ORGANIZATIONS

$100 OF EACH SALE WILL SUPPORT LOCAL CHARITIES OF THE LOWCOUNTRY.*

$100 OF EACH SALE GO TO DIRECTLY SUPPORT AND HELP PROVIDE BENEFITS TO THE TEAM MEMBERS OF THE SERG RESTAURANT GROUP SUCH AS PAID TIME OFF.

*CHARITIES WE SUPPORT AND APPLICATIONS TO APPLY FOR THESE FUNDS CAN BE FOUND AT **SERGGROUP.COM/COMMUNITY-STRONG**

serggroup.com | 9A Hunter Road, HHI SC 29926

COMMUNITY STRONG VIP PACKAGE

PURCHASE TODAY AT SERGGROUP.COM/COMMUNITY-STRONG

EACH $300 COMMUNITY STRONG VIP PACKAGE INCLUDES:



VALID FOR AN ENTIRE YEAR!

+



25% OFF* ALL FOOD PURCHASES*

At any SERG Restaurant for Dine-In or Takeout up to $200.
Max $50 Discount.

$100 SERG GIFT CARD

valid at any SERG location

10% OFF* ALL FOOD PURCHASES*

At The SERG Takeout Kitchen.

10% OFF* ALL GIFTS & MERCHANDISE*

At any SERG retail location or Restaurant.

25% OFF* ALL TICKETED EVENTS*

at The Rooftop Bar at Poseidon.

*OFFERS NOT VALID WITH ANY OTHER PROMOTION OR DISCOUNT INCLUDING HAPPY HOUR & EARLY DINING. AVAILABLE FOR TAKEOUT WHEN ORDERING BY PHONE ONLY. NOT AVAILABLE FOR DELIVERY. VALID FOR UNLIMITED USE FROM 05/01/2021 THROUGH 04/30/2022.

TO PURCHASE & FOR MORE INFORMATION VISIT
SERGGROUP.COM/COMMUNITY-STRONG

Historic recipes with a modern twist

LOCAL CHEFS PUT A LOCAL SPIN ON A FEW OLD-WORLD CLASSICS.



A taste of Italy

Take your orecchiette pasta to a whole new level with luscious lumps of crab and flavorsome florets of cauliflower. Chef Nunzio Patruno shared this recipe, which combines fresh seafood with fresh produce, creating an invigorating dish. "Each region in Italy is very proud of its region's artisanal pasta, which makes them distinct from each other," Patruno explained. "Puglia, namely in Mola, are known for their seaports and fisheries. They are also known for their pasta dishes. This one features my favorite favorite pasta — orecchiette."



KEY INGREDIENT

Orecchiette (pronounced o-rek-kyet-teh) originates in the sunny southern province of Puglia, Italy. The name directly translates to "lit-tle ears" in Italian, which has much to do with their oval shape which resembles a small ear. The pasta is typically served with a meat, capers and a crisp white wine.



NUNZIO RESTAURANT + BAR

Orecchiette with cauliflower, fennel and crab meat

SERVES 12

INGREDIENTS

1 pound jumbo lump crab meat
1 pound orecchiette, dry or fresh
1 head of cauliflower, cleaned and cut into florets
1 large fennel bulb (save the fur), julienne
1 ounce pine nuts
1 ounce soaked rice raisins
1 garlic clove
1 pint cherry tomatoes, halved
Pinch of parsley
Pinch of basil
Fresh ground pepper, to taste
Pinch of hot pepper flakes
3 ounces pecorino cheese
2 ounces extra virgin olive oil

DIRECTIONS [1] In a sauté pan, heat olive oil and add chopped garlic, cherry tomatoes, fennel fur, raisins, pine nuts, and hot pepper flakes. Cook for five minutes and set aside. **[2]** Cook the orecchiette pasta in salted boiling water. **[3]** Mid-point of cooking the pasta, add the cauliflower florets and fennel. Strain pasta and vegetables together, place in mixing bowl, and add crab meat and sauce. **[4]** Toss together and add fresh basil, parsley, and fresh ground pepper. Drizzle with extra virgin olive oil, dust with grated pecorino cheese and serve.



HISTORIC ROOTS

Puglia forms the heel of Italy's "boot." *In addition to its amazing orecchiette, the region is also known for its whitewashed hill towns, centuries-old farmland and miles of Mediterranean coastline. A number of castles were built in the area by Holy Roman Emperor Frederick II, including Castel del Monte, sometimes called the "Crown of Apulia," which appears on the Italian version of the one-cent Euro coin.*

CHARLIE'S L'ETOILE VERTE RESTAURANT

Follow me to THE GREEN STAR!

Now Offering...
ORDERS TO-GO
INCLUDING
Individual & Family-Style Meals | Fresh Daily Market Provisions*
50% OFF BOTTLED WINE*
*OFFER LIMITED TO BOTTLES UNDER $100
Plus! MARGARET'S WEEKLY $15 WINE PICKS & SOMMELIER SERVICES*
*OFFERS APPLY FOR TO-GO ORDERS ONLY

From our family – to your table, we are here to serve you!

Call or go online to reserve a table or order to-go:
843.785.9277 CharliesGreenStar.com

YOUR SAFETY IS OUR PRIORITY
Palmetto Priority Certified
GPS (Global Plasma Systems) in all A/C units, ensuring clean air indoors.

8 NEW ORLEANS ROAD HILTON HEAD, SC



THE G-Free Spot
Gourmet Goodies
Gluten Free Specialities

Whatever your occasion, call us!
1511 Main Street • Suite 1511
Hilton Head Island, SC
843.802.4411 • thegfreespot.com

Breakfast? Lunch? or Dessert? Why choose, we've got them all!

THE FINEST ITALIAN CUISINE







INTRODUCING
THE MARKET AT MICHAEL ANTHONY'S

The new Market Cafe is an active Italian market combined with a cafe atmosphere.

From 11:30am – 2:00pm, we offer a menu of sandwiches and pizza. At 5:00pm, the Cafe transforms into a cozy trattoria with a small plate menu featuring artisan pizza, pasta, salads and snacks in a casual atmosphere. We feature a selection of Italian wines by the glass and a full bar.

Please call for reservations.



RESTAURANT

Acknowledged by food and wine enthusiasts and critics alike, the restaurant presents a fine-dining experience combining an award-winning wine list, exquisite food, and attentive service.



COOKING SCHOOL

Classes are held several days each week in our Tuscan inspired state-of-the-art culinary center designed to provide the environment for learning skills and techniques for both novice cooks and culinary enthusiasts.

Michael Anthony's
CUCINA ITALIANA

Orleans Plaza | 37 New Orleans Road | Suite L | Hilton Head Island
843.785.6272 | michael-anthonys.com

French connections

Moss Creek executive chef Lenny Giarratano shared two recipes that are sure to please. A bouillabaisse loaded with redfish, shrimp and mussels is a seafood lover's dream, and his twist on a pineapple upside down cake will have you pining for more. It combines all of the traditional sweet ingredients with savory ones like black pepper, basil and balsamic.



HISTORIC ROOTS

***Bouillabaisse is a traditional Provençal fish stew originating from Marseille**, a port city in southern France that has been a crossroads of immigration and trade since its founding by the Greeks circa 600 B.C. At its heart is the Vieux-Port, where fish-mongers sell their catch along the boat-lined quay.*



MOSS CREEK

Sea Island bouillabaisse

(Serves 4)

INGREDIENTS

1 each 4-ounce medallions local redfish fillet
12 shrimp, peeled and tail off
12 live mussels
1/2 cup carrots, shaped into balls with melon scooper
1/2 cup potatoes, shaped into balls with melon scooper
1/2 cup medium onion, diced
1/8 cup celery, finely diced
2 teaspoons fresh chopped garlic
1/2 teaspoon crushed red pepper
*2 teaspoon **saffron threads***
1 teaspoon dried tarragon
1/4 teaspoon dried thyme
1/2 cup chiffonade collard greens
1 cup white wine
1 quart shrimp stock
Zest of 1 lemon
Clarified butter, as needed
2 tablespoons cornstarch
Crusty Cuban bread, for dipping



DIRECTIONS [1] Sauté carrots, onions, and celery in butter and add pepper and garlic. Be sure to not brown the garlic. **[2]** Add wine, zest, stock, water, greens, saffron and herbs. Simmer until carrots are tender and greens are limp. **[3]** Add potatoes and simmer until potatoes are almost tender. **[4]** In another deep sauté pan, heat butter and sear shrimp and on both sides. Cover with broth and simmer until done. Make slurry with cornstarch and 2 tablespoon of cool water and add to mixture while stirring. Cook one more minute. **[5]** Present in a soup bowl and garnish with grilled bread.



MOSS CREEK

Black pepper pineapple upside-down cake

INGREDIENTS

4 eggs
1/2 cup butter, softened
1 cup packed light brown sugar
20-ounce can sliced pineapple
10 maraschino cherries, halved
1 cup sifted flour
1 teaspoon baking powder
1/4 teaspoon salt
1 cup white sugar
1 teaspoon coarse ground black pepper
1 tablespoon butter, melted
1 teaspoon almond extract

DIRECTIONS [1] In a heavy 10-inch iron skillet, melt half-cup butter over very low heat. Remove from heat and sprinkle brown sugar and pepper in the pan evenly. Heat oven to 375 degrees. **[2]** Arrange pineapple slices to cover the bottom of skillet and arrange cherries between the pineapple. **[3]** Sift together flour, baking soda, and salt. **[4]** Separate eggs into two bowls. In a large bowl, beat whites until soft peaks form. Add white sugar gradually, breaking well after each addition. Beat until medium-stiff peaks form. In a small bowl, beat egg yolks at high speed until thick and yellow. Using a rubber scraper, gently fold yolk mixture and flour into whites until blended. **[5]** Fold in tablespoon melted butter and almond extract. Spread batter evenly over skillet, and bake for 35 minutes or until surface springs back when gently pressed with fingertip and a toothpick inserted comes out clean. **[6]** Loosen the edges with a knife and cool 5 to 10 minutes before turning cake onto a cutting board. Serve with vanilla gelato, sweet balsamic syrup, and micro basil sprouts.



KEY INGREDIENT

Maraschino cherries are first preserved in a brine solution to bleach the fruit, then soaked in a suspension of food coloring, sugar syrup, and other components. In addition to the customary red, you can purchase them in a variety of fruity flavors and colors, including purple, green, orange, blue and yellow.



HISTORIC ROOTS

According to historians, the term "upside-down cake" first started appearing in the late 1800s. *Before then, they were called skillet cakes. Since ovens were neither common nor reliable, the cakes were made in cast-iron skillets on top of the stove. Inverting a cake to reveal a topping has been popular since the Middle Ages.*

ELA'S
ON THE WATER



BEST DINING &WATERVIEWS ON THE ISLAND!

CALL 843-785-3030
FOR RESERVATIONS

DINNER DAILY @ 5
SUNDAY BRUNCH 11-2

ONE SHELTER COVE LANE
HILTON HEAD ISLAND, SC
843.785.3030
WWW.ELASGRILLE.COM

Alexanders™
RESTAURANT & WINE BAR



JACKSON FAMILY WINE DINNER
THURSDAY, APRIL 22 • 6:00 - 8:30 P.M.
Five Course Prix Fixe Menu
(Advanced reservations & payment required.
Visit: AlexandersRestaurant.com/wine-dinner)

Open 7 nights a week
Dinner 5:00 - 9:00 p.m. • Early Dining 5:00 - 5:45 p.m.
Reservations recommended, call 844.627.1665
after noon daily or visit: AlexandersRestaurant.com

Located in Palmetto Dunes
76 Queens Folly Rd • Hilton Head Island

RESTAURANT news

Fresh food + Now open + Hot products



Lucky Rooster Kitchen + Bar set to reopen

CHEF DAVID LANDRIGAN JOINS TEAM; NEW OWNERSHIP LOOKS TO BUILD ON PAST SUCCESS



Popular upscale hot spot Lucky Rooster Kitchen + Bar will reopen this month according to the new owners, Leffew Restaurant Group. *Guests will be welcomed back with the same chef-forward focus on fresh local ingredients and regional favorites with the addition of executive chef David Landrigan, formerly of Circa 1875 and La Scala Ristorante in Savannah. "We're excited to welcome diners back to Lucky Rooster Kitchen + Bar," said operating partner David Leffew, who brings more than 20 years of hospitality experience to the venture. "Chef Clayton Rollison created a really special experience here, and we're looking forward to building on what he started." The restaurant will be open seven days a week, offering brunch and lunch from 10:30 a.m. to 2 p.m. and dinner from 4-9:30 p.m. There will also be daily happy hours and live music on the patio. luckyroosterhhi.com.*

Poco Loco Party returns to Holy Tequila



Every Friday from 10 p.m.-2 a.m, party with DJ Mar at Holy Tequila. *Enjoy $4 Lunazul Primero shots, $3 Estrella Jalisco bottles, $5 Lunazul margaritas and $2 tacos.*



Ramen restaurant opens in Coligny

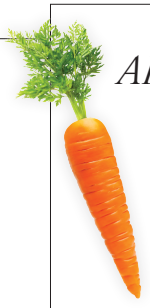
Alex Vitto, owner of Al's Aloha Kitchen on the South End of Hilton Head Island, has opened a new restaurant in Coligny Plaza under Big Bamboo. ***The restaurant, called NOOD, is an Asian-island fusion that specializes in customizable ramen noodle bowls.*** *The menu also includes teriyaki skewers and dumplings.*

Salty Dog Ice Cream is back



The Salty Dog Ice Cream Shop now open for the 2021 season. *The window opens at 11 a.m, just in time for a post-breakfast treat.*

APRIL FOOD HOLIDAYS





April 1: Sourdough Bread Day
April 2: **Peanut Butter and Jelly Day**
April 3: Chocolate Mousse Day
April 4: **International Carrot Day**
April 5: Caramel Day
April 6: International Carbonara Day
April 7: **Beer Day**
April 8: Empanada Day
April 9: Chinese Almond Cookie Day
April 10: Cinnamon Crescent Day
April 11: Cheese Fondue Day
April 12: **Grilled Cheese Day**
April 13: Peach Cobbler Day
April 14: **Pecan Day**
April 15: Glazed Ham Day
April 16: Eggs Benedict Day
April 17: Cheese Ball Day
April 18: **Animal Crackers Day**
April 19: Rice Ball Day
April 20: Pineapple Upside-down Cake Day
April 21: Chocolate-covered Cashews Day
April 22: **Jelly Bean Day**
April 23: Cherry Cheesecake Day
April 24: **Pigs-in-a-blanket Day**
April 25: Zucchini Bread Day
April 26: **Pretzel Day**
April 27: Prime Rib Day
April 28: Blueberry Pie Day
April 29: Shrimp Scampi Day
April 30: Oatmeal Cookie Day





















TRY THESE

Top picks for April from the local food scene.



Bad Biscuit has updated its menu for 2021 with tons of lunch and dinner items along with a few KETO options. The biscuit and gravy flight is a must-try.



Sink your teeth into one of these tasty key lime pie tarts. Available at ***The G-Free Spot***.



Palmetto Bay Sunrise Cafe is serving up chicken, spinach, and mushroom crepes, topped with a swiss cheese Béchamel sauce along with a house salad on the side.



A hot pastrami sandwich with Swiss cheese and mustard aioli on a toasted focaccia bun. Does it get any better than that? Grab one at ***Frankie Bones***.



This dish combines local shrimp, Sambol aioli, Asian slaw and toasted sesame seeds all tucked into a lettuce wrap. Get an order of Bling Bling Shrimp at ***Hudson's Seafood House on the Docks***.



Lulu Kitchen opens mid-island

Scott Hastings, award-winning chef from the Hamptons of Long Island, has opened LULU Kitchen restaurant with his wife Jennifer. *LULU Kitchen is in the Fresh Market shopping center off of U.S. 278 on Hilton Head Island. Their goal is to provide a unique dining experience unlike any other on the island. Hastings catered to prominent celebrities and professional sports athletes for many years while in the Hamptons. His focus is on exquisite cuisine made of the freshest ingredients, in an eclectic setting. The restaurant is open for lunch and dinner Tuesday through Saturday with a brunch being served on Sundays from 10 a.m. to 3 p.m. They are closed on Mondays.*



Cassandra's Kitchen opens in Bluffton

A one-stop-shop for everything Ina Garten, The Barefoot Contessa, has opened on Red Cedar Street in Bluffton. *Cassandra's Kitchen specializes in simple, no-fuss kitchen tools, cookware and bakeware.*

New restaurants and a tea shop targeted for Port Royal Plaza

OKKO owner Wei Zhu hopes to expand his restaurant group (KJA) in Port Royal Plaza by opening two national franchises and a local cajun seafood restaurant in the old Bi-Lo building, next to Planet Fitness. ***JINYA, a franchise that specializes in ramen noodle dishes; Kung Fu Tea, America's largest made-to-order bubble tea brand; and Angry Crab Cajun seafood, a cajun-inspired style restaurant,*** *are set to open this upcoming fall, pending town approval.*







fresh, simple, and local

View menu & event details at
nunziohhi.com

N

NUNZIO
RESTAURANT+BAR

Follow us on:

For reservations call **843.715.2172**

18 New Orleans Road • Hilton Head SC

Lavender Mint Julep

Need: ½ cup sugar · ½ cup water · ¼ cup lemon juice · 2 lemon peels · 1½ tsp dried lavender
1½ oz bourbon · 1½ oz lemon lavender simple syrup (made with ingredients above)
3 mint leaves · crushed ice

1 Dissolve sugar in water over medium high heat. Add lemon juice, peel & lavender. Bring to boil & simmer.



2 Remove from heat & cover with lid for 30-60 minutes. Strain the simple syrup to remove lemon peel & the lavender buds.



3 Gently muddle mint with simple syrup. Do not muddle too much because it will become bitter.



4 Place crushed ice into glass. Pour 1½ oz of the lemon lavender simple syrup.



5 Choose a bourbon that pairs well with mint.

Pour 1½ oz of bourbon of your choice over the mint leaves & the simple syrup.





6 Stir & garnish with more mint, lemon peel & lavender. Enjoy!



Mint to last

A SPECIALTY COCKTAIL THAT'S ROOTED IN TRADITION

A rose by any other name would be … julep? It's believed that the word ***julep*** comes from the Persian word gulab, which directly translates to "rosewater." The first mention of a mint julep dates back to 1784, when it was used for medicinal purposes, specifically to relieve stomach aches. Apparently, it soothes the lining of the digestive tract and produces essential digestive fluid. The drink is mentioned again in 1803, when John Davis described a mint julep as a "dram of spirituous liquor that has mint steeped in it, taken by Virginians in the morning" in his book *Travels of Four and a Half Years in the United States of America*.

Fast forward to 1938, when it became the official drink of the Kentucky Derby. No one's exactly sure why this happened, but it appears to have been a good decision. In recent years, Derby organizers have had to make plans to arrange 10,000 bottles of bourbon, 1,000 pounds of fresh mint, and 60,000 pounds of ice in order to make 120,000 of the cocktails for the two-day event. Try making your own mint julep at home with this lavender twist illustration done by LOCAL Life's Megan Goheen.



Run for the Roses

What: 2021 Kentucky Derby
When: 6 p.m., Saturday, May 1
Where: Churchill Downs; Louisville, Ky.
TV: 5 p.m. on NBC (post time at 6 p.m.)
Early favorite: Greatest Honour (Courtlandt Farms; Marion County, Fla.).







SOUTHERN TIDE

SOUTHERN TIDE SIGNATURE STORE
SHELTER COVE HARBOUR & MARINA
(Adjacent to Neptune Statue)

MON–SAT | 10AM–8PM
SUNDAY | 12PM–6PM

17 HARBOURSIDE LANE
HILTON HEAD ISLAND, SC 29928
southerntidehiltonhead.com | 843.686.9160



WWMD

What would Margaret drink?

Margaret Pearman is a certified sommelier under the Court of Master Sommeliers and is responsible for curating the award-winning wine list at Charlie's L'Etoile Verte. ***Here are her sipping suggestions for April:***

How America's wine icons were born

Winemaking is an ancient practice tracing back to the Chinese, Greek, and Roman empires starting in 7000 B.C. Wine as we know it today is markedly different from the wine of old that had to be preserved with resin or honey. Modern wine making started in the 15th Century in Europe with France as the benchmark. If you think about it, no other country has such diverse growing regions: crisp sparkling Champagne, spicy Rhone reds, silky Burgundian Pinot Noir, and unctuous sweet Sauternes. Early on, the French understood the importance of distinct terroirs, and which varietals thrived in them. Several key events in the last two hundred-plus years have brought us to where we are today, and allowed for American wine making to make a place for itself on the world stage.

ICONIC AMERICAN WINES WORTH SEEKING OUT

- *Ridge Montebello Cabernet*
- ***Heitz Wine Cellar "Martha's Vineyard" Cabernet***
- *Chappellet "Pritchard Hill" Cabernet*
- *Clos du Val Cabernet*
- *Inglenook Cabernet*
- *Beaulieu Vineyards Tapestry Red Blend*
- *Buena Vista Cabernet, Pinot Noir, and Chardonnay*
- *Chalone Vineyards Chardonnay*
- *Eyrie Vineyards Chardonnay and Pinot Noir (Oregon pioneer winery)*



For the 1855 Exposition Universelle in Paris, Bordeaux, wine brokers were tasked with making a list of the finest whites and reds. Even though the list was merely based on price, it would forever become engrained as the who's who of wine. It came to be known as the Classification of 1855. The list included four red Premier Cru Superior: Lafite, Margaux, Latour, and Haut Brion; and one white wine: Yquem. Since 1855, only one chateau has been elevated: Mouton Rothschild in 1973.

Not long after, phylloxera hit Europe. A tiny grape louse that attacks the root of the vine decimated nearly sixty percent of vineyards. It is believed the invention of the steamship sped up travel across the Atlantic and allowed the foreign invader to survive the trek. Scientists figured out that American rootstock, Vitus Americanus and Riparius (six species and hundreds of varietals) were resistant to phylloxera. Europe had cultivated wine on the Vitus Vinifera rootstock (Cabernet, Pinot Noir, Chardonnay, etc.) originating from ancient Georgian region. The idea of grafting French vineyards to American rootstock did not go over well at first, but it was the only way the French wine industry could survive.

Thus it had been established that the great wines of Europe could be produced on American rootstock. It took one illustrious Hungarian immigrant by the name of Haraszthy to figure out that Vitus Vinifera could be grafted on American rootstock. Through a calamity of events, Count Haraszthy settled in California and established Buena Vista winery. His wines won awards and attracted publicity. In 1861, the governor asked him to travel around Europe to record vineyard practices, wine-making techniques, and collect rootstock. He returned with over 100,000 cuttings and a wealth of knowledge.

As are many things American, wine making was dominated by the idea of "bigger is better." Quality was thrown by the wayside for ambitions of bulk production. Throughout the '50s and '60s American wine consumption dramatically increased. Then in the 1970s a new breed of American wine making was born: one that sought to emulate the greats of Europe. American wines started drawing attention from across the pond. A British wine merchant and writer, Steven Spurrier, organized a two-part blind tasting made up of American and French white and red wines. In a huge upset, the American wines won: Chateau Montelena Chardonnay and Stag's Leap Wine Cellar Cabernet. The tasting would be called the Judgment of Paris, and America would become a player among the world's wine greats.



A toast to history

LEARN A FEW THINGS WHILE SIPPING ON THESE COCKTAILS

Ever wondered where the term mulligan came from? *In the 1920s, a man named* ***David Mulligan*** *would be unsatisfied with his tee off and would simply re-hit it. He called it a "correction shot," but his friends had a better idea — to name it after him. The term Old Fashioned has an interesting history as well. The cocktail dates back so far that no one can really track down its conception, but its name was dubbed in the 1880s by The Chicago Tribune. They called it this because of the many drinkers that would order this drink "the old-fashioned way." Now 141 years later, it still bears the same name. When does it become an old Old Fashioned?*





Tito's Mulligan Mary

INGREDIENTS

1 1/2 ounces Tito's Handmade Vodka
4 ounces Bloody Mary Mix

DIRECTIONS [1] Add Tito's Handmade Vodka, Bloody Mary mix and ice into a glass. **[2]** Stir and add garnishes of your choice.

Tito's Pecan Old Fashioned

INGREDIENTS

2 ounces toasted pecan-infused Tito's Handmade Vodka (recipe below)
1-2 brown sugar cubes
3 dashes of orange bitters
1 orange peel

DIRECTIONS [1] Muddle 1 or 2 sugar cubes and 3 dashes of bitters. **[2]** Add toasted pecan-infused Tito's, orange peel and one large ice cube. **[3]** Stir and garnish with a cranberry.





TITO'S TOASTED PECAN INFUSION

INGREDIENTS

750 ml Tito's Handmade Vodka
1 1/2 cup toasted pecans

DIRECTIONS [1] Toast pecans in a 350-degree oven until they become aromatic (about 5 minutes). **[2]** Let pecans cool, drop them into a resealable jar, and fill with Tito's Handmade Vodka. **[3]** Store in a cool, dark place for 1 month, if you can wait that long.



Tito's®

Classic Cosmo

1½ oz Tito's Handmade Vodka
1 oz orange liqueur
¾ oz fresh lime juice
1 splash cranberry juice
1 lime slice, garnish

Add all ingredients to a shaker with ice. Shake and strain into a martini glass. Garnish with a lime slice.

AMERICA'S Original CRAFT VODKA

Tito's Handmade VODKA AUSTIN ★ TEXAS

* TitosVodka.com * Crafted to be savored responsibly. DISTILLED & BOTTLED BY FIFTH GENERATION INC, AUSTIN, TEXAS 40% ALC./VOL. © 2021 TITO'S HANDMADE VODKA.

Know your Heritage

PGA TOUR EVENT RETURNS TO HARBOUR TOWN WITH A FEW CHANGES.





CROWD CONTROL The 2021 RBC Heritage Presented by Boeing will be played with limited spectators, 25 percent of tournament capacity, along with other safety guidelines.

The 53rd annual RBC Heritage Presented by Boeing is set for April 12-18 at Harbour Town Golf Links. With the ongoing pandemic, several health and safety precautions will be put into place in order to provide an environment that prioritizes everyone's health. This means that the tournament will operate a bit differently this year.

- Upon entry, guests will be required to have their temperature taken and complete a Covid-19-related questionnaire.
- Contactless ticket entry will be implemented. Will Call will not be available in order to minimize interaction.
- The usual skyboxes and private hospitality venues will be replaced with open-air villages and concession areas.
- Permanent and temporary structures will be sanitized daily. Masks and social distancing will be mandatory.
- There will be First Aid tents to assist guests who begin to feel ill or who develop symptoms after arriving.

TROPHY HUNTING Defending champion Webb Simpson returns to defend his title against the world's top golfers in the RBC Heritage Presented by Boeing.





Get a ticket

There will be fewer spectators allowed, which has led to a unique ticket-buying experience. The Heritage Classic Foundation is working with the tournament's official sponsors first and then will open sales to past ticket buyers. Here are the ticket types and prices.

Wednesday Ticket, $20
Offers ground access on Wednesday to enjoy the RBC Heritage Pro-Am.

Plaid Pass, $150
Offers one-day access to the tournament grounds and on-course concession stands. Available for Thursday, Friday, Saturday and Sunday.

Sponsor Village Ticket, $300
Offers one-day access to the tournament grounds plus entrance to the Sponsor Village, an exclusive area between the 17th and 18th tee that includes video board, complimentary food and beverage, and socially distanced bleacher seating. Available for Thursday, Friday, Saturday and Sunday.

Youth Ticket, Free
Children aged 15 and under are admitted for free with a ticketed adult. Up to four youth tickets can be reserved with each adult ticket purchased.

VIP Parking, $25
Located inside Sea Pines with shuttles providing transportation to Harbour Town.

Pro-am spot, $3,500-$7,000
Get to know PGA Tour professionals and play side-by-side with some of the world's best athletes. Available Monday or Wednesday.



©ALL PHOTOS PROVIDED BY RBC HERITAGE

BROOKS

RUN HAPPY SHOP



Gear to help you Run Happy

Come see what's new at our Run Happy Shop. Choose from a selection of shoes and apparel for a head-to-toe look — with new pieces every month. Plus, get product recommendations and running tips from our expert staff. They're here to help you make the most out of your miles.

PALMETTO RUNNING COMPANY

BEST ★ RUNNING STORES 2020

843.815.1718 | palmettorunningcompany.com

Players to watch

©PHOTOS BY ARNO DIMMLING



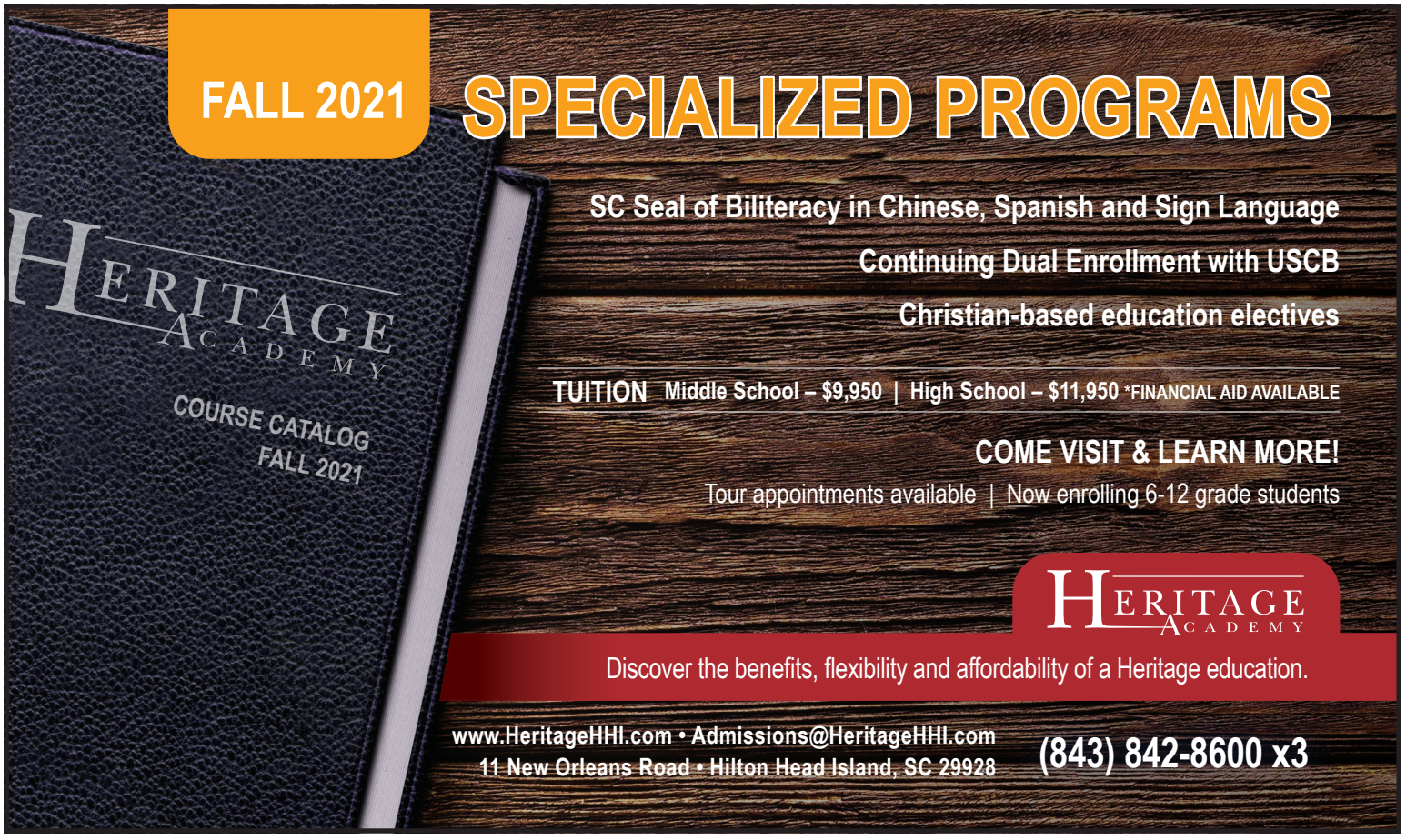
DUSTIN JOHNSON
Johnson has earned 24 victories on the PGA Tour since leaving Coastal Carolina University in 2007. He earned his second major championship at the 2020 Masters. He won the FedExCup for the first time in 2020 and is currently ranked 1st on the Official World Golf Rankings.



JIM FURYK
Furyk, a two-time champion, will be making his 21st start at Harbour Town. Furyk served as the United States Ryder Cup Team captain for the 42nd Ryder Cup in 2018 and was an assistant captain on the winning 2017 Presidents Cup team. He is often near the top of the Heritage leaderboard.



WEBB SIMPSON
Simpson earned his seventh PGA Tour victory at the 2020 RBC Heritage held last June. In his previous ten starts at Harbour Town, he carded six top-20 finishes, including a second-place finish in 2013 after a losing a sudden-death playoff to fellow Team RBC ambassador Graeme McDowell.





GRAEME MCDOWELL
Northern Ireland's McDowell earned his second PGA Tour win at the 2013 RBC Heritage, where he defeated Webb Simpson in a sudden-death playoff. In 2019 he carded his fourth win at the Corales Puntacana Resort & Club Championship. McDowell has 10 victories on the European Tour and will be making his 11th start at Harbour Town this year.



MATT KUCHAR
Kuchar won the 2014 RBC Heritage in dramatic style, holing a bunker shot for birdie on the 18th hole to earn a final day 64 and a one-stroke victory. He earned a runner-up finish at the 2019 RBC Heritage, falling by one stroke to C.T. Pan. The Sea Island, Georgia, resident has competed in the RBC Heritage 17 times since turning pro in 2000.



BRANDT SNEDEKER
Snedeker earned his ninth win on the PGA Tour at the 2018 Wyndham Championship. After winning the 2011 Heritage, Snedeker secured two PGA Tour victories in 2012, first at the Farmers Insurance Open and then at The Tour Championship. Those wins helped him earn the 2012 FedEx Cup title. He will be making his 15th start at Harbour Town.

Make your dream home a reality on River Club's last deep-water access homesite.





43 RIVER CLUB DRIVE, INDIGO RUN, HILTON HEAD $1,495,000

CALL JEFF HALL

This is a one-of-a-kind opportunity to build your dream home in the exclusive River Club with an opportunity to apply for a dock permit. This is the last homesite available in River Club with deep-water access and Breathtaking views looking East over the Palmetto Bay. Enjoy the additional amenities that the Indigo Run community has to offer, including a clubhouse, tennis, pool and golf and it's just minutes from great boating and fishing in the inland waterways and ocean.

843-384-7941
livehiltonhead.com
jammerhhi@gmail.com



©LUKE HIGGS

May the course be with you

BLUFFTON'S BRYSON NIMMER TAKES ON THE RBC HERITAGE

BY MADDIE BANE



©LUKE HIGGS

The Heritage Classic Foundation has awarded Bluffton native ***Bryson Nimmer*** a sponsor's exemption for the 53rd annual RBC Heritage Presented by Boeing. After leading Hilton Head Christian Academy to the state championship in 2013, he soon followed in his father's footsteps and played for Clemson, where he won multiple collegiate awards. Nimmer competed in 11 events in Canada on the MacKenzie Tour in 2019, and in 2020 he had two victories and a runner-up finish at the LOCALiQ Series. With these wins, he received an exemption into the 2021 RBC Canadian Open and the Puerto Rico open, where he finished in the top 40. LOCAL Life was able to catch up with him to discuss growing up in the area and his golfing career.







[LOCAL Life] Tell us a little bit about growing up in Bluffton. [Bryson Nimmer] My family is originally from Ridgeland, and we moved over to Bluffton when I was about six or seven years old, and we've been over here pretty much ever since. We lived in Rose Hill and moved out of there when I was a junior in college, and it was great. I went to Hilton Head Christian on the island all the way from kindergarten until twelfth grade. It was a really cool experience, because I got to really enjoy Bluffton and Hilton Head growing up.

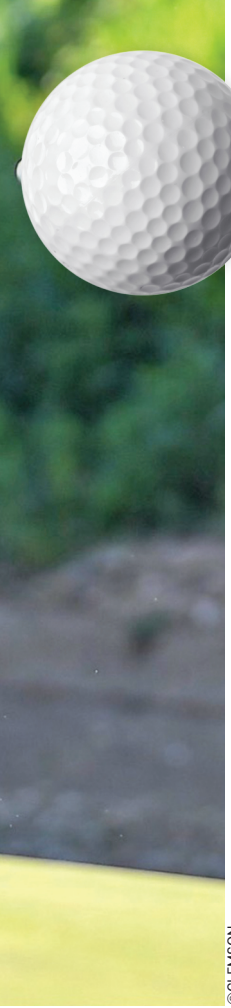
[LL] What got you into the game of golf? [BN] My dad was a big influence. He played college golf at Clemson, so he was a major influence that got me into it. Just being in the area was a big influence, too. Being in the middle of a really big golf community provoked me to want to play. There are so many good golf courses around here, and it's a pretty popular sport in this area.

[LL] What's been your favorite course to play in the area? [BN] I really love Harbour Town. I know that's the cheesy answer, but it really is my favorite course in the area. There are so many good ones though. I grew up playing out at Berkeley Hall, and Chechessee and Secession over in Beaufort are both great. May River is really good as well.

[LL] What are some of your favorite things to do around Hilton Head and Bluffton? [BN] I love going down to the beach on the island. I grew up going down there, and my buddies and I would go skim-boarding, go out on the boat, go out on the May River sandbar, and just enjoy all of the surroundings.

[LL] Did you ever attend the RBC Heritage growing up? How cool is it to be playing in it now? [BN] Yeah, I did. I've been many times. I probably started going when I was maybe ten years old and probably went all the way until I graduated from high school. It's so cool growing up and going down and seeing all of those guys play, and now to have the opportunity to participate is pretty cool and pretty surreal.





©CLEMSON

[LL] What has been your proudest moment in your golfing career thus far? [BN] I would say, probably more than anything for me, is the team events. Playing at Clemson, we won a number of team events, and we won ACCs my freshman year. Those are always cool. I think individual accomplishments are always really good, but it's probably twice as good, if not more, when you're doing it with a group of guys. Those were probably my proudest moments with golf.

[LL] You've played in many different places all over the world. How do those courses compare to the ones here? [BN] They're very different. Every part of the world is a little different. The weather is different, the grass is different, and everywhere kind of has its special thing. I've played south of the U.S. down in Mexico, Puerto Rico, and South America, and then you go north up in Canada, and it's completely different there too. It's just kind of adapting to all of the different places. I've really enjoyed Puerto Rico. I've gotten to play there three times now, and that one's been pretty cool. I'm a sucker for warm weather, so it's hard to beat.

[LL] What do you do to prepare for a tournament? [BN] For me, I've got a pretty good routine that I've followed for a long time now. I really try to get as much work in as I can, and I focus on the golf course that I'm going to be playing. It makes it really easy now, obviously having become a home event. I'm going to try to get out to Harbour Town as much as I can to get used to the course and try to focus my practice on that course. *LL*



©RBC HERITAGE

The boys are back in town

What: RBC Heritage Presented by Boeing, a PGA Tour event
When: April 12-18 (tournament play April 15-18)
Where: Harbour Town Golf Links, HHI
Tickets: rbcheritage.com, 843-671-2448
TV: CBS, The Golf Channel



Five steps for a better round

SHAKE OFF YOUR WINTER RUST WITH PRO TIPS FROM BELFAIR PROFESSIONAL DANA RADER



Dana Rader is a nationally recognized leader in the golf industry. After selling her golf school in Charlotte, she returned to her coaching roots in 2018, becoming director of instruction at Belfair. She is a "Top 50 Instructor in the U.S.," is ranked as the "Best in South Carolina" by Golf Digest and has been featured on the Golf Channel numerous times. She served for eight years as the LPGA Professionals national president and was inducted into the LPGA Professionals Hall of Fame in 2016. Recently, she was the recipient of the 2020 Nancy Lopez Golf Achievement Award. With The Masters, the RBC Heritage and beautiful weather at our doorstep, we asked Rader to share steps for shaking off the winter rust.

Get a grip



STEP 1: Grip pressure. A common misconception is to hold the golf club lightly in your hands as though you're holding a bird and especially so with the right hand or trail hand. This leads to the club head fanning open and losing control of the club face, especially at impact. Your hands should be firm at address but shoulders and arms relaxed. As you swing the club back, the hands should tighten so that you have control of the club head. Firmer grip pressure leads to better ball striking.





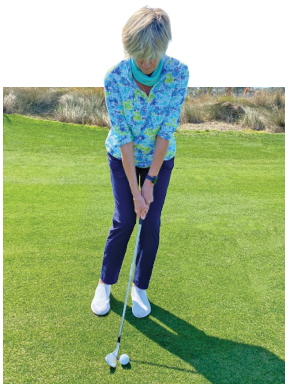
Find your fit

STEP 2: Does your putter fit you? If your putter doesn't fit you, it affects your posture over the golf ball. For example, you get your husband's hand-me-down putter, and it's too long. Gripping down is not always the best thing to do as you will have a lot of distance-control issues if the putter is too long or short. A putter that is too long tends to make you stand too upright over the ball, moving your eyes too far away from the ball. Solution: Get fitted for the putter that fits you, not the other way around. It will take strokes off your game.



Cash in your chips

STEP 3: Chipping setup. There are three basic keys to setup. First, stance is narrow and the weight/pressure is always on the forward foot with your head and sternum in front of the ball. The weight/pressure should be approximately 80 percent on the front foot. Second, during the backswing arc, there is very little movement or shift to the back foot. The motion is a pendulum swing with shoulders and arms working on the same plane. The more movement in the lower body, the worse chance you will have to make good contact. Third, stay grounded on your front foot as this will lead the club head to a better impact position.





Pre-game it

STEP 4: The pre-shot routine process. In order to play the game of golf, you must be organized in what you think about and how much you think. All great players have a routine or a process that keeps them focusing on the right things. First, take your rehearsal away from the golf ball. Rehearse the feel and the swing thought you are going to take on that particular shot. Once you get over the ball, it's time to perform. Get a good snapshot of your target just prior to hitting your shot. You must always engage your target with your eyes as it should be the last picture you see. It takes practice to keep your mind focused and committed to your shot, but if you focus on a process, it will keep you on task and away from unnecessary swing thoughts. Create a routine that works for you and one that provides a positive thought process that is simple and easy to repeat.

Practice with purpose

STEP 5: How to practice. There are two types of practice. The first one is maintenance. This is called block practice where you are using an alignment aid and working on specifics in your swing and hitting a variety of clubs at the same target. This is simply working on very focused tasks in your swing and setup to improve your swing motion. The second one is performance random practice. You actually simulate on-course play going through your routine each shot. In this practice, you never hit the same shot twice. Change clubs each time and change direction. This type of practice will actually transfer to the golf course as it's more about playing the game on the range instead of constantly working on your swing. Both practice types are needed, but the largest percent of your practice should be performance-based. *LL*



DOUBLE THE FUN

Belfair, a private golf club community in Bluffton, features two championship golf courses designed by Tom Fazio that exemplify Lowcountry beauty. The West Course opened in 1996, with Links Magazine proclaiming it "the finest set of golf holes in the Lowcountry, if not on the East Coast." Belfair's East Course opened in 1999 and is reminiscent of the links courses of Scotland while showcasing the area's deep-water views, freshwater lakes and lagoons. Golfweek Magazine ranks both courses among the "Best Residential Courses" in the United States.



TAILOR-MADE FOR HILTON HEAD. TAILOR-MADE FOR YOU.

Our two full-service locations are open and conveniently located on the Island. Take advantage of our enhanced financial services by visiting one of our drive-through, ATM, or lobby locations for solutions that are tailor-made to meet your needs. Stop spending so much time on banking and get back to doing what you love with South Atlantic Bank.

VISIT OUR BRANCHES ON HILTON HEAD ISLAND TO LEARN MORE ABOUT OUR FINANCIAL SERVICES.

HILTON HEAD - MAIN STREET
81 MAIN ST., SUITE 100
HILTON HEAD ISLAND, 29926
843.548.1004

HILTON HEAD - PARK LANE
5A PARK LANE
HILTON HEAD ISLAND, 29928
843.785.3400



Ansley Goodman
Vice President
Retail Banking Leader



Randy Dolyniuk
Senior Vice President
Commercial Team Leader



Susan Sherry
Commercial / Mortgage
Relationship Manager

SOUTHATLANTIC.BANK

South Atlantic Bank®

MEMBER FDIC EQUAL HOUSING LENDER

DIRECT FLIGHT

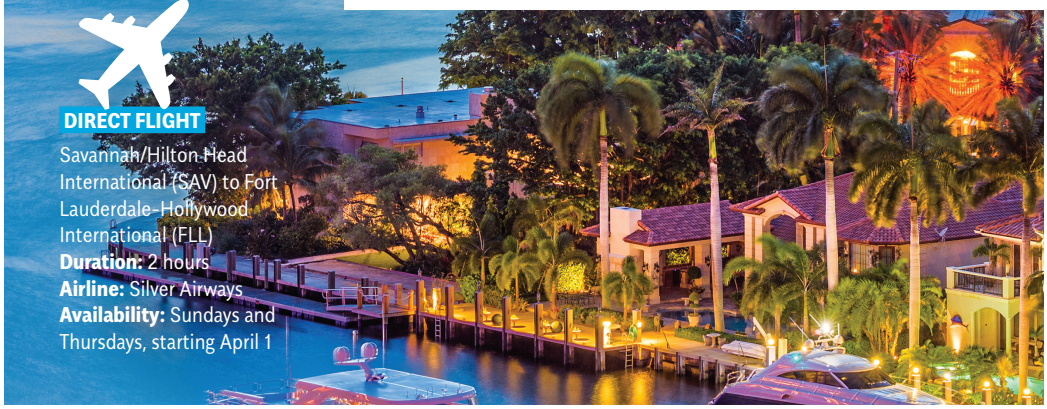


With over 300 sunny days and 3,000 hours of sunshine every year, Florida is a literal hot spot for travel. Known for its beaches and boating canals, **Fort Lauderdale** has made a name for itself as one of the top destinations in the Sunshine State. Starting April 1, Fort Lauderdale will be closer than ever, with Silver Airways launching a direct flight service from the Savannah/Hilton Head International Airport straight to Fort Lauderdale. From luxury resorts to renowned eateries, here's everything you need to start planning your trip.



Fort Lauderdale

'THE VENICE OF AMERICA' IS NOW JUST A SHORT FLIGHT FROM SAV.



DIRECT FLIGHT

Savannah/Hilton Head International (SAV) to Fort Lauderdale-Hollywood International (FLL)
Duration: 2 hours
Airline: Silver Airways
Availability: Sundays and Thursdays, starting April 1

WHAT TO DO



EVERGLADES HOLIDAY PARK AIRBOAT RIDES

This South Florida alligator park is a top attraction for locals and visitors alike, perfect for kids and adults of all ages. Set aside an hour for an unforgettable Everglades airboat ride and a chance to see Florida's wild side. With miles of wetlands before you, you'll journey deep into the Everglades with an expert tour guide leading the way. This fun-filled wildlife park on 29 acres is a great way to come face-to-face with some of the Everglades most unusual and exciting animals.



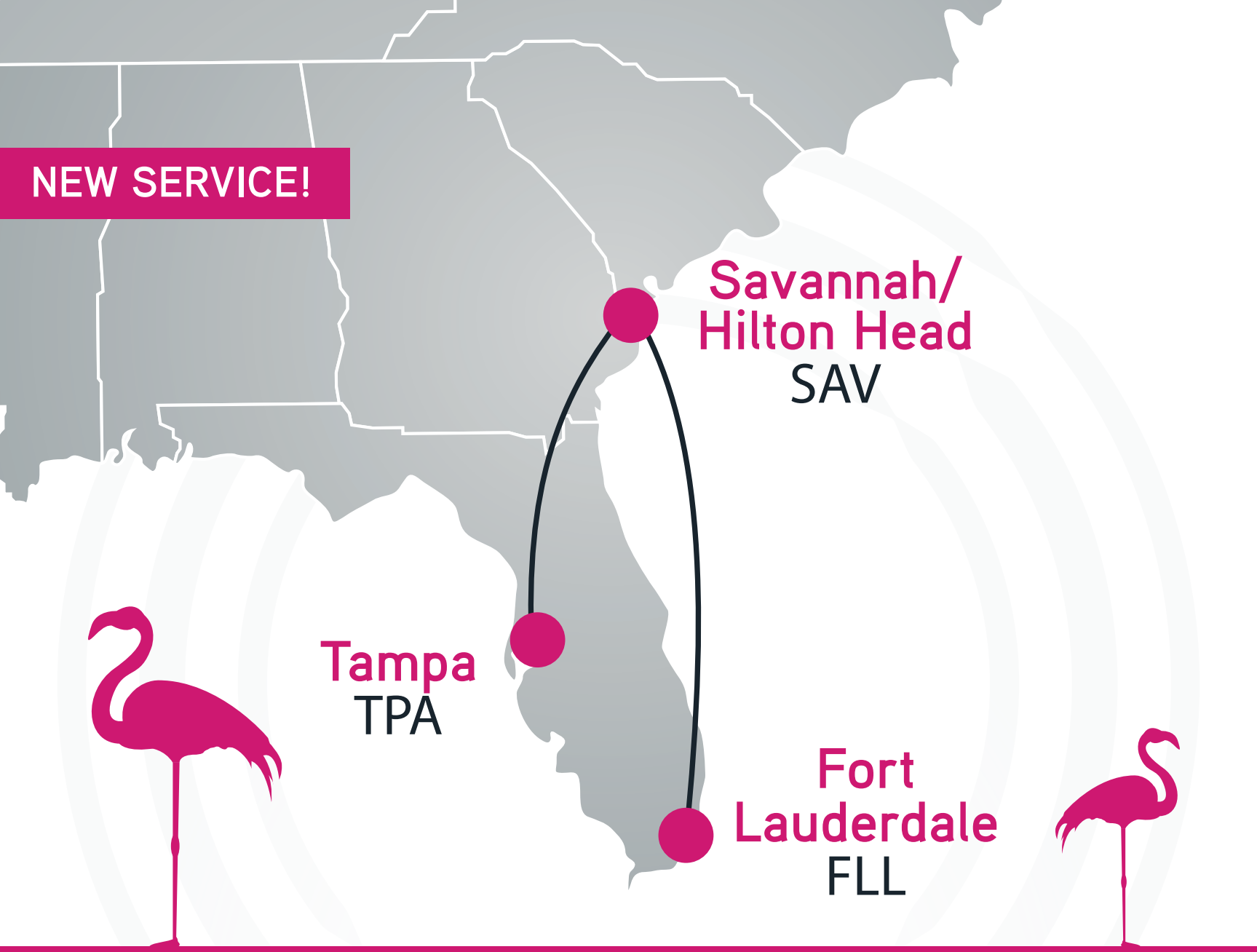
LAS OLAS BOULEVARD

In the heart of Fort Lauderdale, Las Olas Boulevard is at the forefront of everything from fashion boutiques and art galleries to memorable restaurants, sidewalk cafes and bars. With shopping, dining, and entertainment, Las Olas is architecturally unique, authentic, and eclectic. Stretching from the beach at A1A, the boulevard is lined with palm trees rising over the Intracoastal Waterway with magnificent views of million-dollar homes and spectacular yachts.



WATER TAXI

Fort Lauderdale is known as the "Venice of America" because of its many beautiful waterways. One of the best ways to explore this city is from the water. The captains and crews provide a narrated excursion that includes historical information as well as fun and interesting information about the many mansions and mega yachts that line the waterways. Some of the taxis have bars on them. You can get on and off at different bars and restaurants on the water as the taxis go from downtown via the Intracoastal to restaurants and bars.



Nonstop to Fort Lauderdale and Tampa

Book Now at SilverAirways.com

Silver AIRWAYS™

SAVANNAH® HILTON HEAD INTERNATIONAL

WHERE TO EAT

SHOOTERS WATERFRONT

Despite Fort Lauderdale's continuing growth and evolution, one restaurant on the Intracoastal has been there every step of the way. Shooters Waterfront offers dockside views, great drink specials, and live entertainment on evenings and weekends. You can drive or go by boat to this iconic Florida seafood restaurant. It also hosts a multitude of events, including dockside yoga, cooking classes and more.

15TH STREET FISHERIES

15th Street Fisheries is the perfect spot for fresh seafood and a waterfront experience in an authentic Fort Lauderdale marina. The Fisheries is situated inside the city's most famous nautical landmark, Lauderdale Marina, and offers the freshest seafood featuring waterway views in South Florida, both upstairs for dinner and all day at Fisheries Dockside. You can even take the water taxi to get there as this is one of the many stops on its route.

LOUIE BOSSI'S RESTAURANT BAR PIZZERIA

Named for its New York-born chef, this restaurant specializes in wood-fired Neapolitan pizzas, pastas and house-cured salami. With a beautiful outdoor piazza equipped with a firepit and bocce, diners can enjoy libations at the bar facing Las Olas Boulevard, or at the two bars indoors. This spot is in high demand so be sure to make reservations, or risk a long wait.



Shooters Waterfront



15th Street Fisheries



Louie Bossi's

a getaway for generations

In days of yore, Fripp Island was a popular oasis for both world travelers and swashbuckling pirates. Today, a growing number of travelers, just like the 17th century seafarers, have found this seaside gem to be a treasure. Our history here runs deep, and our dedication to the simple things is evident in our purposeful lack of commercialization and isolated location.

Swept by warm trade winds and soothed by the sound of the surf, Fripp Island Golf & Beach Resort remains an escape for people of all ages and ways of life. The resort is home to two breathtaking golf courses, a full-service marina, professional racquet club, outdoor pool complexes, and more.

Discover the *simple*, *seaside*, *serenity* that can only be found here at Fripp Island Golf & Beach Resort.

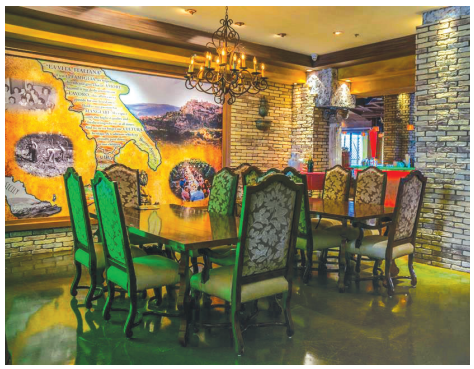


Fripp Island® GOLF & BEACH RESORT
Simple. Seaside. Serenity.

833.625.1374 | FrippIslandResort.com



Fort Lauderdale Marriott Harbor Beach Resort & Spa



Casa Calabria



Sun Tower Hotel & Suites

WHERE TO STAY

FORT LAUDERDALE MARRIOTT HARBOR BEACH RESORT & SPA

Nestled along a quarter-mile stretch of pristine private beach, this hotel has a perfect location near the shops, dining and nightlife of Las Olas Boulevard. Conveniently close to the airport, you can rejuvenate in the guest rooms and suites and soak in waterfront views from the private balconies before exploring the town. Dive into the lagoon-style pool, spend the day jet skiing and snorkeling, or pamper yourself at the luxury spa.

OCEAN MANOR RESORT

Located on the Galt Ocean Mile, this beachfront hotel boasts breathtaking oceanfront accommodations, penthouse suites, and upscale amenities. Enjoy a day of fun in its poolside cabanas, soak up some sun on its 200-foot private beach, and hit up the best happy hour in South Florida at the Bamboo Beach Tiki Bar. Its authentic Italian restaurant, Casa Calabria, offers a fine dining experience complete with a lively piano bar.

SUN TOWER HOTEL & SUITES

One of the last boutique hotels sitting directly on Fort Lauderdale Beach, Sun Tower Hotel & Suites offers local charm and a friendly smile, not to mention breathtaking ocean views from every single room. With a private beach, beautiful garden-side pool, and complimentary paddle boards and kayaks, you're sure to enjoy your stay. Sun Tower is home of the Sandbar Grill, famous for its juicy Beach Burger and fresh Fish Tacos. You can relax on the beach and let them provide oceanfront service right to you. *LL*



FEATURED ARTIST

"I first saw Sam's stuff when I was doing community service work getting water to St. Helena. We had to sign people up to receive water, and the man who was in charge of the project said, "Did y'all go by that NAACP man's house? The man with all the Black paintings around his yard?" That's when I first saw his paintings. When I became executive director of the Penn Center in 1980, I got to know Sam, and later on he asked me to be his salesman. We had a list of his paintings and their prices that folklorist Regenia Perry had set up. People would come by Sam's yard, select a painting, and then come pay us and we'd give Sam the money. Before that he'd been pretty much giving away his stuff for four or five dollars. They'd walk off with a painting that today is now worth thousands. So Sam and I became pretty close, and he put a sign in his yard that said 'Emory Campbell Saleman.'"

— Emory Campbell, *community leader and former executive director of Penn Center*



A DREAM

1970s, paint on metal medicine cabinet, High Museum of Art, Atlanta, museum purchase, and gift of the Souls Grown Deep Foundation from the William S. Arnett Collection, 2017.52. © Sam Doyle

Sam Doyle: Through his mind and eye

BY CAROLYN MALES

In a 1982 photo, **Sam Doyle** is sitting in his yard on what looks like a rusty old iron bed headboard or perhaps an old bike rack — given Doyle's recycling tendencies, it could have been either or something else for that matter. Clad in checked pants, shirt, cardigan and felt hat, he's looking straight at photographer Roger Manley's camera, a half smile on his face.

ART THAT ELEVATES



"Spirits Lifting"

Featured Artist | Dottie Leatherwood

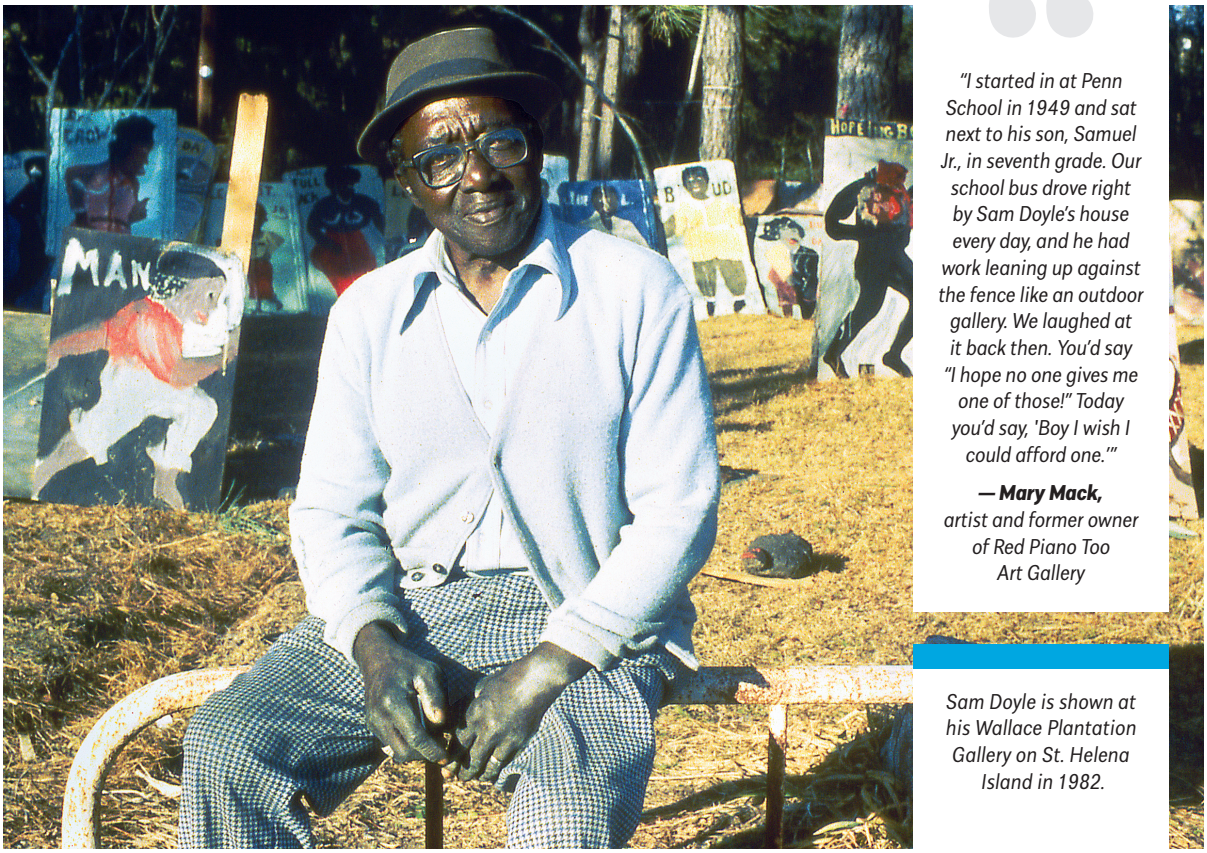
CamelliaArt

Fine Art Gallery
Custom Picture Framing

CamelliaArt.com

1 Office Way | 843 785 3535 & 35 N. Main Street (Inside JBanks Design Retail Showroom) Hilton Head Island, South Carolina
45 Calhoun Street | 843 757 3530 | Bluffton | South Carolina

Behind him in his outdoor gallery, his paintings of St. Helena islanders sit propped up and tilted at crazy angles against pine trees and each other — a community filtered and amplified through his imagination. His canvases? Scrap pieces of wood and corrugated tin, tree bark, old paint cans, a refrigerator door, whatever — the flat figures on them rendered in house paint. Fishermen, barbers, church elders, loose ladies, voodoo doctors mingle with Black heroes like Martin Luther King and baseball's Jackie Robinson. They lean against portraits of local firsts like St. Helena's first midwife, Sinder Ladson, as well as John, the first Black embalmer.



"I started in at Penn School in 1949 and sat next to his son, Samuel Jr., in seventh grade. Our school bus drove right by Sam Doyle's house every day, and he had work leaning up against the fence like an outdoor gallery. We laughed at it back then. You'd say "I hope no one gives me one of those!" Today you'd say, 'Boy I wish I could afford one.'"

— Mary Mack,
artist and former owner of Red Piano Too Art Gallery

Sam Doyle is shown at his Wallace Plantation Gallery on St. Helena Island in 1982.

©ROGER MANLEY

FUN. COASTAL. DÉCOR.

SIGNORE COASTAL ART







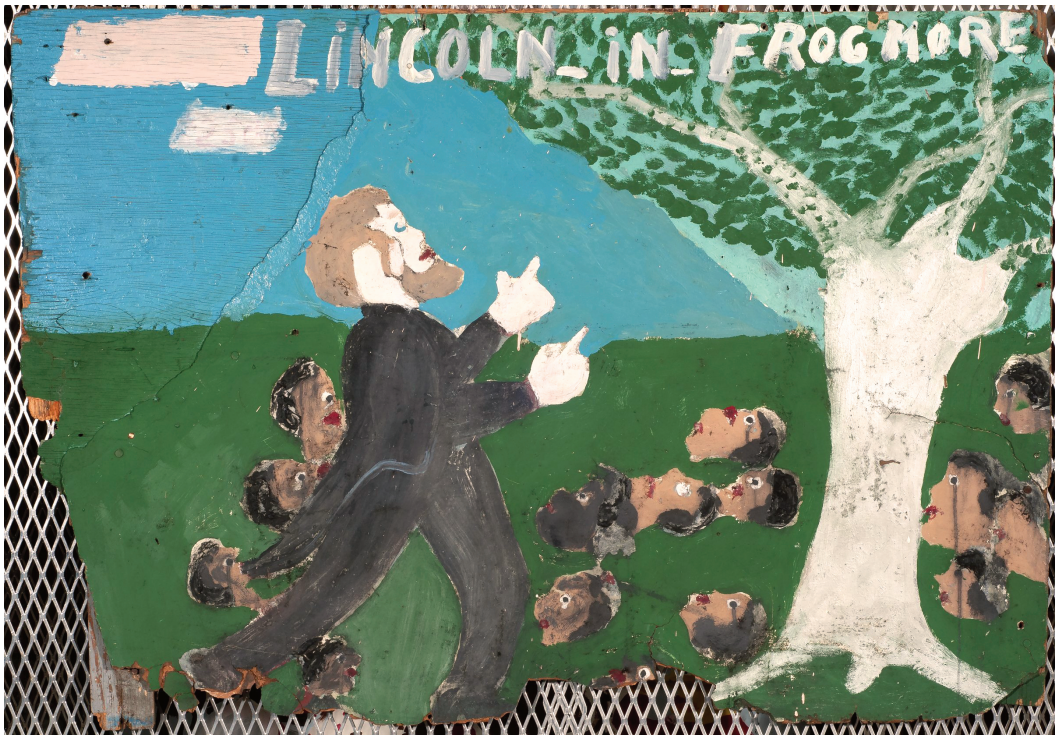


SCA

Located in the Promenade of Old Town Bluffton

signorecoastalart.com 843.310.1690





LINCOLN IN FROGMORE

ca. 1960, house paint on wood panel, High Museum of Art, Atlanta, gift of Gordon W. Bailey in honor of Reverend Dr. Martin Luther King, Jr., 2012.130. © Sam Doyle

"He was making his own museum of St Helena's unique history. He thought of doing this all on his own and he had fun and he had fun with pictures and words. Along with oral traditions like haints and ghost stories he'd heard, he painted real people like doctors and farmers. But he sometimes painted real people who lived on the edges of the community, outsiders like "goodtime girls" as he called them."

***— Louanne LaRoche,** artist and former owner of Red Piano and Red Piano Too galleries*

"Sam would take a painting nail it to a fence line or a tree or a building to attract people. And so sometimes if you wanted to buy it, he had to get the crowbar to take out the nails. Then it was yours. Sometimes he'd even paint 'sold' on the painting in red or another color. Some people would say, 'Why did he do that?' But that gave it provenance. You'd have this amazing piece by an amazing artist and it's like he's signing the painting again with the word 'sold.'"

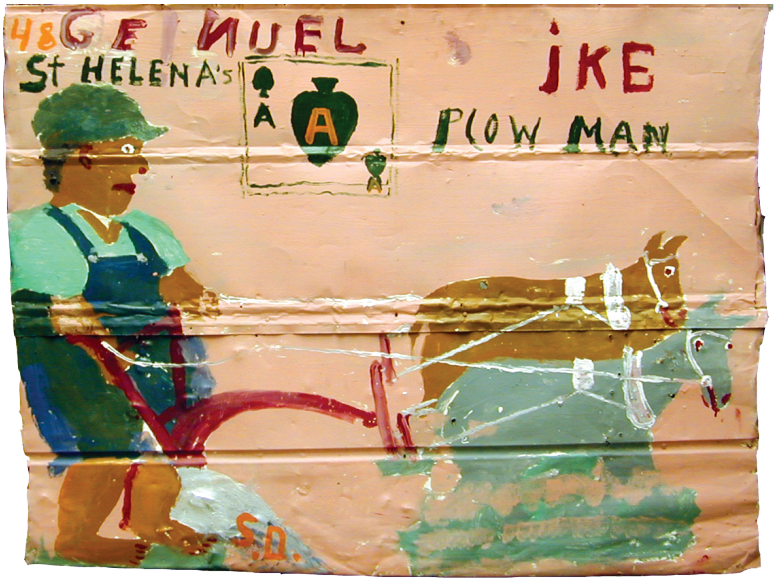
***— Victoria Smalls,** artist and Gullah Geechee Cultural Preservationist*



435 William Hilton Parkway • Suite K • Hilton Head, SC

843.785.2425





IKE

1982, by Sam Doyle (American, 1906-1985). Acrylic on metal siding, 44 x 58 1/2 inches. Image courtesy of Gibbes Museum of Art

Each piece sports its subject's identity in large, irregular letters. "Ike Plow Man" (a farmer with his team of mules), "Dr. Buz" (the local voo-doo doctor with his conch shell "telephone" to his ear), and who can forget "Rocking Mary" barefoot and shirtless in her red and white pol-ka-dot cap and pantaloons, a pipe tucked between her crimson lips?

Not only was Doyle a visual griot or storyteller of his present day Frogmore community, but he also reached back into stories from the island's past generations of Gullah families. He depicted enslaved plantation workers farming beneath the threat of the whip, legends like Lincoln speaking to Black islanders beneath a live oak, and haints like Whooping Boy (a child beheaded by his master, his body buried to watch over a treasure.) Every seven years, the boy's spirit would start whooping in the dark of night, a sound the self-taught artist swore he'd once heard.



Forty or fifty years ago, if you turned into the St. Helena road (today's Sam Doyle Drive), you would have spotted the flagpole and "St. Helena Out Door Art Gallery" sign.

BULL DAGER

Sam Doyle, Bull Dager, ca. 1980, paint on sheet metal, Smithsonian American Art Museum, The Margaret Z. Robson Collection, Gift of John E. and Douglas O. Robson, 2016.38.26

EASY ON THE EYES

The perfect amount of light for your space.

SEAGLASS WINDOWSCAPES

Style • Shade • Secure

843-258-9261 | SeaglassWindowscapes.com

CUSTOM BLINDS • DRAPES • SHADES
AWNINGS • SHUTTERS • STORM PROTECTION

For a couple of dollars you could have bought any one of the colorful paintings scattered around his yard or nailed up on his clapboard house. You might even have caught him leaning over "a canvas" (his easel being the ground), moving his brush in wide strokes on a scrap of metal roofing. For a while it was mostly curious locals who came by but then, after his 1982 national debut at the Corcoran Gallery of Art's Black Folk Art in America: 1930-1980 show in Washington, D.C., collectors started coming from far and wide. He would soon amend his sign, adding "Nation Wide" to it and setting up a Visitors Board where he'd letter in names of hometowns and countries of folks stopping by.

Up until that storied event, he'd never left Beaufort County. Born in 1906 in the Wallace community, a former plantation on St. Helena, he attended Penn School until ninth grade. He liked to draw and one of his teachers encouraged him to pursue that path. Instead he took a job as a store clerk. Then once the bridge linking St. Helena to Beaufort was built in 1927, he crossed the water to work as a porter. In the early 1930s, he would marry Maude Brown with whom he had three children. A decade or so later the Doyles would move to his family's old property on St. Helena. Here, while he took a job at the Parris Island Marine base laundry, Maude and the kids ran a café-store out of a small building next to their home. Soon he began decorating its exterior with a few of his unique artworks. Then as their rocky marriage crumbled, he moved into a shack behind the main house and Maude eventually left island life for New York.



FIRST DOCTOR

Y.B., 1970-1980, paint on roofing tin, High Museum of Art, Atlanta, T. Marshall Hahn Collection, 1997.63. © Sam Doyle)

After retiring from the laundry, Doyle's urge to create art grew stronger. He was now a part-time caretaker at the Chapel of Ease, where he scavenged a few chunks of fallen tabby of the 18th century church and begun painting images on them. Meanwhile branches and roots gathered from his yard became the material for his animal carvings. He would later tell a reporter that his artistic inspiration came from "the mind and the eye." "I'd be in my bed and I'd just say I want to paint something like people I've known a long time and stories I've been told." For the latter he reached back into tales he'd heard as a kid, often putting a humorous spin on them. Raised a Baptist, he also painted religious-themed works that he displayed away from the gaze of his secular cast of characters. For Doyle, his outdoor gallery served as a "museum" to educate people about Black history and instill local pride.

In 1985, when Sam Doyle died while on an errand to pick up art supplies, the Lowcountry and the world lost an original voice. Today his work is in the Penn Center's York W. Bailey Museum as well as in larger collections including the High Museum of Art, the Los Angeles County Museum of Art, The American Folk Art Museum, the Smithsonian American Art Museum and the Gibbes Museum of Art. *LL*





The Spirited Hand
A gift gallery
A GALLERY OF HANDCRAFTED GIFTS
Monday thru Friday 10-6 · Saturday 10-5 · Sunday 11-3
843.757.7300
• Curbside & Shipping Available •
1127 Fording island Road · Suite 103 · Bluffton
Near Hobby Lobby · Made in America



CREATIVE CONVERSATIONS

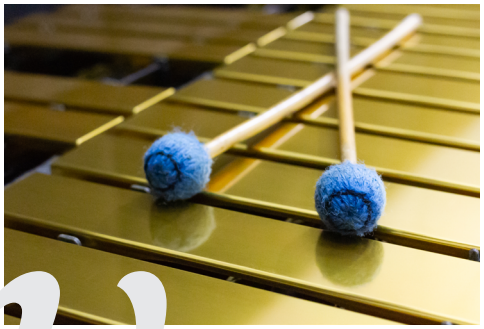
Have a special artistic talent? Step into LOCAL Life's and the Hilton Head Island Office of Cultural Affairs' monthly Creative Conversations spotlight. Go to culturehhi.org/portfolio/artist-of-the-month/ to apply or scan this QR code.



Listen to Good Vibes locally by streaming online from 8-10 p.m., the first Sunday each month, at **wwfm.org**. Click on the JazzOn2 tab.

Gloria Krolak: Jazz radio deejay and vibraphone aficionado

BY CAROLYN MALES



Vibraphones. Weren't they a kind of xylophone? Before I could interview Gloria Krolak, who hosts the monthly jazz radio show *Good Vibes* on WWFM JazzOn2, I realized I needed to do a quick study of idiophones, pitched percussion instruments played with mallets. Xylophones, it turns out, have wooden bars but a small musical range. But oh, its cousin, the marimba! Strike the wooden keys of that large heavy instrument, and its resonators amplify notes into a big rich sound. And vibraphones! Picture Lionel Hampton on the latter with mallets in hand striking its metal bars, improvising on "Mood Indigo," as the sound reverberates through the metal tubes beneath its tone bars.

Girding myself with this smattering of new knowledge, I wade into a conversation with Krolak, who along with being a jazz deejay has worked as a jazz journalist and served on the board of the Junior Jazz Foundation. Today she's Zooming with me from her home studio on Hilton Head where she records her show. With "Caravan" playing softly in the background, she gives me a crash course on jazz and idiophones.



MOKE



Buy or Rent a Moke on Hilton Head Island

Looking for a unique way of getting around the Lowcountry? Get behind the wheel of a Moke and enjoy trips to the beach, the market, and local get-togethers. Eco-friendly and street legal on roads 35 mph or less, Moke is fully customizable in a rainbow of colors. Buy or rent for a day, a weekend, or a week. Experience a Moke today!

Carolina Rides
(844)378-6653

59B New Orleans Rd, Hilton Head Island, SC • carolinarides.com



Evergreen Pet Lodge, the Lowcountry's longest operating and most trusted boarding facility, is here as always for you and your pets.

THE ULTIMATE IN PET BOARDING

105 Dillon Road, Hilton Head Island, SC
843.681.8354
EvergreenPetLodgeHHI.com

EVERGREEN
PET LODGE
— HILTON HEAD ISLAND —

Premium Boarding • Doggie-Daycare
Grooming • Onsite Veterinary Hospital

LOWCOUNTRY SPINE & SPORT



John P. Batson, MD, FACSM
Board Certified and Fellowship Trained

Spine Care.
Sports Medicine.
Pain Medicine.

Nonsurgical Management:
Neck & Low Back Pain • Spinal Stenosis
Pinched Nerves & Sciatica • Herniated Discs
Arthritis Care • Sports Medicine for All Ages

New Services Provided:
Ultrasound Guided Injections
Prolotherapy & PRP Injections
Stem Cell Injections



Now Offering Weight Loss Programs & Support with Certified Health Coach, Alice Batson.

Alice Batson, MPH, CSCS

843.208.2420

Lowcountry Spine & Sport, LLC
300 New River Parkway, Suite 37
Hardeeville, SC 29927

Satellite Office - Hilton Head
95 Mathews Drive, Suite D1,
Hilton Head, SC 29926

www.SpineandSportMD.com



Lionel Hampton

[Q] Let's start off with vibraphones.

[GK] I think of a vibraphone as the result of a marriage between a piano and a drum kit.

It's a percussion instrument played with sticks or mallets. Some players use two mallets, in which case it's more of a percussion instrument. But when you play with four mallets as many do, it becomes more pianistic. That's because now you have four notes at a time moving across the keyboard.

[Q] In old videos of Lionel Hampton he's playing with two mallets.

[GK] Gary Burton was the first to use four mallets, and lots of people since then have used four. It's a difference in style. Using four is more of a bop approach because in bop there are a lot more notes. Before that it was kind of dance music because you wanted a flow for moving around the floor. But when the beboppers came along, they tossed out the notion of dancing and threw in a lot of notes. Speaking of Hampton, before the days of TV, Lionel Hampton, who back then was a pianist and drummer, was performing with Louis Armstrong on a live radio concert. They were in NBC studios when Hampton happened to see this instrument in the hallway. It was the vibraphone they used to play the NBC bing-bong-bing. So Hampton tried it out and liked it and made his first vibraphone recording, Eubie Blake's "Memories of You." And that was how the vibraphone was born into jazz.



[Q] What got you interested in the vibraphone?

[GK] My son, Nicholas, who is a bass player, was in a shared college recital, and part of it featured the vibraphone and the marimba. So out comes this tiny girl and she goes absolutely wild behind these huge instruments. I had never heard of either before, and I was just enchanted. Before then, I'd been listening to smooth jazz, and my son would say to me, "It's not jazz, Mom." Later I discovered Cal Tjader on the radio. He was a vibraphone player back in the early days who introduced a Latin influence to the vibraphone. When I heard his "Guachi Guaro" (from album *Soul Sauce*), I thought, I have to look into this. And that's how it all began.

[Q] So what you play on your radio show isn't smooth jazz?

[GK] Smooth jazz is pop with a jazz influence. It's not as improvised as jazz. It's more repetitive like pop or rock. Saxophonist Boney James and guitarist Lee Ritenour are smooth jazz artists. In live concerts these musicians are excellent, but their recordings are jazz for people who say they don't like jazz. By the way, when people tell me they don't like jazz, I ask: Do you like "The Girl From Ipanema?" They say, "Oh, I love that song!" Well, that's jazz.



MIC DROP
Gloria Krolak in the studio

[Q] Why the vibraphone rather than the marimba?

[GK] The vibraphone just has a magical sound. It's so all encompassing. It covers every emotion from light-heartedness to deeply moving, depending on who's playing it. The marimba is a huge instrument and it's heavy, so it's mainly used in symphonic recordings. Many schools have them because they have orchestras. But jazz musicians love vibraphones because they're lighter and easier to move around.

ROC DENTAL GROUP



Transform Your Smile from *Blah to Beautiful!*

We see it in our practice *every day*! Healthy, beautiful smiles affect our patients' self-esteem, confidence, and overall health. And they will tell you that pain and suffering are just not relevant to our modern dentistry practice. Instead you will find laughter, connection, and the reassurance that we have been keeping our Lowcountry community safe, comfortable, and well for over 20 years.

MENTION THIS AD WHEN YOU SCHEDULE YOUR APPOINTMENT AND WE WILL MAKE A DONATION TO HILTON HEAD ISLAND MUSIC & ARTS COALITION.

LL0421

Advancing Wellness

ROCDENTALGROUP.COM 843-682-4601 4101 MAIN STREET, SUITE D HILTON HEAD ISLAND

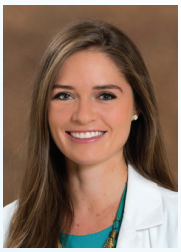
MOHS SURGERY & DERMATOLOGY



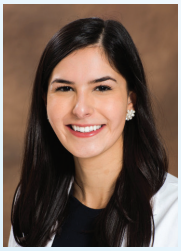
A. Thomas Bundy,
MD, FAAD, FACMS
Board Certified Dermatology
Board Certified Mohs Surgery



Emily Murphy,
MSN, FNP-C
Board Certified



Meghan M. Campbell,
MS, PA-C
Board Certified



Becca Dugal,
DNP, FNP-C
Board Certified



Amy Myers,
Licensed Esthetician
Board Certified

Advanced Fellowship Training Specializing in Skin Cancer

- Mohs Micrographic Surgery
- Acne, Rashes & Psoriasis
- IPL Photorejuvenation & Facials
- Fraxis & RF Micro-needling
- Laser Hair & Wrinkle Reduction
- Tattoo & Vein Removal
- Noninvasive Body Contouring
- Botox® & Fillers

HILTON HEAD
DERMATOLOGY
SKIN CANCER CENTER, PA
A. Thomas Bundy, MD, FAAD, FACMS



BLUFFTON-OKATIE
4 Okatie Center Blvd. South • Legacy Center • Suite 202



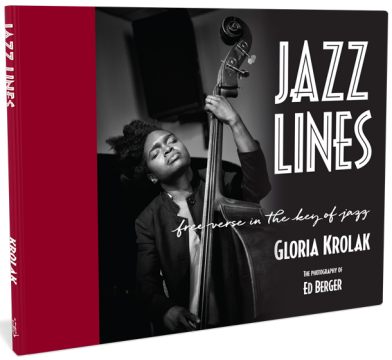
HILTON HEAD ISLAND
15 Hospital Center Blvd. • Medical Quarters • Suite One

ACMS
American College of Mohs Surgery

843.689.9200
www.hiltonheaddermatology.com

MEDICARE CERTIFIED • STATE LICENSED • AMBULATORY SURGERY CENTER

[Q] You started off doing publicity for the New Jersey Symphony, then moved on as a writer for Jersey Jazz, reviewing local clubs. I was intrigued that one ongoing feature you wrote was about jazz poetry. And your book Jazz Lines features your own free verse illustrated with Ed Berger's black-and-white portraits of jazz artists.



[GK] The book arose out of my looking at my playlist every month to pick out music for the next show. In doing so, I noticed the jazz titles seemed to sort themselves into categories. There were a lot of songs about food, so just for fun I put together a list of all the poem titles about food. Then I arranged them into breakfast, lunch, and dinner. And there were the ones with women's names, so I made an address book out of them. That got me thinking of other categories, and it snowballed.

LOCAL ART & POETRY



Black Lioness by Janet Kozachek / mixed media mosaic

[Q] Do you play the vibraphone?

[GK] I don't play a single thing. I play the radio. And I have no formal musical education. This has been a total career remake. One of my friends had his own radio show, and I always called in and commented. So when the station had a position open for a jazz deejay, he suggested I'd make a good one. At first I was reluctant, but then I thought about it. I realized if I didn't do it, I was going to regret it the rest of my life. Program manager Winifred Howard took me under her wing and taught me all I needed to know about the different technical aspects. But when I first suggested I do my monthly program on the vibraphone she said, "Well, you could probably do that for about six months before you run out of material and your audience loses interest." I said okay, and here we are at eleven years running. *LL*



To my niece

I often think of the Kitchen Goddess
Black, dense, obsidian black of volcanic glass

When the days are shorter I often think
of her, this year, more so than usual

She is the wide hipped prehistoric goddess —
Black, dense obsidian black of volcanic glass

The lunar phases cartwheel in her belly and this
year the pace of birth and rebirth quickened

And you, my niece, for the first time out of the uniform
thought you lost control during the birth of your son

You can handle fear but being out of control was not acceptable
It is never about the pain; Some women ride the wave while being afraid

but there are the rest of us who cannot let it go
I want you yo know, my niece, this year, the Kitchen Goddess knew she

needed to be faster and fiercer so she became a black lioness
She sits on her throne in the center of the hearth

The Black Lioness watches life, wealth, and harvest
strewn out of control—Black, dense obsidian black of volcanic glass

— Miho Kinnas

H&D HERMAN AND DAVIS PROPERTIES

Faces You Know. Results You Trust.



67 BAYNARD PARK ROAD
4 BD | 4 FULL BA | 1 HALF BA | $4,500,000

Enjoy sunsets over Calibogue Sound from this beautifully designed 4 bedroom 4.5 bath home featuring an open comfortable floor plan perfect for both entertaining and family living. Situated on an over half-acre lot, this property offers views out to the tidal lagoon, marsh, and sound to include your personal landing with pull bridge to your own private island. This home features 4,910 sq ft all on one level with beautiful modern open Kitchen, multiple dining and lounging areas, Master Suite, and park-like grounds including pool and lush landscaping. Savor a lifestyle of luxury combined with comfort. A Forever Home!

BECKY HERMAN
843.301.3355 | Becky@BeckyHerman.com

MONICA DAVIS
843.384.4473 | Monica@MonicaDavis.com

Consistent producers for over 20 years, Becky and Monica have provided professional customized service and expert advice to countless buyers and sellers in the Hilton Head/Bluffton market.

CHARTERONE REALTY — WHO'S WHO IN LUXURY REAL ESTATE

www.HermanAndDavisProperties.com

Kilwins® is your Easter Headquarters!



Kilwins®

Kilwins Shelter Cove Town Center
28 Shelter Cove Lane unit 112-B
Hilton Head Island
843-785-2727

Daddy's Little Girls



Rice, slavery & Sierra Leone

THE GULLAH PEOPLE HAVE SURVIVED ON THE CAROLINA SEA ISLANDS FOR HUNDREDS OF YEARS.

BY RICHARD THOMAS, ART BY SONJA GRIFFIN EVANS

The term **"Gullah"** has been used for centuries to identify a distinctive group of Black Americans from South Carolina, Georgia and Northern Florida in the Southeastern United States. They live mainly in small farming and fishing communities along the Atlantic coastal plain and on the chain of Sea Islands that runs parallel to the coast. Because of their geographical isolation and strong community life, the Gullah have been able to preserve more of their African cultural heritage than any other group of Black Americans.

Behind the name

The origin of the term "Gullah" is unclear. The most popular interpretation suggests that it may be taken from the word "Angola," the Portuguese name given to their colony in the Congo, where the ancestors of some of the earlier Gullah people most likely originated. Other scholars have suggested that it may come from the name of the Gola, a large ethnic group living in the border area between present-day Sierra Leone and Liberia in West Africa, another area from which ancestors of the enslaved Gullah people came.

Still another possible linguistic source for "Gullah" is the Dyula ethnic group of West Africa, from whom the American Gullah may be partially descended. The Dyula civilization had a large territory that stretched from Senegal through Mali and the rest of what was called French West Africa. The word "Dyula" is pronounced "Gwullah" among members of the Akan ethnic group in Ghana and the Ivory Coast. The primary land route through which the captured Dyula people came into contact with European slavers was during their passage through the "Rice Coast" (present-day Liberia, Sierra Leone, Senegambia, and Guinea) area.



Mitchelville about 1865, showing different kinds of houses and how the freedmen used the yard area for different activities.

The name "Geechee," another name for the Gullah people commonly used mainly in Georgia, may possibly derive from the Gissi people, an ethnic group living in the border area between Sierra Leone, Guinea and Liberia. It is also suggested that the name may come from a large concentration of former slaves who settled along the Ogeechee River's coastal plain in Georgia.







GLORIOUS DETAIL





JV

JULIE VOS





JEWELRY, FINE GIFTS, TREASURES

F E A T U R I N G

Julie Vos • Ella Stein • Caspari • Le Cadeaux
John Medeiros • Crislu • Meghan Browne

Coastal Treasures
Elegant Living ~ Thoughtful Giving

HARBOUR TOWN | 149 LIGHTHOUSE ROAD
843.671.3643

By the numbers

According to Port of Charleston records, enslaved Africans shipped to the port came from the following areas:

Angola *(39%)*
Senegambia *(20%)*
The Windward Coast *(17%)*
The Gold Coast *(13%)*
Sierra Leone *(6%)*
Madagascar, Mozambique, & East African coast *(5% combined)*

The term "Windward Coast" often included Sierra Leone, so the total for the Senegambia region is 43 percent. The W.E.B. DuBois database, which accounts for 80 percent of total African slaves received by location from over 35,000 slaving expeditions, along with recent estimates of the Charleston-Savannah slave-market share of total North American imports, suggest that of approximately 550,000 slaves imported into the Colonies and United States between 1620 and 1865, about 385,000 came through the two ports. Of the 135,000 slaves received prior to 1750, almost 100,000 or 74 percent were from Angola or the Congo region.



The Rice Coast

Rice is what forms a special link between the Gullah and the people of West Africa. During the early 1700s, the American colonists in South Carolina and Georgia discovered that rice would grow well in the moist, semitropical, upriver country bordering their coastline. But the American colonists had no experience with the cultivation of rice, and they needed African slaves who knew how to plant, irrigate, harvest and process this difficult crop.

The workers for the earliest rice plantations (1670-1690) were predominantly Congolese, and those people earned a reputation for hard work albeit with a rebellious nature, due to the fact they were fiercely resistant to their white masters and accounted for most of the serious problems among the enslaved. The Stono Rebellion of 1739, in which a group of 60 Congolese slaves revolted and killed over 20 white colonists in their flight south from the Charleston area, was fomented by a small group who spoke Portuguese while planning the uprising. The white plantation owners greatly preferred slaves from what they called the "Rice Coast" or "Windward Coast" stretching from Senegal down to Sierra Leone and Liberia. The planters were willing to pay higher prices for slaves from this area, and Africans from the Rice Coast were almost certainly the largest group of slaves imported into South Carolina and Georgia during the late 18th and 19th century.

We the People



ABOUT THE ARTIST

Sonja Griffin Evans *is an international cultural artist born and raised in Beaufort. Growing up in the Lowcountry has heavily influenced her artwork and gives her an uncanny ability to capture the beauty, spirituality and purest representations of the Gullah Sea Island and of African American culture. As a prolific mix-media artist, she incorporates items such as tin, wood and other materials in her art. See more at sonjagriffinevans.com.*

WELCOME BACK RBC HERITAGE

PETER MILLAR

KNICKERS

Harbour Town

In the Shadow of the Lighthouse

843.671.2291

knickersmenswear.com



COCOON
WRAP YOURSELF IN LOWCOUNTRY STYLE
FINE APPAREL, SHOES & GIFTS
6 PROMENADE STREET, UNIT 1008 | PROMENADE | DOWNTOWN BLUFFTON
843.815.3315 • COCOONBLUFFTON.COM

Rooted in Gullah tradition

BY LUANA GRAVES SELLARS

HAINT BLUE

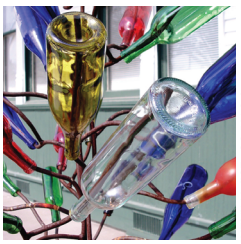
Sometimes called robin's egg blue or Carolina blue, haint blue is more than just a popular Lowcountry color. Used on porch ceilings or a home's front entrance, haint blue is rooted in Gullah tradition and represents a deeper spiritual meaning. Based in African culture, the Gullah spiritual tradition uses the color to ward off evil or unwanted spirits, called haints or boo hags, that might want to spread chaos. The haints were thought to be distracted or tricked by the color, which prevented them from crossing a porch or entering a home. It is believed that the shade of blue, derived from the indigo plants that were grown throughout Lowcountry plantations, was similar to the sky or of water, which the spirits could not cross.



TELFAIR MUSEUM, SAVANNAH

BOTTLE TREES

Yard after yard, in the front of Gullah homes, variations of beautifully colored bottle trees dot the neighborhood. Today, it's considered a Sea Island decoration that symbolizes good luck and a bountiful harvest or garden. The use of bottle trees, however, is another spiritual Gullah tradition with African roots that dates back centuries. Originally created by capping the end of crepe myrtle tree branches with bottles, the tree was especially significant to slaves, symbolic of freedom. The bottles, mostly a rich cobalt blue, can be tied on and are meant to capture evil spirits prior to entering one's home. The haints or spirits, who travel in the night, once captured, become stuck in the bottles. If wind blew across a bottle causing it to hum, they believed that it was from a spirit's efforts to escape by swirling within the bottle. With the rising of the morning sun, the captured spirit would be destroyed.



KEVIN WISE, CC BY 3.0

GULLAH BURIAL TRADITIONS

In Gullah culture, there are several burial traditions that have been practiced for generations and others that have been altered over time. The placement of Gullah cemeteries, usually in the proximity of the water's edge, was thought to enable the spirit of the deceased to cross the waters and return home to Africa. Years ago, the passing of an individual who had joined the ancestors was announced by the sound of a drum. Within the deceased home, mirrors were covered or turned so that they could not reflect upon the spirit, while relatives would "sit up" all night with the body until burial, usually the next day. Once the funeral party would arrive at the cemetery, they waited at the gates for permission to enter from the ancestors. During the service, the family would pass an infant over the coffin to protect the child from being bothered by the deceased. After the service, personal or favorite household items from the deceased were left behind to "dress the grave," so that the spirit would not come back home. In some cases, large items marked the gravesite in the absence of a headstone. Other items, including coins, might be left behind to "pay off" the spirit from bothering you if you had not paid off your debts to the individual.



GALEN & GINA MILLER

LONGSHOREMEN

Living on the coast after the Civil War provided Gullah families the opportunity to live off the water in several ways that offered financial support. At a time when Gullah men were struggling to deal with conditions created during Reconstruction, in addition to fishing, finding work at the local ports of Charleston and Savannah as longshoreman enabled them to provide for their families. Although financially beneficial, the distance to the ports could take days of travel. Coupled with the work meant they had to spend significant lengths of time away from family.



©SONJA GRIFFIN EVANS

Indigo increases demand

The development of the indigo market in the 1740s drove a steep increase in the demand for more slave labor, as did the burgeoning sea island cotton industry in the 1890s. The great majority of the slaves imported into the South Carolina-Georgia region from 1750-1850 were from the Senegambia-Sierra Leone-Liberia area. Of the 250,000 slaves coming through the Charleston and Savannah slave markets during those years, approximately 175,000 were from the Rice Coast (about 70 percent) while roughly 25 percent or 60,000 were Congolese.

Senegambian influences

If you analyze the totals coming in through the two slave markets during the 100-year period, 210,000 people (55 percent) came from the Senegambia coast, while 160,000 (42 percent) were from the Congo, with another 15,000 from other parts of Africa. So, rather than originating with one or the other, perhaps the term Gullah is a blended patois Anglicization of the pronunciation of two African terms; one the name of a tribe from the Senegambia-Sierra Leone-Gambia region and the other from the Congo. Whatever the origin of the term may be, the Gullah people are directly descended from the people who labored in bondage on the rice, indigo and sea island cotton plantations of the barrier islands and the coastal plain, and their preserved language reflects significant Senegambian influences, especially from Sierra Leone and its surrounding countries. *LL*





PALMETTOES

FINE APPAREL & ACCESSORIES
FOR FUN-LOVING MEN & WOMEN

The Shops at Sea Pines Center
71 Lighthouse Road, Ste 414
Hilton Head Island, SC

843 . 363 . 6800

Follow Us on Instagram and Facebook!



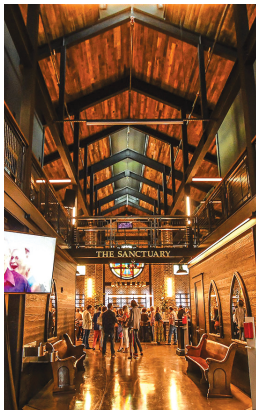




Concerto champions

Fifteen-year-old cellist **Brandon Leonard** (left) won the Hilton Head Symphony Orchestra's 2021 Youth Concerto Competition, where the top prize included a cash award, along with the opportunity to perform with the Hilton Head Symphony Orchestra during the 2021-2022 season. Coming in second place was thirteen-year-old cellist **Joshua Kováč**, and third place was awarded to fifteen-year-old violinist **Iris Shepherd**.











The grandest of openings

Burnt Church Distillery kicked off its **grand opening** with a ribbon-cutting ceremony followed by a celebration. Attendees were able to tour the 25,000-square-foot campus, which includes a tasting room, onsite manufacturing facility, gift shop, humidor, and history room. They also were able to sample unique craft whiskeys, gin, vodka, flavored moonshines and craft cocktails.



Aw shucks

Russo's Fresh Seafood Bluffton and **Lot 9 Brewing Co.** recently hosted the **Winter Oyster Roast** in their shared backyard. The event marked the debut of **"Won't You Be My Neighbor?,"** the new oyster stout from Lot 9 that is made using Russo's Bluffton oysters.

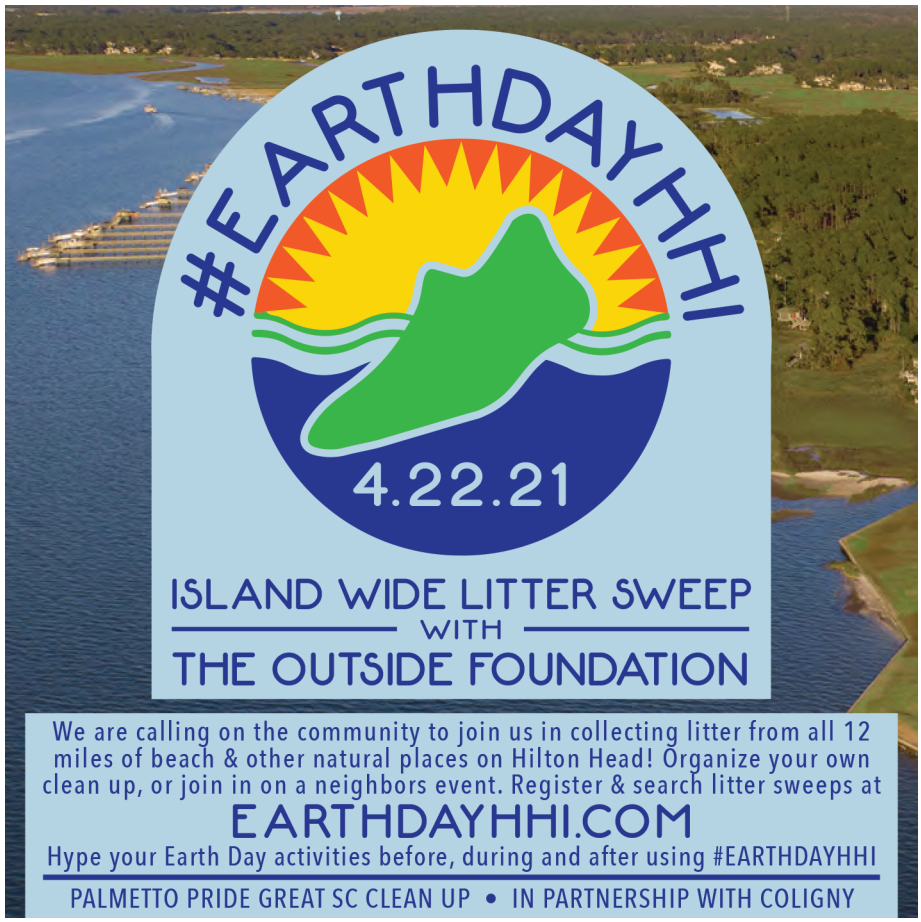






Giving back

Reebok Crossfit gym awarded the **Operation R&R military family support charity** a donation in honor of local **Marine Cpl. Jacob Novitski**. He served four years in the U.S. Marine Corps. Novitski was honorably discharged but sadly took his own life on January 28, 2020. On January 28 this year, five military service members and coaches of the Reebok Crossfit completed a 22-hour march in honor of Cpl. Novitski.



INSURANCE AT THE HIGHEST STANDARDS

A History of Trust.

To have a history, the first step is to be established. And to continue, a business needs to be consistently reliable, able to change with the times, and contribute to the growth of the community. This is how Kinghorn Insurance Agency has remained a trusted member of the Lowcountry since 1898.

Kinghorn Insurance Agency is here to serve southern Beaufort County and the South Carolina Lowcountry, and we are here to help you take care of what you care about.

Kinghorn INSURANCE

Claims-Tested Experience You Can Depend On

BLUFFTON: 843.837.3911
HILTON HEAD: 843.686.3911
www.KinghornAgency.com

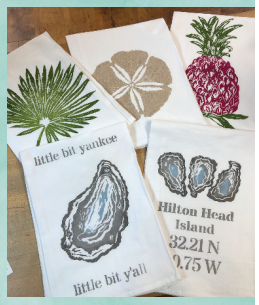
Happy Heritage!
Having a party?
We've got you covered!



VOTED BEST GIFT SHOP
10 YEARS IN A ROW!







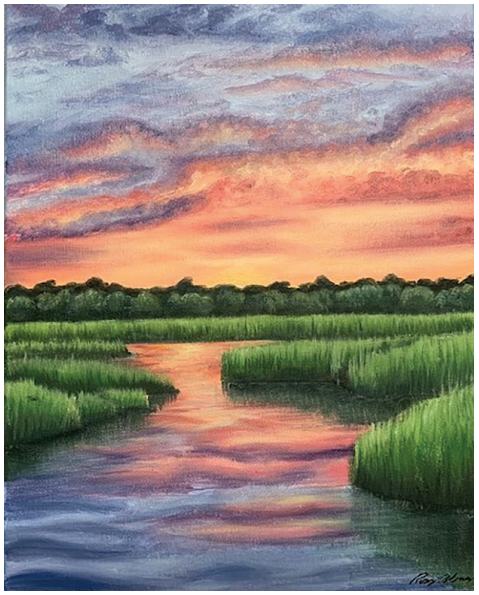


ALWAYS FREE
GIFT WRAP.

PLEASE
SHOP LOCAL!

Outstanding gifts
at unbelievable prices!
GIFTED
HILTON HEAD
SUITE J2, VILLAGE AT WEXFORD
MON.-SAT. 10AM-5PM | 843.842.8787





Artists on the rise

Students at **Bluffton High School** worked with Society of Bluffton Artists artist **Steve Gregar** to create interactive murals at the gallery in Old Town Bluffton. In addition to the project, the **SoBA Gallery** has chosen the students to be the Featured Artists exhibit.

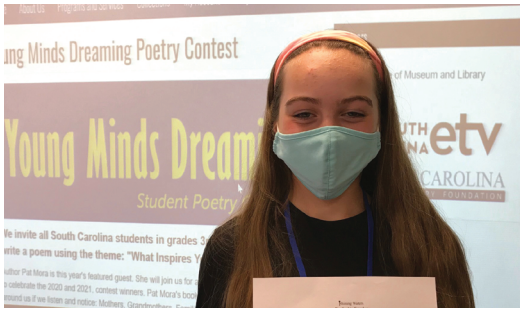






Poetry contest

Middle school students Kyndal, Sophia, and Summer submitted poems to the **State Library Young Minds Dreaming Poetry Contest**. The theme was *"What Inspires You?"*

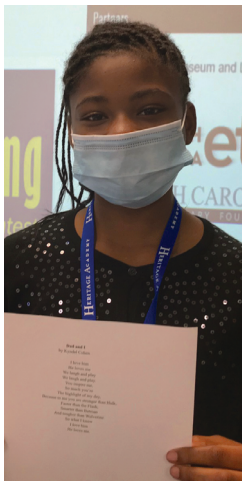


Shining Waters
By *Sophia Tauscher*

The sun sets below the pink colored clouds
As my feet are cooled by the graceful waters
I look up and take a breath in the open air
I then exhale with my eyes gently closed

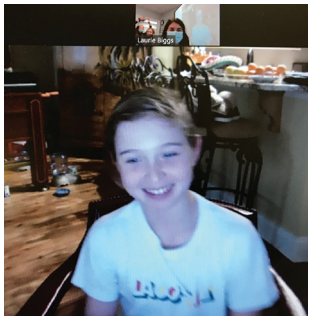
As I walk further I admire the hot pink sunset, showing it's radiant colors
Setting right beside me
I wonder how God made something so elegant
For I am the antithesis of this beauty

A shimmering white seashell washes up on the shore
I pick it up gently, feeling its smooth tender shell
I then look at the dark blue sea, it gives me its inspiration
I admire it, then briskly continue my walk



Dad and I
By Kyndal Cohen

I love him
He loves me
We laugh and play
We laugh and play.
You inspire me,
So much you're
The highlight of my day,
Because to me you are
stronger than Hulk,
Faster than the Flash,
Smarter than Batman
And tougher than Wolverine
So what I know
I love him
He loves me.



Playful Cats
By Andre Ziskind

At stairway's summit
Furry Dragon is waiting
Ankles are not safe





April happenings

Outdoor events



Island-wide litter sweep planned for Earth Day

To celebrate the **51st anniversary of Earth Day**, the Outside Foundation is calling on locals and visitors to join them in a monumental sweep of all of Hilton Head's 12 miles of beaches and other natural spaces. Groups and individuals can register their sweep on earthdayhhi.com for the April 22 event. Registered events will receive stickers and clean-up supplies from the Outside Foundation. ***outsidefoundation.org***





HHI Earth Day Festival

Palmetto Running Company and The GuGo Movement have partnered for an **Earth Day Festival from 11 a.m.-3 p.m. on Saturday, April 24, at Shelter Cove Community Park.** This free event invites friends and family of all ages to come and learn about what they can do to make a difference in the Lowcountry. The festival will feature organizations that focus on environmental efforts, conservation and learning programs in the area. The public is also invited to attend Earth Day Yoga in the park at 9 a.m. and an Earth Day Family Fun Run at 10 a.m. before the festival. ***palmettorunningcompany.com***

Concours d'Elegance & Motoring Festival

Tickets are now on sale for the **Hilton Head Island Concours d'Elegance**, which takes place November 5 -7, and the Savannah Speed Classic, which takes place October 21-24. ***hhiconcours.com.***



On stage



RED

This Tony award-winning play tells the story of artist Mark Rothko, an abstract expressionist, who has just landed the biggest commission in the history of modern art, doing a series of murals for New York's Four Seasons restaurant in 1958. Working with a young assistant, Ken, it's apparent that there are huge differences between their generations and artistic perspectives. Eventually, Ken moves from apprentice to opponent. ***April 8-11 at the Arts Center. artshhi.com***

Other upcoming performances at the Arts Center

May 28-29: *Black Jacket Symphony's Rumours (live music)*

July 12: *Paul Reiser (comedy)*

June 23-Aug. 22: *Mamma Mia! (musical)*





Find out with a Free Property Report

CollinsGroupRealty.com/Sell

Collins Group Realty

Structured to Serve

Proudly serving real estate clients for 19 years

Thinking of Selling in 2021?
Schedule a Complementary On-site Consultation

- Discuss strategies for prepping your property for sale
- Expert pricing
- Industry leading marketing
- Discover the depth of our team and renowned service offering
- Results.

(843) 341-6300 HHI | (843) 837-6700 Bluffton

GREEN
WITH ENVY.



Professional Lawn Care & Landscape
Turf Maintenance & Sod Installation
Shrub and Tree Planting & Pruning
Irrigation & Lighting Systems
Fertilization & Weed Control
Hardscapes & Pathways

Family owned and operated since 1981

843.304.4397

GreenscapeHHI@gmail.com

GREENSCAPE LANDSCAPE

On stage







Hilton Head Prep presents 'Clue'

Hilton Head Preparatory School presents Clue, a hilarious farce-meets-murder mystery based on the iconic 1985 Paramount movie which was inspired by the classic Hasbro board game. Performing Arts Director, Patti Maurer, cast 10 very talented student actors, who skillfully bring each of these iconic board game characters to life in this 90-minute play. The show opens ***April 1 and runs through April 4***. Link to online access at ***hhprep.org*** for a small donation to support Hilton Head Prep performing arts.

Markets & fun

LOWCOUNTRY HOME & GARDEN Show

Lowcountry Home & Garden Show

The Lowcountry Home & Garden Show will feature over 90 home and garden exhibits, do-it-yourself workshops, product and cooking demonstrations, kids' activities, giveaways, and Sunday Farmers Market, just to name a few. Show times will be from ***10 a.m.-4 p.m. on May 14 and 15*** and from ***noon to 4 p.m. on May 16*** at the Buckwalter Regional Park. Admission is $5 for ages 18 and older and free for children.
lowcountryhomeandgardenshow.com

The FARMERS AND MAKERS Market
IN THE SHOPS AT SEA PINES CENTER
PRESENTED BY LOWCOUNTRY PRODUCE

The Farmers & Makers Market in The Shops at Sea Pines Center

In its 8th year, the market will present more fresh, local produce, more seafood, more breads and cheeses, and more crafts and artisans than ever before. Enjoy the colorful displays that grow and change each week throughout the season at this charming weekly festival, taking place from ***10 a.m. to 2 p.m. every Tuesday.***



Forsythe Jewelers' 40th anniversary celebration

Forsythe Jewelers will be celebrating 40 years on Hilton Head Island with a party and a Roberto Coin trunk show. The 40th anniversary stone is a ruby, which is Roberto Coin's signature mark that he includes on each piece of his jewelry. Since its inception, the hidden ruby has been part of Roberto Coin's brand due to its exceptional quality of maintaining beauty throughout time, like true love. The party and trunk show will take place from ***10 a.m.-6 p.m., April 27-28*** at the store. Enjoy a complimentary gift with your Roberto Coin purchase. RSVP by calling 843-671-7070 or emailing Andrea@ForsytheJewelers.biz.





The Art Market at Honey Horn

Taking place April 24-25, Honey Horn will be the location of this juried fine art and craft festival. Eighty artists from the region and other places across the country will be on site for the 19th annual market. Fine art in all shapes, sizes, styles, price ranges, and media will be available for viewing and purchasing. The outdoor show is open from ***10 a.m.- 5 p.m. on Saturday*** and ***11 a.m.-4 p.m. on Sunday***. Tickets are $5 per person.





First Thursdays Art Market

The first Thursday of every month, the **Shops at Sea Pines Center** will have 20 exhibiting artists, live music in two locations, and the stores will be running specials for the evening. Join the fun from ***4-6:30 p.m. on April 1***.

The 2021 Rankings are In!

It is hard to move up when you are already at the top!

Hilton Head Preparatory School

#1 Private K-12 School in Beaufort County

#1 Boarding School in South Carolina

#2 Private K-12 School in South Carolina

Top 14% of Best Private K-12 Schools in America

A+ Rating!

HILTON HEAD PREPARATORY HHP Est. 1965

Hilton Head Preparatory School | *Inspiring Students to Be Exceptional*

Please Call for a Personal Tour | www.HHPrep.org

8 Fox Grape Road | Hilton Head Island, SC 29928

Sarah DeMaria, Director of Admissions

sdemaria@hhprep.org | 843-671-2286

Rating by NICHE

A private, independent school serving students in preschool through twelfth grade

TUITION ASSISTANCE AVAILABLE

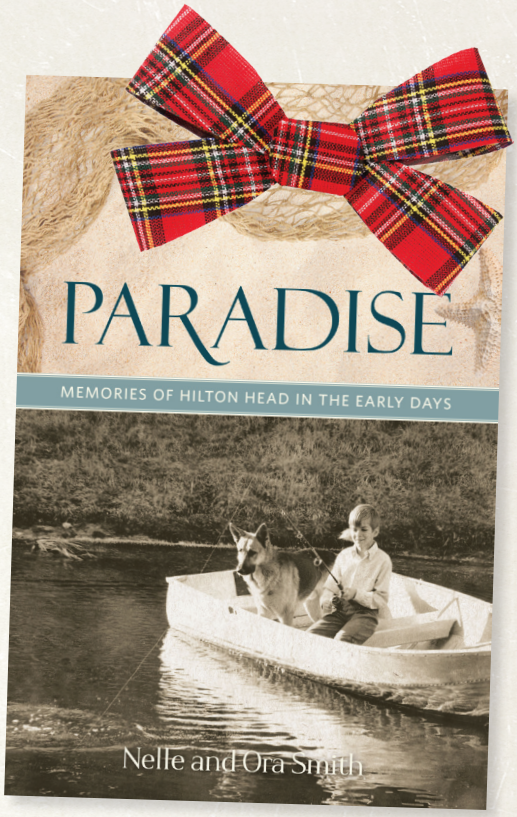
A Tee-rific good read!

Whether you're new to the Lowcountry or an old-timer, you'll love Nelle and Ora Smith's book *Paradise: Memories of Hilton Head in the Early Days.* And be sure to get a copy for your RBC Heritage guests!

Delight your book or civic club by booking Nelle and Ora as guest speakers for an insider's view of Lowcountry life.

Available this year and beyond!

Pick up a copy at your favorite local store, call 843.575.2222, or email Ora at oraesmith07@gmail.com



Fundraising events

Red Shoes Run

The Red Shoes Run of Bluffton will start at 8 a.m. on April 3 at the Oyster Factory Park, taking runners and walkers through the Historic Streets of Old Town Bluffton. Proceeds will benefit the Ronald McDonald House Charities of the Coastal Empire. Presented by Bluffton Trading Post. ***bearfootsports.com***

RED SHOES RUN



Dog Walk on the Beach

Hilton Head Humane Association's Dog Walk on the Beach will take place on ***Saturday, May 1, at 8:15 a.m. on Coligny Beach***. Same-day registration will not be available, so visit ***hhhumane.org*** or call ***843-681-8686*** to pre-register.

Pedal Hilton Head Island

The Boys and Girls Club of Hilton Head Island has opened registration for the 2021 Pedal Hilton Head Island. Participants will enjoy new cycling routes while celebrating Hilton Head's culture and raising funds to support the children. The fundraising event will take place on National Bike Day, May 2. ***PedalHHI.org***

PEDAL Hilton Head Island







Stephanie Burch, LMSW
Maggie Clark, BSW
Barbara Scobey, LMSW
HCL Social Work Team

Hospice Care of the Lowcountry, Inc. is a registered 501-C(3) nonprofit organization. Serving Beaufort and Jasper Counties since 1982.

Your Choice
Our Privilege

Social Workers are essential and we salute Stephanie Burch, Maggie Clark, and Barbara Scobey who bring a combined 89 years of experience to our team. We are so grateful for all of the uplifting work they provide to our patients, their families, and our community as a whole.

Visit **hospicecarelc.org/vlog** or scan the code to view Barbara Scobey's perspective on Social Work at Hospice Care of the LC.

To support us, call
843-706-2296
HospiceCareLC.org

Your Non-Profit Hospice
HOSPICE CARE OF THE LOWCOUNTRY



Ales Golf Tournament

On April 24, The Lowcountry Autism Foundation will be hosting a day of fun and fundraising at Crescent Pointe Golf Club and Southern Barrel Brewing in Bluffton. The tournament will include 18 holes of golf, food, one drink and prizes. Cost is $100 per person, and tournament and hole sponsorships are available. ***lafinc.org***



Heritage Classic Foundation restarts charitable programs

The Heritage Classic Foundation has restarted two charitable giving programs ahead of the 2021 RBC Heritage (April 12-18). Last year's tournament being cancelled forced a suspension of matching gifts to these charities. Birdies for Charity has 100 percent of donations go directly to the chosen charities, and the Heritage Classic Foundation contributes an extra 10 percent. Since the program was created in 2000, they have distributed $6.22 million through the Birdies for Charity program. The Heritage Champions Fore Charity program allows the minimum contribution to a designated charity to be $1,000. 100 percent of donations go directly to the charity, and Heritage Classic Foundation contributes an additional 10 percent. Since 2013, Heritage Fore Charity has produced more than $13.63 million for participating nonprofit groups.

MEOW WE'RE TALKIN'

POUNCE ON GREAT DEALS!

Hilton Head Humane Association's
The Litter Box
goods for people • great for animals
THRIFT STORE

All proceeds go to improve the lives of animals.

tanks alot!



VOTED Favorite Thrift Store on Hilton Head!

46 Old Wild Horse Road | 843.MEOW
Monday-Saturday 10am-4pm

www.hhhumane.org

We're not kitten!

LOCAL LIFE PRESENTS THE

CRAFTED IN THE

LOWCOUNTRY

EST. 2019

AWARDS

HARGRAY

LOCAL Life is recognizing and rewarding local businesses that handcraft goods that reflect the Lowcountry tastes and lifestyle. Businesses in Hilton Head, Bluffton, Beaufort and Okatie can enter, as long as items are made in the area and are already sold here. Enter at **CraftedInTheLowcountryAwards.com.**

After the category winners are determined, a grand prize winner will be selected by judges and LOCAL Life team members.

MEET THE JUDGES



STYLE
Kay Stanley
Founder of Spartina 449



HOME
Joni Vanderslice
Founder of J. Banks Design Group



DRINK
Tony "Cheetah" Chism
Managing partner at WiseGuys



ART
Carolyn Males
Arts and culture writer



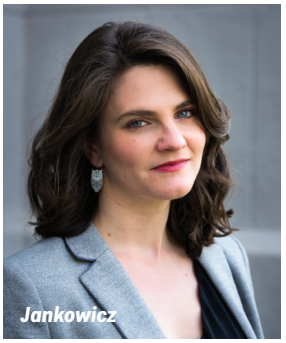
CRAFTS
Meredith Taylor
Owner of Gifted Hilton Head



FOOD
Trey Place
Chef at Michael Anthony's Cucina Italiana

The Grand Prize includes: Featured prominently in an issue of LOCAL Life as well as a feature story, cash, and a social media campaign, professional photography and videography, potential additional distribution and more.

Educational Events



World Affairs Council virtual talks

April 4: *Nina Jankowicz: How to Lose the Information Wars*

April 23: *Dr. Robert Spalding: U.S.-China Relations in a Post-Coronavirus World*

May 7: *Mathew Burrows: Russia and China: Benign Friendship or Malignant Gamechanger?*

Details: *wachh.org*







Coastal Discovery Museum events

April 5: *Convergence of Historic Rice Fields into the Cornerstones for Modern Day Conservation in the Lowcountry*

April 7: *Microplastic Pollution in Charleston Harbor*

April 12: *Sea Turtle Conservation: A Changing Landscape*

April 14: *The Canary of the Swamp: Prothonotary Warbler Conservation at Beidler Forest and Beyond*

April 19: *Pedro Menendez de Aviles - The Last Crusader*

April 21: *Human Impact in Lowcountry Wildlife*

April 26: *From Data to Decision: Coastal Resource Management Challenges under Changing Conditions*

April 28: *Oysters are Habitat Forming and Every Bushel Counts Holly Sommers, wildlife biologist for SCDNR's Oyster Shell Recycling Program, will be speaking on how oysters are culturally, economically, and ecologically important to South Carolina*

Details: *coastaldiscovery.org*

MORE ONLINE

Find more events happening around the Lowcountry online at ***LocalLifeSC.com***

Real Estate Marketplace



151 Good Hope Road, Berkeley Hall

This stately residence provides luxury and ease of living. Cathedral ceilings, artisan custom cabinetry, real wood plantation shutters and extensive millwork. The 1,689 sq. ft. entertainer's lanai includes heated saltwater pool and hot-tub, outdoor kitchen and fireplace. Features include gourmet kitchen with Thermador appliances, and separate wet bar. Generously sized Master suite includes separate his and her bathrooms. This .84 acre estate homesite features both wooded and marsh views. $1,495,000

Rich Reed 843.368.3040 Courtney Adams 843.949.9085
RichReed@CharterOneRealty.com CourtneyAdams@CharterOneRealty.com



19 Martingale East, Bluffton

Grand Estate Home beautifully located on 3.2 acres in the Lowcountry's best equestrian community. Amazing millwork. The quality is evident everywhere in this neo-classical architectural masterpiece. Features include solid wood doors, marble & hardwood floors, and a custom-designed leaded glass front door. The master suite is over 1050 sq. ft. located on the main living floor with a large sitting room and fireplace. 5 fireplaces in the home, elegant office, family room. Colleton River access. $1,899,000

Marvin Hall 843.384.7632
marvin@marvinhall.com



13 Sovereign Drive, Port Royal, Hilton Head Island

Life by the beach in a golf-view home with a private pool, In-law Suite & Office. Dramatic paved courtyard entrance, tranquil fountain & lush gardens. Gourmet kitchen, great room, formal living & dining rooms, 2 fireplaces, collapsing glass wall opens to fully screened, heated, salt-water pool & spa. Enjoy beaches, tennis & pickle-ball, gardens, leisure trails, playground, fishing & 24-hour security. Separate guest quarters, 2 outdoor showers. 2-car garage. 4BR/3BA/2HalfBath, 4,101 sq. feet $1,725,000

Christina Forbis 843.301.7339
CharterOneRealty.com



30 Bradley Circle, Hilton Head Island

Second-row location, adjacent to the beach walk, newly constructed, ultra high-end finishes throughout. Fully furnished with imported furniture. Fully equipped and on the Vacation Rental Market with just under $200K already on the books for this year. 9 Bedrooms, 8 1/2 Baths, Infinity-Edged Pool, under-parking for multiple cars. Penthouse great room with great views. Large covered deck on the top in back overlooking the views. Covered decks also on 3rd floor and main floor by the pool. $2,995,000

David Carroll 843.384.8111
www.HiltonHeadHomeSource.com

The elder statesman



Hilton Head Island

Hidden on the corner of Squire Pope Road and U.S. 278, next to Lam's Tailors & Expert Alterations, sits one of the most sprawling and intact live oak trees you will ever see. This unnamed and mostly unknown local treasure could be more than 450 years old, rivaling Charleston's famous Angel Oak in age.

– SARAH ORIE, HILTON HEAD ISLAND

HIT US WITH YOUR BEST SHOT Are you an amateur photographer with a great local photo?
Send your high-res image to info@wearelocallife.com or upload it at locallifesc.com/partingshot.



Hearing loss is more common than you might think. It's estimated that 48 million Americans experience hearing loss due to noise, medical conditions, or just simply getting older.

WIDEX HIGH DEFINITION HEARING · ReSound rediscover hearing · signia Life sounds brilliant. · Starkey Hearing Technologies · oticon PEOPLE FIRST · unitron · PHONAK life is on

Make an appointment today for exact fittings of **state-of-the-art hearing aids** that will optimize your ability to hear. With exceptional follow-up care and service and over 40 years of helping the hearing impaired, you will see why we are the "Local Hearing Experts."

ROSE HEARING
HEALTHCARE CENTERS

RoseHearingHealthCareCenters.com

Hilton Head | 1505 Main Street | *Main Street Village* | 843.802.2957 ■ Bluffton | 108 Buckwalter Parkway, Suite 2G | *Berkeley Place* | 843.836.5554

ROBERTO COIN

LOVE IN VERONA COLLECTION







Forsythe Jewelers'
40th Anniversary Party &
Roberto Coin Trunk Show

Tuesday & Wednesday,
April 27 & 28, 10 am - 6 pm.

Enjoy a complimentary gift with your
Roberto Coin purchase.
RSVP to 843.671.7070 or
Andrea@ForsytheJewelers.biz

FORSYTHE
JEWELERS • SINCE 1927

The Shops at Sea Pines Center
71 Lighthouse Road | Hilton Head Island
(843) 671-7070
Gate pass always cheerfully refunded!