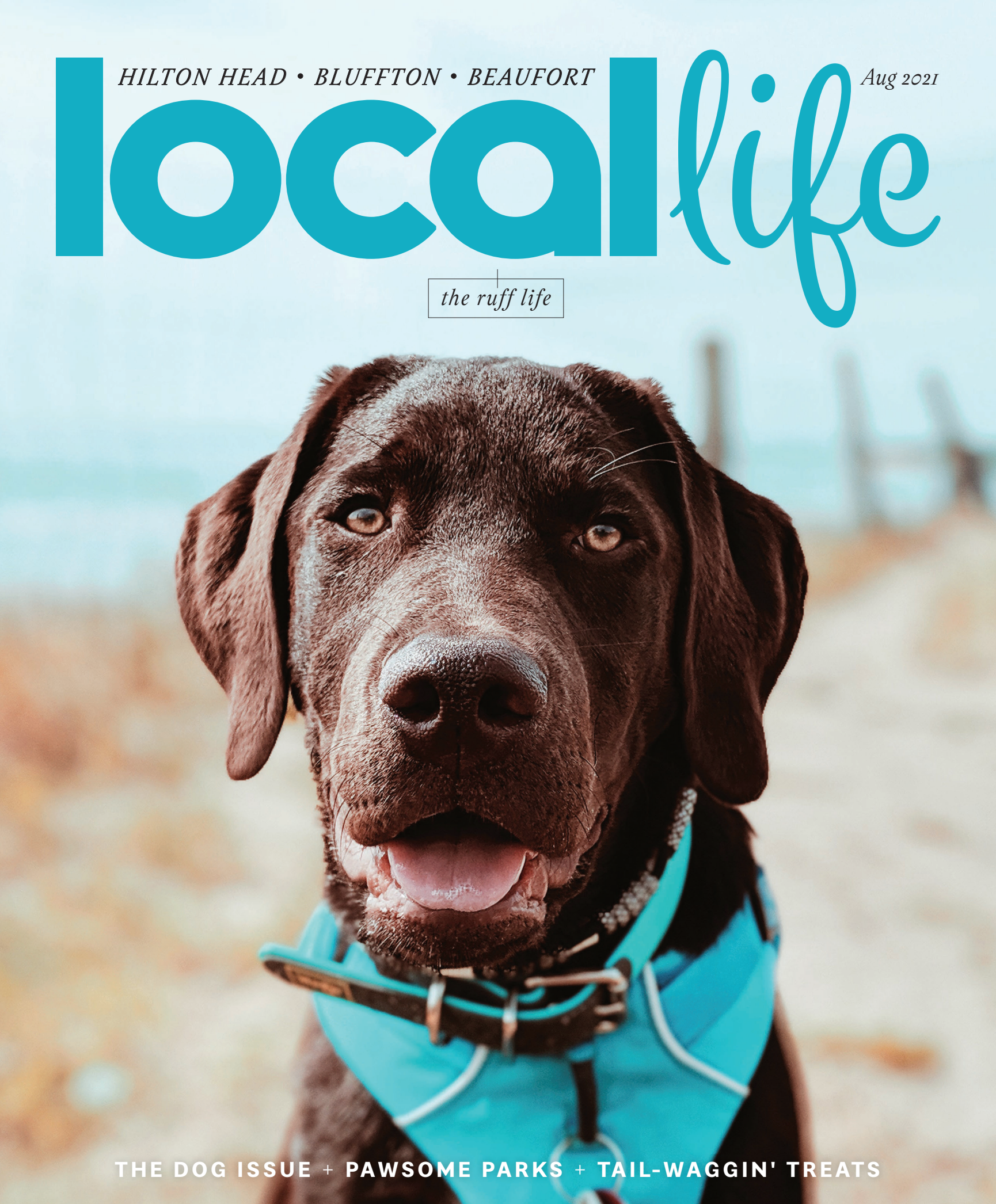
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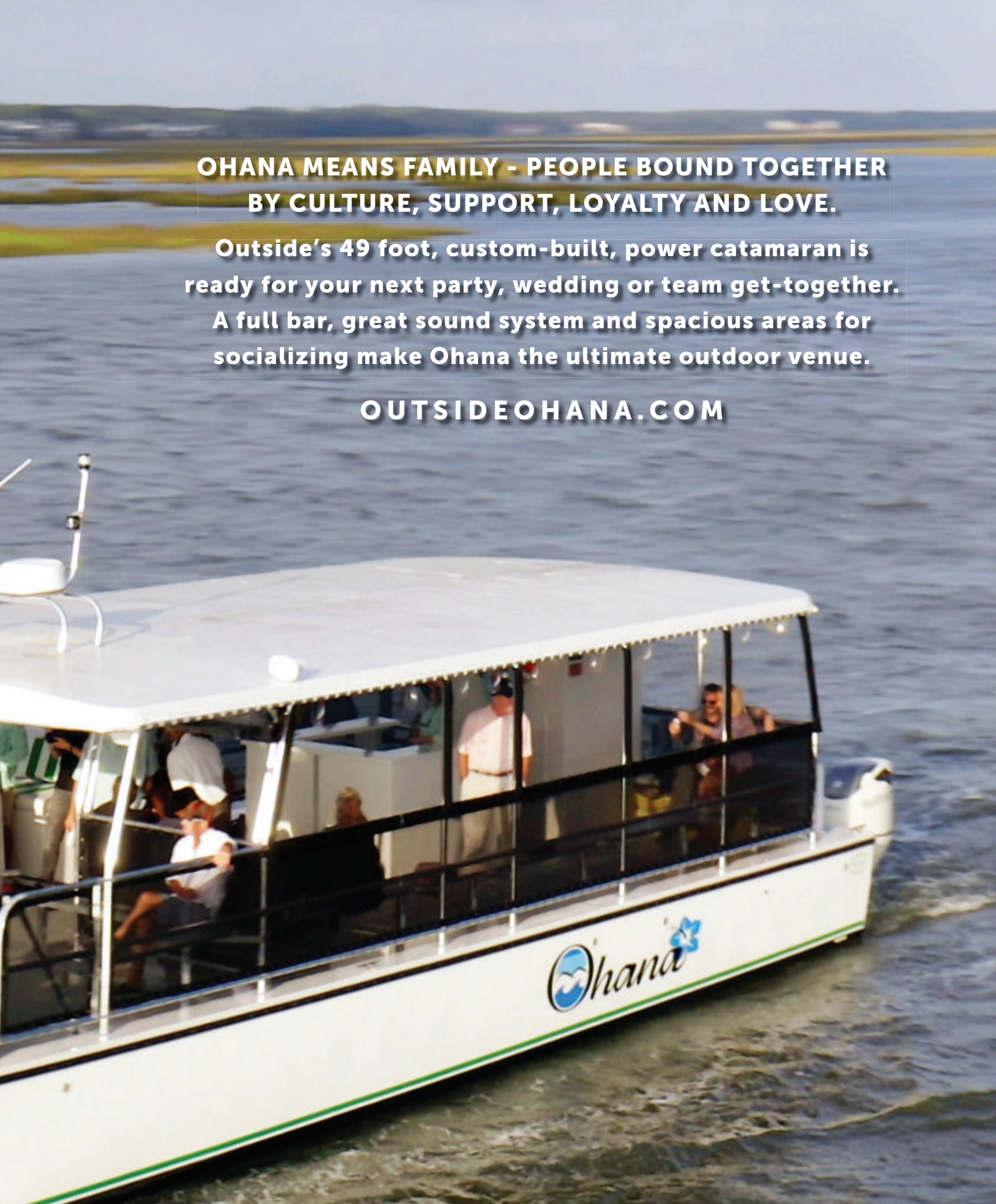
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LOOK TO **THE STARS**

College scholarship season inspires me. The excitement of students beginning a new chapter in their lives takes me back to a time in my own life when the world seemed to be opening doors to undiscovered and limitless opportunities.

It's gratifying to help exceptional young people take the next steps in realizing their dreams. This year, Community Foundation of the Lowcountry expects to award more than $700,000 in scholarships to local students, through the 47 scholarships we manage.

The scholarship program also gives us the unique opportunity to meet some of the area's most promising students. Hayden Bird is one of them.



Hayden received three Community Foundation scholarships: the Amazing Grace Sulak Scholarship, the James L. Krum Memorial Scholarship and the Joan and Wade Webster Scholarship, all of which will lighten the financial burden for this budding aerospace engineer when he enrolls at Georgia Institute of Technology this fall.

Since 2016 it's been Hayden's dream to attend Georgia Tech. That's when he first saw the school, as his family drove past it while evacuated to Atlanta during Hurricane Matthew. When he got a chance to actually tour the campus three years later, he says, "I felt like I was amongst my people. I was geeking out the entire trip."

Hayden says he can't remember a time when he wasn't "geeking out" about outer space, and he knew he wanted to study it at an early age. His family's trip to Epcot Center to watch the SpaceX Falcon 9 rocket launch affirmed his career choice. He wonders if advanced life exists beyond earth and wants to be part of a team that finds out. After he graduates with an undergraduate degree (and, most likely, a graduate degree), his goal is to work at NASA or SpaceX.

And he knows what he wants to tackle first: communication delays resulting from the vast distances in space. He's already extensively researched the topic – which was the subject of a high school term paper – and he's formulated what he thinks might be a solution.

Tuition costs for his freshman year will total close to $50,000, so any financial support he receives makes a tremendous difference. "This year has been a tough one for my family," he says, "and receiving the scholarships really means a lot."

Of course, the Community Foundation would be unable to offer scholarships without the donors and fund advisors who understand the infinite value of education, and who have the faith and foresight to invest in local students. Their thoughtful generosity will pay dividends well into the future, not only for the students themselves, but for our entire region. This is the legacy they share.

We never know the influence we might have on the future, and our scholarship program advances this unchartered human potential. So as Hayden looks to the stars, we're wishing him – and all of our scholarship recipients – bright and successful futures.



SCOTT WIERMAN
President and CEO of Community Foundation of the Lowcountry, shares stories and insights on philanthropy in the Lowcountry.

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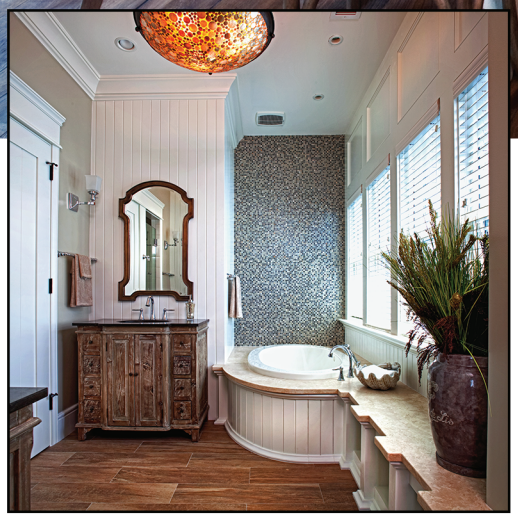
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WHO IS YOUR FAVORITE CELEBRITY DOG?

"Lassie was so special in my life growing up (does that date me?)." **- LORI**



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"Charlie from 'All Dogs Go to Heaven.' You can't keep a good dog down." **- LANCE**



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"Snoop Dogg, bow-wow-wow-yippy-yo-yippy-yay." **- JEREMY**



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"Astro from 'The Jetsons.'" **- CHARLES**



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"Buddy from the movie 'Air Bud.' Cutest athlete there ever was." **- ASHLAN**



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"Stella from 'Modern Family.'" **- MADDIE**



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"So many good ones, but I think Wishbone and all of his incredible adventures are at the top of my list." **- MELISSA**



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"Paws down, Scooby Doo!" **- REBECCA**



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"Dolly the Beach Berner, of course!" **- LISA**



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"Rin Tin Tin. Guess that makes me the oldest." **- BRUCE**



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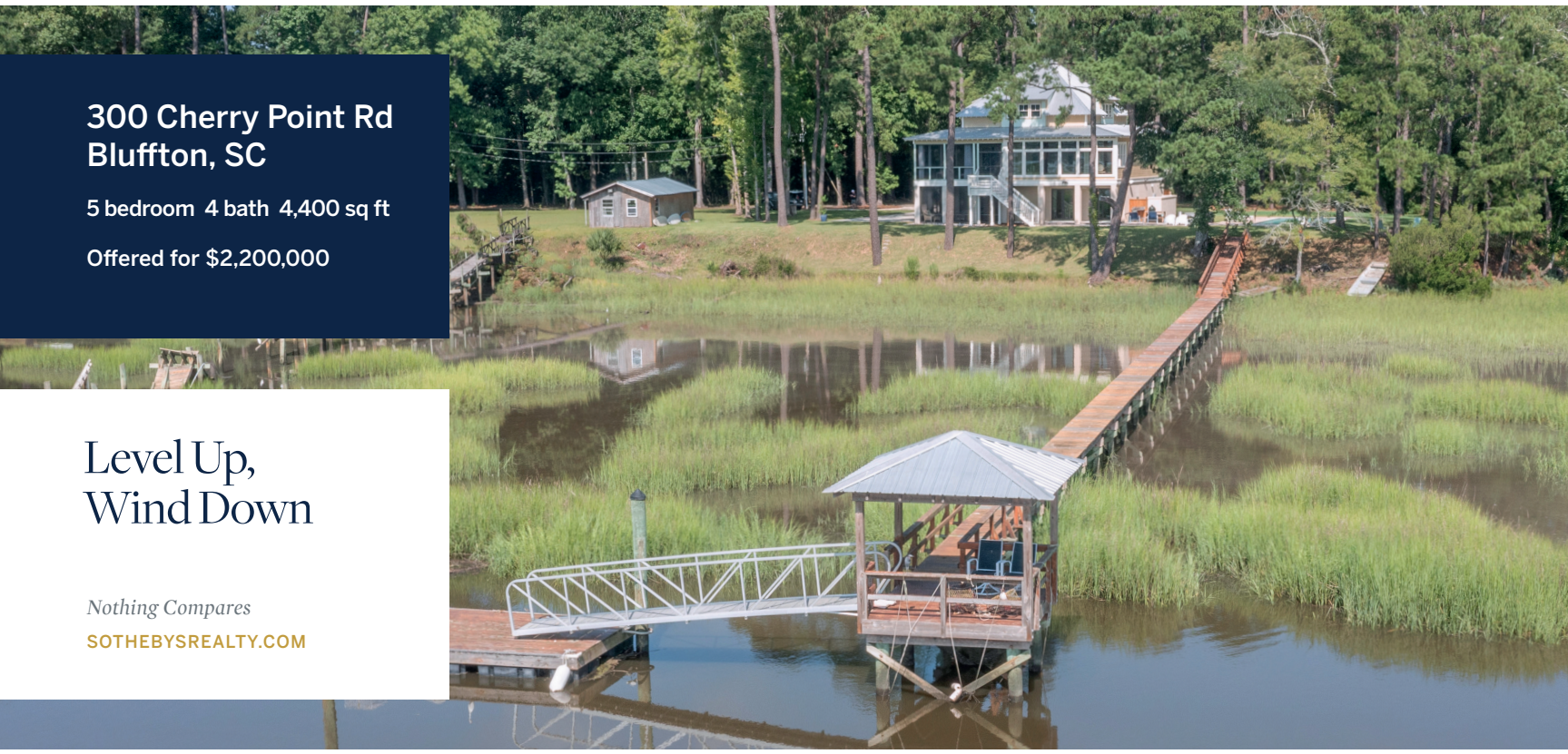
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Aug features



The Dog Issue

LOCAL Life has gone to the dogs. This special issue celebrates the dog days of summer and all of the four-legged locals who are enjoying the ruff life here in the Lowcountry. From delicious restaurants with unique dog menus to miles of dog-friendly beaches, local dogs have their day nearly every day.

© NICOLE HOLLENSTEIN

SHAKE IT OFF Thanks to their loose skin, dogs can shake themselves 70 percent dry in less than four seconds. The smaller the dog, the faster it will shake to dry. The colder the water, the longer a dog will shake. Learn more interesting physical, emotional and social facts about dogs on page 58.

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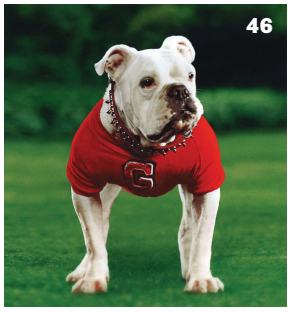
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Dogs are simply the best. They provide us with endless entertainment, keep us company, help keep us active and make us feel less alone. They make us more social, and their loyalty knows no bounds.

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Dogs are simply the best

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©LISA STAFF

PUPPY LOVE Publisher Lori Goodridge-Cribb is shown with Taisie at this month's fashion shoot. Check it out on page 116.

No, this adorable Australian Shepherd puppy is not mine. It's name is Taisie (Australian for "dazzling blue eyes"). We met on the set of this month's dog-friendly fashion shoot at a private Sea Pines home. Cuddling with the puppy brought back memories of the four-legged love of my family's life — a golden retriever named Addi (we purchased her with commission of my advertising sales).

That dog gave us 13 amazing years before she passed away in 2012. My heart still aches thinking about her and how much she meant to our family, but I'll always appreciate the many times she was there for us — teaching my children about responsibility and empathy while providing an endless source of unconditional love.

Dogs are simply the best. They provide us with endless entertainment, keep us company, help keep us active and make us feel less alone. They make us more social, and their loyalty knows no bounds.

In this special summer issue, we profess our deep love for dogs and examine the special bond they have with us owners — why they need us and we need them. Discover the best dog parks and local dog-walking hot spots. Meet some of the top dogs of the Lowcountry and a few locals who have dedicated their lives to caring for canines in need.

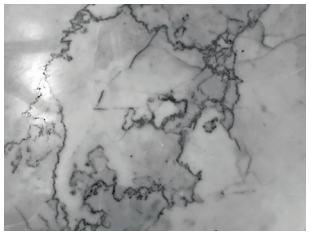
Learn the histories of Uga, the famous University of Georgia live mascot who lives in Savannah, and the beloved Carolina dog, a dingo-like breed of feral dogs who roam the South Carolina and Georgia countryside.

Teach your dog a few new tricks with easy-to-follow steps. Bake tail-waggin' homemade treats with three easy recipes. Be the most stylish dog/owner duo walking the block with trendy outfits and pet accessories.

Grr on the side of caution by keeping your dog away from a few toxic plants, sinister snacks and dangerous critters. We break it all down in an easy-to-read article that's worth sharing with all dog lovers in your life.

You'll find all of that and more inside this doggone fun and informative issue. Enjoy the dog days of summer!

LORI GOODRIDGE-CRIBB
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ADDI APOPHENIA

Have you ever seen a human face in a pattern of wallpaper or made out the shape of a bunny in a random mass of clouds? Our family experienced a bit of puppy-related pareidolia when our beloved golden retriever, Addi, passed away nine years ago. When we looked down at a spot in our tile flooring, we noticed a pattern we had never noticed before. Can you make out her eyes, nose and ears? Dogs' lives are too short!

"Happiness is a warm puppy."

- CHARLES SHULTZ

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Don't miss an issue of LOCAL Life. Scan this QR code to subscribe to the upscale lifestyle magazine of Hilton Head Island, Bluffton, Beaufort and beyond.



RETURN RATE Have you seen the LOCAL Life jeep around town? This month we rolled up next to ***Debbie Wunder*** and ***Rusty Pistachio***, the couple behind the restoration of The Rate, an iconic Bluffton building that was built in the 1940s. The Rate has been home to a convenience store, an ice cream shop, a post office and is now the home of Simpson Construction.

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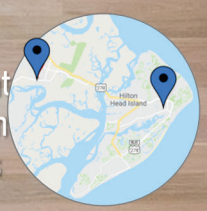
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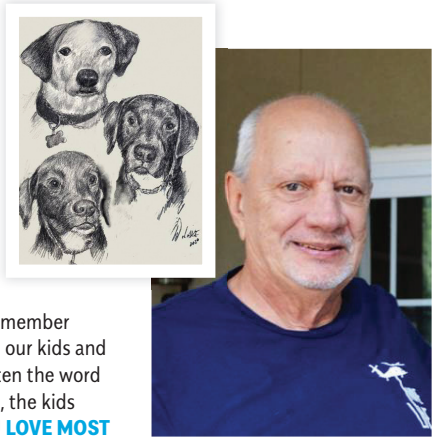
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contributors

MEET LOCAL CREATIVES BEHIND THE SCENES

Dennis Lake *Artist*



OTHER CREDS: Currently teaching painting at the Hilton Head Art League. Went to Wayne State University and majored in commercial art. **FOR THIS ISSUE:** Created the artwork, "Beyond My Door." **HOMETOWN:** Detroit, Michigan. **LOCAL SINCE:** 2010 **HOBBIES:** Painting, teaching and traveling. **SOMETHING MOST PEOPLE DON'T KNOW ABOUT YOU:** I retired twice in my life. The first was from the Air Force, where I flew several planes including the C5 Galaxy, the largest military aircraft in the world at the time. After 20 years of globetrotting, I retired and returned to school, then taught fine arts in high school and college, retired again and moved to Bluffton in 2010. **FAVORITE DOG MEMORY:** I remember hitching up my Siberian huskies to our Radio Flyer wagon, loading up our kids and yelling "Mush." Off we went, careening down the sidewalk. I'd forgotten the word to slow or stop and ended up in a pile of leaves at the end of the yard, the kids yelling "do it again, Daddy." I passed on that request. **WHAT DO YOU LOVE MOST ABOUT AUGUST?** The one thing I always look forward to is the coming football season. Most people don't think of football and fine art going together, but a little known fact is that I went to art school on a football scholarship and thoroughly enjoyed both. I was the only guy with a crew cut in the flower-child-infested Fine Arts building, but somehow managed to fit in during the tumultuous '60s.

Daisy Dow *Writer*



OTHER CREDS: Philosophy and studio art major at Kenyon College (Gambier, Ohio) **FOR THIS ISSUE:** The Lowcountry's Best Dog Parks, Dogs Beware, Local Dogspotting **HOMETOWN:** Fayetteville, Georgia **CURRENT HOME:** Hilton Head Island **LOCAL SINCE:** 2019 **HOBBIES:** Photography, trying gluten-free baking recipes that don't taste like cardboard, attempting to teach my dog Gnelly to swim **SOMETHING MOST PEOPLE DON'T KNOW ABOUT YOU:** I am a dual citizen of the USA and UK and have lived in both. Most people can't tell anymore, but I grew up with a bloody brilliant English accent. **FAVORITE DOG MEMORY:** We had an 80-pound Labrador with some big feet, a booming voice and an even bigger heart. Anytime someone would start to play the piano, she would sit down next to the pianist, point her snout to the ceiling, and howl along for the duration of the song. **FAVORITE CELEBRITY DOG:** I have to admit, I have always been a sucker for ***Snoopy***. Something about his no-nonsense attitude really hits home with me. I even dressed as him for Halloween when I was eight, complete with a pair of furry pants and a massive paper-mache head. **WHAT DO YOU LOVE MOST ABOUT AUGUST?** Sweat stains. It sounds a bit odd, but the universality of this August problem makes me feel in tune with humanity. Once you come to realize everyone is in the same sweaty boat, you stop caring about how you look and start enjoying what you are doing.

Others who worked like a dog...

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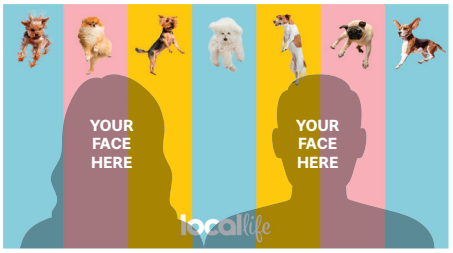


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The Nest *Home trends and tips*

About the Cover

*While vacationing with his wife and dog, photographer **Paul Kapischka** captured the perfect shot of **Riddle**, the couple's handsome Chocolate Lab. "I love the dreamy look he gave me and all of the open water behind him," Kapischka said. "I had fun with the colors in post (production)." The Kapischkas named their dog Riddle after Tom Riddle (later known as You-Know-Who, He-Who-Must-Not-Be-Named) from the Harry Potter series. No horcruxes were formed during the impromptu photo shoot, but memories were certainly made. "It was a very special time," Kapischka said.*



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Have a ball

BLUFFTON DOG PARK AT OSCAR FRAZIER PARK

The Bluffton Dog Park at Oscar Frazier Park has got a little something for dogs of every age. Three sections (small dogs, large dogs and senior dogs) foster unique communities among those who frequent the park with their pups. Owners can kick back on a number of the benches around the park and watch their dogs socialize. In addition to its dedicated spaces for canine companions of all shapes, sizes and ages, Oscar Frazier Park has a little something for every dog. Even if you forgot your dog's favorite toy, have no fear. **This park has baskets of communal tennis balls** you can borrow to make sure your dog gets all their energy out. Located just a short distance from the buzz of Old Town Bluffton, the Bluffton Dog Park is within earshot of a playground and baseball complex. Venture into the heart of Bluffton to step into this vibrant space, sure to make your dog's heart sing.

These parks have gone to the dogs. Literally!

GET MORE BANG FOR YOUR BARK AT THE LOWCOUNTRY'S 5 BEST DOG PARKS

STORY + PHOTOS BY DAISY DOW

The dog days of summer pound the Lowcountry with unbearable heat and humidity. Two seconds outside might leave you drenched in sweat, and the thought of wearing a fur coat? Unfathomable. However much we might be drawn to air conditioning, our canine companions still want to go outside. Even when it's 95 degrees out, your dog will still bat their puppy-dog eyes at you begging for a walk. So why not find a place that gives you both what you want? Imagine packs of dogs darting between trees like a pinball machine while you watch with your feet kicked up on a bench. Give your pups some space to socialize and let off some steam while you take in some fresh air. Abundant with water fountains for dogs, shaded hideaways for humans and lots of room for both to chase each other, these Lowcountry dog parks are designed to reinvigorate the spark between you and your best friend. From a lakefront beach in Beaufort to wooded oases in the heart of Old Town, whether you have four legs or two, there's something for everyone in the Lowcountry's best dog parks.

You've got a friend in Chaplin

BEST FRIENDS DOG PARK AT CHAPLIN COMMUNITY PARK



Hilton Head Island's only public dog park, Best Friends Dog Park on the north end of the island serves as **an idyllic haven for dogs that tire of routine beach walks** (what a ruff life!). Steps away from Burkes Beach, Chaplin Community Park boasts a large parking lot and winding paths that sweep you away from the buzz of the beach into a shady getaway. Even if your dog is eager for the feel of sand beneath their paws, Best Friends' sandbox digging area means your pal can enjoy the perks of the beach without the heat. As with all other dog parks in the area, Best Friends Park has separate spaces for dogs below and above 20 pounds. Paved paths lead the way from the gated entrance towards a number of benches throughout the park. But be careful not to stub your toe on the fire hydrants around the paths! Don't bother calling the fire department to open one up if your dog is thirsty. Rather, cool off using one of the hoses located around the park. Although the sea breeze is just a short walk away, Best Friends Park is the perfect setting for your pup to be swept away in a gust of furry friendship when they join the pack of best friends whipping around the park.



Private paradise

LONG COVE CLUB COMMUNITY PARK

Long Cove Club offers residents the ability to introduce their dogs to one another without the stress of large crowds. This unassuming park is **a meditative getaway** for Long Cove canines eager to run loose off-leash. The large- and small-dog areas are equally sized within this one-acre park. While a gated fence divides the two areas, both are equipped with continuous-fill water bowls that will keep any dog hydrated, no matter how many tennis balls they chase. Take a seat on the benches in the corners of the park for an all-encompassing view of the canine mayhem before you.



All's well that's Burton Wells

BURTON WELLS DOG PARK

Nestled in the woods between Burton and Habersham, Burton Wells dog park is a hidden gem waiting for your dog to stop by and soak up some smells. With two separate areas for small and larger dogs, this park is designed for canines of all kinds to let loose and explore their surroundings. For canines looking to cool off, the larger dog area has **beach access to a lake** complete with an island. Ambitious swimmers might paddle out to the island or hop in the blue waters to get their jaws on a lucrative stick. Burton Wells is a treasure trove of the unexpected, and the tranquility of this dog park makes it the perfect play space for dogs that like to lounge in the sun, chase critters, and take the occasional dip.



An oasis in the oaks

SOUTHSIDE PARK

Beaufort's Southside Park is ringing with Southern charm. Billowing live oaks act as umbrellas for pups that need a breather between laps around the field. This large, grassy plot is split into one acre for large dogs and a half acre dedicated to smaller ones. A recent survey among Beaufort residents indicated that **a third of the survey's respondents regularly use this dog park**. It has been open for just over five years, in which time some locals have established a tradition of coming every day with their pets. The benches, picnic tables and chairs all around offer a sweeping view of the 38-acre Southside Park. Park goers can watch their dogs socialize from any of the benches, chairs or picnic tables that have been strategically placed in shaded parts of the park.



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Great gadgets and accessories for your furry friend.



A tight leash

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Protect you and your pup at night time with the Nite Ize LED leash. It's water resistant, operated by a simple push button and has a charge that will last six and a half hours. *$29.99. Available at Target.com.*



Sound as a bell

MIGHTY PAW SMART BELL 2.0

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Your dogs are barking?

PETSAFE ELITE LITTLE DOG SPRAY BARK CONTROL DOG COLLAR

If you want your pup to stop barking but aren't too keen on shock collars, then you may want to try the Petsafe Elite Dog Spray Bark Control Collar. This collar is able to detect your dog's barks and sends a mist of lemon-scented spray to deter your dog from barking. *$74.99. Available at Petsmart.com.*



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ICARE ELECTRIC DOG TOOTHBRUSH

Your pup needs their teeth brushed just as much as you, so the iCare electric dog toothbrush was made just for them. With a silicone brush, scraper attachment and LED light, their teeth will be clean in no time. *$120. Available at petprosupplyco.com.*



Let the dogs out

SUREFLAP MICROCHIP PET DOOR

Make sure your furry friends get inside safe and sound with their own keys. The SureFlap Microchip door for small dogs lets them in by picking up on the microchip or collar tag they have on. It even lets you set a curfew mode where it automatically locks or unlocks at a set time. *$200. Available at Chewy.com.*



Can you dig it?

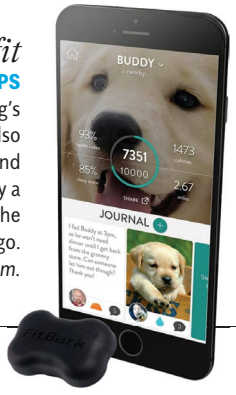
IDIG FROM IFETCH

Let your four-legged friends dig their hearts out without ruining your yard. Just put your pup's favorite treats or toys inside the iDig flaps and let them get to work. *$79.99 Available at Petco.com.*

The perfect fit

FITBARK GPS

Be able to track your dog's whereabouts while also monitoring its activity, sleep and anxiety. Fitbark GPS is essentially a Fitbit for dogs. Just download the Fitbark app and you're good to go. *$99.95. Available at Fitbark.com.*





Nail it

DREMEL 7760-PGK 4V PET GROOMING CORDLESS KIT

Be able to cut and trim your dog's nails without hurting them with the Dremel Pet Grooming Cordless Kit. This device gradually trims nails at a 45-degree angle, minimizing your chances of cutting past your dog's nail. *$39.97. Available at Chewy.com.*



Clean up their act

BRILLIANT PAD

Brilliant Pad is the world's first self-cleaning dog potty. When it senses your pup leaves, it cleans it. Download the Brilliant Pad app and you can track how frequently your dog uses it and any changes in their bathroom behavior. *$179.99. Available at Brilliantpad.com.*



Talk to the paw

MOOSEJAW RUFFWEAR GRIP TREX DOG BOOT

Keep your four-legged friend's feet safe while looking great for the summer with these textured booties. With a grip trex sole, they're great for all terrains and slip easily over their paws with a simple Velcro closure. *$37.50. Available at Moosejaw.com.*



Throw them a bone

WICKEDBONE SMART BONE INTERACTIVE DOG TOY

Playing with your dog is easier than ever with this smart bone interactive dog toy. Download the Wickedbone app, and your smartphone can control your dog's toy. It even has modes you can set it for outdoor and indoor play. *$99. Available at Chewy.com.*

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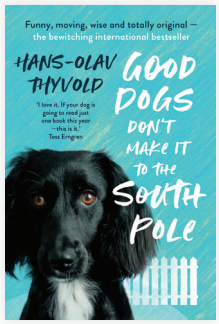
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Five books every dog lover should read

Spend the 'Dog Days' of August curled up with a good pup and one of these books.

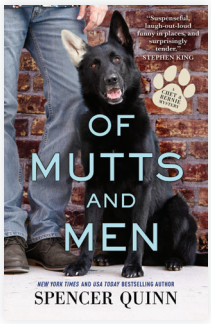
SELECTIONS BY DENISE FRIDAY



GOOD DOGS DON'T MAKE IT TO THE SOUTH POLE

BY HANS-OLAN THYVOLD

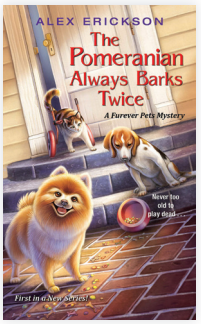
Tassen is a lovable shepherd whose master, Major Thorkildsen, takes his last breath with Tassen and his wife by his side. Mrs. T and Tassen rely on each other to combat loneliness, grief and growing old by researching the dog-led expedition to the South Pole by Roald Amundsen. A former librarian, she fills her days reading to Tassen and drinking while warding off her son and his wife's push to move her into a nursing home. A funny and touching tale narrated by the loyal Tassen.



OF MUTTS AND MEN

BY SPENCER QUINN

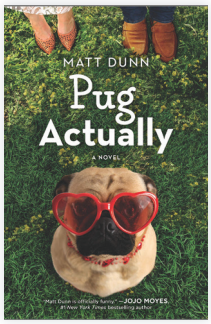
Private Investigator Bernie Little and his trusty partner, Chet, have stumbled onto a murder scene when a hydrologist turns up dead after asking to meet with them. The police think it is open-and-shut, and no one wants to look any further than a local thief. Narrated from Chet's dog-centered thoughts, the team persists to find cover-ups in some very high places. Part of the Chet & Bernie Mystery series, Spencer Quinn is a pen name for Peter Abrahams, who lives on Cape Cod with his wife and two dogs.



THE POMERANIAN ALWAYS BARKS TWICE

BY ALEX ERICKSON

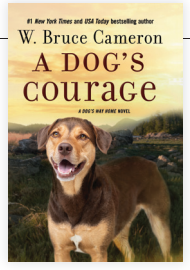
The elderly Pomeranian, Stewie, needs to be re-homed when his elderly master, Mr. Fuller, can no longer look after him. Fuller contacts Liz Denton, who runs a pet rescue, for help with his beloved pet. When Fuller turns up dead, and Liz's son is arrested, she goes into full sleuth mode along with her daughter, husband and cat on wheels, Wheels! It's an adorable and fun cozy tale for animal and mystery lovers alike.



PUG ACTUALLY

BY MATT DUNN

Doug the Pug is a rescue who is so grateful to his owner, Julie. He loves her, but she is not so smart in the love department for herself. Rescuing goes both ways, and adorable Doug is determined to make his clueless owner Julie see what is best for her in the happiness department. Doug is quirky, lovable and laugh-out-loud funny. A quick and fun rom-com, and a must-read for pug lovers.



A DOG'S COURAGE BY W. BRUCE CAMERON

The sequel to A Dog's Way Home, Cameron has continued the story of Bella, who was once lost but now lives happily with her humans, Lucas and Olivia in Colorado. A camping trip becomes a fight for survival when unexpected wildfires rage across several states, and Bella once again finds herself separated from her family and on her own. Adventure and danger abound as Bella works to get where she belongs. An adorable story that puts you in Bella's head and verifies that we do not deserve these wonderful companions called dogs.



CHILDREN'S BOOK

JUST SMALL ENOUGH: INSTIGATING A LIFE OF PRAYER FOR CHILDREN BY SARAH ANN VANDERSLICE

Jesus said "let the children come to me." He values their unique faith and audacious sense of wonder. He sees that children have something we adults do not; an asset we often lose--the innocence and simplicity of faith in their Father. This book from local author Sarah Ann Vanderslice encourages your child to pray without ceasing and knit their spirits with Jesus and the Holy Spirit at their earliest stages of growth.



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Adopt this Pet: Piglet

THIS PLAYFUL PUP LOVES CUDDLES AND AFFECTION

Say hello to Piglet, a playful 9-month-old terrier mix. Piglet came to Hilton Head Humane from another rescue after her owner could no longer care for her. Piglet is a loving little pup with lots of energy and love to give. Though Piglet is deaf, she must've learned doggy sign language because she still responds to commands. This hasn't slowed Piglet down one bit as she is quite the playful pup, but don't be fooled by her playfulness because she also loves cuddles and affection. Piglet is ready to grow up in a forever home with a family who is caring and fun-loving.

MORE ABOUT PIGLET

Colors: White
Age: 9 months
Likes: Cuddles, kisses and play time. "There's nothing like a game of tug of war and some butt scratches afterwards! That's the life." ***— Piglet***
Dislikes: When people act like she doesn't know what they're saying. "Of course I know my commands. Dogs use sign language, too. Has no one ever heard of it?" ***— Piglet***
Adopt her: Due to the pandemic, all Hilton Head Humane Association adoptions are by appointment only. Call 843-681-8686 or visit hhhumane.org.



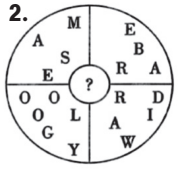
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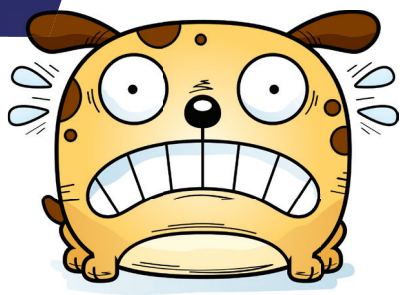
Answers are available on LocalLifeSC.com/Mensa

1. Match the American words or terms on the left to the British ones on the right.

1. car hood	a. Wellie
2. Wrench	b. Bonnet
3. Car trunk	c. Shingle
4. Stony beach	d. Spanner
5. Overshoe	e. Boot

2.





These questions are doggone tough. Try this Mensa quiz!

2. Unscramble the letters in each "pie" segment above, then find the missing letter that completes each word. (The missing letter, indicated by the question mark, is the same for each word.)

3. Find the five-digit number in which the third digit is one-half the second and one-third the first, the fourth digit is double the third, and the last digit is half the fourth and one-third the first. The sum of all the digits is 27.

4. A simple substitution code has been used to conceal a "quote." Work out the code to decipher the original words. King George III: UQ VJGA VJTGY VJGKT VGC KP VJG JCTDQT - NGV VJGO FTKPM EQHHGG.

5. George likes eels, but not frogs. He likes beets, but not peas, and he likes steel, but not books. Following the same rule, will he like trees or blossoms?

[LAST MONTH'S ANSWERS]

1. *Cal, Al, Nia, Ted, Ed, Ace, Sean, Les* ***2.*** *26 ((1,000 ÷ 40) + 1. That is (1/10 x 1/2 x 1/2 x 1,000) + 1.)* ***3.*** *X (LYNX, SEXY, EXECUTOR, EXCERPT)*
4. *8 P.M. An algebraic equation is: 12 - (T - 2) = 3 (12 - (T+2))* ***5.*** *SHOE, SHOT, SOOT, COOT, COAT*

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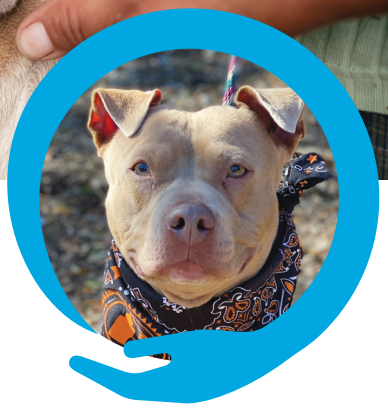


Where are they now?

ADOPTION UPDATES FOR DOGS FEATURED THIS YEAR IN LOCAL LIFE

BY SOPHIE POWELL

Each month LOCAL Life and Tito's Handmade Vodka highlight a dog that is available for adoption at the Hilton Head Humane Association. We are proud to report that **ALL DOGS** featured to date have been successfully adopted. ***Here are updates on our Class of 2021.***



ANNA BANANA

Update: Anna Banana has been adopted once before but had to be returned to Hilton Head Humane after her owner could no longer care for her. She had to be treated for heart-worm disease, but this didn't stop her from being the active pup that she is and letting her personality shine. Anna has been adopted once again, this time by a family in Greenville. She is loving her forever home!





TRIP

Update: This cuddly pointer/hound mix was brought to HHHA as a stray who needed to be given lots of extra love. Trip is quite the affectionate dog and needed a new owner who could double as his best friend. Fortunately, he has been adopted and is loving life in his new home.

CLIVE

Update: This sweet hound came to Hilton Head Humane as a stray dog who needed a little extra love. He was slightly underweight and needed someone to take good care of him, and luckily he got just what he needed. This peanut butter-loving pup was adopted by a loving family in the Upstate.





GINGER

Update: This Husky/Malamute mix was adopted from HHHA at the age of 2 but unfortunately returned at the age of 6 due to a shift in her family's circumstances. This sweet and energetic furry friend needed a permanent home with owners who were as easy-going and energetic as she is. Thankfully, it didn't take long for Ginger to be adopted, and she is now living with her forever family in the Upstate.



BELLISIMA

Update: "We chose to adopt Bellisima after seeing her posts on HHHA's Facebook page because she is 11 years old and should spend her time sleeping on furniture and resting in the sun in a home with people who love her. We are grateful BCAS and HHHA made it possible for her and others to be loved from the moment they enter their doors until they meet their new families."
- Belissima's Family



BRANCH

Update: Branch was brought to HHHA's Okatie campus after being rescued from the streets. This sweet boy has a heart murmur of an unknown cause, but that doesn't stop him from smiling and giving constant tail wags. Branch used to be one of the shelter's longest-staying residents, but this happy hound has finally found his forever family.

ADOPT A DOG

While these awesome dogs are no longer available, other great dogs are. *Find your new best friend at the Hilton Head Humane Association. Browse the selection at hhhumane.org or by appointment call 843-681-8686.*



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Nonprofit Spotlight

Rogue Rescue & Sanctuary

MISSION

To save dogs that have been forgotten and abandoned. To rescue hopeless animals and to be their voice. Rogue Rescue & Sanctuary is a "no kill" rescue organization. Its sanctuary is for those animals that cannot be placed after their rescue.



HOME SWEET HOME Dogs who cannot be adopted have found a home at Rogue Rescue & Sanctuary.

HISTORY

President and founder Dianne All grew up loving and taking care of animals in need. It has been her passion since childhood. If you ask her why she does it, she will say, "It was born in me. It's not what I do, but who I am." Rogue Rescue & Sanctuary headquarters are in Bluffton. The sanctuary part of the rescue is in Allendale.

WHO IT HELPS

Dogs that have been forgotten and abandoned. The sanctuary is home to dogs that for one reason or another cannot be adopted. "We are willing to do what needs to be done to make the dogs' lives one of joy, love and contentment — something that some of them have never known," All said.

HOW TO HELP

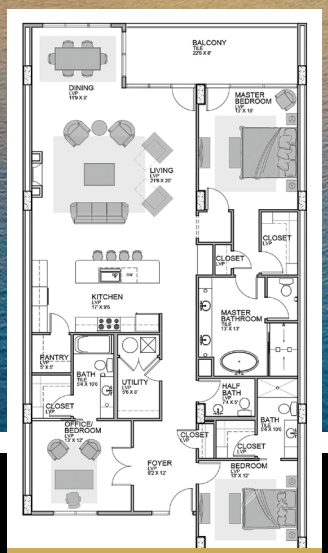
Rogue Rescue & Sanctuary is a nonprofit organization that receives no government funding. It depends on the donations from individuals. You can make a donation at paypal.me/roguerescue via PayPal or mail a check to Rogue Rescue & Sanctuary, PO Box 11, Allendale, SC 29810. If you are looking to donate an item, urgent needs are dog toys, bleach, fly spray, flea and tick prevention and dog beds. All forms of contributions are appreciated.

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LETTER TO THE EDITOR
LOCAL Life asked ***Darlene Schuetz*** to share her thoughts on what it means to be local. Often accompanied by her Great Dane, Cosgrove, Schuetz is easy to spot on Hiilton Head Island. LOCAL Life welcomes letters to the editor and comments to our website. **Write to info@wearelocallife.com.**

What makes it local



adjective. lo·cal | lō-kəl

1: *characterized by or relating to position in space: having a definite spatial form or location* ***2:*** *of, relating to, or characteristic of a particular place: not general or widespread: of, relating to, or applicable to part of a whole* ***3:*** *primarily serving the needs of a particular limited district of a public conveyance: making all the stops on a route*

We are an immensely giving and dog-loving crowd

BY DARLENE SCHUETZ



©ARNO DIMMLING

LOCAL SINCE 2005 Darlene Schuetz is shown with her dog, Cosgrove, who serves as a Hos-Pet for Hospice Care of the Lowcountry. The volunteer program provides pet therapy to hospice patients at home and in local healthcare facilities.

In the spring of 1984, I gathered my two-year-old son and took the red-eye from California to the East Coast. We were vacationing on Hilton Head Island, where my parents had retired from Connecticut. My dad picked us up at the Savannah Airport, and we drove the back roads to the Island.

I lived in Yosemite National Park; I loved the mountains, the snow and the massive granite cliffs. I couldn't imagine living anywhere else. There was a place in Yosemite as you made the drive in called Inspiration Point. There, you come out of a long dark tunnel and into the incredible view that is Yosemite Valley. To me, the first sight of that view meant I was home.

Fast forward twenty years, and I found myself packing my beloved Great Dane and the rest of my life into a moving van to begin a cross-country trip to the Lowcountry of South Carolina. On the homestretch of that drive, I had an epiphany as we crossed the bridge to Hilton Head Island. This view was my new Inspiration Point. The lush greens of the marsh grass, the majestic oak trees, and the beautiful blues of the sky and water welcomed me. I was home.

I was unjustly worried that there wouldn't be enough to do. I put the skis away and tried my hand at kayaking. Our Island has some of the most impressive waterways; I've been a local for sixteen years, and I still get excited when I see the dolphins! Watching fireworks from a kayak becomes a dual sensory experience as you feel them reverberate through your boat.

My mountain bike became a hybrid bike. Exploring Pinckney Island or riding with friends to brunch, I love being able to bike year-round.

A pair of flip-flops replaced my old trusty climbing shoes. Who knew walking on the beach would be such good exercise as well as a therapeutic experience?

But these things still don't cover two of my very favorite things about our community — we are an immensely giving and dog-loving crowd.

My Great Dane, Cosgrove, loves to come out with my friends and me, and he's always welcome at our favorite restaurants and bars. He garners a lot of attention for his handsome and lovable charm, for which he's well equipped as a Hos-Pet for Hospice Care of the Lowcountry.

The Lowcountry is home to hundreds of nonprofit organizations. There are so many volunteer opportunities and ways to make a difference. It's a great way to meet people if you're new here — you could attend a fundraising event every month if you wanted.

Throughout it all, I've made such wonderful, lifelong friends here; people from all backgrounds, lifestyles, and beliefs with one commonality: our love for this Island and our community. *LL*



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Find additional images from these photo shoots online at **LocalLifeSC.com**

The Lowcountry's top dogs

THEY SAY EVERY DOG HAS ITS DAY. MEET THREE DOGS WHO ARE MAKING THE MOST OF THEIRS.

STORY BY BARRY KAUFMAN
PHOTOGRAPHY BY LISA STAFF

There are two types of people: dog people and people with whom there is something very wrong. This may sound like an opinion, but we promise you that there isn't a shred of scientific evidence that would prove this thesis otherwise.

These are, after all, the animals who domesticated us even as we domesticated them. From dogs we learned to work together and hunt as a pack, giving birth to the notion of a civilization. From us dogs learned that there is nothing better than a tummy rub and a treat.

They have been our companions since the beginning and our most loyal friends in the whole of the animal kingdom. As such, we reward them in the best way we can: by following their adventures on Instagram. Here are three local pooches definitely worth a like.



A B U N D A N T L Y

Our furry friends are more than pets, they are family. They teach us unconditional love and joy and they fill our hearts with compassion, CARE, and companionship. Almost ten years ago, I was adopted by Cashew at the Hilton Head Humane Association. I am so grateful for this organization because Cashew was the perfect addition to my family and my life. We walked the beach together every morning at sunrise with our beach buddies. Several years ago we began collecting the abandoned beach toys that littered the beach and we turned these toys into a fundraising guessing game. This year's recipient will be the HHHA in Cashew's memory. Stay tuned for those details in September!

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Storm the Shakespearean Husky

THIS HANDSOME AND GOOFY SIBERIAN ACTS LIKE HE'S IN A PLAY, EVERY DAY.

Right away you'll notice something a bit different about Storm. Whereas most huskies will proudly proclaim their Siberian heritage, wearing it as a mark of honor on their AKC papers, Storm instead opts for something a little more Elizabethan.

"I just wanted the name to stand out amongst the avalanche of huskies I discovered on social media," said owner Renaté McNulty. "He's so goofy."

As the bard might say, that which we call a husky by any other name would still... well, maybe not smell as sweet, depending on whether or not it's been a beach day for Storm. "I take him to Mitchelville a lot. He loves going to the beach," said McNulty. "Huskies can run very long distances very quickly with no problem. They were bred to pull sleds and be endurance runners. As long as they don't get overheated, they can easily reach a speed of 20 miles per hour and run over 50 miles at a time."

Storm came into McNulty's life just a few short years ago after some, let's say, persistent suggestions from her son. "My son had been begging for a dog for years. We were deciding between a husky and a border collie. In the end the husky won," she said.

As luck would have it, a breeder in Georgia had a husky ready to go. "I made a Facebook page for him the day he was born," said McNulty. "We were getting pictures from the breeder from birth until he was six weeks old."





LOCAL SINCE 2019 Storm the Shakespearean Husky is a dog model and nature addict with 3,337 followers on Instagram. Follow him at @lowcountry_storm_the_husky.

And while Storm now enjoys the kind of viral following that has made #DogsOf Instagram a shockingly popular hashtag, this life of canine influence wasn't what McNulty had in mind. "After I made the Facebook page, I realized there's this whole dog world on Instragram. I had no idea," she said. "He had so many followers before we even got him, and all these companies writing us wanting to work with us."

While it's certainly crossed her mind, McNulty has no interest in making Storm a full-time Instagram star. For now, it's simply a great way for a few hundred followers to enjoy his adventures across the country, road tripping from Chicago to Niagara Falls to Manasota Key, Florida, into Canada. "He really does great in the car," said McNulty.

And in true husky fashion, he's not afraid to make his voice heard.

"When I'm cooking, he makes all these noises like he's talking," she said. "You can almost hear, 'Hurry up, I'm hungry.'"

He may be just as vocal as his Siberian counterparts, but only a Shakespearean husky could make it sound so good.



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Booker the Bulldog

THIS CUTE LITTLE FRENCHIE SPREADS HAPPINESS EVERYWHERE HE GOES.

There are some breeds that are a personality unto themselves. The cunning of a border collie. The protectiveness of a German shepherd. The unabashed derpiness of a Lab.

But when it comes to sheer joyfulness, it's hard to beat a French bulldog. The breed just seems to incite happiness wherever they go. And if you need to see a prime example of the breed's ability to generate smiles, you need only follow Facebook's suggestion algorithm to the page of Booker the French Bulldog.

"He's such a personality, and he brings an incredible amount of joy to people he meets," said owner David Willingham. "He's almost like Belushi's character in 'Animal House' but much cuter."

While you'll never see Booker smashing any guitars like Bluto, you'll definitely see him sharing in the character's lust for life. "Every moment he's in is an adventure," said Willingham. "It's really inspiring and it makes you want to do the same — appreciate the moment like he does."

Booker came into Willingham's life following a one-two punch of tragedy. First, his beloved shepherd mix of nearly 17 years, Jake, passed away. Then a week later, David's partner, Diane, lost her French bulldog, Spike. "I was crushed," said David. "A couple of weeks later I started going to the Humane Society. I don't know if I was looking to get a dog, but I was looking every day."





LOCAL SINCE 2019 Booker the Bulldog is an adventurer, beach bum and children's book character with 7,130 followers on Instagram. Follow him at @bookersbulldogadventures.

Eventually, the couple would decide they were looking for another Frenchie and discovered Fowler Frenchies in West Virginia. "She came highly recommended," he said. "If we were going to support a breeder, we wanted one that was breeding responsibly. The first picture they sent, you could see his zest for life."

Booker (Officially Booker Noe Simone-Willingham) found his forever home, and his new family found how much joy one dog could create. "He believed he was a star from the moment he was born. The whole time we've had him, he's expected everyone to love him as much as he loves them," said Willingham. "And he's generally right."

That star power has led to a popular Facebook and Instagram presence and will soon spill over into a children's book, "Booker Goes to the Beach." Documenting one of the famed bulldog's many, many adventures, the book is an introduction to a dog that spreads happiness everywhere he goes.

"I want the book to be a way for people to have a relationship with Booker," said Willingham. "I just want the kid in another state or another country to think, 'Booker's my friend, and I'm going on this adventure with him.' That's the goal."

In the meantime, anyone looking to follow along on his adventures need only open up their Facebook app and prepare to smile.

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Dolly the Beach Berner

THIS BEAUTIFUL BERNESE MOUNTAIN DOG IS BLISSFULLY UNAWARE OF HER SIZE AND CELEBRITY STATUS.

Readers of this publication should, at this point, need no introduction to the wide-eyed energy that Dolly the Beach Berner brings to some issues and @locallifesc Instagram. As the mascot for LOCAL Life magazine, and a social media rising star in her own right, she's as much of a celebrity as this island has ever produced, at least in her own mind. But what makes Dolly the Beach Berner tick? Who is this rambunctiously chipper pooch, really?

It turns out that when you peel back the layers of Dolly the Beach Berner, you just find more Dolly. That is true as both a metaphor and a very real physical fact, as a recent post on her Facebook page proved.

"All this fur is off, and I still have two coats of fur," she wrote. Accompanying the photo from Evergreen Pet Lodge was Dolly standing beside what appeared to be several dozen pounds of recently shedded fur.

"People ask sometimes, how can you have such a hairy dog down here? But something that surprises people about the breed is they have a double coat of fur," owner Laurie Laykish said.

What also may surprise people is that for all of her ponderous bulk, Dolly is blissfully unaware of her size. "She sits on you like a lap dog," said Laykish. "As a breed, they are family dogs. So you'll have 100 pounds of dog on your lap when you're trying to watch TV. And if you're not petting her, she lets you know."

Fortunately, Dolly's mom doesn't have to do all the heavy lifting when it comes to her playtime. As the cold-weather-bred Bernese mountain dogs are a rarity in the warm climates of Hilton Head Island, their owners tend to form packs.





LOCAL SINCE 2016 Dolly the Beach Berner is a Bernese mountain dog that loves LOCAL Life. She loves to play in the waves at the beach, hang out on a patio at happy hour and take long walks. Follow her on Instagram at @dollythebeachberner.

"We've had these walks where there are eight of them, and they stop traffic," said Laykish with a laugh. "People will stop us and ask, 'Are all these dogs related?'"

They're not, but that doesn't mean they're easy to distinguish.

"It does get tough, especially when you have eight of them together," she said.

And while Dolly may get lost in the mob whenever she gets together with her fellow Berners (Gracie, Murphy, Holly, Max and Baron), there's only one Dolly. "When I take her out, people will say, 'Hey that's Dolly!' I feel like a dance mom sometimes," said Laykish. "I even had someone phone the office a month ago asking to meet her."

But that's the life of a celebrity dog – cruising in the LOCAL Life Jeep to special events across the Lowcountry, walking the runway and representing the magazine. "That came part and parcel with the job," said Laykish. "We've always had dogs at the LOCAL Life office. It's insanely dog friendly."

And despite her busy schedule as a dog mascot and part-time online influencer, Dolly always makes sure to indulge in the many things that make the island such a great place to call home. "We took her to Dockside and bar-trained her. All the servers welcomed her with bowls of water and treats," said Laykish. "To me, that's such a unique aspect of Hilton Head Island that you can take your dog almost everywhere." *LL*

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CELEBRITY DOG

Uga

THIS FAMOUS BULLDOG LIVES IN SAVANNAH AND IS CONSIDERED ONE OF THE GREATEST MASCOTS IN COLLEGE FOOTBALL HISTORY.

STORY BY ANNA LEE HOFFMAN



©MEGAN GOHEEN

The enthusiasm of the University of Georgia's football fans is exceptionally apparent, as seen through the body paint, traveling sea of red and black in the stands and "Sic 'em! Woof woof woof!" echoing through the stadium at every home and away game. However, even considering this deep-rooted passion, you'd be hard-pressed to find a student, alumnus or fan more dedicated to Georgia football than Sonny Seiler and his family. The Seilers have been the consistent owners of the lineage of "Uga" white English bulldogs that serve as the live mascot for University of Georgia football games.

The backstory

The first English bulldog to be officially recognized by the University of Georgia and the football staff was in 1956. This began simply when a young Seiler brought his new puppy to his fraternity house. Seiler was in law school at the University of Georgia, newly married and employed selling tickets for college football games. Seiler and his wife, Cecilia, were offered their first English bulldog as a wedding gift. Despite hardly being able to afford to feed themselves, much less a new puppy, they couldn't turn down the opportunity to own, "such a fine dog."

Before the first home football game that season, Seiler brought his new bulldog to the Sigma Chi house on Saturday morning to show him off to his brothers and head to the game. Cecilia had purchased a small red children's shirt, and hand-sewed on a black felt "G" — little did she know her cute idea would spark a UGA tradition that continues to this day.



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DAMN GOOD DOG
The Uga illustration above was created by LOCAL Life's Megan Goheen. "When looking through photos and videos of Uga online, I noticed that he has a fun personality when he walks out on the football field. He struts, poses and smiles for fans. He knows he is special, so I wanted to capture that. I drew him in a way that the viewer is forced to look up at him, instead of down."



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Seiler never intended to bring the bulldog into the football stadium, but after several "iced teas" he found himself walking the dog into Sanford Stadium. The dog got lots of attention in the stands, and UGA won the game. The next morning Seiler found a picture of the dog published in the Atlanta newspaper. It was just the beginning of the publicity that would follow for Seiler's bulldogs.

The following week, when Seiler returned to work selling tickets, he found a note in his cash box from his boss saying that the head coach at the time, Wally Butts, wanted to see him immediately. Seiler's heart sank. He could not afford to lose this job and prayed that he wasn't on the chopping block.

"I heard you've got a bulldog that might make us a good mascot. What do you say about our using him?" Butts asked.

One of Seiler's friends suggested the name Uga, "You know, like University of Georgia." The rest is history.

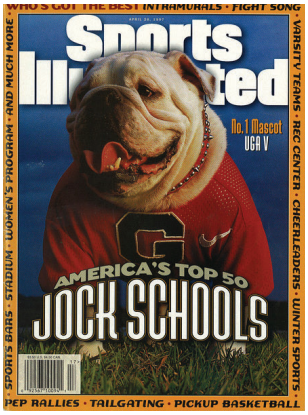
Since then Seiler (now 88) and Cecilia, who died in 2014, moved to Savannah and traveled over 175,000 miles with Uga, ensuring his attendance at every home and away game. They made the five-hour drive from Savannah to Athens "more frequently than some people go to the grocery store." Over the past 65 years, there has been a succession of 10 white English bulldogs following in Uga I's pawprints — all owned by the Seiler family. The dogs have become quite the celebrities in Athens and across the country. In 2019 Sports Illustrated named Uga the best mascot in college football history." *LL*



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Memorable moments

- **At multiple away games, Uga is known to treat the opposing team's field as a bathroom.** At Vanderbilt in 1981, Seiler was accused of making Uga do it on purpose to antagonize the other team. At an away game in Columbia, Uga made his mark on the freshly painted end zone. University of Georgia coaching staff and Seiler laughed it off saying, "Uga was just trying to dot the 'i' in "Carolina."
- **In the book "Damn Good Dogs," Seiler and Kent Hannon tell the story of when the athletic director at Vanderbilt visited Athens for a game.** The athletic director explains that he pulled up to the Georgia Center, and immediately found parking front and center. He checked in, brought his suitcase to his room, and before even 15 minutes could pass by, a young boy was knocking on his door and asking him to move his car. The director was told that he was parked in "the mascot's spot," and that Uga was on his way to Athens from Savannah. He then had to park a half mile away and trudge back to the Georgia Center. He said, "That's how I learned the significance of the Georgia Bulldog."
- **At the retirement of Uga 1 in 1966, the stadium crowd started chanting, "Damn good dog!"**

TIGER HUNTING
Once Uga took a chomp at an Auburn player, Robert Baker. Scan this QR code to watch Baker narrowly escape the jaws of Uga.

Fun facts

- *In the late '70s, the University of Georgia athletics department commissioned new material for the football players' jerseys. Uga was given a sample of this new material to match perfectly with the team. Ever since, Uga has always had a custom jersey uniform perfectly consistent with that of the Georgia Bulldogs football team. Uga X wears a jersey custom made for him by Nike.*
- *Uga was the first mascot to attend the Heisman trophy ceremony in 1982. He was invited to accompany Herchel Walker and dressed for the occasion in his football jersey and a classy black bow tie.*
- *Beginning with the passing of Uga 1, whenever a mascot would pass on, he would be buried in Sanford Stadium. Each dog's marble crypt is marked by a bronze plate engraved with a short reflection of the dog's time at UGA. Flowers are placed by these graves before every home game.*
- *Starting with Uga 7, the mascot has viewed the game comfortably from its own air-conditioned, on-field dog house. This house is 12 square feet and is painted red and black, with the university logo on each side.*
- ***Uga 5 played a part in the movie "Midnight in the Garden of Good and Evil,"** with Kevin Spacey, John Cusack and Jude Law.*
- *The Seiler family is unpaid for owning and caring for the dogs. They consider it an honor.*
- *Charles Seiler, Sonny Seiler's son and Uga's handler, used to get in the dog house before it was renovated. "I actually get in that house all the time when it's raining," Seiler chuckled. "I've been doing it since I was a kid, so it's no big deal for me except that we just had that house renovated and when they renovated it, they raised the floor about 5 inches so that I don't fit very well in it. So it's sad to say that I don't fit in it anymore."*
- *Uga has his own room in Charles Seiler's house, and even his own bright Georgia-red car. The car has a special license tag, and Uga has these plates reserved all the way until Uga XXV (25). The car is made to blast air conditioning at 60 degrees for Uga's long car rides.*

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From time-killer to order-filler

A MINI SEWING MACHINE BOUGHT ON A WHIM LAUNCHES PET STORE.

BY LISA ALLEN







DOG LOVERS Above: Annie Jordan is shown with her fiancé, Tanner Ryan, and her dogs, Paisley and River. Right: Molly Mae in goggles. Bottom: River's first birthday party.

When work slowed down at her remote job because of Covid, Annie Jordan, 25, was looking for something to do.

"First, I tried to make my own dog treats," Jordan said. "That was a mess, so for the sake of my relationship, I gave that up."

"Then I decided to learn how to sew," said the Bluffton resident. "I bought one of those mini sewing machines on Amazon."

While the machine didn't last, her interest in sewing did. "I then bought a real sewing machine and taught myself how to really sew and started making dog bandanas."

She had a house full of models: A blind and deaf Great Dane, Molly Mae; a lab-mix rescue named Paisley; and her finance's hunting-dog-in-training, 1-year-old black Labrador, River. She posted photos online of the menagerie rocking those bandanas, and people started asking where they could buy some. "Well," she thought, "from me!"

Less than a year later, her business, River Dog Shop, is close to posting its thousandth sale. Its products — so far, bandanas, bow ties and drinking glasses — can be found at her website, riverdogshop.com, and in 14 retail shops across the country, including May River Pet Resort locally.

Jordan's goal is to open a local retail store that sells a variety of pet accessories with a Lowcountry feel.

She updates her product line every month or so. "I spend hours and hours looking online for new patterns and ideas," she said. "Right now, our big sellers are the oyster and lemon pattern, holiday patterns and tuna." (The shark in a U.S. flag top hat was popular for July 4th, too.)

There are bandanas that say, "It's treat o'clock somewhere," "drinking buddy" and "I still live with my parents." Patterns feature fish, birds, cocktails, turtles and more. One can get lost in the dozens of choices. Not to worry; Jordan offers a bandana rack to hold the array necessary for those daily, or hourly, costume changes.

Everything offered at River Dog is handmade. "Once the order comes in, that's when I make it," Jordan said. She's picky about the material she uses. She only uses high-quality fabrics that will withstand years of wear. She also offers performance bandanas that are made of the same material used for athletic

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apparel. It's durable, quick drying and easy to clean, perfect for our river and marsh dogs.

"I wash mine once a week, and they'll last for years," Jordan said.

She also offers drinking glasses with a range of patterns or sayings. You pick it, and she'll add the text.

Of course, dogs are the common theme among her wares. They are near and dear to her heart and always have been a part of Jordan's life. Her family rescued Great Danes while she was growing up in Tuxedo, North Carolina. Then she rescued Paisley as soon as she moved into her own place about seven years ago.

When she moved to Bluffton to be with her fiance a year ago, they adopted Molly Mae, who was a blind and deaf senior Great Dane. "When we first brought her home, she spent five hours just walking the house. She was mapping it. She never ran into a piece of furniture afterward." They had her for eight months before old age claimed her. "We were good for her, and she was good for us," Jordan said. "If we can emphasize anything, it would be to give the under dog a chance; don't let their disabilities stop you from giving them a loving home. They will amaze you and show more love then you think is possible."

Meanwhile, the orders keep flowing in. Because everything is made to order, turn-around time is five to ten days. "So far, it's just me making each order." Jordan still works full time as an executive assistant for a real estate company.

And thanks to that little sewing machine, a new local business was born. LL







OUT ON THE TOWN
Annie Jordan and her dogs are shown on a walk, at the beach and headed to a local brewery.



BANDANA-RAMA
Paisley, River and Molly Mae show off a few stylish bandanas made by Annie Jordan, owner of River Dog Shop. Find more accessories online at riverdogshop.com



Five things you didn't know about Great Danes

1. "Great Danes are lazy," *Bluffton resident Annie Jordan said. "Their favorite place is the couch. Yes, they have to be walked, but other than that, they live on the couch."*

2. Great Danes end up on restricted dog lists, *just because of their size. "They are so gentle. They don't belong on those lists," Jordan said.*

3. Great Danes are Velcro dogs. *"If you don't want your toes stepped on because they're so close or don't want your dog on the furniture, they aren't the dogs for you. They want to be right next to you, if not on you."*

4. Everything is bigger with Great Danes. *"When you walk them, bring three poop bags. Really."*

5. Need a dog bed? Again, think scale. *"We just buy a twin-bed mattress." No traditional dog bed is going to be big enough for a Great Dane.*

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A pop of color

THE FOGGY DOG BANDANA

These beachy bandanas are perfect for any Lowcountry pup. With various summery prints and patterns, there's a bandana for every beach-loving dog. Available at Evergreen Pet Lodge



Sleep on it

RATTAN DOG BED

These Rattan dog beds from J Banks Design Group are pretty, neutral and comfortable for your dog. Made up of a woven rattan base with a fluffy pillow interior, these beds will give your dog a warm place to sleep without being an eyesore in your home.



Classy canine

RIVER DOG SHOP BOW TIE

This precious lobster bow tie comes in sizes small through extra large and attaches onto your dog's collar with two sturdy Velcro straps. Perfect for an evening out or just strutting around the house. Available at River Dog Shop.



Fab flamingo

FLUFF & TUFF FLAMINGO DOG TOY

All Four Paws, located in Bluffton, has been making tails wag and coats shine for over a decade. This bright pink 15-inch plush flamingo toy is a fabulous addition to any dog's toy collection. Her long neck and legs are days' worth of fun for any pups that love to shake and toss their toys.



Right as rain

DOG RAIN JACKET AND SHOES

Lowcountry weather is known to be unpredictable, and hurricane season has arrived. Rustic Pup's doggy raincoat will protect your dog from getting caught in the storm, and doggy booties will save the bottom of his paws on the blazing concrete and baking sand. Available at The Rustic Pup.



Hot collars

BEACH BISCUIT HANDCRAFTED COLLARS

These exclusive design collars from Beach Biscuit are handcrafted in collaboration with a local artist and sold in Bluffton. They're created with the highest quality hardware and strapping available, leaving no rough edges that will rub on your pup's skin. Visit Beach Biscuit's website to browse the variety of patterns, prints, colors and custom sizes that these comfy collars come in — there's bound to be something for every furry friend.



Super bowl

TOADFISH WATER BOWL

This smart-stick bowl is perfect for any dog that leans on the messier side. The bowl will stick to any smooth surface, which makes it hard to tip but easy to lift. It comes with a spill-proof lid to make it portable and is made from puncture and rust-resistant stainless steel, making it sturdy and extremely hygienic for your pup. Perfect for keeping hydrated on the boat, on the go or at home. Available at Bubba's Cabin.



Show the rope

LEATHER AND ROPE DOG COLLAR

This unique collar is handmade in New York and adorned with a stamped "Found" tag to celebrate pet adoption awareness. Each collar is made in the USA and unique — just like your pet. Available at Fetch MKT.



Chews wisely

LEATHER CHEW TOY

This bone-shaped leather chew toy is strong, durable and will last for months of fun. It's perfect for dogs that have a habit of chewing through their expensive toys. Available at Grayco.



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CRAFTED IN THE LOWCOUNTRY AWARDS

EST. 2019

HARGRAY

Crafted in the Lowcountry Awards season is here. A panel of local experts will determine winners of local businesses and handcrafted goods in six categories. There also will be a grand prize winner, which will include a spot on the cover of LOCAL Life, a feature story, an advertising and PR campaign, professional photography and videography, as well as potential for additional distribution.

Have a product you craft and sell that just screams Lowcountry? **LOCAL Life**, in partnership with **Hargray**, is ready to recognize and reward submissions from businesses in Hilton Head, Bluffton, Beaufort and Okatie in the 2021 Crafted in the Lowcountry Awards. Visit **CraftedInTheLowcountryAwards.com** for more details.

Here is a look at the 2019 winners to see what it takes to be the best in show.



ONE OF A KIND

The home and grand prize winner was The Credenza-Za by **William De Torre of WDesign Studio**. It was made almost entirely of reclaimed barn wood (black walnut and spalted maple) that was sourced locally in Levy.

Judge's note *"I've never seen anything like it — the tooling, the rolling of the wood, the ingenuity, the craftsmanship."*

— Kelly Caron, Kelly Caron Designs



TONES OF HOME

Julie Jones won the art category. A native of Hilton Head Island, her artwork shows her love of the island through colorful and oversized pieces.

Judge's note *"Given Julie's background, born and raised in the Lowcountry, her art is ideal for our little part of the world."*

— Ben Whiteside, The Red Piano Gallery





PURE BREAD

Sprout Momma won the food category with its healthy, handcrafted artisan breads. The bakery uses special ingredients such as King Arthur organic flour, super-sprouted flour from Lindley Mills and other ingredients from its own garden and local farmers.

Judge's note *"To start, the bamboo charcoal bread is really an aesthetic treat, from the deep brown crust into the gorgeous chewy black bread underneath. Not surprisingly, it has an earthy, almost nutty flavor that pairs perfectly with a good quality butter or a tangy fruity jam."*

— Lloyd Alberson, Old Oyster Factory



INTO THE WILD

In the crafts category, **Wild Wood Rescue and Designs** took home the prize for its driftwood cheese board. Made out of locally harvested driftwood, a metallic blue inlay runs through where a wormhole tunnel used to be. The shaped handles also were made of driftwood.

Judge's note *"The cheese tray is beautiful and interesting to look at, yet functional. The craftsmanship is superb. I could envision this piece in any of the homes in the Lowcountry."*

— Wendy White, Pyramids



SOLID AS A ROCK

Hilton Head Distillery's Mountain Peak Espresso Flavored Rum was the winner of the drink category. The HHD team hand steeps Jamaican Blue Mountain coffee beans in its Platinum White Rum, which creates a bright, bold espresso flavor with a subtle creamy sweetness.

Judge's note *"The winning entry needed to demonstrate excellence in five characteristics; appearance, aroma, body, taste, and finish. While all of the entries did their creators proud, the Mountain Peak Espresso Rum from Hilton Head Distillery rated highest in virtually every category."*

— Terry Cermak, Rollers Wine & Spirit



SMOOTH AS SILK

Island Indigo won the style category with its indigo-dyed silk scarves. The mother-daughter duo take inspiration from the surrounding water and from local historical heroine Eliza Pinckney, who perfected the process of extracting blue dye from the green leaves of the indigo plant.

Judge's note *"Of all the unique items in my category, this one screamed 'Crafted in the Lowcountry' the most. The making of the dyes and the manipulation of natural fibers create intricate designs that are all one-of-a-kind."*

— Roxanne Gilleland, SHOP!

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Walk the dog

STORY BY ANNA LEE HOFFMAN

UNLEASH BETTER HEALTH FOR YOURSELF AND YOUR COMPANION WITH REGULAR STROLLS AROUND THE LOWCOUNTRY.



As simple as it may seem, adding a leisurely dog walk to your regular routine can have surprisingly noticeable positive effects on both you and your pet's physical, emotional and social health.

Walking can help people avoid undesirable health problems such as certain types of cancer, heart disease, type 2 diabetes and obesity. Adding a quick walk to your daily routine can lower blood pressure and improve heart health, as well as elicit weight loss. Plus, incorporating walking into your routine will show you just how much you've been sitting. You'll even notice physical improvements like better posture and stronger physical endurance. If you make getting up and moving a priority in your life, your overall physical state and wellbeing will drastically improve.

LOCAL DOG-WALKING HOT SPOTS

HILTON HEAD ISLAND

Dolphin Head and Pine Island (private)
Barker Field
Jarvis Creek Park
Chaplin Community Park
Shelter Cove Community Park
Audubon Newhall Preserve
Sea Pines Forest Preserve

BLUFFTON AREA

New River Linear Trail
Victoria Bluff Heritage Preserve
Moss Creek Nature Preserve (private)
Pritchard Park
Oscar Frazier Fitness Trail
Bluffton Oyster Factory Park
Wright Family Park
Pinckney Island

BEAUFORT AREA

Waterfront Park
Crystal Lake Park
Spanish Moss Trail
Widgeon Point Preserve
Cypress Wetlands
Easter Park
Habersham Park

SAVANNAH AREA

Fort Pulaski National Monument
Wormsloe State Historic Site
Skidaway Island State Park
Joseph Tribble Park
Mohawk Lake

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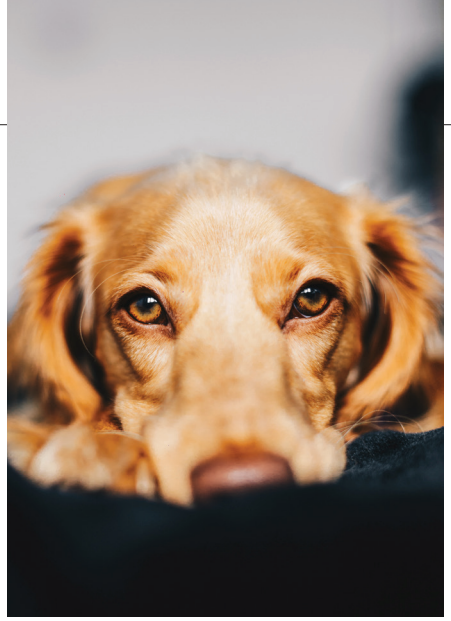
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Walking not only serves as a preventative measure for your health, but it will benefit your mood, productivity, brain function, creativity and health. Going on a walk for even just 15 minutes can bring on these positive effects and leave you feeling healthier, more awake and more present.

Walking also keeps you sharp and on top of your game. Studies show walking improves creativity by nearly 60 percent and enhances brain performance.

For your dog, a routine walk is vital to their health. It decreases the likelihood of cardiovascular disease, heart disease and obesity. It's estimated that 56 percent of dogs in the United States are classified as overweight or obese. A daily walk will ensure that your dog is getting the exercise they need.

"It's estimated that 56 percent of dogs in the United States are classified as overweight or obese."

Most dogs should be walked daily. It's important for all dog owners to know the amount of exercise recommended for their breed, size and age.

If you still need another reason to take your dog on a walk, do it to make them happy. Dogs love to walk outside to enjoy nature's sights and smells. In short, walking together with your dog will improve both of your moods, both of your health and both of your love for each other. LL



THE EMOTIONAL BENEFITS OF DOG OWNERSHIP



STORY BY DR. PATRICK WIITA

Patrick Wilta is a child, adolescent, adult and forensic psychiatrist. Due to the pandemic, he is providing services virtually, using state-of-the-art telepsychiatry technology.

In 1914 an ancient German burial site revealed the remains of a 14,000-year-old domesticated dog buried with its people. Today in the U.S., more households are run by dogs than by humans alone. Modern research demonstrates plenty of reasons that dogs are the best:

Health benefits

People who live with dogs have lower blood pressure. Some of this is chalked up to increased exercise from all the walks. Several studies, though, show that simply petting a dog decreases your blood pressure and lowers the stress hormone, cortisol.

Social benefits

In one study, kids with ADHD spent 30 minutes reading to a dog or to a dog puppet. Kids who read to the real dog showed improvement in sharing, cooperation and volunteering.

In another study, researchers found that in a neighborhood sample, dog people were more likely to consider a neighbor a friend and to feel supported by their neighbors.

That 14,000-year-old German dog? Follow-up studies showed that it died from disease at 6 months of age and likely had no utilitarian purpose. The implied emotional bond between our Late Pleistocene ancestors and their puppy is perhaps the most enduring evidence that dogs are, indeed, the best.



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Kitchen

At the heart of any home is the kitchen, and it was here that Caron was able to make use of two dramatic pieces to create a dynamic balance of space and finishes.

Of course, the one element that jumps out first is the bold range hood, cutting a bold geometry above the stove. "I am 100 percent obsessed with this custom range hood. It's from a company called Francois & Co.," she said. "It's understated, elegant, and I love the contrast between the limestone and brass."

The second element is the massive center island, perfectly proportioned to add separation and function without cluttering. "I love that it's actually useful. It's very smart in the space," she said.

HOME SHOWCASE

Something old, something new

TREASURED HEIRLOOMS ANCHOR SHEER ELEGANCE IN THIS ELEVATED PALMETTO BLUFF HOME.

STORY BY BARRY KAUFMAN
PHOTOS BY PHOTOGRAPHY BY ANNE

When Tracey and Peter Lang began exploring possibilities for designing their dream home in Palmetto Bluff, they didn't have to go too far.

"They saw a model home that I did in Palmetto Bluff, and she said, 'I want this person to do my house,'" said ***Kelly Caron,*** one of the most sought-after designers in the upscale community. "I was with them all the way through architecture and space planning and did all the hard selections for the interior. Every element was something I picked with them."

Well, almost every element. A pair of treasured family heirlooms — a dining table and a gorgeous four-postered bed – anchored their respective spaces and gave Caron a chance to flex her creative muscles. "These things really made the home special, so it didn't feel like you were walking into a model home," she said. "And the Langs were very open to suggestions so that things would feel current."

By marrying her signature aesthetic to the timeless elegance of these heirlooms, Caron created something in the Lang home that is distinctive, yet unmistakable Palmetto Bluff. "I love that it's a little bit more of an elevated, smarter look," she said. "Palmetto Bluff homes are traditionally sought after because they are more relaxed, but this home takes a turn toward more of a smart and tailored look."



Dining room

The centerpiece of the dining room is the Lang family table, passed down through generations. To smarten up the space around it, Caron added fresh dining chairs with linens in a subdued color palette. A soft sisal rug and silk-embroidered window treatments layered on texture, while a dramatic overhead chandelier created a sense of space.

"I loved the blends of finishes. They all play nicely together," she said. "It makes it feel comfortable and as if it evolved over time."

Master suite

As with the dining room, the challenge here was incorporating an antique piece – the grand four-postered bed – into a space that maintained the fresh, smart feel of the rest of the home. And as with the dining room, it was a challenge Caron relished.

"We started with the Visual Comfort hanging lantern and then lighter walls to give it some color," she said. "With the antique four-poster, softening everything would create a serene feeling; then as you gravitate into the master bath, you're greeted with gold and brass."



Powder rooms

With antiques serving as a centerpiece to both the living room and master suite, Caron pursued a more vintage look in the powder room, with turn-of-the-century hardware and calacatta gold marble. “It’s a really interesting, elegant twist."

For the second powder room, oriented toward the outdoor spaces, a bold navy blue palette paired with antique nickel finishes stands out amid the subdued visuals of the rest of the house. The result is a distinctly nautical vibe.

“We kept the main powder room a little bit more formal to coordinate more with the overall living spaces,” she said. “But we wanted to have a secondary space that translates that look completely differently.”









Outdoor spaces

A Palmetto Bluff home is by and large defined by its outdoor spaces. After all, what’s the point of living in paradise if you don’t get out and enjoy it? With this home the architects created a pair of distinctive outdoor spaces, each serving its own purpose.

In one, vaulted ceilings soar above a traditional outdoor living room complete with fireplace and television. In the other, a swinging day bed and retractable screens create a supremely comfortable space built for summer nights.

“The architects did a wonderful job of making sure there was room to enjoy the outside,” said Caron. “It’s such a livable space.”



ARCHITECTURAL NOTES

Court Akins Group *was the architect of this stunning Palmetto Bluff home. William Court shares a few of his favorite features:*

- *Extensive mahogany detailing offsets the front entrance, creating a lasting first impression.*
- *Simple gable-formed elements create the master wing, the outdoor living wing and the central entrance to this home. A dramatic cupola sits atop it all.* LL

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ROOM OF THE MONTH

The most perfect light

TRANSFORMING THE LIGHT IN YOUR HOME IS POSSIBLE WITH THE RIGHT WINDOW TREATMENT.

Wide windows can keep a room bright and showcase a gorgeous view of the world outside, but the thought of dressing them can be a little overwhelming. Do you go with something decorative or functional? According to the team at ***Seaglass Windowscapes*** in Okatie, you can have the best of both worlds with Luminette Privacy Sheers by Hunter Douglas.

"Large windows can provide a tricky challenge when it comes to choosing a window covering suitable for each finish. A great option is Luminette. Offered in multiple colors, the shade is going to look fantastic with any color pallet your room may have. The shade is equipped with solid vanes and sheer panels for optimal light control."

Perfect for large windows and sliding glass doors, this window treatment combines the soft romance of sheers with the drama of drapes. Plus, rotating fabric vanes give you 180 degrees of light control. Contact Seaglass Windowscapes for more information on Luminette Privacy Sheers or to set up a consultation for your custom windowscape projects. LL





FOR ADDED SLEEKNESS Luminette Privacy Sheers are perfect for large windows and sliding glass doors. The hardware system is concealed within the headrail for a sleek look.

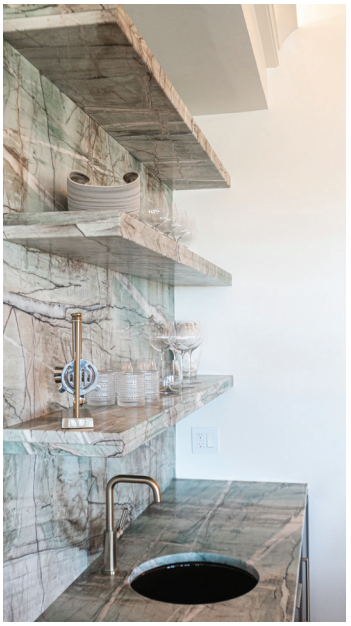
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GO CHASIN' WATERFALLS

This custom design is completed with a Tiffany Quartzite Leathered finish and a matching bookshelf with a full height slab inset. The bar's mitered waterfall edge drops down to the entertainment center top, which is also a mitered waterfall edge to the floor.





CALLING CALACATTA

In the bathroom, the Calacatta Gold Classic Marble Double Ogee is complemented with scalloped corbels to support the custom shelf above the splash. Calacatta Gold Bettogli Extra Honed Finish is used on the kitchen island with a laminated DuPont over the stepped out eased edge.



AS GOOD AS GOLD

This simple yet elegant bathroom vanity is brought to life with the Calacatta Gold Borghini Marble Roman Ogee edge. The gold fixtures and finishes are used to complete and complement the design.



MUDDY BUSINESS

This mudroom design is turned up a notch with the Cambria Swanbridge top and drop down mitered to the bench with an eased edge detail.



BEST SEAT IN THE HOUSE

Macaubas Giotto Quartzite brings this powder room to a whole new level. The full decorative wall is finished with a cap/shelf to hold the mirror and other essentials.


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What works inside works outside

A one-of-a-kind lighting and sound system, designed by ***Custom Audio Video***, didn't stop within the four walls of this North Forest Beach home. This view from the ocean shows that the attention to detail in sound and lighting design was incorporated into the outdoor living spaces as much as it was inside. Music, lighting and simplicity are design principles that transcend both interior and exterior design.

TAKE IT OUTSIDE



©SCOTT ELLIOT

SUBTLE OUTDOOR AUDIO

This beachside home was designed with several locations for relaxation: porches, spa terrace and pool deck. The Bowers & Wilkins outdoor speaker design provides listeners with quality sound independent in each area, maximizing quality and balancing volume where needed so it doesn't get too loud where it shouldn't.

THE BEAUTY OF LIGHTING CONTROL

Good lighting design and a quality Lutron lighting control system combine to turn a house into a beautifully lit masterpiece. LED dimming and expert programming provide the owner with one-touch control to bring the home alive both inside and out.

TECHNOLOGY UNDER CONTROL

In this large home, perfect Wi-Fi inside and out is key for work, play and relaxation. From bedside or poolside, the home network by Ubiquiti provides access to all of the home's technology systems, from audio and television to lighting and temperature control.

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EXPERT ADVICE

Five ideas from a professional

MINOR ENHANCEMENTS & UPGRADES THAT MAKE A MAJOR DIFFERENCE.

Nancy Schmitz of Signature Closets of the Lowcountry *shares five of the latest style and innovation trends in how to best utilize your space.*

1. LESS IS MORE

Even without much color, drama can be added with a variety of textures and materials. The final product is clean and crisp, while the barstools bring in a pop of sophistication with their subtle color and soft material. The lacquered cabinetry and translucent glass add to the clean, contemporary feeling while affording plenty of storage.

2. DECADENT DRESSING ROOMS

Getting hung up by the details is the whole idea. The details make up the design, especially when those details (extendable valet rods, integrated lighting, customized everything) make organizing a closet a dream. The custom dresser is a popular "naval blue" that is detailed by a hand-applied black glaze for a rich, luminous look. Lighting, such as chandeliers and LED strips to illuminate shelving and mirrors, make clients feel like they are shopping in their own homes.

3. ORGANIZATION IS KEY

When it comes to a home office, the more your space is organized, the less time you spend looking for things, the more productive you are. Make sophisticated custom storage for a space that might double as a guest bedroom. Floor-to-ceiling design allows for a natural spot between public and private areas so as not to disrupt your guest's space and vice versa.

4. SIP BACK AND ENJOY

Splashes of color add depth, much like these custom copper shelves against the white wall. They match the copper penny floor, really bringing the room together. As the interior design world moves away from brushed nickel, colors like champagne gold and softer hues of copper are becoming more and more popular. Mixing metals is a creative way to add some pop (champagne, anyone?) into any room.

5. IF WALLS COULD TALK

Floor-to-ceiling displays create the perfect backdrop for any gathering space. This room needed an elegant statement to display this family's collections and keepsakes. Custom designed bookcases were just the right touch. Fluted columns and corner blocks add dimension and style to the design and become a conversation piece for guests.











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The family home, reborn

CHANGES BOTH SUBTLE AND DRASTIC BRING A GENERATIONAL SEA PINES HOME INTO THE 21ST CENTURY.

STORY BY BARRY KAUFMAN
AFTER PHOTOS BY ASHLEY EVANS

Bringing a home onto the rental market is generally little more than a financial consideration. The formula is simple: you put X amount into renovations, and you get Y as a return on investment. But when that rental holds a lifetime of treasured family memories and will someday serve as your forever home and an heirloom to pass down to future generations, it becomes a matter of far greater importance than just dollars and cents.

"My parents bought that house when I was just a year old," said Meghan Hasson, the owner of the beautiful home you see here. "That was the house I always wanted to return to."

When her father died, Hasson made the decision to fix the home up and put it on the rental market so it could generate revenue until she was ready to move in. "My attorney recommended ***Beverly Serral of Beverly Serral Properties and BESTNEST Vacation Rentals***. The stars aligned, and she was available," said Hasson.

"We work with our BESTNEST owners as we shape the home design thematics; that's always part of the equation," said Serral. "Our goal is to achieve design that represents our brand but also reflects some personality of the owner. Here it was doubly important because she had grown up there."

It was a balancing act between preservation and transformation, and Serral pulled it off perfectly. "It's still my home, but it looks so different on the inside," said Hasson. "Everything is so fresh and pretty, but it still holds so many memories."









Owners suite

From top to bottom, the first of two owner's suites was crafted to exude stylish comfort. The glossy finished hardwood floors were sanded down and refinished, bulky built-ins and accordion shutters were scrapped in favor of a cleaner, more modern look, and a fresh coat of paint served as the finishing touch.

But not all was changed. A peek in the en suite bath reveals the gorgeous stained glass window created by Hasson's mom, a former art teacher at Hilton Head Island High School. "It was important to keep those," said Serral. "The stained glass gave me license to choose tiles and accent colors we wouldn't normally have chosen, but that worked together with the window to create this element people see and remember."



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Second owner's suite

One of the most dramatic transformations comes in the second owner's suite, which had previously been a casual den. The tile flooring was saved, but literally everything else, from the millwork to the ceilings, was reimagined to create a gorgeous second suite.

"Dave Roberts at Sand Dollar Construction did an excellent job of reconfiguring bathrooms and closet spaces and really working with us to make the whole home function as a vacation rental and primary residence. He is talented as a designer as well as a builder," said Serral.









BETTER USE OF SPACE A once out of the way bonus/bunk room gains new life as a private second master suite with full bath, walk-in closet and desk/study area.





Living room

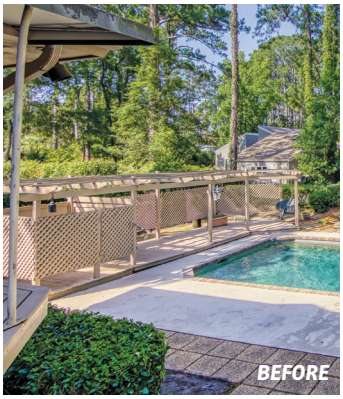
As with so many elements of this home's transformation, the overriding philosophy in the living room was to preserve those elements that worked – the inviting brick hearth, the built-in shelving – and add new elements to create an updated dynamic. A whitewashing of the brick, new finishes and hardware on the cabinets, fresh paint and a refinishing on the floor created a space that feels infinitely more welcoming.

"In general, when we're looking at transforming a space for vacation rental purposes, we have multiple goals. First is to grab travelers' attention online. We have very little time to do that as they scroll," said Serral. "The other thing that's vitally important is comfort. The space needs to make logical sense and be comfortable once a guest is in the property."

Outdoor spaces

While the home's outdoor spaces previously enjoyed ample shade from a large covered section, Serral ingeniously chose to remove the canopy in favor of a far more personalized outdoor experience. "We added umbrellas so people could take the shade where they wanted and then added some comfortable seating for different vignettes," she said. As a result, vacationers can find comfort wherever they want – by the grill, lounging by the pool or dining on the top deck.

"We really try to make outdoor spaces as important is indoor spaces," she said. "If you're going to come to Hilton Head for a week, you're not going to the beach every day. Staying home should be just as much fun!" *LL*





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It's the little things

10 EASY, DO-IT-YOURSELF PROJECTS TO MAKE YOUR HOME YOUR OWN.

STORY BY MICHAELA SATTERFIELD

Anyone can pick a sofa out of a catalog or a light fixture out of a showroom. Filling a house with these things is all part of the process, but how do you take a house and turn it into a home? Row after row of cookie-cutter houses can be beautiful but still be missing an intangible quality that provides character and charm – a quality only you can bring to your own home. Do-it-yourself projects are one way to add this personal touch. All you'll need is a spare weekend, a few supplies and plenty of creativity. Here are 10 ideas to add your own custom flair to your home:

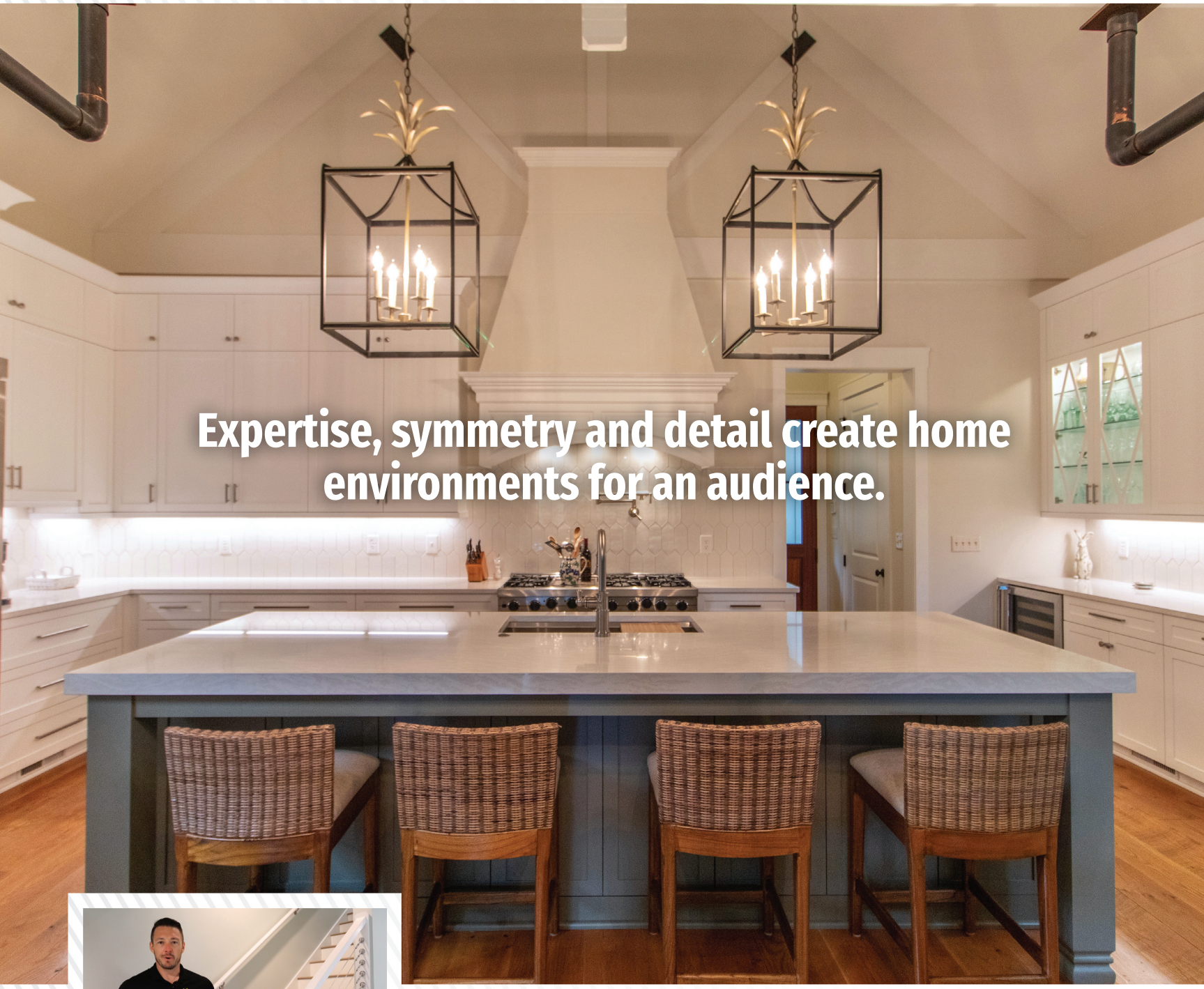
1. Create a message board. Loose items like invitations and business cards tend to pile up and get misplaced just when you need them. Grab some corkboard and fabric in your favorite color or pattern. Place the fabric over the front of the corkboard and glue it to the back. Add thumbtacks and a few fresh post-it notes for future messages. Place it in the kitchen, mud room or another common area everyone passes through so the whole family can stay in the loop.



2. Build window boxes for your plants. This project will take some work, but both your green thumb and the exterior of your house will thank you. You'll need to head to the home improvement store for some wood boards, wood glue, a nail gun, and brackets to attach the box to your house. There are plenty of easy window box tutorials online, so quickly look one up for the specifics. After that, you'll be off to the greenhouse so you can fill it with your favorite blooms.

3. Make a wall art collage with your old photos. We know you probably have boxes and albums filled with old photos tucked away in the darkness of a garage or an attic. Why not put them on display? Mix and match black and white photos with color photos. You can frame some and leave others unframed. Every size is fair game. Before you hang them, play around with the layout to make sure the gallery is balanced. If you're not a fan of asymmetrical arrangements, you can keep all your ducks in a row by choosing photos of the same size and lining up the frames neatly.

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4. Put your collection on display. Most people have a collection of some kind. Whether it's postcards, mugs, or ships in bottles, consider putting them on display so everyone can enjoy your collection as much as you do. Floating shelves are a trendy and easy way to do this. They can be purchased or built. To keep it fresh, display a few items from your collection at a time and switch them out every once in a while.



7. Show off your quilts and blankets on a blanket ladder. Whether your linen closet is filled with heirloom quilts or simply cozy blankets for guests, get them out in the open for all to see. A blanket ladder is a creative accent piece that adds a touch of comfort to any space. As a bonus, it's also functional – no one will have to waste time searching for a blanket when it gets chilly.



5. Cover a wall with chalkboard paint. When you're a kid, walls can look a little too much like blank canvases. If your kids or grandkids have been guilty of coloring on the walls, there is a solution. Cover one wall or half of a wall with chalkboard paint. This will save both the walls and their creativity. Adults can benefit from chalkboard walls too. Paint an office wall for quick and easy brainstorming, or paint the side of a kitchen cabinet to use as a shopping list.



8. Organize with baskets. A few baskets are an easy way to take the organization of your pantry or linen closet to another level. They'll get a messy area in tip-top shape with little effort. You could buy a set of matching ones, or make it fun – go on a basket hunt at antique stores to curate your own personal basket collection.

9. Paint your front door. We'll admit, switching up the part of your house that is front and center takes some boldness. However, this is one of the easiest ways to let your personality shine through your home. No colors are off limits. Choose your favorite hue because bright and bold front doors are in. It may make a bold statement, but it doesn't take a lot of commitment. If that bright yellow is too cheery or that deep blue too drab, just cover it up with a fresh coat.

6. Make handwritten labels for your jars. Another way to organize the kitchen is to place everything in jars. For example, dry pasta, flour, oats or sugar placed in jars can make for easier cooking and baking. Add chalkboard labels and use a chalk marker to customize the jars. There's something charming about using your own handwriting to label your kitchen.



10. Light up a space with string lights. String lights may be trendy, but the creativity comes when choosing where you want to hang them. Porches and patios are obvious choices, but think outside the box. What about stringing them across your garage ceiling to make the walk from the car a new experience? Place them around your living room or wrap them around the banister of your stairs. The options are endless, and the choice is yours. LL



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Bulls Island

SECRET SPOT OFF THE BEATEN PATH

STORY + PHOTOGRAPHY BY MICHELE ROLDÁN-SHAW







Take me to the wild fringes. Let me spend a day on the edge of solitude and silence. Give me an island of ruggedness, its shores bristling with the whitened bones of trees, where I can hear surf from the forest and cicadas from the beach. Release me to a place that has the highest concentration of American alligators north of the Everglades — about a thousand of them at all times — and I promise I will be happy. Put me on a boat to Bulls Island.

This uninhabited gem about 20 miles north of Charleston forms part of the 66,306-acre ***Cape Romain National Wildlife Refuge***, a string of barrier islands and marshes that has remained a true wilderness. "Most of this refuge is inaccessible," said Captain Nick on the ferry ride over, explaining that other areas of Cape Romain are closed to everyone except biologists. "Bulls is kind of the sacrificial island that we can bring the public out to enjoy."

It was a dark, brooding summer morning when a friend and I boarded the pontoon boat with a handful of hardy adventurers who chose to persist despite lightning strikes and a bank of deep purple thunderheads looming over the island. As we wound a sinuous course through tidal creeks, our naturalist guides relayed information. Cape Romain holds the greatest density of sea turtle nests outside Florida — 2,000-3,000 annually — of which more than a hundred are on Bulls Island. Many curiosities can be found on the beach: giant vertebrae, fossilized whelks, ***horseshoe crabs***, pieces of coal, sharks teeth, whip corals and the bleached skulls of various varmints, all of which were displayed in a holding tank on the boat. Bulls is a key spot for migratory shorebirds and waterfowl, and of course, reptiles. Popular memory told of one "Gatorzilla," an 18-foot monster that from a distance could be mistaken for a downed tree. Of particular interest, I learned that while crocodiles are considered the animal with the strongest bite-force (5,000 psi), the ***stone crab*** has a pinch-force of up to four times that much! No wonder those suckers hurt.



WILD & WONDERFUL Beach Morning Glory and many curiosities can be found on the beach at Bulls Island, part of a 66,306-acre wildlife refuge just north of Charleston.









BONEYARD BEACH
Bulls Island features a beautiful beach where a forest has been encroached on by the sea. Managed for the protection of sea turtles, dolphins, wood storks, eagles and more, the remote island is a chance to see the Lowcountry in a whole new light.

The only thing biting on this day, however, were clouds of summer mosquitoes that swarmed out of the woods and forced us into a steady trot all the way to the beach. Once there, a stiff breeze kept us comfortable; despite a blackness of sea and sky, the squall never hit. We strolled and swam, picnicked and cat-napped on the sand. The boneyard was truly monumental, the longest and most cluttered stretch I've ever seen. Tree sculptures weathered to bleak perfection marched out of the forest or had blue-black waves swirling around their bases. It was an exquisitely brutal environment.

I felt satiated with the island. It had given us the sort of day that's like a week's vacation, and the only thing to do now was get takeout and a good night's rest. I shall dream of Bulls until I return. *LL*

GET THERE

Location: Cape Romain National Wildlife Refuge; Awendaw, South Carolina

Travel advice: Book a ferry ride with Coastal Expeditions ($40 adults, $20 children). Bring everything you need including food, water, sunscreen, hat and bug spray. There are 16 miles of trails and 7 miles of beach, so you can tailor your adventure to the season (swimming in summer, hiking and birding in cooler weather.) Keep in mind that the beach is a 1.5-mile walk from the dock, and the popular boneyard section is an additional 1.5 miles. FYI: you won't be allowed to bring any driftwood home on the boat, so don't bother carrying it all the way back!



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WAYBACK LOWCOUNTRY

Carolina Dog

STORY + ARTWORK BY
MICHELE ROLDÁN-SHAW



SOUTHERN ROOTS The Carolina Dog is a breed of medium-sized dog occasionally found feral in Southeastern United States, especially in the isolated stretches of longleaf pines and cypress swamps of South Carolina and Georgia.

It moves like a shot through the piney woods, blending perfectly with sunlit broomstraw. Its color is like Carolina sandhills mixed with a little Georgia clay. The way it runs effortlessly, almost noiselessly, through swamp and underbrush signifies perfect integration with its surroundings as only a wild thing can attain. Big triangle ears prick straight up from its head, and a fishhook tail curls back over its lean belly and broad, athletic rib cage. To gaze into its almond-shaped eyes — eyes the luminous amber color of blackwater — is to experience a deeper than usual canine connection. Even people who know little about dogs can instantly sense there's something different, something primal and wolf-like, about this one.

It is the Carolina Dog, Dixie Dingo, swamp Dingo, Indian Dog, Cherokee Cur, Yaller Dog, Porch Dog, Lynches River Wild Dog ... or maybe just "Old Brown Mutt," depending on how familiar you are. There is a lot more to it than its humble origins belie. In fact, a hard-scrabble life in the backwaters is exactly what makes it so special. Locals had long known about these feral dogs running rampant through the woods and swamps around the Georgia-South Carolina line, often turning up in shelters or as junkyard dogs. But nobody thought too much about it until the 1970s, when a biologist studying wildlife at the Savannah River Site started sniffing out a strange story.

Dr. I. Lehr Brisbin had observed the dogs many times in his fieldwork and even caught a few in live-traps. He noticed they displayed certain primitive behaviors, such as digging small pits with their snouts (possibly to extract nutritious minerals from the soil) and regurgitating food for their pups. Males stayed to care for the litter. They hunted in packs and could apparently signal each other by flashing the white undersides of their tails. But it wasn't until Brisbin realized they looked like dingoes, the famous wild dogs of Australia, that something clicked in his mind.

He adopted two of the dogs, then went on to breed and study them. What he came to was that they are uniquely aboriginal to this continent, a rare primitive breed with no European ancestry. The idea had been suggested before, notably by a zoologist in the 1920s who described the "Indian dogs" of North America, which are often referenced in the journals of early explorers like William Bartram and Meriwether Lewis. But Brisbin was the one who popularized the theory, and later genetic research would support if not yet conclusively prove it.

Here is a history that goes way back — further back than the South, further than the United States, further than European contact. Back to the first inhabitants of the Americas who crossed the Bering Land Bridge from Asia 13,000 years ago ... with their little dogs. It was over long association with human beings that these canine companions gained their intense devotion and soulful eye-contact. But those that took up a life of their own in the wilderness are what make the breed today. Surviving only in isolated rural pockets (of which the South has many) they managed to escape hybridization with European breeds, instead evolving by natural selection to become perfectly adapted to their surroundings. Some would argue they are the ultimate Southern dog.

Brisbin christened them Carolina dogs and got them recognized as an official breed by the United Kennel Club and the American Rare Breed Association. However, he and other enthusiasts long resisted registering them with the American Kennel Club because it requires a closed studbook, which would preclude the addition of newly captured wild individuals into the gene pool, thus ruining what's so great about Carolina dogs in the first place. (The breed was finally recognized by the AKC in 2017.) Although similar canines have been found in many states — Florida, Ohio, Pennsylvania, Arizona and others — the distinct pedigree they've earned is something we can proudly claim as our own.

Carolina dogs are clean, intelligent and fiercely loyal. While naturally shy and suspicious of strangers — making them excellent guard dogs — they go absolutely ballistic with joy when they see their people. They've been known to protect babies, save people from snakebite and cause an autistic child who'd never uttered a single word to speak. In return, their owners are nothing short of fanatical about them. Members of the Carolina Dog Society meet every year to fellowship, swap tales and let their dogs run free in pack mode; this year's event, Carolinas in the Pines, will be held October 21-24 in Waterloo, South Carolina. The event also features a show judged by Dr. Brisbin himself to determine whether entrants are actually Carolina dogs, or just regular old brown mutts. As it is generally acknowledged that they will likely disappear from the wild, advocates of the breed vow to preserve it through human care.

All dog owners think there is something special about their dog. But in the case of Carolina dogs, it appears to actually be true. *LL*



EARS UP The ears of Carolina Dogs are long with elegantly pointed tips. They can individually turn in the direction of any sound, exhibiting extremely sensitive hearing.

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FREQUENT FLYER

Red-winged blackbird

STORY BY LUCY ELAM + PHOTOS COURTESY OF WILD BIRDS UNLIMITED

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LISTEN UP!
Scan this QR code to hear the call of the red-winged blackbird.

HEADS UP Male red-winged blackbirds fiercely defend their territories during the breeding season, sometimes swooping down at much larger animals, including horses and people.

A bold bird with a plucky personality, the ***red-winged blackbird*** is one of the most abundant birds across North America. With shiny black plumage accented by crimson and yellow epaulets, the males are very vocal and territorial. In sharp contrast, the more subdued females have a streaky brown appearance and are often mistaken for large sparrows. During the breeding season, these birds are almost exclusively found in wetlands, marshes and other wet areas. The male fiercely defends his territory during the breeding season, sitting on a high perch, singing at the top of his lungs (conk-la-ree!), and chasing away anything that comes near. Females build nests low to the ground in between dense grass-like vegetation, such as cattails, sedges and bulrushes. Red-winged blackbirds are one of the most polygamous of all bird species, with as many as 15 females nesting in the territory of one male. As one of the more conspicuous and vocal birds in coastal areas, they are present year-round in South Carolina. You can attract them to your yard with meal worms, sunflower seed mixes and suet. Use an open-style feeder, or simply spread the feed out on the ground. LL

Fun Facts

- *The red-winged blackbird is native to North America. During migration it can travel at over 30 mph.*
- *Each pair of red-winged blackbirds raise two to three broods per season. They build a new nest for each brood, which keeps the nest from becoming infected with parasites that could kill the baby birds.*
- *A group of blackbirds has many collective nouns, including a cloud, cluster and merl of blackbirds.*
- *Red-winged blackbirds roost in flocks in all months of the year. In summer small numbers roost in the wetlands where the birds breed. Winter flocks can be congregations of several million birds, including other blackbird species and starlings.*

Where to see them

- *Saltwater marshes*
- *Water hazards on golf courses*
- *Historic Mitchelville Freedom Park*



Blackbird essentials

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AUGUST beach day



BY SOPHIE POWELL

There are only two more months of summer left, so you better get to the beach while you can. The water won't be warm for too much longer; plus, there's no cooler way to cool off on a hot August day than by taking a refreshing dip in the ocean.

HOT & HUMID

TYPICAL DAYS

August is the wettest month of the year on Hilton Head, with about 193 mm of rain. It's quite humid and hot, so bring a nice big umbrella and plenty of sunscreen. The average temperature during the day ranges from the mid- to high-80s. At night, it drops to the mid-70s.





BEST BEACH

Islanders Beach Park

This beautiful beach is reserved for locals with the Beach Parking Pass sticker. *It is a great beach to escape to when the rest of the island is swarming with visitors. It has a nice playground, a pavilion, grills, nice restrooms and a smooth boardwalk to a great part of the beach. If you live on the island, purchase a sticker for $30 at hiltonheadislandsc.gov.*

Bring the dog

Islanders Beach Park is dog friendly, but dogs must be on a leashes between 10 a.m. and 5 p.m. After Labor Day, dogs must be either on leashes or under positive voice control at all times.





Ghost crabs

All the little holes you'll see throughout the beach belong to ghost crabs. These shore crabs live in deep burrows they dig, sometimes as far as four feet underground.



Turtle talk

It's currently turtle nesting and hatching season, so be cautious of the new rules put in place to protect the Loggerhead sea turtles. Be sure to bring all of your belongings with you when leaving the beach so it doesn't threaten the nesting or hatching sea turtles from reaching the dune line or making it to the ocean. Be sure to fill in any holes you have dug before you leave. Also be mindful of your lights if you live by the ocean or are there after the sun goes down.



What to bring.

1. Helinox beach chair $150 (Outside Hilton Head) **2.** Solgaard Solarbank Boombox $125 **3.** Piper Hat, Sea Green $35.60 (QuietStorm) **4.** Sun Guard SPF 45 $21 (Pyramids) **5.** Shibumi $250 (Outside Hilton Head) **6.** Pink Lemonade Beach Towel $33 (Spartina) **7.** Blue poppy designs tumblr $40 (Gifted) **8.** Reef Cushion Vista Thread Sandals $50.00 (Outside Hilton Head)

August Tides

SUN, AUG 1
H 3:37 AM
L 9:30 AM
H 4:04 PM
L 10:17 PM

MON, AUG 2
H 4:26 AM
L 10:21 AM
H 4:52 PM
L 11:12 PM

TUES, AUG 3
H 5:16 AM
L 11:13 AM
H 5:43 PM

WED, AUG 4
H 6:08 AM
L 12:04 AM
H 6:33 PM
L 12:03 PM

THURS, AUG 5
H 6:59 AM
L 12:52 AM
H 7:22 PM
L 12:52 PM

FRI, AUG 6
H 7:48 AM
L 1:39 AM
H 8:09 PM
L 1:40 PM

SAT, AUG 7
H 8:33 AM
L 2:23 AM
H 8:52 PM
L 2:27 PM

SUN, AUG 8
H 9:15 AM
L 3:07 AM
H 9:33 PM
L 3:13 PM

MON, AUG 9
H 9:56 AM
L 3:49 AM
H 10:13 PM
L 3:58 PM

TUES, AUG 10
H 10:37 AM
L 4:30AM
H 10:54
L 4:43

WED, AUG 11
H 11:21 AM
L 5:11 AM
H 11:38 PM
L 5:29 PM

THURS, AUG 12
L 5:53 AM
H 12:10 PM
L 6:17 PM

FRI, AUG 13
H 12:27 AM
L 6:37 AM
H 1:03 PM
L 7:09 PM

SAT, AUG 14
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L 7:25 AM
H 1:59 PM
L 8:07 PM

SUN, AUG 15
H 2:15 AM
L 8:19 AM
H 2:58 PM
L 9:11 PM

MON, AUG 16
H 3:13 AM
L 9:19 AM
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L 10:18 PM

TUES, AUG 17
H 4:13 AM
L 10:24 AM
H 5:01 PM
L 11:23 PM

WED, AUG 18
H 5:14 AM
L 11:28 AM
H 6:04 PM

THURS, AUG 19
H 6:16 AM
L 12;24 AM
H 7:05 PM
L 12:29 PM

FRI, AUG 20
H 7:17 AM
L 1:21 AM
H 8:02 PM
L 1:17 PM

SAT, AUG 21
H 8:13 AM
L 2:14 AM
H 8:54 PM
L 2:22 PM

SUN, AUG 22
H 9:05 AM
L 3:04 AM
H 9:42 PM
L 3:14 PM

MON, AUG 23
H 9:54 AM
L 3:50 AM
H 10:26 PM
L 4:02 PM

TUES, AUG 24
H 10:40 AM
L 4:34 AM
H 11:09 PM
L 4:47 PM

WED, AUG 25
H 11:25 AM
L 5:14 AM
H 11:52 PM
L 5:30 PM

THURS, AUG 26
L 5:53 AM
H 12:10 PM
L 6:12 PM

FRI, AUG 27
H 12:36 AM
L 6:30 AM
H 12:56 PM
L 6:54 PM

SAT, AUG 28
H 1:21 AM
L 7:09 AM
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SUN, AUG 29
H 2:08 AM
L 7:52 AM
H 2:31 PM
L 8:29 PM

MON, AUG 30
H 2:57 AM
L 8:40 AM
H 3:20 PM
L 9:26 PM

TUES, AUG 31
H 3:47 AM
L 9:34 AM
H 4:12 PM
L 10:26 PM



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Grr on the side of caution

KEEP YOUR DOG AWAY FROM THESE TOXIC PLANTS, SINISTER SNACKS AND DANGEROUS CRITTERS.

STORY BY DAISY DOW

You buy dog collars with your phone number on them. You put up a fence so your dogs can run to their hearts' content. You take them to the vet no matter how much they resist. You do everything you can to keep your dog safe and healthy. While no one knowingly brings poison into their home, it might be time to take an inventory of your fridge, pantry and backyard to reassess some of the foods and plants you let your dog sniff around.

A stroll in the backyard, an afternoon walk or a kitchen hangout can turn lethal in the blink of an eye. Just when you thought you had made your home as safe as it could be, it turns out that a selection of everyday substances can pose the greatest threat to your best friends. That doesn't even take into account the local critters that lurk in lagoons and perch on grasses, waiting to take a bite out of your dog. It's a tall order to rid the outdoors of the dangers it poses, but knowledge is power when it comes to the poisonous substances that could hurt your dog. Take a gander at this list of poisonous plants, sinister snacks and creepy critters so you can make the world a little safer for the dogs who make ours so much better.



HAZARDOUS PLANTS

AZALEAS

Not so pretty in pink

Many varieties of azalea shrubs grow in the Lowcountry. The native varieties of this flowering beauty range from pink to yellow to orange and bring color to countless gardens across the South. But don't be fooled by their pretty exteriors, as these plants contain grayanotoxins in their nectars that affect muscular and nervous systems in dogs. When treated by a vet with a charcoal or saline flush, most dogs will make a full recovery.

Signs of ingestion: Lack of appetite, weakness, drooling, vomiting, diarrhea

How to avoid: While no one wants to dig up their yard, consider placing fencing around any azaleas in your backyard. Make sure to pick up fallen petals, trim them regularly and throw all trimmings in a sealed trash container.

SAGO PALMS

Palm reading 101: Beware the Sago seeds



You might have seen some Sago palms in a nearby park, in your backyard or even as a houseplant, but these slow-growing plants store a quick-acting toxin that can kill your dog in a matter of minutes. While all parts of these hardy plants contain poisonous chemicals, Sago palm seeds have a highly concentrated amount of cycasin that targets your dog's liver. Symptoms of liver failure and/or seizures can occur as quickly as fifteen minutes after ingestion but can take up to a few hours.

Signs of ingestion: Excessive drooling, vomiting (with or without blood), diarrhea, lethargy

How to avoid: Take an inventory of your houseplants and yard area. When walking your dog outside in an area with Sago palms, keep them on a leash and monitor what they're sniffing.



OLEANDERS

Don't meander near the Oleanders

When you hear the word "Oleanders," you might think of Vincent Van Gogh's 1888 still-life painting. Perhaps you think about your neighbor's oleanders that are slowly invading your yard. Whatever connotations pop into your mind, add a mental note that oleander plants are toxic for dogs and humans alike. So much as a sniff of this plant can cause symptoms in your furry friend because of the cardiac glycoside toxins in its leaves, flowers, stems and sap. While oleanders might seem like a harmless beauty at first glance, don't be fooled by their pretty exteriors. This invasive beauty can do a lot of damage to dogs with even a quick encounter.

Signs of ingestion: Collapse, lethargy, vomiting, diarrhea, anemia

How to avoid: Be aware of your surroundings when on a walk or in the yard. Keep young children and pets away from these plants. If an adult has to come into contact with one for any reason, cover up by wearing long sleeves, gloves and pants. Be sure to wash your hands thoroughly once done.

HAZARDOUS HOUSEHOLD FOODS



ONIONS AND GARLIC

A recipe for bad breath, and maybe even death

Besides giving your pup some seriously bad breath, onions and garlic are bad news all around when dogs consume them in high enough quantities. All parts of an onion including the leaves, skin and flesh contain a sulfur compound that inhibits red blood cells from carrying oxygen throughout the body. Garlic cloves also contain this N-propyl disulfide compound but in a much higher concentration. If that wasn't enough, these compounds confuse your dog's body into attacking its own cells, causing hemolytic anemia. As red blood cell counts dwindle, less oxygen gets delivered to your pet's body, and their energy levels drop significantly.

Signs of ingestion: Weakness, vomiting, breathing difficulties, decreased appetite, pale gums

How to avoid: Store garlic and onions on a high shelf or pantry out of reach of any nosy dog. Take care when cooking with these foods to pick up all scraps.

CAFFEINE

A cup of Joe? That's a no for Fido

Caffeine affects dogs in much the same ways as it does humans. Because their bodies are so much smaller, one cup of coffee does to your dog what ten cups might do to you. Needless to say, caffeine gets your dog's heart pumping, making them hyperactive and antsy. Too much caffeine can negatively affect blood pressure and cause loss of muscle control.

Signs of ingestion: Increased heart rate, hyperactivity, raised blood pressure, cardiac arrhythmias, tremors, seizures

How to avoid: If you spill some coffee on the floor, that likely won't be enough to cause any major problem in your dogs. Keep bags of grounds and beans far away from where your dog might get into them. Clear off your coffee table of all mugs when there are no humans around to monitor.



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GRAPES & RAISINS

No wine-ing please

Who doesn't love grapes — a sweet, succulent addition to any picnic or charcuterie board. Irresistible as it is to pop them in your own mouth, don't cave to the puppy-dog eyes that beg for a nibble. If your pooch consumes even one grape or raisin, it is considered to be an emergency situation. Research into grape's poisonous effects on dogs has yielded mixed results, making it pertinent to act quickly when your dog eats these toxic fruits. Be it the mycotoxin, salicylate or tartaric acid of the grape, some chemical within the fruit prompts acute kidney failure that can become lethal within 48 hours.
Signs of ingestion: vomiting, sluggishness, lack of energy, nausea, excessive thirst, excessive urination, bad breath
How to avoid: Keep tabs on products around your house containing grapes or raisins. While grape-flavored jellies and juice do not cause severe poisonings, be aware of where your dog is sniffing around. When you bring groceries into your house, place them on a table or put them away immediately to prevent your dog from stealing grapes right out of the shopping bag.



MACADAMIA NUTS

You'd be nuts to give a dog macadamias

For one, those would be some pretty pricey dog treats. Similarly to grapes, the toxin within macadamia nuts has yet to be identified, but it can cause symptoms in as few as twelve hours. Macadamia nut poisoning is not nearly as urgent as some of the aforementioned foods (depending on the quantity consumed), but you should monitor your pal for signs that it might be time to get medical help. Besides the dangers of the mystery toxin, the high fat content of these nuts increases dogs' risk levels of pancreatitis. Really, avoiding macadamia nuts will save you money (both on nuts and vet visits) and help keep your dog's waistline trim.
Signs of ingestion: Muscle shakes, vomiting, high temperature, weakness in back legs, loss of balance.
How to avoid: Keep baked goods containing macadamia nuts away from the edge of counters or tables.

CHOCOLATE

Much too good for canines



You know what they say about too much of a good thing? What should theoretically be a match made in heaven, dogs and chocolate, is in fact a recipe for disaster. The toxin within chocolate is called theobromine, and its concentration is highest in cocoa powder, unsweetened baker's and dark chocolate. Based on the type of chocolate consumed and a dog's body weight, eating chocolate can be a deadly snack with severe symptoms kicking in as soon as six hours later.
Signs of ingestion: Vomiting, diarrhea, heart problems, tremors, seizures, restlessness
How to avoid: It's hard to keep ourselves away from the temptation of chocolates, but it is essential to remove any cocoa powder or sweet treats from your dog's line of sight. Take time to educate your whole family about why dogs should not be fed chocolate. While sharing special snacks with friends and family is a great way to show you care, a dog won't be insulted if they miss out on one snack. Dogs tend to prefer more canine-friendly treats, especially if that means one less trip to the vet.



XYLITOL

Chew on this

This artificial sweetener isn't as recognizable as some of the whole foods above, but this toxic substance is anything but sweet if your dog eats some. Found in chewing gums, toothpaste, mints and candies, xylitol tastes like sugar with 40 percent as many calories. For canines, however, consuming any form of xylitol confuses their internal systems. The sweetener gets mistaken for glucose, prompting an increase in insulin production. Consequently, your dog's cells will start soaking up glucose, causing low blood sugar, otherwise known as hypoglycemia. Just 30-60 minutes after ingestion, symptoms of liver failure might begin.
Signs of ingestion: vomiting, weakness, difficulty walking, tremors, seizures, coma
How to avoid: Check the labels on the food around your house, and keep anything with xylitol in a separate area of your kitchen, far away from your dog. Keep bags and purses closed so no nosy puppers might stick their heads in for a stick of gum.

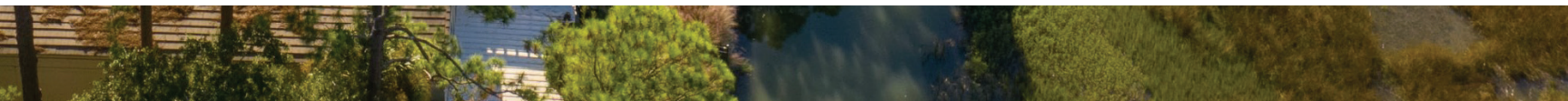


WHAT TO DO IF YOUR DOG GETS THEIR PAWS ON THESE POISONS

If your dog does eat any of these poisonous substances, contact a veterinarian as soon as possible. Whether it's your regular vet or one at an emergency clinic, having a medical professional examine your pet ought to be the number one priority in a situation like this. The more information you can provide about the source of the poison, the easier it is for your dog to be treated. Even if this means walking in with a half-eaten, slobber-covered bar of chocolate, it might make all the difference for your four-legged friend. While every dog is different and responds differently to toxins based on pre-existing conditions, health history and weight, accidental ingestion is serious business and should be dealt with immediately.



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HAZARDOUS CRITTERS



AMERICAN ALLIGATOR

See ya later gator!

A popular sight across the Lowcountry, American Alligators are so sneaky, you probably passed by some and didn't even notice. They lie very still, submerged at the edge of lagoons or basking in the sunlight on its shores. But when a gator is ready to move, you will know! In the water, these scaly beasts can reach speeds of 20 mph, but on land, a quick burst of energy can get a gator going up to 35 mph. The size of your dog and the size of an alligator will determine the degree of damage in case of an attack. A full-grown alligator can have around 80 teeth to indulge its diet of turtles, birds and small mammals. Remember your own safety if your dog encounters an alligator. However tempting it might be to do anything for your best friend, alligators can be lethal for human beings who get too close too.

How to avoid: Never feed the alligators. This goes for anyone, whether you have a dog with you or not. While gators are naturally afraid of humans, behavior like this makes alligators more comfortable approaching humans, thus making your dog a tantalizingly close snack. Keep your dogs on a short leash around known alligator habitats, and do not let them swim in those waters. Be particularly careful at night. If you see a gator while out with your dog, stay away and be sure to warn other passersby.



COTTONMOUTH SNAKE AKA WATER MOCCASIN

If it opens wide, it's time to hide

Feisty cottonmouth snakes (aka water moccasin) feel right at home on land and water, making them double-trouble for pups who like to swim. Also known as water moccasins, the cottonmouth is aptly named for the stark coloring inside of its mouth. But if you see the cotton color, it's probably time for you and your dog to take a step back. These snakes can get up to four feet long and regularly munch on fish, small mammals, birds and even other cottonmouths. As a venomous pit viper, the cottonmouth's bite is accompanied by a series of toxic proteins that cause shock, low blood pressure and infections that can, in severe cases, lead to death.

Signs of a bite: Bleeding, bruising and swelling around a wound; pale gums, weakness, lack of coordination, slow respiration

How to avoid: Be on the lookout for cottonmouths around marshes and in the water. Venomous snakes' bodies will float entirely atop the water. If you see a cottonmouth, do not provoke it by throwing anything or continuing to approach. Particularly if you have a smaller dog, try to pick up your dog and remove yourself from a potential encounter.



TICKS

Ticks: Get this parasite out of my sight

Tick, tock! Don't let the clock tick too long if you spot one of these parasitic pests on your dog. After walks in the woods or a brush past long grasses, check your pup for ticks. These disease-carrying parasites like to hang out in warm folds of skins, so feel behind your dog's ears, head, neck and in the creases around their legs. If a tick is actively munching on your pal, you might notice your dog licking and chewing at the site of the bite. The biggest danger these pesky critters pose is in the variety of diseases they can transmit directly into your dog's bloodstream. Lyme disease, Rocky Mountain Spotted fever, canine anaplasmosis and canine ehrlichiosis can severely deteriorate a dog's health. Unfortunately, symptoms of these diseases appear months after the initial infection. Because of the delayed onset of symptoms, it is imperative to stay vigilant about getting annual blood tests at the vet and doing daily pat-downs to check for nestling ticks.

Signs of a tick-borne disease: lethargy, changes in mobility, limping, vomiting, diarrhea, lack of appetite

How to avoid: Consider investing in chewable tablets, topical ointment or a tick collar to add an extra layer of deterrent for ticks itching to latch onto your pup. If you happen to catch a tick on your dog, use a set of tweezers to remove it. It is paramount to remove the entirety of the tick's body, so be careful to place the tweezers as close to its head as possible.

JELLYFISH

Jellyfish? Dogs prefer the peanut butterfish



Lots of Lowcountry canines like to comb the beach, looking for interesting smells. Once you catch up to your prowling pup, you might find a gnawed-on flip-flop, half a sandwich, or part of a dead jellyfish dangling from their mouths. In the months of April, May and June hundreds of jellyfish wash up on the shores, creating a smorgasbord of delectable snacks. Dead or alive, in the water or on land, these gelatinous animals can give your dog a nasty sting.

It is unlikely a jellyfish sting will kill your dog, but the ensuing symptoms can range from mild to severe and take up to two days to subside. If your four-legged friend gets some tentacles wrapped around its body, use a towel to remove the toxic tentacles without getting stung yourself. Rinse off the site of the sting with some saltwater, then monitor the progression of symptoms over the next few hours.

Signs of a sting: Drooling or foaming at the mouth, swelling, blistering skin, difficulty breathing, itching, vomiting

How to avoid: Keep your dog on a leash if you notice jellyfish on the beach. Pay attention to beach advisories about jellyfish population surges. *LL*

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See more of this Frequant Flyer in this issue of Local Life.

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Teach your dog some new tricks

HAVE THE COOLEST PUP IN THE PARK BY MASTERING THESE SIMPLE COMMANDS.

BY ANNA LEE HOFFMAN

Teaching your dog a new trick is a fun way to bond with your pet and increase their overall obedience. It's also a good way to impress friends and family members. While elaborate tricks such as fetching a cold can out of the refrigerator are cool, we offer these simpler tricks to get you started.

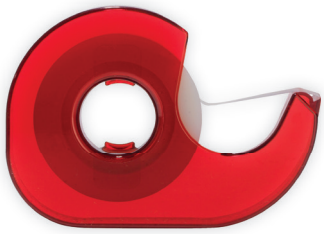
THE TRICK

Salute, soldier!

This trick is simple but amusing. All that's required is a participating pup, a little tape and some treats. This doggie "salute" looks like your dog raising its paw and touching above its eye on command.

Start with asking your dog to get into a sitting position, or even sitting up on its hind legs if it knows how. Then, you're going to place a small amount of transparent tape on your dog's eyebrow. We recommend using a lightweight tape like Scotch tape so that it's painless to take off at the end. When your dog makes the motion with its paw to get the tape off, say, "good salute!" and reward your dog with a treat. The most important part about teaching your dog this trick is that he associates the word "salute" with the motion.

Do this a number of times, and every time your dog raises its paw to get the tape off, say "salute!" Your dog should begin to mentally connect the motion of touching above the eyebrow, to the word with a treat. Now it's time to test what your pet can do. Remove the tape, and say the word "Salute!" Give your dog a few seconds, and hopefully he will respond with the "trying to get the tape off" motion — a cute doggie salute!



THE 5 STEPS

Step 1: The taping. Tell your dog to sit and place a small amount of transparent tape on their eyebrow.
Step 2: The treating. When your dog makes the motion with its paw to get the tape off, say "good salute!" and reward with a treat.
Step 3: Association. Continue to do this until your dog associates the motion of touching above the eyebrow, to the word "salute," with a treat.
Step 4: Putting your pup to the test. Remove the tape, and say the word "salute!" Your dog should understand that the motion of the "salute" results with a treat.
Step 5: Reward! Give your pup a treat and keep learning.

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THE TRICK

Go get your leash

For most dog owners, it is not difficult to get their dog up and excited to go for a walk. This time outside and moving around is probably most dogs' favorite time of the day. This trick will teach your dog how to fetch its leash before going on a walk, expand their obedience, help you with a trivial task, and give you a few extra seconds to get your shoes on.

This trick is not difficult to teach; however, there are a few skills your dog will need to have mastered prior to training for this trick. Your dog also will need to understand basic commands such as "Come," "Drop it," "Pick it up," and it can't hurt knowing how to "fetch." Your dog also will need to have an understanding of the keyword "leash" and what it means. You can teach your dog the meaning by showing him the leash and using the word several times before, during and after your daily walk. This trick may take a little while for your dog to get the hang of, but it'll be worth it when your dog is retrieving its leash and bringing it to your hand with just a few words.

THE 4 STEPS

Step 1: The basics. Practice picking up and dropping the leash from its permanent location.
Step 2: Bring it over. Walk to the door, and have your dog pick up the leash, come to you, and then drop it. Don't forget to reward him with a treat.
Step 3: Kicking it up a notch. Repeat this step several times until your dog has it down, allowing you to forgo the "Pick it up," "Come," and "Drop it" commands. Replace them with "bring me the Leash" or simply the word "leash."
Step 4: Let's take a walk! Keep practicing and never forget to reward your dog with a walk.

Once your dog can comprehend "leash," it's time to begin training for the retrieval. Start with placing the leash on the floor, on a low platform, or wherever you wish for your dog to retrieve the leash from. Make sure that this is a location that your dog can realistically retrieve from and will be consistently where it's located.

Have your dog practice picking it up from this place and then dropping it. This is where his prior knowledge of the commands "pick it up" and "drop it" will come in extremely handy. When your dog picks up the leash and drops it, reward him with a treat. Next, walk to your door and ask your dog to "pick it up" and "come." Once he picks up the leash and comes to you, tell him to drop it. Repeat these steps several times, and once your dog masters these "pick it up/drop it" commands, practice the same exercise but using the "leash" or "bring me your leash" command instead.

When your dog successfully brings you the leash, treat him with a walk outside. It's important that your four-legged friend associates obeying the "leash" command with getting to go for a walk outside. This motivation should be enough for your dog to learn this multi-layer trick.



THE TRICK

Play dead

This trick is not as helpful as fetching a leash for a walk, but it will certainly be humorous and entertaining for you and your guests. Similar to the leash trick, this one will be much simpler if your dog has a few skills to build on, such as "lay down," "stay," and "roll over." To begin teaching your pup this trick, grab plenty of treats, and start in a lying down position.

THE 5 STEPS

Step 1: Lie down. Start with making sure that your dog knows the foundation trick "down" or "lie down." Start asking your dog to get into a lying position.

Step 2: Swoop. Drag a treat past your dog's face, causing him to roll onto his side. (If they have difficulty with this, gently push them over.)

Step 3: Reward. As soon as your dog is on his side, reward him with a treat to reinforce that he is doing the right thing. Repeat this step until your dog has it down.

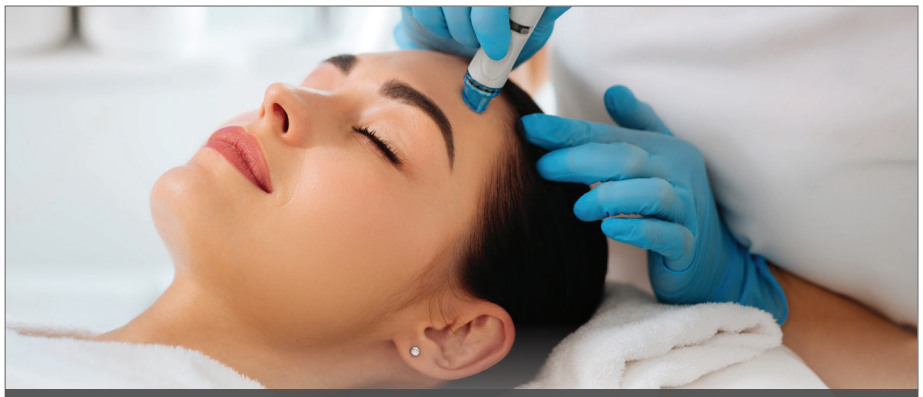
Step 4: Bang! Incorporate your chosen keywords and hand signal. Practice this multiple times until your dog realizes that in order to get the treat, he must fall onto his side when he hears the keyword or sees the hand motion.

Step 5: Repeat. Practice and have patience. Repeat these steps until your dog has it down.

Offer a treat close to your dog's nose, and slowly pull it over to one side so that he'll have to roll over onto his side to retrieve it. If there is difficulty processing this, show what you want by gently pushing your dog onto its side. As soon as your dog is lying on its side, tell him "good" and reward him with a treat.

Once your dog has gotten into this position multiple times, add your chosen keyword and hand signal. It's most common to use the keyword "Bang!" and a handgun. Others have used a humorous phrase like, "Would you rather be a Gamecocks fan or be dead?" The funny possibilities are endless with this silly trick.

Once you've chosen your cue and hand signal, practice this trick until your dog has it down perfectly. It won't be long before your dog is falling flat on his side every time you point your finger gun at him. Be patient with your dog, and practice whatever it has difficulty with, and only reward your dog with a treat when it makes the right move. Dog training should be a fun bonding experience for you and your furry friend, so don't worry if your dog doesn't get it right away. *LL*



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Dogspotting

THE STORY BEHIND EIGHT RANDOM DOGS WE MET WHILE EXPLORING THE LOWCOUNTRY.

STORY + PHOTOS BY DAISY DOW

As you go on walks around town or take a pause on a park bench, countless canine faces will pass by you. They stop to sniff your shoes, and you might scratch their backs. After the cordial politesse of a sniff and a scratch, there is so much more to every dog than just a pretty face and nice coat.

Like human beings, every dog has a story to tell. While we can't hear that story straight from the dog's mouth, no one knows a dog better than their loyal owners. We took to the streets of Hilton Head, Bluffton and Beaufort to dive into the lives of local pups who each have a unique story and relationship with their owner.



Maverick

ENGLISH LAB, SPOTTED AT CHAPLIN BEST FRIENDS PARK

Owner Molly Farr: "He doesn't have a good voice recall, so I take a bag of rotisserie chicken down to the beach with me. He comes back for that, and it's pretty successful. In fact, it's the only way he responds. In the high season, he likes to steal flip-flops. He tears down the beach, and there's no return. People don't think that's funny, but he does!"

Jasmine



GOLDEN LAB MIX, SPOTTED AT CHAPLIN BEST FRIENDS PARK

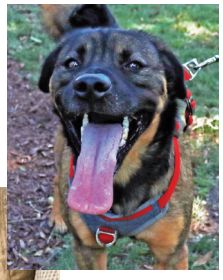
Owner Fred Carrillo: "We went to the Humane Society, and she was all they had. We thought she was so unusual — she's got a very untypical pink nose. I guess her name just came to us immediately. She's got to be Jasmine. And she's got these brown eyes that almost look human, you know? She's the kind of dog, as I think most dogs are, that if she sees an open space, she will run. I found that out by going to the beach. I once had to follow her until she was a little dot on the horizon. She just kept running, so I don't let her loose on the beach any more. Instead, I come to the park because there is a fence. It's the most wonderful thing you've ever seen when you see five or six dogs, not trying to hurt each other, but just chasing and barking and chewing on their ears. If you've got any problems, you can leave them right here at the dog park."



Dusty, Tucker & Shorty

RESCUE DOGS, SPOTTED AT SOUTHSIDE PARK

Owner George Richardson: "This one is Dusty, and she was living under houses and mobile homes in Fayetteville, North Carolina. My wife and stepdaughter went and got her. They brought her back to the house. I was lying down taking a nap, and she jumped up on me, like she picked me. She's been spoiled rotten ever since. Tucker was a rescue. We got him to be with me on my semi truck. He only lasted about two months on the truck. Shorty was two days away from being put down before he was rescued by my wife and stepdaughter. He's been spoiled rotten ever since. Every day at 1:30 they start looking at me to remind me that it's almost time to go to the dog park."



Rico

GERMAN SHEPHERD MIX, SPOTTED AT MARTIN FAMILY PARK

Owner Laura Ortega: "My daughter's friend found him on the street, and I took him to the vet to find out if he had an owner. He had no chip, and no one ever claimed him, so we kept him. By that time the people who found the dog decided they wanted him, but because they were renting a house they could not keep a pet. They named him Rico, and we kept the name. Plus, we were looking for a dog at the time. Rico brings happiness to my life. He's really loyal and always takes care of the house and family. He's a very good dog."

HOT DOG



Justice (aka JJ) is a 50-pound shepherd, lab, hound mix adopted from Hilton Head Humane Association in 2019. He began his career serving the men and women in blue at the Bluffton Police Department as their support service dog. His role began to broaden as more of the Bluffton community met him. Justice soon became a well-known visitor in schools, at events, and at assisted-living homes. While his position at Bluffton PD lasted 2 1/2 years, he decided it was time to move on and assist others. That's how he ended up at Memory Matters, a non-profit organization on Hilton Head. Memory Matters offers in-person programs for people who have mild to moderate memory issues associated with Alzheimer's Disease and Dementia. He loves his new position which involves getting lots of pats and back scratches from the participants while at the same time providing a calm and engaging distraction to the clients. Some dogs like the lazy and slow paced life. Not Justice. He enjoys being around people and giving individuals smiles and joy.

Missy Ruckus



PIT BULL, SPOTTED AT BURTON WELLS DOG PARK

Owner Brian Ossman: "I was depressed, and I told my daughter who was moving away that I needed a friend. I had previously given her a dog, and she said it was the best gift she's ever gotten. She said, 'Dad, let me return the favor.' She already had one picked out for me, but I wanted a male dog. I already had the name picked out and everything. (Missy Ruckus) is the exact opposite of everything I said I wanted, and she's perfect. I've had her now for two and a half years, and she's really saved me. Got me out doing things I wouldn't be doing. She's the best gift I've ever gotten. She's rescued me."

Molly



YORKIE/MALTESE MIX, SPOTTED AT JARVIS CREEK PARK

Owner Alex Bosiak: "For the last three years we have lived here after moving from Upstate New York. She likes to walk on the beach, but she doesn't care for the water. She does like to have a bath. She's very scared of snakes because she had never seen one before. If she sees something moving like that, she will come and sniff it then back up. I lost my wife, so now I am alone. But with Molly I go all over. No matter where I go, I can't leave her in the house because she wants to go with me all the time. I can't even go to the bathroom without her."



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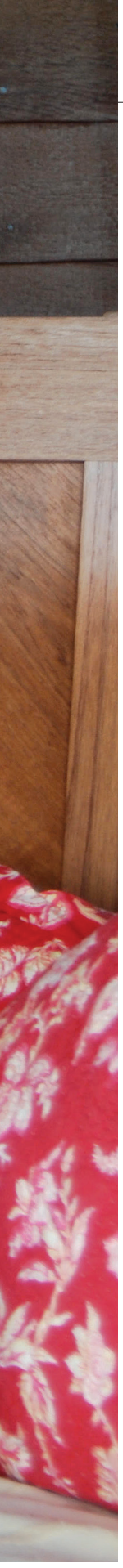
STORY BY LISA ALLEN

Jennifer Smith is a surprising woman.

One would think the founder of Noah's Arks Rescue would be jaded by the humans who abused the dogs that end up in her care.

"I don't even think of (the abusers)," Smith said. "I only think of the animals. Something happened to that person to make them do that. It's not in our DNA to abuse animals," she said. "I move past that to helping the dog."

She works nationwide to save good dogs about to meet a bad end for no reason other than their human-inflicted injuries. Those are the dogs she swoops up and saves. "Those are the dogs no one else saves. These are the heartbreaking cases where the dogs have been tortured," Smith said.



Her work started like this:

"I would read about this poor abused dog that needed a $1,000 surgery, so I'd send money. I'd call later to find out how the dog was doing, and they would tell me they decided to use my donation for a spay and neuter program or something else. They weren't helping these dogs, they were using them to get donations. Then they were euthanizing them."

She started by adopting one abused dog, paying for its medical care, rehabilitation and training. Then another and another. She would heal them physically and emotionally and then find adopters that would love the heck out of them. "Even my husband asked me years ago to quit taking in animals. I told him I'm not going to stop. I can't. If I don't do it, who will?'" That's when she started Noah's Arks Rescue.

"People would give me money, but there wasn't any accounting, so I thought I better set up a nonprofit."

That was 12 years and hundreds of dogs ago.

"I grew up on a large farm in Mississippi. I've been taking care of animals my whole life," she said. She and her family now live on Spring Island.

She was up at 3:30 one recent morning, fielding appeals to take more animals. "Our staff gets mad at me for taking on so many cases, and they don't even know I took in three more dogs last night. Somehow, it always works out."

And that early morning still didn't keep her from baking fresh bread for her four-person staff and volunteers. "I bake something for them every morning. I even grind my own wheat."



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Noah's Arks and its fundraising gift shop, Fetch, has grown like a mushroom, taking over storefront after storefront at its location in Okatie. Fetch, the gift shop, is stuffed with high-end gifts, accent pieces, jewelry, even cheeses. All proceeds benefit the rescue. It's staffed by volunteers, not staff.

Beyond the shop is a labyrinth of rooms that form the shelter. The areas cater to therapy, rest, play or training for the dogs. And not once will you smell "animal." Everything is spotlessly clean. The outdoor kennels are shaded, padded and, again, spotless. There's a pool for the dogs to cool off and an indoor hydrotank for physical therapy. The rescue has invested hundreds of thousands of dollars into an environment for the dogs that would earn at least three stars on a people scale and rave Yelp reviews.

There are dogs with three legs, some with only two. There are deaf dogs, blind dogs, dogs with cleft palates, tumors or burns. Some walk funny, and some only vaguely remember having teeth. But don't tell them, they really don't know they've been through hell and back. They might not know — but we do — how very, very lucky they are to have wound up at Noah's Arks Rescue.

Thus, it's not surprising that Smith is very particular about where those dogs go next. You have to earn these dogs.

The application to adopt is pages long. What dogs have you had in the past five years? Who lives in your house? If you rent, please include a copy of your lease. Do you know how to break up a dog fight? In the case of divorce, who gets the dog? Wait. What? Yup. Smith is thorough.

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Not everyone who applies gets a dog, and not every dog gets to be adopted. Some are so broken, they aren't fit company. About half of the dogs Smith saves will stay at Noah's Arks. They'll experience loving care from people who are trained to be around dogs that got stuck in the mode of fight first, ask questions later. It's not the dogs' fault they were abused past the point of ever trusting again. Smith believes they deserve to live, too, and live the best life she can possibly provide.

"No one does what we do," Smith said. "I take dogs from all over the country."

She is unapologetic about her work, from which dogs she saves and how, to which people she rejects and why. She dismisses without another thought the second-guessing that streams in via social media. "I deal in facts, and I make decisions. I live with those decisions, and I move on," she said.

Her unwavering goal is giving contentment to the dogs, now healed, who either have a permanent home at Noah's Arks or are carefully placed in loving, forever homes.

"We do this for the animals. That's it. It's not for us, it's for the animals."

The community can prove it cares by adopting the animals that are healed and eager to experience a happy home.

"We need more adopters. There are good people out there. They need to meet these dogs, see how special they are, and welcome them into their hearts," Smith said.

Then, for sure, those dogs will know how lucky they are. *LL*



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An unlikely partnership forged by like-minded women to save animals

TWO PASSIONATE, ANIMAL-LOVING WOMEN WERE THE BRAINCHILDREN AND THE CATALYSTS FOR THE UNLIKELY PARTNERSHIP BETWEEN GOVERNMENT AND A NONPROFIT.

BY EDDY HOYLE

In 2012 **Franny Gerthoffer**, executive director of Hilton Head Humane Association, and **Tallulah McGee**, director of Beaufort County Animal Services, met. "We became acquainted and started an unintentional relationship as colleagues. We had a similar mindset and work ethic and found we had a lot in common," Gerthoffer said. "We fight like sisters but have a natural respect for each other, so we figure things out and challenge ourselves to do better work to save animals."

Seven years later, in March 2019, they celebrated the grand opening of the new Beaufort County Animal Campus in Okatie. The multimillion dollar campus includes animal intake areas, a spay and neuter clinic and an adoption center all under one roof. The joint operation now helps to reduce overpopulation and euthanasia rates of homeless and unwanted animals in Beaufort County, and it also saves tax dollars.

Beaufort County Animal Services was previously located near the air station in Beaufort. "It was a poor location, the building was not up to par, and it was a stressful environment for the animals with all the noise from the jets," said McGee. It was also a long drive for residents living south of the Broad River, she explained. "Now we are centrally located, and services for all Beaufort County residents are down the hallway versus the highway. It's one stop for intake, spay/neuter programs and adoption. And the intake process is fine-tuned and streamlined," she said.

"Franny and I collaborate," McGee stated. "There's a lot of competition in the animal industry, but we can accomplish so much more through cooperation. Now we have no duplication of services like veterinarian services, spay/neuter programs, medical equipment, and we share space and utilize both staffs. Since joining together, we have had a dramatic drop in euthanasia. When I started my job in 2012, we had a euthanasia rate of 90 percent, now it's 13 percent. I always ask, 'What is the best avenue for our taxpayers?' It's our relationship and collaboration. Instead of competition we bring unity within the community."



Gerthoffer explained that both organizations are separate entities under a contractual relationship, each working under its own mission, but together. Hilton Head Humane Association handles the spay/neuter clinic, the free feral cat program, the medical clinic and the adoption program. Beaufort County Animal Services, as a law enforcement entity, can seize animals, issue fines and tickets. It also can deal with other animals like pigs, goats or horses because Hilton Head Humane only works with dogs and cats.

"Public safety is first and foremost," McGee said. "Our job is to be proactive. Animal owners can fix it, or we ticket. Most times people might need a little help. They may not realize they can get help with spaying or neutering. People are our eyes and ears. And if animals are neglected or if there is true cruelty and abuse, we can seize the animal. But 98 percent of what we see are fixable offenses, so our job is to educate."

"It's a no-brainer to partner with Hilton Head Humane," McGee said. "In the animal industry there is competition for donors, events and funding. We basically married each other, and I tell her, 'never divorce me!' We have the same goals, we make things happen and want to make this marriage last forever. It's the best thing for the county. We each have strengths and weaknesses to balance needs. And it takes two to tango." *LL*





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Palmetto Animal League

HISTORY: PAL is a private, nonprofit, no-kill animal rescue organization in Jasper County. PAL first opened its adoption center in 2010 after eight years of working in the animal foster system pairing abandoned and homeless animals with families.

WHAT MAKES IT UNIQUE: Comfort is key at PAL. Its mission is to build a community where animals get a second chance at life through a compassionate approach. It does an excellent job at providing a comfortable and stress-free environment for the animals to stay while awaiting adoption. It also provides events for the community to meet the various animals available for adoption.

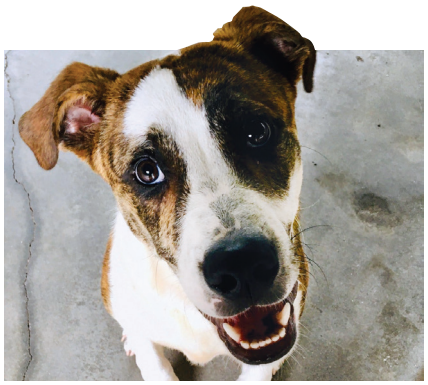
HOW YOU CAN HELP: There are many ways to help PAL continue to help our furry friends, either by volunteering at events and at the shelter, or by making a donation. There is wish list available on the website that highlights animal needs such as food, toys, towels, etc. available at palmettoanimalleague.org.

Beaufort County Animal Campus

HISTORY: This new campus opened in March 2019 and is located in Okatie in a 20,000-square-foot space. The facility includes a spay/neuter clinic as well as an adoption center.

WHAT MAKES IT UNIQUE: The organization includes multiple services under one roof normally offered separately by Animal Services and the Humane Association. The public-private partnership with Beaufort County Animal Services has significantly reduced the overpopulation and euthanasia of homeless animals in the area, according to Chuck Laine, chairman of the Humane Association Board of Directors.

HOW YOU CAN HELP: The animal campus is always looking for volunteers, as they are a very important part of the organization. Cleaning tasks include feeding the animals, cleaning their pens and cages, and laundry from 8 a.m. to noon. Socializing includes walking dogs, training and playtime from 1-4 p.m.



Meet **CHASE**, a 6 1/2-month-old terrier mix who is going to be a big boy when fully grown. Chase is full of puppy energy and fun and would make a great dog for an active family. Call the Hilton Head Humane Association (843-681-8686) to schedule a time to meet him.

Hilton Head Humane Association

HISTORY: When the HHHA began in 1976, it only had space to shelter 29 dogs and 15 cats. In 1994 the free feral cat program began, including the trapping, inoculating, neutering and releasing feral cats for no cost. The HHHA incorporated a free spay/neuter program to help avoid low-income residents relinquishing their animals. Today that number has expanded to more than 2,500 animals being provided shelter and medical help each year.

WHAT MAKES IT UNIQUE: The HHHA is committed to eliminating euthanasia of all healthy and treatable animals, providing them the title of a no-kill shelter. The shelter will go as far as taking animals from overcrowded shelters to save them from euthanasia. To help decrease the number of animals relinquished by their owners, the HHHA provides counseling.

HOW YOU CAN HELP: If you are looking to help the HHHA, the shelter is in need of dog food, treats, leashes, dog carriers, cat food, cat beds, cleaning equipment and office supplies. Visit its website for a full list of needs if you are considering making a donation, or if you are able adopt a furry friend and change the life of a pet.

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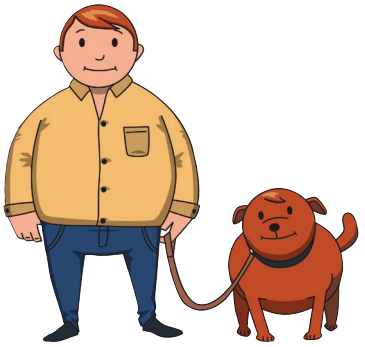
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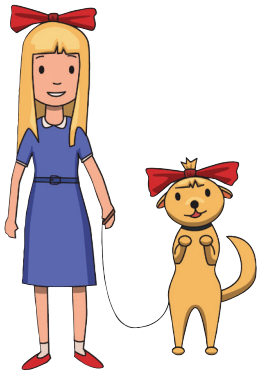
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Finding your (canine) soulmate





STORY BY EDDY HOYLE

SECRETS TO PICKING THE RIGHT DOG BREED BASED ON YOUR PERSONALITY, HEALTH AND LIVING SITUATION.

Dogs and their owners are family members. It's like a marriage — hopefully it's a match made in heaven – but sometimes it's not. How do the human partners in this relationship choose their canine partners? What's the best way to guarantee success? It should be a mutually beneficial relationship that is long, safe and enjoyable for both parties.

Abby Bird owns Alphadog Training Academy and has been a professional dog trainer for over 20 years, and just like a marriage counselor, she's seen it all. She said, "Steer away from 'isn't that dog cute' when selecting a dog. The temperament of the animal is what's important, not how cute it is." She also believes that it's not always about the breed, it's about the work that the family must do with the dog to train it properly. Be prepared to put in the work.

She recommends that you do due diligence and ask questions to ensure a good match. What's your lifestyle? Have you considered your age and physical condition? What is your plan for the dog if you need to move to an assisted living facility? Are there children in the household? Do small grandchildren visit? Do you work at home? If you work outside the home, how long are you gone during the day? Do you rent your home? Do you live in an apartment or condo? If so, have you considered barking issues? Is there a yard? Will you need a fence? Do you need a hypo-allergenic pet? Can you afford good quality food and heartworm, flea and tick meds? Do you have a budget for



grooming or do you need a 'wash and wear' dog? Can you afford pet insurance or face the possibility of hefty medical bills? Who will be responsible for training and walking?

Obviously, there's a lot to consider when deciding what breed is best based on the family's situation. For example, a Weimaraner, Vizsla or Lab may be a good match for a jogger but may not be appropriate for an older person.

A small, older lap dog would be a better fit for seniors. If you love large, furry dogs like a Newfoundland or St. Bernard, don't be surprised that they are couch potatoes and eat a tremendous amount of food. Drool and slobber should be a major consideration — especially if you hate cleaning. Bird said she has helped relocate hundreds of dogs to new homes after poor decisions have been made.



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-Judy, Modern Message

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-John, Modern Message

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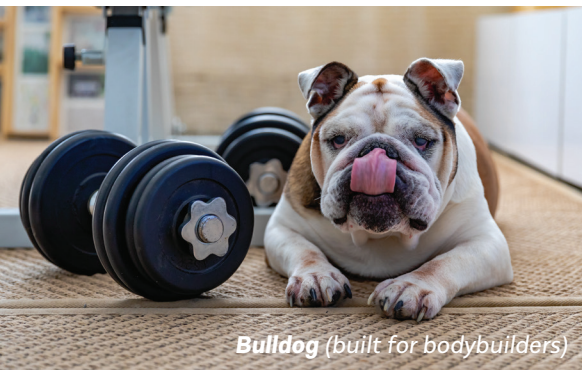
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"Steer away from 'isn't that dog cute' when selecting a dog. The temperament of the animal is what's important, not how cute it is."

Less rarely, choices may involve a little narcissism – a desire, wittingly or not, to select a dog that resembles the owner, a "mini-me," if you will. What exactly compels people to choose a dog that looks like them is hard to pinpoint, but it happens. Psychologists have studied this phenomenon. It may be a result of "mere-exposure effect," a tendency to base selections on what is familiar. Throughout our lives we see ourselves constantly: in the bathroom mirror, in storefront reflections, in photographs. So we have a tendency to prefer what is familiar. For example, a woman with long, red hair may choose an Irish setter. Bird said she met a woman who actually took a lock of hair from her dog to her hairdresser so her hair color could be exactly matched to her dog.



Irish Setter *(perfect for redheads)*



Bulldog *(built for bodybuilders)*

If you enjoy people watching, add some dogs and you have a recipe for even more fun. Go to a dog park or an outdoor dog-friendly restaurant. You might see a bald bodybuilder with a bulldog; or a steely blue-eyed man with salt and pepper hair jogging with a husky; or an older woman with fluffy white hair walking a Bichon.

Japanese psychologist Sadahiko Nakajima has done considerable research on pet-person resemblance and stated that the evidence from his and other scientists' research shows that the popular belief in dog-owner physical resemblance is empirically valid. This phenomenon is interesting and may require curiosity and imagination to notice. So pay attention and start by asking, "Does your canine soul mate look like you?" *LL*

LUCK OF THE IRISH
Irish Setters get along well with children and other dogs and will greet visitors enthusiastically. Small animals may pose a problem for this breed, as they are a hunting breed.





Newfoundland *(couch potato companion)*

WHICH DOG BREED BEST SUITS YOUR PERSONALITY?

The Myers–Briggs Type Indicator is an introspective self-report questionnaire indicating differing psychological preferences in how people perceive the world and make decisions. Take the free personality test online at ***16personalities.com*** to determine your four categories: introversion or extroversion, sensing or intuition, thinking or feeling, judging or perceiving. One letter from each category is taken to produce a four-letter test result, such as "INFJ" or "ENFP." Here are 16 dog breeds suited for each Myers-Briggs personality type.

ISTJ (Logistician): Pekingese
ISFJ (Defender): German Shepherd
INFJ (Advocate): Australian Shepherd
INTJ (Architect): Jack Russell Terrier
ISTP (Virtuoso): Rhodesian Ridgeback
ISFP (Adventurer): Shiba Inu
INFP (Mediator): Tibetan Terrier
INTP (Logician): Chow Chow
ESTP (Entrepreneur): Beagle
ESFP (Entertainer): Corgi
ENFP (Campaigner): Labrador Retriever
ENTP (Debater): French Bulldog
ESTJ (Executive): Siberian Husky
ESFJ (Caretaker): Bichon Frise
ENFJ (Protagonist): Golden Retriever
ENTJ (Commander): Poodle





5-MINUTE HISTORY

Hilton Head's English Sea Dogs

STORY BY RICHARD THOMAS





TOP DOGS The Sea Dogs were a group of sea raiders and privateers who were authorized by Elizabeth I of England and active from 1560-1605. They carried "Letters of Marque," which made their plundering of Spanish ships legal under English law. Notable Sea Dogs included Sir Francis Drake (1540–1596), Sir John Hawkins (1532–1595) and Sir Walter Raleigh (1552–1618).



Sir John Hawkins

Hilton Head's earliest history was dominated by visits of English, French and Spanish rovers of many kinds. Some searched for fresh water and game to reprovision their ships; others looked for safe havens where they could rest and repair or clean their ships. Spots on Hilton Head and nearby islands were known among pilots of ships of many nations as prime careening points; steeper beaches where ships could be rested on their sides at low tide and have their hulls scraped free of algae and barnacles.

Many creeks and inlets were known as hiding places for the scores of pirates who frequented the Southeast coast, preying on trading fleets from European countries and early Colonial merchants who shipped their goods from ports in the province of Carolina. Some of the most notorious Bretheren of the Sea, as the pirates liked to call themselves, roamed our waters and visited our shores from 1680-1730, commonly referred to as the Golden Age of Piracy. Blackbeard, Stede Bonnet, Captain Kidd, Calico Jack Rackham, Edward Low, Charles Vane, Black Sam Bellamy, Anne Bonny and Mary Read were regular denizens of the lawless ports of Beaufort and Charlestown in those years.

But even fiercer sea rovers had plagued early settlement attempts before any Europeans inhabited Hilton Head's shores. Jean Ango and Jacques Sores were French privateers known for their ruthlessness against Spanish fleets and early outposts. Spaniard Pedro Menendez, the founder of Santa Elena, was seen (by the French) as a vicious pirate who destroyed all early French settlement attempts in Florida. However, none were as devastating or had such an impact as the English Sea Dogs, who dominated the Southeast coast from 1580-1620 and enabled England to establish control over the Atlantic coast of North America.

The Sea Dogs were originally commissioned by Queen Elizabeth I as a way of bridging the gap between the might of the Spanish Navy and that of England, operating under letters of marque from the throne of England. As freelancers they were authorized to plunder the ships and settlements of enemy countries, or countries with which England was not technically at war but at odds. Sir John Hawkins was initially a scourge for the Spanish settlements of the Caribbean but was known as a savior for struggling French outposts in the New World. He then became England's first slave trader by taking a cargo of Africans to Cuba in 1562.



Sir Francis Drake

PIRATE OR HERO? Sir Francis Drake's exploits made him a hero to the English, but his privateering led the Spanish to brand him a pirate, known to them as El Draque. Elizabeth I awarded Drake a knighthood in 1581.

Sir Francis Drake, former Admiral in the British Navy, became the most feared enemy of the Spanish in the New World, destroying St. Augustine in 1586 and causing the abandonment of Santa Elena the following year. Sir Walter Raleigh, founder of the failed colony of Roanoke, raided numerous Spanish vessels and robbed early Spanish settlements, but looting a Spanish outpost in South America in violation of existing peace treaties caused the personal displeasure of King Philip. Though a favorite of the queen, Raleigh was executed by the next king after years of imprisonment in England.

Drake and Raleigh frequented the waters off Port Royal Sound and are known to have threatened Santa Elena on multiple occasions from 1567-1587. Hawkins traded with the Spanish Caribbean settlements and is believed to have been a frequent visitor to the local area on his way to and from the Bahamas Channel.

Had it not been for the Sea Dogs in Hilton Head's history, it is doubtful that William Hilton would ever have made his "discovery" in 1663. LL

Richard Thomas is an owner and guide for Hilton Head History Tours and is the author of Backwater Frontier: Beaufort Country, SC at the Forefront of American History.







***Available at** SHOP! + Knickers*

Fetchingly stylish

Forget scarves and hats — **the best accessory you can have is a dog.** In this eclectic Sea Pines home, our models were joined by furry friends that are up for adoption at Hilton Head Humane Association. LOCAL Life stylist Roxanne Gilleland shopped local stores and boutiques to find clothing that will look fabulous while sipping morning coffee in the kitchen with your pup or running out the door for an afternoon at the dog park.



Available at *John Bayley Clothier + Palmettoes*





Available at *Quiet Storm Surf Shop (left) + Spartina 449 (right)*


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MEET THE MODELS



LIZ GRIZ
Local connection: Moved to Hilton Head Island 12 years ago from Charleston, West Virginia; played tennis at Smith Stearns as a child, teaches tennis at Hilton Head Island Tennis School
Hobbies: Teaching and playing tennis, traveling (loves going to Charleston), modeling, paddleboarding, water sports, boating, shopping, foodie (favorite restaurant on the island is Ombra)



LILY PEREZ
Local connection: Born on Hilton Head Island; upcoming senior at Hilton Head Prep
Hobbies: Tennis, going to the beach, creating art (paintings and drawings)
Fun fact: Lily modeled for LOCAL Life's style shoot with the Humane Association last year. There, she met Chicken, a cat that she adopted on the spot.



JOSH GRIZ
Local connection: Born on Hilton Head Island; attended Hilton Head Prep, works at Sea Pines Country Club
Hobbies: Football, golf, water sports, playing guitar, foodie (favorite restaurant on the island is Crane's Tavern)



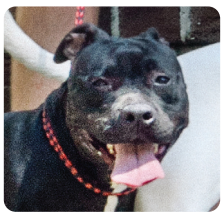
CLEMENTINE WILLOW CAY KINARD
Local connection: From Hilton Head Island and attends the Day School; great-niece to LOCAL Life publisher Lori Goodridge-Cribb
Hobbies: She loves going on trips in her camper, swinging super high, spinning in circles in pretty dresses and playing in her mud kitchen.
Fun fact: She is number 9 out of 10 grandkids, and she loves Brussels sprouts.



MARY WILLIAMS & VALOR

By a lovely coincidence, LOCAL Life's style shoot location happened to be at the home of dog groomers and dog-showers Mary (pictured) and Mark Williams. They started showing dogs over 20 years ago when they adopted a Bouvier from California that happened to be related to the most-winning Bouvier of all time. Friends suggested they look into showing dogs, and after entering that world, Mary and Mark developed interest in the giant Schnauzer breed, with which they've been very successful. In 2009, their dog GCH Skansen's Sir August Brigs, became the number one male in the United States. In 2010 he won the Giant Schnauzer National and went best of breed at the Westminster Kennel Club Dog Show. Mary explained what makes a champion. "When you show a dog for confirmation, it's a beauty contest. They need to look good, they need to be conditioned, they need to have proper movement, and most importantly, they need to be structurally correct to meet the breed standards." Four-year-old Valor (pictured) became a champion at less than a year old. Since large breeds tend not to mature until they're two or three years old, Mary and Mark gave him some time to grow up, but then COVID came around and they're waiting to jump back in. Mary got into grooming when they couldn't send their dogs away. Typically, a dog that's being shown by a professional handler will live and travel with that handler, but Mary and Mark meet their handlers at the shows because their dogs live with them.

Dogs available at the Hilton Head Humane Association



DESTINY
2 1/2 years



OLLIE
8 years



BELLA
8 years

FASHION CREDITS

PHOTOGRAPHY Lisa Staff
STYLIST Roxanne Gilleland
MAKEUP Samantha Curran, Makeup Madame
SPECIAL THANKS Hilton Head Humane Association and Mark & Mary Williams for letting us shoot in their gorgeous home!



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WHAT'S FRESH IN AUGUST?

Wonderful watermelon

SEEDS THE DAY: THESE WATERMELON ARE HERE TO COME OUT AND PLAY

BY MADDIE BANE



LOCAL LIFE TEST KITCHEN

Watermelon summer salad

INGREDIENTS

1 cup watermelon, cubed
1 cup orange slices, halved
1/3 cup radishes, thinly sliced
1/4 cup red onion
1/4 cup feta cheese
1 tablespoon olive oil vinaigrette
*Fresh **cilantro**, to garnish*

DIRECTIONS [1] Add watermelon, orange slices, radishes and red onion to a bowl. Pour in vinaigrette and toss to coat. **[2]** Add in feta cheese and garnish with cilantro leaves.



Watermelons have a very deep-rooted history in South Carolina, specifically in Sumter County. In 1840 Nathaniel Napoleon Bradford created the Bradford, a sweet variety of the popular summer fruit. In the 1920s they became commercially unavailable due to their soft skin making them difficult to transport. This heirloom variety would have disappeared forever, but luckily the Bradford family continued to grow them in their backyard for several generations. Today they are once again being grown commercially. Celebrate National Watermelon Day (Aug. 3) and the remaining hot months of the year in the Lowcountry with this refreshing fruit. If you're lucky, maybe you'll be able to track down a Bradford.



3 STEPS TO PICKING A GOOD WATERMELON

1. LOOK IT OVER. *Find a firm, symmetrical watermelon that has no bruises, cuts or dents.*

2. KNOCK IT. *Knock on your stomach, forehead and chest. A ripe melon will feel the same as your chest.*

3. FLIP IT. *You should find a yellow spot on the belly of the melon where it has been sitting on the ground.*

How to grow them

If you're growing your own watermelon, be sure to plant the seeds five to six feet apart in rows that are spaced six to eight feet apart. The seeds need a soil of 60 to 65 degrees in order to grow. Black plastic mulch comes in handy for this, warming the soil quickly. That type of mulch also will provide weed control and will reduce fruit rot. Watering is the most important (hence the name). Roots grow in the top 12 inches of soil, and that's how far down the water needs to reach. Many factors go into it, but it takes roughly 35 days for the fruit to fully ripen.

How to eat them

Your options are truly wide open. Eat them fresh, grill them, shake them up in a cocktail, make salsa with them, mix a sorbet or a smoothie, freeze icicles. There seems to be no limit when it comes to ways to enjoy this summertime favorite.

Health benefits

Watermelon is loaded with crazy cool stuff. Lycopene, an antioxidant that gives the fruit its red color, can (at least a little bit) shield your skin from those nasty sunburns, the same way it helps protect plants from the sun. It's also got beta-cryptoxanthin, a natural pigment that has been shown to prevent inflammation in your joints. Don't be afraid to smear some watermelon juice on your skin either. Mixing one tablespoon with equal parts of Greek yogurt makes for a great face mask. Vitamins A, B6, and C will help keep your skin feeling soft and smooth.

SINCE 1967

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LOCAL LIFE TEST KITCHEN

Watermelon & cheese toast

INGREDIENTS

Watermelon, sliced
1 container spreadable cheese (garlic and herb)
French bread, sliced
*Fresh **thyme**, chopped*

DIRECTIONS [1] Toast your bread slices as desired. **[2]** Spread on preferred amount of cheese and top off with watermelon slice. Garnish with thyme.





LOCAL LIFE TEST KITCHEN

Chocolate-dipped watermelon

INGREDIENTS

3 cups watermelon, cubed
1 cup melting chocolate, chopped
Sea salt, to taste
***Almond slices**, to taste*
Shredded coconut, to taste



DIRECTIONS [1] Place cubed watermelon on a lined tray and insert toothpicks into the top of each. Place in freezer for at least 30 minutes. **[2]** In a double boiler or in the microwave, melt chocolate. **[3]** Dip each watermelon cube into the chocolate. Tap off the excess and sprinkle on sea salt, coconut shreds, almond slices, or a combination of the three. If not serving immediately, be sure to place back in freezer.





Where to find them

- ***Yellow watermelon from Barefoot Farms*** (St. Helena Island), available at Lowcountry Fresh
- Bluffton Farmers Market and other markets
- Grocery stores and roadside stands

Where to order them

SALTY DOG CAFE

Lowcountry Cooler: Locally cloud-sourced Hilton Head Island vodka with watermelon puree and citrus soda.

Don't rind if I do

An unusual yet nutritious thing to do with watermelon is to eat the rinds. In China they julienne the rinds and stir-fry or stew them with ingredients like chives, honey, soy sauce, garlic or ginger. In the Middle East the seeds are dried and roasted, just like we do with pumpkin seeds. Pickling the watermelon rinds is also popular in some regions. *LL*

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Mouthwatering summer flavors

LOCAL CHEFS SHARE THEIR FAVORITE RECIPES, PERFECT FOR THE DOG DAYS OF SUMMER.



BEEF IT UP

After a long day of summer fun, enjoy the evening with a beef stroganoff dish. Slow braising the meat will create a more tender, memorable flavor and take this traditional dish to a gourmet level. **Executive chef Jared McElroy** at Hampton Hall shared this recipe that's sure to have everyone going back for seconds.

Summer is quickly coming to an end, but there's still plenty of time to enjoy the seasonal meals that come with it. LOCAL Life reached out to local chefs, communities and restaurants to get the scoop on some of their favorite summer dishes.



KEY INGREDIENT:

CREMINI MUSHROOMS

The difference in mushrooms is simply their age. The cremini variety is the middle child of the white button and portobello. Compared to white mushrooms, they have a darker color, a better flavor, and a firmer texture, which is why they're great to use in liquids such as soups and pasta.





HAMPTON HALL

Beef Short Rib Stroganoff

INGREDIENTS

2 pounds beef short rib, boneless
1 yellow onion, diced largely
1 carrot, peeled and diced largely
2 stalks celery, diced largely
2 quarts beef broth
1 tablespoon kosher salt
1 teaspoon black pepper
1/4 cup vegetable oil
1 1/2 pounds cremini mushrooms, sliced
1 quart heavy cream
1/4 cup sour cream
1 quart beef broth, reserved from short ribs
Kosher salt and black pepper, to taste
1 pound fettuccine pasta, cooked
1 tablespoon parsley, chopped

DIRECTIONS [1] Heat oven to 300 degrees and cut rib meat into 1 inch by 1 inch cubes. Season with salt and pepper. **[2]** Heat 2 tablespoons of oil in a skillet on high heat and sear the beef cubes on all sides. Once meat is cooked, remove from pan and add onions, carrot, and celery and saute for 2 to 3 minutes. Add beef broth and bring to a simmer. **[3]** Transfer the beef to an oven-safe casserole dish and pour the mirepoix and beef broth over the beef. The liquid should cover 3/4 of the meat. Cover the dish with foil and set in the oven on the center rack and allow to simmer for 2 hours or until the beef is tender. **[4]** For the stroganoff sauce, heat 2 tablespoons of oil in a skillet. Add the mushrooms and saute until tender. Remove half of the cooked mushroom and hold for plating. **[5]** Strain the liquid off of the braised short ribs and add that to the skillet with the mushrooms and bring to a boil. Allow to cook until the liquid is reduced to about 1 cup. **[6]** Add the heavy cream and again bring to a simmer and allow to reduce by half. Pour the sauce into a blender along with the sour cream and season with salt and pepper. **[7]** Add the braised beef and sauteed mushrooms to the stroganoff sauce in a pan and bring to a simmer. Add the cooked pasta and toss to coat in the sauce. **[8]** Divide the pasta, beef, and mushroom mixture and garnish with a sprinkle of chopped parsley.

SLICE & DICE

Chef Pascal Vignau at Vineyard shared this refreshing salad, which would be great to cook on the grill at your next barbecue. It pairs well as a side for a pork steak with an apple vinegar glaze.

VINEYARD

Grilled Green Tomato Salad

INGREDIENTS (Serves 4)

4 large green tomatoes
1/2 cup extra virgin olive oil
3 tablespoons sherry vinegar
1/2 bunch scallion, minced
1/2 cup smoked almonds, crushed
Sea salt, to taste

DIRECTIONS [1] Wash the tomatoes, remove the cores, and slice about 3/4 inch thick. Place on a sheet tray. Lightly sprinkle with sea salt and half of the olive oil. **[2]** In a cast iron pan at high heat or over a barbecue grill, place the tomatoes and cook for 3 minutes on each side or until brown. Remove while still slightly firm. **[3]** Place on a serving platter and add remaining olive oil. Drizzle the vinegar and add minced scallion and crushed almonds. **[4]** Serve at room temperature over your favorite lettuce.



KEY INGREDIENT:

GREEN TOMATOES

Green tomatoes are much more tart and acidic than red ones, but they're also much firmer and less juicy. This makes them perfect for frying and baking — no mushy mess at the end.



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FEELIN' CRABBY

The perfect mixture of refreshing avocado, sweet pineapple, and savory crab, this recipe from **Salty Dog Cafe** is the perfect appetizer to serve and enjoy at your next summer gathering. The recipe makes two large servings.



SALTY DOG CAFE

Crab Guacamole



INGREDIENTS

*8 ripened **avocados***
2 red onions
4 fresh jalapeno peppers
2 medium red tomatoes
2 bunches cilantro
2 limes
1 pinch salt
1 fresh pineapple
1 bag tortilla chips
8 ounces lump crab meat



DIRECTIONS

[1] To prepare the guacamole, cut avocados in half around the center core. Remove the seed from the avocado and scoop the meat into a mixing bowl using a spoon. **[2]** Finely dice one red onion, one tomato, and two jalapenos. De-stem one bunch of cilantro leaves and finely chop. **[3]** Add the chopped ingredients to the avocado meat and mix thoroughly using your hands. **[4]** Add juice from one lime and salt to taste. **[5]** To prepare the pineapple salsa, remove skin from pineapple and cut around the center core. Dice into 1/2 inch squares. **[6]** Dice one red onion, one tomato, and two jalapenos. De-stem one bunch of cilantro leaves and finely chop. **[7]** Combine all ingredients and mix thoroughly. **[8]** To assemble, add guacamole to a serving dish. Top with crab meat and pineapple salsa. Squeeze juice from 1/2 lime over the top. Cut remaining 1/2 lime into sections to be used as a garnish. **[9]** Place serving dishes on a large plate and surround with tortilla chips.

KEY INGREDIENT:

CILANTRO

Essential in Mexican and Middle Eastern dishes, cilantro comes from the coriander plant, and is described to have a fresh lemony and peppery taste. Although to some, it has a soapy taste. This is due to a natural chemical, which not everyone can detect.





FARM TO TABLE

Using ingredients from its Waterfall Farm community garden, this recipe from **Spring Island** is truly homegrown. Nothing like a plate full of veggies to keep your meals fresh and fulfilling.

KEY INGREDIENT:

WHITE TRUFFLE OIL

Although it's not made with actual truffles, white truffle oil still brings that potent flavor. It's made with a flavor compound found in white truffles, which can have a mushroomy or earthy aroma. A drop should do ya!



SPRING ISLAND

Caramelized Turnips with Napa Cabbage, Miso Truffle Butter and Cilantro



INGREDIENTS

1 baby turnip, cleaned and sliced
*1 cup **Napa cabbage**, chopped*
1 teaspoon white miso paste
1 teaspoon rice wine vinegar
1 tablespoon fresh cilantro, chopped
1 tablespoon extra virgin olive oil
1 tablespoon cold whole butter, diced
1 teaspoon white truffle oil
Salt and pepper, to taste

DIRECTIONS [1] Start by heating a nonstick saute pan over medium high heat. Add extra virgin olive oil and turnips, cooking for approximately 2-3 minutes until they become caramelized on both sides. **[2]** Add Napa cabbage, rice wine vinegar, and miso paste and stir until evenly coated. Continue cooking for an additional 2 minutes until cabbage becomes tender. **[3]** Remove from heat and add whole butter cubes, truffle oil and cilantro. Stir until evenly coated and season with salt and pepper to taste. Enjoy!





Let's be frank

LEARN WHAT MAKES THESE REGIONAL HOT DOG SPECIALTIES SO DOGGONE DELICIOUS

BY MADDIE BANE

In the words of Mickey Mouse and his friends, "Hot dog, hot dog, hot diggity dog!" Originating in Germany in the late 1600s, the hot dog was first brought to the U.S. by a German who immigrated to New York. The links were primarily known as "dachshund sausages," hence the name we all know and love today. Over several decades, hot dogs evolved in different regions, creating specialties and proving that there are endless amounts of topping combinations.









A CHILI CONEY

This popular style of hot dog traces its roots to Greek and Macedonian immigrants in the early 1900s, many fleeing the Balkan Wars, who entered the U.S .through Ellis Island in New York City. Coney Island hot dogs are also very popular in Detroit, and are sometimes known as Detroit-style hot dogs.

LOCAL LIFE TEST KITCHEN

Coney Island hot dogs

INGREDIENTS

3 plain hot dog buns
3 hot dog links
Beanless meat chili
White onions, diced
Yellow mustard

DIRECTIONS [1] Steam hot dog buns. **[2]** Place hot dog links onto buns, add chili and onions and top with mustard.

NEW YORK STATE OF MIND

In the Big Apple, hot dogs made their debut in the 1860s, thanks to a German immigrant who would sell them topped with sauerkraut. Walking the streets of New York City today, though, you'll be able to grab a hot dog of your choice on virtually any corner.

LOCAL LIFE TEST KITCHEN

New York-style hot dog

INGREDIENTS

1 sesame seed hot dog bun
1 jumbo all-beef frankfurter, natural casing
Spicy brown mustard
Sauerkraut

DIRECTIONS [1] Steam hot dog bun. **[2]** Place hot dog link onto bun, add sauerkraut and top with brown mustard.

A WINDY CITY CLASSIC

The Chicago-style hot dog can be traced back to the 1930s during the Great Depression. Just one nickel could buy you this loaded hot dog, making it a cheap and filling meal. At one point, it was known as a "Depression Sandwich."

LOCAL LIFE TEST KITCHEN

Chicago-style hot dog

INGREDIENTS

1 poppy seed bun
1 jumbo all-beef frankfurter, natural casing
Yellow mustard
Pickle relish
Onions, diced
1 dill pickle spear
2 sport peppers
2 tomato slices

DIRECTIONS [1] Steam hot dog bun. **[2]** Place hot dog link onto bun and add desired amount of mustard. **[3]** Top with dill spear, sport peppers, relish and onions.



SERG
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2021

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of the Lowcountry!

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Please call for reservations.



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SWEET DREAMS ARE MADE OF CHEESE

It's believed that the Seattle-style hot dog originated in the neighborhood of Pioneer Square by a man who operated a bagel cart – hence the cream cheese.



LOCAL LIFE TEST KITCHEN

Seattle-style hot dogs

INGREDIENTS

2 hoagie rolls
2 jumbo all-beef frankfurters, natural casing
Caramelized onions
Smokey cream cheese
Jalapeños, sliced
Ketchup



DIRECTIONS [1] Lightly toast hoagie rolls. **[2]** Spread cream cheese on bun. **[3]** Place hot dogs on rolls and add onions and jalapeños. Top with ketchup.

SONORAN TO NEW HEIGHTS

Popular in Tucson and Phoenix, the Sonoran hot dog originated in the capital of the Mexican state Sonora in the 1980s. Inventor Benjamin Galaz and his wife would sell them from their cart in southern Tucson. What sets these hot dogs apart is the Bolillo-style bun, a type of Mexican baguette.

LOCAL LIFE TEST KITCHEN

Sonoran hot dogs

INGREDIENTS

2 Bolillo-style buns
2 jumbo all-beef frankfurters, natural casing
Pinto beans
Onions
Tomato, diced
Avocado, diced
Mayonnaise
Mustard
Pico de gallo

DIRECTIONS [1] Split the bolillo-style buns down the middle, creating an opening. **[2]** Place hot dog link into bun and add desired amount of remaining ingredients on top. **[3]** Drizzle with mayonnaise.





LETTUCE EAT

Watching your carbs or no luck finding a gluten-free hot dog bun? Try a lettuce wrap. With a similar structure of a traditional hot dog bun, it'll easily hold in all of your toppings.

LOCAL LIFE TEST KITCHEN

Lettuce dogs

INGREDIENTS

3 Romaine lettuce leaves
3 jumbo all-beef frankfurters, natural casing
Desired toppings

DIRECTIONS [1] After separating lettuce leaf from the head, be sure to pat dry. **[2]** Place hot dog links onto lettuce and add desired ingredients on top.



BOTTOMS UP

Looking to add more flavor to your frankfurters? Try simmering them in 3-4 cans of beer. Simmer chilled dogs for 5-8 minutes and frozen dogs for 12-13 minutes. While any style of beer will work, the overall flavor of lager/pilsner styles work best with meat.



EVERYTHING IS BETTER ON A STICK

It's said that the corn dog was first introduced to the world sometime between the late 1930s and early 1940s in Dallas at the Texas State Fair. Nothing like a deep-fried stick of meat to get your day going! Enjoy it bare or with your choice of condiments.

LOCAL LIFE TEST KITCHEN



Corn dogs

INGREDIENTS

6 hot dog links
6 wooden skewers
Vegetable oil, for frying
1/2 cup buttermilk
1/2 cup flour
1/2 cup cornmeal
1 1/2 tablespoons granulated sugar
1/2 teaspoon baking powder
1/2 teaspoon salt
1/8 teaspoon black pepper
1 egg

DIRECTIONS [1] After patting hot dogs dry, place onto wooden skewers. **[2]** In a large bowl, combine all dry ingredients. In a smaller bowl, combine buttermilk and eggs and combine into dry ingredients. **[3]** Over medium heat, add oil into large pot, enough to fill halfway. Heat until it reaches 375 degrees. **[4]** Pour batter into a tall glass and dip hot dogs in to coat evenly. Fry for five minutes or until golden. Rotate as needed. **[5]** Remove corn dogs with tongs and place onto paper towel. Serve with desired condiments.

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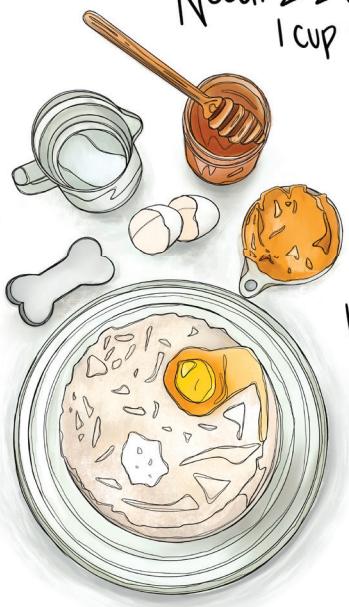
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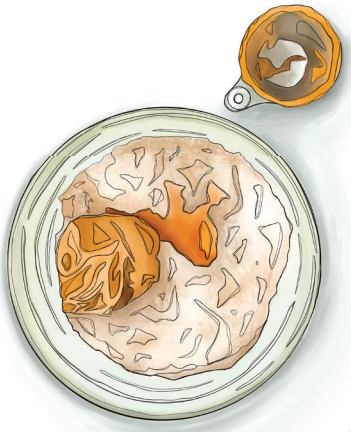
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Peanut Butter Treats

Need: 2½ cups whole wheat flour • ½ teaspoon baking powder • 1 egg
1 cup water • 1 cup natural peanut butter • 2 tablespoons honey



1 Preheat oven to 350°F and combine flour, baking powder and an egg in a large bowl.



2 Add peanut butter, water and honey. You may substitute peanut butter with other pet-friendly flavors such as pumpkin or sweet potato.

3 Stir all ingredients until you have reached a thick and sticky consistency.



4 On a floured surface, roll out the dough. Keep it around ½ inch thick.





5 Use a cookie cutter to shape your dog treats. Bake for 20 minutes.



LOCAL Life's Dolly approves!

6 Reward your pup with the new treats. They do so much for us, so they deserve it!

©MEGAN GOHEEN





Bon appe-treat

MAKE GOODIES FOR YOUR PUP RIGHT AT HOME

You know that feeling you get when you take fresh-baked cookies out of the oven? The smell is overwhelmingly sweet, and you know the taste and texture will top any store-bought cookie. Why not give your pup the same feeling?

Sure, there's nothing wrong with the average Milk-Bone, same as there's nothing wrong with Chips Ahoy. Homemade just always tastes better. With this peanut butter treat recipe from LOCAL Life illustrator ***Megan Goheen***, your dog will most likely be begging you for batches and batches of it, and you'll be more than happy to bring them the joy of baking goodies for them.

Don't hesitate to get creative with the shape. You can't go wrong with a traditional bone, but there are an infinite number of cookie cutter shapes these days. And sharing is caring! Once these treats are approved by your four-legged friend, pack up a few to send to your neighbors.



ARLENE WILLIAMS

KITCHEN DESIGN

843.308.1282 | arlenewilliamskitchendesign.com

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Biscuits by The Barefoot Contessa



Cassandra Schultz, owner of Cassandra's Kitchen, shared this whole wheat & peanut butter dog biscuit recipe from Ina Garten (aka The Barefoot Contessa). Cassandra's Kitchen is an upscale kitchenware shop in Bluffton that specializes in cookbooks and items that are used and endorsed by the celebrity chef and cookbook author. Schultz shares a family connection as her mother was Ina Garten's assistant for many years.



INA GARTEN

Whole wheat & peanut butter dog biscuits

INGREDIENTS

1 1/2 cups stone-ground whole wheat flour
1 cup all-purpose flour
1/2 cup powdered or dry milk
1/2 cup quick-cooking oatmeal (not instant), plus extra for sprinkling
1/2 cup smooth peanut butter
2 tablespoons toasted wheat germ
1 extra large egg, lightly beaten
1 egg beaten with 1 tablespoon water, for egg wash

DIRECTIONS [1] Heat the oven to 325 degrees. Line a sheet pan with parchment paper. **[2]** In the bowl of an electric mixer fitted with the paddle attachment, combine the two flours, the powdered milk, oatmeal, peanut butter and wheat germ. With the mixer on low speed, add the egg and 1 cup of water and mix just until it forms a slightly sticky ball. **[3]** Dump the dough out on a well-floured board (I use all-purpose flour) and knead it into a ball. Roll the dough out 1/2-inch thick. Dip a cookie cutter in flour and cut out dog-bone shapes. Collect the scraps, knead lightly, roll out again and cut more dog biscuits. **[4]** Place the biscuits on the prepared sheet pan and brush with the egg wash. Sprinkle with oatmeal and bake for 1 hour until completely hard. Cool and toss.

*Find more Ina Garten recipes online at **barefootcontessa.com** and in cookbooks available at **Cassandra's Kitchen** in Bluffton.*

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COOL COOKIE CUTTERS

Throw your dog a bone or two by using these bone-shaped cookie cutters, available at Cassandra's Kitchen in Bluffton. The new kitchen supply store, located at 258 Red Cedar St., is a one-stop shop for everything Ina Garten, The Barefoot Contessa.
cassandraskitchen.com



PEANUT-FREE PUPPY TREATS

If your dog or a dog you know has a habit of licking strangers, play it safe with these easy peanut-free recipes. A person with a peanut allergy could break out in hives if licked by a dog who ate a peanut-containing food or treat. Both of these recipes are safe and super simple, made with six ingredients or less.

LOCAL LIFE TEST KITCHEN

Pumpkin puppy treats

INGREDIENTS

4 cups flour
1 tablespoon baking powder
1 cup pumpkin puree
1/2 cup water
2 eggs

DIRECTIONS [1] After heating oven to 350 degrees, line a baking sheet. **[2]** Mix together flour and baking powder. In a separate bowl, mix together pumpkin puree, water, and egg. Combine wet and dry ingredients. **[3]** Once formed into a dough, roll onto floured surface and use desired cookie cutter. **[4]** Bake for 30 minutes, flipping over at the halfway mark. Let cool before serving.



LOCAL LIFE TEST KITCHEN

Carrot cookies for dogs

INGREDIENTS

1 cup oats
3/4 cup carrots, shredded
1/2 egg
1 tablespoon coconut oil
1/2 teaspoon cinnamon
1/8 cup plain Greek yogurt

DIRECTIONS [1] Heat oven to 350 degrees. **[2]** Place 1/2 cup of oats into a food processor and grind until it has a fine consistency. Place into a large mixing bowl along with all remaining ingredients. Stir to combine. **[3]** On a floured surface, roll out the dough and cut out using desired cookie cutter. Place onto a lined baking sheet. **[4]** After baking for 20 minutes, turn off the oven and let sit for two hours inside the oven. This will make them crunchy.



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DINING WITH DOGS
Many local restaurants are OK with dogs at their outdoor tables. Be a responsible customer by keeping your dog leashed, under control and away from others. Don't be the dog owner who ruins this cool local practice for the rest of us.



Doggone friendly restaurant patios

BRING YOUR PUP ALONG FOR LUNCH OR DINNER AT THESE TAIL-WAGGINGLY GOOD LOCAL SPOTS.

While the "dog days" of summer officially end this month, not much will change in the Lowcountry, as every day is a "dog day." In addition to all of the great dog-friendly businesses and attractions, many local restaurants allow customers to bring their four-legged friends for breakfast, lunch or dinner. **Here are a few of our favorites with specialty dog menus, dog refreshments and delightful service.** Sit, stay and play all day!



HILTON HEAD ISLAND

SKULL CREEK BOATHOUSE
The SCB crew will provide your dog with a bowl of cool water, a secluded space to go potty and lots of attention and love.

BLACK MARLIN BAYSIDE GRILL
The menu at The Black Marlin will satisfy your taste buds as much as the doggie ice cream will satisfy your pup's.

BISTRO 17
A great outdoor dining option for you and your pooch, even when the weather is less than ideal. The patio seating is heated in the winter and covered when it rains.

HUDSON'S SEAFOOD HOUSE ON THE DOCKS
Chill with your dog on the high dock-style patio and sip on a glass/bucket of cool ice water.

PALMETTO BAY SUNRISE CAFE
A perfect option if you're looking to dine with your doggie early in the day. Nothing beats a morning coffee and brunch with your good boy on the patio. Live music starts at 5 p.m.

THE G-FREE SPOT
A wonderful option for dining with your dog earlier in the day, for breakfast or for lunch. Get a King Bean coffee and a pupachino for your pup (upon request).

ROLLERS WINE & SPIRITS
Rollers has a pet-perfect patio and a delightful wait staff that might bring your pet a treat or two.

UP THE CREEK PUB & GRILL
This relaxed bar environment provides a waterfront deck and offers burgers, casual seafood dishes and live music. The staff will bring cool water for your dog.

PORTER & PIG
A fun restaurant and bar with multiple menus, indoor and outdoor seating and an environment that will welcome your dog.

THE SANDBAR
A beautiful restaurant and cocktail bar in Coligny Plaza where your pup can tag along for a night out.

COAST
This beautiful oceanfront restaurant at Sea Pines Beach Club will bring fresh water for your dog. The outside bar is a great place to watch football with your pup.

NUNZIO RESTAURANT + BAR
This high-end Italian restaurant is OK with dogs, as long as they are small or medium, well-behaved and on a leash.





BLUFFTON AREA

OLD TOWN DISPENSARY
A fun indoor or outdoor location to grab a drink, enjoy the warm weather and treat your dog with a bowl of ice water. Live music Thursday through Sunday.

THE COTTAGE
This quaint restaurant is an absolute doggie dream come true. The full dog menu, pretty outdoor seating and the perfect Old Town location make this spot tough to beat for dog owners.

CHOO CHOO BBQ XPRESS
The perfect place for some casual BBQ and outdoor seating for you and your dog.

OKATIE ALE HOUSE
Provides dog-friendly outdoor seating, a kind and animal-loving wait staff and a pretty bar with a view of the pond.

CORNER PERK
A perfect spot to grab good coffee and sit inside or outside with your pet.



BEAUFORT AREA

PANINI'S ON THE WATERFRONT
A beautiful Waterfront Park spot with a large selection via multiple menus, including a dog menu. The outdoor river deck tables overlooking the water are dog friendly.

HEMINGWAY'S BISTRO
A pet-friendly Waterfront Park spot through and through, proven by the treats that are provided for pups. Outdoor tables are Fido friendly.

LUTHER'S RARE & WELL DONE
Luther's is a fun spot to dine outdoors with your doggie, but be sure to watch out for the resident cat in the patio area.

BRICKS ON BOUNDARY
Bring your dog to chill out on the dog-friendly outdoor patio at this downtown bar and grill.

PLUMS
The outdoor seating area of this Waterfront Park restaurant welcomes dogs.

MORE ONLINE

*Find more dog-friendly local restaurants online at **LocalLifeSC.com**.*

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RESTAURANT news

FRESH FOOD + NOW OPEN + HOT PRODUCTS



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Nectar Farm Kitchen expanding to Bluffton

The SERG Restaurant Group has its sights set on Old Town Bluffton, with a new ***Nectar Farm Kitchen location opening where the previous Fat Patties once resided at 207 Bluffton Road.*** *Nectar Bluffton started renovations at the site in July and hopes to open in early September. Like its island counterpart, Nectar Farm Kitchen Bluffton will serve breakfast, lunch and supper and will continue to source a majority of its meats and produce from 28 local farms, which come together to create what Nectar calls a "twist on traditional Southern cuisine."*



Yes Bull!

Win a Bull BBQ (value $2,579).

As part of the Rock 'N' Ribs Music and BBQ Festival (Oct. 15-16), *LOCAL Life is giving away a Bull Outlaw Cart BBQ to one lucky winner.*

Scan to enter for your chance to win.



Alexander's cooking demo: Peach cobbler

Learn how to make delicious peach cobbler with Alexander's executive chef, Charles Pejeau. Demonstrations are $25 per person, which includes a glass of sparkling wine and a culinary gift to take home. All proceeds will be donated to the Deep Well Project. For tickets visit the Alexander's Restaurant Facebook page.



Fresh lobster at Nantucket's

Nantucket's Meat & Fish Market, recently opened at Tanger Outlets in Bluffton, is selling fresh lobster flown in from Maine. Customers can DIY their lobster purchases, or they can give the store a call to have a lobster bake arranged. Learn more at Nantucket's Meat & Fish Market.



Salty Dog bandanna contest

Each month **The Salty Dog Cafe is hosting its Lucky 8 Bandanna Contest**, with each winner getting eight Salty Dog Cafe bandannas. To enter your pup's pictures, visit saltydog.com/blucky8/.



New business hours at The G-Free Spot

The G-Free Spot has adjusted its hours. **It's now open from 9 a.m. to 4:30 p.m. Monday through Friday and 9 a.m. to 1:30 p.m. on Saturday.** It will be closed on Sunday. The restaurant offers gluten-free specialties and King Bean coffee. Learn more at thegfreespot.com.

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Enjoy our ***Sunday Brunch*** *10:00 - 3:00 with $5 Bellinis and Mimosas.*



Lulu's: This is by far the best dessert on the island, end of story!
— Suzanne Milbourn

Truth! My husband said it was just about the best dessert in his lifetime ... and since he's 74, that's saying a lot!
— Sherree Listwa

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843.648.5858 | LuluKitchenHHI.com

Try these

HOT PICKS FROM THE LOCAL FOOD SCENE.



READY TO ROLL

A delectable lobster roll that doesn't disappoint, this seafood sandwich from ***Nantucket's Meat & Fish Market*** in Tanger Outlet II will be your new lunchtime obsession. Served cold on a soft bun with light mayo, celery and lettuce.



IT'S A NO-GRAINER

On a keto diet and miss those delicious breads? Need keto flour to thicken sauces or make pasta? ***Bad Biscuit*** on Hilton Head is now a WiO SmartFoods distributor.



I'M JUST A PO'BOY

This shrimp po'boy at ***Sprout Momma Breads*** comes loaded with veggies on its freshly baked bread.



HAPPY AS A MUSSEL

At ***Frankie Bones***, these Prince Edward Island mussels are sautéed with vine-ripened tomatoes, garlic, sweet cream butter, white wine and fresh basil.



YOU'RE MACIN' ME HUNGRY

Sink your teeth into these crispy and gooey fried mac bites with Texas beef brisket, queso, creamy coleslaw and Perfect 10 BBQ Sauce at ***One Hot Mama's***.



CHOP CHOP

The 14-ounce grilled veal chop at ***Michael Anthony's*** is topped with a green peppercorn and brandy sauce and served with roasted fingerling potatoes.



IN A HOLLANDAISE

Two poached eggs on top of a toasted English muffin with homemade hollandaise and served with a side of hash browns or grits; say no more! Try the Eggs Benedict at ***Palmetto Bay Sunrise Cafe***.



Culinary apprenticeship at Palmetto Dunes

Palmetto Dunes Oceanfront Resort has implemented a youth culinary apprenticeship program. *In partnership with Beaufort County School District, the program will provide youth apprentices a paid on-the-job training opportunity. A signing ceremony took place at the Palmetto Dunes Centre Court Pavilion with rising Hilton Head High School junior/senior Edward "Eddy" Thompson as the first youth apprentice.*

AUGUST FOOD HOLIDAYS











August 1: Raspberry Cream Pie Day
August 2: **Ice Cream Sandwich Day**
August 3: Watermelon Day
August 4: **Chocolate Chip Cookie Day**
August 5: Oyster Day
August 6: **Root Beer Float Day**
August 7: Raspberries and Cream Day
August 8: Zucchini Day
August 9: Rice Pudding Day
August 10: **S'mores Day**
August 11: Panini Day
August 12: Julienne Fries Day
August 13: **Filet Mignon Day**
August 14: Creamsicle Day
August 15: **Lemon Meringue Pie Day**
August 16: Rum Day
August 17: Vanilla Custard Day
August 18: Ice Cream Pie Day
August 19: Soft-Serve Ice Cream Day
August 20: Chocolate Pecan Pie Day
August 21: **Sweet Tea Day**
August 22: Pecan Torte Day
August 23: **Cuban Sandwich Day**
August 24: Peach Pie Day
August 25: **Whiskey Sour Day**
August 26: Cherry Popsicle Day
August 27: **Burger Day**
August 28: Cherry Turnovers Day
August 29: Chop Suey Day
August 30: Toasted Marshmallow Day
August 31: Trail Mix Day

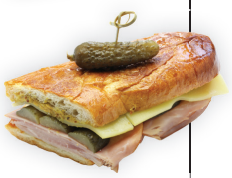














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WWMD
What would Margaret drink?

Margaret Pearman is a certified sommelier under the Court of Master Sommeliers and is responsible for curating the award-winning wine list at Charlie's L'Etoile Verte. ***Here is her sipping suggestion for August:***

Cucumber Lemon Fizz

Up until a few months ago, I totally misunderstood "dog people." Dogs had always been in my life, but they had never really been mine. I gave in to my 6-year old's begging and pleading, and by the end of February, a black and white 10-week-old cockapoo was delivered at our doorstep. We named him Oliver. He quickly imprinted on me as I was the one waking in the middle of the night, feeding and cleaning up messes. Oliver immediately stole my heart. As the temperatures have dialed up, Oliver has struggled to keep cool. As soon as we return home in the evening, he sprawls his body out with his legs flat on the floor. What do I do to find some cool? I suggest mixing up a Cucumber Lemon Fizz. Fresh, bubbly and finishes with the cooling mint make it the perfect cocktail for the dog days of summer.



NEW HIRE Charlie's L'Etoile Verte recently welcomed a new four-legged team member, Oliver. He is learning the ropes of the restaurant, all while becoming a good little boy.



Cucumber Lemon Fizz

INGREDIENTS

2 ounces Crop Cucumber Vodka or Hendrick's Gin
Dash mint simple syrup
Soda water
Wedge of lemon
Sprig of mint



DIRECTIONS To make the mint simple syrup, combine 1 cup water, 1 cup sugar and 10-12 mint leaves in a small pot. Bring to a boil over medium heat. Allow to cool, then strain. Mix with remaining ingredients.

Hair of the dog

TITO'S COCKTAILS TO GET YOU BACK ON YOUR FEET

We've all been there. You have a little too much to drink on Saturday night and count on that Sunday morning brunch cocktail to work its magic. Next time, try making one of these dog-inspired cocktails from ***Tito's Handmade Vodka*** *at home — either one is packed with citrus flavor to put a little pep in your step or a salty delight to remind you of how much you love your pup. No matter which one you try, it'll be doggone good!*



Tito's Salty Dog

INGREDIENTS

1 1/2 ounces Tito's Handmade Vodka
2 ounces ginger beer
1 ounce grapefruit juice
1/2 ounce lime juice

DIRECTIONS [1] Add all ingredients to a salted-rim Tito's Copper Mug with ice. **[2]** Stir and garnish with a lime slice.

Tito's Greyhound



INGREDIENTS

1 1/2 ounces Tito's Handmade Vodka
4 ounces grapefruit juice
rosemary sprig

DIRECTIONS [1] Add Tito's Handmade Vodka and fresh grapefruit juice to a rocks glass with ice. **[2]** Stir and garnish with a rosemary sprig.





VODKA FOR DOG PEOPLE

At Tito's Handmade Vodka, dogs are part of its story. Since the company started, strays have found their way to Mockingbird Distillery, inspiring the team at Tito's to help them in every way they can. Those early days set the tone and led Tito's to become Vodka for Dog People. The program is built on thousands of animal-related nonprofit sponsorships, events and campaigns Tito's supports annually. Each one has a goal to better the lives of pets and their families near and far. ***Learn more at titosvodka.com***

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*Net proceeds constitute an average margin of at least 25% of the retail price of products, excluding the cost of shipping and tax on the purchase.

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LOCAL FLIGHT

St. Louis

THE GATEWAY TO THE WEST IS NOW AN EASY FLIGHT FROM SAV.

BY SOPHIE POWELL

From the newly rejuvenated downtown to the ever-expanding list of restaurants, offbeat attractions and sporting events, **St. Louis** is a city worth discovering (or rediscovering). Thanks to direct and connecting flights out of Savannah/Hilton Head International Airport, the Gateway to the West is more accessible than ever for Lowcountry residents. Whether you want to relax in a luxurious hotel or sight see for days, you'll be sure to find something that interests you. Here are some of the best spots in the city.

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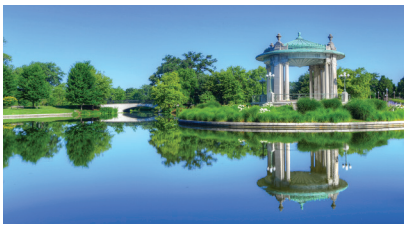
WHAT TO DO



THE GATEWAY ARCH

Being the tallest national monument in the United States, the Gateway Arch is definitely worth the visit. The arch is 630 feet tall and 630 feet wide, so you can't miss it. You can explore the top of the arch in the tram car ride to the top for an incredible view of the city, or stay at the bottom and delve into the history of the westward expansion at the Museum at the Gateway Arch. Riverboats that offer tours on 19th Century replica paddle-wheel riverboats are also a fun and relaxing way to experience the Gateway Arch and downtown St. Louis.

FOREST PARK



This is one of the largest urban parks in the United States. With a 7 1/2-mile path, it's a great spot for jogging, biking or walking and exploring the surrounding attractions. Throughout the path you'll find five major cultural institutions in St Louis; the Saint Louis Art museum, the Saint Louis Science Center, the Missouri History Museum, The Munny and the Saint Louis Zoo. Whether you're walking around or exploring the local attractions, Forest Park has a lot to offer.



MISSOURI BOTANICAL GARDENS

Get ready to explore 79 acres of beautiful horticultural displays. It is the nation's oldest botanical garden in continuous operation. You can enjoy brunch with a view at Cafe Flora or do some shopping at the Garden Gate Shop and the Little Shop Around the Corner for souvenirs and antique jewelry, furniture, artwork and more. The gardens are constantly hosting events like the Whitaker Music Festival, Chinese culture days, Fest-of-Ale and more.

WHERE TO STAY







HYATT REGENCY

If you're looking for an upscale modern place to enjoy your stay, look no further than the Hyatt Regency St. Louis at the Arch. Experience a stunning view of the Gateway Arch and Mississippi River or downtown St. Louis right from your room. The hotel is in a prime location and within walking distance from several major attractions.

THE RITZ-CARLTON

If you're looking for complete relaxation, then this is the place for you. This hotel has a full luxury spa that includes treatments such as a Missouri red rock message, Missouri black walnut message and a nourished glow body exfoliation. You also can take a break from your busy day and enjoy the cigar club with a nice glass of scotch or whiskey.

HOTEL SAINT LOUIS

Nestled in the city center, this 4-star hotel is perfect for sightseeing. Walking distance from the City Museum, the World Aquarium and the Science Center, you can always find something to do. It also features dining options such as Union30 and Form Skybar and is walking distance to many restaurants throughout the city.

WHERE TO EAT



BRASSERIE BY NICHE

Located in the Central West End neighborhood is this French bistro that offers authentic French dishes and an inviting atmosphere. The Brasserie resembles the streets of Paris with an entire wall of French doors that look out onto the patio and street. The decor also resembles that of a true French bistro with checkered tablecloths and fresh flowers. With a menu that features a variety of classic French dishes such as French onion soup, braised beef and duck confit, you'll feel like you're in Paris.





BALKAN TREAT BOX

Did you know that St. Louis has the largest Bosnian population apart from Europe? This eatery is located in the Webster Groves area and serves Bosnian- and Balkan-inspired food. With classic dishes like cevapi and pide made with fresh bread in its wood-fired oven, you better get it while you can because it is only open from 11 a.m. until sold out.

BLUES CITY DELI

A festive hangout offering St. Louis' finest po' boys and muffulettas amid blues-themed decor. Enjoy an order of red beans and rice, try an old-fashioned soda or an ice-cold beer and listen to some of the best blues music you'll ever hear. The menu is a tip of the hat to many of the blues music cities on the "Blues Highway."



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ADVENTURE HILTON HEAD

Hank | Julie Rogers



From cars to coastal conservation: Artists Julie and Clay Rogers

BY CAROLYN MALES

I recently found myself standing in **Julie and Clay Rogers**'s Endangered Art Gallery, amid paintings of waterways, bronzes of crabs, and photographs of loggerhead turtles. But to my surprise, the conversation had veered into the technical aspects of automobile interiors. Yet, it all made sense.

Up until I met the couple, I hadn't ever thought about what went into the creation of automobile fabric, let alone its application to art. The Rogerses, who'd spent years working in the industry, had specialized in the science of creating colorants to meet car manufacturers' specifications. Clay, a chemist, would mix dye formulations to match designer specs. Developing the perfect color was a task complicated by many factors: choosing combinations of dyes that wouldn't fade or that would at least fade at the same rate, as well as figuring out the correct amount of lightfastness agents to minimize color shifts.

Meanwhile, Julie's job was to match the dye under three light sources: daylight, the fluorescent lighting of showrooms, and horizon light when the sun goes down.



Lattitude 2 | Clay Rogers

As we spoke, Clay offered a lesson in Metamerism, the problem of color shift that occurs in different lights. "Look at some dyes midday, and they're red; but if you look at the same dye in the afternoon, it's a pure green. That's just the way the light affects the dye molecules. So, you don't want a car that has a perfectly matched red interior when you buy it at noon, but when you drive it home later that day, the seats are now green with a red dashboard."

Yes, I agreed, that would not only be annoying but disorienting.

Work or whales?

Oddly enough, it was an overheard conversation in an art gallery in Oahu back in 1992 that sparked a dramatic color shift in the Rogers's lives.

There, the couple had been admiring a painting of a humpback whale, when famed oceanographic artist Wyland approached them.



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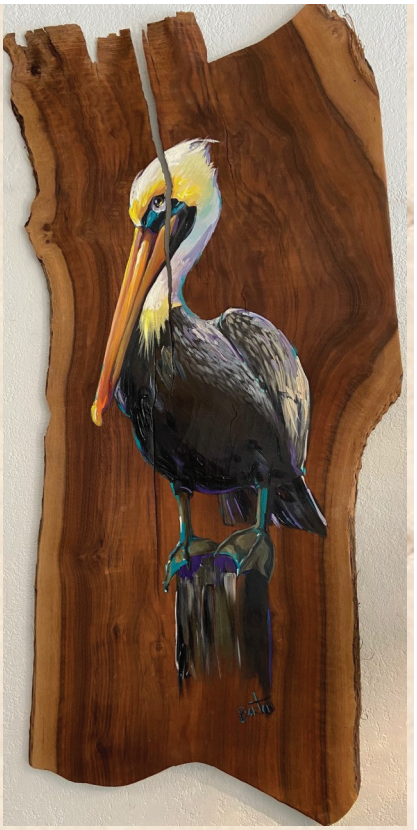
Steve Barton

located at 841 Wm. Hilton Pkwy in South Island Square

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ACRYLIC ORIGINAL ON WOOD BY STEVE BARTON



BB1 | Julie Rogers

"I'd never heard of him," Julie admits, "but he came up and said, 'where in the world are you from? I've never heard that accent before."

Julie explained that she'd grown up in the Lowcountry. That, in turn, led to a discussion about coastal beaches. Julie had always had a passion for wildlife, so when Wyland, a marine life conservationist, told her about his Whaling Walls, seventeen massive outdoor murals that he was creating along the East Coast, Julie jumped at the opportunity to volunteer for his team.

Up until then, her interest in photography had been a hobby, but when she began documenting the making of these big public art projects, Wyland loved the results. And so did she.

Meanwhile, back at the plant, the company took notice of her prolonged absences and demanded she make a choice. "Work or Whales?" they asked. "Whales," Julie declared. And with that decision, the Rogerses embarked upon a sea change, in both the figurative and literal sense.

With Julie now free to join Wyland's worldwide tours, the couple agreed that Clay would work for a year more while Julie would find a place for them to live on Hilton Head.

An audacious new venture

Now the question was: how would they support this new phase of their lives? The answer? An art gallery. The problem? Neither knew much about art. But they did know about color and knew they wanted their venture to reflect their own dedication to marine and wildlife protection. Endangered Arts, the name they chose for the gallery, said it all.

Endangered Arts opened mid-island in 1994 with a handful of artists Julie and Clay knew (Roy Tabora, James Coleman, Jim Warren, Walfrido) plus Wyland. By the following September, they would move to their current location in South Island Square. Today the gallery encompasses 3,500 square feet and displays painting and sculptures from 24 nationally known artists, as well as Clay's canvases and Julie's photography.



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Two artistic journeys

Over years Julie's wanderlust had propelled her to the Dominican Republic to swim with humpback whales, on safari in southern Africa to photograph elephants, and to the coast of Nova Scotia to observe baby harp seals.

Her infinite patience and willingness to rough it in tents, on boats, or whatever it took to get the perfect shot had paid off in striking images ranging from birds to beasts to marine life. Soon, many of the gallery's artists, enchanted by her photos, began using them as references for their own work.

In the meantime, Clay, having exchanged his automotive job for that of a gallery proprietor, began thinking. "Being around all these artists, I'd watch them paint and I'd wonder if I could do that too." However, given his eye for color accuracy, he knew his canvases would be different. Using Julie's photos as a reference, no matter what style—impressionist or realistic — he'd chosen to render the subject in, he would always strive to replicate the natural color of her images.



Dragonfly 2 | Clay Rogers

The turtles, the butterfly, the pelicans, beaches — all of his work I was now viewing are the result of a self-directed arts education. The instruction would come from the artists with who he surrounded himself. "I never took a class, but a lot of these guys helped me. They would give me feedback, and when they were here, I'd watch them paint." He also would observe them at work in their studios.

Recently the couple moved from their house near the beach in Port Royal to Indigo Run, where Clay now has a large studio, and Julie has happily taken to gardening and photographing the 22 nesting bluebirds in her yard. "If I can take a photo or pull a weed, that's a good day," she exclaims. "And if I don't pull a weed, that's a good day," Clay deadpans.

Now as I leave Endangered Arts, more customers are coming in. Many are returnees who want to check out their latest offerings and to talk art with Julie and Clay. Newcomers among them come to take in the wonder of the sea and its denizens through the eyes of the artists whose work fills the gallery.

That's my cue to say goodbye to Julie and Clay, and I leave a little smarter about marine art. And now opening my car door and sliding in, I have something new to ponder. Automobile upholstery. *LL*



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MAYBE TODAY

In this collection, Barry Dickson skewers the absurdities of the human condition using humor and satire. But just when you think that's mainly what you're getting, he sneaks one in on you that's totally serious. Come to think of it, they're all totally serious. Even the funny ones.



Barry Dickson: Poet, humorist & recovering Mad Man

BY CAROLYN MALES

If your idea of a poet is a soulful sort who gazes down at the world from on high, laboring over verse in a garret, you clearly haven't met Barry Dickson. Sure, he might get up in the middle of the night to scribble metered lines. Or you might spot him people-watching from a park bench, jotting down the images floating around his brain. But that's where the stereotype of a poet removed from everyday life ends.

Read one of Dickson's poems and you'll find the world tilting at unexpected angles. Sometimes it leaves you laughing out loud as he maneuvers you to strange juxtapositions. In comedy that's called indirection: you're going along one route when suddenly you're yanked by a wacko image into a whole new realm.

But, in more serious works, that same technique can jar you, shaking you out of complacency into thoughtful reconsideration of preconceived notions. Humor, after all, can piece those walls of complacency and self-protection we wrap ourselves in.

Over the years, I'd heard Dickson read at Island Writers' Network open mic events where, like a skilled stand-up comedian, he'd get the audience roaring at a funny line only to zing them with that unexpected twist. This talent has earned him accolades: a finalist in the North American Review and a Special Mention for the prestigious Pushcart Prize.

Recently, we met up for coffee to discuss his new book, *Maybe Today*. But first we delved into just how one goes from selling laundry detergent to crafting wry observations in verse.

[Q] So you started out in advertising?

[Barry Dickson] I was a real-life Mad Man except I caught the era at its end. (Unfortunately, I don't remember that much sex and booze). At the time I was senior at Temple University and didn't know what to do with my life. Then one day I read a *Wall Street Journal* article about what advertising copywriters do. It said they have a great time, make lots of money and they do crazy stuff like smoke grass in the stairwell. I said, 'this is it! I'm going to go into advertising and write funny commercials!'

[Q] Obviously you were wacky enough to make it on Madison Avenue.

[BD] Put that in the article! Say, this guy you're having coffee with, trust me, he's wacky enough. As an adman, I worked on products and political campaigns including a gubernatorial campaign – Eugene Nickerson's who lost to Nelson Rockefeller. Then I went on to a couple more agencies.

Message from my late mother to all governments

In Loving Memory:
Lillian Davis Dickson Siswein

Here here, no fighting. Stop it!
Be careful with that, you'll hurt someone.
All right you guys, knock it off.
Eh, eh, no hitting, no hitting...I don't care who started it, no hitting.
Don't leave this place looking like a cyclone hit it.
What in the world is going on?

Now look what you've done.

— Barry Dickson

[Q] So you agency hopped.

[BD] Everybody in the business does. You're trying to go up the ladder, and part of how you do that is you switch agencies and go on to a higher job. Sometimes you get "agency hopped." There's a lot of firing and a lot of waking up at three in the morning, wondering if your job is going to be there. If an agency loses an account, the whole team is out of work on Monday. I had a couple of those.

[Q] What was the decisive moment when you knew it was time to leave?

[BD] I did an ad for Berlitz language tapes. That was in the days when we thought you could learn things by playing a tape while you slept and you'd wake up in the morning and be speaking French. I was given the assignment to come up with the ad for the Greek one. So I did it with the headline "Absorba the Greek."

Then years later when I was a creative director, I had all these young writers and artists in a meeting where I was recommending against using puns in advertising because they make very corny ads. But once in a while, I told them, one really works. So I pulled out my old "Absorba the Greek" ad, and I waited for their smiles. But they just looked at me. I said, "What's the matter? You don't like this ad?" They said, "We don't get it." They had no idea who Zorba the Greek was. That's when I started wandering around the South looking for a place to retire to.



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[Q] What was your poetic awakening?

[BD] Somewhere around 2009 or so, I'm sitting in my office on Madison Avenue and somebody stops by and says we're going to a poetry reading at the 92nd Street Y. Do you want to come? So I went, and the place was packed. Garrison Keillor and Billy Collins, the U.S. poet laureate, were doing dueling anthologies where they read other people's poems from the anthologies they edited. "You gotta four-liner, I gotta four-liner."

Somewhere in the middle of it, I got this overwhelming feeling: I can do this! In the cab on the way back, after they finally peeled me out of my chair, I took an envelope out of my pocket and wrote a poem. I became obsessed. I'd wake up at three in the morning, and write poems. I'd be in business meetings, and people would think I'm taking notes on the meeting. I wasn't taking notes, I was writing poetry!

[Q] How did you hone your craft?

[BD] I started going to seminars. I'd go up to the Robert Frost place in New Hampshire and meet all these famous poets. And I'd sit in the chair where Robert Frost wrote poems, and I'd write a poem until someone said, "Dickson, get out of Frost's chair! You're not supposed to sit there!"

Then I did readings and sent out poems to journals and started getting letters back saying, "We're going to put it in our October issue." [He raises his hands and eyebrows in surprise.] You talking to me?

[Q] Your new book *Maybe Today* contains a lot of those offbeat, funny observations that served you well in advertising, but there's also a lot of serious stuff.

[BD] It isn't just jokes. It's using humor and satire to comment on our lives and the world around us. My title poem "Maybe Today" is one of those poems I like to hit you over the head with after you laugh a couple of times. It's a pretty damned serious. Maybe today's the day the world will change, and we will stop seeing

Silence

I am amazed at how quiet the stars are.
Not a peep.
You would think a 400-billion-ton ball of burning gas
hurtling 64 million miles a minute
would at least make a swooshing sound.
I mean, the people upstairs can't even
flush a toilet without waking me up.
I know, I know, sound does not travel through space
because it is a vacuum and therefore there is
no medium to carry it.
But don't give me that. I saw Star Wars.
You can hear a laser beam hit a space ship
across this vacuum, BOOM!
Apparently, we need sound so much
we put it where it's not.

So how come we're not better listeners?

— Barry Dickson



things like Black people being dragged behind trucks because they're Black, and gay people being kicked to death, and women and kids being trafficked. "Maybe Today" is dedicated to a Mexican-American kid in Texas who was nearly beaten to death by white teens just for talking to their sister.

[Q] Any advice on getting published?

[BD] Just keep writing, join a group like Island Writers' Network, and find other writers who will comment on your work. Go to workshops. Take a chance on reading your work. You might think 'Oh, God, I can't show this to anyone; they'll think I'm an idiot.' Well, that's what the people you're reading thought about their own work to begin with.

As for publishing, I just spent a year writing a manuscript of actual things that happened in my life, and I'm getting responses from agents and publishers who say, "I love this, but it doesn't fit in with what we're doing." Meanwhile I'm dabbling in flash fiction, short pieces of 250 words.

So my obvious advice is don't give up. Remember the percentage of writers who don't send out their work and don't get published is 100 percent. Guaranteed rejection. *LL*

The Screen Door

Summer song.
The screen door sings in Mother's voice.

SLAM!
"Slow down," she scolded from the kitchen.

SLAM!
"Dinner's ready," she shouted from the back stoop.

SLAM!
"Run home when the porch light comes on," she called after me.

SLAM!
A cracked whip at day's end.
Percussion to the crickets' strings
  and the frogs' brass.
The orchestra of summer.
Childhood freedom, giggles, safety —
  all in one sound ... slam...
I miss it so.

— Denise K. Spencer

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Vinny by Bill Winn (La Petite Gallerie)

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Doggone creative

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Maddie and The Moon by Mike Smith (Smith Galleries)



Ivy by Marge Agin (margeagin.com)



Boy With Dog Portrait by Glenn Harrington (Red Piano Gallery)



Dog Study by Louanne LaRoche (Camellia Art)



Pure Joy by Murray Sease (La Petite Gallerie)



Susan Male, RN
HCL Nurse

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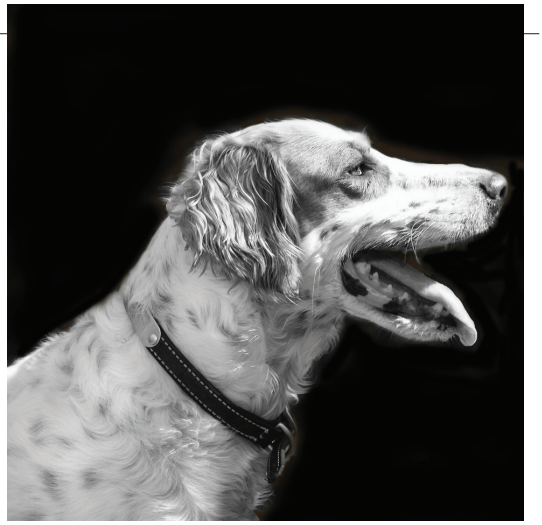


In Full Cry by Carylon Killebrew (Camellia Art)



Bubba Duey by Mira Scott (MiraMira Studio)

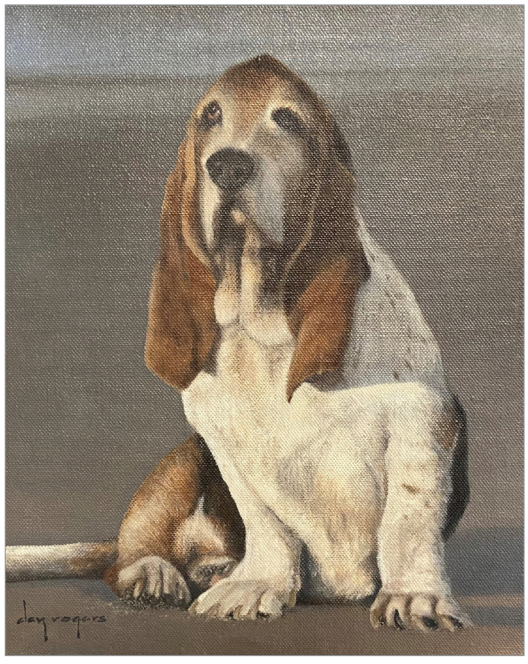




One Happy Dog by Marge Agin (margeagin.com)



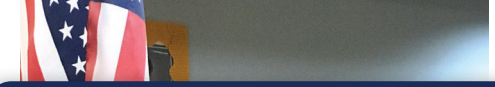
Maggie by Mike Smith (Smith Galleries)



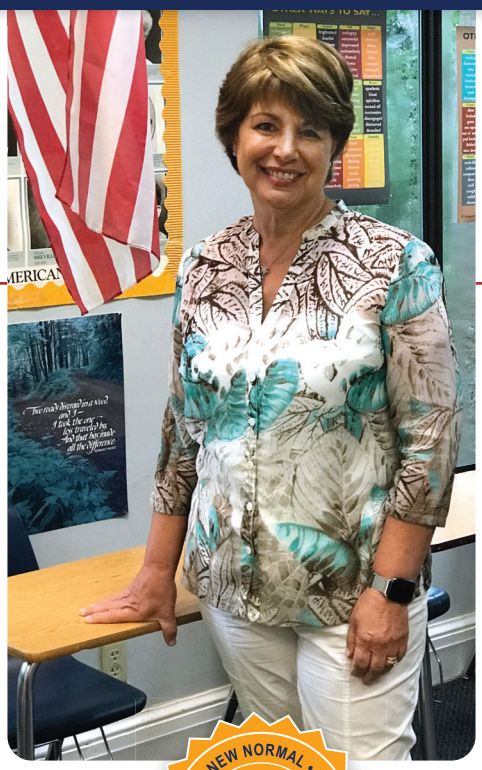
Columbo by Clay Rogers (Endangered Arts)







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Let's fly away

Colleton River's July 4th event included more than 600 people. Members participated in a golf cart parade, carnival games and helicopter rides. The evening concluded with a massive fireworks display over the peninsula and the **Chechessee River**.









©MELISSA GRIFFIN PHOTOGRAPHY

Making memories

Spending time with family and friends on **Spring Island** is a favorite pastime for their members, with the week of July 4th being the most anticipated. **The Parade and Picnic on Walker Landing** is an Island tradition the community looks forward to each year.



Stars and stripes forever

Residents of **Vineyard Assisted Living and Memory Care** celebrated July 4th with themed decor and clothing. Enjoying a nice beverage, residents cheered together in celebration of Independence Day.



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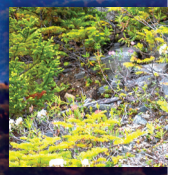
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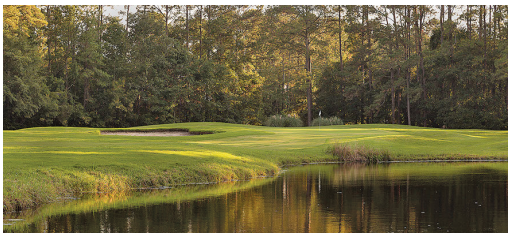
August 18 from 4-8 p.m. at Shelter Cove Community Park

The 5th annual Keep the Broad Creek Clean Festival, hosted by The Outside Foundation, will take place August 18. The event will be from 4-8 p.m. at Shelter Cove Community Park and is free and open to the public. Highlights include lantern-making with the Town of Hilton Head, interactive recycling with i2 Recycle, the Sea Turtle Patrol Turtle Ambulance, tie-dyed shirts with Palmetto Running Company and much more. There will be live music from Jevon Daly and giveaways from The Outside Foundation. The Broad Creek cleanup will be from 3-5 p.m., and a limited number of kayak rentals will be available. For more information, visit outsidefoundation.org.

PORT ROYAL SOUND FOUNDATION

STEAM FESTIVAL

The Port Royal Sound Foundation will be hosting its **STEAM (science, technology, engineering, art and math) Festival from 10 a.m.to 3 p.m. on August 28.** This free event will include hands-on activities and demonstrations for the whole family. Located at 310 Okatie Highway.



Rose Hill Golf Club re-opening

The re-opening of Rose Hill Golf Club will take place August 1. Take a trip around the golf course, and you will be surrounded by sleepy lagoons and century-old live oak trees that represent true southern charm. For additional information and membership opportunities, contact Jim Sheaffer at **912-507-9333**.

Mountainfilm on Tour Savannah

Mountainfilm on Tour Savannah's Free Family Movie Night will show a selection of adventure-packed documentary films curated by the Mountainfilm Festival in Telluride, Colorado. **This event is August 7 at the Ships of the Sea Museum. At 5 p.m.**, a social hour will take place in the outdoor gardens before the showing. Guests can enjoy food trucks, Leopold's ice cream and free popcorn. For more information, visit **mountainfilmsav.org**.





32nd Annual Builders Cup

The 32nd Annual Hilton Head Area HBA Builders cup will take place August 14 at the Barony & Robbers Row Courses at Port Royal Golf Club. Starting at 8 a.m. tee times will be available every eight minutes. For registration information, contact **info@hhahba.com**.

SAVE THE DATE



Fun in the Sun for Everyone

Scheduled from 9 a.m. to noon on September 11, "Fun in the Sun for EVERYONE" is an event for all ages that includes beach activities for those with special needs, their families and friends. Hosted by Pockets Full of Sunshine at the beach in front of Marriott's Surfwatch, the activities will include paddle boarding, boogie boarding, surfing, beach games and relaxing. To register, visit **pocketsfullofsun.org**.



Women's Summit of the Lowcountry

The Second Annual Women's Summit of the Lowcountry (9 a.m.-4 p.m., Oct. 15), hosted by The Winnovation Agency, will be centered around empowering entrepreneurial women. This is a great opportunity to connect and build your network with women in the Lowcountry. Tickets and additional information can be found at **winnovationagency.com**.

INSURANCE AT THE HIGHEST STANDARDS

A PICTURE IS WORTH...

As we continue into the hurricane season, we of course need to be prepared. Try to figure out where you can go should an evacuation happen. Decide now what you want to take with you – family heirlooms, financial records, and precious things that cannot be easily replaced such as photographs.

Speaking of photographs: you can streamline your claim process if you take photos of your house and possessions that you will not be able to carry with you!

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HarbourFest

HarbourFest has returned for its 32nd year at the Shelter Cove Harbour & Marina. Now through September 3, Shannon Tanner will be performing every Monday through Friday at 6:30 and 8 p.m. Enjoy fireworks every Tuesday night at dusk. On fireworks nights, kids can enjoy train rides around the marina promenade. Guided kayak tours and boat cruises will leave from Shelter Cove Harbour & Marina to view the fireworks from the water. Cappy the Clown will be at Shelter Cove Harbour & Marina from 6-9 p.m. every Monday through Friday. Entertainment will include face painting, balloon animals, arts and crafts, and a variety of interactive games and activities. **sheltercoveharbourfest.com**



Movie Night

Free outdoor movies at Shelter Cove Community Park. Free and open to the public. Family entertainment and pets are welcome.

OUTDOOR MOVIES

Aug. 5: *Shrek*
Aug. 12: *Indiana Jones and the Temple of Doom*
Aug. 19: *The Lion King*



Sunset Celebration

Live music at Shelter Cove Community Park. Free and open to the public. Pets welcome. Bring lawn chairs or blankets and enjoy the music and the breeze off Broad Creek.

LIVE MUSIC BY...

Aug. 6: *Target the Band featuring The Headliner Horns*
Aug. 13: *Cranford and Friends*
Aug. 20: *Deas-Guys*



Summer Jams

The Island Recreation Association brings a fun-filled, festive atmosphere each Tuesday with the highlight of the night fireworks which start around 9 p.m. Kids of all ages can enjoy inflatable bounce houses and face painting for a minimal fee at Shelter Cove Towne Centre. Bring your lawn chairs and enjoy the fireworks.

Fashionable & fun



Gurhan Trunk Show

Forsythe Jewelers will be presenting Gurhan's newest collection, featuring an exquisite selection of one-of-a-kind pieces and handcrafted designs in high karat gold and sterling silver. **The trunk show will be from 10 a.m. to 5 p.m. from August 5 to 7.** A complimentary gift will come with each Gurhan purchase. RSVP to **Andrea@ ForsytheJewelers.biz** or **843-671-7070**.

Pottery class

The Art League Academy is offering beginner pottery classes. Students will be exposed to hand-building techniques and will have the opportunity to throw clay on the wheel. The price is $160, and students should bring an additional $25 for materials. The next class is from 6-9 p.m. on August 5. To register, visit **shop.artleaguehhi.org**.

Enlightening conversations



John Bolton

World Affairs Council in-person speakers are back

World Affairs Council of Hilton Head's live events are back after a year of speakers and discussions over Zoom. For details visit **wachh.org**.

2021 WACHHI SPEAKER PROGRAM

Oct. 1: John Bolton, "National Security Challenges & Opportunities"
Ambassador Bolton will review the national security challenges and opportunities facing the Biden Administration — political, military and economic — and the positions it inherited from its predecessors. Throughout his distinguished career, Ambassador Bolton has been a staunch defender of American interests.

Oct. 22: Deborah McCarthy, "Russia and the Baltics"

Nov. 5: John Tierney, "Questions that Congress is Failing to Ask"

Nov. 19: Anand Menon, "UK in a Changing Europe"

Dec. 3: Nury Turkel, "The Future of Uyghurs"

2021 WACHHI COMMUNITY GLOBAL FORUM

Sept. 10: Todd Wright, "The Future of Nuclear Energy."

Sept. 17: Dr. Larry Valero, "Cyber Threats and the Evolution of Cyberwarfare: Russia and China as Case Studies."

Sept. 24: Blair Streitenberger, "What is Bitcoin?"

KEEP THE
Broad Creek Clean
WATER FESTIVAL

Wednesday, August 18

3-5pm - Broad Creek Litter Sweep
Shelter Cove Harbour & Marina
Help us clean up the creek by kayak, boat, bike or foot. A limited number of free kayak rentals are available from Outside, with reservations - call 843.686.6996 to book

4-8pm - Family Fun Festival
Shelter Cove Community Park
Games, activities, crafts, exhibits & displays from local eco-friendly organizations & businesses:
The Outside Foundation, Palmetto Pops, SCDNR, Sea Turtle Patrol Turtle Ambulance, Turtle Trackers, Evergreen Explorers, i2 Recycle, Coastal Discovery Museum, Port Royal Sound Foundation, Town of Hilton Head #CultureHHI, Palmetto Running Company, Lowcountry Master Naturalists, Island Rec Center, Carolina Clear, Lowcountry Stormwater Partners, Beaufort County Public Works, Beaufort Conservation District and much more!
Plus: LIVE MUSIC by Jevon Daly

THE Outside FOUNDATION

find out more at outsidefoundation.org or Facebook @outsidefoundation

The 2021 Rankings are In!

It is hard to move up when you are already at the top!

Hilton Head Preparatory School

#1 Private K-12 School in Beaufort County

#1 Boarding School in South Carolina

#2 Private K-12 School in South Carolina

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- Training is provided
- Opportunities available to serve as an AmeriCorps member (to receive a living allowance & education award)

READ INDEED! United Way of the Lowcountry, Inc.

United Way of the Lowcountry, Inc.

AmeriCorps

LEARN MORE: WWW.UWLOWCOUNTRY.ORG/READ-INDEED

Art shows, plays & performances



The Rooftop Bar at Poseidon

The Dueling Pianos Show: *August 2, 5, 9, 12, 16, 19, 23, 26, 30, 8-11 p.m.*

Coastal Country Night: *August 4, 11, 18, 25, 7:30-9 p.m.*

Island's Biggest DJ Dance Party: *August 7, 14, 21, 28, 9 p.m.*



Running now through August 22 at the Arts Center of Coastal Carolina, enjoy this five-time Tony nominated musical that uses the music of ABBA to tell the story of a mother, a daughter and three possible dads. For details and tickets, visit **artshhi.com**.

Jazz On The Patio

Hilton Head Symphony Orchestra's Jazz On The Patio Series is a free concert on the SoundWaves Patio sponsored by Coligny. **From 8-9:30 p.m. enjoy the John Brackett Quartet on August 3 and the Eric Jones Trio on August 17.** Bring your own chairs and grab an ice cream or post-dinner drink and enjoy the great music. **hhso.org**



The Flying Karamazov Brothers

Running on August 28 and 29, this show at the Arts Center of Coastal Carolina features four self-proclaimed eccentrics who present their laugh-out-loud comedy, wild theatrics and astonishing juggling feats. For details and tickets, visit **artshhi.com**.



Jamie McLean Band

The Jazz Corner

The Billy Thornton Quartet: *August 6, 7*

Jackson & Maggie Evans Presents: Guitarist Jocelyn Gould: *August 13, 14*

Blues, Ballads, and Swing: The Music of Tenor Saxophonist Mark Sterbank: *August 20, 21*

Melvin Jones & The Kevin Bales Trio: *August 27, 28*



The Billy Thornton Quartet

The Roasting Room

Enjoy live music from 8-10 p.m. with these artists and bands. For tickets, visit **roastingroomlounge.com**.

Kim Richey: *August 6*

Oh Jeremiah + Nick Poulin: *August 7*

Brendan James + Matt MacKelcan: *August 14*

Maggie Rose: *August 17*

Jamie McLean Band: *August 18*

Gabe Dixon + Bonnie Bishop: *August 23*

Emmaline: *August 26*



Lean Ensemble Theater

Lean Ensemble Theater is back in full swing with its 2021-2022 season. Tickets for live theater events are on sale this month. Here's a look at the performances for this season. **leanensemble.org**

October 20-31: *The Thanksgiving Play*

December 9-19: *Art*

January 20-30, 2022: *Other Desert Cities*

March 17-27, 2022: *Mitchelville*

April 21-May 1, 2022: *Death of a Streetcar Named Virginia Woolf: A Parody*



Wonderful World of Wood

The Society of Bluffton Artists will be showing the unique wood art of local artist Nicholas Di Mona in August at the gallery in Old Town Bluffton. Di Mona creates one-of-a-kind pieces, letting the natural characteristics of the wood determine the outcome of the creation. **Bowls, vases, sculptures and other pieces will be on exhibit from August 2 to 31.** A free opening reception will be hosted from 4-6 p.m. on August 7. **sobagallery.com**



SHELTER COVE HARBOUR & MARINA

SHANNON TANNER

Now to September 3
Monday - Friday
Two shows: 6:30 & 8:00 p.m.



2021 Fireworks Show starts at dusk on Tuesday!

Last three shows of the season: August 3, 10 & 17

For updates, visit the Shelter Cove Harbour and Marina Facebook page or ShelterCoveHarbourfest.com

PD Connect

Text PD to 855-634-3221
to join & receive mobile alerts on all things Palmetto Dunes & Shelter Cove Harbour & Marina!

*By participating, you consent to receive SMS/MMS promotional messages. No purchase required. Message & data rates may apply. Reply HELP for help, STOP to end.

Parrot Palooza SUNSET CELEBRATION

Featuring **"Shannon Tanner & the Oyster Reefers"** for a Jimmy Buffett Tribute Show on Thursdays at 7:00 p.m. August 5, 12 & 19
Two shows on Labor Day Weekend: September 4 & 5

CAPPY THE CLOWN

Face painting, balloon animals, sand art & more, 6:00 - 9:00 p.m. Now - September 3: Monday - Friday. Plus Labor Day Weekend: September 4 & 5

HARBOURFEST™

LOCATED MID-ISLAND, MILE MARKER 8, ACROSS THE ENTRANCE TO PALMETTO DUNES. *All events subject to change without notice. Weather permitting.

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Fundraising events

SAVE THE DATE



OluKai Lowcountry Boil Paddle Battle

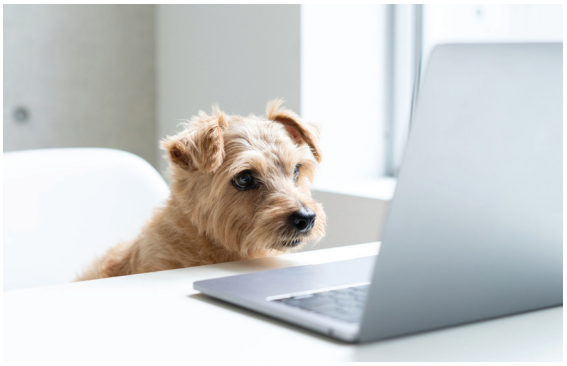
Set for September 11, paddleboarders and kayakers are invited to race in the 2021 OluKai Lowcountry Paddle Battle on Skull Creek from 8 a.m-1 p.m. on September 11. The race is open to all ages and skill levels, with 8-mile, 3.5-mile, and 1-mile courses. It will be held at Hudson's Seafood House on the Docks, and lunch will be provided for participants. Proceeds will benefit The Outside Foundation. There will be supplementary events such as a boat ride to Page Island, stand up paddleboard yoga and a litter sweep. For additional information and registration, visit **lowcountrypaddle.com**.





Memory Matters 5K/10K

The 5K/10K hosted by Memory Matters will raise funds for local caregivers and their loved ones who suffer from Alzheimer's and dementia. **This event takes place on September 18 at the May River High School.** To register, visit **mymemorymatters.org**.



Palmetto Animal League's online auction

Palmetto Animal League's 12th annual online auction will be taking place from 8 a.m. to 8 p.m. from August 5 to 8. Attendees can bid on a variety of items, including gift certificates from restaurants, shops and service providers. The auction goes live at **PALauction.org**. All proceeds will help rescue homeless pets.





Palmetto Dunes Turtle Trot 5K

The Palmetto Dunes Property Owners Association will host the annual Turtle Trot 5K Summer Series every Wednesday through August 25. The five-kilometer run/walk will take place in the Palmetto Dunes Resort, where courses will alternate weekly from beach course to road course due to low and high tides. Both routes will lead participants over sand, under canopies of trees and along pristine lagoons and lakes. Proceeds from the race will benefit the Palmetto Dunes Cares Fund, a charity targeting the areas of health, environment, arts and culture, community development and education within the area. You can register for the event at **runsignup.com/Race/SC/HiltonHeadIsland/PalmettoDunesTurtleTrot5k**.



Relay for Life

The Relay for Life event will take place this year on September 25 from 5-9 p.m. at Shelter Cove Community Park. This event honors those who have been affected by cancer. The opening ceremony will start at 5 p.m., with the survivor/caregiver walking following. For additional information, visit the Relay For Life of the Lowcountry Facebook page.



Beaufort County Walk for Water

Registration is now open for the 5th Annual Beaufort County Walk for Water. **The event will take place on October 9, and all proceeds will benefit Water Mission**, a nonprofit Christian engineering organization based in Charleston that builds safe-water solutions in developing countries and disaster areas. Participants will be encouraged to carry a bucket of water on part of the three-mile walk. For more information and to register, visit **walkforwater.com/beaufortco** or call **843-769-7395**.

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5K / 10K
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September 18, 2021
BRAIN HEALTH & WELLNESS

Walk, Run, or Donate to Memory Matters in their upcoming 5K/10K to raise funds for local caregivers and their loved ones who suffer from Alzheimer's Disease and/or Dementia.

Saturday, September 18, 2021
May River High School

To register, go to
WWW.MYMEMORYMATTERS.ORG

memory matters

an organization that optimizes brain health through education, support, and memory care services.



Reunited, and it feels so good



Zoey and Lola, Driessen Beach, Hilton Head Island

"The owners of these adorable gals met at Burkes Beach on Thanksgiving Day 2019. After speaking, they realized that they had adopted siblings of the same litter from the Hilton Head Humane Association. Today, the Thompsons and Arrizons remain close friends, while Lola and Zoey are inseparable during their regularly scheduled play dates."

- OWNERS DAVID & TIFFANY THOMPSON (ZOEY) AND ALEX & JENN ARRIZON (LOLA)

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Gurhan Trunk Show

Thursday - Saturday | August 5 - 7 | 10 AM - 5 PM

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