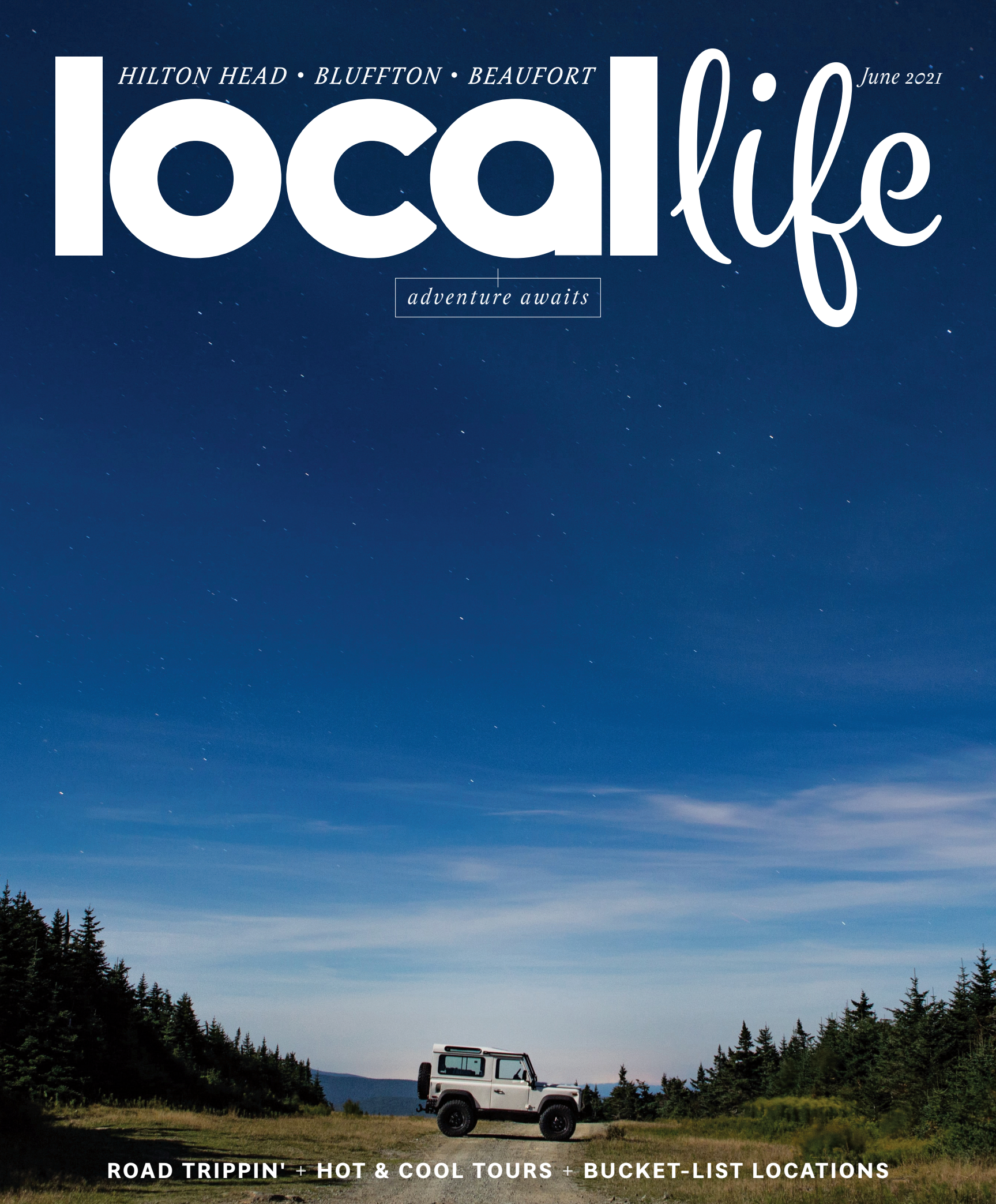
HILTON HEAD • BLUFFTON • BEAUFORT

June 2021

local life

adventure awaits



ROAD TRIPPIN' + HOT & COOL TOURS + BUCKET-LIST LOCATIONS

SHIBUMI

THE PERFECT BEACH SHADE

LIGHTWEIGHT (3.75 lb)
2 MINUTE SET-UP
SHADE FOR EVERYONE!




ONLY AT
Outside™
THE PLAZA AT SHELTER COVE
SHOP ONLINE AT SHOPOUTSIDE.COM
843.686.6996





Over **75,000,000** Reasons to Call Catherine Donaldson*

* total sales/contracted volume since 6/1/2020



FABULOUS EQUESTRIAN ESTATE

20 Ole Bent Oak Road | Bluffton
Currently offered for $1,500,000

Fabulous equestrian estate nestled in the heart of the Lowcountry! With no association fees, 20 Ole Bent Oak Road exudes country living while being mere minutes from the conveniences of Bluffton. Having undergone a recent and extensive renovation, the home is in immaculate condition and ready for a quick closing. With nearly seven acres and a four stall barn complete with tack room, this is an exceedingly rare opportunity in today's market. Currently offered for $1,500,000.

There are over 75,000,000 million reasons to call Catherine Donaldson. She has been an agent with Celia Dunn Sotheby's for over a decade and her commitment to the brand is FIERCE. Call her today to discover why.

SALES OVER 1M IN 12 MONTHS:

SOLD

16 Kirk Bluff - $1,300,000
47 Ribaut Drive - $1,700,000
12 Portside - $1,550,000
135 Gascoigne Bluff - $5,800,000
10 Newhall - $1,250,000
25 China Cockle - $2,995,000
17 Briarcliff Lane - $1,795,000
25 Spartina Crescent - $1,025,000
910 May River Road - $3,800,000
30 Minuteman - $1,400,000
18 Bald Eagle - $4,450,000
35 Linden Plantation - $3,100,000
62 Lady Slipper - $1,525,000
8 Everglade Place - $3,100,000
19 Atlantic Pointe - $2,300,000
38 Ensis - $3,150,000
61 Mount Pelia Road - $1,600,000
19 Donax - $2,375,000

UNDER CONTRACT

261 Mount Pelia Road - $3,500,000
56 Rose Dhu Creek - $2,250,000
19 Martingale East - $1,300,000

Total Sales/Contracted Volume since 6/1/2020:
Over $75,000,000



CATHERINE DONALDSON
Principal Partner - The Donaldson Group
Catherine.Donaldson@SothebysRealty.com
celiadunnsir.com
843.338.2069

Celia Dunn | Sotheby's INTERNATIONAL REALTY

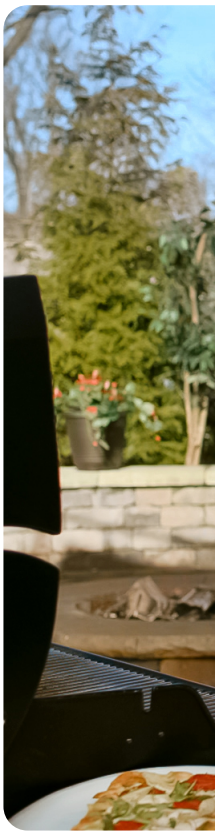
49 Boundary Street
Bluffton, SC 29910
844-836-3900

Each office is independently owned and operated

Setting A New Standard In The World Of Grilling



Genesis II SX-335 Smart Grill



Upgraded features and stainless steel components bring grilling versatility and a premium look to any backyard.





Relax, knowing that you're connected to your Genesis, no matter where you are.

Whether prepping side dishes in the kitchen, watching the game, or enjoying time with family, you can view everything your smart grill has to offer – such as cook time, most accurate food & grill temp, and fuel level directly at the grill and on your smart phone.



only at

GRAYCO

HARDWARE & HOME

Beaufort • Hilton Head Island • Summerville

More than just a hardware store.

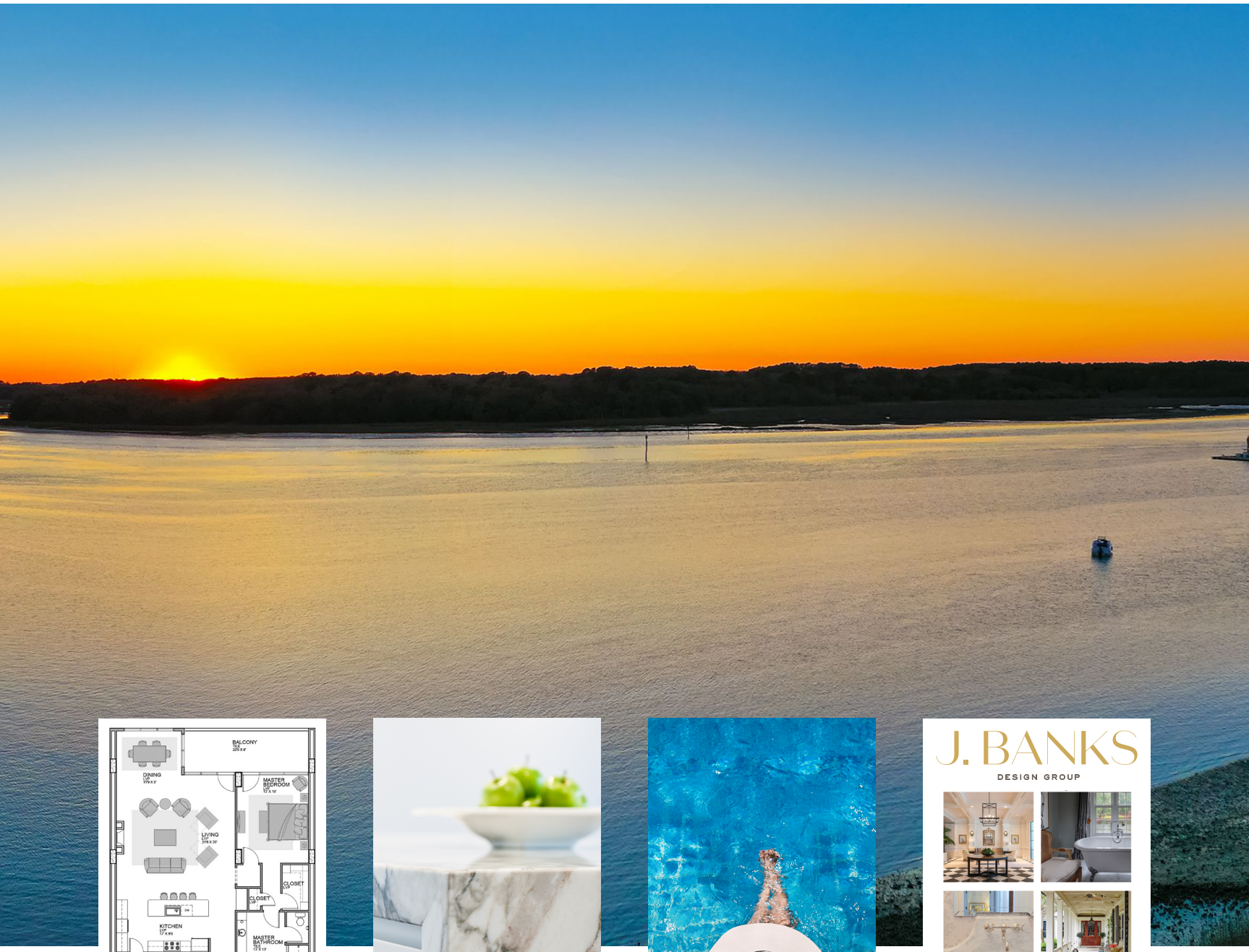


ACTUAL VIEW FROM THE CHARLES LOCATION

HILTON HEAD ISLAND'S FINEST LUXURY WATERFRONT VILLAS

The Charles

OCTOBER 2022 | WWW.THECHARLESHHI.COM | ROBBIE BUNTING, BIC | 843.341.4801



22 WATERFRONT VILLAS

Each villa offers 3 bedrooms, 3 1/2 baths, an open-concept living area and a large covered waterfront porch.

PREMIUM FINISHINGS

The finest interior finishings include quartz countertops, shaker cabinetry, premium tile and LVP flooring.

RESORT-STYLE AMENITIES

Luxury amenities include a waterfront pool, firepit and outdoor grilling area. No detail is spared.

J. BANKS
DESIGN GROUP

WORLD-CLASS DESIGN

The best-in-class design/build/real estate team. J. Banks Design Group, Hancock Development, B Design LLC, Fraser Construction and Hilton Head Properties have united to bring Charles Fraser's vision and standards to this one-of-a-kind community.


AWARD-WINNING GOLF JUST MOMENTS AWAY.
Hilton Head National
Where you can enjoy more than an amazing round of golf.
60 Hilton Head National Drive, Bluffton, South Carolina
843.842.5900 | hiltonheadnational.com

LET THE DREAMING BEGIN.

Hilton Head National
RV RESORT





The freedom of camping that you love,
with the amenities you've wished for.

36 Hilton Head National Drive, Bluffton, South Carolina
843.707.4800 | hiltonheadrv.com

COMING FALL 2021!

Hilton Head National
RV RESORT

Reaching your destination should be more than just getting there – it should feel like you've arrived.

AMENITIES

- 8500 sq ft Beach entry Pool with lazy river
- Adult pool in concierge section
- All concrete pads with all the essential hook-ups
- Hot Tub
- Playground
- Basketball Court
- Bocce Ball Courts
- Pickleball Courts
- Dog park
- Dog wash
- Laundry Room
- Shower Facilities
- Walking trail
- Golf carts
- Wi-Fi

Check our website for updates!

A Cut Above

We are crafting an unparalleled golf experience ready to reveal in November 2021!
18 meticulously maintained holes of exciting private golf with re-grassed tees, fairways and greens.
Expansive new practice facility with a designated short game zone, larger driving range and spacious putting area.
Paired with our 7 pristine Har-Tru tennis courts, pickleball complex, exceptional new fitness center,
swimming pools overlooking the marsh, gourmet dining and social activities.
This is the Club Life.



SEA PINES COUNTRY CLUB

Sea Pines Country Club • 30 Governors Road • Hilton Head Island, SC 29928
For membership information, contact Nic Booth at (843) 671-2335 or nbooth@seapinescountryclub.com









GROUP3

INTERIOR DESIGN / ARCHITECTURE / RENOVATIONS

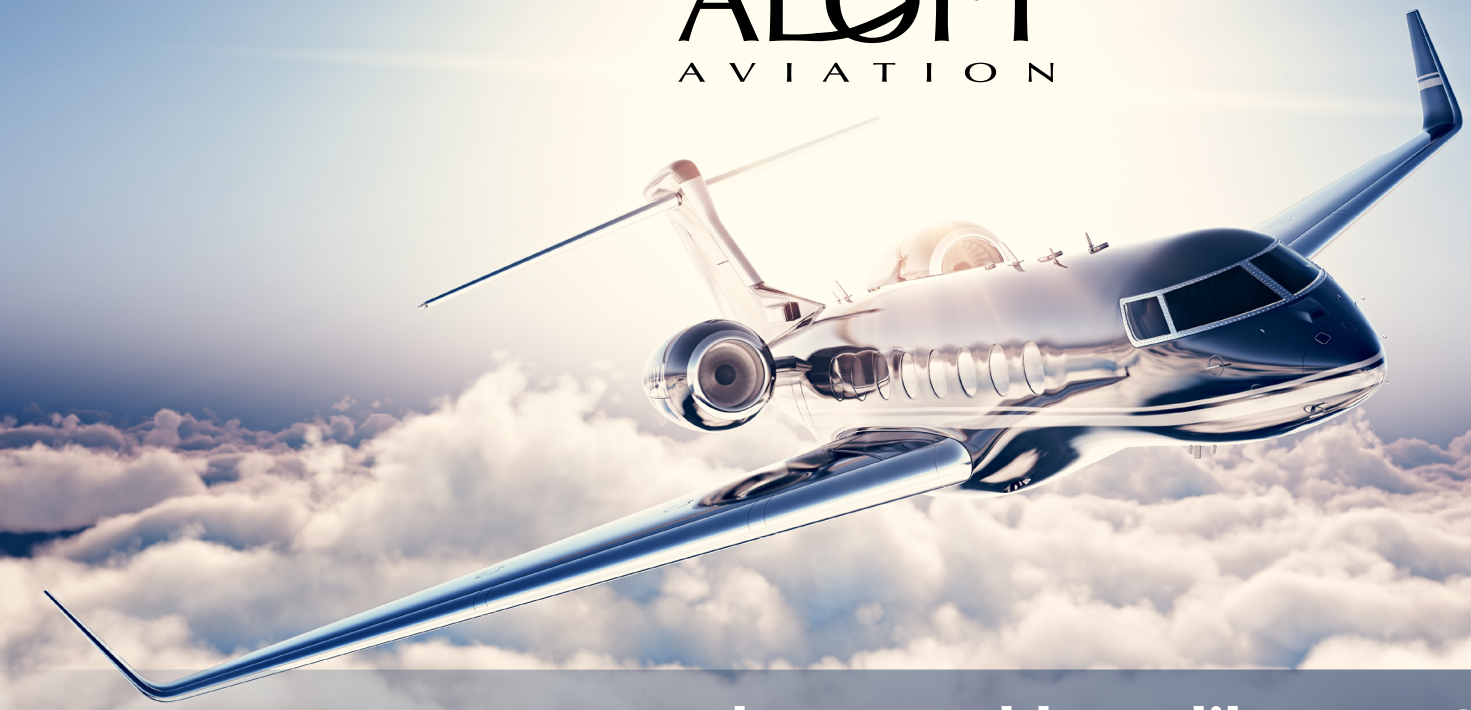
We are more than architecture.

843-689-9060
www.group3designs.net

Group 3 Designs has been designing residential architecture, interiors, and renovations for nearly 30 years. Our award-winning portfolio showcases our clients unique projects.

Visit our website today to see why Group 3 is the Lowcountry's luxury all-in-one design firm.

ALOFT AVIATION



Where would you like to go?







Aloft's charter providers and aircraft are selected with safety as our utmost concern and only the highest independently-rated carriers fly our clients. We utilize a small, stable network of quality operators who consistently provide excellent service. Nothing less than your complete satisfaction is the standard to which we hold ourselves. Unlike many other private charter options, at Aloft there is no initiation fee, no monthly membership fee and no annual dues.

Personalized Concierge Services • 30+ Years of Experience in Aviation • Locally Owned & Operated



Recent trips our clients have taken.
Where would you like to go?

Ready to go when you are.

Call or visit our website for a free, no obligation quote anytime!

ALOFT AVIATION

774.228.3760
aloftaviationmgt.com

NBAA
NATIONAL BUSINESS AVIATION ASSOCIATION

Aloft Aviation Management LLC, acting as an authorized agent for its clients contracts for transportation services with only CFR Part 135 Air Carriers in good standing who operate and exercise full operational control over those flights at all times. Aloft Aviation Management LLC is an Air Charter Broker and not a Direct Air Carrier.


DESIGN THAT ENGAGES.
houzz
courtatkins.com | 843.815.2557
COURT ATKINS GROUP
RESIDENTIAL & COMMERCIAL ARCHITECTURE • INTERIOR DESIGN | HILTON HEAD • BLUFFTON • SAVANNAH

Experience Matters.
We get Results.



LUX
A MEDICAL SPA

LUX ~ A Medical Spa is proudly owned by Board Certified Dermatologist, Carmen A. Traywick, M.D. of May River Dermatology and Board Certified Plastic Surgeon, Frederick G. Weniger, M.D., F.A.C.S. of Weniger Plastic Surgery. Our Mission is to be the premier choice for medical aesthetics and skin enrichment services

This Month's Featured Treatment

New! Qwo®

Cellulite Treatment

collagenase clostridiumhistolyticum- aaes

The First and Only FDA approved injection treatment to eliminate moderate to severe cellulite in the buttocks with no downtime!
Call today to book with our Qwo® Expert, Kylie D. Gratton, NP

BLUFFTON LOCATION
350 Fording Island RD.
Suite 101
Bluffton, SC
843.781.6672

NEW! HILTON HEAD LOCATION
24 Shelter Cove Lane
Suite 50
Hilton Head Island, SC
luxhhi.com | store.luxhhi.com
843.781.6672

the team

WHAT IS YOUR FAVORITE ROAD TRIP DESTINATION?

"To visit my grandbabies in Charlotte and Greenville."
- LORI



PUBLISHER
Lori Goodridge-Cribb *(Local since 1986)*
lori.goodridge@wearelocallife.com

"The WNC Nature Center in Asheville. Black bears, red wolves, otters and more."
- LANCE



EDITOR-IN-CHIEF
Lance Hanlin *(Local since 2007)*
lance.hanlin@wearelocallife.com

"Always looking for a reason to visit our friends in Chattanooga. A beautiful change of scenery."
- JEREMY



ART DIRECTOR / DESIGNER
Jeremy Swartz *(Local since 2003)*
jeremy.swartz@wearelocallife.com

"Always Savannah."
- CHARLES



DESIGNER
Charles Grace *(Local since 1997)*
charles.grace@wearelocallife.com

"Just a short drive, I love exploring Charleston."
- ASHLAN



AUDIENCE & CONTENT DEVELOPMENT
Ashlan Saeger *(Local since 2016)*
ashlan.saeger@wearelocallife.com

"Jerseyville, Illinois. Nothing beats the road trip to Grandma's house."
- MADDIE



SALES & EDITORIAL COORDINATOR
Maddie Bane *(Local since 2020)*
maddie.bane@wearelocallife.com

"Going back home to Charleston to visit family and friends any chance I get."
- MELISSA



ACCOUNT DIRECTOR
Melissa Page *(Local since 2015)*
melissa.page@wearelocallife.com

"Any trip to the mountains."
- REBECCA



ACCOUNT DIRECTOR
Rebecca Kerns *(Local since 1999)*
rebecca.kerns@wearelocallife.com

"To the airport to start a new adventure."
- LISA



PHOTO EDITOR
Lisa Staff *(Local since 2003)*
lisa@lisastaffphoto.com

"Atlanta's Georgia Aquarium."
- BRUCE



DISTRIBUTION & LIST STRATEGIST
Bruce Wolff *(Local since 2002)*
info@wearelocallife.com

"Greenville. Love the downtown, shopping, restaurants and outdoor activities."
- LEAH



SUBSCRIPTIONS & FINANCE
Leah Ortega *(Local in spirit)*
leah.ortega@wearelocallife.com

localLife
800 Main Street
Hilton Head Island, SC, 29926
843-802-2258 + **LocalLifeSC.com**

VOL. 5, NO. 6

LOCAL Life is published monthly by Momentum Media Group, Inc. All contents are copyrighted by Momentum Media Group, Inc. All rights reserved. Nothing may be reprinted in whole or in part without written permission from the publisher. For back issues or advertising information, call 843-802-2258. Publisher is not responsible for claims and contents of advertisements. Product submissions should be mailed. *LOCAL Life* is not required to use your submission in any manner and whether anything from your submission is included in our magazine is in our sole discretion.

Momentum MEDIA GROUP
CRMA PROUD MEMBERS OF THE CITY AND REGIONAL MAGAZINE ASSOCIATION
CIRCULATION VERIFICATION COUNCIL

ST. Joseph's/Candler
Live smart.



L-R: Charles Sevastos, D.O., FACOFP, Stephen Goldner, M.D., and Brian Anderson, M.D.

LIFEGUARDS ON DUTY.

We're here to protect and defend the well-being of our friends and neighbors who live in the South Carolina low country. We're St. Joseph's/Candler Medical Group, offering primary healthcare for the entire family.

Conveniently located in Bluffton, our patients depend on us to answer their health questions, get their prescriptions filled, and accommodate same day appointments for those with immediate needs. We're committed to you and your family's health and wellbeing.

For more information, or to schedule an appointment, please call or visit us online at www.sjchs.org/lowcountryPC.

ST. JOSEPH'S/CANDLER
LOW COUNTRY
COMMITMENT

10 Oak Forest Road, Suite C
Bluffton
815-3006

June features



Road Trips

After well over a year of canceled vacations and virtual holiday gatherings, the pandemic finally appears to be fading in our rearview mirror. If all of the cooped-up social distancing has afflicted you with wanderlust, this special summer issue of LOCAL Life has your prescription. Many incredible destinations are just a beautiful road trip away.

©TOBIAS WEINHOLD

EASE ON DOWN THE ROAD If you're eager to get away from home but are still not comfortable around larger crowds, take a road trip to a wide open national park such as Congaree, the Great Smoky Mountains, Biscayne or Shenandoah. These incredible areas (page 26) preserve some of the greatest natural treasures in America and aren't too far down the road.

28
Travel tech
Great gadgets and accessories for road trips

30
Listen up
Great audiobooks for road trips and long drives

38
Faces of the road
Strap in for a cross-country adventure with three locals

88
Hot & cold travel
Follow steps for amazing outdoor trips to Florida and N.C.

96
Mobile vacations
Ten must-do RV trips across the Southeast

102
Let's ride
Eight great motorcycle rides and destinations

106
Adventure tours
Where to find tranquil lakes, surging rapids and great hiking

110
Hidden gems
Discover the Golden Isles, Fripp Island and Southern Pines

Ben Ham Gallery







Ben Ham Galleries

210 Bluffton Road
Old Town Bluffton, SC
843.815.6200

416 King Street
Charleston, SC
843.410.1495

www.benhamimages.com

June contents

20
Publisher
Now that Covid vaccines are readily available, many like-minded locals can't wait to get on the road again. We hope this "Road Trips" issue inspires your next great adventure.

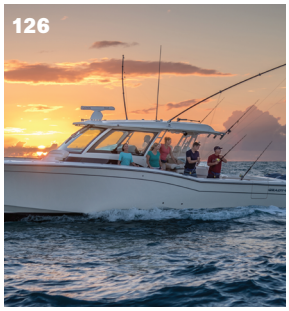
22
Contributors
Meet the locals behind this issue

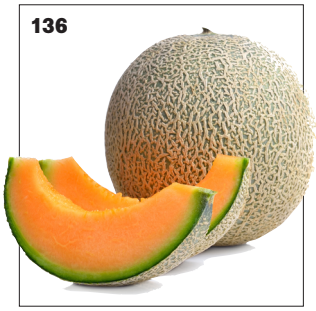
24
Links
Special content you can find online at locallifesc.com

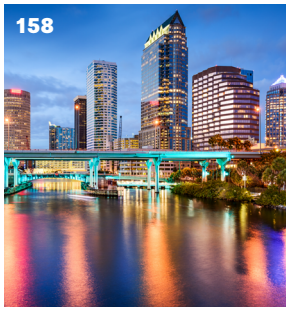


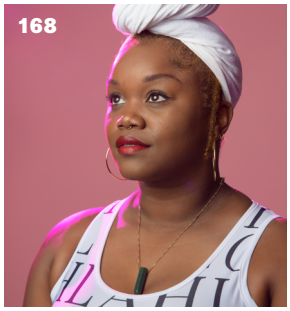
52
Putting the fun in functional
Think you can't have a gorgeous home that stands up to the rigors of toddlerdom? Think again.











32
Blend
Adopt a loveable big-boned lab named Bellisima

46
Business
Sneak a early peak at Hilton Head National RV Resort

50
Wellness
Five exercises that can improve your balance

64
Living
Anatomy of a Sea Pines beach villa makeover

80
Outdoors
Discover a secret spot off the beaten path

126
Luxury
Dream Boat: Grady White Canyon 456

128
Style
Find the perfect outfit for a perfect summer afternoon

134
Shopping
Get ready to entertain with trendy accessories

136
Eats
Get fresh local cantaloupe in your kitchen

152
Libations
Side Hustle Beer Company is developing a strong following

154
Sports
World-record-setting skydiver freefalls into golf and boating

158
Destinations
Discover Tampa, the heart of Florida's Gulf coast

168
Culture
A creative conversation with designer Sonya Grant

172
Scene
Now arriving at the terminal: Lights Out Myrtle the Turtle

178
Happenings
The top performances and events planned for June

CHRISTY KINARD



Christy Kinard *Lemon Table II* 24" x 24" Mixed Media

Celebrating Over 50 Years of Fine Art in the Lowcountry.

THE RED PIANO ART GALLERY

The Red Piano Art Gallery

40 Calhoun Street • Suite 201 • Old Town Bluffton

843.842.4433 • 843.247.2049 • redpianoartgallery.com

Buckle up and enjoy the ride

There's something so alluring about jumping in the car and hitting the open road.



© LISA STAFF

OFF TO LALA LAND Publisher Lori Goodridge-Cribb's favorite road trip destinations these days are Charlotte and Greenville, where her children and grandchildren live. She goes by "LaLa" in those cities.

What is the most memorable road trip you have taken? For me, it would have to be our summer vacations from Ohio to Hilton Head Island when I was a kid. We would always break up the two-day drive with fun stops along the way, exploring places like Ruby Falls and Rock City, or finding the perfect spot to park our woodie station wagon to take pictures of the mountains. Howard Johnson's restaurant was always a must-stop for fried clams.

Like fine wine and good cheese, my memories have only gotten better with age. I've blocked out all of the mishaps and inconveniences that came with traveling in the 1960s and '70s (the wagon overheating, crackling AM radio stations, outdated paper maps, no seat belts, in-car arguments, etc.). Truth be told, our getaways were probably closer to Clark Griswold's "National Lampoon's Vacation" than Jack Kerouac's "On the Road," but I wouldn't change them for anything (though a smartphone would have been nice).

Now that Covid vaccines are readily available, many like-minded locals can't wait to get on the road again. We hope this "Road Trips" issue inspires your next great adventure.

Local rambler Michele Roldán-Shaw is your tour guide for two fantastic heat up/cool down outdoor experiences. Warm up with a pilgrimage to discover the hidden gems of the Sunshine State, or cool down in the hills and hollers of Appalachia.

"A bend in the road, is not the end of the road … unless you fail to make the turn."

- HELEN KELLER

If motor home travel is more your speed, RV enthusiast Tim Wood shares 10 must-visit campgrounds across the Southeast. You will also learn more about the amazing RV sites we have here, including the swank new Hilton Head National RV Resort opening this fall.

For the motorcycle crowd, Sam Lea of Savannah Harley-Davidson shares the most scenic rides you can experience in South Carolina and Georgia. Adventure lovers can kick summer up a notch with Barry Kaufman's ultimate trips for kayaking, SUPing, surfing, ATVing and climbing. Other highlights include travel suggestions for gardeners, beach lovers and golfers; the hottest road trip gadgets, amazing audio books, road-ready recipes and profiles on locals who live for the feeling of the open road. So pack this issue in your travel bag, get your motor running, and head out on the highway. You are once again free to roam about the country. Safe travels!



LORI GOODRIDGE-CRIBB
PUBLISHER
lori.goodridge@wearelocallife.com

Old-school road games

Before tablets or podcasts, car travelers passed the time with a slew of fun games and activities, like sticking an arm out the window to play with the wind. But as your mother probably warned, "it's all fun and games until a semi takes your arm off at the elbow." Here are three safer options to help keep you awake and alert after you've drained the battery on your device.

The Alphabet Game: Find all 26 letters of the alphabet on things you pass, in ascending order (from A to Z). Spot letters outside your vehicle (billboards, exit signs, license plates, buildings, etc.). The most difficult letters to find are J, Q, X and Z.

I Spy: Players take turns selecting objects around them, offering clues such as the color of the object or the first letter it starts with. "I spy with my little eye, something beginning with the letter …" Once a guesser has correctly identified the object, they become the Spy for the next round.

License Plate Game: Guess the state capital for each different license plate you see on the road. Warning: This game can be quite humbling (BTW: Miami, New York City and Philadelphia are not state capitals).



TALK DERBY TO ME Have you seen the LOCAL Life Jeep around town? In May we rolled through the Lowcountry Derby party for the Celebration Projects at Burnt Church Distillery. Couples shown are Lauren and Mike Klaiber (top), Andrew and Leanne Jones, Caroline and Edward Taylor, Libby O'Regan and Mick Kuehn. The Celebration Projects is a non-profit organization that gives deserving children in need a birthday party. Learn more at ***thecelebrationprojects.org***

DON'T MISS AN ISSUE
Subscribe to get LOCAL Life delivered to your mailbox each month ($19.95 to 12 issues). Fill out the subscription card inserted in this magazine or click "Subscribe" at ***LocalLifeSC.com***.

BWA

Quality appliances for every home since 1972

XO



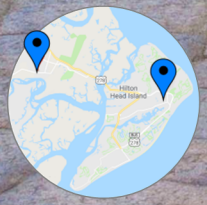
Outdoor Excellence

Available at both BWA Showrooms

BILLY WOOD APPLIANCE

1223 May River Road
Bluffton, SC 29910
843.707.2332

Two Convenient Showroom Locations



6 Marshland Road
Hilton Head Island, SC 29926
843.681.8441

Showroom Hours: M-F 8AM-5PM. Saturday by Appointment

www.billywoodappliance.com

VILLAGE at WEXFORD
proudly presents
WINE DOWN
WEDNESDAY
June 9th 5-7:30pm
Join us for a festive Evening of Wine, Music, Shopping, Refreshments & Prizes
Enjoy tastings at participating merchants
Special promotions, sales & in-store demos
Tickets available online at villageatwexford.com
$15 per person
Limited tickets available day of event
Proceeds to benefit
Pockets Full of Sunshine
and The Boys & Girls Club HHI
Pockets full of Sunshine
BOYS & GIRLS CLUB
OF HILTON HEAD ISLAND


contributors

MEET LOCAL CREATIVES BEHIND THE SCENES

Janet Kozachek *Artist, writer*



FOR THIS ISSUE: Poem and art titled, "The Pitchfork."
HOMETOWN: Princeton Junction, New Jersey
CURRENT HOME: Orangeburg
LOCAL SINCE: 1991
HOBBIES: Gardening, because I like fresh-cut flowers, an oasis far from the madding crowd and fresh vegetables. Cooking vintage and gourmet food recipes because I like to eat and will try just about anything.
FAVORITE ROAD TRIP DESTINATION: New Jersey
FAVORITE ROAD TRIP VEHICLE: An automobile large enough to carry my art work, whatever great finds we chance upon and plenty of snacks.
SUMMER PLANS: Teaching Chinese calligraphy and book illustration virtually through Common Ground on the Hill (based at McDaniel College in Westminster, Maryland). Hoping that I get enough students to make these plans materialize. Hopefully take a road trip to New Jersey.



©MATTHEW K. HOLMES



Jean Wheatly
(but my first name is Dorothy; see my ruby slippers) *Proofreader*

OTHER CREDS: Pharmaceutical sales training manager, HHI Community Bible Study teaching director for 7 years.
FOR THIS ISSUE: Helped make sure the right words were used in the right place.
HOMETOWN: Memphis
CURRENT HOME: Sea Pines, Hilton Head Island
LOCAL SINCE: 1999
HOBBIES: Family history research and container gardening.
FAVORITE ROAD TRIP DESTINATION: There's no place like home!
FAVORITE ROAD TRIP VEHICLE: GranE-Trike
SUMMER PLANS: Follow the yellow brick road wherever my munchkins want to go. (I've decided the yellow brick road is pollen!)

The ones who got this show on the road ...

PHOTOGRAPHERS Chris Bowman + Katie Charlotte + Tyler Cordaro + Arno Dimmling + H. Nichols
Mike Ritterbeck + Photography by Anne + Lisa Staff

WRITERS Lisa Allen + Quentin Arthur + Tru Dee Bamberg + Addy Codispoti + Lucy Elam + Denise Friday
Brian Kinnard + Eddy Hoyle + Barry Kaufman + Brian Kinnard + Carolyn Males + Hannah Nichols + Margaret Pearman
Michele Roldán-Shaw + Michaela Satterfield + Shane Sharp + Richard Thomas + Tim Wood

CONTRIBUTORS Marcia Cornell + Roxanne Gilleland + Megan Goheen
Kevin Horton + Dario Iudica + Sarah Orie + Jean Meaney Wheatly

Amazing every day.









We invite you to see what makes living here so exceptional.

Live in a place that is so beautiful it will take your breath away. Every day at Colleton River, you have a chance to make life more interesting. Try something new or take your game to the next level at golf, tennis, fitness and so much more. Enjoy a quiet sunrise or throw a party on the porch at sunset. In between, you will be enamored by incredible surroundings where you will feel as if you are on vacation every day.

It's worth spending time to make sure that life is lived to its fullest, in the right balance.

Colleton River Club®

843.836.4466 | info@colletonriverclub.com | colletonriverclub.com

Investing is not a PUZZLE, if your Advisor knows how to FIT the pieces together.





Bruce Brenner Wood Managing Partner/Investment Advisor Representative
Robert Schaff, CFP, MBA Executive Vice President/Investment Advisor Representative
Thomas Fox, CFA Investment Manager & Strategist Consultant, Waterstreet Research Partners

HILTON HEAD
CAPITAL PARTNERS
HILTON HEAD CAPITAL WEALTH ADVISORS, LLC
HHCP INSURANCE SERVICES, LLC

A Registered Investment Advisory Firm
Custom portfolio management and design since 1987

Hilton Head Island, SC • Charlotte, NC
7 Lafayette Place, Suite B, Hilton Head Island, SC 29926
843.790.7573
hiltonheadcapitalpartners.com

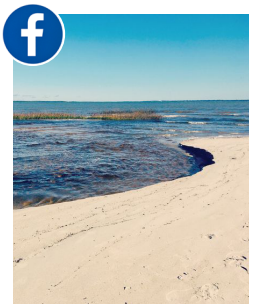
links

LOCALLIFESC.COM + DIGITAL OFFERINGS

Last month's top performers



MOST PINNED
Bridgerton-inspired design ideas to transform your home.



MOST POPULAR
Secret spot off the beaten path: Fish Haul Beach and Mitchelville Freedom Park.



MOST LIKED
Old Sheldon Church, originally Prince William's Parish Church.

ONLINE EXCLUSIVE

Zoom backgrounds

Choose the scenic route for your next Zoom meeting by downloading a virtual road trip background at ***LocalLifeSC.com***.





Sign up for LOCAL Life newsletters

Want more LOCAL Life? Have our three newsletters delivered to your inbox each month.

- ***The Nest*** *Home trends and tips*
- ***The Dish*** *Best local bites for the weekend*
- ***The Buzz*** *LOCAL Life's latest must-reads*

About the Cover



*Photographer **Tyler Cordaro** traveled to the top of **Stratton Mountain** in Vermont to capture the image shown on the cover. The cool truck is a **1997 Land Rover Defender 90 NAS**. Cordaro mounted his camera on a tripod and used a slow shutter speed to perfectly frame the stars hanging over the coveted vehicle in the beautiful mountain setting. Stratton Mountain is a 15 1/2-hour drive from Hilton Head Island, with many interesting landmarks and attractions along the way. If you go, be sure to climb the fire tower located at the summit. Learn more at stratton.com. Find more of Cordaro's work at ashephotographystudio.com.*



SEA PINES TRANQUILITY



This home was just listed and under contract in 2 days! The real estate market is hot and inventory is low. If you're thinking about selling, now is the time to get the best price for your home! Get in touch with Karen today to buy or sell in the Lowcountry.

1 Catbird Lane, Hilton Head, SC
Just Listed & Under Contract in 2 Days
Offered for $1,295,000







KAREN RYAN

Weichert REALTORS® | Coastal Properties

karen@weichertcp.com • 843-422-1101

karenryanrealtor.com

Leading REAL ESTATE COMPANIES OF THE WORLD®

LUXURY PORTFOLIO INTERNATIONAL®

6 Year Board Member | Hilton Head Island/Bluffton Chamber of Commerce
Past Realtor® of the Year & Past President | Hilton Head Association of Realtors®

local blend

WORD ON THE STREET + COMMUNITY TIDBITS + FAST FACTS + LOCAL LANDMARKS



Wide-open spaces

NATIONAL PARKS THAT ARE WORTH THE DRIVE

BY LUCY ELAM

If working from home is getting a bit stifling, you might be long overdue for a change of scenery and a breath of fresh air. While various pandemic precautions have restricted travel over the past year, ***five national parks in manageable driving distance*** offer wide-open spaces perfect for a much-needed adventure. These parks preserve some of the greatest natural treasures in the country, and with most charging little to nothing for entrance fees, they are accessible to everyone. To get out of your rut, get on the road.

Daughter of the stars

Best known for its natural beauty and Civil War history, **Shenandoah National Park** extends along the Blue Ridge Mountains in Virginia. The name "Shenandoah" is believed to be a Native American word meaning "daughter of the stars," and with stunning waterfalls, gorgeous views, fields of wildflowers and serene forest, it certainly seems a fitting title for the beautiful region. The 200,000-acre park has over 500 miles of trails, including a section of the famous long-distance Appalachian Trail. The cool wooded highlands of Shenandoah allow a comfortable way to enjoy nature without being at the mercy of the relentless summer heat. You can learn all about the park's rich history at the Byrd Visitor Center, and at Rapidan Camp you can check out the refurbished rural retreat where President Herbert Hoover spent some of his presidency. Hiking is certainly a big attraction at the park, and the trails range from day-long strenuous hikes up rocky peaks to more family friendly paths. Be sure to pick a hike that suits the abilities of your group. Other recreational options include biking, stargazing, fishing, wildlife-viewing and enjoying the historical exhibits and sites. **Get there:** From Hilton Head Island, 490 miles (7 hours, 55 minutes) **What to bring:** Binoculars and your camera. Birds and small mammals are plentiful in Shenandoah.

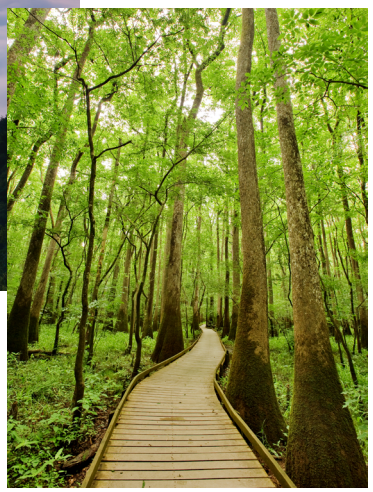


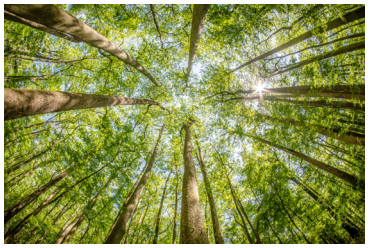
A wilderness amusement park

With gorgeous scenery, rich history and no entrance fee, it's no wonder that **Great Smoky Mountains National Park** attracts over 11 million visitors a year, making it the most visited national park in America. Straddling the border between North Carolina and Tennessee, the park is teeming with remnants of Southern Appalachian history, with historic structures, landmarks, and artifacts. This 522,419-acre park offers a multitude of hiking trails with scenic views, waterfalls, and old-growth forests. Rainbow Falls Trail leads to the stunning Rainbow Falls, named for the rainbows seen in the mist that are caused by the afternoon sun. The 80-foot waterfall occasionally freezes into an hourglass shape in the winter. (If you don't want to hike, this fall is accessible by car.) This incredible park has so much to see and do, you should plan to stay for a least a few days to soak it all in. The park has 10 campgrounds and over 100 backcountry campsites, as well as the highest elevation guest lodge in the Eastern United States, the LeConte Lodge. With rustic log cabins and hearty homestyle meals, the lodge is only accessible by hiking one of five trails that lead to it. With fishing, bicycling, swimming, horseback riding, backpacking and hiking, the Great Smoky Mountains have something for everyone.

Get there: From Hilton Head Island, 332 miles (5 hours, 14 minutes)

What to bring: Bear pepper spray (just in case). There are a few places in the park to buy snacks and drinks but definitely pack plenty of your own. Bring the kids, but maybe leave the fur babies at home (dogs are only permitted on two trails in the park).









Down by the bay

From the serene aquamarine waters and vibrant coral reefs of **Biscayne National Park**, you can still see the towering skyline of downtown Miami. The park provides a beautiful setting that supports opportunities for recreation and learning close to a large metropolitan area. With shallow lagoon waters, coral limestone keys and the third largest offshore reef in the world, the Biscayne Bay is a rare gem renowned for its beauty and biodiversity. The park is rich in history as well, with century-old shipwrecks, the historic remains of the "Stiltsville" community, and more. On Elliott Key, the largest of the park's islands, you can explore the seven-mile road (also called Spite Highway) down the center of the island to see a maritime forest with mangroves, buttonwood, gumbo-limbo and torch wood. Recreational opportunities include fishing, diving, snorkeling, boating, paddling, hiking, camping, wildlife watching and cultural exploration. The park has no entrance fees.

Get there: From Hilton Head Island, 548 miles (7 hours, 55 minutes)

What to bring: A boat. To get beyond the visitor center area requires a boat. Visitors without a boat may join guided boat tours. Be sure to pack plenty of food as there is nowhere to buy food at the park.

Spectacular spelunking

One of the oldest tour attractions in North America, Mammoth Cave in Kentucky is the world's longest known cave system. **Mammoth Cave National Park** was established to preserve the gargantuan 10-million-year-old cave system, as well as the rolling hills and deep river valleys of south central Kentucky. The park is home to thousands of years of human history and a rich diversity of plant and animal life. There is no entrance fee to get into the park, but all entry to Mammoth Cave itself takes place under guided tours, with varying lengths and prices ($6-$60). Of course, not all experiences in Mammoth Cave are below the ground. Visitors can camp at developed campgrounds, backcountry sites, or shack up at the Mammoth Cave Lodge. Explore 60 miles of backcountry trails on horseback, relax and do some fishing (no license required) or go canoeing down the Green and Nolin rivers. Keep an eye out for black bears, white-tailed deer, and a plethora of birds any wildlife lover would be thrilled to see.

Get there: From Hilton Head Island, 620 miles (9 hours, 44 minutes)

What to bring: A jacket. The cave is always 54 degrees in the depths of the caverns. If you'd like to bring the dogs along, keep in mind they are not permitted in the caves, but they can accompany you throughout the rest of the park (on a leash) and can be boarded at the Mammoth Cave Kennels.





Redwoods of the East

Located in central South Carolina, **Congaree National Park** is home to some champion trees that have been called "the Redwoods of the East." With some of the tallest trees on the East Coast, the Congaree Forest has one of the highest canopies in the world. This floodplain forest creates a peculiar ecosystem that many might not be familiar with. On any given day, the forest floor could be dry, muddy, or flooded with over a foot of water. On one day you might be able to stroll comfortably through the towering loblolly pines, sweetgum, cherrybark oak, and American elm, and on the next, you might be better off paddling a kayak on the very same trail, weaving through the bald cypress knees that poke up through the water. Over 10 miles of the Congaree River snake through the 26,276-acre park, as well as over 20 miles of hiking trails. This tranquil wilderness is a great place for fishing, hiking, primitive camping and boating. And this June, Congaree will be hosting its annual firefly festival, featuring the fascinating visual display of one of only three species of synchronous flashing fireflies that can be found in North America.

Get there: From Hilton Head Island, 144 miles (2 hours, 29 minutes)

What to bring: Your pup! Dogs are permitted. Pack a lunch, and don't forget bug spray. Call ahead to ask about conditions at the park so that you can be prepared with proper clothing and footwear.

hot tech

Great gadgets and accessories for road trips.



Power up

BESTEK POWER INVERTER

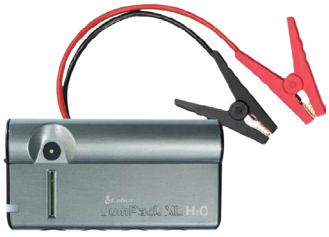
This device comes in handy when you want to use your device in the car but it needs some juice. The BESTEK power inverter is the same size as your smartphone and plugs into your cigarette lighter. With two AC outlets and two USB ports, this will take care of most of your device-charging needs. *$29.99. bestekdirect.com*



One WiFi to-go please

SKYROAM SOLIS X WIFI HOTSPOT

Stay connected to your friends and family from wherever you are around the country. This portable Wifi hotspot comes equipped with 4G LTE Wifi that can connect to up to 10 devices at a time. It even comes with a remote camera that can capture, record, and even live-stream from anywhere. Buy a 24-hour unlimited global day pass, subscribe to an unlimited data plan, or purchase a pay-per-GB WiFi plan. No matter what your needs are, this hotspot is a must for road trips. *$229. skyroam.com*



Jump it!

COBRA JUMPACK XL H20 CPP 15000

The last thing you want is for your car battery to die in the middle of a long road trip. This powerful all-weather jumpstart solution is key for long road trips. Not only can it be used to jump start your car in a pinch, it also comes with two USB charging ports, ideal for charging your phone and any other portable device. *$149.95. cobra.com*



Keeping cool

CLASSIC 10-LITER MINI FRIDGE

This portable, lightweight electric cooler goes from cooling to warming with just the flip of a switch. AC and DC adapters are included, making it easy to move between your house and car. There is also a top carrying handle, making it easy to carry on the go even when it's full. If the 10 Liter is too small or large for you, there are other sizes offered to fit your specific food cooling needs. *$79.99. cooluli.com*



An extra boost

WEBOOST DRIVE REACH

Though sometimes less technology is better, you don't want to be in a situation where you need help and can't call for any. This device boosts the signal from the nearest cell towers so you can make calls from almost anywhere. *$499.99. weboost.com*



New tricks for an old car

ANKER ROAV SMARTCHARGE F3 FM TRANSMITTER

If you've always been bummed that your car doesn't have Bluetooth connectivity, have no fear. This device allows you to connect your phone to your car via Bluetooth and play your favorite music, take calls, and hear directions. The adapter also features an aux output, two USB ports, and a microSD card slot. *$29.99. bestbuy.com*



Change lanes with Alexa

GARMIN SPEAK PLUS WITH AMAZON ALEXA

While most newer cars come equipped with front collision detection and lane departure warnings, many older models lack these safety features. This dashcam from Garmin can record your drive and provide assistance for forward collision and lane departure warnings. Once paired with the Garmin Speak app on your phone, you also can connect the device to Alexa to do everything from stream music, get navigation and make to-do lists. *$179.99. garmin.com*



Power on the go

GOAL ZERO YETI 500X PORTABLE POWER STATION

If you're traveling with the whole family or a large group, there will be a lot of devices to charge. This Yeti 500x is equipped with four different types of ports so you can charge everything from phones to portable fridges. Perfect for camping, backyard parties, and on the go, this is a must-have for your next big road trip. *$699.95. goalzero.com*



Let there be light

THE ORIGINAL ROADSIDE LED SAFETY FLARE

When you're on a long road trip, the worst thing would be to break down on the side of the road, especially at night. Placing a bright flashing light on the roof of your car or on the road could save someone from hitting you. This top-rated safety flare is trusted by EMT and highway patrol teams. The shatterproof, waterproof and magnetic device activates with the touch of a button and can be seen by other drivers and vehicles up to 2,800 feet away. *$54.95 for a 3-pack. boundary.com*



Be your own barista NANOPRESSO

Road trips are bound to make us tired and stopping for coffee can sometimes take so much time. With this portable espresso machine from Wacaco, you can make your much-needed latte while you're on the road. The machine comes with a built-in cup and is lightweight and portable, making it the perfect travel, camping and office companion. *$64.90. wacaco.com*

Memorable Connections

Enjoy quality time on the fastest Internet in town – up to 1000 Mbps - all at a great price - with Hargray's 30 Day Money Back Guarantee, No Contracts or No Data Caps

Hargray Internet

starting at

$55

per month for 1 year



Call 843.612.8628 | hargray.com/print

HARGRAY

Limited time offer. Promotion is for new residential customers only, adding Hargray services for the first time. Promotion of Internet starting at $55 per month is good for the first consecutive 12 months. Additional Hargray services are allowed for additional monthly cost per service. Promotional offer cannot be combined with any other promotional offers or Hargray Rewards. Advertised price does not include equipment fees, taxes, surcharges or any other regulatory or governmental charges. "Fastest Internet" claim is based on the download and upload speeds of Hargray's 1000 Mbps tier compared to the download and upload speeds of the fastest Internet tier offered by competitors as of April 4, 2021. 1000 Mbps download speeds are typically between 945 Mbps and 950 Mbps due to overhead capacity reserved to deliver the data. Upload speeds are typically between 50 and 54 Mbps. 30 Day Money Back Guarantee applies to subscribed service and installation fees if removed within 30 days after installation. Refunds are not applicable for long-distance, Video-on-Demand (VOD) or PPV Charges. Broadband speeds may not be available in all areas, are not guaranteed, are subject to a number of factors and are measured via direct connection (not via Wi-Fi).
©2021, Hargray Communications Group, Inc.; logos are registered trademarks and as such, protected property of their respective companies; all rights reserved.

Best Gifts Ever!
Gorgeous Free Giftwrap Always!



VOTED BEST GIFT SHOP
10 YEARS IN A ROW!









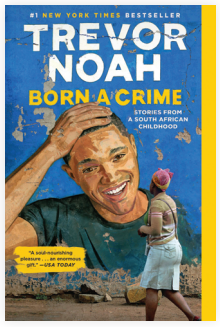
THANK YOU
FOR
SHOPPING
LOCAL!

Outstanding gifts
at unbelievable prices!
GIFTED
HILTON HEAD
SUITE J2, VILLAGE AT WEXFORD
MON.-SAT. 10AM-5PM | 843.842.8787

Listen up!

*Nothing better than a great **audio book** to pass the time on your next road trip.*

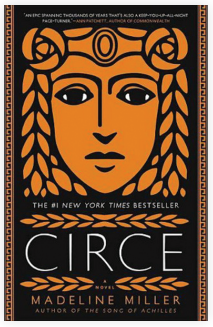
SELECTIONS BY DENISE FRIDAY



BORN A CRIME

WRITTEN AND
READ BY TREVOR NOAH

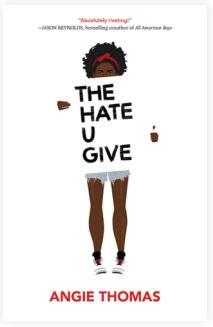
The host of The Daily Show has written a memoir that is made all the better by his own gifted voice telling his story. Born bi-racial in South Africa during Apartheid, his very existence was against the law. His touching and, at times, humorous memoir reveals what it was like to be a child during this time and the changing world around him. His mother is the star of the story, raising him with religion, rebellion and no fear to propel him into a better life. Books narrated by the author launch the experience to a greater level, as you hear exactly what the author meant for you to hear. This one is not to be missed.



CIRCE

BY MADELINE MILLER,
READ BY PERDITA WEEKS

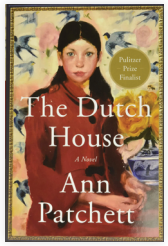
A rich re-telling of Circe's story. The daughter of the sun god Helios, Circe is a nymph who is banished to an island after befriending mortals and turning a rival into a monster. On the island she discovers her true powers and interacts with many gods, including her famous encounter with Odysseus. She makes the best of her solitary life in exile but realizes she has been betrayed and forsaken by the gods. She is forced to make an ultimate choice to be true to her strong character and protect what she loves. The narration by the lovely Perdita Weeks is calming and precise. A truly enjoyable way to read Greek Mythology.



THE HATE YOU GIVE

BY ANGIE THOMAS,
READ BY BAHNI TURPIN

Sixteen-year-old Starr Carter is trying to find a balance between her life in the 'hood and her role as a student at a mostly white, private high school. She is somewhat successful until she witnesses a police officer fatally shooting her best friend Khalil during a traffic stop. The complications continue as the news reaches national headlines: her uncle is a cop and co-worker of the shooter, people who don't know Khalil are casting him as a drug-dealer, her family is being threatened, and Starr is the only witness. Bahni Turpin has won awards for her audio recordings, and she is fabulous with the dialect and slang in this book.



THE DUTCH HOUSE BY ANN PATCHETT, READ BY TOM HANKS

A sweeping story where the house is as big a character as the people who live in it. Cyril Conroy moves his family into the Dutch house, a lavish estate in a Philly suburb, as he builds his business and shifts his family from poverty to wealth. When his wife leaves, his two children, Danny and Maeve, are left to look out for each other as they interpret their father's growing silences and odd dating history with a woman who eventually becomes their stepmother and the undoing of their future. Told from younger sibling Danny's perspective, Tom Hanks is pitch-perfect in his narrative and cadence. The wonderful writing and his brilliant voice will convince you that Hanks IS Danny Conroy.

THE HOUSE IN THE CERULEAN SEA BY TJ KLUNE, READ BY DANIEL HENNING

A delightful tale of how relationships and acceptance can change your life. Linus Baker is a case worker at the Department in Charge of Magical Youth. He lives a solitary life with his cat. He is assigned to investigate an island of orphaned children in order to assess if they are dangerous. What he finds on the island profoundly changes him, and his once isolated, quiet life seems so inadequate and a waste. Brilliantly written by Klune and narrated by the talented Mr. Henning, this book will leave you smiling and bring joy to your heart.





Selling, buying, vacationing, and renovating can all be stressful.

Allow us make your load a little lighter, the experience seamless, and the result sublime.

BEVERLY SERRAL
Properties

REAL ESTATE | RENTALS | RENOVATIONS

bestnest
by Beverly Serral

CONSISTENTLY AMAZING VACATION RENTALS

bestnest
luxe
BY BEVERLY SERRAL

AN ELEVATED EXPERIENCE IN VACATIONING

Forbes
Real Estate Council

7 New Orleans Road, Hilton Head Island, SC | 80 Madison Avenue, New York, NY

www.BeverlySerral.com 843.341.3600 www.BookaBestNest.com



VERITY
INVESTMENT PARTNERS

BEAUFORT | BLUFFTON

HOW COULD YOUR INVESTMENTS BETTER SUPPORT THE LIFE YOU REALLY WANT TO LIVE?

We can help you create a dependable and growing stream of investment income to fund your life while keeping your savings invested to grow over time.

Let us help you discover greater financial wisdom.

Visit **VERITYVIP.COM**

FT FINANCIAL TIMES | Top Financial Advisers 2020

FT 300 Ranking July 2020



VODKA for DOG PEOPLE

SPONSORED BY TITO'S VODKA



Adopt this Pet: Bellisima

BE A HOME FOR THIS LOVEABLE LAB

Meet the beautiful Bellisima, a white lab mix who was given to the Hilton Head Humane Association after being surrendered by her previous owner. This senior pup loves to be cuddled and can't wait to spend her golden years with a loving family. Though she's sweet as pie, no pie for her! Right now she's working hard and doing great on her weight loss regimen. It's important she stays on it, so some strolls around the park or block would be a great way to bond. As an older girl she has a calm and wonderful temperament, so if you are looking to add a sweet companion to your family, she's the perfect pup for you!



MORE ABOUT BELLISIMA

Colors: White
Age: 11 years old
Weight: 76 pounds
Likes: Cuddles and back rubs. "Let me tell ya, there's nothing a scratch on the back can't fix." ***— Bellisima***
Dislikes: Being asked her age. "Age is just a mindset, doesn't everyone know that?"
— Bellisima
Adopt her: Due to the pandemic, all Hilton Head Humane Association adoptions are by appointment only. Call 843-681-8686 or visit hhhumane.org.

Official Mensa® Challenge

Answers are available on LocalLifeSC.com/Mensa

1. Find a five-digit number in which the first and last digits are the same and the first digit is two less than the second and four less than the third. The fourth digit is one-fourth of the third digit. The sum of the first and last digits equals the third digit.

2. Find the word that fits the definitions below when it's 1) a whole word and 2) divided into two separate words.
1) Whole word: to require an employer to hire unnecessary union employees (10 letters)
2) Two words: a. accomplishment (4 letters) b. seasoned with parsley, sage, rosemary or thyme (6 letters)

3. If six bakers can bake 12 pizzas in two hours, how many bakers will it take to bake 16 pizzas in four hours?

4. Fill in the blanks to get the names of four North American cities.
__L_A_K__ _Y__C_S_ __F_ALO M__T_E__

5. Our corner grocery store prices its food according to the owner's whim. An eggplant costs 32¢, a cucumber cost 28¢ and a turnip costs 22¢. According to this system, how much will a tomato cost?



[LAST MONTH'S ANSWERS]

1. *$7,000 (R = $14(N) + $20(.07)(T - N).)* ***2.*** *ADRIOTLY* ***3.*** *15¢ (5¢ per syllable)* ***4.*** *"I just bought forty lottery tickets," said Tom winningly.* ***5.*** *TULIP*

ARE YOU READY FOR MENSA?
American Mensa is where brilliance belongs – it's where friendships are forged for life, business connections and opportunities are made, and where brilliant minds find the chance to engage with others in an intellectually stimulating environment. **Just for LocalLife readers:** Take the Mensa Practice Test for just $5! Visit americanmensa.org/mht and use offer code: Local21. Quiz © 2018 Dr. Abbie F. Salny

Mensa provides official tests and answers to LOCAL Life as part of an exclusive license agreement. Answers are available on LocalLifeSC.com/Mensa



Your Eye Care and Surgery Partner

At Bishop Eye Center, we have leading expertise and the most advanced technology matched with compassionate and professional doctors and staff. Whether you need surgery, help monitoring a chronic eye disease, or a routine check-up, we will help you with your individual eye care needs in an environment and experience you'll be comfortable with.

Let us partner with you.

BISHOP EYE CENTER

The Leading Center for Cataract Surgery

Hilton Head • Okatie • Bluffton *(Opening 2021)* • 843-689-3937 • BishopEye.com

Nonprofit Spotlight

Beaufort-Jasper YMCA of the Lowcountry

MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all. The Y achieves this through a broad range of activities that serve a community rich in racial, religious, ethnic and economic diversity.









INVESTING IN OUR FUTURE The Beaufort-Jasper YMCA of the Lowcountry has three areas of focus: Youth development, healthy living and social responsibility. The facility is located at 1801 Richmond Ave. in Port Royal.

HISTORY

The Beaufort-Jasper YMCA of the Lowcountry is part of a 172-year old worldwide organization that enables the citizens in Beaufort and Jasper counties to develop values and behaviors that are consistent with its mission. The Wardle Family Branch of the Beaufort-Jasper YMCA of the Lowcountry was chartered in 1990 and opened its doors in June 1996.

WHO IT HELPS

The YMCA is a locally autonomous organization made up of voluntary membership that is open to individuals of all ages, race, religion, incomes and abilities. Programs and services incorporate the values of caring, honesty, respect and responsibility, and the YMCA encourages and challenges its staff, members, volunteers and program participants to accept and demonstrate these values. They provide full fitness facilities and wellness programs including fitness center, heated indoor pool, seasonal outdoor pool, basketball gym, over-60 group exercise classes every week including virtual access, personal training, certified preschool, after-school program, summer camps, migrant education summer camp programs, youth sports, TigerSharks swim team, masters swim, swim lessons and more. The Beaufort-Jasper YMCA of the Lowcountry currently serves approximately 10,000 individuals annually through the programs and services provided.

HOW TO HELP

The annual scholarship campaign raises funds to assists families, kids and individuals in our local community with the cost of membership so they can improve their physical and mental health, attend certified preschool, after-school programming, take swim lessons, participate in swim team, sports and attend summer camp. The annual capital campaign raises funds to assist with needed capital improvements to our facility. Donate via check, credit card or online. Volunteers may assist youth sports as coaches, help watch children, mentor youth in our after-school programs and summer camps, help with our annual fundraising events like the Beaufort River Swim and work on maintenance projects at the facility.

MORE INFORMATION ABOUT BEAUFORT-JASPER YMCA OF THE LOWCOUNTRY
Visit beaufort-jasperymca.org or call 843-522-9622



PALMETTOES

FINE APPAREL & ACCESSORIES
FOR FUN-LOVING MEN & WOMEN

The Shops at Sea Pines Center
71 Lighthouse Road, Ste 414
Hilton Head Island, SC

843 . 363 . 6800

Follow Us on Instagram and Facebook!

We invite you to join our team at Montage Palmetto Bluff

inspire LOVE

PLACE • CULTURE • TEAM

"Choose a job you love and you will never have to work a day in your life."

Montage
PALMETTO BLUFF

PHONE 843.706.6553
MONTAGEHOTELS.COM

ASSOCIATE BENEFITS INCLUDE: HEALTH, DENTAL, VISION, AND LIFE INSURANCE PLAN OPTIONS, COMPANY-MATCHED 401(K), COMPLIMENTARY ASSOCIATE DINING AND ONSITE PARKING, PAID TIME OFF

We are looking for a range of full-time, part-time and seasonal positions:

Administrative & General • Banquets
Catering • Club Membership • Culinary
Equestrian • Food & Beverage • Front Office
Golf Course Maintenance • Housekeeping
IT • Marina • Pastry • Recreation
Reservations • Security
Spa • Stewarding
And MORE

Candidates are encouraged to apply online at **www.montageinternational.com/careers**. Scan the QR code to view available positions.



LETTER TO THE EDITOR
LOCAL Life asked ***Brian Kinard*** to share his thoughts on what it means to be local. Kinard is a Realtor with Lighthouse Realty and serves as treasurer of The Outside Foundation. LOCAL Life welcomes letters to the editor and comments to our website. **Write to info@wearelocallife.com.**

What makes it local



adjective. lo·cal | lō-kəl

1: *characterized by or relating to position in space: having a definite spatial form or location* ***2:*** *of, relating to, or characteristic of a particular place: not general or widespread: of, relating to, or applicable to part of a whole* ***3:*** *primarily serving the needs of a particular limited district of a public conveyance: making all the stops on a route*

It's the perfect home for weekend getaways

BY BRIAN KINARD



LOCAL SINCE 2012 Brian Kinard is a Realtor with Lighthouse Realty and serves as treasurer of The Outside Foundation. He is shown with his wife, Mollie Lynes-Kinard, and their children, Clementine and Cash. Follow their outdoor adventures through "Cruising with the Kinards" on social media.

Twenty three years ago, I needed a new adventure. I sold my horse, Timex, traded my boots, spurs and rodeos for flip flops, sunblock and a summer job as a mate on a parasail boat in Duck Key, Florida. Never had I called anywhere but Pasadena, Texas, home. I never thought I would be gone from Texas long enough to call anywhere else home. However, an instant love of being on the water quickly had me calling the Keys my full-time home.

The connections and community I would make in my first few years in the Keys would morph that summer job on a parasail boat into nearly 15 adventure-filled years spent working as captain, deck officer and crew on everything from tour boats to private yachts, oil tankers and tugboats.

However, a few summers running parasail boats and one winter driving a Hilton Head taxi changed it all. I fell in love with the Lowcountry, the community and a local girl.

Fast forward a few years — that local girl, Mollie Lynes-Kinard, and I would find ourselves newly married and much in love with each other but very bored with living and working office jobs in Houston.

So we decided it was time for a new adventure. We felt Hilton Head would be the perfect place to create a home for our future family. We wanted to immerse ourselves into a community that values the environment and the people that live there.

After our daughter, Clementine, was born, Mollie and I were once again looking for a new adventure and way to share our love of traveling with her. So we dove headfirst into the internet and social media and found families traveling all over the country with their kids in RVs of all shapes and sizes. We thought it looked like fun, so we bought a 28-foot travel trailer.

Over two years later, along with the addition of our son, Cash, we have found Hilton Head to be the perfect home base for exploring the most beautiful natural resources in South Carolina, Georgia and Florida. State parks such as Edisto Beach, Mistletoe, Hunting Island, Crooked River, Okefenokee and many more are nestled on the banks of lakes, oceans and rivers, and many are within a four-hour drive — perfect for a weekend getaway with the kids to explore the outdoors and learn about different environments.

While we feel lucky to have these family adventures with our kids, it's always returning home to Hilton Head that makes us feel the luckiest. It's a place where I may not have been born, but I call home. LL



Have the smile you've always wanted!

Dr. Rothwell is an accredited member of the American Academy of Cosmetic Dentistry, and offers you the skill, compassion and dedication to help you have the smile you've always wanted.

AACD American Academy of Cosmetic Dentistry® ACCREDITED

Bonnie J. Rothwell, *DMD, AAACD*



Bonnie J. Rothwell, DMD, AAACD

11 Hospital Center Common, Suite 200
Hilton Head Island, SC
843.342.6900
hiltonheadcosmeticdentist.com
smilesyoulove.com

Call for your complimentary cosmetic consultation.


Ware
Head Island, SC
Watch Your Step Please!




HARLEY-DAVIDSON
CYCLES




ROUTE 66
ROAM IF YOU WANT
HILTON HEAD
278
Greetings from
FLORIDA


CYCLES

Find additional images from these photo shoots online at **LocalLifeSC.com**

Faces of the road

STRAP IN FOR A CROSS-COUNTRY ADVENTURE WITH THREE LOCALS WHO LIVE FOR THE FEELING OF THE OPEN ROAD.

STORY BY BARRY KAUFMAN
PHOTOGRAPHY BY LISA STAFF

Those who hold a passion for the open road know that it's not just about the road. That strip of asphalt is nothing compared to where that strip of asphalt can take you. Small railroad towns where the march of time seems to have taken a detour, verdant natural parks where it's easy to pretend the whole of the continent is still untamed, long stretches that offer little but the chance for quiet contemplation.

It's all waiting just down that road. And those who live for finding out what surprises await next are legion. That desire to explore is part of the American DNA, woven into our national character by forebears who came here in search of that next horizon. In capturing that spirit, we flagged down three locals who live for the ride.

Discover
ABUNDANTLY



Susan OCHSNER

Find island properties:

YourHiltonHeadAgent.com

843.816.6388

SeaPines Real Estate
BEACH CLUB

Jennifer Megliore

THIS AVID CAMPER HITS THE ROAD WITH A 1969 SHASTA.

If you've been inside ArtWare, the Shelter Cove shop of Hilton Head's queen of quirky, Jennifer Megliore, it should come as no surprise that one of her prized possessions is a vintage Shasta camper. After all, apart from the camper façade inside her store, each carefully curated item reflects an inspired blend of post-modern nostalgia and unfettered funkiness. It would almost come as a shock if she didn't own a vintage camper.

And for years, she didn't. Instead, she pored over Shasta message boards, tracked down leads and backroads and bought one car after another with a tow hitch just in case. "You never know when you might find a camper sitting in a field somewhere for a couple of hundred dollars," she said of her relentless optimism. It was this optimism that led her to reach out to a gentleman in Wilmington, North Carolina, who was selling a vintage Shasta, and this determination that led her to press on after finding out it had been sold.

It turned out the buyer had been too tall for the Shasta. Adding to the serendipity? Megliore planned on naming the camper "Jenny Wren" after a storybook a family friend had written. Impossibly, the man selling the camper had a boat by the same name. The camper was hers to claim.

"After spending 18 years chasing a Shasta, you just have a euphoric feeling," she said. "I've been road-tripping ever since."

As the self-proclaimed steward of the Shasta, she put in no small amount of elbow grease in fixing up Jenny Wren. Replacing windows and gaskets and repairing water damage are no small tasks in themselves;





LOCAL SINCE 1993 Jennifer Megliore is the owner of ArtWare in Shelter Cove Towne Centre on Hilton Head Island. She spends many weekends relaxing in her 1969 Shasta, pulled by Mr. Fred — a 1970 Chevy. When not camping, she enjoys painting, junking and growing peanuts, sweet onions and blueberries.



harder still when replacement parts have been out of production for decades.

"It's never an easy process, but it's a labor of love," she said. Of course she put her own artistic spin in Jenny Wren, adding custom-made curtains representing all 50 states, adding vintage maps to the cabinets and even tracking down the camper's missing "wing." In yet another act of serendipity, the wing came from the dealership where the Shasta was originally sold 50 years ago and was sold to Megliore by the grandson of the original salesman.

"To get old stock wings 50 years later, to me that's one of my camper dreams come true," she said.

And in her travels she has found camaraderie as Sister No. 2609 in the female-led camper club Sisters on the Fly. "For me, it's like a rolling sorority," she said. "I can use that directory, be in a local city and meet up with a sister and feel like friends. It's a wonderful support group and so much fun; just to have time exclusively yours to laugh with like-minded women is wonderful."

HURRICANE SEASON IS HERE

As we enter another hurricane season with high activity predicted, we want to provide some basic information which will help you in the event another storm visits the Lowcountry.

Be Alert – Keep an eye on storm tracks as they develop. Most will not endanger the South Carolina coast, but if they do you will want to know. Try www.noaa.gov. We have found them to be the most reliable in the US.

Be Prepared – As Risk Managers, we must tell you the importance of having a personal hurricane plan. Knowing what you and your family or business will do before a hurricane arrives will save you time, money and possibly lives. Consider the following:

Protection Plan – Know how you intend to protect your home or business. Start a minimum of 72 hours in advance. Hurricane shutters or boarding up will help tremendously. Bring in all property that could be damaged or become a missile if the wind is high enough. Have valuables stored in a safe place.

Evacuation Plan - Know where you will go and make necessary reservations early. It is better to have accommodations booked and cancel if they are not needed. Experts recommend preparing for 3 to 5 days. Also, plan for the protection of your pets. If you can't take them with you know that kennels will fill up fast.

Be Patient – Your personal safety is the number one priority. Only come back to your property when the State and Local authorities have given the "all clear". There are many hidden dangers such as electricity, water and trees that can cause further harm once the storm is over. The authorities monitor these and will let you return when it is safe.

You can always contact our office which will be open as well as have emergency numbers provided on our website. We will be available for our community before, during and after the storm to help you.

THE CORRELL WAY

Our Culture is what sets us apart. Four words make a difference. ***We are…***

Independent
As a "Trusted Choice" independent agent we represent over 300 insurance companies. This allows us to provide innovative options for our clients.

Local
Our sales and service teams live in the community with you and are committed to building relationships while serving our local community in a way that matters.

Educated
Being an insurance professional requires a commitment to lifelong learning. We don't just say it; we prove it by having more CISR Elite designations than any other insurance agency in the country.

Connected
Our financial resources stay in your local community. We do not send them to a home office. This allows us to contribute to our community in many ways that affect you and your family.

International Reputation
National Support
Locally Delivered

CORRELL
INSURANCE GROUP
OF HILTON HEAD

Trusted Choice®

Now with two convenient locations to serve you:

15 Bow Circle, Suite 101
Hilton Head Island SC 29928

8 Arley Way, Suite 101
Bluffton SC 29910

1.888.668.8082 www.correllhhi.com

"Insuring the Carolinas since 1931"

Mark Piekarski & Lennel Stroud

THESE HIGH SCHOOL SWEETHEARTS RECONNECTED THROUGH A LOVE OF CARS AND ROAD-TRIP ADVENTURES.

The romance story of Mark Piekarski and Lennel Stroud begins, appropriately enough, with a car.

It was a 1970 Plymouth Barracuda that Stroud first noticed gliding into the parking lot of her high school. As a young fan of vintage cars, she wondered who it belonged to, never suspecting that its driver would later find his head similarly turned spying her in the hallways.

"She was a transfer student, and I spotted her on the first day being escorted to her first class by the principal," said Piekarski. "I said to myself, 'I gotta meet this girl.'"

Like so many teens, they would find a brief yet fiery romance together that would end not with a harsh breakup but with a gradually widening drift away that happens over time. For 30 years, each remained little more than a very fond memory held by the other.

"I went to college in New Hampshire, she went to college in North Carolina, so we just drifted apart and married other people," said Piekarski. "After 30 years of marriage I was going through a divorce and looked her up on Facebook. Turns out she was just finishing her divorce."

Decades removed from the day Lennel Stroud first spotted that Barracuda, the couple picked up where they left off. And once again, their shared love of cars cemented their romance. Piekarski had spent the intervening years collecting some antique fire engines, his lone passenger car being a Mustang Cobra that he only drove under ideal conditions.

"I told him, 'Why have this car if you're not going to drive it?,' and 'firetrucks are only in parades,'" said Stroud.

Soon, the Mustang and several of the fire engines went up for sale. Around the same time, Stroud spotted two ads that would de-





TWO FOR THE ROAD Mark Piekarski (local since 2011) enjoys antique cars, car collecting, biking the Hilton Head trails, guitar playing, walking the beach and road tripping on back roads of North America. For Lennel Stroud (local since 2005), hobbies include car collecting, enjoying grandchildren, biking, walking the beach, enjoying the outdoors, real estate, traveling and road tripping.



fine their budding relationship: One, a classified ad selling a 1931 Model A. The other, a splashy full-page ad in Hemmings Motor News for "The Great Race."

That year's major antique rally event would see 110 cars racing from Maine to Florida over nine days. Rather than a typical road race, The Great Race is a test of precision driving and difficult navigation rather than pure speed. Motoring along routes that can stretch for thousands of miles, racers must stick to a precisely planned route with meticulously outlined directions, hitting checkpoints at exactly the right moment.

As the navigator, Stroud was tasked with keeping the Model A on route and on time. "A lot of states, you don't even know where you are," she said. "It's a lot of fun, but you really have to watch the road. We missed one sign in Iowa because the sign was behind a bush; we even missed it the second time we went back."

The couple did not take the grand prize that year and finished 72nd, even with a day and a half breakdown with the Model A. The unofficial slogan for the race is, "To finish is to win," but they had enough fun to return for the next four years, swapping the Model A for a 1947 Ford convertible and then a 1971 Mustang they took across historic Route 66. "We only brought the Mustang because we wanted air conditioning going through the West, though it broke on our way to the starting point," laughed Piekarski.

In the future, they're still looking for a better finish or even a win in The Great Race. But ultimately the best prize is one that they've already won: a renewed love affair between them and the collector car hobby. As a side note, though Stroud and Piekarski are not entered this year, The Great Race is finishing at 1 p.m. June 27 in downtown Greenville.

DOES YOUR INVESTMENT STRATEGY Match Your Risk Tolerance?

We Help You Evaluate Your Willingness and Ability to Tolerate Investment Risk When Working Towards Your Financial Goals.

WEALTH MANAGEMENT

RETIREMENT PLANNING

RISK STRATEGIES

We help build a personalized plan to help you build wealth, protect your family, preserve your assets, and any other goals you have.



*We are **Marc Stuckart, CPFA** and **Creighton Stuckart, CFP®** a father and son team who founded Atlantic Investment Advisory Group to provide a straightforward financial planning solution to coastal South Carolina families.*

Clear Guidance to Help Grow and Protect Your Wealth

Atlantic Investment
ADVISORY GROUP

2 PARK LANE · SUITE 203 · HILTON HEAD ISLAND, SC
843.341.3300
ATLANTICINVESTORSHHI.COM

Financial Advisor offering securities through Cetera Advisor Networks LLC, member FINRA/SIPC. Advisory services offered through Summit Financial Group, Inc., a registered investment adviser. Summit and Cetera are affiliated and under separate ownership from any other named entity.

Kim Flenard

THIS PASSIONATE RIDER HAS 'THE COOLEST JOB IN THE WORLD.'

It's a sight that can take your breath away and have you reaching for the car-door locks. Picture yourself driving along, minding your own business, when a roaring pack of motorcycles suddenly surrounds your car. Seeing the blur of tattooed arms, weathered faces, leather and chrome fly past your car, your first thought might be that a horde of outlaws has you cornered.

Relax. Behind those tattoos lies a positive force for good.

"After all these years, there's still this stereotype that bikers are scary, when in fact we're very philanthropic," said Kim Flenard. And she should know. As general manager of Savannah Harley-Davidson, those frightening philanthropists are some of her best customers and employees.

She points to clubs like Bikers Against Child Abuse who raise money to protect children and aren't afraid to show up in court to voice their support. Or the Savannah chapter of Harley Owners' Group (H.O.G., get it?) who have raised hundreds of thousands of dollars over the years for MDA, gathering toys for local hospitals and collecting food for area at-risk families. "And they're not alone. A lot of clubs are like this."

Fighting stereotypes and selling Harleys are all aspects of a passion for cycles Flenard said was first kindled by an ex but has been fanned to a roaring fire by her husband of 16 years, Earle of Sandwich Pub owner Jeff Flenard. "He's an old-school biker," said Kim.

While her duties at Savannah Harley-Davidson have kept her largely confined to the Southeast, like any biker she has her share of stories from the road. One trip took her down the winding embankments of the legendary Tail of the Dragon, an 11-mile snarl of





LOCAL SINCE 2004 Bluffton's Kim Flenard is the general manager of Savannah Harley-Davidson. When she's not riding, she enjoys traveling, hiking and cooking.

U.S. 129 high in the Appalachian mountains. "It's not for the faint of heart," she said. "There are 368 hairpin turns — and motorcycle parts in the trees. But it's a beautiful ride if you take your time and just enjoy it."

One memorable trip came during Harley-Davidson's 100th anniversary celebration, when she took a homecoming trip to Milwaukee with the dealership's owner and parts manager. "We stopped the first night in Paducah (Kentucky), and the whole next day was tough because we rode in driving rain, thunderstorms and lightening from Paducah to Rockford. That's all part of riding motorcycles, but by the second day I was ready to stop."

Thankfully, they made it to the centennial celebration where Flenard was reminded of how deep her passion for motorcycles runs. "For this particular meeting, people came from all over the world," she said. "We were all sitting in this big convention center, and all of a sudden you hear this rumbling throughout the whole convention center. The hair stood up on my arms. I had butterflies, and I thought, 'I really have the coolest job in the world.'"

And the perks aren't bad either. "Right now I'm riding my husband's 2002 Electra Glide classic. But I get to ride every single bike in the building." *LL*

VINEYARD

Personalized Living, Assisted Living & Memory Care

Grow where you are planted.



Our Vineyard team is excited to serve you and your family!

At Vineyard, we don't just care for you, we care about you. Which is why we personalize our programming to each resident's passions and pursuits that nurture the mind, body and soul. With fresh, chef-prepared meals that are as delicious as they are nutritious, ours is a community where you or your loved one can thrive.

"At Vineyard, we grow purposeful communities that make a positive impact on both people and our planet. This translates into a continuum of personalized care, thoughtful programming, and customized amenities that aim to engage, inspire and elevate life at every stage."

— Kaylynn Evans, MSM-HC, LTCA, CADDCT
Executive Director



Call to schedule a tour today.

Mention this ad to receive half off the Community fee.

Call 843.547.9989 **vineyardbluffton.com**

New resort aiming to change the game for RVers

HILTON HEAD NATIONAL RV RESORT WILL PROVIDE AN ARRAY OF AMENITIES FOR FAMILIES AND RETIREES.

STORY BY TIM WOOD + PHOTOGRAPHY BY ARNO DIMMLING







COMING SOON Shown are The Players Club Clubhouse and RV pads, a map of the new complex and Kathy Chittenden and Rommel at The Players Club pool.

Kathy Chittenden knew she'd found her new work home when she toured the grounds and saw the unique and amazing experience that Hilton Head National RV Resort was going to offer for campers in the Lowcountry. "This resort was planned with attention to detail," said the resort's general manager, a 15-year RV resort industry veteran with another 15 years in hotel management with Marriott.

This high-tech-meets-traditional-camping resort is taking shape adjacent to the famed 18-hole Hilton Head National golf course. Opening in the fall, the resort offers 340 site pads set to service the ever-growing RVing community. The Lowcountry has long been a preferred RVing destination, since what was previously a lifestyle largely for retirees is even more so now that the Covid pandemic has created an industry-wide boom among younger families.

"It's caused folks to rethink how they want to spend their family vacations. You have a convenient traveling hotel for the family, and with this resort, folks will have tons of things to do, all surrounded by nature trails and walking paths and uninterrupted natural beauty," Chittenden said.

Here are a few of the highlights:

- The resort will have ***56 pull-in sites*** for Class A, B and C motorcoaches, with the remaining pads for all types of RVs including fifth-wheels and larger tag-alongs. Each pad is equipped with cable, high-speed WiFi and full hookups.
- The main clubhouse includes an 8,500-square-foot, ***beach-entry pool*** with a lazy river, splash pad, playground, and basketball, bocce ball and pickleball courts.
- The main clubhouse features a ***bar, restaurant, retail store*** and will host a full-time activities/concierge director on site.



LOVING THE LIFE WE'RE LIVING!

Living a life you love begins with living pain-free. Don't allow painful degenerative conditions hold you back another day or year in your pursuit for happiness and longevity!

Whether you suffer from arthritis, back, joint, hip, shoulder or knee pain, the Fraum Center for Restorative Health can provide you with natural, non-invasive alternatives so you can live your best life now! Our therapies keep you youthful on the inside, and now with our aesthetic solutions, you can look your best on the outside.

What are you waiting for? Start today and begin enjoying the life you loved once again by registering for one of our free **BEYOND STEM CELLS** presentations on regenerative medicine, presented by **Dr. Brad Fraum, DC and Dr. Heather Hinshelwood, MD, FACEP.**

Call 843.681.7777 or learn more at www.fraum.com. All presentations include complimentary lunch or dinner.

TUES	**JUNE 1ST**	**6PM**
MON	**JUNE 7TH**	**6PM**
TUES	**JUNE 15TH**	**NOON**
MON	**JUNE 21ST**	**6PM**
TUES	**JUNE 29TH**	**NOON**
WED	**JUNE 23RD**	**NOON***

*DRX-9000 SPINAL DECOMPRESSION PRESENTATION

Live the life you love!

FRAUM
CENTER FOR RESTORATIVE HEALTH

1403 MAIN STREET VILLAGE / HHI, SC 29926 / **843.681.7777** / **INFO@FRAUM.COM** / **WWW.FRAUM.COM**

- There is a separate ***laundry facility*** with over 20 washers and dryers and a dog wash station complete with three stainless steel tubs, ramps and two fenced areas separated for the large dogs and for the smaller dogs.
- The resort features an ***adults-only section*** that includes a separate clubhouse with a pool, hot tub, laundry facilities and private showers. This section features some of the most spectacular views of Hilton Head National Golf Course.
- Guests will be able to rent ***private cabanas***, golf carts, golf clubs and reserve a tee time.
- he resort's nightly rates will run from $109 to $169 with military, FMCA and Triple AAA discounts as well as ***long-term-stay discounts***. Follow them on Facebook for updates about when the resort will start accepting reservations.

Chittenden is excited to welcome guests to what she believes will be the South's premier vacation experience.

"It's truly special that someone had the vision to build something as beautiful as this and keep the nature in it," she said. "It's just a dream. So close to the beach but far enough away that you still get the feeling of nature. It's camping at its best. You can't get any better than this."

Follow the resort's progress at hiltonheadrv.com. LL





UNDER CONSTRUCTION Shown are the pool and clubhouse at Waters Edge, the Waterside adult pool and hot tub overlooking the golf course.





GET THE HOOK UP Check out these RV pads, hook-ups and amenities building overlooking Hilton Head National Golf Course.

Options aplenty for RVing fun

While you're waiting for Hilton Head National RV Resort to open, there are a slew of options to enjoy the RV life within a short drive in the Lowcountry – each with its own unique draws to attract visitors.

- ***Hilton Head Island Motorcoach Resort*** *is a multiple-award-winning luxury resort on the island's South End, set on 50 woodland acres with 400 paved lots, an on-site lake while just a mile from the island beaches.*
- ***Hilton Head Harbor RV Resort & Marina*** *is on Hilton Head's north end and stands out with its on-site marina with boat and water sports rentals, chartered boat tours and a 5-star restaurant on the property.*
- *The newest entry,* ***Camp Lake Jasper****, is just off I-95 Exit 8 and offers the lowest rates off U.S. 278 with lakefront sites, a pool, general store and dog park among its amenities and is adjacent to the 320-acre Sergeant Jasper Park.*
- *A bit farther up the road,* ***Point South KOA Campground*** *offers a variety of camping and RV options with award-winning amenities just off I-95's Exit 33.*

EXPERIENCE MATTERS. WE GET RESULTS.



Specializing in:

FACE
BREAST
BODY
HAIR RESTORATION



Frederick G. Weniger,
MD, MBA, FACS
Board Certified
Plastic Surgeon
Voted Best of Bluffton's
Best Plastic Surgeon
2009-2020

WENIGER
Plastic Surgery
& HAIR RESTORATION
of the Lowcountry

@WenigerPlasticSurgery
@WenigerPlasticSurgerySC

350 Fording Island Road,Suite 200, Bluffton SC
843.757.0123 | wenigerplasticsurgery.com

Find your balance

SAY GOODBYE TO TRIPPING AND STUMBLING FOREVER

STORY BY QUENTIN ARTHUR + PHOTOGRAPHY BY MIKE RITTERBECK



Your ability to balance your body has a huge impact on just about every aspect of your daily life. Indeed, if you regularly find yourself stumbling, tripping, or feeling unsteady, you may have wondered what you can do to improve your balance. On this page, local residents Jenna Irvin and Marwiin Kline demonstrate five exercises in the beautiful new fitness centers at WaterWalk at Shelter Cove. ***By including the exercises in your workout regimen, you can improve your balance and say goodbye to tripping and stumbling forever.***

Jenna Irvin** is the owner of Pure Barre in Shelter Cove Towne Center. Her passion is holding space for others to discover new levels of physical and mental strength while building a community that feels like family to those local and afar. **Marwin Kline** was a three-time All-American track and field athlete at the University of Tennessee and has dedicated more than 21 years to a career of sports performance training for athletes at all levels of competition. **WaterWalk at Shelter Cove** offers a personal trainer and two state-of-the-art fitness centers to its residents. **Learn more at waterwalkhhi.com

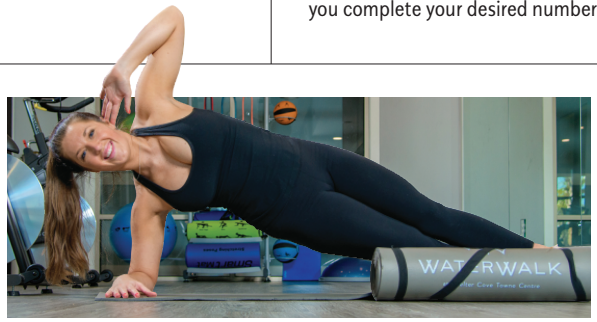


1. ONE-LEGGED SQUAT The one-legged squat is an excellent option for improving your balance and flexibility. This exercise can be quite challenging but has great benefits for your lower body. To perform the one-legged squat, simply stand with your legs roughly hip-width apart with your left foot placed in front of your body. Next, slowly lower your body toward the ground until your knees are at a ninety-degree angle to the floor. Hold that position for a couple of seconds and then return to your original pose. Building up to the perfect one-legged squat can take a little time. As such, you should start by performing three sets of four reps a couple of times each week and build from there.

2. ROCK THE BOAT This exercise helps to improve your overall balance while strengthening your hip and glute muscles at the same time. To perform the rock-the-boat exercise, simply stand with your legs hip-width apart and your knees slightly bent. Shift all of your weight over onto your right leg and then lift your left foot to the side. Swing your left leg in and out for a few seconds and then lower it back down again. After you complete your desired number of reps, you can switch legs and start over again.



3. SINGLE LEG CROS- BODY PUNCH The single leg cross-body punch does a fabulous job of improving your balance and overall arm strength. When performed correctly, it also helps condition your core. You will need to grab a couple of lightweight dumbbells for this exercise. With your arms bent, hold two dumbbells to your chest and stand with your legs hip-width apart and bend your knees. Next, shift all your weight onto your left leg and lift your right leg to about knee height. While holding this position, move the weights in a punching motion across your body. Complete your reps on your first leg before switching to the other.



4. ROLLING FOREARM SIDE PLANKS Rolling forearm side planks work out your biceps, triceps, core and other upper body muscles. Even more importantly, they do a fantastic job of improving your balance. The exercise does not require any equipment to perform. Simply get into a plank position on the floor and balance yourself on your forearms. Then, slowly twist to the side while extending your right arm up toward the ceiling. Hold that pose for a few seconds and then return to your starting position. Repeat the process about a dozen times on each side.

5. TIGHTROPE WALK The tightrope walk is a fairly simple exercise that requires no special equipment and can be performed from the comfort of your own home. However, you may need an exercise buddy to help you keep count of the number of steps you take, depending on your ability to multitask. To perform this exercise, simply find a flat hallway or large room in your home. Next, stretch your arms out to the sides while keeping your feet placed firmly on the ground. Walk forward slowly while keeping your focus on a spot on the opposite wall. Take 15-20 steps, then turn and walk in the opposite direction. Though this exercise is not strenuous, it can be a little tricky at first, but you'll get the hang of it before too long.

Easy Peasy

Breast cancer is a big deal. A mammogram is not.

Get yours for $99 between now and May 31.

Easy as 1-2-3

1



VISIT BEAUFORTMEMORIAL.ORG/ SAVEONMAMMOS

Select your preferred location (Beaufort or Bluffton) and click "Add to Cart."

2



MAKE YOUR PURCHASE ONLINE

Pay in advance by May 31 with a credit card, HSA/FSA account, or PayPal.

3



BOOK YOUR MAMMOGRAM

Call **843-522-5015** to make an appointment for your mammogram and bring your voucher receipt to your appointment.

BUY NOW, SCHEDULE LATER

Promotional pricing applies to mammogram screening vouchers purchased through MDsave between May 1–31, 2021. Vouchers can be used up to six months from the time of purchase.

MD save

Beaufort Memorial



TANGLED UP IN BLUE Steeped in Lowcountry charm, this gorgeous island home complements crisp whites with rich blue accents throughout.





BUILT TO LAST Throughout the home, case goods and materials were carefully selected to be beautiful and durable.

HOME SHOWCASE



Putting the fun in functional

COMFORT, DURABILITY AND CHILD SAFETY WERE THE FOCUS OF THIS PROJECT BY KELLY CARON DESIGNS.

STORY BY BARRY KAUFMAN
PHOTOS BY PHOTOGRAPHY BY ANNE

There's a transcendent beauty that lies in a well-designed Lowcountry home. The light and airy openness, the crisp white tones contrasted here and there with bold colors and natural textures … it's like living inside the sensation of a soft breeze off the ocean.

Living with young children, on the other hand, can be anything but transcendent. When they're not doing their darndest to etch each piece of furniture with fresh scuffs and abrasions, they're finding every opportunity to injure themselves on sharp corners and hard surfaces.

The question is, can these two polar opposite lifestyles peacefully coexist? Can you have a gorgeous Lowcountry home that meets the challenge posed by tiny humans and their constantly grubby hands? The answer is yes, and the photos here, showcasing the Hilton Head home of islander Kelley Stearns, prove it.

"Comfort and durability were key," said Sara Boyles, interior designer with Kelly Caron Designs, ASID. "Kelley has two kids, so it was a question of having things that were not only beautiful, but they had to be very functional and safe."





FAMILY LIFE The best part of the living room is the living — piling the whole family on the couch for movie night, and filling shelves with memories.

The living room seems perhaps the best illustration of this underlying principle. At its heart is the Bernhardt sectional sofa, perfectly balanced between style and comfort with performance fabrics that stand up to anything a kid can dish out. "She wanted something the whole family could sit on and watch a movie together," said Boyles. Likewise, the Wesley Hall Ottoman was chosen to convey both elegance and imperviousness, with soft-edged corners to avoid any toddler mishaps and textured leather that would make each scuff a part of the patina.

Even the flooring was chosen with kids in mind. What may look like wide French oak at first, second and probably even third glance is in fact luxury vinyl plank. "You'd never know it. In fact, she's had people compliment her on the wood floors," said Boyles.

In the kitchen, quartz counters were chosen not only to dazzle but to shrug off chips, stains and spills. "It's pretty ironclad," said Boyles. "It doesn't have the maintenance of a natural stone, so you just have this carefree house that looks beautiful."

Parents of small children know that "carefree" is a rarity, which is why Boyles designed the master suite as the ultimate maternal getaway. "Being a mom myself, and knowing that she had two toddlers at the time, she needed a sanctuary," said Boyles. The soft, muted colors blissfully evoke a spa-like atmosphere in this spacious escape, while the lush en suite bath continues the theme of low-maintenance materials with Mont Blanc quartzite counters.

But this home isn't just a masterclass in form and function – it's also a stunning example of perfectly utilized color. One of Stearns' goals for the home was to carry a subtle theme of blue, and Boyles executed this with brilliance. From the Benjamin Moore Hale Navy center island in the kitchen to the denim, sea salt and navy found throughout, the running theme carries into each room. "I want my designs to be cohesive throughout so the house feels connected," said Boyles. "When colors complement, it feels very inviting and comfortable."

Sophisticated and elegant, this home nonetheless proves itself worthy of the challenges of toddlerdom. It truly is the best of both worlds. *LL*





MOM'S PANIC ROOM When the rigors of motherhood threaten to overwhelm, the luxurious master suite indulges with tranquil splendor.


NOW OFFERING CUSTOM CABINETRY
Sales and Design
NIX
FLOORING
& DESIGN
HARDWOOD | TILE | VINYL | CARPET
OKATIE, SC • NIXFLOORING.COM • 843.645.1649

The best of both worlds

STORY BY BARRY KAUFMAN + PHOTOGRAPHY BY LISA STAFF

THINK YOUR OUTDOOR LIVING SPACE CAN'T BE BOTH A HUB FOR ENTERTAINING AND A QUIET SPACE TO RELAX? THINK AGAIN.

There are, in the general run of things, two kinds of outdoor spaces. The first is your classic relaxation space, tailored to create the utmost comfort as you laze away in the sunlight and breezes of the Lowcountry. The second is your entertainment venue, built with late-night laughter and daytime soirees in mind. The hard part is having to choose. But what if you didn't have to? Here we see how a double-decker porch was turned into a dual-faceted outdoor oasis that combines the serenity of a sleeping porch with the outdoor elegance of an al fresco party HQ.

"The challenge was to make sure they could do as much outside as they could inside," said ***Kelly Caron***, who designed this double-threat outdoor space and shares a few tips on how she did it.



UPSTAIRS

- **DAYBED SWINGS.** Suspended in mid-air, these Lowcountry Originals creations double as an intimate hangout zone or a good space to grab some Zs.
- **SUNBRELLA MATERIAL.** The cushioning not only stands up to mold, mildew and UV rays, its color palate was thoughtfully chosen to complement the home's décor.
- **INDOOR/OUTDOOR FANS.** Thin blades pair well with the minimalist design while keeping everything cool and comfortable.
- **PALM FRONDS.** Livening up an outdoor space is as simple as bringing in some outdoor elements. They provide a pop of color while being easy on the wallet.



DOWNSTAIRS

- **PLATEWARE.** Your guests deserve better than Styrofoam. Give them some dazzling dinnerware with these melamine outdoor dishes for a pop of color.
- **MIX MATERIALS.** Switching it up here and there, with resin, teak and concrete all well represented in the case goods, adds visual flair.
- **TREAD SOFTLY.** Tabby porcelain flooring not only lends the space a Lowcountry look, it's soft underfoot and easy to hose off.
- **COLORS AND TEXTURES.** The fireplace blends natural tabby with heavier wood accents and an accent panel of glass that matches the waterline tile in the pool, tying the outdoor spaces together.

Southern Living
COASTAL LIVING
DESIGN ALLIANCE

Winner of the Home Builder's Association
Lighthouse Award for "Best Interior Design"

KELLY CARON
DESIGNS



5778 Guilford Place
Bluffton, SC 843.815.4737
KellyCaronDesigns.com

Your lifestyle, perfectly tailored.


CRUSTS



ROOM OF THE MONTH

Functionality meets luxury

BILLY WOOD APPLIANCE HELPED CREATE THIS BEAUTIFUL AND TIMELESS KITCHEN IN BERKELEY HALL.

PHOTOS BY JOHN MCMANUS

The kitchen is always the heart of the home for everyone to gather, which is no exception when it comes to this Berkeley Hall house designed by H2 Builders. The kitchen appliances, supplied by ***Billy Wood Appliance***, helped bring the design vision to life. The owners were looking to keep their home light and bright while bringing in the warm elements of reclaimed wood and brick. Brantley King from Billy Wood Appliance says, "I love how the brick brings so much warmth into the room." She also spoke about how this refrigerator is a favorite of designers. "They come as is, or they can be customized with a glass door. They're especially loved for fitting various space configurations." This high-end kitchen is not only beautiful and functional but will remain timeless. *LL*





COLD STEEL The Sub Zero 48-inch Pro Series Refrigerator can be installed directly within surrounding cabinetry for a built-in, or accessory panels can be added for a freestanding unit. Find it at Billy Wood Appliance.

HOT STUFF The Sub Zero Wolf 48" Gas Range and Infrared Griddle allows for temperature control with the six dual-stacked, sealed gas burners for higher highs and lower lows. Find it at Billy Wood Appliance.

EXPERT ADVICE

Five ideas from a professional

TIPS FOR CHOOSING THE RIGHT SHADES AND SHUTTERS FOR YOUR WINDOWS

Bob Engler of Budget Blinds of Hilton Head Island & Beaufort *shares the latest style and innovation trends from the world of window treatments.*

1. AUTOMATIC FOR THE PEOPLE Automated shades make controlling light and privacy easy. Shades can be programmed to function if you are in or out of town. You can control sunlight at peak hours by just creating scenes in an app.

2. GET A FEEL FOR IT Texture is a very popular trend right now. Clients like shades that can add to the decor in their homes. Woven shades and roller shades offer a tremendous amount of material selections to accomplish this.

3. KEEP IT CLEAN The opposite of texture would be clean and simple. Some clients prefer to keep it simple and functional. Plantation shutters are a great product for this option. They are like built-in furniture for your windows and they easily control light and privacy.

4. USE SUNSCREEN With the large windows and many days of sunlight here in the Lowcountry, sunlight protection is so important. Solar shades are a great solution. They block UV rays but also help maintain your great views. While they are a great option inside homes, they are also wonderful on porches.

5. SAFETY FIRST Window-covering safety is an important topic. Most of the products we offer are either cordless or automated. Cords and strings are becoming a thing of the past. Products are safer for children and pets, and they look better.









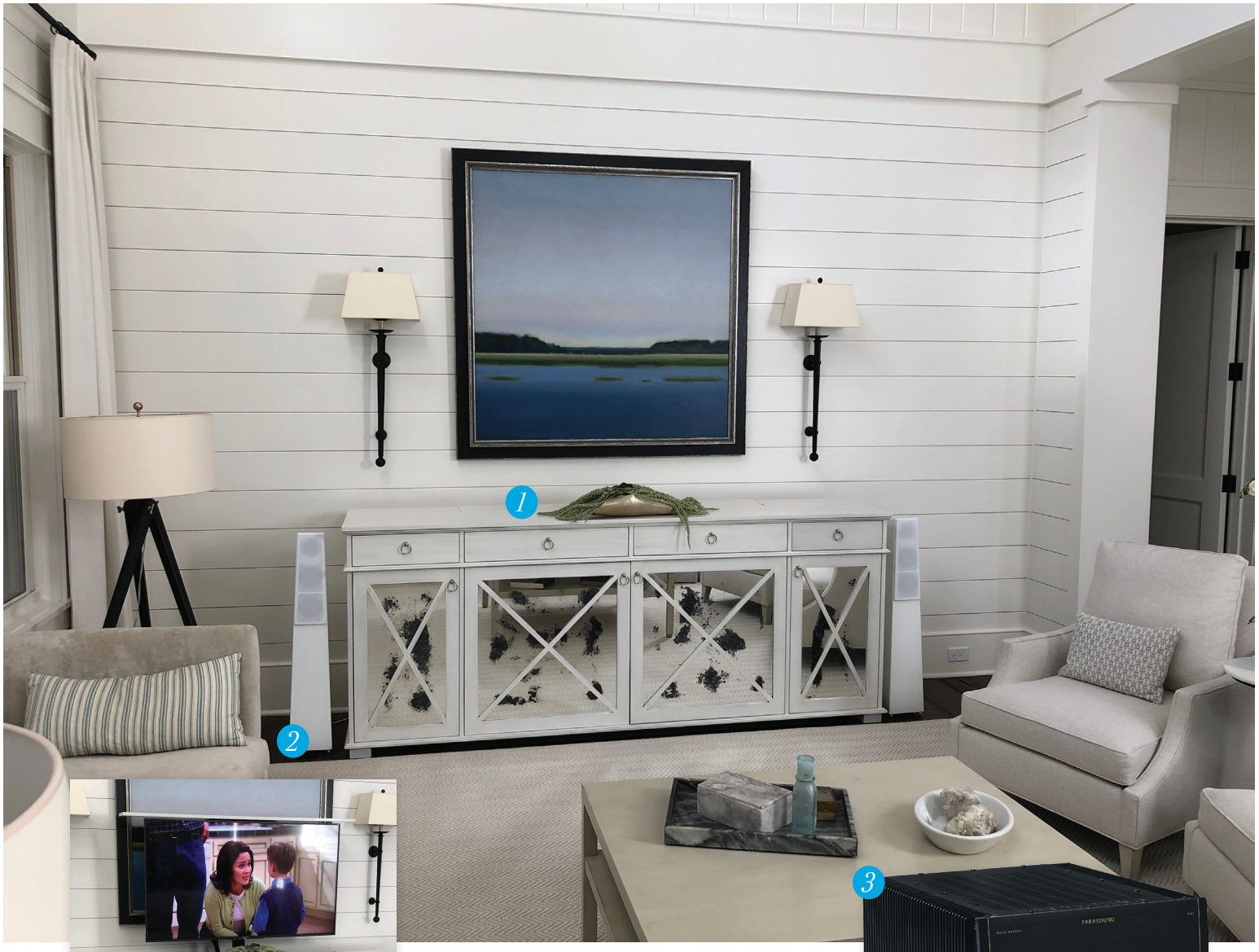



KPM flooring
STONE ○ TILE ○ AREA RUGS ○ WOOD ○ CARPET
35 MAIN STREET, SUITE 110 ○ HILTON HEAD, SC 29926 ○ (843) 342–4955
WWW.KPMFLOORING.COM

Hidden in plain sight

CONCEAL YOUR LARGE SCREEN TV WITH A STYLISH AUDIO/VIDEO CABINET.

As the average size of televisions owned in the US has grown, so has the challenge of camouflaging their shiny, flat and massive screens when not in use. ***Curt Hubner, owner of Advanced Integrated Controls*** *in Bluffton, shared inspiration for hiding a large TV in a stylish way with this local project.*



1. THANKS FOR THE LIFT

This custom A/V cabinet utilizes a motorized Nexus 21 pop-up lift to conceal a 55-inch Sony 4K TV. "When not in use, the TV is no longer a distraction and will not bog down the decor or aesthetic of the room," Hubner said.

2. SPEAKERS OF THE HOUSE

The speakers used are from Totem and are named the Tribe Tower. "They musically energize a room and bring every sound to vivid, three-dimensional life, from the subtlest whisper to complex symphonies."

All items and features shown are available through Advanced Integrated Controls. Learn more at ***hiltonheadhometheater.com****.*

3. TURN IT UP

Another hidden hero in this entertainment space is the Halo by Parasound amplifier. Part of Parasound's premier product line, the Halo series marks a new standard for sound and style. "Every Halo model has earned an unprecedented number of rave reviews from top critics in the audio/video industry."



DESIGNED TO IMPRESS

TAKE YOUR DESIGN TO THE NEXT LEVEL WITH ELAN SMART HOME AUTOMATION

AIC
ADVANCED INTEGRATED CONTROLS
CONNECTING YOU TO THE WORLD

hiltonheadhometheater.com (843) 836-5700 | elancontrolsystems.com

©2021 Nortek Security & Control LLC. All rights reserved. ELAN® is a registered trademark of Nortek Security & Control LLC.

BEFORE & AFTER

Anatomy of a makeover

J. BANKS DESIGN GROUP TRANSFORMED THIS SEA PINES BEACH VILLA INTO A MASTERPIECE.

STORY BY BARRY KAUFMAN

There is one inescapable fact when it comes to homes: there is always room for improvement.

For example, you might have an adorable oceanside villa in Sea Pines' exclusive Turtle Lane Club where you're nothing more than an open door away from stepping out among the dunes. Let's say it's even an end unit, giving you lush green space to enjoy and natural light throughout your house.

That's great. But there's always room for improvement. Especially in the case of this particular Turtle Lane villa, where décor stuck in the '90s begged for a modern reboot. Enter ***Hannah Fulton with J. Banks Design Group*** and her unique vision for updating, brightening and dragging this villa into the 21st century with the help of owner Jacquine Clark and contractor VanGeison Construction.

"From the flooring up, it was very dated. It was in need of a complete renovation," she said. "We made it more sleek, more transitional. Everything we did cleaned things up."

Cleaning up is an understatement, as the photos show.



BEFORE



©ALL AFTER PHOTOS BY KATIE CHARLOTTE PHOTOGRAPHY

The dining room

They say the road to hell is paved with good intentions. Such is the way with mirrored walls. They are generally installed with the noble intention of making a space seem bigger, but in practice they do nothing more than instantly date a space.

"They are our favorite things to rip out," said Fulton with a laugh. Pulling down the mirror allowed for a fresh and modern shiplap half wall, balanced out with a grasscloth upper wall dyed to reflect a watery, coastal feel. These colors find an elegant complement in the tray ceiling, painted a subdued sea-glass shade during renovations, as well as in the new dining table's dramatic aqua chair and bright blue seat cushions.

Part of renovation is looking to the future, and in the flooring Fulton chose a material that would stand up to the test of time (a must should the villa ever enter the rental market). "It's a parquet tile designed to look like wood," she said. "It's very durable for sand and pets."

J. BANKS

DESIGN GROUP

Hilton Head Island · Charleston · Denver



For over 34 years, we have captured and delivered our client's vision.

jbanksdesign.com | 843.681.5122 | info@jbanksdesign.com | @jbanksdesign
Retail Store: 35 N. Main Street, Hilton Head Island, SC | @jbanksretail

The kitchen

Speaking of pets, Fulton was sure to include a special treat for the villa owners' prized pooches. The same Vetrostone festooned with sea glass that comprises the customized pet bowl also winds its way up the waterfall edge of the kitchen's new counters. These counters serve as a beautiful complement to recycled glass tiles that wind around the kitchen's walls.

The freshened material not only adds visual flair, it subtly amplifies the sense of spaciousness that drove renovations in the kitchen.

"It's not a large space. We wanted to maximize what we had," said Fulton.

One of the more ingenious ways the team at J. Banks Design Group maximized the space was through the kitchen's center island. Set on casters, it's not only eye-catching, it's a multi-functional wonder. With just a slide across the room, it goes from a work surface to a buffet to a breakfast nook.









©ALL AFTER PHOTOS BY KATIE CHARLOTTE PHOTOGRAPHY



Living room

If the living room is the heart of the home, this villa was in serious need of a cardiologist. Filled with overstuffed furnishings and ringed with arch-topped built-ins, this space was saved only by the breathtaking views beyond its sliding-glass doors. Step one was trading up the furniture for lighter pieces that evoked a greater coastal motif, and step two was, well, everything else.

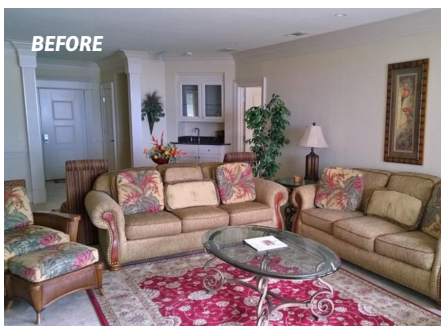
"We wrapped that whole living room in shiplap to be light and bright and give it a little detail without too much molding," said Fulton.



The built-ins were rebuilt to not only clear up the clutter of smaller drawers and eliminate the arches but also to enhance the maritime theme through nautical sconces above each. And the piece de resistance was the custom rug, hand-picked by Fulton to reflect the color scheme.

"It was the perfect piece that just grounded the space," she said. "We selected each thread. It was a neat process to customize."

The result is a living room as beautiful as the views beyond. *LL*



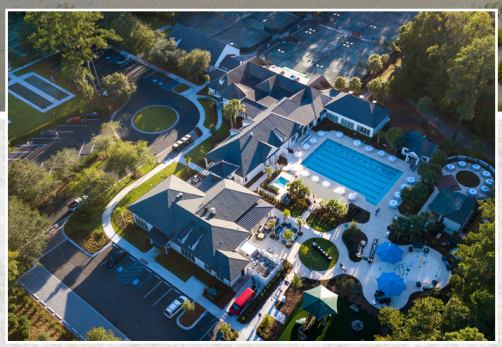


Living Our Best Life

in the heart of the Lowcountry

At Belfair, we believe there's no better time than now to create your fullest, most balanced life – and there's no shortage of opportunities to lead you there. With our Reinvented Sports & Lifestyle Campus, there's an abundance of activities the whole family can enjoy. From the social halls and bistro to connect with your neighbors, fitness classes and court sports to keep you active, friends that make it fun to reach your personal fitness goals and various wellness solutions for your mind and body, Belfair is the place to find your peak levels of health, connections, and happiness.

BELFAIR







Discovery Package

BELFAIR WILL REINVEST $20 MILLION DOLLARS INTO THE COMMUNITY OVER THE NEXT 10 YEARS.

Includes a two night stay in one of our cottages, two rounds of golf on either of our Championship golf courses, dining at the 1811 Grille, access to our world-class Golf Learning Center and our Sports & Lifestyle Campus. *

**Package subject to availability*

Bluffton, SC • 843.757.0700 • Discover@Belfair1811.com

www.LifeAtBelfair.com

HOME TECH

TAKE YOUR HOME TECH WITH YOU

Don't leave the comforts of home behind

When you get out of Dodge this summer, don't forget to take the comforts of home with you. Whether you are going to cool off at a mountain lodge, sail the open seas or head out on the highway to the perfect AirBNB, make sure you pack the essentials. And we don't mean your toothbrush.





Alexa loves to travel

There are so many good reasons to take your Echo with you, including keeping your playlist close by, finding a great local restaurant and telling you tomorrow's weather. As long as there's Wi-Fi at your vacation spot, here's all you need to do:

SET UP IS A BREEZE

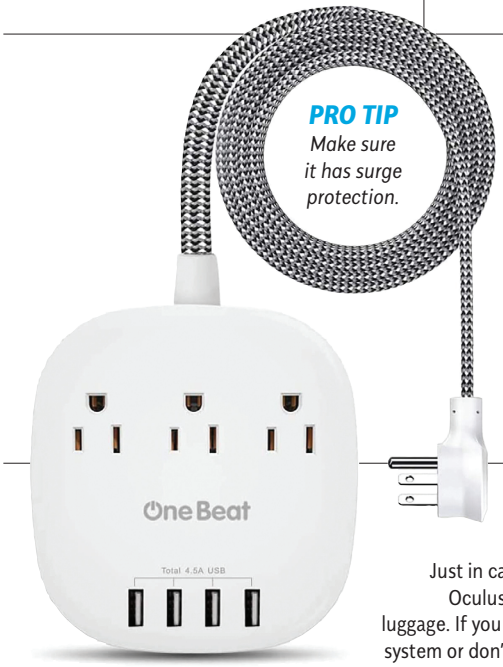
- Plug in your ECHO and wait for it to boot up, then press and hold the action button (that's the one with the dot on it) for six seconds. This initiates the Echo's Wi-Fi pairing process and turns the light orange.
- Open the Alexa app on your smartphone, go to "add a new Echo device" and input the Wi-Fi password.

TO USE YOUR ECHO LOCALLY WHEREVER YOU ARE

- Open the Alexa smartphone app.
- Tap on "Devices" and select your device (the Echo you've taken on vacation).
- Pick the country you're visiting from the list, enter the address of your hotel or holiday rental, and tap "Save".

Take your cable TV with you

If you are a Hargray customer, make sure you sign up for TV Everywhere. With that app on your mobile device you can stream your favorite shows from wherever you are. You can even program your DVR with the app so you will never miss a show. It's available on the app store.



PRO TIP
Make sure it has surge protection.

Power up

No matter where you are going, there will not be enough outlets for USB and all your chargers, so take an extension cord to stay charged. We love this One Beat (available on Amazon.com) because it has outlets and USB ports.



Don't weight

Now for the bad news. You don't have to give up on your diet just because you are away. This NewlineNY Auto Step On Super Mini scale only weighs 20 ounces so it's easy to pack. Bonus: If you are flying, you can weigh your luggage to see if it needs a diet to stay under the airline weight surcharges.

Game on

Just in case it rains, tuck your Oculus or Nintendo in your luggage. If you don't have a gaming system or don't want the bother of bringing one, you can enjoy game time with your mobile devices. ***Our favorites for group play are:***



HEADS UP
Ellen DeGeneres' favorite



CHARADES
Just like real Charades



SMULE
Karaoke without renting



MONOPOLY
Yes, that Monopoly



PSYCH
Lying is encouraged

Keep an eye on things even when you're far away



Whether you're traveling for vacation or managing a second home, Custom Audio Video offers automation solutions that help you control your home from afar. From security, lighting and shades to HVAC and pool pumps, we put total control in the palm of your hand.

For a **FREE** review of our audio video and home automation options,

Call. Click. Or Come In.

843.815. 5130

www.custom-audio-video.com

CUSTOM AUDIO VIDEO

Expert Team - Smart Solutions

48 Pennington Dr., Suite B • Bluffton, SC

Buy it or try it

THIS RIVER CLUB HOME COSTS $2.9 MILLION, BUT ITS INSPIRATION IS FREE.





This Tuscan-inspired masterpiece at ***53 River Club*** is listed by Ken Oliver of Dunes Real Estate for $2,999,000. As beautiful as the home is on the inside, the outside is even more spectacular with the ever-changing panoramic water views that are enjoyed from exquisitely designed outdoor spaces. If you aren't ready to move in now, we hope these magical scenes will inspire your next backyard update.

What we love

No matter how stressful your day was, the sense of calm is overwhelming, thanks to the water, lighting and hardscape features. The only problem is that your guests may never leave once they settle in.

Ideas to steal

1. Fountain of youth. *Water features are easy to add to most spaces and can create a soothing sound with the addition of a solar-powered bubbler.*

2. Contain your enthusiasm. *Container planters come in all styles and shapes. This one fits perfectly with the fountain and Tuscan setting.*

3. Light it up. *The lights in the fountain make it a focal point in the evening. Solar-powered lights can be added easily, which gives that rippling effect on a tree canopy. Ahhhh, the Lowcountry.*

4. Double up. *Two umbrellas can make a space cozy while performing their functional benefit of shading.*

5. Fire's burning. *Fire has the ability to draw people close. If you don't have a permanent feature like this stone masterpiece, many portable fire units are available, and some have the added convenience of gel fuel instead of wood.*

6. Defined seating area. *Varying the patterns of the stonework, like the herringbone inlay, creates a seating area as a carpet would, with the added benefit of never having to vacuum.*

Just the facts

- *4,228 square feet*
- *4 bedrooms, 4.5 bathrooms*
- *Deep-water access from private boat dock*
- *Moss-draped, 100-years-old live oaks*
- *20,000-pound boat lift*



Considering A Realtor? Look No Further!

We Are Invested In:

- *Your Real Estate Needs*
- *Your Satisfaction*
- *Your Future*

Ken & Clay Provide:

- *Exemplary Service*
- *Integrity & Trust*
- *Commitment*
- *Dependability*
- *Support*
- *Knowledge*
- *Experience*
- *Competence*
- *Sincerity & Humility*
- *Sense of Humor*

KEN & CLAY OLIVER
YOUR PROVEN REAL ESTATE PROFESSIONALS

Don't Hesitate...Ken and Clay Are Just A Call Or Click Away!

OLIVER TEAM HONORS

• #1 Listing Agent and #1 Top Producing Agent for Dunes Real Estate for 2020!

• Dunes Real Estate's Top Listing and/or Selling Agent 36 out of 42 Years • Most Closed Transactions in Palmetto Hall for the Year, 2020

• Have Assisted Thousands of Buyers and Sellers • Island Residents since 1977 & 1994

843.816.0167 Ken's cell . 843.422.8432 Clay's cell

Ken-Oliver.com . Ken@Ken-Oliver.com . Clay@Ken-Oliver.com

DUNES real estate

DUNESREALESTATE.COM

LUXURY PORTFOLIO INTERNATIONAL REAL ESTATE

Leading REAL ESTATE COMPANIES OF THE WORLD



Michael Karas ***Summer Marsh*** *Oil 30" X 40"*

EXPERT ADVICE
If you lack artistic vision, The Red Piano Art Gallery offers home walkthroughs with an expert for suggestions. Draw inspiration from the gallery's original works, shown on the following pages.

How to choose art for your home

LOWCOUNTRY ART GALLERY OWNER BEN WHITESIDE GIVES US HIS BEST ADVICE FOR CHOOSING ART.

STORY BY MICHAELA SATTERFIELD

Wandering into The Red Piano Art Gallery in Bluffton is like wandering into a little corner of a storybook world. The paintings are the characters, and the owner, Ben Whiteside, is the narrator. Colors set the scene. Whispers of history and other worlds dance across the walls. You can't leave the gallery without wishing you could take a piece of it home with you – and the good news is, you can. But which piece to choose? You may know what you like or have yet to develop your taste. You may know which spaces in your home need art, or you may be at a loss on where to start. Either way, choosing the right artwork for your home is a task best advised by a seasoned gallery owner. ***Here are Whiteside's five tips:***

1. Know what you're working with

We know you're itching to get out and see the Lowcountry's great art scene for yourself, but hang on. First, there are a few things to consider. For one thing, take a mental note of areas in your home that need artwork. Pay special attention to areas where you spend the most time. Whiteside says one service The Red Piano Art Gallery offers is a walk through, during which an expert lets you know which spaces in your home to prioritize on your search for art. You'll also want to note the sizes of your rooms – especially the ceiling heights. This will determine the size and scale of the art you choose. For example, tall ceilings are typically paired with large-scale art.

A Waterfront Destination to call HOME





58 Blue Crab Manor
Waterfront | $1,795,000

Offered for the first time is an exquisite Lowcountry estate along the Intracoastal Waterway of Hilton Head Island.

This showcase residence spans over 5,600 square feet with a main house, spacious guest cottage, and carriage room over a 3-bay garage.

An impressive custom-designed and built home of 4 bedrooms, 4 full bathrooms and 2 half bathrooms built to appreciate the 1.1 acres of upland at the end of a private community road. Filled with the very best quality and a front row seat to dynamic sunsets and island living.

Collins Group Realty

Structured to Serve

If you're thinking of selling your luxury property, call the
Leading Real Estate Team in the Lowcountry

(843) 341-6300 HHI | (843) 837-6700 Bluffton
CollinsGroupRealty.com/SellingHHI



CLHMS MILLION DOLLAR GUILD®

2. Check out the local art scene



Jonathan Green ***Uncle Harry's Farm Bus*** *18" X 24"*

Now, you can get to the galleries – the fun part. The Lowcountry has an art scene rich in history and variety. The Red Piano Art Gallery has been around since 1969, Whiteside says. It's filled with the work of artists who live from coast to coast. One great thing about the Old Town art community is everyone supports each other. "If someone interested in original art does not find what they are looking for with us, then they have many choices, all within easy walking distance," Whiteside says. He recommends shopping around to make sure you find the perfect pieces for your home. There's even a place to go for a list of all the Old Town art galleries: *shopoldtownbluffton.com.*



Mark Boedges ***Angela Rose*** *30" X 40"*

3. Take your time getting serious

When it comes to the search for art, there's no need to rush. Trust the process and don't take just any piece of art home with you. Whiteside says gallery guests are welcome to take photos to use as a reference before sealing the deal. Better yet, you can actually bring the artwork home to make sure it's the right fit. Whiteside says it takes time to learn which art appeals to you. That being said, he suggests collecting pieces over time. Your collection will grow with your taste in art. "As you discover what does have appeal to your own taste," Whiteside says, "this knowledge allows you to appreciate the artwork more."



Offering FREE monthly in person seminars & online webinars on a wide variety of topics including ***Wills & Living Trusts***, ***The 5 Myths of Estate Planning***, ***Estate Tax Planning***, and many more.

Contact our office and mention LOCAL Life for more information.

843.815.8580
montgomeryestateplanning.com

4. Go with the trends...

If you want to keep your interiors in style, Whiteside has some insider tips. He says neutral interiors that use art to provide color in the space are popular. As a bonus, this makes it easier to switch up a space when the trends change. To make sure the colors in a piece will play well with the colors in your home, Whiteside says bringing the artwork home for a test-run is your best bet. The gallery wall is another trend everyone is currently loving. This involves filling up a wall with art in different sizes featuring different subject matters. It may sound a bit crazy, but trust us on this one. Gallery walls are eclectic and quirky – the kind of charm you can't help but love. To look at it in a more practical light, groupings like these are handy to fill spaces where a single piece of art may look awkward and out of place.



Stephen Scott Young ***Summer Fishing***
18 1/2" X 17 1/2"

5. ... or follow your heart

Trends come and go, but if you go with art you love, you can't go wrong. Choosing art that fits your personal taste will give your collection a timeless appeal. It's okay if you don't know which art that is at first. Whiteside says this takes time. "A person's response to art is an emotional response," he says. "If you see something that appeals to you, then you are beginning to learn what you like." *LL*



WILLS • TRUSTS • ESTATE ADMINISTRATION • IRA & RETIREMENT PLANNING





W. A. Hunter
Montgomery, Esq.

Guarding the legacy and wealth of over 1,000 SC families since 2002.

AMERICAN ACADEMY
of Estate Planning Attorneys
Since 1993

Making an estate plan is a big and important step; a step that no one should take without being fully informed.

Our mission and our passion is to make a difference, one family at a time.

MONTGOMERY
LAW FIRM, LLC

10 Pinckney Colony Road | Suite 402 | Bluffton, SC

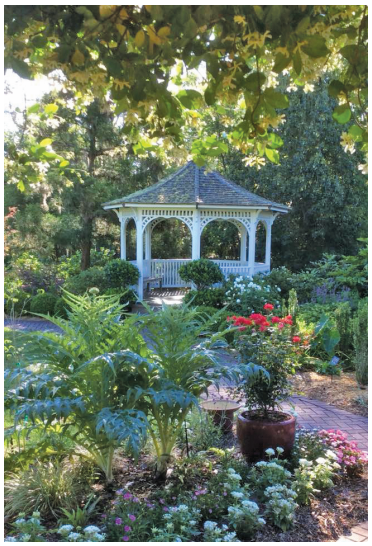
843.815.8580

montgomeryestateplanning.com

THE ACCIDENTAL GARDENER

On the road again, just can't wait to get on the road again ...







Now that Covid vaccines are widely available, Willy Nelson said it best, "Just can't wait to get on the road again!" Here in the Lowcountry, we are fortunate to be just a beautiful road trip away from many fabulous attractions. As my hubby tells me every day, I can go on, and on — forever. So, for the sake of his sanity and yours, I will try to narrow my focus and contain my enthusiasm (for the moment). ***Here are few great day and road trips for garden lovers.***

Savannah

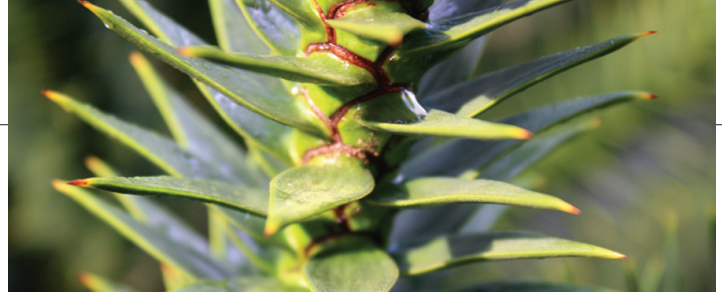
The Hostess City has some of the prettiest parks in the country, and no visit to the Lowcountry would be complete without a visit to this charming city. In addition to the rich history in both architecture and horticulture, Savannah offers two of the most wonderful gardens anywhere.

Coastal Georgia Botanical Gardens

To enjoy this scenic 52-acre botanical garden, pay the $5 admission and pick up a self-guided tour map. The most historically significant plants at CGBG are the bamboo groves, primarily those planted by USDA plant explorers prior to 1945. Numerous hardwood trees planted in the 1920s remain, many of them rather rare species even in today's horticultural standards. Other substantial plant collections include palms that are cold hardy to at least 15 degrees – the largest outdoor palm collection north of Florida. Moreover, over 900 camellia plants fill the Judge Arthur Solomon Camellia Trail, including several camellia species not commonly seen outside of their native China. Daylilies, landscape/shrub roses, bearded irises and aquatic ornamentals are showcased in garden beds. Various hardy tropical plants grow across the grounds, too. Areas of note include the Cottage Garden, Xeriscape Garden, Water Garden, Shade Garden, Organic Vegetable Garden and expansive Bamboo Maze with three-story lookout tower. The Garden for All Abilities is for people with physical disabilities.

DAY TRIP

Hilton Head Island to Coastal Georgia Botanical Gardens
54 minutes *(48.5 miles) via U.S. 278 W and I-95 S*



Georgia Southern's Armstrong Campus Arboretum

The Arboretum covers 268 acres and displays a wide variety of shrubs and other woody plants. Developed areas of campus contain native and introduced species of trees and shrubs, most of which are labeled. There are some fabulous apple trees that produce wonderful fruit. Natural areas of campus contain plants typical in Georgia's coastal broadleaf evergreen forests such as live oak, southern magnolia, red bay, horse sugar and sparkleberry. Several plant collections have been established in the Arboretum, including a Camellia Garden, Conifer Garden (containing over 140 different conifers), Fern Garden, Ginger Garden, Primitive Garden and an International Garden, which celebrates the diversity of the university community by displaying plants from around the world. One beautiful rose bush in particular hails from France and was brought over right before the breakout of WWII – it's sure to inspire you.







DAY TRIP

Hilton Head Island to Georgia Southern's Armstrong Campus Arboretum

56 minutes *(43.3 miles) via SC-46 W and May River Road*

HILTON HEAD EXTERMINATORS
ABOVE & BEYOND PROMISE

Luis Claudio

Pest Control Technician, 13 years

"Luis always does a wonderful job. He helped me this last time by coming early so I could keep a commitment that day." - *Edith S.*

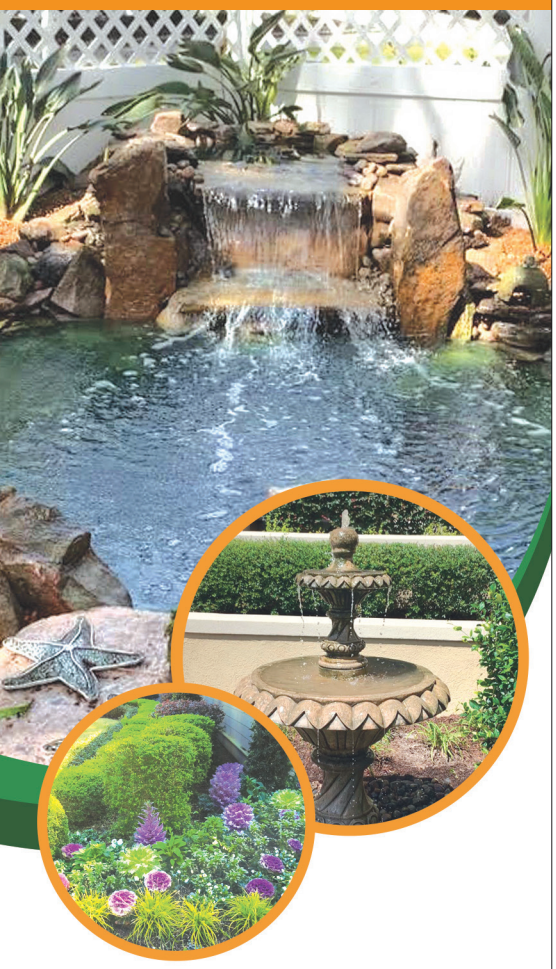


HILTON HEAD EXTERMINATORS

HILTON HEAD: 843-681-2590
BLUFFTON: 843-706-9933
WWW.HILTONHEADEXTERMINATORS.COM

Providing Above & Beyond Service to Hilton Head & the Lowcountry Since 1968

RELAXING
OASIS



Professional Lawn Care & Landscape
Turf Maintenance & Sod Installation
Shrub and Tree Planting & Pruning
Irrigation & Lighting Systems
Fertilization & Weed Control
Hardscapes & Pathways
Aquascapes

Family owned and operated since 1981

843.304.4397

GreenscapeHHI@gmail.com

GREENSCAPE
LANDSCAPE

Charleston

I can't honestly think of a more romantic city than Charleston. I first visited Charleston as a young girl, and it left a lasting impression on me that has never diminished. I only wish time were as kind to my own appearance as it has been to Charleston. I am simply enamored with every aspect of Charleston, including its abundant flora and fauna.







Private garden tours

Steeped in rich history, wonderful food and fabulous vistas, Charleston truly offers something for everyone. But have you ever wondered what magical gardens live behind those imposing brick or wrought-iron gates as you meander through the city? Well, wonder no longer. The Charleston Horticultural Society offers private tours of these gardens from September through May.

Book a tour: *There are several packages available, so I urge you to call (843-579-9922) to set up a tour specifically curated for your interests. Learn more at chashortsoc.org.*





Hampton Park

The Charleston Horticultural Society also created a wonderful audio series that reveals some of the rich history and culture that lies beneath the city's paths. Hampton Park, one of Charleston's largest parks, (covering 60 acres and located right outside the front gates of the Citadel) boasts the most extensive floral displays of any park in the city. Hampton Park has a history both bright and dark, with rich and fascinating stories. The Charleston Horticultural Society's tour brings Hampton Park's history to life. The audio walking tour called Layers of the Landscape is available by calling its office.

ROAD TRIP

Hilton Head Island to Hampton Park
2 hours, 3 minutes
(97.8 miles) via US-17 N


Abide A While

Great nurseries

Last but certainly not least, if time allows, do yourself a favor and visit one, or better yet, both of these nurseries – I am never disappointed in the unusual varieties of plants that they offer and have never once left empty handed.

- *Abide A While, Mt. Pleasant*
- *Hyams Garden & Accent Store, Charleston*

Happy gardening!





Ask & Answer

Dear Accidental Gardener,

I live in a condo with a covered hallway in front of my unit with no direct natural light. I'd like to place live plants outside my front door but I don't know which plants will live in such low light.

— Stumped in Skull Creek



Dear Stumped,

Several plants come immediately to mind but each with its own needs. The peace lily would provide a beautiful display of flowers but does require regular watering. The ***prayer plant*** is a good choice if you want to add a pop of color to a drab area because its leaves have variations in rich green, purple, yellow and red. However, you will need to mist its leaves regularly. If you don't want to be burdened with regular watering or misting, try a snake plant. It's almost impossible to kill except by overwatering. Hope this sheds some light on your situation.

Got a question for the Accidental Gardener? Email info@wearelocallife.com

Closet Therapy
De-stress While You Dress.



Call for a free in-home design consultation and estimate.

Custom Closets Pantries Laundry Rooms Home Offices Garages Wall Beds

40% off plus Free Installation*

Ask your designer how to save even more!

*40% off any order of $1000 or more; 30% off order of $700-1000. Free installation on order of $600 or more.



Closets byDesign

Personalized solutions for any budget.

closetsbydesign.com

843-225-6725 LL

SECRET SPOT OFF THE BEATEN PATH

Hamilton Branch State Park

STORY + PHOTOGRAPHY BY MICHELE ROLDÁN-SHAW







The Midlands are a bit further afield than I normally venture in this series, the spirit of which is backyard adventures that make for an easy day- or half-day-trip from home. But in keeping with this month's road-trip theme, "Secrets Spots" is going weekend warrior for a visit to Hamilton Branch State Park.

Where red dirt, blue water, green trees and open sky meet — that is your point of focus. Whether paddling to a tiny island humped in the sparkling lake or just enjoying the view lounged out in a hammock back at camp, your eyes will be so satiated with these vistas that you'll still be seeing them in your sleep. Of the 200+ spacious campsites at Hamilton Branch, only about five aren't waterfront. That's because the park sits on 70,000-acre Lake Thurmond (just north of Augusta on the Georgia/South Carolina line), a man-made reservoir in the Savannah River Basin with so many groping little fingers that it has 1,200 miles of shoreline. The forest around it consists of tall pines rising out of the red clay, ringed with sweet gum, wax myrtle, willow oak and wild blueberries at water's edge. This is lakeside life at finest, with the tent pitched on a pretty bluff or an RV just a few steps from water lapping at your private cove. People ride their golf carts around and have pontoon boats anchored right off their campsites.

I discovered the area quite by accident when making a pit stop on my way to the mountains. Pulling over at a recreation area in Modoc, South Carolina, I was blown away by the unexpected beauty: broad vistas of open water and undeveloped shoreline, which contrasted with startlingly red clay beaches that tinged the shallows a pretty golden orange. When I got back on the road, I passed signs for Hamilton Branch State Park and Sumter National Forest, which seemed a promising lineup, so I was determined to return. That day came in spring with gorgeous bug-free weather and a mission to make a mini-campout yield max nature adventure. I found a secluded campsite towards the end of a little peninsula, with a perfectly flat red clay plateau on a high bluff overlooking spectacular views of the lake. It had a Western exposure so that I could catch evening rays after a swim and watch the sunset behind my campfire, in what



STAY THE NIGHT Campers can reserve one of more than 200 spacious, lakefront camping sites at Hamilton Branch State Park. Cabins, villas and lodge rooms are also available.

Road trip

Location: Hilton Head Island to Hamilton Branch State Park (Plum Branch, South Carolina)

Distance: 3 hours, 10 minutes (158.8 miles) via SC-125 N

Mode of transport: Boat, bike, paddleboard, golf cart, pool float, anything you like.

If you go: Check out nearby Sumter National Forest (Long Cane District) for hiking and mountain biking trails.







ALONE TIME The Wine and Turkey Creek Trails in Sumter National Forest are not as busy as other trails in the area. They can be done as a 14-mile out-and-back. You may not see another person.

I called the infinity fire ring because it was built right at the edge of the bluff with negative space dropping away behind it. At night I slept in the back of my truck and had a sublime view of the stars, lulled by the gentle lapping of lake water and the grumpy squawks of passing herons.

Apart from swimming and paddling, my explorations fanned out into the Sumter National Forest for a 14-mile hike on the Wine and Turkey Creek Trails. I saw not a single soul apart from some men doing construction at a road crossing. The terrain was something between the mountains and the Lowcountry, with lazy brown streams that coursed at times between sand banks and cypress knees, and at other times between powdery blue and white rock formations. ***Wild Easter lilies*** and ***swamp azaleas*** were in bloom, and swallowtail butterflies drifted around the streams. There was no grandeur, nothing truly impressive; just a quiet woods-walk in an unassuming part of the state that I never thought could be so pleasant.

I wouldn't want to be at Hamilton Branch on Fourth of July weekend with jet skis swamping my kayak and shrieking revelers costing me sleep at night. But, hey, some people like that. Whether you're a full-throttle weekend party person or a mid-week offseason loner type like me, I invite you to consider Hamilton Branch for your next getaway — it's hard to go wrong with lakefront property. *LL*





BEFORE YOU HIT THE WATER THIS SUMMER MAKE SURE YOUR BOAT IS AS READY AS YOU ARE!

ANNUAL MAINTENANCE

GENERAL REPAIR

YAMAHA WARRANTY REPAIR

THE BOATHOUSE
N
EST. 1987
S
SALES · SERVICE

843.681.2628

3 locations

HILTON HEAD | OKATIE
PALMETTO BAY MARINA

HHBOATHOUSE.NET



LIGHTS OUT FOR TURTLES
If your building is visible from the beach, turn off your outside lights and close your drapes at **10 p.m., May 1- October 31**, the nesting and hatching season for Loggerheads.

WAYBACK LOWCOUNTRY

Sea turtle eggs: From snack to sacred

STORY + ARTWORK BY MICHELE ROLDÁN-SHAW

It's summer and the nights are hot and thick. A full moon rises over the glittering Atlantic. All along the beachfront, residents flick off their lights in deference to the epic struggle of hundreds of tiny hatchlings making a mad dash to the sea. Following the guiding celestial light, rather than getting confused by artificial ones leading back toward civilization and death, baby turtles get a better start to life thanks to the care of local citizens.

But it wasn't always like that. As nesting season ramps up for endangered loggerhead sea turtles — as well as green, leatherback and Kemp's Ridley turtles that on rare occasions make their nests along South Carolina coastline — we should consider how far we've come.

A generation or two ago, people used to dig up the eggs and eat them as snacks. Or, it was rumored, as an aphrodisiac. Now such poor taste could get you fined or even locked up. Earlier this year, two Florida men were sentenced to federal prison for robbing 93 loggerhead eggs off a beach under cover of darkness. In 2015 a Georgia egg thief was sent back to prison less than two years after completing a six-month sentence for the same crime. Under the Endangered Species Act, it's illegal to mess with loggerheads or their nests at all.

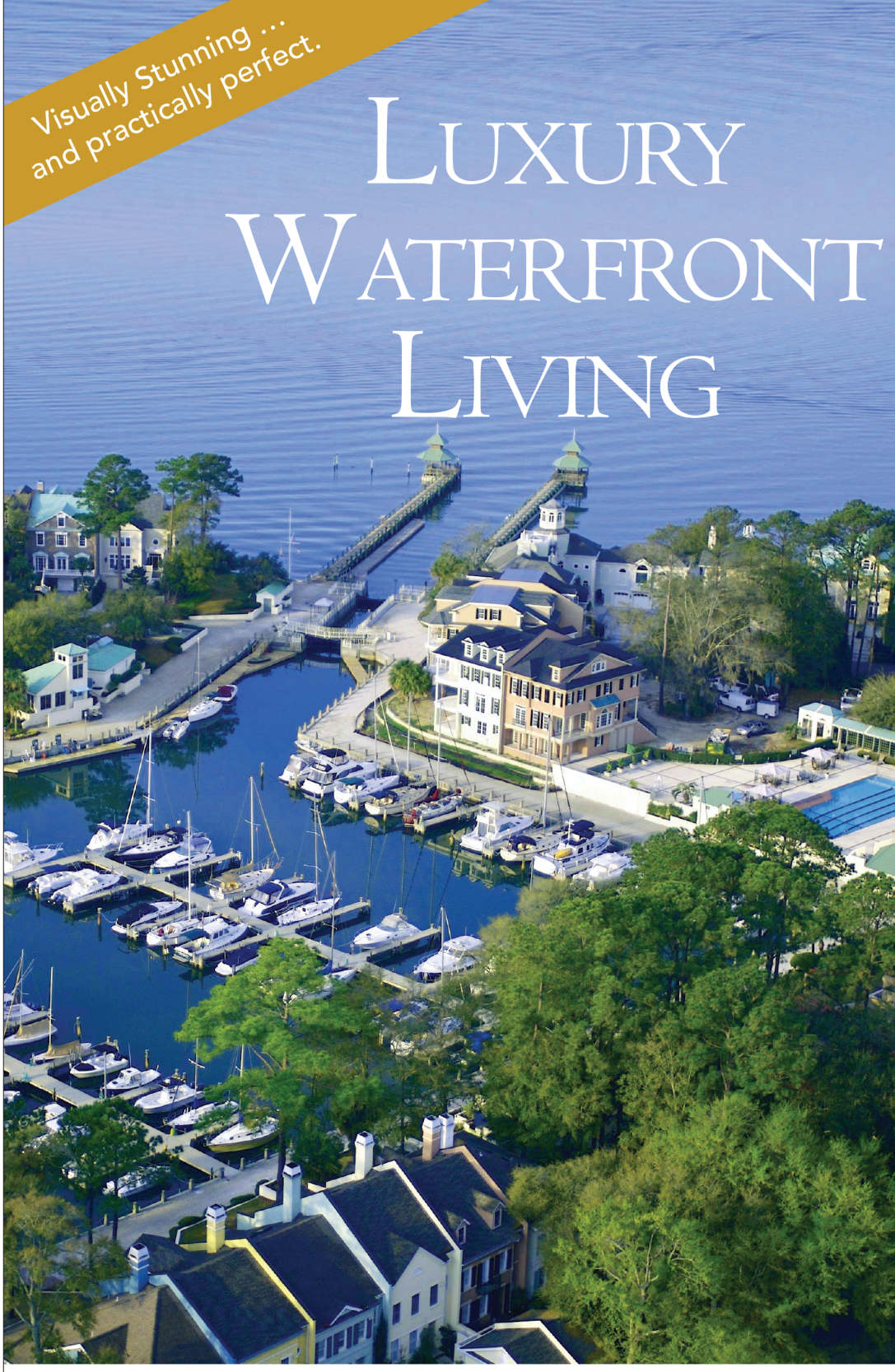
While cases of egg-poaching are rare in the U.S., a robust black market exists in Latin America and the Caribbean, where a combination of economic necessity, culinary tradition and the aphrodisiac thing combine to make it nearly irresistible. (Apparently fishermen used to see mating turtle pairs glued together for hours on end, which is how the rumor got started.) When not slugged back as a shot and chased with cerveza in a beachside shack amid whispers and sly glances, a single egg could fetch as much as $100 to $300 on the international market. It's such a persistent problem that researchers in Costa Rica actually designed a decoy egg-tracking device and launched the InvestEGGator Project, which aims to strike a blow at illegal trafficking by gathering location data transmitted by the fake eggs after they're swiped from nests. (Not kidding.)

But back to the Lowcountry. One imagines that coastal tribes here must have esteemed turtle eggs as a welcome addition to summer fare. But then came centuries of degradation: slaughter for meat and shells, habitat destruction, pollution, climate change, and fisheries in which sea turtles are a beleaguered bycatch. Today six out of the seven species worldwide are threatened or endangered. Teams of dedicated volunteers patrol our beaches at dawn looking for turtle crawls (tracks left by mothers in the sand) so they can mark off the nests as protected. But once upon a time in the Lowcountry, folks would stroll the shoreline with a pointy stick trying to locate caches of the ping-pong-ball-shaped eggs for a different purpose altogether.

In his book *Tales of the Barrier Islands*, Beaufortonian Pierre McGowan writes a tender eulogy to two lifelong friends, Zoo Von Harten and Buddy Lubkin. They had a fish camp on Pritchard's Island where, over a half-century, they ate an obscene amount of sea turtle eggs. McGowan writes:

Zoo and Buddy became very skillful at locating the eggs within the nesting area regardless of how carefully the female turtle had concealed them. With no more than two punches of a sharpened stick into the sand, they could locate the nest. And they ate them raw! The skin or shell on the loggerhead turtle egg is quite soft and pliable. They would simply pinch a hole in the skin of an egg, put it to their lips, and give it a squeeze.

Times have changed, Buddy and Zoo. If you were around now, you would be flicking off the hurricane lamps at your fish camp and finding other ways to please your wives. You might even champion our formal turtle conservation efforts as they move into their fourth decade and begin to yield results: 5,560 nests counted by the close of South Carolina's 2020 season, compared to the 3,324 averaged over the last ten years. There's reason to be optimistic, thanks to the efforts of researchers, volunteers and conscientious citizens who long ago found adequate substitutes for their turtle egg soup recipes. And there's still the oyster for whoever needs an aphrodisiac. *LL*



WINDMILL HARBOUR
HILTON HEAD ISLAND, SC

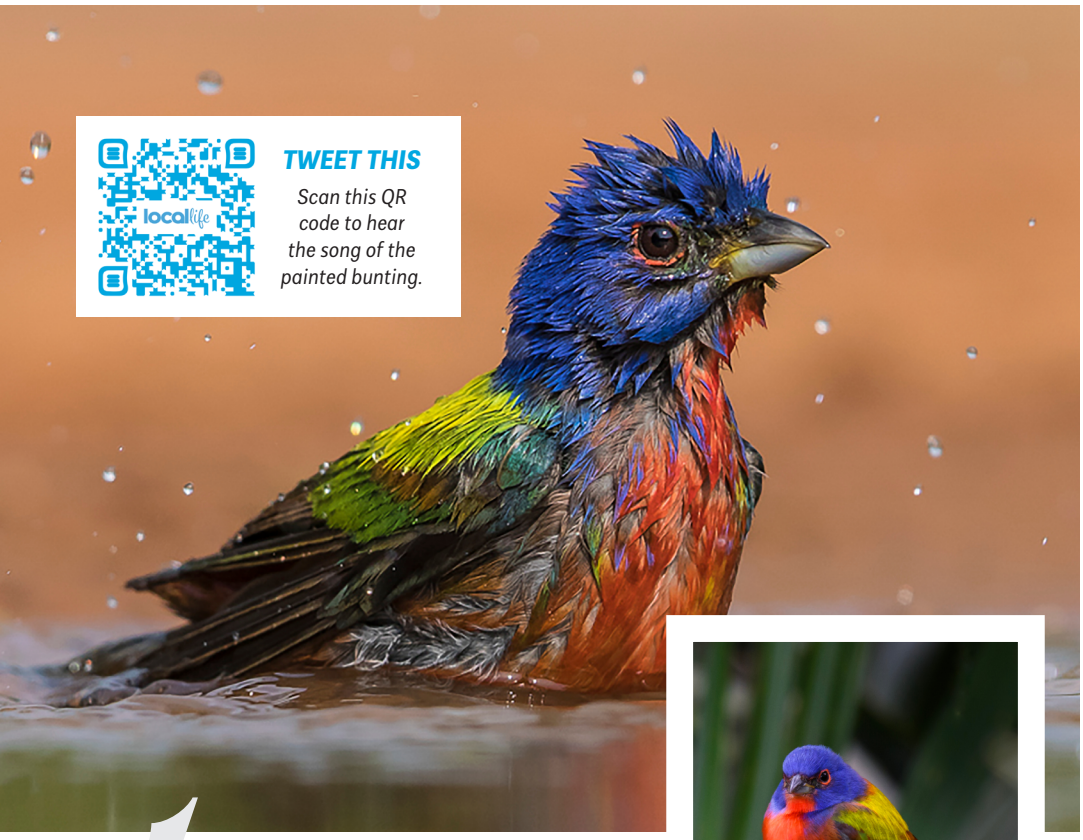
Phone: 843-681-5600 | info@richardsongrp.com
www.WindmillHarbour.org

FREQUENT FLYER

Painted bunting

THIS MASTERPIECE FLEW OFF THE CANVAS AND INTO THE LOWCOUNTRY.

STORY BY LUCY ELAM + PHOTOS COURTESY OF WILD BIRDS UNLIMITED



TWEET THIS

Scan this QR code to hear the song of the painted bunting.



The ***painted bunting*** is aptly named for its beautiful brushstroke plumage. This rainbow-hued bird is a coveted sight when breeding season brings them to the Southeast coast. Their spring migration to South Carolina typically begins in early April, and they might stick around until August. Male painted buntings stake out large territories, claim their lands with jubilant song and defend them fiercely. Scuffles with intruding males can lead to death. The lime-green females build the nest and lay three or four eggs at a time and up to three broods per year. Outside of the breeding season it is rare to spot these elusive beauties, and their numbers are declining as the scrubby underbrush that these birds prefer is being done away with in order to make room for pristinely manicured landscaping. In addition, their vivid appearance puts them at risk of being illegally sold as caged birds, which puts pressure on their breeding populations. You can attract one of the most colorful birds in North America by using a feeder in a yard with low, dense vegetation. Seeds and insects are their favored diet during the summer months. LL

Fun Facts

- *The French name of the painted bunting, nonpareil, means "without equal," a reference to the bird's dazzling plumage.*
- *The oldest recorded wild painted bunting was at least 12 years old, as reported from a Florida banding study.*
- *In 1841 John James Audubon reported that "thousands" of the colorful birds were caught every spring and shipped from New Orleans to Europe, where they fetched more than 100 times the price when sold as caged birds. They are still illegally trapped and sold in large numbers in Mexico, Central America, the Caribbean and, to a lesser extent, in Florida, despite efforts by conservationists to curb illegal trade.*



Where to see them

- *First, you must find ... another shrubbery!*
- *Thickets*
- *Woodland edges*
- *Hunting Island State Park Nature Center*

Painted bunting essentials

Find a full line of feeders, seeds and accessories for backyard bird feeding at ***Wild Birds Unlimited*** in Festival Centre at Indigo Park on Hilton Head Island, which is now under new ownership.

FEEDERS

- EcoTough 9" x 9" Tray Bird Feeder
- EcoTough Covered Ground Tray

FOOD

- White millet
- Select Blend

You'll Feel *at* Home

We invite you to discover the robust lifestyle at Hampton Hall.

(843) 815-9343

BLUFFTON, SC









HAMPTON HALL CLUB

HAMPTONHALLCLUBSC.COM

JUNE beach day



Start summer off strong with unlimited warm beach days. The peaking air and water temperatures make June ideal for enjoying a day in the sun. Be careful though, the sun can be dangerous. To avoid heat exhaustion and burn, be sure to stay hydrated and religiously reapply that sunblock. ***Prepare yourself with our guide for June.***

HOT

TYPICAL DAYS

June is a hot month with temperatures ranging from the high 80s to low 90s. The average heat index or "real feel" temperature for the month is a toasty 96 degrees. With the warmer weather comes wetter weather though, as June averages about 10 days of rain with the relative humidity staying around 75 percent.



Road Trip

Hilton Head Island to Neptune Beach

183.2 miles: *2 hours, 55 minutes*



BEACH DESTINATION

Neptune Beach

Just east of Jacksonville, you'll find this blissful beach community. Offering some of the most incredible sunrises and sunsets on the Atlantic coast, Neptune Beach is perfect for enjoying a break from the hustle and bustle of everyday life. Its stretch of sand is hard-packed, making it great for cycling and the waves are ideal for surfing. The overall laid-back atmosphere invites individuals of all ages to come and enjoy.



Bird is the word

In partnership with Bird Emergency Aid & Kare Sanctuary, Neptune Beach is committed to rehabilitating local birds that have been injured. If you happen to stumble upon an injured bird during your stay, contact B.E.A.K.S refuge at 904-251-2473 for help.



Dogs after 5

Dogs are permissible on ***Neptune Beach*** *any time Oct. 1-March 31 and from 5 p.m.-9 a.m. April 1-September 30. Dogs must remain on leashes that are held by their owners.*



What to bring.

Flip flops: Women's Reef Arabella Leather Sandals (Quiet Storm), $62 **Towel:** The Royal Standard Microfiber Havana Beach Towel (Gifted), $25
Koozie: YETI 12-ounce Rambler Colster Can Insulator (Outside Hilton Head), $24.99 **Gear:** Powder Pouch Sand Remover, $11.99
Chair: Quik Shade, MAX Shade Folding Canopy Chair, $36.75 **Bag:** AOMAIS Mesh Beach Bag, $18.99 **Game:** Tidalball Beach Game, $21.49

June Tides

TUES, JUNE 1	**WED, JUNE 16**
H 01:39 AM	H 12:27 AM
L 07:56 AM	L 06:55 AM
H 02:04 PM	H 01:04 PM
L 08:11 PM	L 07:12 PM
WED, JUNE 2	**THURS, JUNE 17**
H 02:34 AM	H 01:19 AM
L 08:53 AM	L 07:46 AM
H 02:59 PM	H 02:00 PM
L 09:15 PM	L 08:12 PM
THURS, JUNE 3	**FRI, JUNE 18**
H 03:25 AM	H 02:14 AM
L 09:27 AM	L 08:41 AM
H 03:51 PM	H 02:56 PM
L 10:18 PM	L 09:17 PM
FRI, JUNE 4	**SAT, JUNE 19**
H 04:15 AM	H 03:10 AM
L 10:37 AM	L 09:39 AM
H 04:41 PM	H 03:52 PM
L 11:13 PM	L 09:23 PM
SAT, JUNE 5	**SUN, JUNE 20**
H 05:04 AM	H 04:08 AM
L 11:23 AM	L 10:37 AM
H 05:29 PM	H 04:50 PM
	L 11:26 PM
SUN, JUNE 6	
L 12:03 AM	**MON, JUNE 21**
H 05:52 AM	H 05:06 AM
L 12:05 PM	L 11:34 AM
H 06:15 PM	H 05:49 PM
MON, JUNE 7	**TUES, JUNE 22**
L 12:48 AM	L 12:26 AM
H 06:39 AM	H 06:06 AM
L 12:47 PM	L 12:30 PM
H 06:58 PM	H 06:47 PM
TUES, JUNE 8	**WED, JUNE 23**
L 01:31 AM	L 01:24 AM
H 07:23 AM	H 07:04 AM
L 01:28 PM	L 01:26 PM
H 07:40 PM	H 07:44 PM
WED, JUNE 9	**THURS, JUNE 24**
L 02:13 AM	L 02:20 AM
H 08:06 AM	H 08:01 AM
L 02:09 PM	L 02:22 PM
H 08:19 PM	H 08:39 PM
THURS, JUNE 10	**FRI, JUNE 25**
L 02:53 AM	L 03:14 AM
H 08:45 AM	H 08:46 AM
L 02:50 PM	L 03:16 PM
H 08:57 PM	H 09:34 PM
FRI, JUNE 11	**SAT, JUNE 26**
L 03:32 AM	L 04:06 AM
H 09:24 AM	H 09:51 AM
L 03:30 PM	L 04:09 PM
H 09:35 PM	H 10:28 PM
SAT, JUNE 12	**SUN, JUNE 27**
L 04:10 AM	L 04:56 AM
H 10:02 AM	H 10:46 AM
L 04:10 PM	L 05:00 PM
H 10:12 PM	H 11:23 PM
SUN, JUNE 13	**MON, JUNE 28**
L 04:40 AM	L 05:45 AM
H 10:40 AM	H 11:43 AM
L 04:50 PM	L 05:52 PM
H 10:53 PM	
	TUES, JUNE 29
MON, JUNE 14	H 12:17 AM
L 05:28 AM	L 06:34 AM
H 11:23 AM	H 12:40 PM
L 05:33 PM	L 06:44 PM
H 11:37 PM	
	WED, JUNE 30
TUES, JUNE 15	H 01:09 AM
L 06:09 AM	L 07:22 AM
H 12:11 AM	H 01:34 PM
L 06:19 PM	L 07:39 PM

Hot spots near Neptune Beach



BrewHound Dog Park + Bar

A unique gathering place for dogs and their owners to play and mingle outside, enjoy delicious cold (or hot) beverages and relax in the beautiful Florida sunshine. It features a craft beer garden, wine on tap and specialty coffee.



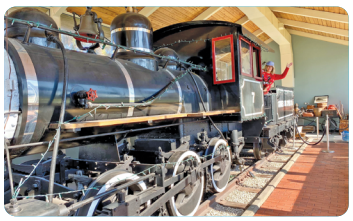
Adventure Landing

If you're traveling with little ones, this family fun center features a water park, miniature golf, batting cages, go-karts, kiddie roller coasters, an arcade, laser tag, a teddy bear factory and more.



Cradle Creek Preserve

Walk a system of natural trails and elevated boardwalks and enjoy a panoramic view from an observation platform overlooking Pablo Creek Estuary.



Beaches Museum

Spend a few hours at this free museum, which celebrates the history of Neptune, Mayport, Atlantic, Jacksonville and Ponte Vedra beaches. Take a docent-led tour of a 1903 Post Office, a 1911 train engine, a railway depot and beautiful gardens.

COURTYARD® BY MARRIOTT

HILTON HEAD ISLAND
843.802.2180
Marriott.com/HHHCY

High Tide

ROOFTOP BAR

MARRIOTT BONVOY™











Heat up/cool down road trips

WHEN IT'S TOO HOT HERE, COOL DOWN IN THE MOUNTAINS. WHEN IT'S TOO COLD, HEAT UP IN FLORIDA.

STORY + PHOTOS BY MICHELE ROLDÁN-SHAW



A good road trip liberates you — temporarily at least — from whatever's bogging you down at home. Fresh eyes, fresh scenes, fresh outlook; a literal change of air. When it's too hot here, cool down in the mountains. When it's too cold, heat up in Florida. That's the protocol for me.

I've made a lot of cool trips on a slim budget, often just change from my change jar rolled out and exchanged for crisp new notes at the bank. Tack on a gas card someone gave me, and I'm ready to fly. I put an air mattress in the back of my truck (pink flamingo sheets if I'm headed to Florida, starry-night sheets if I'm mountain-bound), then I throw some camping gear in a milk crate, strap my kayak to the roof rack, load up the cooler and take plenty of fresh clean clothes in my signature blue duffel. I always have tea and one of my giant Buddha books for afternoons at camp. Rations are spare — maybe some leftovers to heat up on my camp stove, instant miso soup packets with seaweed and bean thread noodles, oatmeal, fruit bars, sweet potatoes to roast over the fire, and whatever heaps of fresh pickins I might find at a roadside stand or U-pick farm along the way. But you can count on me to go to town and treat myself to at least one hot meal after the wilderness, preferably Asian or Southern home cooking.

Now add in the maximum of nature adventures — from waterfall hikes and quickie overnight backpacking side-trips to spring run paddles and early morning skinny-dips in out-of-the-way lakes — and you have my patent formula for doing the most with the least. Locations in the pages to follow range from cheap to free, but the sad fact is you will have to have reservations for most of them. (The ideal road trip is so scrupulously planned as to seem carefree, with room for spontaneity, but devoid of logistical hassles.) The itineraries sketched out here are ambitious, and if making the trip myself, I would probably cut the number of stops in half just to have time to sink into each, but I'll leave that to the reader and adventurer herself.





CATCH THE SUN
Author Michele Roldán-Shaw feels the heat during a road trip to Florida. The further you travel down the Sunshine State, the warmer it gets.

Heat up

The birds (and the snowbirds) head south at the onset of winter; but I wait till the end, when I'm just sick of it and I can circumvent most of the RVers as they begin to make their spring exodus back to Yankee-land. The sweet-spot is early to mid-March, carefully avoiding peak spring-break traffic as well.









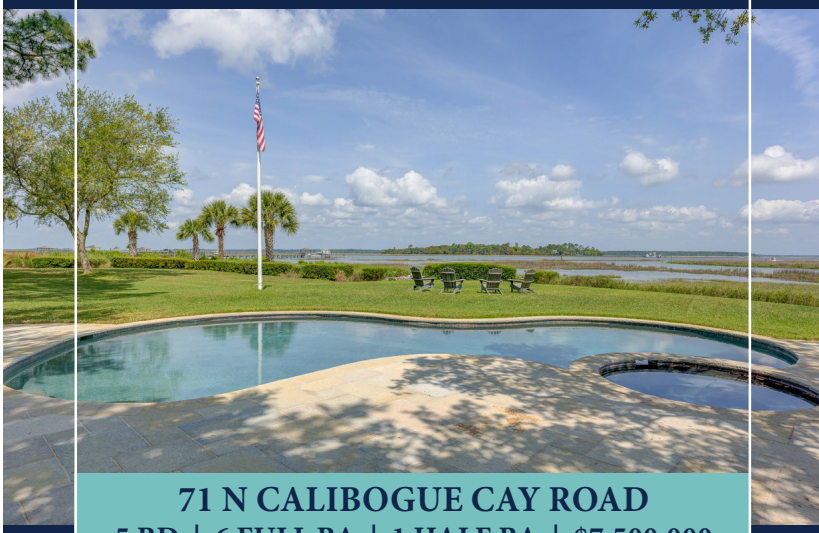
1. OLD STAND-BY
We begin at lovely ***St. Augustine***, a city of cobblestones and bougainvillea, like Savannah dipped in the Spanish Caribbean. Take in the old quarter and Castillo de San Marcos, a 17th-century stone fort that's actually as cool as the hype. Across Matanzas Bay is Anastasia State Park, where you can camp in a magical maritime forest with miles of white sand barrier island beach as your personal playground. Be sure and hit Nalu's Tropical Takeout — the city's oldest food truck serving fish tacos and poke bowls with fresh wild-caught seafood — conveniently parked outside the Surf Station where you turn off Highway A1A to enter the park.



2. SPRING BREAK That sojourn will seem civilized compared to your next stop in the ***Ocala National Forest***. With 387,000 acres of mostly piney woods, the Ocala belies Florida's reputation for being paved over. There's plenty of hiking (the long-distance Florida Scenic Trail runs right through it), but the novelty here are the springs. If you've never experienced a Florida spring — those tropical blue holes appearing absurdly in ferny, gator-filled swamps; those optical illusions of crystal water so pure it seems shallow even when deep; those mysterious portals to subterranean limestone cave systems that even funded scientist can't get to the bottom of — you simply must go. They are arguably the best thing about the whole state. The Ocala has four major springs with recreation areas: Alexander, Silver Glen, Juniper and Salt Springs. The first two are best for swimming. The last two are best for paddling the spring runs, which is like floating through a Jurassic jungle tunnel on a sheet of jewel-colored water. There are several developed campgrounds in the Ocala, as well as primitive camping scattered throughout the forest; but I recommend a middle path of Hopkins Prairie, which is for tent campers only and costs just $10 a night.

H&D HERMAN AND DAVIS PROPERTIES

Faces You Know. Results You Trust.



71 N CALIBOGUE CAY ROAD
5 BD | 6 FULL BA | 1 HALF BA | $7,500,000

Introducing timeless elegance atop Hilton Head Island's premier waterfront lot. This family estate is arguably the most exquisite architectural renovation to be found on the island, within its most exclusive community, Sea Pines. With nearly 400ft of direct water views, the property offers both sunset and sunrise while maintaining a preferred northern exposure. The large Creekside dock offers immediate access to one of the best fisheries in the Lowcountry. This estate underwent a total interior redesign in 2020 and today offers the discerning owner a true lifestyle and luxury retreat, a sporting paradise, and unmatched entertainment. A Forever Home!

BECKY HERMAN
843.301.3355 | Becky@BeckyHerman.com

MONICA DAVIS
843.384.4473 | Monica@MonicaDavis.com

Consistent producers for over 20 years, Becky and Monica have provided professional customized service and expert advice to countless buyers and sellers in the Hilton Head/Bluffton market.

CHARTERONE REALTY
WHO'S WHO IN LUXURY REAL ESTATE

www.HermanAndDavisProperties.com

WELLS FARGO Advisors

We are pleased to announce

John C. Felix

is now part of Bezilla Kinney Wealth Management Group



John C. Felix, MBA
Financial Advisor

400 Merchant Street
Hilton Head Island, SC 29926
Direct:Office:/Toll Free: 843 689 6700
Email Address john.felix@wellsfargoadvisors.com
www.bezillakinneywmg.com

Investment and Insurance Products:

▶ NOT FDIC Insured ▶ NO Bank Guarantee ▶ MAY Lose Value

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company.
© 2021 Wells Fargo Clearing Services, LLC CAR-0620-02310 IHA-6759107_1a



3. TAKE REFUGE Head west from there to the ***Chassahowitzka***, a national wildlife refuge that offers the ultimate in Old Florida adventure. This 5-mile-long protected river, which is fed by numerous springs and empties into the Gulf of Mexico, forms a system of swamps and estuaries that are home to manatees, otters, gators, dolphins and about a billion birds. Stay at the Chassahowitzka River Campground and ask how to get to Seven Sisters and the Crack, two springs you need to experience. The first is a series of blue holes where you can dive into one and pop out the next; the second is a secret spot in the jungle with a rope swing that will make you feel like you've found the Fountain of Youth.



4. ORANGE YOU SWEET Everything starts early in Florida so you may be able to find a U-pick strawberry place if it's March or a blueberry farm in April; but if it's still midwinter go for the citrus. On one trip I bought a five-pound bag of honeybells (an exquisite cross between a tangerine and a grapefruit) which I devoured throughout the trip only to buy another five-pound bag at the same stop heading home.



5. TAMPA STAMP Tracking south to the Tampa area you can get your city-fix if you need that, or camp at ***Lithia Springs Park*** where you'll at least have a hot shower. I fondly recall my site with the truck backed right up to a high bank over the Alafia River, where I could lie on my pink flamingo sheets with only my toes blocking a view of the steaming, vine-draped jungle below. I dragged my kayak down the bank for a Huck Finn float on this lazy tea-colored stream, which was less wilderness and more summer dog-day fish camp in Tampa's backyard. Lithia Springs itself is a big all-natural 72-degree swimming pool constantly fed by 25 million gallons of pristine water daily, and cavorting around in it with the locals is a little slice of Florida life.



6. GO REMOTE If you can swing it, book a sleepout on ***Cayo Costa***, a remote barrier island that was once the fishing ground of Calusa Indians but is now a state park. Accessible only by boat, you will have to reserve a spot on the ferry and take all necessary provisions. But it will be worth it for the experience of being marooned on a gorgeous island with nine miles of unspoiled white-sand and blue-water beaches, your little tent pitched perfectly among the palms.



7. EVER YOURS From there you head into the legendary ***Everglades***, making a resupply stop at Everglades City with its rustling tradewinds, scent of shrimp and mangrove mud, and sleepy renegade charm. Get a slice of key lime pie. Your next location is going to be down an extremely long gravel road that will make you feel like a rugged Gladesman or Seminole of yore, and at the end you'll find Bear Island Campground in the Big Cypress Preserve. There's pretty much nothing there except panthers, gators, rattlesnakes and wild orchids, and some of the best stargazing on the East Coast. When you've exhausted those pleasures, be sure to check out the nearby studio gallery of photographer Clyde Butcher, whose haunting black-and-white images of the Florida wilds are made by him with a large-format camera as he stands up to his chest in the swamp.

WELLS FARGO ADVISORS



Front Row: Gary T. Bezilla, Alan D. Kinney
Back Row: Elizabeth S. Cutshall, Jim C. Cuppia, Joan M. Hayes, Katie C. Phifer

Depth & Experience

is what we believe distinguishes us from other financial advisors. Our Credentials, Accolades, Planning Based Approach and Fiduciary Responsibility are what makes us an exceptional choice for those interested in responsible investment planning.

Contact us for a comprehensive second opinion review of your retirement and investment strategy.

www.bezillakinneywmg.com

BEZILLA KINNEY
WEALTH MANAGEMENT GROUP
of Wells Fargo Advisors

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC.

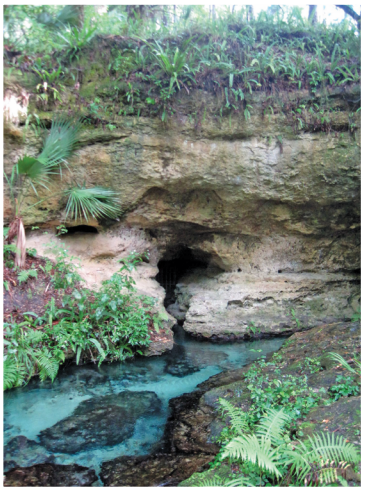
SAVANNAH	HILTON HEAD ISLAND	BEAUFORT
912.921.3422	843.681.1400	843.982.1506

Forbes BEST-IN-STATE WEALTH ADVISORS 2021 SHOOK RESEARCH

INVESTMENT AND INSURANCE PRODUCTS:

NOT FDIC INSURED	NO BANK GUARANTEE	MAY LOSE VALUE

The Forbes Best in State Wealth Advisors ranking algorithm is based on industry experience, interviews, compliance records, assets under management, revenue and other criteria by SHOOK Research, LLC, which does not receive compensation from the advisors or their firms in exchange for placement on a ranking. Investment performance is not a criterion. CAR-0719-01448



8. GLAM ROCK Your Florida ramble swings north again to complete an epic loop in none other than Orlando, which is so much more than its theme parks. Stroll through College Park and visit the Jack Kerouac House to pay homage to the great literary road tripper himself, then get a pancake breakfast at Christo's or a hot cup at CREDO Coffee, which is set up on the donation system. You also can fan out into the city for your pick of international fare, notably Vietnamese in the Little Saigon district. Then hitch up the wagon and head north again to Kelly Park in Apopka, where you will find what has to be one of the prettiest spots in Florida: ***Rock Springs***, a deep blue pool issuing from a mysterious fern-clad cavern crowned with palms. Bring a float, and tube down from the head springs, then hike back to the top and do it again.



9. INTO THE WILD As you finally make for home, and assuming you aren't completely tuckered out, stop at one of the wildest beaches on the Eastern seaboard in ***Guana Tolomato Matanzas Estuarine Preserve***. Correct, you've never heard of it; no one has. Park at one of the pull-outs off Highway A1A along several miles of startlingly empty coastline. You'll likely have the place to yourself for a final, unsupervised thrill before arriving home with a new appreciation of Florida.

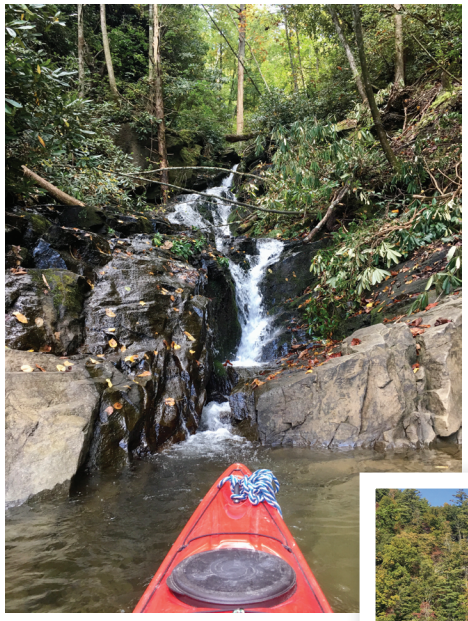




10. SKIP IT
Oh, and one last tip: hit ***Skipper's Fish Camp*** in Darien, Georgia, on your way back up I-95. After dining dockside on crab cakes, fried oyster po-boys, collard greens and hush puppies, you'll declare it's your new favorite place.

Cool down

To long for green shade, cool streams and mountain breezes in the dead of summer is not human — it's divine. Search for your secret sylvan spot amongst the hills and hollers of Appalachia and return there every year. Personally, I wait till after Labor Day to cut down on the crowds; September is still plenty hot enough in the Lowcountry to warrant an escape.



1. SPEAK OF THE DEVIL Our own South Carolina corner of the Blue Ridges has some worthy spots, among them ***Devil's Fork State Park***. It borders the Sumter National Forest and sits on the pristine and mostly undeveloped Lake Jocassee, a 7,500-acre reservoir created by Duke Power in 1973 when it flooded a mountain gorge. The rivers feeding it not only keep the water cool and clean, they also create a number of beautiful cascades crashing directly into the lake; this is the only place I've ever kayaked right up to the bottom of a waterfall. The scenery is spectacular with rolling blue hills around a deep teal body of water that reaches its cold fingers into all sorts of little nooks and coves just waiting to be discovered.



2. LEGEND OF THE FALLS As you cross into North Carolina, take a little side trip to ***Upper Whitewater Falls***, the tallest cascade East of the Rockies. Its dramatic 811-foot plunge can only be witnessed from afar, at an overlook reached via a short, easy hike.





3. HIDDEN GEM Continuing from there into the highlands, your agenda is simple: make a big strike at a gem mine. There are dozens of mines scattered throughout this famously mineral-rich region; do a quick internet search or go into the chamber of commerce at any little town and ask which ones aren't "salted." (That means they don't deliberately place worthless non-native stones in the dirt to give tourists a cheap thrill.) If you pursue the right acquaintances, you might even find yourself turning over rocks at a backcountry site known only to the locals (ask around about "Chunky Gal.") I tried my luck at ***Mason's Ruby and Sapphire Mine*** in Franklin, North Carolina, where I found a bunch of pretty purple stones and made a nomad gem-miner friend I'm still in touch with today.



4. BLUE HEAVEN You'll need to come down after the exhilarating experience of getting rich at the mines, so what's called for now is a pilgrimage into the quiet peace of the high country. Make for the Blue Ridge Parkway, which is worthy of its fame in stretches of blooming mountain laurel and misty stone tunnels that look like a troll should come out of them. Where I'll send you next is the wild blueberry abundance of ***Graveyard Fields***. Park at the pull-out and get your things together for a mini-sleepout, carrying whatever you need for the night plus berry receptacles down a winding trail through the rhododendron thickets. Their twisted branches mat overhead, while gurgling brooks run alongside you and cool the air. Every so often, little side paths lead to meadow clearings, and it is in one of these that you will establish your seasonal blueberry camp. Speak little and tarry until your fingers turn purple.

#1
TEAM
Celia Dunn
Sotheby's 2020

1
This Property
Sold in
One Day

$51.1M
Total Sales and
Under Contract
in 2021



23 Mcintosh Road, Hilton Head Island

It took only one day for The Nickey Maxey Team to put this estate under contract.

The global reach of the Sotheby's brand combined with the team's tenacity and deep knowledge of the Lowcountry have helped to make The Nickey Maxey Team the number one team at Celia Dunn Sotheby's International Realty in 2020.

"We knew when Nickey Maxey answered his phone on the first ring (at 9pm) that he would work hard for us. We've done a few transactions with The Nickey Maxey Team and continue to be amazed at their ability to make things happen. I don't think anyone works as hard to make a deal happen." — T.D., Client

The numbers speak for themselves.



THE NICKEY MAXEY TEAM

Celia Dunn | Sotheby's INTERNATIONAL REALTY

49 Boundary Street, Bluffton, SC • 843.836.3900

Nickey Maxey 843.247.0001 nickey@nickey.com

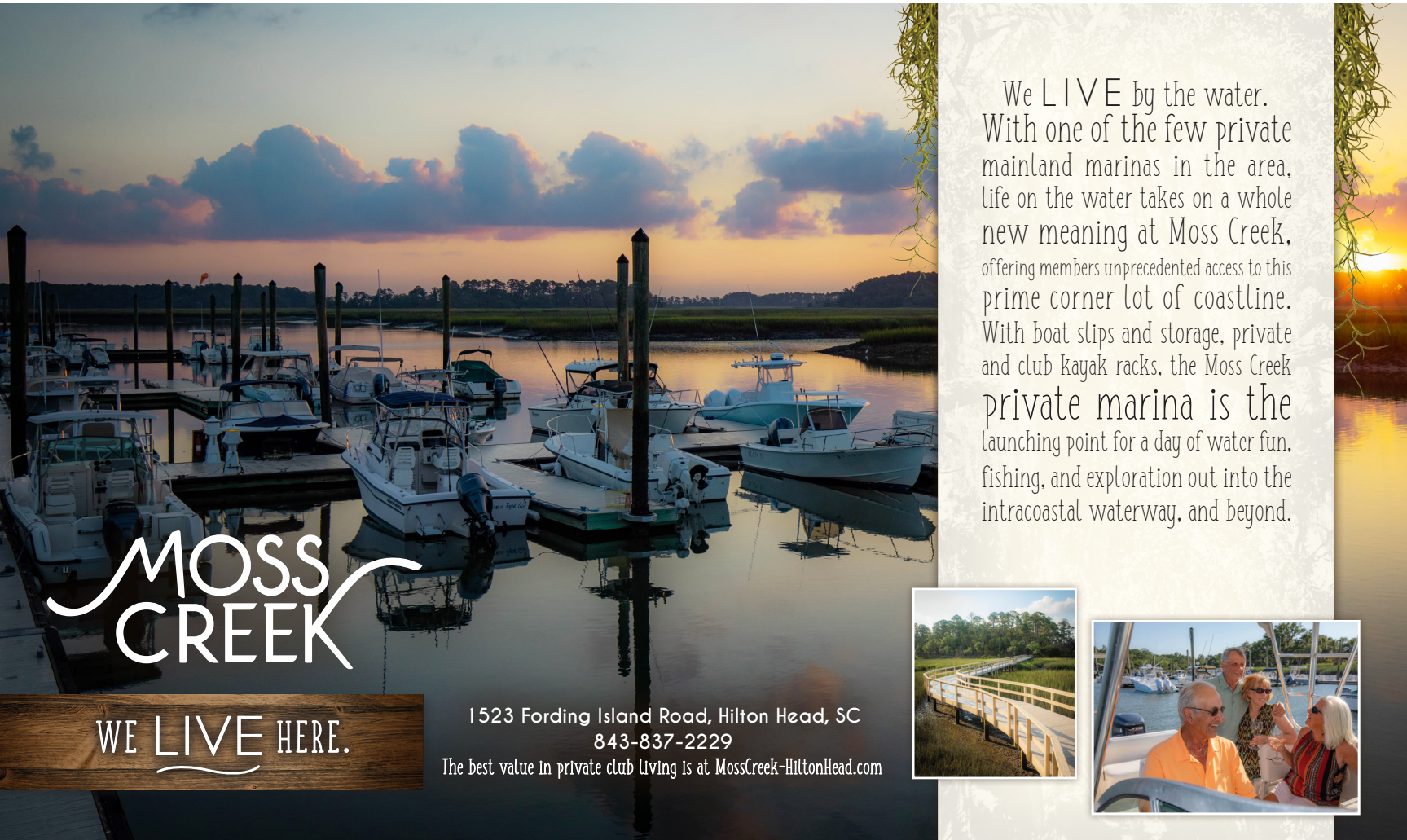
Each office is independently owned and operated



5. BALD IS BEAUTIFUL
Above Graveyard Fields but accessed from a different point (Black Balsam Knob Road near milepost 420 just south on the Parkway) are the famous ***balds***. These oddly treeless summits in an otherwise densely forested mountain range not only offer breathtaking views, they also give a convincing impression of alpine country. As you hike the thin dirt track running crookedly through wind-swept fields of golden grass, gazing at cloud-shadows as they change and pass over the landscape with surprising speed, and feeling a little chill whenever you stop, you'll swear you are in New England or the Rockies rather than the steamy South, which is just the change of air you came for.

6. SLIDE BY To complete your cool-down, descend from the balds into Pisgah National Forest near Brevard and visit the best attraction around for kids-at-heart: ***Sliding Rock***. This natural water slide consists of a 60-foot gently sloping boulder face in Looking Glass Creek with an 8-foot pool at the bottom. Everyone forms a line at the top, then bumps and crashes down on a thin sheet of 55-degree water to land with a splash below. It's amazing! You'll want to climb back up and do it again repeatedly. Camp in the Pisgah and explore many miles of hiking trails, or set up shop in Brevard, which is a waterfall-lover's paradise that claims over 250 cascades in its vicinity.







7. REACH FOR THE SKY Apples are a fall crop, but many varieties start in August (September and October are peak season) so if it times right with your trip, hit up a U-pick orchard. I recently visited ***Sky Top*** near Flat Rock, North Carolina, where in addition to picking beloved varieties like Pink Lady straight off the tree, I also discovered a new favorite: Arkansas Black, which kept in the fridge for months. And yes, I bought a half-dozen fried apple pies fresh and hot out of the grease; but I exercised more restraint with the apple cider doughnuts.





8. BRIDGE THE GAP Don't worry if you binge out; just work it off hiking in the ***Mountain Bridge Wilderness Area***. Camp at Jones Gap State Park, which lies in a remote cove with no cell service and has a beautiful log cabin visitor center that will close its doors at quittin' time and leave you alone in the wilderness. There is no RV or car-camping at Jones Gap, but you can pack in to a number of backcountry sites, several of which are just a few hundred yards down the trail. For those who enjoy a challenge, there are multi-day backpacking routes clear to Caesars Head State Park and other mountain attractions. But even day-use visitors will find themselves immersed in the singularly restorative peace of these gentle ranges; they'll listen quietly to rustling leaves and perhaps visit Rainbow Falls, which takes its name from a colorful prism effect that happens in certain lights.



The trip could go on; in their folds these mountains offer endless hidden areas to explore. But all journeys have end-points, and we must ultimately thread back down into the heated lowlands from whence we came. Cut a cold apple and conjure those distant memories of mountain breezes until you can make the trek again. LL



Let us bring the Wellness Spa to you.

Restore Hyper Wellness + Cryotherapy is Hilton Head and Bluffton's most expansive wellness provider. Experience the **Restore Wellness Spa** with our relaxing **facials**, or recover from a night out and too much fun in the sun with our **IV Drip Therapy**. Enjoy these services at our office or we can come to you.

Don't want to leave the party, the office, or the pool? No problem – let us come to you! Our nurses can administer custom IV drips to you or your entire group. Whether you want to beat a hangover, boost your immunity, or improve energy levels, we have a drip for you.



Looking for a little pampering? Whether at home, throwing a party, or looking for a gratifying glow before a big event, our estheticians at Restore will take care of all your skincare needs. Stop your skin from aging in its tracks with a **Cryoskin Facial**, or hydrate, cleanse, and exfoliate with a **HydraFacial**. Sit back and relax while we restore your skin.



restore
HYPER WELLNESS + CRYOTHERAPY

11 Marina Side Dr, Hilton Head Island
843.715.2001 www.restore.com
Scan QR code for more information ▶



Top 10 RV road warrior delights

STORY BY TIM WOOD

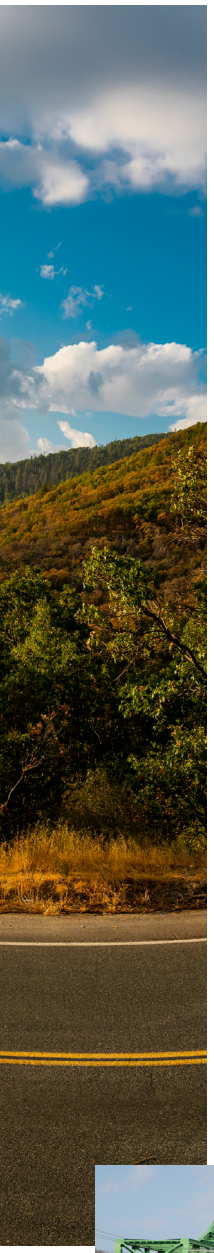
A LIST FOR THE MOBILE VACATION WANDERERS SEARCHING FOR JUST THE RIGHT FIX TO QUENCH THEIR AMERICANA THIRST.

Ryan and Leah McCarthy were one of the many local families who found RVing during the pandemic, and they have leaned in hard to get the most of their time with their kids.

"We have all the amenities of the hotel and can take it anywhere and find any new adventure," Ryan said of his RV purchase. "It's incredible to just pick a spot on a map and discover a new part of the country right alongside our kids."

The McCarthys have become big fans of Savannah's CreekFire RV Resort for more of a staycation feel and plan to use the RV plenty for Clemson tailgates come the fall. In between, they have been hitting as many new spots across the South as possible (they're likely in the middle of a 40-day trek as you're reading this).

In honor of the McCarthys and so many adventurous folks discovering the joys of the mobile vacation, we give you 10 of the must-visit RV trips across the South – some better known locales, some hidden gems and one spot hand-picked by the family.



1. Blowing Rock, North Carolina

Why you'll love it: The Blue Ridge Mountains sell themselves. But this village eight miles from Boone along the Blue Ridge Parkway offers wineries, spas, galleries, orchards and farms, horseback riding, skiing during the winter and a couple of different zip line spots (including one that offers a night flight). But the attraction that caught our eye is Mystery Hill, a spot that offers a chance to experience the odd gravitational anomaly on the site dating back to when the property was bought in 1903. Water flows uphill, and visitors are forced to stand at a 45-degree angle to stay standing. We can't make this stuff up. There's axe throwing, an old-time photo studio, a farm yard and a gem-mining experience if you want to make a full day of it once you're standing straight.
Road trip: From Hilton Head Island, 332 miles (5 hours, 25 minutes)
Best nearby RV campground: Your choices are plentiful, and most offer breathtaking surroundings, but Down By the River Campground gets kudos from bigger rig owners. and Flintlock Campground is located on a mountainside stream and is a great bang for the buck.





2. Dandridge, Tennessee

Why you'll love it: About midway between Charlotte and Nashville at the intersection of I-40 and I-81 lies the county seat of Jefferson County and a hidden gem for the RV set. Tennessee's second oldest town features a quaint downtown bustling with restaurants and shops and water sports on Douglas Lake. It is a short drive to Pigeon Forge and Gatlinburg and just 30 miles to Knoxville. Just 10 miles south of the town is the Bush Brothers plant, where you can tour the home of the world's largest producer of baked beans.
Road trip: From Hilton Head Island, 379 miles (6 hours, 6 minutes)
Best nearby RV campground: Anchor Down RV Resort is McCarthy family approved and offers 170 luxury sites, bath houses with private bathrooms, firewood delivered to your site, boat and jet ski rentals to explore Douglas Lake and a gaga ball pit, where you can play this variant of dodge ball where you try to hit opponents below the knees with foam balls.

pyramids
gifts • accessories • furnishings

Distinctive Gifts for Father's Day!













EXCLUSIVE, ONLINE SALES AT
www.pyramidshiltonhead.com
1600 Main Street, 843-689-6367
316C Shops at Sea Pines Center, 843-363-2040
info@pyramidshiltonhead.com
Open Monday - Saturday, 10-5 pm
Or open by appointment
A Group 3 Designs Company

EASY ON THE EYES

The perfect amount of light for your space.

SEAGLASS WINDOWSCAPES

Style • Shade • Secure

843-258-9261 | SeaglassWindowscapes.com

CUSTOM BLINDS • DRAPES • SHADES
AWNINGS • SHUTTERS • STORM PROTECTION



3. Elko, Georgia

Why you'll love it: Just 40 minutes south of Macon on I-75, this former center of cotton commerce is just miles away from the Big Indian Creek Waterway Trail and boasts farmers markets and fresh peach picking at nearby Lane Southern Orchards and William Brown Farms. It's one of the forgotten towns of the South that is slowly being rediscovered thanks to the RV crowd and is just a short drive to the Warner Robins Air Museum
Road trip: From Hilton Head Island, 202 miles (3 hours, 45 minutes)
Best nearby RV campground: Twin Oaks RV Park is family owned just off Exit 127, an oasis of family surrounded by billowy cotton fields and delectable pecan orchards. The saline swimming pool and spacious RV sites keep winning over visitors, and the park now offers tiny house cabins if Grandma and Grandpa want to come along but want their own space.



4. Gulf Shores, Alabama

Why you'll love it: It's the biggest gas guzzler of our outposts but well worth the ride. This Gulf Coast gem has a little bit of everything, from beaches, trails and a pier to golf courses and zip line adventures. The 7,000-acre Bon Secour National Wildlife Refuge is a photographer's paradise, and the nearby Alabama Gulf Coast Zoo gives the kids a chance to see lemurs, sloths and kangaroos.
Road trip: From Hilton Head Island, 559 miles (8 hours, 30 minutes)
Best nearby RV campground: There are close to 20 nearby choices, but two stand out for us. If you're looking to stay a bit more central to the area's attractions, Sugar Sands RV Resort is the top choice. If you're up for venturing a bit more out on Fort Morgan Peninsula, Doc's RV Resort is a top-rated spot just three miles from public beaches on Little Lagoon.

5. Manteo, North Carolina



Why you'll love it: This spot, affectionately known as the gateway to the Outer Banks, is located along Route 64 on Roanoke Island. One of the oldest towns in North Carolina, the hamlet features a waterfront boardwalk on Shallowbag Bay, the Roanoke Marshes Lighthouse and the North Carolina Aquarium. Take in a symphonic drama at The Lost Colony, or head indoors to a movie marvel, the one-room, century-old Pioneer Theatre.
Road trip: From Hilton Head Island, 482 miles (7 hours, 22 minutes)
Best nearby RV campground: The Refuge on Roanoke Island offers the best access for big rigs overlooking the water. And the WiFi gets rave reviews for those needing to still do a bit of remote work.



6. McMinnville, Tennessee

Why you'll love it: Nestled exactly halfway between Nashville and Chattanooga, about 20 miles off I-24, you'll be in the county seat of Warren County, the Plant Nursery Capital of the World, with hundreds of nearby greenhouses. For us, the coolest draw (literally) is Cumberland Caverns, a 32-mile maze of caves that stay 56 degrees year round. Plus, take in a slice of Opry deep underground in the attraction's Show Cave.
Road trip: From Hilton Head Island, 467 miles (7 hours, 35 minutes)
Best nearby RV campground: Another spot with a bevy of solid landing spots, Mountain Glen RV Park and Campground and Grand View Cabins and RV Park are the top-rated and most convenient to book.



8. Columbia

Why you'll love it: Lowcountry locals have this programmed in the GPS to attend the State Fair and USC football games. Newbies will be drawn by the artsy vibe, a foodie haven with countless bakeries, coffee shops and top restaurants and an antique-lover's dream in the Old Mill Antique Mall across the river. Columbia Craft Brewing Company is our pick among the growing brewery scene, plus there's the EdVenture Children's Museum and Riverbanks Zoo for the kids.
Road trip: From Hilton Head Island, 152 miles (2 hours, 36 minutes)
Best nearby RV campground: Broad River Campground in nearby Winnboro has the best amenities and most elbow room on its sites.



7. Spring Hill, Florida

Why you'll love it: You're an hour north of Tampa, about two hours west of Orlando. So it's a good place to land if you want to hit the theme parks or catch a Bucs or Rays game with just a short drive. And the city is home to the world-famous underwater mermaid shows at Weeki Wachee Springs State Park, where you can watch a 60-year-old tradition unfold in a theater 20 feet below the water's surface. The 5.5 miles of water inside the park is a dream for kayakers and for manatee, turtle and otter watching.
Road trip: From Hilton Head Island, 345 miles (5 hours, 30 minutes)
Best nearby RV campground: You'll find 20-plus options between the ocean and I-75, but Cody's RV Park and Catfish Pond offers a top-rated and unique experience, with dinosaur and seahorse sculptures throughout the park, canoes and kayaks and catch-and-release fishing on the pond.





ShelfGenie
EVERYTHING WITHIN REACH
a neighborly company
BRING ORDER AND ORGANIZATION HOME
Closets by ShelfGenie
Unlock Ultimate Organization for Your Closet
50% OFF INSTALLATION*
*Limit one offer per household. Must purchase 5+ Classic/Designer Shelves. EXP 7/31/21.
50% OFF INSTALLATION*
*With minimum purchase of $2,500. Limit one offer per household.
12 MONTH NO INTEREST NO PAYMENTS
Decrease stress and enjoy more access to all of your styling essentials with custom solutions for your new or existing closet space
Schedule your FREE design consultation today!
(843) 428-1829
or visit us at
shelfgenie.com/savannah
Schedule your complimentary design consultation today:
(843) 428-1829
or visit us at
shelfgenie.com/closetsbyshelfgenie

INSURANCE AT THE HIGHEST STANDARDS

Hit The Road!

As we finally get to venture out with fewer restrictions, now is not the time to let your guard down. As always, take care, plan ahead and have fun! And make sure your auto, marine or health coverage did not lapse during the shutdown.

Kinghorn Insurance Agency serves southern Beaufort County and the South Carolina Lowcountry, and we are here to help take care of you during your travels!

Kinghorn INSURANCE

Claims-Tested Experience You Can Depend On

BLUFFTON: 843.837.3911
HILTON HEAD: 843.686.3911
www.KinghornAgency.com



9. Jacksonville, Florida

Why you'll love it: Jacksonville is just 171 miles from Hilton Head but offers both a metropolitan array of tourist attractions such as the Jacksonville Zoo and a Dave and Buster's and a beach and nature escape with more than 20 RV parks in the metro region. Triple-A baseball with the Jumbo Shrimp and Jaguars football in the fall make this a fun sporting getaway as well.
Road trip: From Hilton Head Island, 171 miles (2 hours, 38 minutes)
Best nearby RV campground: There are five RV parks right along the Atlantic Ocean, with the Osprey Cove RV Park earning the best reviews. We've stayed at a hidden gem, the Flamingo Lake RV Resort in Northern Jax, which boasts a homey on-site eatery and cast-iron bonfire pits at the lakefront sites.



10. Bristol, Virginia

Why you'll love it: We struggled with this last pick, but we settled on Bristol as the center point of a number of small-town marvels worth seeing. Nearby Damascus is a hiker's dream, the convergence of four different trails. Abington is home to a thriving art scene and the end of the Virginia Creeper Travel, a 35-mile hike that winds along Whitetop Mountain. But Bristol has the kitsch factor, the town divided between Virginia and Tennessee where you can literally stand in both states on Main Street. This is also the birthplace of country music and a must-see for fans of the genre. You have a couple of caverns nearby, as well as the Bristol International Speedway for NASCAR fans.
Road trip: From Hilton Head Island, 388 miles (6 hours, 19 minutes)
Best nearby RV campground: Bristol Campground is the tailgating spot of choice on race days with over 2,700 large camp sites over 113 acres. Closer to Damascus, Creekside RV Park is much smaller but highly rated by trusted review site RVShare.



King of the road

2021 NEWMAR KING AIRE

When it comes to luxury diesel motorhomes, this rolling work of art sets the bar. From the finest Italian full-grain leather to the hardwood European-style cabinetry, no detail has been spared on this magnificent motor coach. Starting at $1.3 million. newmarcorp.com









From here.
For here.

1-888-SYNOVUS | synovus.com

SYNOVUS®
the bank of here

Synovus Bank, Member FDIC.

EVERARD
AUCTIONS & APPRAISALS

SOUTHERN
ESTATES AUCTION

EXHIBITION: JUNE 3-5TH, 10AM-5PM
AUCTION: JUNE 8TH-9TH, 10AM

Preview/Pre-Bid starting on May 21st
Online only at Everard.com, LiveAuctioneers.com, Invaluable.com & Bidsquare.com



Grandma Moses (American, 1860-1961), Deep Snow, 1957
Oil on Masonite, Moses #1781, Kallir #1290, 15 7/8 in. x 24 in.
Copyright Grandma Moses Properties Co. New York, Estimate: $60,000-80,000

2436 WATERS AVE., SAVANNAH, GA 31404
912.231.1376 | GAL #AU004095 "

EVERARD.COM

Pair of Wrought Iron Floral Wall Appliqués with Urn Bases, first half 20th century.

Height: 7 ft. 3 in.
Estimate: $1,000-2,000

Let's ride

HIT THE ROAD WITH THESE 8 GREAT MOTORCYCLE ROAD TRIP RIDES & DESTINATIONS.



LOCAL Life reached out to ***Sandra "Sam" Lea at*** Savannah Harley-Davidson for advice on the best motorcycle road trips to take in our neck of the woods. Read ahead to find out which destinations will be worth your while in both South Carolina and Georgia. Choose either the fastest path or plot a backroad route. There's no right or wrong way to get there, just get there. The only road trips motorcyclists regret are the ones they never got around to taking.



Miller's Bread Basket Ride

Ride to this Amish-Mennonite restaurant in **Blackville, South Carolina**. They serve made-from-scratch dessert, homemade bread and a salad bar, all with a Southern twist. There are three ways to get there, so take a different way back, passing through Ehrhardt and Coosawhatchie.
Trip duration: *108 miles from Hilton Head*
Saddle time: *2 hours*



Church Ruins Ride

While the **Old Sheldon Church** and the **Chapel of Ease** in Seabrook are just the remains of what was left after time, fire, and war, it's a site full of beautiful structures. Visiting hours are from daylight to dark, and patrons are asked be respectful of cemeteries located on the premises. Get there via I-95, S.C. 462 or U.S.-21.
Trip duration: *52 miles from Hilton Head* ***Saddle time:*** *1 hour*

Lighthouse Ride

Head down to **Tybee Island** and **St. Simons Island** to see two of five remaining lighthouses in Georgia. Built in 1732, the Tybee Island light was ordered by Gen. James Oglethorpe. In 1810 the St. Simons lighthouse was built but was destroyed by Confederate forces in 1862. It was rebuilt in 1872, along with the lighthouse keeper's house.
Trip duration: *171 miles from Hilton Head*
Saddle time: *4 hours*



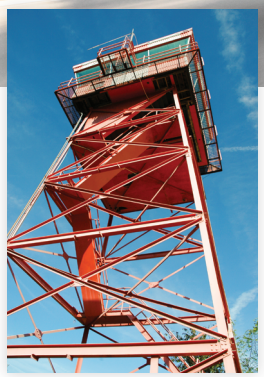


Andersonville Ride

Located in **Andersonville, Georgia**, this historic site is home to the former Camp Sumter, a Confederate prisoner-of-war camp during the final year of the Civil War. More than 45,000 Union soldiers were confined here, leaving almost 13,000 dead. Today, you can visit The National Prisoner of War Museum and learn all about this historic site that's a part of our nation's history. Take I-16 West for the quickest route, or hit the back roads by taking U.S. 280 through Claxton, Milan, Abbeville and Rochelle.
Trip duration: *238 miles from Hilton Head Island*
Saddle time: *3 hours, 47 minutes*







Museum of Aviation Ride

Located outside of **Warner Robins, Georgia**, the Museum of Aviation is the second largest aerospace museum of the United States Air Force. Sitting on 51 acres, visitors will see four exhibit buildings with more than 90 historic aircraft among other exhibits.

Trip duration: *199 miles from Hilton Head*
Saddle time: *3 hours*



Providence Canyon State Park Ride

Also known as **Little Grand Canyon**, this park in southwest Georgia is known for its beautiful rock erosion and clay colors. The park, which consists of 1,003 acres, is considered one of the Seven Natural Wonders of Georgia. It is also home to the very rare plumleaf azalea.

Trip duration: *291 miles from Hilton Head*
Saddle time: *4 hours, 50 minutes*



SOUTHERN TIDE

SOUTHERN TIDE SIGNATURE STORE
SHELTER COVE HARBOUR & MARINA
(Adjacent to Neptune Statue)

MON–SAT | 10AM–8PM
SUNDAY | 12PM–6PM

17 HARBOURSIDE LANE
HILTON HEAD ISLAND, SC 29928
southerntidehiltonhead.com | 843.686.9160



South Island Ride

Take a leisurely ride through the countryside of southeast Georgia to the beautiful islands of **St. Simons** and **Jekyll**. You'll find food, beaches, tours and a multitude of history at each location.
Trip duration: *133 miles from Hilton Head*
Saddle time: *2 hours and 26 minutes*



Okefenokee Swamp Loop

The **Great Okefenokee Swamp** in Georgia is said to be the largest, intact, undisturbed freshwater and black water wilderness swamp in North America. There are three major entrances that open to the prairies of the Suwannee Canal Recreation Area and the forest cypress swamp at Stephen C. Foster State Park. Go and visit a plethora of habitats, plants and wildlife.
Trip duration: *165 miles from Hilton Head* ***Saddle time:*** *2 hours, 48 minutes*



KING OF THE ROAD

2021 HARLEY-DAVIDSON ROAD KING SPECIAL

This sleek touring model from HD runs a big Milwaukee-Eight 114 V-twin engine, giving it plenty of muscle for the great riding roads of the Southeast. Starting at $22,999. Buy one at Savannah Harley-Davidson.

Jordan Haire, DMD
Dentist
University of Louisville
School of Dentistry

ROC DENTAL GROUP

Matthew Mastrorocco, DMD
Dentist | Owner
University of Pittsburgh
School of Dental Medicine



Advancing Wellness in the Lowcountry for Over 20 Years

To Dr. Matt and the team at ROC Dental Group, advancing wellness means more than providing innovative dental healthcare in a comfortable and friendly office. It means supporting local nonprofits that advance wellness in our Lowcountry neighborhoods as well.

Pockets Full of Sunshine

POCKETS FULL OF SUNSHINE IS JUNE'S ROC STAR CHARITY AND THE RECIPIENT OF A $1,000 DONATION. FIND OUT WHY WE THINK THEY ROC AT POCKETSFULLOFSUN.ORG.

LL0621

Advancing Wellness

ROCDENTALGROUP.COM 843-682-4601 4101 MAIN STREET, SUITE D HILTON HEAD ISLAND

Destination: Adventure

KICK YOUR SUMMER UP A NOTCH WITH THIS EPIC ROAD TRIP THROUGH SOME OF THE SOUTHEAST'S GREATEST OUTDOOR ATTRACTIONS.

STORY BY BARRY KAUFMAN

While this past spring's pipeline crisis saw some misguided souls filling up grocery bags with 87 octane, we're happy to report that the panic buying has subsided and the refined crude is flowing once again. And that can only mean one thing: it's time for the mother of all road trips.

But why go through all the hassle of loading up the car, filling up the tank and picking out the perfect playlist (oh, right. Don't forget to load up the family, too) just to drive to some resort when the best resorts known to man are right here? Instead, point your hood toward a change of scenery in the great outdoors. Wherever your adventure takes you – up craggy mountain peaks, past tranquil lakes or down surging rapids – the beauty of our region lies in the fact that it's all within a tank of gas.

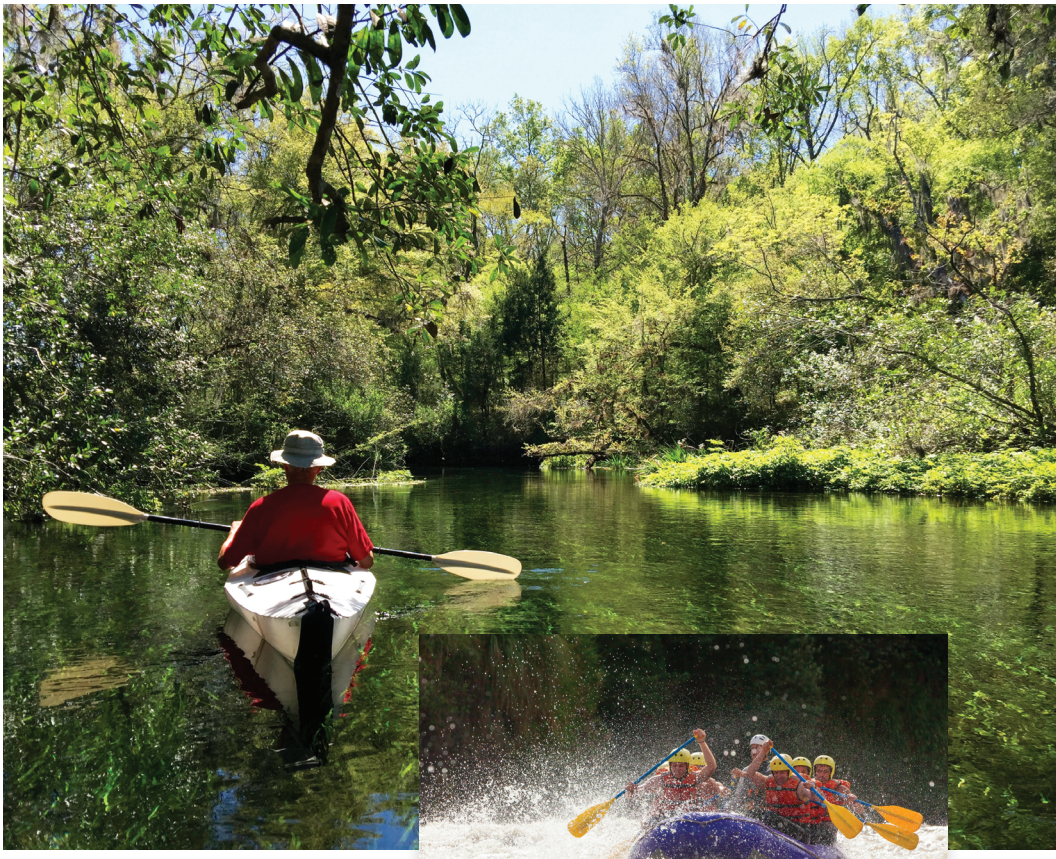
So strap in for the adventure of a lifetime amid the outdoor playground that is the Southeast.



Get elevated at Poinsett State Park

High in the sandhills lies the perfect spot for some stand-up serenity. Located high in the Santee where the Sandhills peter down toward the low-lying midlands, Poinsett State Park is an outdoor wonderland of trails and rivers creeping through rocky hills. But for those seeking a bit more of a contemplative experience, the tranquil lake at its heart is 10 acres, perfect for stand-up paddle boarding. Ply your way across its mirror-like surface, surrounded by bucolic splendor, and take a deep breath. You've found your happy place.

Get there: *Hilton Head Island to Poinsett State Park (Wedgefield, South Carolina): 2 hours, 19 minutes (135 miles)*



Chipola rollin'

Ride the road to the Sunshine State for one of the coolest paddle-driven treks known to man. Snaking through 100 miles of lush Florida wilderness and fed by tranquil blue springs that would have Ponce De Leon itching for a second childhood, the Chipola River represents one of the most breathtaking kayak trips you will ever experience. Glide along its tranquil waters, sampling the famed tupelo honey harvested along its banks as you go, and you'll understand why the Choctaw bestowed a name on it meaning "sweet water."

Get there: *Hilton Head Island to Christoff Boat Launch (Marianna, Florida): 5 hours, 49 minutes (403 miles)*

Paddle faster – I hear banjos!

Shoot the rapids on a river made famous – or infamous – by Burt Reynolds. If you're looking for the ultimate whitewater rush, you're in the right place. Curling its way through the western border of our state is the mighty Chattooga River, home to some of the most challenging rapids known to man. And yes, the fact that the film "Deliverance" was filmed here may give you some apprehension, but once that adrenaline hits your gut, you'll forget all about it. Beginners can take on the approachable challenge of the Bull Sluice Rapid, but hardcore thrill junkies will want to tackle the infamous Five Falls.

Get there: *Hilton Head to Chattooga Whitewater Outfitters (Long Creek, South Carolina): 5 hours, 12 minutes (319 miles)*



Hang Ten without leaving the 843

Get on your board, and paddle out into the Palmetto State's finest surf. Ask a surfer and they'll tell you that some of the best surfing in South Carolina can be found at Folly Beach's "Washout." Also called "Hollywood" by some of the locals, this challenging surf spot at the north end of the beach was created when Hurricane Hugo took out an entire block of homes, creating a pipeline of wind across the beach that whips the waves into a frenzy. If you're used to the relatively tepid waves of Hilton Head Island, be prepared to shoot the curl and experience the adventure of a lifetime.

Get there: *Hilton Head Island to Folly Beach (South Carolina): 2 hours, 11 minutes (105 miles)*



Cruise the Georgia waves

Take a ride on the freshwater side on Georgia's beautiful Lake Lanier. Sure, we have boating here. But there's something refreshingly different about getting out and pointing your bow across the shimmering surface of a freshwater lake. For some, it's the spray of cooling water that doesn't leave a sticky, salty residue. For others, it's the calmer waters that allow for a smoother ride. Or maybe it's the lack of jellyfish and sharks. Whatever your reason, if you're looking to get out on a lake, Georgia's Lake Lanier is just a short distance away. Tow your boat, rent one or simply hop on one of the many cruisers that crisscross the waters, and soak in the freshwater fun.

Get there: *Hilton Head Island to Old Federal Boat Ramp (Flowery Branch, Georgia): 5 hours, 24 minutes (280 miles)*





MAKE YOUR DREAM A
Reality
SHOP SMART
LOCALLY OWNED
SHOP LOCAL
CARPET · HARDWOOD
LAMINATE · TILE & STONE
VINYL · AREA RUGS
GRANITE & QUARTZ
Floors To Go
123 MATHEWS DRIVE
HILTON HEAD ISLAND · 843-681-4925
HILTONHEADISLAND.FLOORSTOGO.COM



Shred carefully at the Skate Yard

Catch some air, and grind some pavement while learning the basics of skating. You're never too old to start skateboarding. That said, going through the entire unsteady process of learning how, in front of a skate park full of judgmental teens, is no one's idea of a good time. Grab your board and head to the Skate Yard in Atlantic Beach, Florida, where they'll teach you the finer points of tailflips, ollies and railgrinds. At the very least, they'll show you how to stay upright long enough to show up those teens at the skate park.



Get there: *Hilton Head Island to the Skate Yard, (Atlantic Beach, Florida): 2 hours, 51 minutes (182 miles)*



Get your motor runnin'

Head out on the highway, and burn some rubber on the infamous Hellbender 28. Sometimes, you get on your motorcycle and ride so you can take in the majestic scenery of the Southeast with nothing between you and the views but a helmet. Sometimes, you strap in for the white-knuckle thrill of shooting down a narrow lane, ping-ponging between curves, with nothing but a guard rail between you and a harrowing plunge. On the Smoky Mountains' Hellbender 28, you can do both. Thrilling mountain curves combined with breathtaking views of Fontana Lake make for one of the most dynamic experiences on two wheels.

Get there: *Hilton Head Island to 28's southern terminus (Bryson City, North Carolina): 5 hours, 45 minutes (367 miles)*



Ride hard. Get dirty.

The most fun on four wheels can be found just one state up. There's nothing like straddling an ATV, pointing it toward your next adventure, and opening the throttle wide. Whether ramping off of sand dunes or churning through mud, sending up rooster tails of triumph behind you, it's simply something that needs to be experienced to be understood. Busco Beach in Goldsboro, North Carolina, offers everything from down and dirty mud-bogging to stunt tracks and trails that ring a peaceful lake. Grab your helmet, and get to kicking up some dust.

Get there: *Hilton Head Island to Busco Beach (Goldsboro, North Carolina): 4 hours, 50 minutes (311 miles)*



May the gorge be with you

A little-known loophole makes for some of the best bouldering in the state. Among the more than 50,000 acres of preserved old-growth forest and towering waterfalls in Jocassee Gorges, climbers will find a slew of boulder fields just begging to be conquered. While rope climbing is forbidden in the park, SCDNR has classified bouldering as, and this is true, "hiking on rocks," so you're free to explore such famed boulder fields as Bearfields and the awesomely named Jedi Boulder (light saber optional).
Get there: *Hilton Head Island to Jocassee Gorges Wilderness Area (Sunset, South Carolina): 4 hours, 45 minutes (285 miles)*



Take a hike

Scale the Mount Mitchell Trail and soak in the scenery on top of the world. Famed naturalist John Muir once said, "In every walk with nature, one receives far more than he seeks." If you want a taste of what Johnny was talking about, point your hiking boots toward the soaring heights of the Mount Mitchell Trail. This six-mile path meanders through breathtaking scenery as it brings you step by step to the peak of Mount Mitchell and the stunning views that surround it on every side.
Get there: *Hilton Head Island to the trailhead at Black Mountain Campground (Burnsville, North Carolina): 5 hours, 35 minutes (331 miles)*



Saddle up for adventure

Grab the reins and explore the wilderness around Asheville. Emerging as a preeminent outdoor destination in its own right, Asheville adds to its outsized hiking and craft-beer appeal with one of the most beautiful trails on earth for horseback riding, the Fern Forest Trail. Despite its elevation of 4,000 feet amid the rocky splendor of Nantahala National Forest, the trail itself is relatively gentle in its slope, making for a 45-minute or so trek through the wilderness atop your noble steed.
Get there: *Hilton Head Island to Fern Forest Trail (Notla, North Carolina): 6 hours, 26 minutes (395 miles)*

SIMPLIFIED
CONSTRUCTION

COST EFFECTIVE & RAPID CONSTRUCTION OF ENERGY EFFICIENT HOMES

SPECIALISTS IN STRUCTURAL INSULATED PANEL (SIPS) CONSTRUCTION TECHNIQUES

Custom Home Builder Serving
CHARLESTON • EDISTO ISLAND • BLUFFTON

CHRIS LEIGH-JONES | 281.630.3513 | CHRISLJ@LUXURYSIMPLIFIED.COM | WWW.LUXURYSIMPLIFIED.COM

ROAD TRIP

Hilton Head Island to St. Simons Island, Georgia

2 hours *(116 miles) via I-95 S*

Golden opportunity

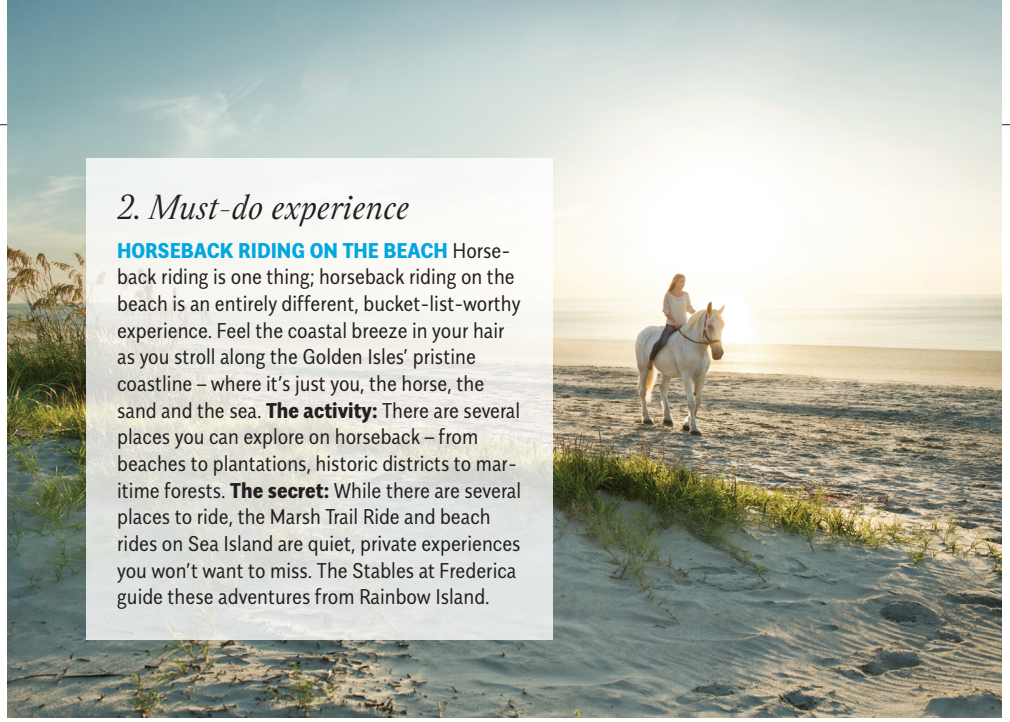
DISCOVER 8 HIDDEN GEMS IN THE GOLDEN ISLES

Nestled on the Georgia coast, midway between Savannah and Jacksonville, lie four beautiful barrier islands — St. Simons Island, Sea Island, Jekyll Island, Little St. Simons Island — and the mainland city of Brunswick. Pristine stretches of marshland, punctuated by small islands known as hummocks, define the breathtaking landscape and create the appearance of a continuous stretch of land reaching out to the barrier islands. With all the awe-inspiring landscapes and unique adventures available, it's hard to know where to start. Try these suggestions with images from GoldenIsles.com.



1. Must-photograph landscape

DRIFTWOOD BEACH Driftwood Beach is a beautiful stretch of land at the northern end of Jekyll Island where weathered tangles of driftwood are scattered across the sand to create a hauntingly beautiful place to enjoy a sunrise or a coastal stroll. **The activity:** This beach is a photographer's paradise – and it is unique depending on the time of day or even the season you visit. Bring a camera and add to your photography collection. **The secret:** Bring a hammock to hang from a sturdy driftwood tree or a picnic blanket to lie on the sand and cozy up for a breathtaking sunrise.



2. Must-do experience

HORSEBACK RIDING ON THE BEACH Horseback riding is one thing; horseback riding on the beach is an entirely different, bucket-list-worthy experience. Feel the coastal breeze in your hair as you stroll along the Golden Isles' pristine coastline – where it's just you, the horse, the sand and the sea. **The activity:** There are several places you can explore on horseback – from beaches to plantations, historic districts to maritime forests. **The secret:** While there are several places to ride, the Marsh Trail Ride and beach rides on Sea Island are quiet, private experiences you won't want to miss. The Stables at Frederica guide these adventures from Rainbow Island.



3. Must-see piece of history

ST. SIMONS LIGHTHOUSE Built in 1872, the St. Simons Lighthouse Museum is one of only five operational lighthouses on the Georgia coast – and the Keeper's Dwelling has been turned into a quaint museum that houses St. Simons Island history you won't want to miss. **The activity:** Climb 129 steps to the top of the lighthouse for incredible views of the Golden Isles. **The secret:** If you are visiting at the right time, you might be able to catch one of the Little Light Music Concerts on the green just outside this gorgeous landmark.

4. Must-experience natural retreat

LITTLE ST. SIMONS ISLAND Accessible only by boat from the north end of St. Simons Island, Little St. Simons Island is an 11,000-acre natural paradise – and it's an all-inclusive resort for 32 lucky guests per night. **The activity:** Most visitors head out for a day trip to Little St. Simons Island, which typically includes the boat ride to and from, a guided nature walk, time on the 7-mile-long, untouched beach, and a fully catered, locally sourced lunch. **The secret:** Stay overnight at the Lodge on Little St. Simons Island for additional one-on-one time with knowledgeable naturalists, time to explore the island on two wheels, naturalist-led kayaking opportunities, and lengthier nature walks that will help you get a better idea of what coastal Georgia nature is all about. Cell service is limited, so it's truly an incredible way to unplug, relax and learn something new.





5. Must-explore historical landmark

JEKYLL ISLAND HISTORIC DISTRICT Once a vacation spot for the most elite crowds, the Jekyll Island Historic District is now one of the largest ongoing restoration projects in the South. It received its historic designation in 1972 by being placed on the National Register of Historic Places. **The activity:** Explore the entire landmark. Whether by trolley, by horse and carriage or by foot, tour the area to get a glimpse of historic luxury at its finest. **The secret:** Interested in living that elite life? You can stay at the original clubhouse, now known as the Jekyll Island Club Resort, to get a taste of the luxury this historic district represents – and what members described as its "sense of splendid isolation."



6. Must-find local art

ST. SIMONS ISLAND TREE SPIRITS If you look closely at certain majestic oak trees that cover St. Simons Island, it's possible to find one gazing back at you – either peering out from the trunk or from the stub of a long-vanished branch. These are the tree spirits of St. Simons Island. **The activity:** Spend the day on a one-of-a-kind scavenger hunt while you search for the local tree spirits around St. Simons Island, and find them all. **The secret:** There's a whole mythology and story surrounding these weathered faces. Discover the legends the locals love.



7. Must-encounter wildlife

SEA TURTLES Loggerhead sea turtles have called the waters along the southern coast "home" for centuries. As a protected species, sea turtles are so incredible to learn about and see in their natural habitats – if you're lucky enough! **The activity:** All year long the Georgia Sea Turtle Center offers education on sea turtle research and rehabilitation in the Golden Isles. Visit the center to see their scientists and doctors at work – in addition to meeting some of the patients. **The secret:** If you visit during the summer sea turtle season, joining a sea turtle patrol with a naturalist is one of the most awe-inspiring and humbling wildlife encounters you could hope for.



8. Must-visit downtown hub

HISTORIC DOWNTOWN BRUNSWICK Discover history, inspired cuisine and Southern hospitality in Historic Downtown Brunswick: From shopping to dining and more, you won't want to miss this rich experience. **The activity:** There are so many possibilities in Historic Brunswick, there's something for everyone: explore a historic plantation with the history buff; find each signature square of Brunswick with the outdoors-lover; peruse the adorable stores with the shopper; enjoy coastal Southern cuisine with the foodie. **The secret:** If your visit overlaps the first Friday of the month, you'll get to experience a local favorite event famous for shopping, dining and entertainment. Check the events calendar at goldenisles.com for more details.





ROAD TRIP

Hilton Head Island to Fripp Island

1 hour, 22 minutes *(57 miles) via SC-170 E and US-21*



©CABANA CLUB POOL, COURTESY CHRIS BOWMAN

Fripp Island

IF YOU CRAVE FUN, RELAXATION AND SOLITUDE, THIS PRIVATE OASIS IS THE ULTIMATE DESTINATION.

STORY BY HANNAH NICHOLS

Located at the end of scenic U.S. 21, Fripp Island is one of South Carolina's Sea Islands. It takes a bit of island hopping to get there, but the journey is filled with many worthy stops. On your way you'll cross through Beaufort, consistently voted one of the South's best small coastal towns. As you venture across St. Helena Island, you'll pass by the legendary Shrimp Shack, over the brand new Harbor Island bridge and along Hunting Island — South Carolina's most popular state park.

Fripp Island is about as close to a tropical paradise as you will find in the continental United States. More than 3,000 acres of scenic coastline and marshes await at this designated wildlife sanctuary. The island features an amazing array of services and recreational opportunities for its size. It is important to note, however, that Fripp is a private community. You will not be able to access the island without having reservations to stay. Here are a few suggestions for maximizing your time in this private paradise.







WHAT TO DO

GOLF

Fripp Island is host to Fripp Island Golf & Beach Resort, which has two championship 18-hole courses. Ocean Creek is located on the marsh side of the island, showcasing lagoons and coastal plain, while Ocean Point offers stunning views of the Atlantic Ocean from several holes.

FISH

The proximity of Fripp Island to South Carolina's artificial reef system and the Gulf Stream makes it a popular fishing spot for locals and visitors alike. Grab a fishing charter with Captain George at lowcountryfishingcharter.com for your chance to land a mahi-mahi like the pros.

BEACH DAY

The simplest things are often the finest. Fripp Island offers three and a half miles of coastline, so grab your umbrella and book to pass the day away.


a world of its own
Swept by warm trade winds and soothed by the sound of the surf, Fripp Island Golf & Beach Resort remains an escape for people of all ages and ways of life. The resort is home to two breathtaking golf courses, a full-service marina, professional racquet club, outdoor pool complexes, and more.
Discover the simple, seaside, serenity that can only be found here at Fripp Island Golf & Beach Resort.
833.625.1374 | FrippIslandResort.com
Fripp Island®
GOLF & BEACH RESORT
Simple. Seaside. Serenity.





Come see why so many residents love calling WaterWalk at Shelter Cove home:

"Honestly I feel as if we have arrived at the place we want to call home for a long time. The staff have a genuine commitment to making WaterWalk as stress-free living as possible, and the joy they demonstrate in providing that is palpable."
-Sonia, Modern Message

"This is resort living at its best. We have everything we need in walking distance. We have been living at WaterWalk for a year and a half and looking forward to many many years."
-Judy, Modern Message

"I love to wake up every morning and see Broad Creek. The sunsets and sunrises are beautiful."
-John, Modern Message

"Living at WaterWalk is like being on vacation at a five-star resort. Our apartment is spacious, quiet, and the screened-in porch is a game changer. We and our dog are very happy living here and appreciate it every day."
-Verified Resident, ApartmentRatings

Schedule your tour today and take in the stunning views from our brand new East Building - now available for move-in!

WaterWalkHHI.com | 843-258-4436

WHERE TO EAT



PALMERA TAQUERIA

Opening just in time for summer, Fripp Island Resort's newest restaurant is a Mexican restaurant featuring family favorites. Share a plate of shrimp nachos while you dine right off the beach boardwalk.



BONITO BOATHOUSE

Perched at the end of the Fripp Island Marina is this casual seafood restaurant with waterfront views. The fried seafood platter is a staple, but you also can grab steaks and pasta while watching amazing sunsets over the water.



BEEDOS

This restaurant is relatively new but has already made quite a splash on St. Helena Island. You'll find it on your way to or from Fripp. Ideal for breakfast or lunch, you can enjoy seasonal specials as well as the Brekkie Sando — its specialty breakfast sandwich.

Fripp Island has a variety of management companies offering accommodations. Some offer club guest cards that include access to resort amenities (including some of the island restaurants), while others do not, so make sure you check with your management company to make sure you are getting what you want out of your vacation.

WHERE TO STAY



CONDOS



Condos are a popular rental option due to their affordability, range of sizes, and varying locations around the island. No matter what complex you choose, Fripp Island offers something to fit your needs.

SUNSUITES



The closest thing Fripp Island has to a hotel, the Sunsuites sit centrally within the island, between the beach and the Olympic Pool. These one-bedroom efficiency units offer the essentials for the guest on the go.

HOUSES

With over 500 vacation rental homes on Fripp, there's bound to be one that meets your needs. Whether you're looking for an oceanfront oasis or a private villa with your own pool, the options are endless. Rent a golf cart, park your car for your stay and enjoy Fripp Island like a local. *LL*

HAPPY FATHER'S DAY

turtleson



50 Years In the Shadow of the Lighthouse

843.671.2291

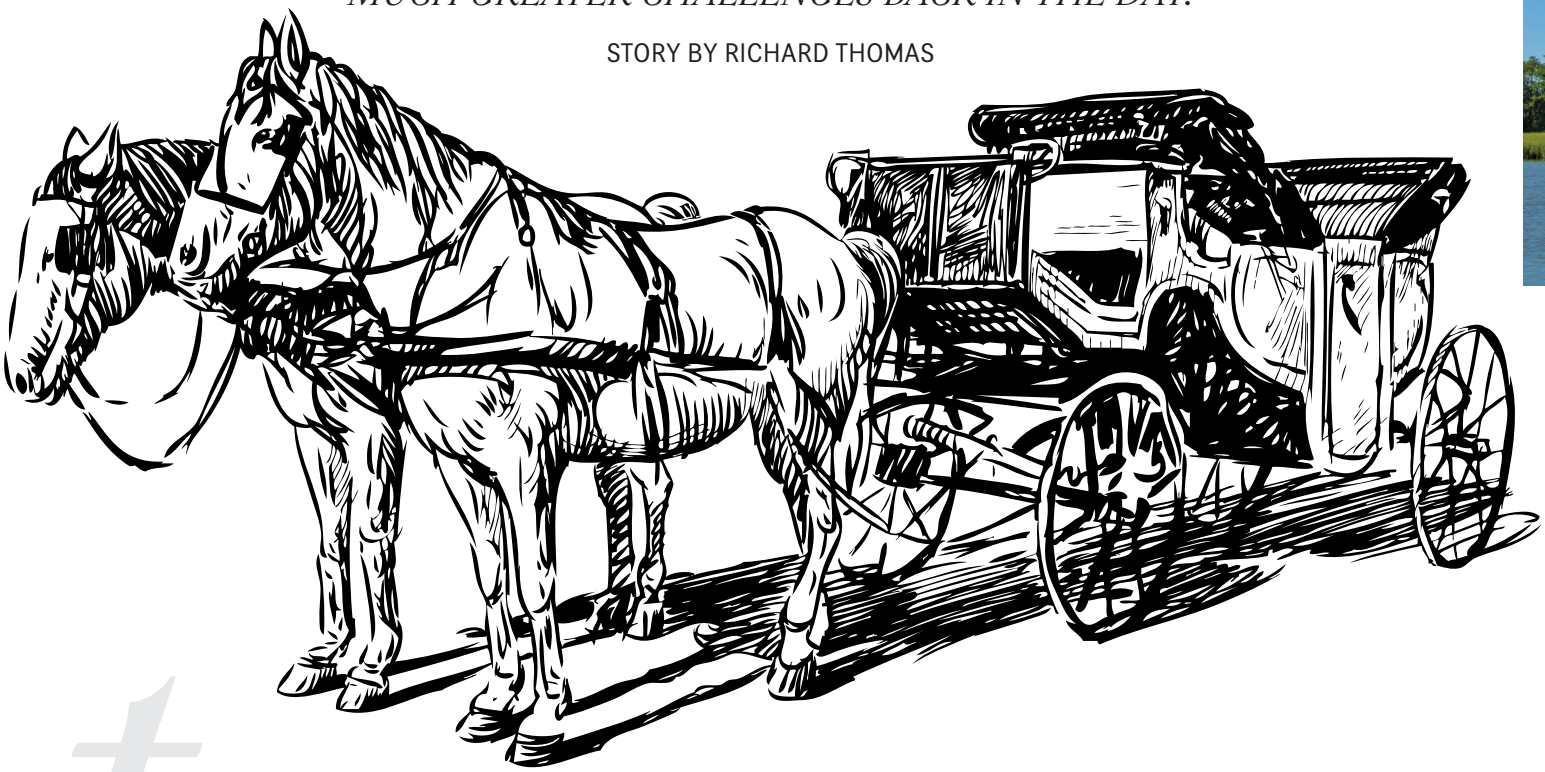
knickersmenswear.com

5-MINUTE HISTORY

Road trips in our distant past

THINK SATURDAY TRAFFIC IS BAD? LOCAL TRAVELERS FACED MUCH GREATER CHALLENGES BACK IN THE DAY.

STORY BY RICHARD THOMAS





The earliest roads in the Beaufort County area were made by 18th-century settlers following paths Native Americans had regularly used over hundreds of years. Due to the semi-nomadic nature of the early Indian tribes, very few paths were traveled enough that they could easily become roads for horse carts and carriages. For this reason, waterways were the main routes of transportation between principal towns for the first century of English settlement in Carolina, and nearly every well-established overland route included one or more ferry crossings over imposing bodies of water. By definition, road trips were water trips to a greater or lesser degree.

In the years following the Indian Wars and leading up to the American Revolution, settlement in Beaufort County south of the Broad River increased to the point that the Anglican Church of South Carolina decided to create a new parish out of the massive St. Helena Parish in 1767. St Luke's Parish was its name, and it encompassed the lands between the Broad River and the Savannah River, including parts of what are today known as Jasper and Hampton counties.

A new church for the new parish, St Luke's Anglican, was built on the Kings Highway running north-south near the intersection with the main road leading east to the inland waterway and the ferry crossing to HHI. Construction was completed before the Revolutionary War, and the church was regularly used until it burned in 1833. For residents of Hilton Head Island, going to church meant a road trip of over 30 miles round trip by boat and horse-drawn carriage and, in many cases, an overnight stay at the house of a fellow parishioner in the Okatie area. Two St Luke's parishoners who lived on Hilton Head petitioned the parish in 1781 to allow them to build a chapel of ease there for the convenience of Island residents. Their petition was approved, but construction of the Zion Chapel of Ease was delayed until 1786 due to the continuation of hostilities between partisan forces in the area.

Chapels of ease were a convention in the early churches to allow ease of



BY LAND AND SEA For many residents of Hilton Head Island, going to church meant a road trip of over 30 miles round trip by boat and horse-drawn carriage and, in many cases, an overnight stay at the house of a fellow parishioner in the Okatie area.

worship for parishioners who lived far from the main church and for whom travel to it was impractical. The Zion Chapel was completed in 1788, and two other chapels of ease were built in St Luke's Parish in the next few years, so the long road trips to church for HHI residents were significantly reduced in the coming decades. At first, Zion Chapel would be visited in alternate weeks, but when the other two chapels of ease were completed, the itinerant vicar would come to the Island only once a month. The most pious families would still have to travel significant distances to the main church or other chapels of ease if they wanted church worship during Zion Chapel's off weeks, so during those years, many Island resident families would often opt to "read services" out of the Common Book of Prayer at their homes when Zion Chapel was vicarless.

When the Reverend Phillip Mathews arrived on Hilton Head as its first resident minister in 1821, the long road trips to church finally ended for Islanders, up until the Civil War. *LL*

Richard Thomas is an owner and guide for Hilton Head History Tours and is the author of Backwater Frontier: Beaufort Country, SC at the Forefront of American History.





Color Me Wild!

Backyard bird feeding has changed a lot over the years, but one thing remains the same...the joy birds bring each time you catch a glimpse of them at your feeders.

CELEBRATING
40 YEARS
OF SAVING
SONGBIRDS

Join the new owners of **Wild Birds Unlimited Hilton Head** for every aspect of backyard birding. From equipment and outings, to solutions and resources.

Painted Buntings eat seeds, particularly after the breeding season is over, starting in midsummer.

They're more likely to visit a bird feeder in a yard with low, dense vegetation.

See more of this Frequant Flyer in this issue of Local Life.

Wild Birds Unlimited®
Nature Shop

45 Pembroke Drive, Suite 130 Hilton Head Island
843.802.2010 • hiltonhead.wbu.com

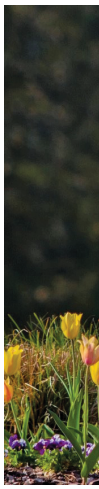
ROAD TRIP

Hilton Head Island to Southern Pines, North Carolina
4 hours, 15 minutes *(259 miles) via I-95 N*

Golf getaway

THE VILLAGE OF PINEHURST & SOUTHERN PINES

STORY BY SHANE SHARP



The North Carolina Sandhills region, dubbed "The Home of American Golf," is a must-visit for the "have clubs, will travel" set. But beyond the area's 30-plus courses, charming towns, quaint shops, delicious dining and award-winning craft breweries await non-golfing visitors. The Village of Pinehurst and up-and-coming burg of Southern Pines offer plenty of itinerary options for a long weekend getaway. What's more, these two historic hamlets are situated just five miles apart. So after making the four-hour trip from the Lowcountry, visitors can minimize their time spent behind the wheel and maximize enjoyment.

WHAT TO DO



OUT FOR A STROLL Fill the day strolling the curvilinear lanes of the Village of Pinehurst, conceived by Frederick Law Olmsted in 1895. Or walk the grid-patterned streets of downtown Southern Pines, anchored by bustling Broad Street and the historic train depot housing its Welcome Center. For those preferring more structure, the Tufts Archives and Convention and Visitors Bureau in the village offer self-guided walking tour books.

EXPLORE AND MORE To log even more steps, check out the 2,000-acre Weymouth Center in Southern Pines, the former home of poet and author James Boyd. The lush gardens are teeming with azaleas, weeping Japanese cherries, rhododendrons, and the area's signature longleaf pines. Weymouth Woods is home to the world's oldest longleaf pine tree; explore and see who's the first to find it.

WHERE TO STAY


Pinehurst Resort

ROCK THE CRADLE

Pinehurst Resort, the "Cradle of American Golf" and home to five future U.S. Opens, is also the purveyor of three world-class hotels. The stately Carolina Hotel is the largest, with 230 rooms, while the Holly Inn and Manor lean toward boutique. Manor was recently renovated, including a new lobby bar (North & South) with an extensive whiskey list.

SOUTHERN COMFORTS

Duncraig Manor and Tanglewood Farm are two wonderful B & B options in Southern Pines offering decidedly different lodging experiences. For the area's newest hotel, deviate to Aberdeen and bed down at the 103-room Hilton Garden Inn, featuring a full-service restaurant and bar.


Tanglewood Farm


Duncraig Manor



PATRICK WIITA, M.D.



Triple Board Certified
Child & Adolescent
Psychiatrist

wiitamd.com
843.802.9030

- Evidence-based ADHD treatment for kids and adults.
- Convenient appointments after school or work.

MOKE



Buy or Rent a Moke on Hilton Head Island

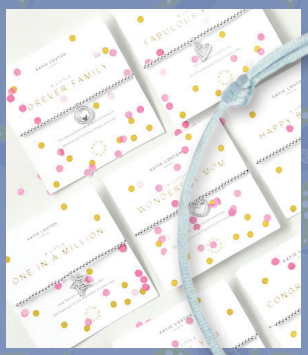
Looking for a unique way of getting around the Lowcountry? Get behind the wheel of a Moke and enjoy trips to the beach, the market, and local get-togethers. Eco-friendly and street legal on roads 35 mph or less, Moke is fully customizable in a rainbow of colors. Buy or rent for a day, a weekend, or a week. Experience a Moke today!

Carolina Rides
(844)378-6653

59B New Orleans Rd, Hilton Head Island, SC • carolinarides.com

GLORIOUS DETAIL





KATIE LOXTON

LONDON





JEWELRY, FINE GIFTS, TREASURES

F E A T U R I N G

Julie Vos • Ella Stein • Caspari • Le Cadeaux

John Medeiros • Crislu • Meghan Browne

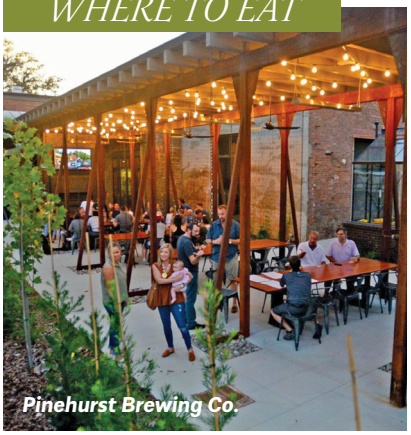
Coastal Treasures

Elegant Living ~ Thoughtful Giving

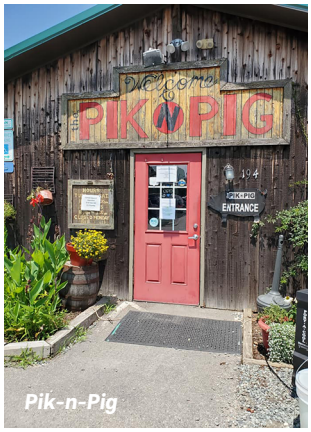
HARBOUR TOWN | 149 LIGHTHOUSE ROAD

843.671.3643

WHERE TO EAT



Pinehurst Brewing Co.



Pik-n-Pig

DON'T MISS THIS PIGGY

No trip to the Tar Heel State is complete without sampling the local barbecue. The Pinehurst Brewing Co. serves up pulled pork, ribs and brisket, as well as wood-fired pizzas and craft beer brewed on-site. The famous Pik-n-Pig in nearby Carthage offers classic Carolina "cue" and a close-up view of planes landing and taking off at Gilliam-McConnell Airfield.

LEGENDARY LUNCH SPOTS

For midday meals, few small towns "do lunch" like Southern Pines. Sweet Basil's Café & Grill offers plenty of vegetarian, vegan and gluten-free dishes. On a hot summer day, the Bell Tree Tavern, with its dark, cozy and cool interior, is the perfect spot for a juicy burger and a cold pint. Back in the village, foodies flock to Elliot's on Linden to sample the creations of chef and owner Mark Elliott.

LIQUID LUNCH, WHO'S JUDGING?

If a liquid lunch is in order, the Southern Pines Brewing Company, Hatchet Brewing Company and Railhouse Brewery are locally owned and operated, serving a wide selection of lagers and ales.



Southern Pines Brewing Company

BONUS TIP

When to visit

The **Sandhills** are a true year-round destination, and the Village of Pinehurst and Southern Pines offer several seasonally themed festivals and events.

- For barbecue aficionados, the **Pinehurst Barbecue Festival** debuts Sept. 3-5 over Labor Day weekend. The inaugural event will be held in the Village of Pinehurst and will offer tastings from the state's top pit masters, cooking classes and live music.
- **Autumn Fest** is one of Southern Pines' longest running festivals. Held on Oct. 2, it features a 5K run, one-mile Fun Run & Health Walk, youth sprint races, children's activities, live entertainment, arts and crafts, and local eateries.
- The **Festival D'Avion**, Oct. 29-30, will offer a unique collection of special events, activities, exhibits, entertainment and food and beverage options while honoring all five branches of the military. LL

Unique overnight experiences

The experience: Mountain cool



WHERE TO GO

Sapphire, North Carolina Located at 3,200 feet, this unincorporated community in Transylvania County, North Carolina, experiences moderate temperatures throughout the year. The summers are cool, fall and spring delightful, and you may even get a touch of snow in the winter. Gorges State Park, the Horsepasture River and an impressive collection of waterfalls make the Sapphire/Cashiers/Brevard area a perfect road trip destination for outdoor lovers.

WHAT TO DO

- Red Bird Golf Links
- Sapphire Valley Ski Resort
- Panthertown Valley Trail
- Greenland Creek Falls

WHERE TO STAY

Black Bear Lodge Located just off Highway 64 in Sapphire, this boutique, eight-suite lodge is a great place to spend the night or an extended holiday. All accommodations are two-room suites with private porches, full kitchens, cozy living areas and either queen- or king-sized beds. Connecting rooms can be requested and pets are welcome. *blackbearlodgeofsapphire.com*

The experience: 5-star luxury



WHERE TO GO

Palmetto Bluff At 20,000 acres, Palmetto Bluff is one and a half times the size of Manhattan. It's an epic playground, where the built and unbuilt environments live in harmony, wrapped by 32 miles of riverfront. Getting outside is paramount. Explore this Lowcountry paradise by kayaking, horseback riding, golfing, biking, sporting clays, paddleboarding, fishing, scenic yacht cruises and more. For access to Palmetto Bluff and its amenities, lodging reservations are required.

WHAT TO DO

- May River Golf Course
- Outside Palmetto Bluff
- Spa Montage
- The treehouses

WHERE TO STAY

Montage Palmetto Bluff Providing guests access to all that Palmetto Bluff has to offer, this 5-star resort features a charming collection of rooms, suites, cottages, village homes and residences all nestled between vibrant waterfronts and tranquil forests. Designed in classic Southern style, rooms offer luxurious residential touches, such as vaulted ceilings, fireplaces, opulent bathrooms and verandas with stunning views. Reservations required. *montagehotels.com/palmettobluff*



ROAD TRIP

Hilton Head Island to Put-in-Bay, Ohio

13 hours, 19 minutes *(830 miles) via I-77 N*

Put-in-Bay

FROM ROCKY ISLAND RETREAT TO ROCKIN' GOOD TIMES

STORY BY CAROLYN MALES

We have to warn you...

Spotting this subject line in an email is never an auspicious sign. My husband, Dick, and I were about to make a pre-pandemic visit to see our friends ***Louise and John Titchener*** at their summer retreat in Put-In-Bay on Ohio's South Bass Island. Visions of the usual leisurely bike rides along hilly back roads, toasting the sunset over Lake Erie, exploring nature trails, sailing, strolling into the village for lunch, and the Titcheners' witty repartee fueled our desire to return. John, a retired philosophy professor, had summered here as a child. Plus Louise had set *Hard Water*, the third of her Oliver Redcastle historic mysteries, on these shores. What fun it would be to explore this four-mile-long island, listen to their knowledgeable take on historic sites and trace the Pinkerton detective's 19th-century footsteps.

Alas, it seemed the 21st century was about to intrude — big time. Kid Rock and his legions of fans would be invading. The ***Miller Ferry*** and the Jet Express, the only ways onto the island from the mainland (unless you had a private plane or boat), would be packed, golf cart drivers would be jockeying for spaces around ***De Rivera Park***, lines for the village's small cluster of restaurants would spill into the street, and boats would be moored four or more abreast in the small harbor.

Put-In-Bay has often been referred to as "The Key West of Lake Erie." And like its Southern counterpart, it can be frenetic or charming depending upon the date. Big Bash events like Pyrate Fest or the occasional rock concert bring in the partying crowds that disrupt the normally peaceful rhythms. And as we stepped off the Miller Ferry that we'd boarded a half-hour earlier in Catawba Point, the roadies were already setting up concert equipment at the small airport on the southeast end. Therefore, we were intent on making the most of the island's quiet charms before the fans stormed in.











Speaking of invasions, the next day we began our explorations learning about an attempt by Britain to do just that during the War of 1812. At the center of the island, ***Perry's Victory and International Peace Memorial***, a 352-foot Doric column, rises in a grassy expanse. The National Monument, erected about a century after the Battle of Lake Erie, commemorates US Naval Commodore Oliver Hazard Perry's defeat of the British Royal Navy squadron. At the nearby National Park Visitor's Center, maps, dioramas and a video detail how Perry seized back control of the lake, thus preventing or mitigating further attacks on Pennsylvania, New York, Michigan and Ohio. Perry's battle flag was emblazoned with the motto "Don't Give Up the Ship," and today several homes here fly replicas.

Later, standing on the open-air observation deck at the top of monument, we took in the panoramic sweep of the island. John, who'd been a park ranger here in his youth, pointed out the other islands that dot Lake Erie: Middle Bass, North Bass, Rattlesnake, Johnson's, Kelleys, and Pelee, the latter just over the line in Canada. With Michigan and the Ohio mainland sitting off in the hazy blue distance, it became even clearer just how just strategic Perry's victory was.

Gibraltar, a 6 ½-acre offshore island, provided a convenient lookout point for Perry to survey the British threat. Its rocky topography, hence its name, would become the site of a large limestone Victorian-Gothic mansion built by wealthy financier Jay Cooke during the Civil War. Among its illustrious guests: Presidents Hayes, Cleveland and Harrison;



Visit **SerendipityMedSpa.com** to see our June Specials!

- Botox & Fillers, ThreadLift
- Laser Vein Removal & Sclerotherapy
- Laser Hair & Wrinkle Reduction
- Laser Skin Resurfacing/Rejuvenation
- HydraFacial
- RF Micro-Needling w/Platelet Rich Plasma
- Chemical Peels
- MonaLisa Touch for Vaginal Health
- And much, much more...

serendipity
a medical spa

843.342.BODY(2639)
www.serendipitymedspa.com

23 Main Street | #102 Palmetto Office Suites | Hilton Head Island | Tracey Leaver-Williams, MD





General Sherman; and a host of gilded age notables. In Hard Water, Oliver Redcastle would meet up with Jay Cooke himself, and Ulysses S. Grant and would later recuperate there after being trapped in an underwater cave.

Today the site hosts Ohio State University's Stone Lab's freshwater field station where researchers work on problems like invasive species, water quality issues and toxic blooms on Lake Erie. It was here at the Aquatic Visitors Center on an earlier visit that I learned about Lake Erie's non-venomous watersnakes, a protected species. To my surprise, the following day I found myself floating amid their shed skins when I took a dip in the lake.





Around the time I was reminiscing about swimming with snake skins, John decided he would brave the cold water. It may have been August, but the wind was whipping the lake into a froth. John threw on his swim trunks, grabbed a giant inner tube, and we all headed down to the water to cheer him on. After beseeching the heavens to give him strength, he plunged in and got tossed around by the waves. We had a ritual glass of bourbon waiting upon his triumphant return to land.



Beneath the surface



The following day I was considering caves. It turns out that two of the more than thirty or so on the island are open for public tours. The largest and wettest is ***Perry's Cave***, named after the Commodore himself whose sailors drank the mineral water from its underground lake, saving them from dysentery. After the limestone cave opened as a tourist attraction in 1870, "some tourists broke off stalactites and stalagmites for souvenirs," our guide told us, but luckily that was soon stopped. Now like Redcastle when he ventured here, we dodged wet spots as we admired fluted flowstones, waterfall formations and puddles of cave pearls, rocks formed of stones encrusted with calcium carbonate. I found myself wondering just how visitors from that earlier era, particularly women



in high-buttoned shoes, navigated the uneven terrain. Today Perry's Cave sits in an amusement complex with a butterfly house, antique car museum, miniature golf course, a gem-mining shop, rock wall and giant maze. Sneakers and sturdy sandals now seem to be the footwear of choice.

Wineries were a big business in the 1800s and early 1900s with seventeen dotting the landscape before Prohibition put the kibosh on alcohol. Even John Brown Jr., eldest son the fiery abolitionist, John Brown, became a grape grower a few years after he moved here in 1862.

In 1897, when the Heineman Winery was drilling for a well, workers stumbled upon a startling discovery. Thirty-five feet below the surface sat the world's largest celestite geode, a cave 35 feet in diameter, made up of prismatic crystals that jut from its walls and ceiling. While the mineral proved too fragile for jewelry, when ground into powder it could be used to make bold red fireworks. After the Volstead Act ruined the wine industry in the 1920s, the resourceful vintner turned the cave into a tourist attraction. Today you can take a short tour of Crystal Cave and then sip one of the family's fine Ohio wines, including a Watersnake Noiret, in the wine garden afterwards.

Hills and rocky ledges

For the rest of our stay, we walked trails along a rocky ridge, ate lake trout at Put-In-Bay eateries, and yes, we stood at the water's edge and toasted each glorious red sunset. I finished reading *Hard Water*, happy to have seen some of what Oliver Redcastle experienced.

On our last day, as we rode in John's golf cart to the ferry, we saw more and more Kid Rock fans streaming down the gangplank for that night's concert. For Louise and John, it would mean a few days of avoiding the village, but then peace and quiet would once again descend on these rocky shores. *LL*





Listing and selling luxury and oceanfront properties in the finest communities for over 32 Years.





LOOKING FOR JUST THE RIGHT PLACE

CALL JEFF HALL

Jeff has been a local since 1974 and has dominated the Hilton Head Island and Bluffton real estate markets since 1989, helping to develop the finest communities and to aid home buyers and sellers achieve their real estate goals.

843-384-7941
livehiltonhead.com
jammerhhi@gmail.com



PRIMED FOR PERFORMANCE The Yamaha 425 engines allow great control with their increase/decrease of 50 rpms and make it easy to stay on your favorite live bottom spot with fish point — no anchoring required.

PLAY IT COOL The 459-quart fish box is insulated with lights and a digitally controlled thermostat.

DETAILS

Grady White Canyon 456

Length: 45′
Beam: 14′
Fuel capacity: 616 gallons
Engines: Quad Yamaha 425s
Max horsepower: 1,700 hp
Top speed: 58 mph
Dry weight: 24,500 lbs
Water capacity: 80 lbs
Base price: $1,500,000

First-class fishing boat

There's nothing better than enjoying a summer day on the water. Why not do so with this luxury fishing boat? The Grady White Canyon 456 is one of the driest, softest-riding center consoles on the market. It sets the standard in luxury fishing boats with a 45-foot center console and is the largest unsinkable boat of its kind. *Find it at* ***The Boathouse*** *(lHilton Head Island and Okatie).*



COMFORT ZONE The 456 Canyon's cabin is appointed well enough for an overnight stay at the dock or your favorite island hideaway.



GET COOKIN' The boat comes with a full galley of top-of-the-line appliances.





LIFE IS A BREEZE While cruising, enjoy the forward seating and great lounge area.

FETCH
MKT.

A luxury gift shop where **100%** of the profits go toward saving abused animals at Noah's Arks Rescue.



PURCHASE-WITH-A-PURPOSE

Noah's Arks rescue

Noah's Arks Rescue is a 501(c)3 not-for-profit organization that supplies emergency medical, surgical, and rehabilitation to tortured and abused dogs.



Wednesday – Saturday
11am – 4pm

231 Hazzard Creek Village,
Suite 5, Ridgeland, SC

843.987.0405
FETCH-MKT.COM

style

Fun in the sun

PHOTOGRAPHY LISA STAFF

Summer is here, and so are all of the sun-centric activities. LOCAL Life stylist Roxanne Gilleland searched local shops and boutiques to find the perfect outfit for your day, whether you're spending it at the beach, on a boat, or somewhere sipping summer cocktails. Go big with bright and bold statement colors or pair neutral tones with patterns.



Available at
Palmettoes

Available at
SHOP!



Available at
Outside Hilton Head

Available at
Knickers



Available at
Spartina 449

Available at
Quiet Storm Surf Shop



Available at
Island Child

Available at
Cocoon



SPARTINA449.COM

ACCESSORIES • CLOTHING • HANDBAGS • JEWELRY • RESORT & TRAVEL • GIFTS

Visit us in store:

Hilton Head
SHELTER COVE TOWNE CENTRE
HILTON HEAD SC

Old Town Bluffton
32 CALHOUN STREET
BLUFFTON SC

spartina 449®
DAUFUSKIE ISLAND

Local Love

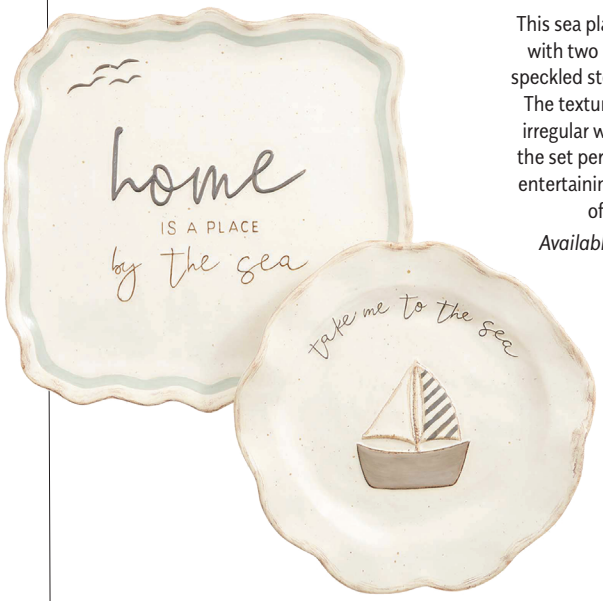
A toast to the host. Get ready to entertain this summer with these local products. Whether you need to create the perfect table setting or serve up some delicious food, these are the pieces for you.



A TRAY DISPLAY

Stray away from an ordinary tray with this stunning piece by Calaisio. Sold with a removable glass insert, it is the epitome of natural elegance and extraordinary durability.

Available at Pyramids.



SEA AND BE SEEN

This sea platter set comes with two hand-painted speckled stoneware pieces. The textural surface and irregular wavy rims make the set perfect for coastal entertaining, both on and off land.

Available at Grayco.

PILLOW PARTY

Spruce up your entertaining space by adding this indoor/outdoor pillow by Magnolia Casual. Its removable cover perfectly suits the Lowcountry and will keep your guests comfortable throughout their visit.

Available at The Spirited Hand.





SHE'S BEAUTY, SHE'S VASE

Give your flowers a proper home in this beautiful oyster-embellished vase. Each is homemade with a uniquely painted shell, making it custom to your home.

Available at Lowcountry Mercantile and lowcountrylinens.com.



LIFE'S A PICNIC

Individually handwoven using sea grass roping, wood, willow, and reed, this basket is a picnic must-have. Its leather straps and brass buckle details make it durable and fashionable.

Available at Fetch MKT and fetch-mkt.com.



ICE ICE BABY

Use this Mackenzie–Childs ice bucket and scoop to stay cool this summer. Made of stainless steel with a Courtly Check pattern, it will add a stylish touch to your home bar. Sold separately.

Available at Forsythe Jewelers.



OCTA-PARTY TRICK

Spruce up your table setting by adding this antique octopus napkin ring. The pop of its sparkling silver finish will definitely catch your guest's eye.

Available at J. Banks.

A BOWL FOR YOUR SOUL

Serve in grand proportions with this delightful plastic serving bowl. Great for displaying anything from salads to pasta, its size and print make it a fun addition to any entertainer's tableware.

Available at Gifted.





TRULY CRABTIVATING

Made in Georgia, this blue crab wooden placemat would look good on any table. Pair it with these beautiful Melamine dinner, salad and appetizer plates to create the ultimate tablescape.

Available at Cabana22.



BERRY NICE

Nothing says summer like a fresh fruit salad. Scoop it in style with this custom silver berry spoon. Decorated with a turtle and beading, the small details won't go unnoticed.

Available at Coastal Treasures.

WHAT'S FRESH IN JUNE?

Cantaloupe tonight, Dad's got the car!



Feeling the burn?
The best kept secret of this sweet, juicy fruit is its role in helping heal sunburns. When applied directly to sunburned skin, cantaloupe increases antioxidant activity. This aids in repairing sunburned cells, truly making it the perfect summer fruit.

THIS TASTY MELON IS READY FOR SUMMER

BY MADDIE BANE

Even if you're not planning to elope, you should be planning to get some fresh cantaloupe in your kitchen. This melon, technically known as a muskmelon, is a member of a vine-crop family and shares similar nutritional characteristics with squash, cucumbers, pumpkins and gourds. Since they thrive in warm climates, June in the Lowcountry is the most ideal time to buy or even grow cantaloupe.



'Beta' for you

Studies have shown that cantaloupes contain the same amount of beta-carotene as carrots. Beta-carotene is a pigment that gives fruit and vegetables an orange color, but once consumed, it turns into vitamin A and acts as an antioxidant. Additionally, cantaloupes are a great source of vitamin C, fiber and water. The fruit contains a high water content at nearly 90 percent.

Too mulch of a good thing

As a warm-season crop in the Lowcountry, cantaloupe seeds need to be planted in late spring or early summer once the soil has reached a temperature between 60 and 65 degrees. To get the fruit growing quickly, it's best to use a black plastic mulch. The color of the mulch will absorb sunlight and heat the soil quickly. This type of mulch also prevents weeds and rotting fruit. The crop needs to be watered often, but too much water could lead to a lack of sweetness in flavor. Most cantaloupe varieties will be ready for harvest in 30 to 35 days, and they will let you know they're ready by popping right off of the vine.

LOCAL LIFE TEST KITCHEN

Melon and serrano ham arugula salad

INGREDIENTS

3 tablespoons sherry vinegar
1 teaspoon olive oil
1/4 teaspoon salt
1/4 teaspoon black pepper, freshly ground
1/4 teaspoon ground cumin
5 slices cantaloupe, skin removed
3 ounces Serrano ham, thinly sliced
4 cups trimmed arugula, loosely packed
1/4 cup Manchego cheese, shaved

DIRECTIONS [1] Add sherry vinegar, olive oil, salt, pepper, and cumin into a large bowl. Whisk until combined. **[2]** Add in cantaloupe and ham and toss gently to coat. **[3]** Arrange arugula evenly on a serving platter and place cantaloupe and ham on top. Sprinkle with cheese and serve.



The **best** confections you will ever enjoy!



Kilwins®

"Sweet in every Sense since 1947"®

Kilwins Shelter Cove
28 Shelter Cove Unit 112B
Hilton Head, SC • (843) 785-2727



LOCAL LIFE TEST KITCHEN

Melon-bowl fruit salad

INGREDIENTS

1/2 cantaloupe
1 kiwi, cubed
1 apricot, sliced
1 handful blueberries
1 handful blackberries
3/4 cup vanilla yogurt
*1 tablespoon **chia seeds***
Fresh mint leaves

DIRECTIONS [1] Remove seeds from cantaloupe half, creating a bowl-like shape. **[2]** Combine yogurt and chia seeds and place into cantaloupe bowl. Add kiwi, apricot, blueberries, and blackberries on top of yogurt mixture. **[3]** Garnish with mint and enjoy.



Where to buy them

When purchasing cantaloupe, either at the farmers market or grocery store, there are some qualities to keep in mind to pick out the best one. Look for one that appears symmetrical and feels heavy with a sweet and musky smell. Most grocery stores will have fresh cantaloupe in stock all month. The Bluffton Farmers Market is a great place to find ones grown locally by Adams Farm, Tuten Farms, Will's Lowcountry Produce and other local farmers. The market is open from noon to 5 p.m. each Thursday on Green Street in Old Town Bluffton. Check out its Facebook page each Thursday morning for a list of vendors.



How to use them

Cantaloupe is great to eat by itself or to add into a smoothie or yogurt bowl, but you can also roast it. Doing so brings out the fruit's natural sweetness. On the other end of the temperature spectrum, freezing diced pieces can make for a great summer snack while sitting under the hot sun. *LL*



Area markets

TUESDAYS

Hilton Head Island Farmers Market
9 a.m.-1 p.m., Coastal Discovery Museum

Farmers & Makers Market
10 a.m.-2 p.m., The Shops at Sea Pines Center

THURSDAYS

Bluffton Farmer's Market
noon-5 p.m., Old Town Bluffton

SATURDAYS

Port Royal Farmers Market
9 a.m.-noon, Ribaut Road, Port Royal



LOCAL LIFE TEST KITCHEN

Minty cantaloupe popsicles

INGREDIENTS

1 cantaloupe
1 cup sugar
1 cup water
Handful fresh mint leaves, chopped and whole

DIRECTIONS [1] Over medium heat, combine sugar and water and bring to a boil. Add the chopped mint leaves and steep for 10 minutes. Let cool. **[2]** Cut cantaloupe into large chunks, removing seeds. Place cantaloupe into food processor until puréed. Add minty sugar mixture and combine for a few seconds. **[3]** Pour mixture into popsicle molds and add whole mint leaves if desired. Freeze for several hours or until solid.

NOW OPEN!

TRUSTED KITCHEN AND HOME GOODS

Follow Us for great ideas!



CASSANDRA'S KITCHEN

258 Red Cedar Street, #17, Bluffton
(around the back!)
843.815.3500
cassandraskitchen.com

MENTION THIS AD OR USE THE CODE LL10OFF AT CASSANDRASKITCHEN.COM. EXCLUSIONS APPLY.

Farmers MARKET
BLUFFTON
SOUTH CAROLINA

NEW LOCATION
Green Street at Martin Family Park in Old Town Bluffton

FARMERSMARKETBLUFFTON.ORG
843.415.2447

THURSDAYS
NOON – 5PM

LIVE MUSIC & SEATING AT THE HEYWARD HOUSE

Farm, fresh local produce, flowers, meats, dairy, seafood, honey, baked goods, pastas, sweets, specialty foods, & prepared food to enjoy at the market or take home.

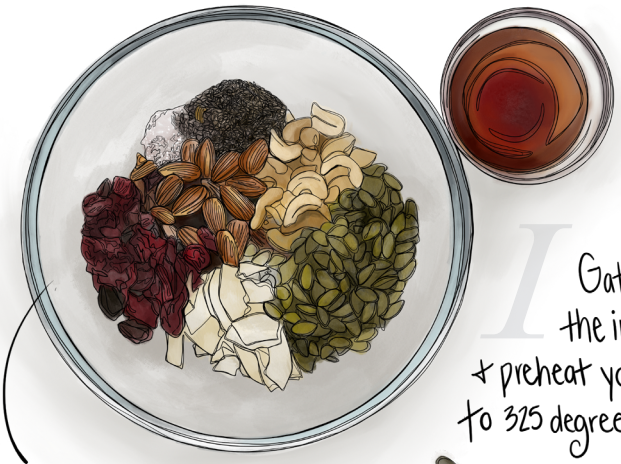
Educational lectures, community outreach, kids activities, yoga, & more!

Fun for the whole family!

Historic Bluffton, SC The Heyward House Museum & Welcome Center
National WIC Association
SNAP Supplemental Nutrition Assistance Program
bluffton HEART OF THE LOWCOUNTRY
Montage PALMETTO BLUFF

Trail Mix Bars

Need: 2 cups nuts (almonds + cashews) · ½ cup dried coconut flakes · ¼ cup dried cranberries · ¼ cup pepitas · 1 tbsp chia seeds · 1 tsp sea salt · ¼ cup maple syrup · 1 tsp vanilla extract · 8 × 8 in baking pan · parchment paper



Substitute nuts if you wish.

1 Gather the ingredients + preheat your oven to 325 degrees Fahrenheit.



2 Add the maple syrup + vanilla extract to the dry ingredients.



3 Give it a stir until all the ingredients are well coated.



4 Pour mixture into the pan, flatten + bake 30-35 min in the oven.

©MEGAN GOHEEN



5 Let cool for 1 hour. Slice the entire portion into 12 bars.



6 Enjoy your new, tasty treat!



Chew on this

DIY TRAIL MIX BARS TO TAKE ON THE GO

There's a bit of mystery surrounding the origin of trail mix. Some believe that it was invented in 1968 when two Californian surfers mixed peanuts and raisins for a high-energy snack. Some believe that it dates back to 1910, when a version of it was mentioned in Horace Kephart's camping guide. Others believe that Native Americans ate it thousands of years ago with dried buffalo meat (M&M's must have been hard to come by back then).

At one point, trail mix was referred to as "GORP," which could have either stood for "Good Old Raisins and Peanuts" or "Granola, Oats, Raisins, Peanuts." The ingredients for this snack have gotten a little more advanced since then.

No matter how you prefer your trail mix, either with a majority of dried fruits, chocolate, or both, all combinations are typically loaded with nuts and seeds that provide a great source of protein and carbohydrates to give you that long-lasting energy.

It's a tasty, light-weight snack to take on long or short road trips and can conveniently be prepared into a bar that's packed solid with all of the goodies. Try making your own at home with this illustration done by LOCAL Life's Megan Goheen.



ARLENE WILLIAMS
KITCHEN DESIGN

843.308.1282 | arlenewilliamskitchendesign.com

65 ARROW ROAD | HILTON HEAD ISLAND SC 29928



Get window treatments that truly fit your space

Call For Your FREE Consultation!
843-837-4060

BUDGET BLINDS
Style and service for every budget.®

Bluffton • 880 Fording Island Rd #8
Beaufort • 277 Sea Island Pkwy #109
Budgetblinds.com

©2021 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and a Home Franchise Concepts Brand. Each franchise independently owned and operated.

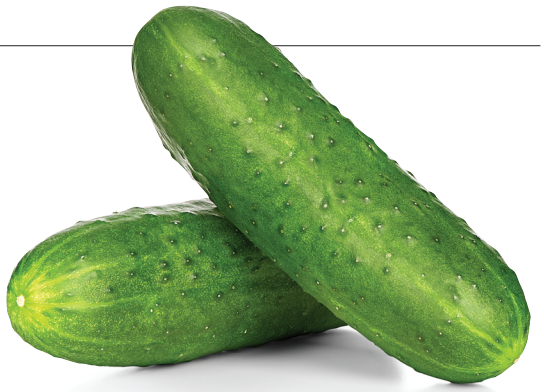
Road-ready recipes

MAKE-AHEAD FOODS AND SNACKS FOR YOUR NEXT BIG TRIP.





It's not hard to find a good restaurant in Beaufort County. Once you travel outside of our bubble, however, all bets are off. Don't take a chance on that shady-looking restaurant just off the Interstate. A brazen move like that could quickly have you speeding to the nearest rest area. Play it safe by making and packing a few car-friendly foods and snacks. ***Here are a few suggestions from local chefs and restaurants.***



COOL AS A CUCUMBER

Beat the heat with this chilled soup from the team at **Alexander's Restaurant & Wine Bar**. Pack it in your favorite thermos and keep it in your road trip cooler for easy access. It's a refreshing snack for hot road trip adventures.



ALEXANDER'S

Chilled cucumber soup

INGREDIENTS

4 English cucumbers, peeled and seeded
1 shallot
1 garlic clove
1 tablespoon chopped dill
2 tablespoons chopped parsley
1 cup plain Greek yogurt
1 lemon, zest and juice
2 tablespoons champagne vinegar
2 tablespoons extra virgin olive oil
1 tablespoon kosher salt

DIRECTIONS [1] Mix all ingredients together and transfer to a blender in batches and puree for 1 to 1 1/2 minutes until very smooth. **[2]** Once everything is pureed, taste and adjust seasoning if necessary. **[3]** Chill in fridge ideally for 4 hours before serving. Garnish with fresh dill, and drizzle olive oil.

HOT SPOT FOR FRESH PRODUCE

Find fresh ingredients called for in these recipes at the Bluffton Farmer's Market, held noon to 5 p.m. each Thursday in Old Town. Frequent farmers at the market include Otis Daise Farm, Shuler Peach Company, Tuten Farms, Adams Farm and Fili-West Farms. Learn more at ***farmersmarketbluffton.org****.*

WHAT'S FRESH IN JUNE

Green beans
Cantaloupes
Cucumbers
Herbs
Okra
Peppers
Plums
Raspberries
Rhubarb
Squash
Sweet corn
Tomatoes









From specialty coffees to specialty cakes – we specialize in special.





THE G-Free Spot

Gourmet Goodies
Gluten Free Specialities





Whatever your occasion, call us!

1511 Main Street • Suite 1511 • Hilton Head Island, SC

843.802.4411 • thegfreespot.com

WILD OATS

Granola is a fantastic treat for road trips. It's easy to make, it packs well in any container and is best enjoyed with hands. This recipe from the team at **Sprout Momma** is made with gluten-free and organic ingredients with up to a cup of local honey.

SPROUT MOMMA

Banging granola



INGREDIENTS

4 cups gluten-free, organic and long-cooking rolled oats
2 cups unsweetened organic coconut
1/4 cup chia seeds
1/2 cup raw, unsalted sunflower seeds
1/4 cup flax seeds, slightly ground
1/2 cup raw pumpkin seeds
1 tablespoon cinnamon
1/2 teaspoon salt
1/2 teaspoon vanilla
1 cup organic coconut oil, melted
1/2 to 1 cup local honey, depending on sweetness preference
1 cup dried cranberries (or any dried fruit of your choice)
Nuts, if desired

DIRECTIONS [1] Heat oven to 400 degrees, and line a cookie sheet with parchment paper. **[2]** Mix all ingredients together, with the exception of any dried fruits. **[3]** Pour all mixed ingredients onto prepared baking sheet. You'll want a thin layer, so you might need two pans. **[4]** Bake for 15 minutes and stir once. Bake for another 10 minutes until golden brown. **[5]** Cool for one hour and then add dried fruits. Store in an airtight container.



GREAT GRANOLA IDEAS



- *Top baked fruits*
- *Stick on apple slices*
- *Mix into oatmeal*
- *Mix with peanut butter*
- *Coat a honey-covered banana*
- *Add to pancake or muffin batter*
- ***Sprinkle over salads, pudding or yogurt***



FRITTER DONE

This Sicilian cauliflower fritter recipe from **Nunzio Patruno** is perfect to pack for the road to be enjoyed warm or cold. It's an instant snack for the kids, a tasty appetizer or a dish to accompany the main course, usually pasta.



NUNZIO RESTAURANT + BAR

Polpette di Cavolfiore

INGREDIENTS

1 head cauliflower
3 eggs
1 cup stale bread, soaked in milk and squeezed
1 garlic clove, finely chopped
*1 tablespoon **parsley**, chopped*
1/2 cup parmigiano cheese
Fresh nutmeg, grated
Salt and pepper, to taste
Canola oil for frying



DIRECTIONS [1] Break down the cauliflower into florets and steam or boil for 3 minutes. Place them on a sheet pan and allow the vapor to evaporate. **[2]** Once cool, chop up the florets into pieces and place in a mixing bowl. Add soaked bread, parmigiano cheese, garlic, parsley, grated nutmeg, salt and pepper and three eggs. Mix together with your hands, creating a mushy batter. **[3]** In a large frying pan, bring the oil to 375 degrees. Gently spoon a drop of batter in the oil. Fry on each side for two minutes. The smaller they are, the faster they'll cook. **[4]** Remove and place them on a paper-toweled surface. Serve with spicy marinara sauce.

SWITCH IT UP

If you don't like cauliflower or just want to experiment with different flavors, you can make this recipe with broccoli, thin asparagus, artichoke or eggplant.

BENNY HUDSON Seafood
RETAIL SEAFOOD MARKET

Five Generations of Supplying The Freshest Local Seafood to Locals & Visitors

ROSEMARY SHRIMP SKEWERS



1 Tbsp fresh lemon juice
3 Tbsp Olive Oil
2 Cloves of Garlic – finely minced
1/4 Cup Dry White Wine
1 Tsp sea salt
1/2 Tsp freshly ground black pepper
2 Tbsp fresh rosemary-finely minced
18 Large Shrimp – peeled and deveined
Lemon Wedges (optional)
6 - 6" Rosemary Sprigs

Sprigs should be stripped, leaving 1/2 inch of leaves at the leafy end of the spring. They should be soaked in water – the longer the better. Overnight or a minimum of 3-4 hours.
Combine the first 7 ingredients in a zip-lock bag. Add shrimp and refrigerate 30 minutes, turning bag occasionally. Thread sprigs with shrimp – 3 on each. Make sure not to crowd shrimp for even doneness. Pre-heat grill to med-high heat. Clean and grease grill with olive oil. Cook 2-3 minutes per side, or until just cooked through. Plate with lemon wedges as an accompaniment, if desired.

FRIENDS DON'T LET FRIENDS EAT IMPORTED SHRIMP!
175 Squire Pope Road, Hilton Head Island
843.682.3474 • BennyHudsonSeafood.com

LET THE GOOD TIMES ROLL

Huge Selection of Wine & Spirits
Vast Array of Limited Release Beers
Wine Bar (Wine, Beer & Small Plates)
Wine Tastings Every Tuesday
Walk-in Humidor & Cigar Patio
Cheese Plates - Delivery Available
Gift Baskets -Delivery Available
Wine Cellar with Rare Finds
Private Parties & Wine Dinners
Three Certified Sommeliers!
Above mentioned services may be affected by Covid-19






EASY Online Ordering & Curbside Pick Up Shipping Options Available!

ROLLERS WINE & SPIRITS
9 Palmetto Bay Rd

843-842-1200
ROLLERSWINEANDSPIRITS.COM

ELA'S
ON THE WATER



BEST DINING &WATERVIEWS ON THE ISLAND!

CALL 843-785-3030
FOR RESERVATIONS

DINNER DAILY @ 5
SUNDAY BRUNCH 11-2

ONE SHELTER COVE LANE
HILTON HEAD ISLAND, SC
843.785.3030
WWW.ELASGRILLE.COM

KIND OF A BIG DILL

Get yourself into a pickle by making this large-batch sweet dill recipe from the team at **Hudson's Seafood House on the Docks**. Give extra containers to family and friends, or just enjoy them yourself, wherever you go. With so many great pickle pairings (chicken salad, grilled cheese sandwiches, tomato soup, etc.), they will go fast.



HUDSON'S SEAFOOD HOUSE ON THE DOCKS

Sweet dill pickles

INGREDIENTS

10 pounds baby cucumbers
16 cups water
8 cups white vinegar
8 cups white balsamic vinegar
1 cup pickling salt
1/2 cup granulated sugar
3 tablespoons pickling spice
1/2 pound fresh dill
8 garlic cloves, whole
4 jalapeños, whole
1/4 cup coriander seeds
1/4 cup mustard seeds

DIRECTIONS [1] In a sauce pot add the water, vinegars, salt, sugar and pickling spice. Place the pot over heat and bring to a boil. Remove the pot from the heat and let the liquid cool to room temperature. **[2]** In a separate container place the dill, garlic, jalapenos, mustard seeds and coriander seeds. **[3]** Add the cucumbers to the container then place the cooled liquid on top. Cover the container and place cucumbers in a refrigerator for one week.



SIP A PICKLEBACK

Wondering what to do with all of the leftover juice after you've eaten a jar of pickles? *Drink it after your favorite shot, of course! Pickle brine makes a great alcohol chaser, instantly neutralizing the burn of bourbon, whiskey, tequila and more. Loaded with sodium and potassium, it could also help decrease hangover symptoms the next morning.*





SNAP TO IT

After a day of driving, reward yourself with this ultimate summer fish dish from the team at **Michael Anthony's Cucina Italiana**. Flaky red snapper is topped with a refreshing tomato and watermelon salsa, creating a unique and amazing blend of flavors.

MICHAEL ANTHONY'S CUCINA ITALIANA

Snapper with tomato and watermelon salsa

INGREDIENTS

1 1/2 cups cherry tomatoes, halved
1 1/2 cups seedless watermelon, diced
1/4 cup red onion, finely chopped
1 small jalapeno, seeds removed and finely chopped
2 tablespoons fresh cilantro, finely chopped
1 tablespoon fresh mint, finely chopped
2 tablespoons fresh lime juice
3 tablespoons grapeseed oil, divided
3/4 teaspoon kosher salt, divided
4 (6 ounce) skin-on red snapper fillets
1/2 teaspoon black pepper
Basil and pine nuts (for garnish)

DIRECTIONS [1] Stir tomatoes, watermelon, red onion, hot pepper, cilantro, mint, lime juice, 1 tablespoon grapeseed oil, and 1/4 teaspoon salt together in a medium bowl. Set aside. **[2]** Pat fish dry with paper towels. Cut 3 shallow slits into the skin side of each fillet. Sprinkle fillets with pepper and remaining 1/2 teaspoon salt. **[3]** Heat remaining 2 tablespoons oil in a large stainless steel or cast iron skillet over high heat. Add fillets, skin side down, and cook until skin is browned and crisp (about 5 minutes). **[4]** Turn fillets and cook until lightly brown and done (about 1 to 2 minutes). **[5]** Serve fish immediately, skin side up, topped with salsa. Garnish with basil and pine nuts.



HOW TO CATCH RED SNAPPER

From local fisherman Collins Doughtie: *"For tackle, I prefer a medium-heavy rod (20-50 pound class) and reel with 40-60 pound test line. The rig is simple. Use a 3'-4' of 60-pound test fluorocarbon leader with a stout swivel on top and a 5/0 or 7/0 Owner Muto Circle hook on bottom. Above the leader, depending on current and depth, anywhere from an 8 ounce to 14 ounce sliding egg sinker. Dead squid and cut fish will work but live bait like pinfish or menhaden are the ticket. When a snapper hits, do not set the hook! Instead, let the fish pull the rod tip down to water's surface and simply reel like crazy. A fairly heavy drag setting is suggested because a big snapper is so strong it can take a grown man to his knees."*

THE FINEST ITALIAN CUISINE







I N T R O D U C I N G
THE MARKET AT MICHAEL ANTHONY'S

The new Market Cafe is an active Italian market combined with a cafe atmosphere.

From 11:30am – 2:00pm, we offer a menu of sandwiches and pizza.
At 5:00pm, the Cafe transforms into a cozy trattoria with a small plate menu featuring artisan pizza, pasta, salads and snacks in a casual atmosphere.
We feature a selection of Italian wines by the glass and a full bar.

Please call for reservations.



RESTAURANT

Acknowledged by food and wine enthusiasts and critics alike, the restaurant presents a fine-dining experience combining an award-winning wine list, exquisite food, and attentive service.



COOKING SCHOOL

Classes are held several days each week in our Tuscan inspired state-of-the-art culinary center designed to provide the environment for learning skills and techniques for both novice cooks and culinary enthusiasts.

Michael Anthony's
CUCINA ITALIANA

Orleans Plaza | 37 New Orleans Road | Suite L | Hilton Head Island
843.785.6272 | michael-anthonys.com

LULU
Kitchen
RESTAURANT & BAR









Exquisite cuisine is paired with an exceptional service and eclectic ambiance.

Starting June 7th Lulu Kitchen will be open Monday's featuring Jazz Night with the Bill Peterson Jazz Group starting at 7:30. Monday thru Friday from 4-6 will be Social Hour with Drink and Chef Scott's Petit Fare Specials.



Lulu's: This is by far the best dessert on the island, end of story!
— Suzanne Milbourn

Truth! My husband said it was just about the best dessert in his lifetime ... and since he's 74, that's saying a lot!
— Sherree Listwa

The Fresh Market Shoppes
890 William Hilton Parkway, Hilton Head Island
843.648.5858 | LuluKitchenHHI.com

RESTAURANT news

Fresh food + Now open + Hot products



Gather round the table from 2-3 p.m. June 13 and learn to make buttermilk and brined fried chicken and homemade barbecue sauce *with an in-person cooking demonstration at Alexander's by chef Richard Pejeau, with assistance from sous chef Stephanie Magocs. All money collected at the demonstration will be given to the Deep Well Project. The cost is $25 per person and includes a glass of sparkling wine and a culinary gift. Reserve a spot at alexandersrestaurant.com.*

COMING SOON

WiseGuys set to reopen

After working on renovations and expansions of the dining room and kitchen, ***WiseGuys on Hilton Head Island is aiming to reopen its doors in early summer.*** *The revamping of the restaurant also comes with several menu updates.*



Coffee now available at The G-Free Spot

Coffee lovers working on the North End of Hilton Head Island rejoice! ***The G-Free Spot at Main Street Village is now serving specialty coffee in addition to its tasty gluten-free offerings.*** *Order espresso shots, cappuccinos, Americanos, lattes, iced espressos and iced coffee, both brewed and by the can. If you're there early, pair your coffee with Nicole's gluten-free cinnamon roll. They go fast, so don't wait.*



Save the date: Rock N' Ribs

Former Lynyrd Skynyrd drummer Artimus Pyle is the headlining act for this year's Rock N' Ribs music and barbecue festival, set for Oct. 15-16 in Coligny Plaza. His new band honors the music of Ronnie Van Zant-era Skynyrd, performing popular hits such as Freebird and Sweet Home Alabama. Grammy award-winner Angie Aparo is also scheduled to perform a private concert as part of the event. On the barbecue side, champion pit masters and local chefs will be serving their favorite offerings. Different ticket packages are available, with some including a group meet-and-greet with the headlining band, access to the VIP lounge and more. rocknribshhi.com.



Lulu Kitchen adds live music

Lulu Kitchen, the new restaurant in The Fresh Market Shoppes complex on Hilton Head Island, will host live music on Mondays with the Bill Peterson Jazz Group, starting June 7. Performances will be from 7:30-9:30 p.m. Be sure to try Chef Scott's made-to-order Godiva chocolate soufflé and mascarpone sorbet while you're there.

Restaurant opens on Daufuskie

Brad Klieve has opened a new fine-dining restaurant, Bell's at the Beach, on Daufuskie Island. Choose from indoor seating with air-conditioning, seating on a screened-in porch or deck seating with amazing views. The building was once a part of Melrose Resort. It has been updated and renovated and is now open Thursday through Sunday, with hopes of expanding to seven days a week in the future. The menu includes oysters Rockefeller, baked stuffed shrimp and crème brûlée cheesecake.



JUNE FOOD HOLIDAYS

June 1: Hazelnut Cake Day
June 2: Rocky Road Day
June 3: **Egg Day**
June 4: Cheese Day
June 5: Ketchup Day
June 6: **Gingerbread Day**
June 7: Chocolate Ice Cream Day
June 8: Jelly-Filled Donut Day
June 9: Strawberry-Rhubarb Pie Day
June 10: **Iced Tea Day**
June 11: German Chocolate Cake Day
June 12: Falafel Day
June 13: Cupcake Lover's Day
June 14: Strawberry Shortcake Day
June 15: **Lobster Day**
June 16: Fudge Day
June 17: Apple Strudel Day
June 18: Picnic Day
June 19: **Martini Day**
June 20: Vanilla Milkshake Day
June 21: Peaches & Cream Day
June 22: **Onion Ring Day**
June 23: Pecan Sandy Day
June 24: Pralines Day
June 25: Catfish Day
June 26: Chocolate Pudding Day
June 27: Orange Blossom Day
June 28: Tapioca Day
June 29: Almond Buttercrunch Day
June 30: **Mai Tai Day**



Alexanders™
RESTAURANT & WINE BAR



ASK ABOUT
UPCOMING COOKING DEMOS

Open 7 nights a week
Dinner 5:00 - 9:00 p.m. • Early Dining 5:00 - 5:45 p.m.
Reservations recommended, call 844.627.1665
after noon daily or visit: AlexandersRestaurant.com

Located in Palmetto Dunes
76 Queens Folly Rd • Hilton Head Island

Try these

TOP PICKS FROM THE LOCAL FOOD SCENE.



SOUTHERN-FRIED

Crispy fried chicken over grits with grilled jalapeños and honey. Get the Southern Chick at ***Bad Biscuit***, now open from 8 a.m.-2 p.m. for breakfast, brunch and lunch. Everything is available for takeout.

FABULOUS FILET

This grilled filet at ***The Pearl*** is paired with creminis, spinach, blistered cherry tomatoes, whipped potatoes, caramelized shallots and a gorgonzola compound butter.





VEGGIES ALL AROUND

This vegan barbecue sammie is loaded with all of the vegetables you could imagine at ***Sprout Momma***.

SHRIMPLY DELICIOUS

A fried shrimp po' boy decked out with shredded lettuce, tomato, pickle, and tartar sauce on a toasted bun - yum! Available at ***Marley's Shrimp & Burger Shack***.





SCRUMPTIOUS SCONES

Fresh out of the oven, these scones at ***The G-Free Spot*** are sure to cure your pastry craving.



Customize a luxury picnic

Make your next special occasion more memorable by staging a posh picnic. *A new online picnic setup business called LowCountry Picnic (lowcountrypicnic.com) has opened. After you let them know when and where, your custom picnic will be ready with pillows, blankets, decor and more. They set up and tear down, so all you have to do is show up. You can bring your own food or they can provide a custom charcuterie board from their partners (Grace and Gouda, Brie's Boards). They also can have food from your favorite restaurant waiting for you.*

GREAT PARKS FOR PICNICS

BEAUFORT
Waterfront Park, Pigeon Point Park, Cannon Park
BLUFFTON
Martin Family Park, Wright Family Park, Oyster Factory Park
HILTON HEAD ISLAND
Shelter Cove Community Park, Compass Rose Park, Jarvis Creek Park
SAVANNAH
Forsyth Park, Whitfield Square, Reynolds Square
CHARLESTON
Hampton Park, The Battery, White Point Gardens





Sprout Momma catering is back

Whether you're planning a wedding reception, a bridal shower, a corporate party or even a backyard barbecue, ***Sprout Momma creates menus with mouth-watering, scrumptious and flavorful cuisine made with non-processed, organic and local ingredients.*** *Learn more at sproutmomma.com.*



Taco truck in Harbour Town

The Sea Pines Resort has taken its cuisine outdoors — and on wheels *— with its LowCo Taco food truck parked near Liberty Oak in Harbour Town. Order Mexican street corn salad, churro hush puppies or go for the house specialty — The Paco — a fried chicken shell with house-made rancheso sauce, pico de gallo, shaved cabbage and cilantro. The truck is open 11:30 a.m. to 9 p.m. daily.*



Something to
satisfy
all your cravings.

PORTER & PIG

New Summer Hours:
Classic Movie Mondays • 5-10pm
Take Away Tuesdays • 5-10pm
Wednesday - Saturday • 5-11pm
+
Live Music Nightly Wednesday - Saturday • 7pm

In The Village at Wexford
1000 William Hilton Parkway, Suite J7C, HHI

Reservations Recommended
843.715.9586 | www.porter-pig.com



fresh, simple, and local

View menu & event details at
nunziohhi.com

NUNZIO
RESTAURANT+BAR

Follow us on:

For reservations call **843.715.2172**

18 New Orleans Road • Hilton Head SC



WWMD
What would Margaret drink?

Margaret Pearman is a certified sommelier under the Court of Master Sommeliers and is responsible for curating the award-winning wine list at Charlie's L'Etoile Verte. ***Here are her sipping suggestions for June:***

Side Hustle Beer Company



Do you have a side hustle that you're passionate about? Only a lucky few have the opportunity to make it their mainstay. ***Lee Holyoak*** has done just that by partnering up with islanders Mike Palmieri and Faith Seiders. Many may know Lee as the former tennis pro at Long Cove. He is the type of person who seeks perfection in his craft. While maintaining his position, his garage filled up with brewery equipment. What was once a weekend hobby became an all-out obsession. As a partner in the Side Hustle Beer Company, Lee focuses on brewing while Mike and Faith take care of the business side of things.

In an era of brewery revolution, Side Hustle sets itself apart from the rest. Lee flies in a highly sought-after New Zealand variety of hops called Nelson. He highlights the hop's fruity, wine-like aromas with an elegant bitter finish. His latest brew called Eclipse features a hop with the same name from his native Australia. Eclipse is a hazy IPA that offers a zestier citrus flavor. For summer time, I am stoked about the sours Lee puts out: passion fruit/guava and raspberry/blackberry, which drink more like a wine as they are more tart, lighter and have a high acidity. Stop by 144 Arrow Road and have a taste before you purchase.





IN THE CAN Rocket Emoji Double IPA and Eclipse IPA are two of 12 offerings at Side Hustle Beer Company, the smallest craft brewery in South Carolina. Check out their operation on Hilton Head Island's Arrow Road.

Cherr-ific cocktails

CELEBRATE SUMMER CHERRY SEASON WITH THESE SWEET COCKTAIL RECIPES

Summer is here, and cherries are in full harvest mode. Sweet or sour, the fruity flavor tends to go hand-in-hand with vodka and can take any drink to the next level. Whip up one (or all) of these cherry-based cocktails from the team at Tito's Handmade Vodka for your next pool party. Guests are sure to ask for another round, "pretty please, with a cherry on top!"



Tito's Champion Cherry



INGREDIENTS

1 1/2 ounces Tito's Handmade Vodka
3 ounces soda water
1/4 ounce simple syrup
2 maraschino cherries
2 ***blackberries***

DIRECTIONS [1] Muddle blackberries and cherries in a shaker. **[2]** Add Tito's Handmade Vodka, simple syrup and ice. **[3]** Shake and strain into a glass over fresh ice. Top with soda water.



Tito's Cherry Fizz

INGREDIENTS

1 1/2 ounces hibiscus & dried cherry-infused Tito's Handmade Vodka
3 ounces limeade
1 ounce sparkling water

DIRECTIONS [1] Add all ingredients to a glass with ice and stir.
[2] Garnish with lime wedge if desired.

HIBISCUS CHERRY INFUSION



INGREDIENTS

750 milliliters Tito's Handmade Vodka
I cup dried cherries
1/2 cup dried hibiscus leaves

DIRECTIONS [1] Fill resealable glass jar with Tito's Handmade Vodka and drop in cherries. **[2]** Let sit for five days, or you can leave in longer for desired flavor. **[3]** Add dried hibiscus and let sit for 12 hours. **[4]** Strain vodka into a fresh container and enjoy.



Tito's®
CHERRY LIMEADE

1½ oz cherry-infused Tito's Handmade Vodka
4 oz limeade
1 lime slice, garnish
1 cherry, garnish

Just add infused Tito's Handmade Vodka and limeade to a glass over ice. Garnish with a lime slice and cherry.

No time for an infusion? No problem. Just muddle a few cherries in your glass and sip away the stress.

AMERICA'S Original CRAFT VODKA

Tito's Handmade VODKA AUSTIN ★ TEXAS

• TitosVodka.com • Crafted to be savored responsibly. DISTILLED & BOTTLED BY FIFTH GENERATION INC. AUSTIN, TEXAS 40% ALC./VOL. © 2021 TITO'S HANDMADE VODKA.

Second act

WORLD RECORD-SETTING SKYDIVER GLENN CREWS FREEFALLS INTO GOLF, BOATING AND GIVING BACK.

STORY BY SHANE SHARP + PHOTOGRAPHY BY LISA STAFF









BY LAND, BY SEA, BY AIR The boating and golfing opportunities of the Lowcountry prompted accomplished skydiver Glenn Crews to retire on Hilton Head Island.



Glenn Crews spent more than 45 years jumping out of what he calls "perfectly good airplanes." Upon exiting an aircraft flying 100 miles per hour at around 14,000 feet, he'd freefall 120 miles per hour for over a minute before deploying his parachute and soaring thousands of feet above the Earth.

These days, however, you're more likely to find him boating, biking, kayaking or on the golf course at Sea Pines Country Club traveling four to five holes per hour while enjoying a round of golf with his fiancé, Terri. That's right, Crews has traded the thrill of terminal velocity for the pursuit of a few slower paced sports, and he couldn't be happier.

"You can have a bad day golfing and live to talk about it, but you can't have a bad day skydiving; there's no margin for error," Crews says. "For world record jumps you have to show up 150 percent ready to go and perform at that level."



"You can have a bad day golfing and live to talk about it, but you can't have a bad day skydiving; there's no margin for error."

During his skydiving days, Crews was no stranger to "record jumps." The Norfolk, Virginia, native holds 10 world records and eight national records. He's completed a staggering 4,000 skydives, making his first jump back in 1969. His "odyssey," as he refers to it, also includes climbing 10 peaks over 14,000 feet, advanced scuba diving, competitive snow ski racing, medaling in downhill and giant slalom, and ocean sail racing with over 12,000 miles.

Considering his extreme sports resume, it appears Crews didn't just pump the brakes for his and Terri's retirement on Hilton Head Island; he slammed them. In reality, however, his and Terri's transition is part of a master plan that's been in place for years.

"Terri and I wanted something we could enjoy together, and she grew up playing golf with her dad since she was eight years old," Crews says. "I also knew that when I retired from skydiving at 70, an injury would be serious enough to really set me back. Golf is the perfect sport for me right now, and the parallel between it and skydiving is that you have to stay constantly focused to play at a high level."

LOWCOUNTRY SPINE & SPORT



John P. Batson, MD, FACSM
Board Certified and Fellowship Trained

Spine Care. Sports Medicine. Pain Medicine.

Nonsurgical Management:
Neck & Low Back Pain • Spinal Stenosis
Pinched Nerves & Sciatica • Herniated Discs
Arthritis Care • Sports Medicine for All Ages

New Services Provided:
Ultrasound Guided Injections
Prolotherapy & PRP Injections
Stem Cell Injections



Now Offering Weight Loss Programs & Support with Certified Health Coach, Alice Batson.

Alice Batson, MPH, CSCS

843.208.2420

Lowcountry Spine & Sport, LLC
300 New River Parkway, Suite 37
Hardeeville, SC 29927

Satellite Office - Hilton Head
95 Mathews Drive, Suite D1,
Hilton Head, SC 29926

www.SpineandSportMD.com

But it's not all fairway and greens for the 75-years-young Crews these days. He has channeled his love of the water through America's Boating Club of Hilton Head. Glenn leads powerboat tours of historic locations and points of interest along the Lowcountry waters for new members.

"I didn't want to give up being on the water, especially living on Hilton Head Island with this incredible maritime setting," says Crews. "America's Boating Club is a great organization, and it's a way for me to give back to the local area and contribute to the safety, education and appreciation for boating."

Crews is also teaming-up with fellow Sea Pines Country Club member and chef Kim Baretta to provide boat tours for Memory Matters, a local nonprofit organization that offers services and programs for people suffering from dementia and Alzheimer's.



"I didn't want to give up being on the water, especially living on Hilton Head Island with this incredible maritime setting."





JOIN THE CLUB Crews leads powerboat tours of historic locations and points of interest for new members of America's Boating Club of Hilton Head. Learn more at americasboatingclub.org.

"Life is all about making transitions, especially entering retirement," says Crews. "How do you reinvent yourself to stay active and help those around you? The club [Sea Pines] and living on Hilton Head Island are conduits for me to get involved in so many activities and charitable causes."

If past performance is the best indicator of future success, Crews is living another adventure, and positively impacting lives along the way. *LL*

TOGETHER WE CAN
MAKE A LASTING DIFFERENCE



Roger and Cheryl Comes care about our children and our environment.

That's why, when they were looking for the most straightforward and flexible way to support children's and environmental organizations, they chose to establish a donor advised fund with Community Foundation of the Lowcountry.

In addition to the simplicity of setting up the fund and recommending grants, "we wanted to work with an organization that is connected and familiar with the local community," Cheryl says. "And we know a donor advised fund will still be here when we're not," Roger adds. That means future generations can carry on their family's tradition of philanthropy.

You can set up a donor advised fund with an initial investment of only $2,500. The funds offer tax benefits, too.

Let us help you support the causes that are important to you. Give us a call to learn how easy it is to set up a donor advised fund.

> **WE CARE ABOUT CHILDREN AND OUR ENVIRONMENT.**
>
> *- Roger and Cheryl Comes*

843.681.9100 • cf-lowcountry.org

COMMUNITY FOUNDATION OF THE LOWCOUNTRY



DIRECT FLIGHT

Savannah/Hilton Head (SAV) to Tampa International (TPA)
Duration: 1 hour, 30 minutes
Airline: Silver Airways
Availability: Sunday, Monday, Thursday, Friday

DIRECT FLIGHT

Tampa

DISCOVER THE HEART OF FLORIDA'S GULF COAST, NOW JUST A SHORT FLIGHT FROM SAV.

BY ADDY CODISPOTI

Known as the heart of Florida's Gulf coast, **Tampa** is home to blue skies, year-round sunshine and a gorgeous waterfront. The diverse range of activities and the close proximity to top-rated beaches make Tampa an ideal vacation destination. Now, Cigar City is even more accessible to Lowcountry locals. On April 1, Silver Airways launched a direct flight from Savannah/Hilton Head International Airport to Tampa. From the rich and unique cuisine to five-star hotels, Tampa has something for everyone. Here are some of the best spots in the city.



From Travel + Leisure ©2020 Meredith Corporation, LLC. All rights reserved. Used under license.



LOCAL LIFE PRESENTS THE

CRAFTED IN THE

LOWCOUNTRY

EST. 2019

AWARDS

HARGRAY

LOCAL Life is recognizing and rewarding local businesses that handcraft goods that reflect the Lowcountry tastes and lifestyle. Businesses in Hilton Head, Bluffton, Beaufort and Okatie can enter, as long as items are made in the area and are already sold here.

CRAFTS | STYLE | DRINK

HOME | ART | FOOD

The Grand Prize includes: Featured prominently in an issue of LOCAL Life as well as a feature story, cash, and a social media campaign, professional photography and videography, potential additional distribution and more.

Enter at
CraftedInTheLowcountryAwards.com.



WHAT TO DO

TAMPA RIVERWALK

This is the best way to explore Tampa's downtown and visit some of Tampa's best attractions along the way. Walk, bike or ride a Segway down the 2.4-mile path and explore the Florida Aquarium, Port Tampa Bay and the Tampa Bay History Center. Start at the south end and take a look at the Riverwall, a collage of more than 550 photographs by artist Bruce Marsh. Take a break from exploring with a relaxing drink and snack at the Sail Pavilion, Tampa Bay's only 360-degree, open-air waterfront bar.



HYDE PARK VILLAGE

Looking for a fun place to take an afternoon stroll? This charming open-air shopping center houses local shops, restaurants, indie brands and the best names in fashion and fitness. Take a break from shopping and do some people watching at staple eateries such as Buddy Brew Coffee, Bartaco, or Forbici. The center offers free parking in designated garages, and all of the outdoor spaces and patios are pet-friendly, so feel free to bring your furry friends along for the fun.



CANOE ESCAPE

Put on your adventure cap and get ready to explore. Hop in a canoe and paddle down the Hillsborough River through 16,000 acres of wilderness park in a unique Florida experience. Tours ranging from two hours to a full day are where you'll see birds, turtles and alligators in their natural habitat. With all the different types of wildlife, you'll see something different every time.

WHERE TO EAT



COLUMBIA RESTAURANT

Did you know Tampa is the birthplace of the Cuban sandwich? This eatery, located in the Ybor City Historic District, is the oldest restaurant in Florida, established in 1905 and the largest Spanish restaurant in the world. Owned by a 5th-generation Spanish Cuban family and widely known for its legendary Cuban sandwich, this unique Tampa spot is a must on your visit. Enjoy a wide variety of Columbia favorites, but be sure to make a reservation because even though this place seats 1,700, it fills up quickly.



M BIRD

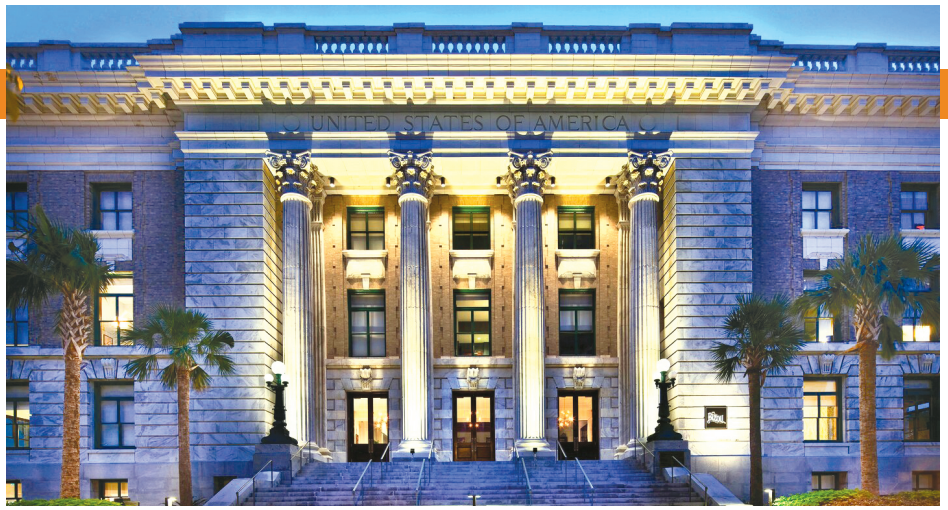
This 21+ bar and lounge is Tampa's premier rooftop destination atop historic Armature Works in the Heights. Take in panoramic views of the waterfront and downtown Tampa in this deco-inspired oasis. The cocktail menu features tropical libations such as Mai Tais, daiquiris and sangria. The food menu includes handheld favorites such as sliders, eggrolls, tacos, flatbreads and more. Have yourself a celebration with a refreshing glass of rose sangria and the best views in Tampa.



ULELE

Pronounced you-lay-lee, this restaurant is one of the many on Tampa's Riverwalk and one of the best in Tampa. The Native American-inspired dishes are prepared on a round 10-inch barbacoa grill. Ulele sources its fruits, vegetables, seafood, and other proteins from Florida's farms and waters. Sit outside and enjoy waterfront views all year round. Once you've finished your lunch or dinner, order some drinks to go, and take a stroll along the Tampa Riverwalk.

WHERE TO STAY



LE MERIDIEN TAMPA

Marriott transformed this century-old Historic Federal Courthouse into a unique Tampa hotel experience. The hotel is located in the heart of downtown Tampa and features marble hallways and original oak doors from when the building was built in 1905. Even the concierge desk is a repurposed judge's desk. The hotel is home to Bizou Brasserie, a restaurant offering New American cuisine with French inspiration. Explore a bit of Tampa history and receive impeccable hospitality at this one-of-a-kind hotel.

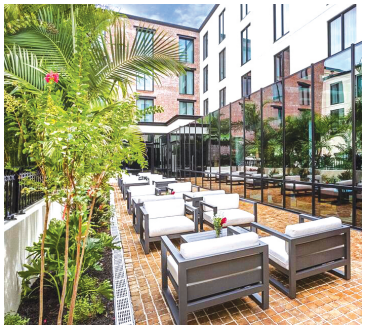


GRAND HYATT TAMPA BAY

If you're looking for a resort-style hotel, escape to the Grand Hyatt Tampa Bay. The 35 waterfront acres are designed to help you relax and recharge on your vacation or business trip. Watch birds along the boardwalk, spot manatees on the dock, and walk or bike along the scenic 9.5-mile trail. You also can rent kayaks, wave runners and paddleboards through the hotel. The rooms feature luxury accommodations and spectacular views of Tampa Bay.

HOTEL HAYA

Ybor City, which was once the cigar capital of the world, offers a rich and diverse culture. Hotel Haya embodies that culture and is described as "Old Ybor City charm meets modern flair." Several of the rooms have balconies so guests can look over the vibrant activities on 7th Avenue. Take a break from your busy day with a drink at the Haya Pool Bar and enjoy delicious Latin cuisine at Flor Fina, the hotel's restaurant.



RickSaba

Carolina
REALTY GROUP

TRISTAN O'GRADY
HILTON HEAD ISLAND REAL ESTATE

Be You. Be Home.
Be with the Rick Saba Team.



Assisted thousands of clients with their property needs for more than 20 years

843.683.4701 • ricksaba.com

Your go-to LOCAL Realtor!



30+ Year Resident
15 Year Top Producing Realtor

843.301.3333 • tristanogrady.com

Lynn Parrott

MARKINGS V, THE ROARING TWENTIES SERIES

mixed media on paper

In the past year I could not get back into landscapes. I had two good friends die, I'd not seen my family, and I was dealing with the anxiety of the pandemic. So I put huge pieces of watercolor paper up on my studio wall, and every day I would go out there and do mark making and put down whatever was going on in my brain. I kept them up all year. These biography paintings are my *Roaring Twenties* series. They're my way of saying "I'm still a painter, and I'm telling a story about how I'm feeling about Covid and about staying home."



The Mountain Girls

EILEEN BLYTH, BRUGIE HOLLER, LOUANNE LAROCHE, LAURIE MCINTOSH, LYNN PARROTT, JAN SWANSON

BY CAROLYN MALES



THE MOUNTAIN GIRLS
Back row, from left: Louanne LaRoche, Brucie Holler, Laurie McIntosh, Jan Swanson. *Front row:* Eileen Blyth and Lynn Parrott.

A rainy mist envelops the hemlocks, imparting a dreamlike atmosphere to this getaway in the North Carolina mountains. It's worlds away from the live oaks and sea in the Lowcountry and the sycamores and urban setting of Columbia, places where the six artists aka The Mountain Girls (as they've dubbed themselves) live and work.

Sisters Laurie McIntosh and Lynn Parrott were the driving forces behind this annual event. Years back, they'd taken a course at Penland School of Craft in the Blue Ridge Mountains and come away with the idea of holding an artists' retreat. They'd hosted their first one in Hilton Head, but over the years the familiar North Carolina woods became the setting for their fall retreats. In recent years life and the pandemic have put it all on hold, but their long friendships endure. Today all six artists are featured at Camellia Gallery here on the island and in Bluffton.

So, let's step back into the time machine for a glimpse of the Mountain Girls at work in their rural retreat.

Each morning, bundled up against early morning chill, the women climb the stone steps to the big tin-roofed, screened building nestled in the trees where they spend three days experimenting with different media, flirting with new ideas, and inspiring each other.

ART THAT ELEVATES



"Roseate Spoonbill"

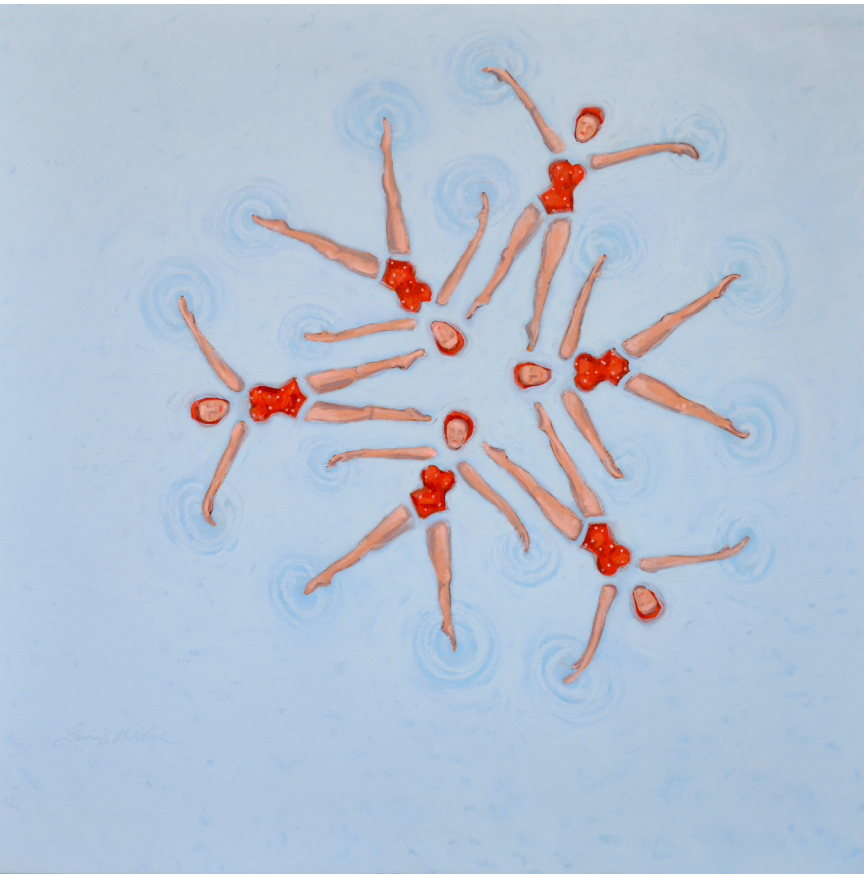
Featured Artist | Heather Lancaster

CamelliaArt

Fine Art Gallery
Custom Picture Framing

CamelliaArt.com

1 Office Way | 843 785 3535 & 35 N. Main Street (Inside JBanks Design Retail Showroom) Hilton Head Island, South Carolina
45 Calhoun Street | 843 757 3530 | Bluffton | South Carolina



After claiming their spots at the long tables, they spread out paint, paper, inks, mark-making tools and other materials they've brought. Music — country, world, Motown – whatever one of them has chosen, fills the air, and the creative juices start flowing. Try something new. Try something daring. Make some great art. Make some bad art. It's a time for brave experimentation.

Intent as they are on producing new work, a spirit of fun prevails. Perhaps some lingering trace of the studio's former life as a giant playhouse where kids rode tricycles along its wooden floors wafts through the air. Here on Cedar Mountain this stand-alone building and the white clapboard house across the yard from it were built by a well-to-do family during the 1930s. Artist Sue Russell converted it into Hemlocks Studio, where she teaches classes and rents it out for retreats.

But now we enter the studio and visit retreats past. The music has started, the women are singing along and catching up as hands wield brushes, pens, pencils and other tools.

Laurie McIntosh

SWIMMING STARS

oil on canvas

After the winding down of my last series, *Environmental Abstractions*, I had a strong desire to simplify my images, introduce more patterns and invent more space within the painting. In the process of sketching and pushing these ideas around, figures, pattern, and open spaces, it began to make the images feel very light and weightless, and my swimmers began to emerge. My mom made me take synchronized swimming when I was a kid, and images of the art form continue to appear throughout this ongoing body of work."

FUN. COASTAL. DÉCOR.

SIGNORE COASTAL ART











SCA

Located in the Promenade of Old Town Bluffton

signorecoastalart.com 843.310.1690

"Painting is a lonely life, however reflective and creative it is."

Brucie Holler

UNDERSTORY

oil on canvas triptych

Sometimes the painting wants to be one thing and you want it to be something else. But you've just let it go be what it is. I struggled with this painting for years. It started as abstraction, but it kept changing. Then one day I was in the Sea Pines Forest Preserve, taking photographs because I love what happens beneath the tree line. Then I came back and began painting what I'd seen. You can see some of the old painting behind the new painting because I didn't want to cover it up. The mark making on the bottom is from the previous year, so it's layers and layers of paint with understories that I let come through.





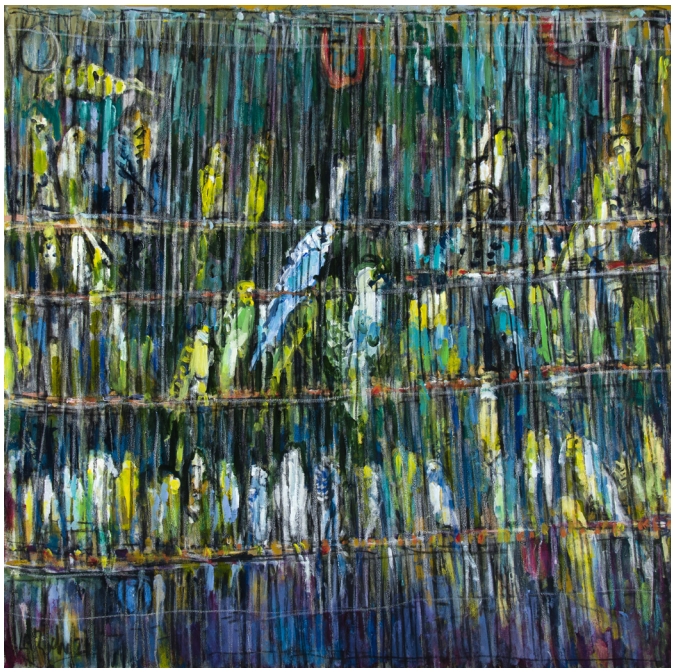
A few doors down from Home Goods!

Lowcountry Mercantile by Lowcountry Linens

435 William Hilton Parkway • Suite K • Hilton Head, SC

843.785.2425





Louanne LaRoche

BIRD LAND

charcoal on canvas with acrylic and crayon

I'm a bird fan and have been spending time watching birds outside my window. Birds and bird cages are like notes in a musical score, or like improvised jazz. I like the lines of metal on the cage and how they break up the space, and the birds pop through. That's what attracts me. I have lots of images I've collected to work from, and I spend time thinking about which one is calling me, what size it should be, and whether I should do it in paint or drawing.



Eileen Blyth

FALL LINES WITH SYCAMORE II

acrylic and graphite on paper

I don't set out with something in mind; the image just reveals itself. I'm not planning. I'm just painting and putting stuff down. I just reach for a color and react with it, going back and forth. One mark informs the next until I stop and come back the next day. Then I may paint over it, scrape parts out and discover what's there. So it's really internal. It's not about trees at all. But putting that blue down against the white reminded me how much I love sycamore trees in the fall. The bright blue sky against the white tree just brings me alive.

Lynn Parrott stands commandeering pans of hot wax simmering on griddles she's carted up to the mountain along with wood panels, a heat gun, and blow torch. She's creating abstract landscapes, pulling colors and patterns across eight, nine, or ten layers of hot wax. "The wonderful thing about doing encaustics is that it's all so accidental," she'll tell you. "You end up with a lot of wonderful magic. And if you don't like what you've done, you take the blow torch and blow it all off and start again."

Meanwhile Laurie McIntosh likes to work in long series and always comes with a plan. One year she began a long narrative *All the In Between; My Story of Agnes*, seventy painted panels depicting the life story of her mother, scientist-artist Agnes Smith Brownell. To jump start her project, McIntosh has brought the sketches she'd made while thinking back on Agnes's life as she neared death. These would become the germ of a mesmerizing book and traveling show that has been to Artfields and galleries throughout the region.

Brucie Holler has chosen to veer off her abstract path to work on a still life. She's arranged a bowl of luscious figs and stepped back to render them in acrylics. Suddenly something doesn't look right. Is that a tail and little ears she sees on that one fig? Oh, dear. The fig is moving. Yikes. It's a mouse chowing down on the still life! No one stands on a chair and shrieks like they do in old cartoons. Instead, they are entertained by the appearance of the ravenous intruder as Brucie grabs a camera. Carpe Diem. Capture the moment!

In previous mountain retreats, Louanne LaRoche had brought bags of paint, pencils, canvases, presses — in other words, a ton of stuff to play with. But in recent times, she's decided less is more and has packed only a small bag with the idea of focusing in on one medium. Now we see her sitting at an easel putting final touches on a sequence of frog portraits — depicting her subjects in different colorations and poses, creating her own little amphibian society.

While all this is happening, Eileen Blyth has spread out shards of truck tires she's found shredded along the road on her drive up here. This is not unusual behavior. Blyth has a habit of picking up debris and incorporating it into her assemblages. However, this time, she's using the alligator-y looking strips of tread to inspire linear abstracts. At some point, she'll decide she wants to add a bit of texture so she'll walk out, lay a sheet of watercolor paper on the road and wait for a car to drive over it. Yes! Those tread marks are exactly what her composition needed, she thinks, as she brings it back inside to continue working on it.



Jan Swanson

SOCIAL DISTANCING IS FOR THE BIRDS

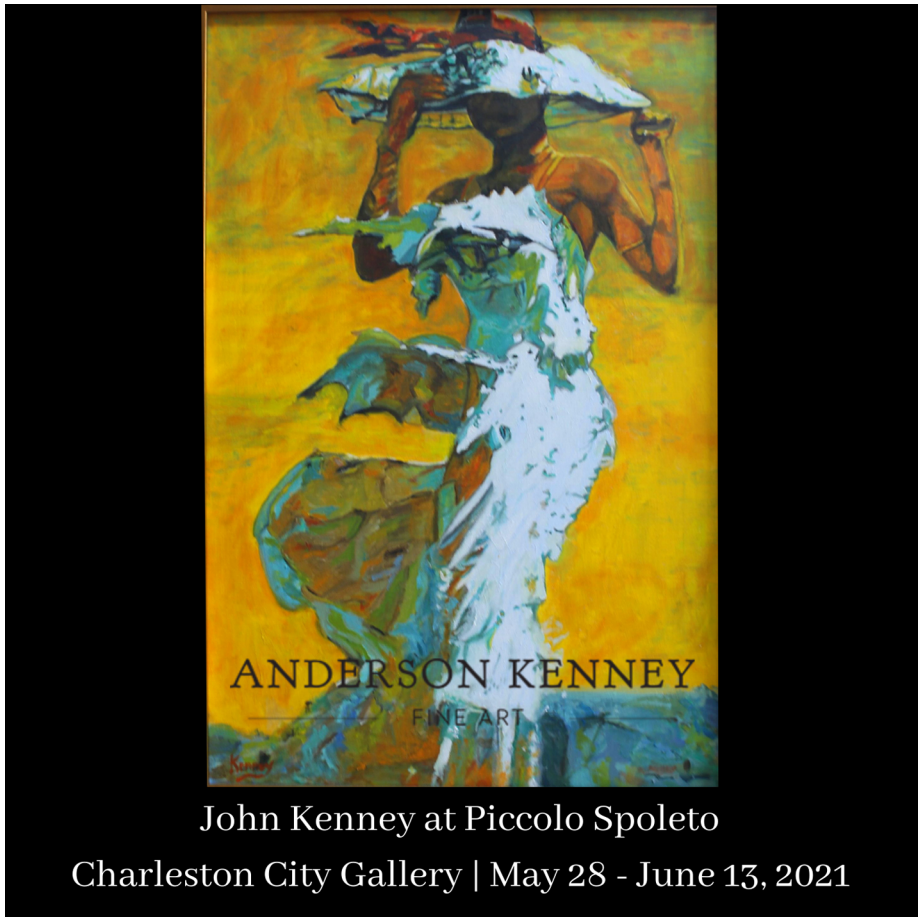
mixed media on board

I had completely covered the board with a collage of scrap papers I'd picked up off the street — bills of sale, grocery receipts, old wallpaper — all sorts of stuff. Then I put layers of paint over that and then sanded away an image of my white boxer, Raymond. Later I went back in, sanding and painting some more. I added the other dog up in the right-hand corner. Then I found a picture of a woodpecker, drew him below in that right bottom corner, and that was my message — *social distancing is for the birds.*

Ever unconventional, Jan Swanson is out on the porch wielding a sander along with, as she'll admit, a lot of angst. "My process," she explains, is to collage and then paint something and go 'I hate this!' and then sand it all off." She calls this "excavating," and she'll do it a number of times on the same piece, if necessary, making discoveries along the way. As she adds more collage and paint, her quirky sense of humor will emerge in wacky life commentary, charming in its off-kilter view of the world.

Afterwards, the six women go back to their rented home and cook dinner, drink wine, talk and share laughs before falling into bed and beginning the day anew.

So much great work has been sparked by these past artistic sojourns. Louanne LaRoche sums it up, "Painting is a lonely life, however reflective and creative it is. Our retreats are about creating a sacred space for creation and connection, a time to renew and learn from one another. We are definitely a Mountain Girl family." *LL*





CREATIVE CONVERSATIONS

Have a special artistic talent? Step into LOCAL Life's and the Hilton Head Island Office of Cultural Affairs' monthly Creative Conversations spotlight. Go to culturehhi.org/portfolio/artist-of-the-month/ to apply or scan this QR code.

Back in the 1990s, four-year-old Sonya Grant would wander from table to table, cadging quarters from diners at Abe's Native Shrimp House, her grandfather's restaurant on William Hilton Parkway.

Sonya Grant: Designer/entrepreneur, Gullah T's N' Tings

BY CAROLYN MALES
PHOTOGRAPHY BY MIKE RITTERBECK



Then she'd insert the coins in the jukebox, climb up onto a table near the bar and belt out the Drifters' "Save the Last Dance for Me."

Sonya Grant is not shy.

In middle school, at an age when conformity reigns, she dared to dress differently. She'd gotten her first sewing machine in eighth grade and voilà, a fashion designer was born. What's more, she never read the operating instructions. Propelled by bold imagination, she worked on pure instinct. She'd grab a pair of jeans, take them apart and refashion them into a skirt or a purse with a belt strap. Or she'd dress in a psychedelic creation: a wildly patterned paisley skirt coordinated with a hot-pink button-down. Then she'd wrap her head with a matching bandana. "What the heck do you have on?" kids would ask. The answer? Designs she'd developed and sketched in a spiral notebook.

Twenty years later, she's ditched the hallucinogenic paisley, but a notebook is still part of her creative tool bag. However, this time around, she's toting one with a bold stacked Gullah graphic on its cover that she created for her company, Gullah T's N' Tings. She takes it with her whether she's at her day job managing the Lancôme counter in Belk's, at pop-up shops where she sells her latest collection, or at the beach when she's chilling out. Along the way, her "manifest" as she calls it, has become dog-eared and coffee-stained, but it serves as an ongoing repository for business plans for her expanding clothing and sundries line.





Today if you go to her Etsy store, Bluffton's monthly Gullah markets, or her pop-up shops around town, you'd find her tees, sweats, hats, shirts, bodysuits, bedding, totes and more– all emblazoned with Gullah-Geechee graphics. Clean lines, soft fabrics — nothing cutesy or kitschy.

But, as I learned during a recent conversation, Grant has bigger plans.

[Q] Let's start with your Gullah heritage. The Grant family has deep roots on the island dating from Mitchelville, founded in 1861, the first self-governed town of formerly enslaved people.

[Sonya Grant] I developed this line to keep the Gullah-Geechee culture alive and to create awareness. It's not about the money for me. It's about history and making sure that with all of the development going on in Hilton Head, our culture is not erased. It blows my mind that people who live here don't know that Abe's Native Shrimp House, a landmark on the island, ever existed. That's why this line is so important to me. When people sometimes treat it like a charity and say, "Oh, let me support this small business...," I go "Oh, no. You're supporting a culture, a history, a movement." To me, this is monumental.

[Q] How did you get started incorporating the words Gullah and Geechee into your designs?

[SG] I always wanted to be a designer, and at random moments I would tap into my creativity. When my friends and I got comfortable or crazy in our conversations, we'd start talking in dialect and I'd say, "That sounds Geechee *af*."





H O W L Y O U H E L P ?

PAWS FOR A GOOD CAUSE

Hilton Head Humane Association's
The Litter Box
goods for people • great for animals
THRIFT STORE

All proceeds go to improve the lives of animals.



that's doggone nice of ya!

VOTED Favorite Thrift Store on Hilton Head!

46 Old Wild Horse Road | 843.MEOW
Monday-Saturday 10am-4pm

www.hhhumane.org

We're not kitten!



[Here it should be noted that *af* is a texting term for "as f-word."] I thought, 'you know, why don't I just put that on a T-shirt?' So I started buying shirts and vinyl strips for lettering at craft stores and making custom tees for my friends and my church.

[Q] You've said your aunt Carolyn Grant (co-author of Gullah Days) is a big influence.

[SG] I don't know where I'd be without her. She keeps me on track. When I was first making my shirts, my aunt said I should call my business, Gullah T's N' Tings. "Oh, I think that's corny," I told her. Then during the Covid shutdown last year, I tapped back into making shirts and bought my LLC with the stimulus check. I may have started off with tees, but we now had a vision that went beyond that. That's when I realized Gullah T's N' Tings was kinda cool.

[Q] What's the philosophy behind your business?

[SG] It was important to me that it wasn't your average "I love Hilton Head T-shirt." I didn't want it to be touristy. I started off with three designs: the Gullah letters stacked; the Geechee af. design. And then the Word Find Community. [This shirt cleverly embeds names of Gullah Heritage sites like Stoney, Jonesville and First African Baptist Church in red amid a block of random letters.]

And I wanted my shirts to be more versatile. You can play basketball in them or sleep in them. But I wanted to make sure it was a design you'd feel comfortable tucking into a skirt or a pair of pants. Or wear under a blazer for a casual interview, which is also why I came up with ladies' bodysuits and men's shirts. I want this to be a lifestyle brand.

[Q] What can we look forward to?

[SG] One day I hope to have a storefront and be a one-stop shop for everything Gullah. I'd have all I produce for Etsy on hand so you could walk in the store, and you'd have your men's store, women's store, bedding and kitchen.

[Q] I'll bet you've got this planned out in your spiral bound notebook.

[SG] You betcha. *LL*

LOCAL ART & POETRY

The Pitchfork

by Janet Kozachek

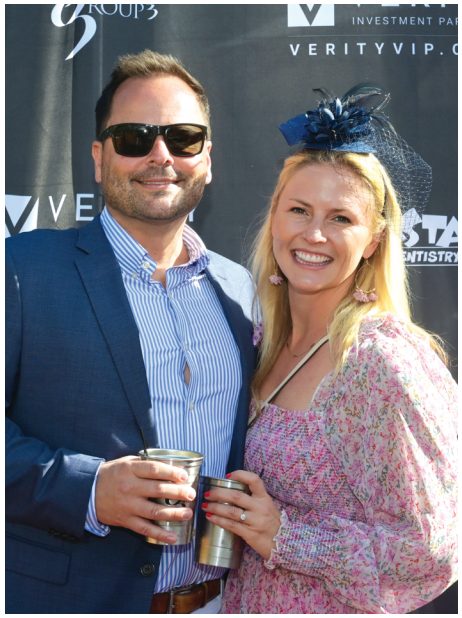
June arrives at a back porch
where labor rests
and the sun dances,
circling in confusion
on the stucco side of a yellow home.
Nearly forgetting what labor brings,
a woman of a certain age sits
barefoot upon cement steps.
She stares silently upon a yard,
espying weeds to pull
hedges to trim,
and cracks in cement to fill.
Setting out to fill her day by counting down tasks,
she tasks herself instead
with watching the play of sunlight
that coquettishly appears, then disappears,
as she flirts with the concept
of a guiltless joy at doing nothing.
Just for a moment,
the pitchfork resting by her side,
pierces the mutable light.
Its utility stands in counterpoint
to unearthed desire to grow
in graceful twists of uselessness
like the aging trees of Taoist sages.

The Pitchfork by Janet Kozachek























Giddy up

The Celebration Project, a nonprofit organization that gives children in need a birthday party, held its inaugural **Lowcountry Derby Party**, with 100 percent of proceeds donated to The Celebrations Project. The event took place at **Burnt Church Distillery** with catering provided by **SERG Group Signature Events**. Mint juleps were provided by **Group 3 Designs,** and musical entertainment was provided by The **Steel Rail Express**.

- **Wexford's Derby** party at its pool complex was complete with Kentucky browns, mint juleps and, of course, hats!

- At **Moss Creek**, friends of the equestrian center enjoyed a Derby picnic with prizes for best dressed, best tablescape and best Kentucky Derby-themed menu along with musical entertainment, and even racehorses with jockeys.





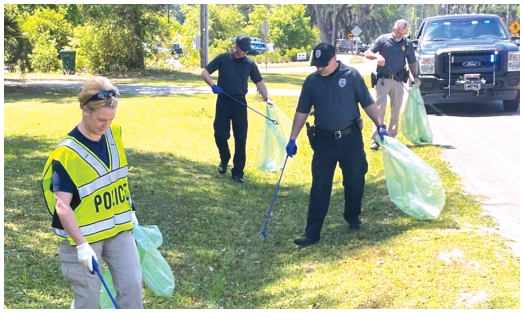




Tee-rific tournaments

Colleton River hosted its mixed member-guest tournament. Overall net champions included **Peggy Mulligan, Tom Mulligan, Richard Vanderveer** and **Casey Vanderveer.** Overall gross champions were **Jeff Hall, Wendy Hall, Hal Sutton** and **Susie Sutton**. Colleton River also hosted its ladies member-guest tournament, where overall champions included **Liz Ryan, Donna Melville, Diane Hynes** and **Jan Curley**. Gross champions included **Kelly Petracca, Reggie Sommer, Connie Muscarella** and **Casey Vanderveer**.

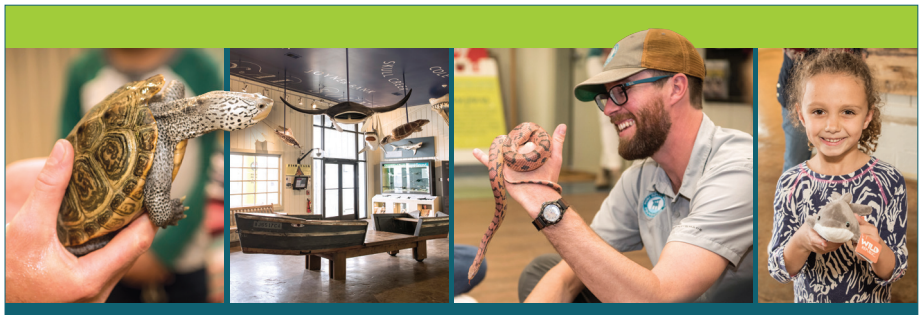




Happy Earth Day

Residents teamed up to celebrate **Earth Day** with the **Outside Foundation** by picking up trash around the area with an island-wide litter sweep. Hilton Head Island's 12 miles of beaches and other natural spaces were prioritized to get looking just as beautiful as ever.





We offer a variety of educational and recreational programs and exceptional events for all ages that are sure to enlighten, inform and delight.

EXPLORE

PORT ROYAL SOUND maritime center

310 Okatie Highway, Okatie SC

843.645.7774

JUNE 1 FISH PRINTING
JUNE 4 CRABBING & CAST NETTING
JUNE 9 REPTILE MEET & GREET
JUNE 17 MARINE COMMUNITIES & MICROSCOPES
JUNE 18 FAMILY FISHING

JUNE 12 ALL ABOUT TURTLES

These and more at portroyalsoundfoundation.org







Cook like Ina Garten

After working for **Ina Garten** while growing up, **Cassandra Schultz** teamed up with **Cintia Parsons** to create **Cassandra's Kitchen** in 2008 — a store that sells fan-favorite kitchen products seen on **Barefoot Contessa**. The store recently held a grand opening for its new retail space in Bluffton.







A Symphony Celebration

The **Hilton Head Symphony Orchestra** presented an outdoor pops concert at the **Lowcountry Celebration Park at Coligny**. Titled "A Symphony Celebration!," the event included music by George Gershwin, Dizzie Gillespie, Scott Joplin and others. Over 400 socially distanced patrons were in attendance.



Groundbreaking news

Berkeley Hall has officially broken ground for Phase 1 of its Master Plan. Construction begins for the **4-Seasons Veranda**, which will be a 5,000-square-foot addition off of the Grand Hall.



Fore a good cause

Members supporting the **Hampton Hall Charitable Fund**'s fourth annual **Tee Off Against Cancer in the Lowcountry Par 3 Tournament** generated $9,000 to assist **Beaufort Memorial Hospital's Keyserling Cancer Center**.



HILTON HEAD PREPARATORY SCHOOL

Congratulations



CLASS OF 2021

Jack Paul Barney ✂	University of South Carolina
Pau Bosch Pujolras	Abat Oliba CEU University
Mia Nicole Calamari	College of Charleston
Michael Anthony Calamari ☆✣	Clemson University
Nickolas Robert Calamari	College of Charleston
Niccolas Callegari Cardoso	Guilford College
Sloan Veronica Callen	Winthrop University
Yixing (Ronnie) Cao ✲	West Liberty University
Paul Joseph Carrabba +	Clemson University
Jayden Makell Chance	University of North Carolina at Charlotte
Tessa Lynn Charest	Technical College of the Lowcountry
Jack Morgan Clarke @+	Savannah College of Art & Design
Ansleigh Elizabeth Crenshaw	University of Arkansas
Ezron Kenshaun Daley	Newberry College
Madison Ann Denny ✲	Pfeiffer University
Shania Yasmin Diaz ✲	Vanderbilt University
Matthew Tate Eisinger ■	Colgate University
Tianyu (Camille) Fang	Parsons School of Design
Richard Edward Fiedler	Undecided
Luke Michael Foley ✲	Erskine College
Mackenzie Lee Gallagher S☆✣	Undecided
William Harold Gray ❍	Coastal Carolina University
Boland Simms Grayson ☆✣	Furman University
Harrison Whittier Green	College of Charleston
Robert Malcolm Hagen ✲	Radford University
Lanie Lou Halski	Georgia Southern University
Lauren Lynne Harvey ✣	University of South Carolina Beaufort
Samantha MacVittie Heginbottom	University of South Carolina
Jaiden Todd Hrobar ✣❍	Clemson University
Carson Stone King	Colorado State University
Mia Kate Klinger ☆✣	College of Charleston
Emily Catherine Klippel ❍	University of Tampa
Grace Caroline Lanier ✣	Clemson University
Theresa Paola Ledee	Palm Beach Atlantic University
Maxwell Benjamin Marko ✂	University of Miami
Colin John McCloskey ✂	College of Charleston
Connor James Nold V☆✣■	Reed College
Killian Michael O'Reilly ✲	Averett University
Aidan Andrew Potter ☆✣■	University of Colorado Boulder
Thor Michael Pullon ☆✣ ✂+	Baylor University
ZhiZhen (Frank) Qin	Lynn University
Thomas M.S. Stauffer	Temple University
Bailey Ann Sullivan ☆✣✂	University of Maryland
Isabelle Emilia Tomita ☆✣✂+	George Mason University
Ruoyu (Tony) Zhang	George Mason University
Zijian (Michael) Zhang ☆✣	Rensselaer Polytechnic Institute
Annie Zhu	Stony Brook University

V – Valedictorian, S – Salutatorian

☆Honor Graduate ✣National Honor Society @Diploma of Distinction ■ = Candidate for AP Capstone Diploma
■ = Candidate for AP Capstone Certificate ✲ = Signed Athlete ✂ = Outstanding Community Service + = Lifer ❍ = Legacy

Members of the Class of 2021 have also been accepted to:

American University
American University of Paris
Appalachian State
Auburn University
Brandeis University
Bucknell University
Butler University
Centre College
DePaul University
Eckerd College
Elon University
Embry Riddle Aeronautical University
Flagler College
Florida Institute of Technology
High Point University
Lewis and Clark College
Merrimack College
Northeastern University
Occidental College
Rhodes College
Rollins College
Stetson University
University of Alabama
University of Arizona
University of California - Los Angeles
University of Chicago
University of Denver
University of Kentucky
University of Oregon
University of Tennessee
University of the South (Sewanee)
University of Washington - Seattle
Vassar College
Virginia Tech University
Willamette University
Wofford College

Hilton Head Preparatory School | *Inspiring Students to be Exceptional* www.HHPrep.org
8 Fox Grape Road | Hilton Head Island, SC 29928
Sarah DeMaria, Director of Admissionss | demaria@hhprep.org | 843-671-2286
A private, independent school serving students in junior kindergarten through twelfth grade | Tuition Assistance Available



BECOME A READING TUTOR

Together, we are creating brighter futures through United Way of the Lowcountry's Early Grade Reading Initiative, Read Indeed!

- No experience needed, just a desire to help students achieve
- Volunteer 1 - 2 hours per week throughout the school year (Virtual tutoring available)
- Training is provided
- Opportunities available to serve as an AmeriCorps member (to receive a living allowance & education award)

READ INDEED! United Way of the Lowcountry, Inc.

United Way United Way of the Lowcountry, Inc.

AmeriCorps

LEARN MORE: WWW.UWLOWCOUNTRY.ORG/READ-INDEED

SUBSCRIBE!

Visit our website and subscribe today!

locallife

LOCALLIFESC.COM





Cutting a ribbon

The grand opening of **Lulu's Kitchen** kicked off with ribbon cutting and was followed by happy hour specials at the bar and on the patio, featuring oyster shooters, crab cakes, meatballs, hummus and chips, beer, wine and cocktails. The new restaurant is open at **The Fresh Market Shoppes on Hilton Head Island**.







Pro tips

PGA touring professional **Stephen Ames** visited **Sea Pines Country Club** to host a golfing clinic. Residents were invited to learn tips and tricks that he's mastered throughout his career to improve their skills and strategy.









Opened in the neigh-borhood

Herd It Here Farm in **Colleton County** has opened its doors for tours. At its grand opening, there were over 300 attendees eager to learn about and visit with the animals. Tours will be available every weekend to see the alpacas, goats, chickens, mini donkey, horse, and pony.



Feeding the heroes

Salty Dog Cafe's **Mackenzie Moss** presented **Hilton Head Hero** board member **Nancy Conder** with gift cards to feed arriving "Hero" families lunch this season.



Gwynetta Blathers, CNA
Arlene Heyward, CNA
Showanna Hugue, CNA
Patricia Robinson, CNA

Hospice Care of the Lowcountry, Inc. is a registered 501-C(3) nonprofit organization. Serving Beaufort and Jasper Counties since 1982.

Your Choice **Our Privilege**

From personal care assistance, to repositioning bed-bound patients, and even providing walking support, our Certified Nursing Assistants truly are indispensable to our organization. We are so thankful to each of our CNAs who provide essential care to our patients and peace of mind to their families.

Visit **hospicecarelc.org/vlog** or scan the code to view our CNA's perspective on their work at Hospice Care of the LC.

To support us, call
843-706-2296
HospiceCareLC.org

Your Non-Profit Hospice
HOSPICE CARE OF THE LOWCOUNTRY

June happenings

Festivals & fun









HarbourFest is back

In a sign that life is returning to normal, HarbourFest is coming back to Shelter Cove Harbour & Marina this year. For newcomers, the popular event is a weekly celebration during the summer with live music and entertainment, arts and crafts, kids activities and Tuesday night fireworks. It's like a 4th of July celebration every Tuesday night though the middle of August. After skipping last year due to the pandemic, HarbourFest is back for its 32nd year in 2021. Shannon Tanner will begin his popular kids' show on Monday, June 14, and will play through Labor Day Weekend. Tuesday night fireworks start on June 22 and run through August 17. Starting in July, Cappy the Clown will be there Monday through Friday with balloon animals, face painting and more. Every Thursday evening from June 14 to August 19, there will be a Parrot Palooza Caribbean Concert with Shannon Tanner & the Oyster Reefers. Learn more at **sheltercoveharbourfest.com**.

TUESDAY NIGHT FIREWORKS SCHEDULE

Dusk. Attendees can enjoy kids' activities including train rides and more at Shelter Cove Harbour & Marina.

June 22 and 29 + July 4, 13, 20 and 27 + August 3, 10, and 17


Sullivan Fortner

BravoPiano! Festival

From June 4 through June 12, BravoPiano! will "Celebrate the Music of Americas" *with performances of solo piano, two pianos, piano with other instruments, and piano with voice. All repetoire will be by composers living who have lived in the Americas. Over nine days, attendees can enjoy classical music, chamber music, popular music from the American stage, and jazz. The festival will kick off June 4 with The Cheng-Chow Trio, and the artists to follow include Chamber Music Charleston, Sullivan Fortner and Cecile McClorin-Salvant and more. For additional information, tickets, and the full schedule, visit* ***hhso.org****.*



Garden Party Movie Night

The Beaufort Film Society is showing "The Girl Who Wore Freedom" at The Beaufort Inn. *Christian Taylor, the director of the film, will be present and host a Q&A after the screening. This event is from 7 to 10 p.m. June 6. Admission is free, but donations are encouraged. Attendees will have access to a cash bar and will need to bring their own chair or blanket to lounge on.*

Juneteenth Celebration

The Heritage Library is hosting a Juneteenth Celebration June 17-19 at the Historic Mitchelville Freedom Park. *For more details, visit the Historic Mitchelville Freedom Park Facebook page.*

SAMUEL ADAMS SUMMER ALE

presents

SUMMER CONCERT series



ZACH DEPUTY

FRI, JUNE 4th
9pm



THE WILDFLOWERS
TOM PETTY TRIBUTE BAND

FRI, JULY 2nd
9pm



TRU GENTLEMEN

FRI, JUNE 11th
FRI, AUG 20th
9pm



Q SMALLS
SUMMER GULLAH BASH

FRI, JULY 23rd
10pm



DEAS GUYZ

FRI, JUNE 18th
FRI, JULY 9th
FRI, AUG 13th
8pm



TRIAL BY FIRE
JOURNEY TRIBUTE BAND

FRI, JULY 30th
9pm



WHITLEY DEPUTY

FRI, JUNE 25th
FRI, JULY 16th
9pm



SPENSER HOOKS
ONE MAN PARTY BAND

FRI, AUGUST 6th
10pm

THE ROOFTOP BAR

HIGH NOON SUN SIPS

RUMHAVEN

LIVE MUSIC ON FRIDAYS & DJ DANCE PARTY ON SATURDAYS

LATIN NIGHT SATURDAY ONCE A MONTH

BOUGIE BRUNCH EVERY SUNDAY 11AM-4PM

SHELTER COVE TOWNE CENTRE | 38 SHELTER COVE LN #120

HILTON HEAD ISLAND, SC 29928 | **PURCHASE YOUR TICKETS AT THEROOFTOPHHI.COM**

June 4-12, 2021

HHIPC
HILTON HEAD INTERNATIONAL PIANO COMPETITION

PRESENTS

BRAVO! PIANO!

CELEBRATING THE MUSIC OF THE AMERICAS

JUNE 4TH • 7:30 PM • MUSIC FROM THE AMERICAN STAGE
THE CHENG-CHOW TRIO

JUNE 5TH • 7:30 PM • RHYTHMS OF LATIN AMERICA
PRISCILA NAVARRO

JUNE 6TH • 7:30 PM • HHSO PLAYS CHAMBER MUSIC

JUNE 7TH • 7:30 PM • YANKEE DOODLE AND MORE • JACK WINEROCK

JUNE 8TH • 3 PM • WOMEN OF AMERICAN MUSIC
CHAMBER MUSIC CHARLESTON

JUNE 8TH • 7:30 PM • SING OUT • MARTIN LESCH AND FRIENDS

JUNE 9TH • 7:30 PM • JAZZ • QUINTESSENTIAL AMERICA
SULLIVAN FORTNER AND CECILE MCCLORIN-SAVANT

JUNE 10TH • 7:30 PM • VISIONS AT THE PIANO IN THE LAST CENTURY
HENRY KRAMER

JUNE 11TH • 7:30 PM • GULLAH-GEECHEE MUSICAL INFLUENCES
LAVON STEVENS

JUNE 12TH • 7:30 PM • FESTIVAL FINALE
MICHELLE CANN AND REED TETZLOFF IN RECITAL

ALL TICKETS $30 | GENERAL ADMISSION
TICKETS ON SALE NOW AT HHIPC.ORG
OR BY CALLING 843.842.2055

RICE MUSIC HOUSE
STEINWAY & SONS
OFFICIAL FESTIVAL PIANO

SPONSORED BY THE HILTON HEAD SYMPHONY ORCHESTRA

Festivals & fun



Shelter Cove Towne Centre movie nights

Rain or shine, Shelter Cove Towne Centre will be playing movies at 8:30 p.m. at Shelter Cove Community Park. *The movies are free and open to the public. Attendees should bring lawn chairs, blankets and pillows. Pets are welcome, as well. Get take-out from any of the SCTC restaurants or Kroger.* ***sheltercovetownecentre.com***

THURSDAY MOVIE NIGHT SCHEDULE

June 17: *A Beautiful Day in the Neighborhood* ***June 24:*** *Frozen 2* ***July 1:*** *Jumanji*
July 8: *Minions* ***July 15:*** *The Secret Garden*
July 22: *Free Willy* ***July 29:*** *Hook* ***Aug. 5:*** *Shrek*
Aug. 12: *Indiana Jones and the Temple of Doom* ***Aug. 19:*** *The Lion King*

Art showings, plays & performances



Swingin' Medallions concert

On June 11, the Swingin' Medallions will return for the 12th year at the Jasper County Farmers Market in Ridgeland. *Gates will open at 7 p.m., and the concert will begin at 8 p.m.. Tickets may be purchased at the gate or by calling the Jasper Chamber of Commerce at 843-726-8126.*

Hello, Dolly!

The Southeast Summer Theatre Institute opens its 14th season with the Tony-winning classic musical "Hello, Dolly!" *Show dates are 7:30 p.m. June 25-26 and July 2-3; and 1 p.m. June 26 and July 4 at Hilton Head Island High School. The blockbuster Broadway hit bursts with humor, romance and high-energy dancing. Purchase tickets at* ***HHISummerMusicals.com****.*

John Kenney at Piccolo Spoleto

Works of artist John Kenney of Anderson Kenney Fine Art in Beaufort will be on exhibit through June 13 at the Piccolo Spoleto Festival at the Charleston City Gallery. *The festival consists of a juried art exhibition, an outdoor art exhibition and a craft show. For additional information and a full list of events, visit piccolospoleto.com. Find more of Kenney's work at andersonkenney.com.*



Mamma Mia at the Arts Center

Running from June 23 to August 22 at the Arts Center of Coastal Carolina, enjoy this five-time Tony nominated musical *that uses the music of ABBA to tell the story of a mother, a daughter, and three possible dads. artshhi.com.*

Celebrate

40 Years of the Hilton Head Symphony Orchestra and **10 Years** of John Morris Russell as Music Director during our 2021-2022 Season!

HHSO
Inspiring, enriching and uniting the Lowcountry

40 HHSO | 10 JMR

When planning your next visit to Hilton Head Island and the Lowcountry, **include an HHSO concert on your itinerary.**



Photo: the french guy photography

Highlights include a **9-concert Orchestra Series** including **Holiday Pops** and a **World Premiere of Jessie Montgomery's new Piano Concerto** with **Awadagin Pratt** as soloist, outdoor performances, the Hilton Head International Piano Competition, and much more. Visit www.hhso.org for details.

Check out our **BravoPiano! Festival** June 4-12, 2021 on Hilton Head Island and in Bluffton: hhipc.org!

Special thanks to all our generous individual contributors and the following businesses, foundations, and public support entities who have maintained their generous support throughout this pandemic and shutdown!

The Bargain Box Est. 1965 — Donate | Shop | Give Back

Beaufort County South Carolina 1769

bluffton — Heart of the Lowcountry

BMW

Boys Arnold Wealth Management — An Office of AMG National Trust — A Better Way To Wealth

Breedlove Foundation

Custom Audio Video — Expert Team - Smart Solutions

CharterOne Realty

Colony Hilton Head Island

The Cypress of Hilton Head Island

Dividend Assets Capital, LLC — Investment Advisors

Forsythe Jewelers • Since 1927

Gaylord and Dorothy Donnelley Foundation

Goode Vacation Rentals

JR & Leslie Richardson

McGriff Insurance Services

Monthly

pure Insurance

Rockfish Seafood & Steaks @Bombaras

Savannah Hilton Head International

South Carolina arts Commission

Town of Hilton Head Island, South Carolina — Incorporated 1983

Carey & Company, P.C., Coastal Home by Marco Polo, Correll Insurance, The Great Frame Up, Gulfstream, Hilton Head Lexus, Mercedes Benz of Hilton Head, Lindsay Bunting/Sea Pines Realty, Nunzio Restaurant & Bar, South State Bank

Fundraising & sporting events

Palmetto Dunes Turtle Trot 5K



The Palmetto Dunes Property Owners Association will host the annual Turtle Trot 5K Summer Series every Wednesday from June 9 to August 25. *The five-kilometer run/walk will take place in the Palmetto Dunes Resort, where courses will alternate weekly from a beach course to a road course, depending on tides. Proceeds from the race will benefit the Palmetto Dunes Cares Fund. You can register for the event at* ***runsignup.com****.*

Swing for the Future

Registration is now open for The Children's Center's one-of-a-kind golf event on September 13. *It will be held at Long Cove Club, and it is a no handicaps step-aside scramble. Entries include a golf cart, a box lunch, and an after-golf cocktail party. Attendees can also purchase a "Super Ticket," which includes one mulligan, one drive to the green with a pro, hole-in-one entry, and three 50/50 tickets. Proceeds from the event will fund the organization's mission to provide high-quality early education services to families in need. To register, email jody.levitt@thechildrenscentersc.org.*

Bid to win a spot at Pebble Beach



Bid for a chance to play the No. 1 Public Golf Course in America — Pebble Beach Golf Links. *An auction preview is set for June 14. The auction itself is June 18-July 2. The winning bid will earn two spots to compete for the $100,000 charity purse in the Lexus Champions for Charity, a 54-hole golf event set for Dec. 8-12, 2021 at the famed course in California. The auction benefits First Tee of the Lowcountry, a youth organization that promotes life skills and leadership through the game of golf. Bid online at* ***TheFirstTeeLowcountry.org.***



2021 Palmetto Championship at Congaree

Some of the top golfers in the world are coming to Congaree Golf Club near Ridgeland June 10-13 for the Palmetto Championship at Congaree golf tournament. *The PGA Tour stroke-play event will be played for the first time in Gillisonville, near Ridgeland. The event will be a one-time event, as a replacement to the 2021 RBC Canadian Open, which was canceled due to logistical challenges related to the pandemic. Limited tickets are on sale. A daily grounds ticket is $70 or $235 for the week. Parking passes are $20 a day or $50 for the week. World No. 1 and South Carolina native Dustin Johnson has committed to playing in the tournament. Find the latest field updates at* ***pgatour.com****.*



KBRS Hard Core Cobia Tournament

Local fishermen are invited to participate in the first-ever KBRS Hard Core Cobia Fishing Tournament on June 11. *Rules are one fish per team at weigh-in with the largest length winning. Lines in the water at 8 a.m. with a 3:30 p.m. weigh-in at Skull Creek Boathouse. Teams of four are encouraged. A captain's meeting is planned for 6 p.m. June 10 at Skull Creek Boathouse. An afterparty will take place at the Skull Creek Boathouse pavilion. For more information, contact Lucy Rosen at 888-578-4593, ext. 1. The event is a fundraiser for the HHAHBA Education Foundation.*



First Tee summer camp and classes

First Tee is offering life skill classes, a fun-filled session held once a week for six weeks *to teach children how to use the life skills and healthy habits found in First Tee's nine core values, all while learning to play the game of golf. Ages 7-18 are welcome. Register at* ***firstteelowcountry.org/register****.*

Fashionable & fun



Wine Down Wednesday

The Village at Wexford is hosting a festive evening of wine, music, shopping, refreshments and prizes from 5 to 7:30 p.m. June 9. *Enjoy tasting at participating stores, special promotions, sales and in-store demonstrations. Proceeds from the event will benefit Pockets Full of Sunshine and The Boys and Girls Club. For tickets and additional information, visit* ***villageatwexford.com****.*

Gabriel & Co. Trunk Show

Join the team at Forsythe Jewelers for a three-day trunk show *featuring Gabriel & Co.'s fashion and bridal collections. Stop by from 10 a.m. to 5 p.m. June 16-18. Enjoy a complimentary gift with your purchase.*

Southern Estates Auction



Everard Auctions & Appraisals, an online auction house, will be hosting a very special Southern Estates Auction. *The exhibition is from 10 a.m. to 5 p.m. June 3-5. The auction begins at 10 a.m. June 8 and June 9. Visit* ***Everard.com*** *for more information. for more information.*

Local markets & makers



First Thursdays Art Market at The Shops at Sea Pines Center

Enjoy the works of over two dozen local artists who create a variety of mediums on the first Thursday of each month. *Stroll the plaza of The Shops at Sea Pines Center to see the exhibits, talk with the artists, and visit the shops, all while you enjoy live music, special merchant offers, complimentary wine samples, and more. The next market will be from 4 to 7 p.m. June 3. For more information, visit* ***theshopsatseapinescenter.com****.*

Crafted in the Lowcountry Awards

LOCAL Life is recognizing and rewarding local businesses that handcraft goods that reflect the Lowcountry tastes and lifestyle. *Businesses in Hilton Head, Bluffton, Beaufort, and Okatie are welcome to enter, as long as items are made in the area and are already sold here. After the category winners are determined, a grand prize winner will be selected by judges and LOCAL Life team members. The grand prize includes being featured prominently in an issue of LOCAL Life, as well as a feature story, cash, and a social media campaign, professional photography and videography, potential additional distribution, and more. Enter at* ***craftedinthelowcountryawards.com****.*



©LISA STAFF



Bluffton Farmers Market

Every Thursday from noon to 5 p.m., the Bluffton Farmers Market will be open at 71 Green Street. *Vendors include 7th Heaven Spices, Clark & Sons Farm, Palmetto Pops, Myers Family Farms, Sprout Mama, and Tuten Farms, just to name a few. Check the market's Facebook page the morning of the market for a complete list of vendors.* ***farmersmarketbluffton.org****.*

OTHER MARKETS

Hilton Head Island Farmers Market
9 a.m.-1 p.m., Tuesdays, Coastal Discovery Museum
Farmers & Markers Market
10 a.m.-2 p.m., Tuesdays, The Shops at Sea Pines Center
Port Royal Farmers Market
9 a.m.-noon, Saturdays, Naval Heritage Park
Forsythe Farmers' Market
9 a.m.-1 p.m., Saturdays, Savannah
Bluffton Artisan Market
noon-5 p.m., June 12, Martin Family Park
Lowcountry Made's SpringFest
noon-5 p.m., June 5, Tanger Outlet 1

SHELTER COVE HARBOUR & MARINA

SHANNON TANNER
June 16 to September 3
Monday - Friday
6:30 & 8:00 p.m.
LIVE!



2021 Fireworks*
Show starts at dusk
Tuesdays: June 22 & 29

SPECIAL SHOW on Sunday, July 4!

Tuesdays: July 13, 20 & 27
(No show Tuesday, July 6)
Tuesdays: August 3, 10 & 17

For show updates, visit the Shelter Cove Harbour and Marina Facebook page

ShelterCoveHarbourfest.com

Parrot Palooza
SUNSET CELEBRATION

Featuring **"Shannon Tanner & the Oyster Reefers"** for a Jimmy Buffett Tribute Show on Thursdays at 7:00 p.m. June 24; July 1, 8, 15, 22 & 29; and August 5, 12 & 19
Two shows on Labor Day Weekend: September 4 & 5

CAPPY THE CLOWN
June 16 - September 3: Monday to Friday, 6:00 - 9:00 p.m. Labor Day Weekend: September 4 & 5, 6:00 - 9:00 p.m.

HARBOURFEST™

LOCATED MID-ISLAND, MILE MARKER 8, ACROSS THE ENTRANCE TO PALMETTO DUNES. *All events subject to change without notice. Weather permitting.

Kings of the Road



"Gone are the days when these colorful roadside behemoths all vied for our attention as we raced from one vacation hot spot to the next. These and other lovely specimens buzz and chatter at the American Sign Museum in Cincinnati, Ohio."

– CHARLES GRACE, HILTON HEAD ISLAND

HIT US WITH YOUR BEST SHOT Are you an amateur photographer with a great local photo?
Send your high-res image to info@wearelocallife.com or upload it at locallifesc.com/partingshot.



Hearing loss is more common than you might think. It's estimated that 48 million Americans experience hearing loss due to noise, medical conditions, or just simply getting older.

WIDEX HIGH DEFINITION HEARING · ReSound rediscover hearing · signia Life sounds brilliant. · Starkey Hearing Technologies · oticon PEOPLE FIRST · unitron · PHONAK life is on

Make an appointment today for exact fittings of **state-of-the-art hearing aids** that will optimize your ability to hear. With exceptional follow-up care and service and over 40 years of helping the hearing impaired, you will see why we are the "Local Hearing Experts."

ROSE HEARING
HEALTHCARE CENTERS

RoseHearingHealthCareCenters.com

Hilton Head | 1505 Main Street | *Main Street Village* | 843.802.2957 ■ Bluffton | 108 Buckwalter Parkway, Suite 2G | *Berkeley Place* | 843.836.5554



Gabriel & Co. Trunk Show

Wednesday - Friday, June 16 - 18, 10 AM - 5 PM

Complimentary Gift With Your Purchase

RSVP to 843.671.7070 or Andrea@ForsytheJewelers.biz

FORSYTHE

JEWELERS • SINCE 1927

The Shops at Sea Pines Center

71 Lighthouse Road | Hilton Head Island | 843.671.7070 | FORSYTHEHHI.COM