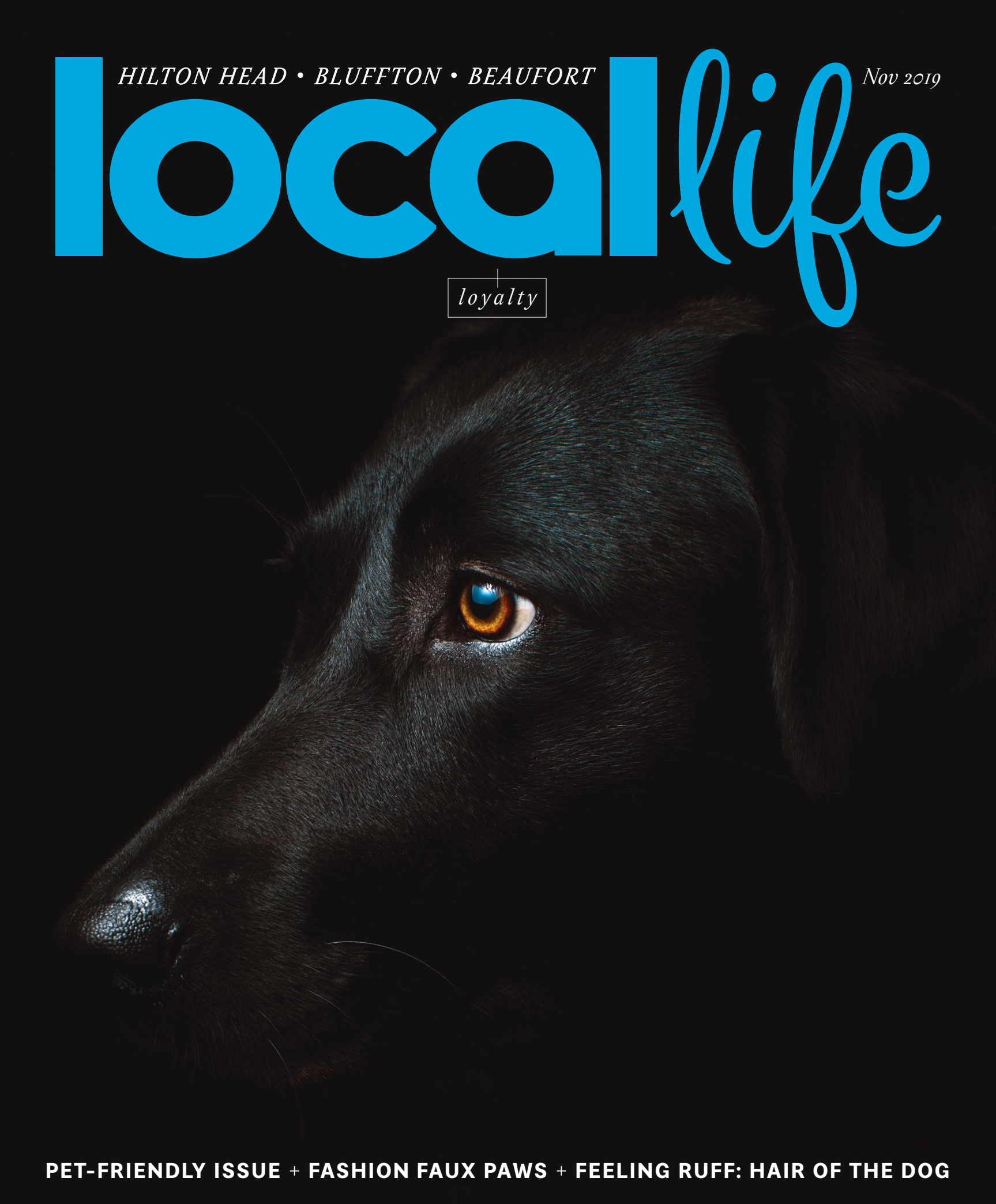
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Nov 2019

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PET-FRIENDLY ISSUE + FASHION FAUX PAWS + FEELING RUFF: HAIR OF THE DOG


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the team

WHO IS/WAS YOUR FAVORITE PET?

"Although I have loved all my pets, Addi had my heart and was my best friend. Makes me cry to write this. I miss her." **- LORI**



PUBLISHER
Lori Goodridge-Cribb *(Local since 1986)*
lori.goodridge@wearelocallife.com

"Buttercup, a giant feral cat that I tamed and took on many adventures. Total badass." **- LANCE**



EDITOR-IN-CHIEF
Lance Hanlin *(Local since 2007)*
lance.hanlin@wearelocallife.com

"I've adopted my daughter's beta, Elsa, in order to save her from certain death." **- JEREMY**



ART DIRECTOR / DESIGNER
Jeremy Swartz *(Local since 2003)*
jeremy.swartz@wearelocallife.com

"Way too many to name. Currently Truly." **- CHARLES**



DESIGNER
Charles Grace *(Local since 1997)*
charles.grace@wearelocallife.com

"I always begged for a dog growing up. So when I closed on my own house, I got Lana the next day." **- ASHLAN**



AUDIENCE & CONTENT DEVELOPMENT
Ashlan Saeger *(Local since 2016)*
ashlan.saeger@wearelocallife.com

"Harvey, my 100 pound, fun-loving, goofy English Lab. We do everything together and I couldn't imagine life without him!" **- MELISSA**



ACCOUNT DIRECTOR
Melissa Page *(Local since 2015)*
melissa.page@wearelocallife.com

"My mom named every one of our pets (dog to guinea pig) McDuff. So I would say McDuff." **- LISA**



PHOTO EDITOR
Lisa Staff *(Local since 2003)*
lisa@lisastaffphoto.com

"Jake was my best bud for 7+ yrs before he passed. Loved that dog!" **- BRUCE**



DISTRIBUTION & LIST STRATEGIST
Bruce Wolff *(Local since 2002)*
info@wearelocallife.com

"Brandie. She was our first family dog and a rescue." **- LEAH**



SUBSCRIPTIONS & FINANCE
Leah Ortega (Local in spirit)
leah.ortega@wearelocallife.com

PHOTOGRAPHERS Kit Carper + Peter Cram + Arno Dimmling + Freddie Marriage + Mike Ritterbeck Kristen Scott + Lisa Staff + Bryan Stovall + Maddie Terry + W Photography + Lloyd Wainscott

WRITERS Nicholas Askew + Dolly the Beach Berner + Collins Doughtie + Kristin Castner + Denise Friday Eddy Hoyle + Barry Kaufman + Carolyn Males + Michele Roldán-Shaw + Dean Rowland David Warren

CONTRIBUTORS Roxanne Gilleland + Brigitte Haynes Kevin Horton + Serena Pitt + Jean Meaney Wheatly

locallife
800 Main Street
Hilton Head Island, SC, 29926
843-802-2258 + **LocalLifeSC.com**

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OUR STROKE TEAM MADE EVERYONE HAPPY.

EVEN SOME COWS.

Alton woke up for his usual routine on the hobby farm, but he didn't feel right. It started with bad sweats and soon he couldn't feel his left side. After some tests, it was determined he had a stroke. Alton was out of the acute therapy window and there was no evidence that there was a clot that could be treated. So, Dr. Stewart determined the best treatment was prevention and identifying future risk factors along with optimizing his medication. With his doctor's orders on how to prevent another stroke, Alton was back to serving lunch on the farm. Learn more about our stroke team at sjchs.org

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THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER

Shannon Stewart, MD – Neurologist

Nov features



The Pet-Friendly Issue

Perhaps we love our pets a little too much here in the Lowcountry, but we don't care. Pets are part of our everyday lives, for better or worse (but mostly better). In this special fall issue, we celebrate the love we all feel for our feathery, fuzzy and sometimes scaly nonhuman companions.

©PHOTO BY LLOYD WAINSCOTT

PRETTY BIRD A colorful and talkative cast of characters live at South Beach Marina on Hilton Head Island, including this blue and gold macaw named Kiwi. Stop by and say, "hello!"

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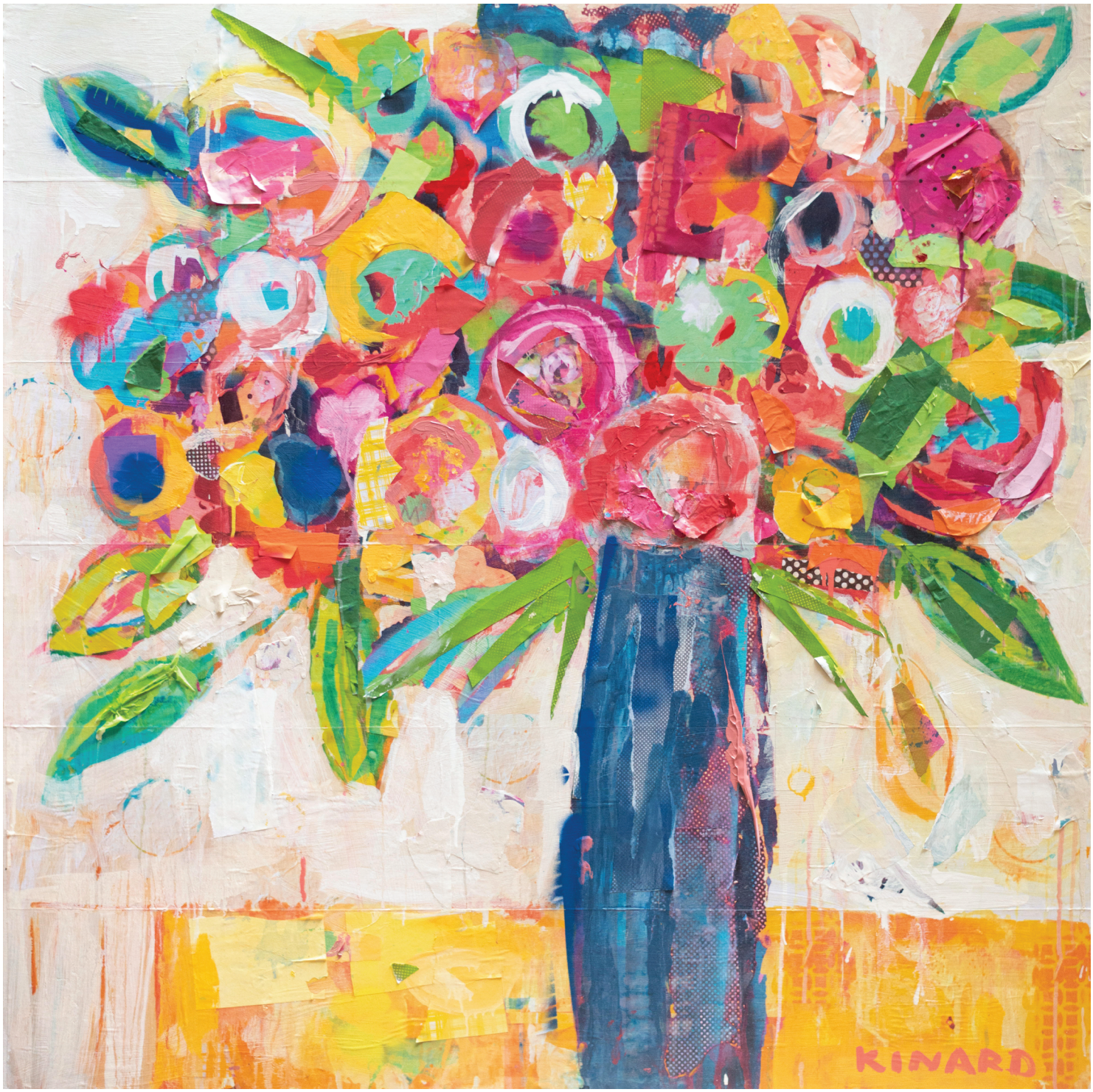
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Relax on the charming porch at Lawton Stables



I N T R O D U C I N G

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Christy Kinard *Yellow Table* 48" x 48" Mixed Media

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Who adopted whom?

Pets are part of our everyday lives and part of our families



©LISA STAFF

CAT LADY Publisher Lori Goodridge-Cribb is shown at home snuggling with Mr. Grigio (aka KB).

One cold and wintery New Year's Eve, our family bundled up, jumped in the car and enthusiastically drove to the Hilton Head Humane Association to adopt our first cat. We were greeted by many cute and beautiful cats of all ages, but a curious black one stood out. It kept sticking its paw through the cage to get our attention. It felt like Mr. Grigio (also known as KB or Kitty Boy) chose us as much as we chose him.

This special fall issue is dedicated to the special connection Lowcountry residents have with their pets and the high quality of life many pets have here.

We identify the top local dog parks, showcase the latest pet technology, review the best pet-related books and highlight local pet charities and rescue organizations.

We go on patrol with our local K-9 unit, spotlight super hero service dogs and hang out with the Salty Dog parrots. Learn about the Hos-Pets program, discover the art of horseshoeing with an equine podiatrist and admire exquisite pet art from local artists and galleries.

Meet some local pet celebrities, learn life-lengthening health tips for your pet and travel to the new Beaufort County Animal Campus for a pet-friendly fashion shoot.

Interested in making your own custom pet treats? We've got a few proven recipes from trusted locals that you can follow. Speaking of recipes, we reached out to top local chefs and restaurants for sophisticated holiday recipes you should consider adding to your Turkey Day offerings.

"Until one has loved an animal, a part of one's soul remains unawakened."

- ANATOLE FRANCE

Impress your friends and family with Turkey Roulade with Cranberry Chutney, Butternut Squash and Pear Bisque, or Apricot and Walnut Stuffed Pork Loin.

We also reached out to holiday stylist Nicholas Askew, who showed us how to create the ultimate holiday centerpiece using local plants and materials.

November is also packed with many wonderful festivals and other events. We have all the information you need for the best ones and look ahead at events you should mark on your calendar.

As we transition to cooler weather, we look forward to seeing you with your pets around town. Many restaurants, accommodations, attractions and more welcome your furry friends here. Happy Thanksgiving, from our pack to yours!

LORI GOODRIDGE-CRIBB
PUBLISHER
lori.goodridge@wearelocallife.com



LOVE AT FIRST SIGHT

*Model **Lily Perez** is shown with her new cat, Chicken. The two met during our fashion shoot at the new Beaufort County Animal Campus in Okatie.*



FOR YOUR EYES ONLY Have you seen the LOCAL Life Jeep around town? This month, we rolled up next to ***Billy Simmons***, general manager of Eyeland Optique. Be sure to follow @LocalLifeSC on Instagram to see all of the #LocalswithaJeep photos.


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contributors

MEET OUR WRITERS + PHOTOGRAPHERS + PEOPLE BEHIND THE SCENES









Lily Perez

Student

FOR THIS ISSUE: Model **HOMETOWN:** Hilton Head Island **CURRENT HOME:** Long Cove Club **LOCAL SINCE:** Lifetime local **HOBBIES:** ***Tennis***, painting, traveling **CURRENT PETS:** My dogs, Ollie, Otis, Toulouse. My cat, Beamer, and my nameless beta fish. **FAVORITE PET:** Ollie **FAVORITE PET STORY:** When I was 11, I put on my dog's collar with the leash attached and he grabbed it with his mouth and started pulling **FAVORITE CELEBRITY PET:** Lady Gaga's dog ***Miss Asia*** **FAVORITE PET MOVIE:** ***Marley and Me*** **FAVORITE THANKSGIVING SIDE DISH:** Mashed potatoes **WHAT DO YOU LOVE MOST ABOUT NOVEMBER?** During Thanksgiving, my family and I visit my aunt in Jupiter, Fla.

Nicholas Askew

Creative director at Nicholas Askew Design







OTHER CREDS: Landscape/interior designer and lifestyle specialist **FOR THIS ISSUE:** How to create a Lowcountry Thanksgiving centerpiece **HOMETOWN:** Eure, N.C. **CURRENT HOME:** Raleigh and Eure, N.C. **LOCAL SINCE:** I travel to the island often so it feels like my second home. **HOBBIES:** Decorating, thrifting, gardening and experiencing new restaurants/breweries. **CURRENT PETS:** No pets at the moment but hoping to adopt a labradoodle for the company mascot. **FAVORITE PET:** Labradoodle **FAVORITE PET STORY:** Dog walking five dogs in Palm Beach, Fla., and leashes became tangled. **FAVORITE CELEBRITY PET:** Sandra Bullock's yellow Labrador named ***Spinee***. **FAVORITE PET MOVIE:** ***Babe*** **FAVORITE THANKSGIVING SIDE DISH:** Broccoli casserole **WHAT DO YOU LOVE MOST ABOUT NOVEMBER?** Soaking up all the cool weather, finally being able to wear fun jackets, indulging in ***pumpkin spice lattes***, planting colorful fall plants and weekend mountain trips.





Serena Pitt

Intern





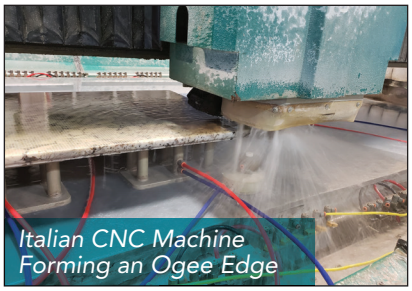


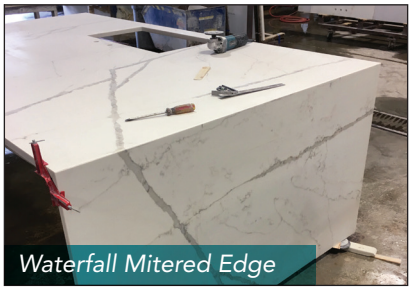
OTHER CREDS: Swim instructor and dance teacher **FOR THIS ISSUE:** Research, writing, photography — a little bit of everything. **FAVORITE LOCAL SPOT:** Coligny Beach **HOBBIES:** Swimming, dancing, yoga, watching movies, snacking. **CURRENT PETS:** No current pets unfortunately, other than my roommate Brigitte. **FAVORITE PET:** A chocolate lab named Reese. **FAVORITE PET STORY:** Anytime there's a story with the headline, "Dog saves owner." **FAVORITE CELEBRITY PET:** David Beckham's micro pig named ***Elton John***. **FAVORITE PET MOVIE:** ***Lilo & Stitch*** **FAVORITE THANKSGIVING SIDE DISH:** Stuffing or ***mashed potatoes***. I'm all about the carbs! **WHAT DO YOU LOVE MOST ABOUT NOVEMBER?** The change in weather. It finally cools down enough to do more physical activities outside.

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A garden that brings home full circle

The formal gardens at the entrance and small courtyard of this Myrtle Island home are based on the downtown Charleston gardens owner **Peggy Parker** peeked into on summer evening strolls with her grandmother. Check out several photos from this beautiful home, captured by local photographer **Maddie Terry.**

Online video: Behind the scenes

Unleash your wild side with photographer **Lisa Staff**'s pet-friendly fashion shoot on page 62, then watch video to see how it came together.



Scholar applications online now

Applications for the **2020 Heritage Classic Foundation Scholar Awards** are now available online for all Beaufort County seniors.

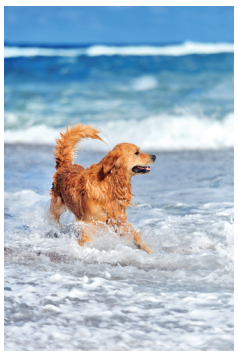


Win the HGTV Dream Home

HGTV announced its **Dream Home 2020** is located inside of Windmill Harbour on Hilton Head Island. The sweepstakes to win the home opens at 9 a.m. on Dec. 30 on the HGTV website, hgtv.com. More details will be released on Dec. 5.

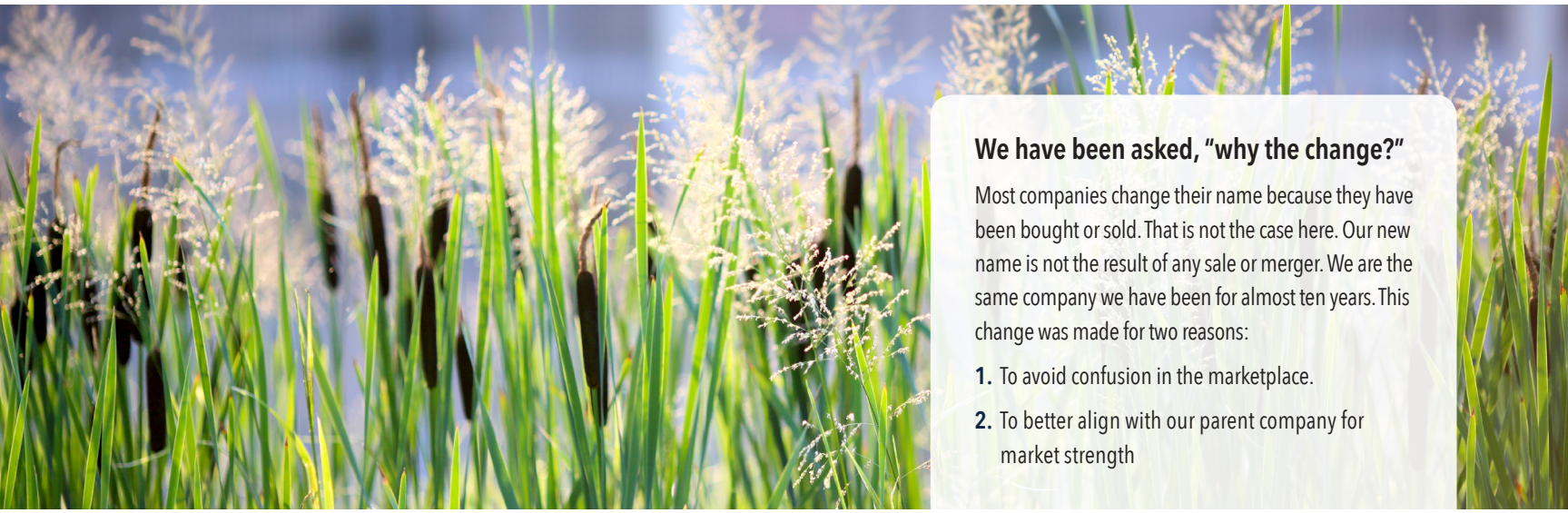
About the Cover

Before LOCAL Life's first issue was printed, we used the image you see on the left to show potential readers and advertisers what our magazine was going to look like. We told ourselves it would be our cover if we ever had a pet-related issue. When that time finally came, we challenged art director, Jeremy Swartz, to top it. He was able to do just that, using the stunning image on the right, taken by freelance photographer ***Freddie Marriage***. We still love the shot with the Golden Retriever. Maybe next time!





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2. To better align with our parent company for market strength

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1. BEST FRIENDS DOG PARK

(Chaplin Park, Hilton Head Island)

Chaplin Park has lots of great amenities for both you and your dog, big or small. Your dog will have a great time roaming around, chasing after endless amounts of tennis balls while keeping cool in the shade under the thick canopy of trees. It's a well-maintained, fenced-in area that has a separate section for small dogs. There are also lots of designated digging holes and water bowls, making this the perfect destination for warm days.

(Rating: 5 bones)

Two paws up

RANKING THE LOWCOUNTRY'S TOP DOG PARKS

Has your dog been having a ruff day? Maybe they need some fresh air. Lucky for you, the Lowcountry has many beautiful dog parks for both you and your furry friend to enjoy. Unleash your best friend's potential with a trip to one of these local spots perfect for pooches.



Head south

2. SOUTHSIDE DOG PARK

(Wastewater Way, Beaufort)

Beaufort's only dedicated dog park is popular for its size, with tons of open space for dogs to run around and play. It has two sides to divide larger and smaller dogs, plus they are adding new things all the time. Highlights include benches, doggy water fountains, trash receptacles and doggy waste bags. Head over to the park for an unFURgettable time!

(Rating: 4 1/2 bones)



And the Oscar goes to...

3. BLUFFTON DOG PARK

(Oscar Frazier Park, Bluffton)

Bluffton is home to many dog owners, so after this dog park at Oscar Frazer Park finally opened after 12 years of waiting, it was just what the community needed. The top priority here is the comfort of the dogs. The park is separated into three sections: one for small dogs, one for large dogs, and one for quiet or senior dogs. This medium-sized park is also in a great area for families with a playground, baseball diamonds and a pool all nearby. ***(Rating: 4 bones)***



Just add water

5. HENRY C. WATERFRONT PARK *(Bay Street, Beaufort)*

This amazing waterfront park is a great compromise when trying to please both your children and your furry kids. Although your dog needs to be leashed up to walk through, the amazing view of the waterfront is worth it. Take your dog on a stroll past the many sailboats, the wonderful views of the Beaufort River and the picturesque historic town. Enjoy lunch on one of the many pet-friendly restaurant patios. ***(Rating: 3 bones)***



Seas the day

4. THE BEACH *(Where permitted)*

Dogs may love long walks on the beach more than humans do. The beach is the ultimate spot to take your furry friend. Just be sure to follow the rules, which change by the season on Hilton Head Island. You can let your dog run free at most beach parks under voice control before 10 a.m. or after 5 p.m. in the offseason. Other times they are allowed on a leash, but they are not allowed Memorial Day through Labor day. Find the complete list of rules online at hiltonheadislandsc.gov. ***(Rating: 4 bones)***



OTHER GREAT DOG-FRIENDLY SPOTS

Private

The Haven Bark Park, The Haven at New Riverside, Bluffton
Dogpaddle Park, Hampton Lake, Bluffton
The Long Cove Club Dog Park, Hilton Head Island
Palmetto Bluff Dog Park, Bluffton
Sun City Dog Park, Bluffton
Belfair Dog Park, Bluffton

Public

Pine Island, Hilton Head Island
Jarvis Creek Park, Hilton Head Island
Sea Pines Forest Preserve, Hilton Head Island
Shelter Cove Community Park, Hilton Head Island
Hunting Island State Park, Hunting Island
Sergeant Jasper Park, Hardeeville





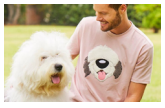
CRAZY PET OWNER STARTER PACK

*We all know that **crazy pet owner**.*
If you don't, it's probably you.



FURBABY BOOMER Only has "furbabies" and tries to bring them up in every conversation. Makes Mother's Day/Father's Day all about their being a "pet parent." You can find them often saying, "look how cute my son/daughter is!"

MATCH PLAY Owners that will dress up their pet to match them or will go to extreme lengths and make T-shirts/blankets with their pets' faces on them.





EVER PRESENT Will buy their pets Christmas presents, wrap them up under the tree and excitably watch their pet "open" their gifts.

MODEL BEHAVIOR Gets professional photos taken of their pet and frames them all over the house. Has more pictures of their pets than their actual children.

LOVE GOGGLES Super oblivious to anything bad their pet does because they love it so much. Often says "Don't worry, I got 'em," when they usually don't.





LIFE OF THE PARTY Throws their pet a birthday party and invites all the pet friends, documents the whole party in a Facebook post, or worse, on the pet's social media account.



Spotify®

PARTY ANIMALS

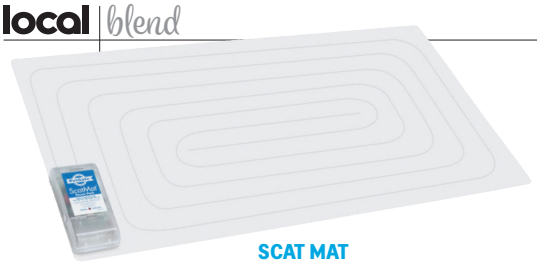
If your pet plays an important role in your life, show your love by throwing it a festive soiree. You'll need decorations, treats, toys and a killer soundtrack to set the mood. These 12 tunes are sure to unleash your inner party animal. ***Find this and other LOCAL Life playlists by searching for locallifetunes on Spotify.***

"Cat Scratch Fever" — Ted Nugent
"Mama Told Me (Not To Come)" — Three Dog Night
"I'm Like A Bird" – Nelly Furtado
"Sell Out" — Reel Big Fish
"Bark at the Moon" — Ozzy Osbourne
"West End Girls" — Pet Shop Boys
"Happy Together" — The Turtles
"Givin the Dog a Bone" — AC/DC
"Stray Cat Strut" — Stray Cats
"Hunger Strike" — Temple of the Dog
"Drivin' My Life Away" — Eddie Rabbitt
"Who Let the Dogs Out" — Baha Men



hot tech

Cool products and accessories to help your pet live its best life.



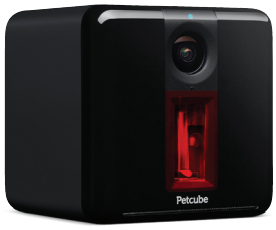
SCAT MAT

Training your pet is never an easy task but the PetSafe ScatMat is here to help make it a little less stressful. This Indoor Pet Training Mat teaches your pet where to go and where not to go in your home. *Available at PetSmart. $50.*



ORSCANA PACK

No horsing' around with this product. The Orscana Pack is used by several international riders and is known for its accuracy. This product is a sensor that hangs under horse blankets to detect the movement and temperature of your horse. *Available at arioneo.com. $110.*



PETCUBE PLAY WI-FI PET CAMERA

You no longer need to feel worried or guilty about leaving your pets home alone. With Petcube monitoring system, owners can check on their pets with a live camera feed or view video history of what they've been up to. *Available at Petco. $99.*





AQUAPAW

Splish splash I was taking a bath! You might recognize this innovative cleaning product from the TV show Shark Tank. The Aqua Paw guarantees to make bath time with your pet a breeze. *Available at Aquapaw.com. $24.95-$34.95.*

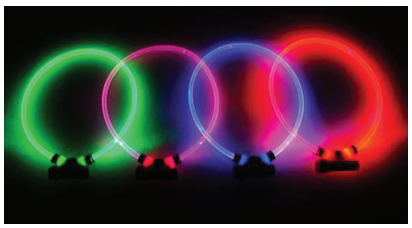
THE WHISTLE GO

Finding your pet has never been so easy. The Whistle Go is a tiny, 1-ounce tracker that attaches right to your pet's collar and connects to a mobile app. You can even customize the device to get alerts when your pet leaves a certain area. The Whistle Go has you covered on your busiest days. *Available at whistle.com. $100.*



STAY & PLAY – WIRELESS

PetSafe describes this as man's best training tool for dogs. This device comes with a receiver collar helping to keep your pet within your set boundaries. The boundary flags and warning beeps are used to cue your dog that they have reached the boundary, and if they exit it, a safe static correction is given. This wireless fence combines technology and training for your home. *Available at PetSmart. $310.*



LUMITUBE ILLUMINATED SAFETY COLLAR

Keep your dog feeling safe and looking great with the Lumitube illuminated dog safety collar. These light-up collars are both weather- and waterproof using LED lights to keep your pet shining. The cut-to-fit make comes in a variety of colors and are a stylish safety collar option for your pet. *Available at All Four Paws. $25-$28.*

PET TUNES

Whether you have a dog, cat, bird or horse, pet tunes is the speaker for you and your pet. Pet Tunes is a Bluetooth speaker pre-loaded with 90 minutes of acoustic music to calm your pet. The inventor is both a composer and sound behaviorist who made the perfect soundtrack for your pet to chillax to. *Available at petacoustics.com. $60.*



IFETCH

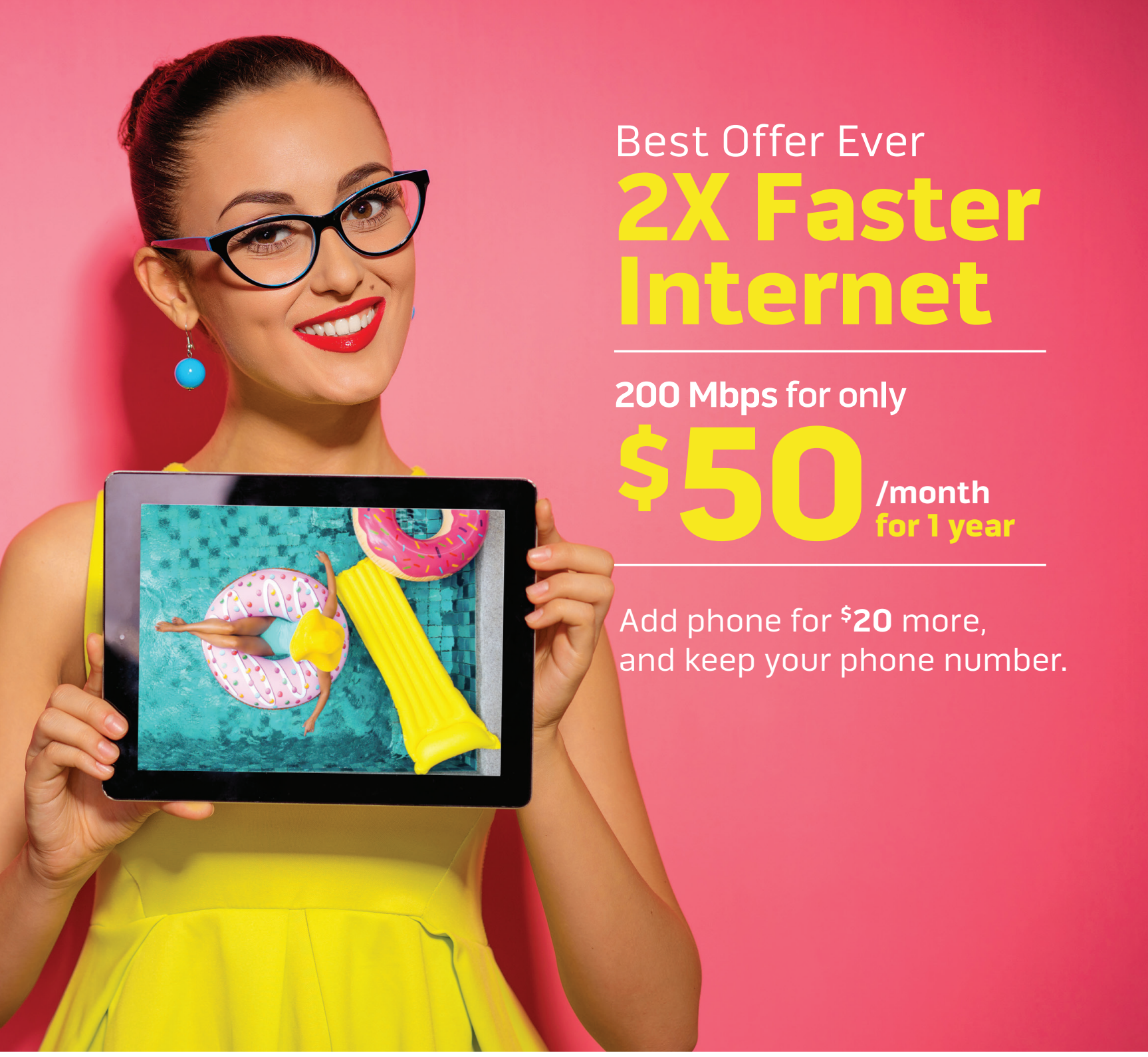
This award-winning interactive ball launcher is the perfect toy for any dog no matter the shape or size. Everyone loves playing fetch with their dog but sometimes you just don't have the energy for it. The iFetch allows your furry friend to play and exercise while you get some much-needed relaxation. *Available at goifetch.com. $115.*





DRINKWELL PLATINUM PET FOUNTAIN

Our four-legged friends love to have a refreshing drink to cool off from the sun just as much as we do and this high-tech pet fountain has them covered. With its sleek look and efficient design the Platinum Pet Fountain makes it extra easy to keep your pets hydrated. It's delicious H2O for your pet but less work for you. *Available at petsafe.net. $53.*



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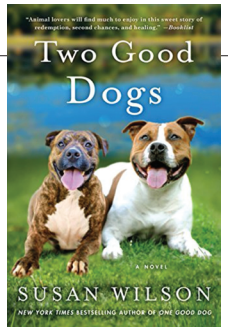
HARGRAY

Limited time offer. Promotion is for new customers only, adding Hargray services for the first time. Promotion of 200 Mbps Internet starting at $50 per month is good for the first consecutive 12 months. Additional Hargray services are allowed for additional monthly cost per service. Promotional offer cannot be combined with any other promotional offers or Hargray Rewards. Advertised price does not include equipment fees, taxes, surcharges or any other regulatory or governmental charges. 2x faster claim is based on Hargray's 200 Mbps download speed compared to competitor's advertised 100 Mbps download speed as of May 22, 2019. Broadband speeds may not be available in all areas, are not guaranteed, are subject to a number of factors and are measured via direct connection (not via Wi-Fi). Additional restrictions may apply; see representative for details. ©2019, Hargray Communications Group, Inc.; logos are registered trademarks and as such, protected property of their respective companies; all rights reserved.

All about pets

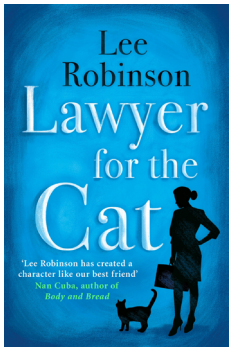
Enjoy these reads where animals take the center stage, and steal hearts.

BY DENISE DOUCETTE FRIDAY



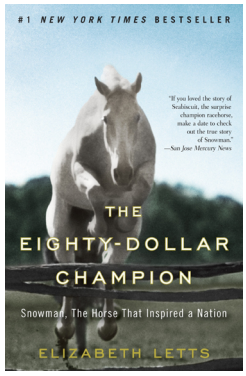
Sweet rescue dogs

TWO GOOD DOGS Adam and his rescued pit-bull-turned-therapy dog, Chance, happen upon a hotel run by a mother and teen daughter when they frequent the Berkshires for business. The mom is struggling to make a profit, while her daughter contends with a new school, bullies and a menacing threat by her father's murderer. Along comes Mingo, a kid living on the streets with a saved dog of his own. The unlikely foursome must learn to trust each other, and the rescue dogs become the rescuers in this sweet tale of second chances by Susan Wilson.



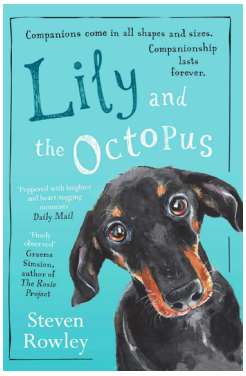
Spoiled cat

LAWYER FOR THE CAT
Sally Baynard is a public defender in Charleston County where her ex-husband is a judge. She defends some shady characters, is caring for her mother with Alzheimer's, and is being pressured to get more serious by her sweet boyfriend. None of this prepares her to represent Beatrice, a cat who is bequeathed a multimillion-dollar trust fund on Edisto Island. Lee Robinson follows up Lawyer for the Dog with this witty tale of Southern shenanigans.



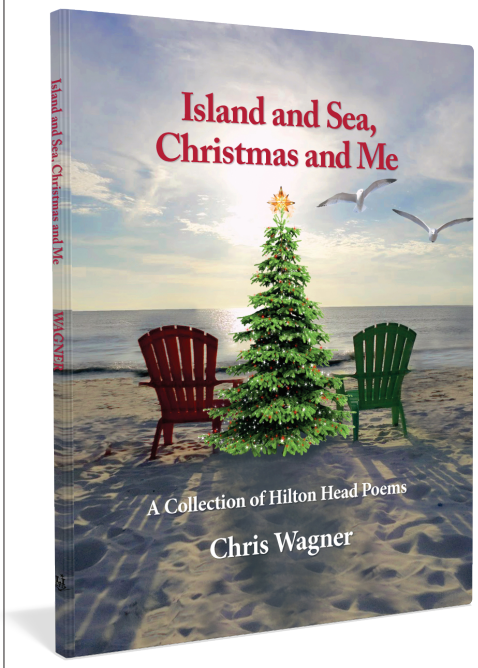
Inspirational horse

THE EIGHTY-DOLLAR CHAMPION: SNOWMAN, THE HORSE THAT INSPIRED A NATION
The true story of a horse saved from the slaughterhouse that went on to win Horse of the Year, the PHA championship and the Championship at Madison Square Garden. Elizabeth Letts shares this incredible journey of Dutch immigrant Harry de Leyer and the former plow horse who refused to give up on each other. Show by show, the pair rose to the pinnacle of showjumping against the top horses in the country, and gained the attention of the nation in the process.



Loyal companion

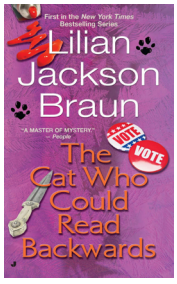
LILY AND THE OCTOPUS
A beautiful story about a man named Ted and his aging dachshund, Lily. Everyone deals with trauma differently, and for Ted, his life with Lily provides his escape. When Lily becomes ill, his coping methods take him on an adventure to discover his own bravery, and hers. Dog owners everywhere will relate to the lengths some will go to for their pet, and the great love that bonds them in this amazing debut by Steven Rowley.



LOCAL AUTHOR

ISLAND AND SEA, CHRISTMAS AND ME

Chris Wagner has lived on Hilton Head Island for more than 40 years and has a special tradition of writing an annual Christmas poem about the island he loves. Over the years, his poems have touched the hearts and funny bones of many. Those poems from the past are featured along with many new efforts in this 48-page, coffee-table book. It's a wonderful collection of works that will make you laugh and make you cry. It's a great Christmas gift for anyone who loves the island and enjoys the holiday season. The book is available at Tara's of Hilton Head in Fountain Center, Coligny True Value, The Crazy Crab in Harbour Town and Gifted in the Village at Wexford.



Crime-solving kitty

THE CAT WHO COULD READ BACKWARDS
Newsman James Qwilleran (Qwill) is far from his days as a crime reporter when he writes for The Daily Fluxion on assignments such as art and decorating. Yet mysterious murders abound with this eclectic crowd, and he comically solves each one. Along the way, he adopts a lobster-loving Siamese cat named Koko, who is the real crime-solver. This delightful mystery series includes 29 books by Lilian Jackson Braun.



OVERHEARD AT THE BAR Many of the words and ideas in Chris Wagner's book come from things he's read, greeting cards he has browsed through or jokes he has heard in his 30-plus years of bartending.







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Adopt this Pet: Lemon

LOVABILITY METER

THIS SWEET GIRL HAS A ZEST FOR LIFE

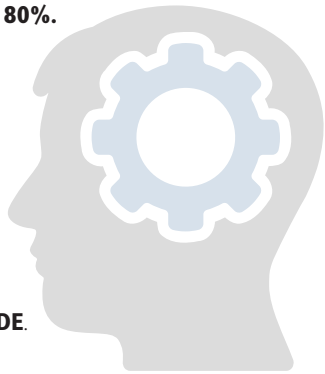
They always say when life gives you lemons, make lemonade. In this case, life wants to give you a sweet dog that is temporarily living at the Hilton Head Humane Association. This coonhound/walker mix is already somewhat famous inside of Hilton Head Plantation. She was the dog featured in the "Lost Dog $500 Reward" poster distributed around the community, and the reason for the Hilton Head Humane Association's recent Community Celebration. Luckily, Lemon was found and fixed up. She has a few battle scars and is a bit shy. Are you the right person to pull her out of her shell? Squeeze the day!

MORE ABOUT LEMON

Color: White and tan
Age: 3 1/2 years (around 34 in human years)
Likes: Pats, rubs, scratches and lemon parmesan chicken with asparagus.
Dislikes: People at the grocery store who put things back on the wrong shelf or don't return their carts. "Runaway carts always end up in the primo parking spots. Stop being so lazy!" ***— Lemon***
Adopt him: Hilton Head Humane Association, hhhumane.org, 843-681-8686

Mensa® Moment / Official Mensa Mini-Quiz

Answers are available on LocalLifeSC.com/Mensa



51. It was the day of the big furniture sale. "Oh," said Pat, "this chair was **$350**, reduced by **20%,** then by **$80**, and then by **80%.** It should be free!" But how much was it?

52. The sentence has been done in a simple substitution code. Work out the code and find the "quote."

18-8 2-12-6-9 15-18-13-22 26-15-4-26-2-8 25-6-8-2, 4-26-7-8-12-13?

53. Reduce the high-flown language to a common saying. *It is impossible to create a money container constructed of materials spun by silkworms using a portion of porcine animal anatomy as your basis.*

54. Make a dent in your mental energy and complete the word below by filling in the missing letters.

I _ _ I _ I _ I _ I _ Y

55. To the best of our knowledge, there is only one other word that can be made from all the letters in the word **LAMPSHADE**. Can you figure out what it is?

[LAST MONTH'S ANSWERS] 46. *indented, intended* ***47.*** *ace, race* ***48.*** *Trial Subscription*
49. *30 (7 sisters + 3 witches = 10 x 6 feet in a fathom = 60 divided by 2 = 30)* ***50.*** *If at first you don't succeed, give up.*

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Hibiscus Linens (December 2–7)

Music to Your Mouth
(November 18–24)

Chapel Concert (December 5)

Buffalo Run (December 15)

Field + Fire
(January 31–February 2)

Stay up to date on our events at palmettobluff.com.

PALMETTO BLUFF

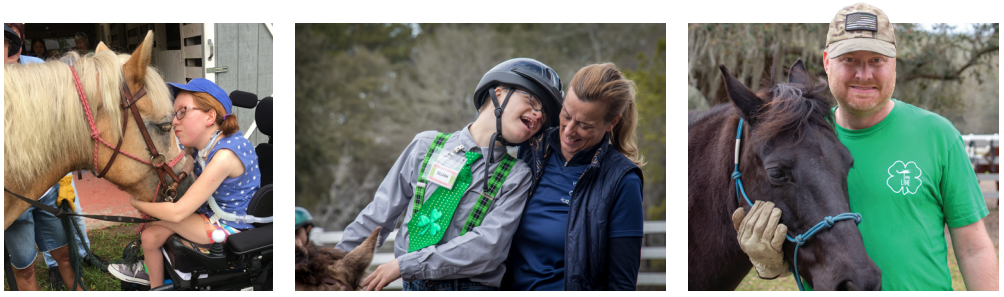
NONPROFIT SPOTLIGHT



Heroes on Horseback

MISSION

Heroes on Horseback enriches our community and the lives of individuals with special needs by providing equine-assisted activities and therapy in an effective, compassionate environment.



JOY RIDE From left: Lacy cuddles up to Ellie, Elijah having fun with path instructor Kate Cody, and volunteer Jason Walker poses with a horse in the program.

HISTORY. The nonprofit was founded in May 2000 by two Hilton Head residents that had a passion to partner disabled children and adults with horses. The therapeutic horseback riding program began as a pilot program with five participants and 25 volunteers. Volunteers were recruited and training was offered to educate volunteers on their role in the therapeutic riding session. Heroes on Horseback served 31 participants in 2001, including a special education class from the Hilton Head Elementary school. The program continues to grow every year, and now serves most of the special education classes in Beaufort and Jasper counties.

WHO IT HELPS. Heroes on Horseback's purpose is to enrich the lives of special-needs individuals through equine therapy. During the school year, it provides special-needs children with therapeutic riding and associated activities six days per week, with additional programs for six weeks in the summer. Its program consists of therapeutic riding, natural horsemanship, and equine-inspired arts and crafts, which together provide the special-needs child with a combination of physical, emotional and intellectual empowerment.

HOW TO HELP. Eighty-nine percent of the cost of the program is funded through contributed income, so donations are extremely important to the program. While it does have a tuition rate for its services, no one has ever been denied because of a lack of financial resources. Additionally, Heroes on Horseback is always looking for volunteers. Volunteers play a critical role in the program, as it typically takes three volunteers to assist one rider. *LL*

FOR MORE INFORMATION ON HEROES ON HORSEBACK
Call 843-757-5607 or go to heroesonhorseback.org



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PALMETTO BLUFF

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LETTER TO THE EDITOR
For the special pets issue, LOCAL Life asked Hilton Head Island dog ***Dolly the Beach Berner*** to share her thoughts on what it means to be a local. Dolly is an active member of the Berner Sunrise Beach Walkers and is a social media influencer. LOCAL Life welcomes letters to the editor and comments to our website.
Write to info@wearelocallife.com

What makes it local



adjective. lo·cal | lō-kəl

1: *characterized by or relating to position in space: having a definite spatial form or location* ***2:*** *of, relating to, or characteristic of a particular place: not general or widespread: of, relating to, or applicable to part of a whole* ***3:*** *primarily serving the needs of a particular limited district of a public conveyance: making all the stops on a route*

Lowcountry people are dog people



LOCAL SINCE 2016
Dolly The Beach Berner arrived on Hilton Head as a 4-month-old puppy in 2016 and hasn't looked back. She is a regular at Evergreen Pet Lodge. She also visits most beaches, has bowls of water on many patios and even ventures to Grayco, where she always gets a friendly pat on the head while admiring the dog toys.

For a dog, there is no better place to live than the Lowcountry. It's not because of the endless beaches. It's not because there are so many dog-friendly restaurants. Or because there are winding trails with complimentary "disposal bags." It's the best place to live because of the people.

Yes, it is the humans that make it so great to be a dog in the Lowcountry. Most people I have met are not originally from here, but that's hard to tell because they speak about the Lowcountry with such passion and respect, and they are quick to call it home. The expression "home is where the heart is" couldn't be more true.

People just seem happier here, which makes me happier. They don't look away to avoid eye contact when passing each other on the streets; instead, they take the time to stop to say hi and to pat each other's dogs. People don't seem frustrated or restless if they have to wait a few minutes for their coffee or adult beverage; instead they chat with the stranger behind them in line or next to them at the bar.

People don't seem uptight and uncomfortable in stuffy suits and uncomfortable shoes; instead, they mostly wear shorts and flip flops and it's hard to be in a bad mood when you are comfortable. Regardless of where they are from or what they did in their former lives, I see the people in the Lowcountry treat each other with respect and kindness. And they all look the same to me anyway!

Maybe it's the natural beauty that surrounds us, or maybe it's the weather, or it just might be that life is easier in the Lowcountry. Sure, I do hear some complaints about the traffic, but those are usually followed with "but it sure beats the traffic back in (fill in any former city or town.)" I do hear some grumbles about all the tourists, but those grumbles are quickly followed with "but that is why we have so many great restaurants and amenities."

One thing is for sure, the people here are friendly, generous and have deep love for dogs. Hundreds of volunteers support important causes like Palmetto Animal League, Hos-Pets and Hilton Head Humane Association. Many communities have dog clubs, hunts and parks. The beaches and patios welcome dogs and the cyclists and pedestrians share the paths with us. Come to think of it, besides the lighthouse at Harbourtown, The Salty Dog may be the Lowcountry's most recognizable icon.

Since I arrived in the Lowcountry, I have always loved today more than yesterday and will love tomorrow more than today. *LL*



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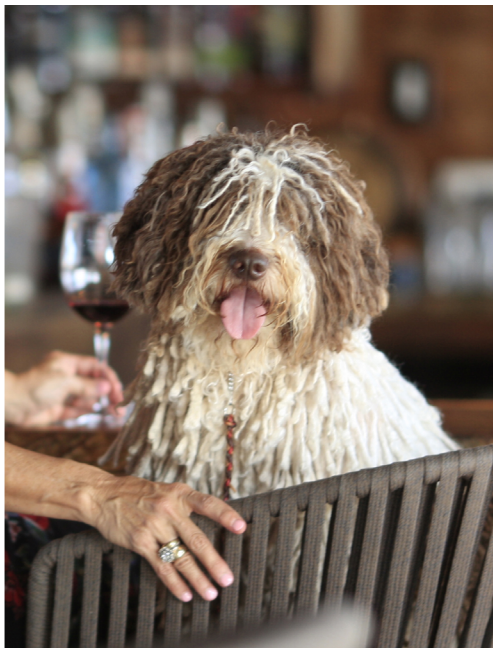
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More than pets

SOME PETS CHEW UP SHOES. SOME BRING YOU THE PAPER. BUT ONLY A SELECT FEW RISE TO THE LEVEL OF CELEBRITY. MEET THREE WHO ARE STARS.

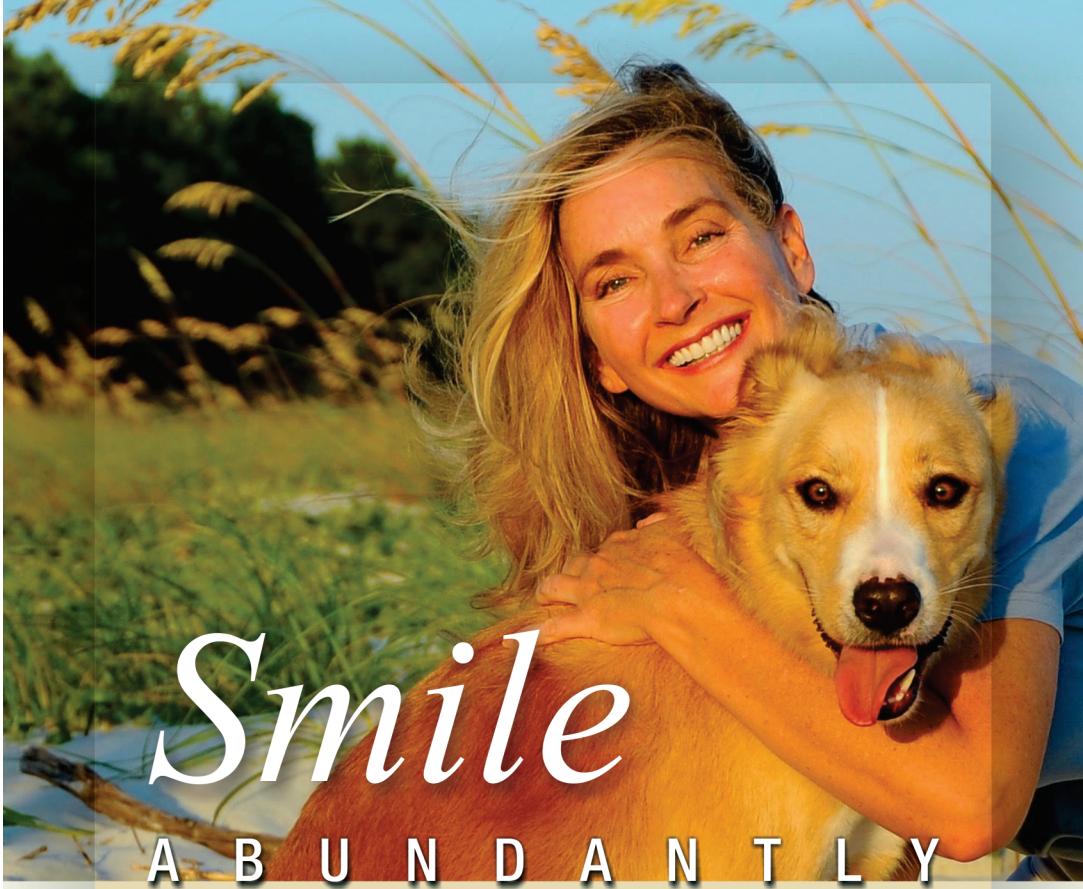
STORY BY BARRY KAUFMAN
PHOTOGRAPHY BY LISA STAFF

Everyone loves their pets; this is fact. If you don't love your pets, feel free to find someone who will. But even the most faithful of pet owners — even those who set up Instagram accounts for their cats, buy cashmere blankets for their pugs or simply spring for the extra tasty dog food — have to admit that some pets carry a little spark of greatness.

Sometimes that spark makes a pet a local celebrity, fawned over by visitors from around the globe. Sometimes that spark lets a pet be a living symbol for an organization founded on heroism. Sometimes that spark brings home best in show.

That spark burns bright with these three pets, locals who have proven themselves to be more than pets.

Meet our three...



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Harley

THIS FRIENDLY CLYDESDALE IS ENJOYING HIS RETIREMENT

Some celebrities need no introduction. Harley the Clydesdale can be found at his customary stretch of fence every day, greeting folks who come to Lawton Stables to feed the animals, ride the ponies and enjoy a little slice of farm life amid Sea Pines' resort elegance. Odds are good, in fact, that you've already taken a selfie with Harley.

"He loves the attention," said Lawton Stables General Manager Haley Zimmerman. "All of our horses are used to people, but the way he stands by the fence and lets all the kids pet him... He'll come in sometimes and he'll have lipstick marks on his nose where someone has kissed him. I'm not even kidding. People adore him. He is a flirt."

Born in Canada and raised in Michigan, Harley (Full name Otter Creek Master Harlequin) was raised as a draft horse, pulling carriages through the frozen tundra of his native north. It was his skill as a draft horse that first brought him down to Hilton Head, when he was purchased by Sea Pines in 2009 to lead carriage rides through the forest preserve.

He was on the job for two years before a spot of arthritis in one of his limbs put an end to his carriage-pulling days. But when one door closes another opens, and Harley quickly found new life as the mascot for Lawton Stables.

"It's basically early retirement – he eats carrots and chills and has a great life," said Zimmerman. "I think he likes this life better than he enjoyed the





LOCAL SINCE 2009 Harley was originally purchased to lead carriage rides through Sea Pines Forest Preserve. Today, he is the mascot of Lawton Stables.

carriage rides. Who doesn't want to be retired on Hilton Head?"

Harley took to his new role like a pro, serving as the face for Lawton Stables and lording over the rest of the horses with his towering Clydesdale physique. "He definitely bosses the ponies around," said Zimmerman.

Like most retirees, Harley is a creature of habit. It begins with breakfast – Seminole grain feed and a few nibbles from the bale of Timothy Orchard hay in his stall, then it's time for him to meet his public. At 4 it's time for another treat, letting staff know with a series of hoof beats on the gate if they're even a minute late. "He definitely has his routine," said Zimmerman.

And like any celebrity, he enjoys his pampering. Regular pedicures at the farrier, where he enjoys custom shoes to help with his arthritis, and medicated shampoo and drying of his "feathers," the long hair around his hooves.

But it's all worth it for Harley to be looking his best for his adoring public. "When he goes in at 4 to eat dinner, or if he's getting washed or shoed, we get people asking where he is and if they can go back and see him," said Zimmerman. "He's definitely a fan favorite."LL



Opha May

THIS ENGLISH BULLDOG IS THE OFFICIAL MASCOT OF PARRIS ISLAND

Marine Corps Recruit Depot Parris Island has long held the tradition of elevating a dog to the rank of private and naming it the depot's official mascot. The first, in 1914, was an Irish Terrier named Mike, and each who have followed have had one thing in common: they were all male.

It's appropriate, then, that the first female mascot for the depot would share a name with the first female marine. Opha May Johnson enlisted on Aug. 13, 1918, the first in a long line of brave female devil dogs. Opha May, the English bulldog who shares her name, would become the depot mascot a century later.

Her duties as mascot vary, but one point of pride for Opha May and her handlers is her appearance during graduation ceremonies.

"On parade days she knows what's going on – she knows it's go time," said incoming handler Lance Cpl. Martin Sanders-Martinez. "She does what she does and looks nice. After that she walks off … and collapses on the cooling mat."

It's a hard job, but Opha May has the personality for it. "Opha is very much like a person – she shows a lot of emotion, and she's very playful and friendly with other people," said handler Cpl. Erin Lilleyfogle, who says that Opha May's favorite toy is anything that squeaks. "She's not really much like a dog – she likes to be around people. She does sleep a lot, but other than that she doesn't keep to herself."

Serving as dog handler is a





LOCAL SINCE 2017 Opha May, an English bulldog, is the first female mascot in the history of Marine Corps Recruit Depot Parris Island.

voluntary duty, one that Lilleyfogle was in the process of handing over to Sanders-Martinez at the time of this interview. "At first I was very timid about being a dog handler," she said. "I had dogs growing up, but I didn't have the opportunity to train them. I took it as an opportunity to grow and took full advantage."

Sanders-Martinez approaches his duties with equal enthusiasm. "I love dogs a lot. I was really excited when I found out I had the opportunity," he said. "Few Marines have the opportunity to do that. It's something very special."

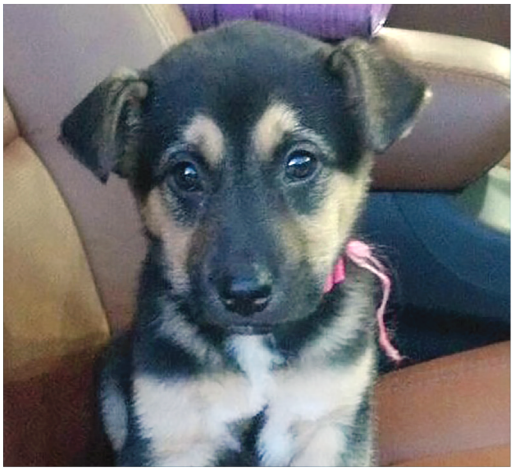
The bond between Opha May and her handlers is inspiring. Shortly after she spoke with LOCAL Life, Cpl. Lilleyfogle was tragically killed in an automobile accident. But she spoke of the bond she'd built with this special animal, saying that she's already missed having Opha May around, just weeks after passing on her duties. "I already miss her. She was my roommate for two years. I still get to go into work and see her, but it's definitely different being the one being in charge... It's bittersweet."

Our thoughts and prayers go out to Cpl. Lilleyfogle's family, and we hope they can take solace in knowing she is missed. *LL*

Are You Planning for Your Pets?

Coco is worried about the economy because Alpo is up to $3.00 a can.

That's almost $21.00 in dog money.



Pet planning may involve figuring out how much money to leave, helping choose a pet caretaker and even setting up pet wills and trusts. *Pets are "part of the family."*

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Emanuell

THIS BEST IN SHOW DOG HAS HIS SIGHTS SET ON WESTMINSTER

Janet Rahn knows a thing or two about dogs. The story goes that her first word was "puppy," and she's made the animals her life and her livelihood ever since. Opening a kennel on Hilton Head in 1981, she would go on to tour with Team Purina doing dog shows, appear on David Letterman for his trademark "stupid pet tricks" segment and train dogs like Westminster Best of Breed winner Jango. She's even currently training diabetic alert dogs to save lives.

The point being, she knows dogs. And when she first laid eyes on Emanuell, the Spanish Water Dog, she knew she'd found something special. Rahn was in Slovenia visiting with a close friend to help her with a different dog who had been difficult to train. She saw Emanuell and, "I fell in love with him," she said.

"You can't take your eyes off of him. And he has personality to go with his looks... He's 100 percent showman. You want that temperament that says, 'Look at me.'"

Emanuell was, as Rahn says, destined for it. Along with his looks and personality, Emanuell has a natural affinity for jumping up on tables and being showered with attention, something that is a fairly important part of showing a dog. "That's his element," said Rahn. "Not every dog enjoys that, but Emanuell thinks it's the best thing ever. He wants to be looked at; he wants to meet with everybody."

Still, natural talent only takes a dog so far. To compete at the highest





LOCAL SINCE 2017 Emanuell is one of top-rated Spanish Water Dogs in the world, winning Best in Show at the Rochester Minnesota Kennel Club Championship Show.

levels, Rahn demands rigorous training. "There's more training than people think. They see a dog running around in a circle, but really a dog is taught to show himself off," she said. "It's kind of like ice skating. It looks easy. But when you get to that level... it's a lot on a dog."

Which is why it's so important than Emanuell gets to spend his downtime letting his finely-coifed hair down.

"It's very important that when they come home, they swim, run in the field and get to be dogs," she said. "The big thing people don't realize about show dogs is they're family pets first and foremost. They've slept in our beds; they've torn things up; they play with toys; they swim in the pool. He's not treated like a china doll."

The difference being, once Emanuell is done being a dog he goes out and wins awards. This past September he won Best in Show at Rochester Minnesota Kennel Club Championship Show. Next up, Rahn has her sights set on Westminster.

And she may be biased, but she likes Emanuell's odds. "We haven't seen him at his best yet." *LL*

©PHOTOS BY RHONDA CASSIDY





Q+A WITH Jake the Salty Dog

MORE THAN JUST THE FACE OF AN ICONIC RESTAURANT, THIS CELEBRITY POOCH ENTERTAINS CHILDREN AND KEEPS THE FAMILY-FRIENDLY VIBE STRONG

STORY BY BARRY KAUFMAN
PHOTOS BY MIKE RITTERBECK

Hilton Head Island has its share of celebrities, but very few homegrown idols. At the top of that very short list, you'll find Jake the Salty Dog. The iconic mascot for the Salty Dog restaurant, star of T-shirts seen the world over, Jake hasn't let fame go to his head. We sat down with Hilton Head's favorite dog to ask the really important questions.

[LOCAL Life] First things first, we have to ask. Who's a good boy? [Jake the Salty Dog] Ah, the age-old question for dogs everywhere. I think we are all just out here doing our very best to live up to being man's best friend, one tail wag at a time!

[LL] You famously rescued your owner by swimming for him to shore for three days. What was going through your mind during this heroic trial? [JTSD] Call me crazy, but the smell of hushpuppies! The scent of those golden-brown sweet treats can travel for miles and that honey



LOCAL SINCE 1987 Jake, the original Salty Dog, was adopted from the Hilton Head Humane Association 32 years ago and has never forgotten his roots. The Salty Dog Cafe has contributed more than $200,000 to the rescue organization over the years.





HOME FOR THE HOLIDAYS Hang out with Jake the Salty Dog at the annual Salty Dog Homecoming on Nov. 27 at South Beach Marina. Live music starts at 5 p.m. followed by a complimentary Lowcountry boil from 6-8 p.m.

butter – belly rub kind of delicious. But seriously, what keeps all of us dogs going — day in and day out – our fierce loyalty to our very best friend!

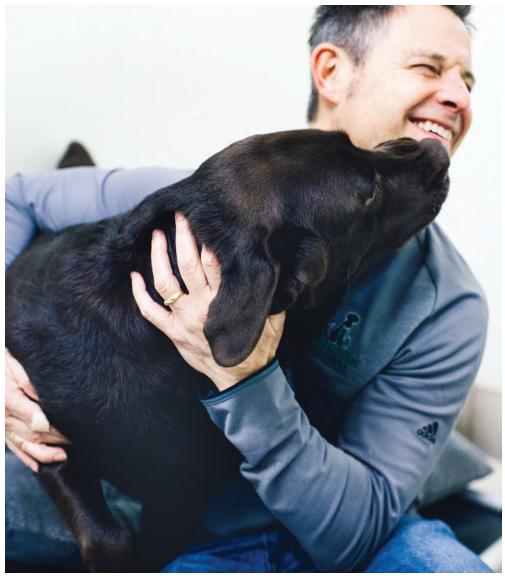
[LL] By now the "Jake" look is the hottest fashion trend, with dogs everywhere sporting your signature bandanna. Do you consider yourself a style icon? [JTSD] Oh gosh no! I just try to keep it classic.

[LL] What are your views on cats? [JTSD] I have to say I admire cats with their independent demeanor. I even met a few who rock a Salty Dog bandanna as well as any pup!

[LL] What is your ideal day on Hilton Head Island? [JTSD] I'm a pretty simple pup. A little morning snuggle session followed up with breakfast – and if I'm lucky, a few Peanut Butter Salty Dog Doggie Bites — then a stroll around the docks of South Beach. I just love getting to see all of the happy, smiling faces of those visiting this beautiful island. It can get a little crazy at times with all the folks wanting a picture, but the head scratches and hugs make it 100 percent worth it. Maybe follow that up with a walk along the beach with my favorite Frisbee or even a trip to the dog park.

[LL] What's your go-to chew toy? [JTSD] I like to think I've matured past the chew toy age, but every now and then a classic Salty Dog squeak toy just makes my day.





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[LL] If you could share hushpuppies with any dog, living or dead, who would it be and why? [JTSD] It's a tossup — a basket of hushpuppies shared with Lassie would be absolutely incredible. Just to be in the presence of such an iconic pup who truly embodied what it means to be a loyal dog 'til the end would be inspirational. However, can you imagine the stories that the little alien hunter, Frank, the Pug (from Men In Black) has? I bet some hushpuppies with him would provide hours of some pretty crazy entertainment!

[LL] You get photos from all over of pets rocking the Jake look. What are some of your favorites? [JTSD] It never ceases to amaze me the number of photos we received over the years and continue to receive on a daily basis. We've had some as far away as the Great Wall in China and the pyramids in Egypt – we've even had horses, goats, bunnies and even chickens rocking the gear! No way I could ever pick just one as a favorite – each is sent with love and a story filled with memories.

[LL] Any great, memorable encounters with fans over the years? [JTSD] This is a tough one. But I have to say Christmas delivery on the island each year has to be one of the most magical and memorable encounters. I feel like Santa Paws when I get to ring that doorbell and surprise someone with a gift – doesn't get much better!

[LL] What's the best part of being a celebrity? [JTSD] Oh, this is an easy one. I love that for over 32 years we've been able to give back to all of my furry friends. Thanks to my fame, we've been able to donate well over $200,000 to Hilton Head Humane Association, and just this past year we were able to help find homes for nearly 50 shelter pets during Clear the Shelters week. *LL*









HOT DOG Jake the Salty Dog's signature bandanna is a popular fashion accessory for pets around the world. His shirts are also loved by humans around the globe, being spotted as far away as the Great Wall in China.



The Legend of Jake, the Salty Dog

In a fishing village at South Beach lived John Braddocks and his dog, Jake. John earned his living as a fisherman. Jake shared his love of the sea. Early one Friday morning, John powered up his 36-foot fishing vessel and headed for the deep blue sea.

It was a great day for fishing. The fish were practically jumping in the boat. Suddenly, the sky began to darken and the wind whipped to 60 knots. Then, out of nowhere, the Salty Dog was slammed by a 20-foot rogue wave. Jake dug his paws into the deck and tried to fend off the storm with his mightiest growl, but it was too late. The next 20-footer engulfed the small craft. Jake and John were tossed into the raging sea.

The man began to lose hope, but – so the story goes – Jake headed west. Jake swam for three days and three nights with the man holding fast to his collar.

No one knows how Jake could have known the way back to his home port. The townspeople built a gathering place in the village and named it The Salty Dog Cafe – in honor of Jake's heroic feat. Portraits of Jake wearing his yellow sou'wester hat adorn the walls. His place in nautical history is assured.

SOURCE: THE SALTY DOG CAFE



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Five tips from a successful businessman

FORMER SMUCKER'S EXECUTIVE AND ANIMAL RESCUE ADVOCATE CHUCK LAINE SHARES HIS ADVICE FOR SUCCESS

STORY BY EDDY HOYLE





Chuck with Nikki Haley



LOCAL SINCE 1999 Chuck Laine is chairman of the Humane Association Board of Directors. He is pictured with his wife Kitty in Venice, with his dog Danny Boy and with diplomat and politician Nikki Haley at a special event.

Chuck Laine has a long history with the Hilton Head Island Humane Association. He joined its finance committee in 2003 and two years later became the chairman of the board and still serves in that capacity. Under his leadership, one of the largest public/private partnerships in Beaufort County was formed, and the result is the new facility on U.S. 170 that houses an adoption facility and spay neuter clinic for the Humane Association and the Beaufort County shelter. Laine joined the J.M. Smucker Company (Smucker's) in 1964 where he was immersed in a work culture in which every employee adopted the Basic Beliefs put forth by the company: quality, people, ethics, growth and independence. Laine said that he accepted this foundation as the basis for future strategy, planning and daily behavior, and that the basic beliefs have served him well throughout his life.

Laine joined the Army after graduating from Ohio University with a Bachelor of Science in commerce. He then joined Smucker's and spent 34 years rising through the ranks from retail sales to the marketing department, as vice president of marketing, and finally as the Vice President and General Manager of the International and Beverage business units.

In 1999 Laine retired and moved from Bath, Ohio, to Indigo Run, quickly got involved with his community, and became the chairman of the Indigo Run Golf Club Board. He now lives in Windmill Harbor and enjoys golf and reading. **Here are his tips for success, which he also has put into action at the Hilton Head Humane Association:**

HERE ARE HIS TIPS FOR SUCCESS...

1. All things are not equal. "Learn to establish priorities," Laine explained. "Everything is not equal." Whether delivering long-term results to shareholders, building brands, or investing in our communities, there will always be a multitude of issues. Understand what is truly important at any given time and learn to effectively prioritize.

2. Focus! Whatever your objective, set specific goals. "Focus on accomplishing what you have established as goals," Laine said. Don't get distracted or lose sight of what you're trying to achieve. Stay laser-focused!

3. What's your process? Laine recommends that all decision-making — in business and in life — should be handled in the same way. "Have a set format for making decisions. Put together a decision-making process that you always use, no matter how big or small the decision may be," Laine explained. His process is to rank weighted benefits of every decision he makes.

4. Remember the Golden Rule. "Always remember the people part of life. Treat them the way you would like to be treated," Laine said. At Smucker's, Laine learned that everyone should be encouraged to reach their potential. The highest quality people produce the highest results and should be treated ethically.

5. Nothing to fear. "Don't be afraid to make a mistake," Laine stated. "There may be something there in an idea or concept. Give it a chance, keep your options open and give it consideration." He explained that it might lead to innovation leading to the development of new products and new markets or the discovery of new capabilities. *LL*

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Life-lengthening health tips for your pet

STORY BY KRISTIN CASTNER + PHOTOGRAPHY BY ANNE



It was one of the most heart-breaking moments of my life. Away from home for a long weekend, we woke up to an early morning call from our dog-sitter. Something terrible had happened. Irie *(pronounced eye-ree)*, our 9-year old Cavalier King Charles Spaniel, had died in her sleep. I fell to the floor in tears as I tried to comprehend what I was hearing. My heart broke into a million pieces. It wasn't just that she was gone, but that it was so sudden, and I wasn't there by her side in her final moments.

How could this have happened? She was fine when we left – wasn't she? I loved that dog more than life itself. How did I not know something was wrong?

Irie's name came from the Jamaican phrase "everything is irie," which translates to "everything's good." But everything wasn't good. She left us after just nine years. Her sister, Marley, died two years earlier at the age of 8. The average lifespan of this breed is 9.75 years. We were doing something wrong in raising our pups. And I made it a priority to change that for our future fur babies.

Kristin Castner *is a certified health and lifestyle coach. She teaches women who feel bloated, tired and out of balance how to improve their health and experience more energy, mental clarity and confidence, without adding to their already full plate. kristincastner.com.*

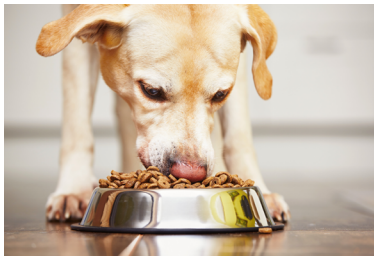


GONE BUT NOT FORGOTTEN
Above: Kristin Castner with her King Charles Spaniel, Ziggy. Left: Irie passed away in her sleep at the age of 9.



It starts with food

It's absolutely the case with humans, so why wouldn't it be the case with our pets? Food can be medicine or it can be poison. Most dog food and treats are highly processed, full of preservatives and fillers, high in calories and lacking in nutrition. I look back at pictures of Irie now and realize that she was probably double the size she should have been. Tiki and Ziggy, our current pups, are fed a human-grade diet of beef, sweet potatoes, peas and rosemary. Their food and treats get delivered every other week from Ollie (myollie.com). Since putting Tiki on this diet, she has lost weight and nearly stopped snoring. Even better, she runs around like a puppy again. Think about what you spend each month on pet food, treats and vet bills. If it's more than $50, seriously consider looking into human-grade food alternatives. There are many options available both locally and online.





8 THINGS YOU CAN DO TO KEEP YOUR PET HEALTHY

*1. Keep your pet at a **healthy weight**.*

*2. **Exercise** your pet.*

*3. Feed your pet a balanced, **nutritious diet**.*

*4. Have your veterinarian **examine your pet** at least once a year to make sure your pet is healthy and to help detect problems earlier.*

*5. **Vaccinate** your pet against potentially deadly diseases such as distemper, parvo, panleukopenia and rabies.*

*6. Keep your pet **free of parasites** (fleas and ticks, heartworm, etc.). Consult your veterinarian for the best product for your pet.*

*7. **Spay or neuter** your pet.*

SOURCE: AMERICAN VETERINARY MEDICAL ASSOCIATION

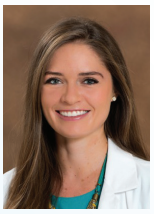
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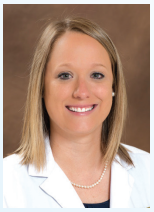
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ALL EARS
Castner is shown with her King Charles Spaniel, Tiki. Since 2000, the breed has grown in popularity and ranks as the 19th most popular pure-breed in the United States.

Know your pet's business



You can tell a lot about a dog's health by paying attention to what's happening at potty time. In New York, we had a fenced yard, so as long as the pups weren't having accidents in the house, we just assumed everything was "irie." Since we don't have a fenced yard here, Tiki and Ziggy only go out on a leash. I know their potty routines, including how often they go, what it looks like, and whether they are having trouble eliminating. Peeing more than usual? Could be a sign of a UTI. Having trouble pooping? Maybe they need to be getting more water. Eating habits and bowel movements are some of the first things a vet will want to know about if you bring your pet in for an issue. Walk them at potty time. It will keep you involved in your pet's potty habits and give everyone a little exercise!



Get to the root

In our current healthcare system, treating symptoms instead of the root cause is common, and costly. A perfect example of this is taking high blood pressure or cholesterol pills for life without ever changing your diet. Watch for this same costly mistake with your pets. For years, we invested in antihistamine pills for our dogs to treat seasonal allergies that would flare up so badly it would keep all of us up at night. It all changed when we started adding an Omega-3 supplement to their diet. Eventually, we no longer needed the antihistamines because their skin was so much improved from these beneficial fatty acids. When your pet develops an issue, make sure you are asking about what caused it, and talk to your vet about how to treat the cause. It's fine to treat the symptoms while you are figuring it all out. But you'll save money and your pet will be better off if you take the time to get to the root of it.

Losing Irie hurts my heart to this day, but I can also recognize the gift that it was for all of us. Without our health, we have nothing, and this goes for our pets, too. *LL*

LONG LIVE PETS

We all wish our pets could live forever. While this dream is elusive (until we discover the Fountain of Youth) we can still help our pets live longer and more fulfilling lives by following a few basic steps.

FOR DOGS: *Train them*

Training your dog isn't just to improve their behavior in social situations or to make them work for their snacks. It can also be life-saving. Training your dog to listen and come on command can save them from running into the road after a squirrel or being attacked by a wild animal. With a little bit of effort, you can train your dog and ensure that they don't engage in behaviors that could endanger their life.

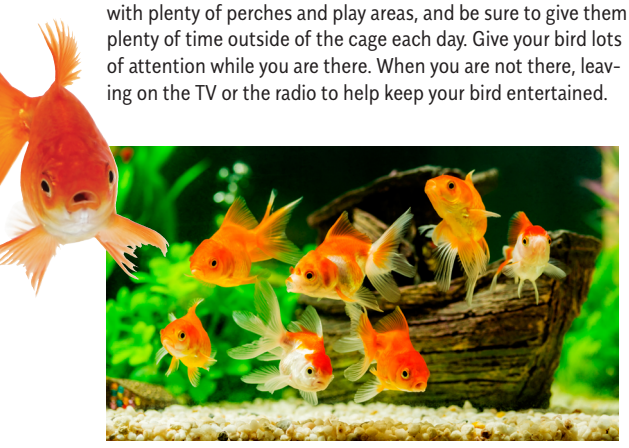


FOR CATS: *Keep them indoors*

Indoor cats tend to have a much longer lifespan than outdoor ones, simply because they encounter fewer life-threatening dangers. Outdoor cats are exposed to a whole host of risks, including other animals, the elements, potentially harmful diseases, and fast-moving vehicles. Keeping your cat indoors can help them avoid these dangers and extend their life.

FOR BIRDS: *Buy a bigger cage*

To give your pretty bird the longest lifespan, purchase the biggest cage you can afford and fit into the room. Fill the cage with plenty of perches and play areas, and be sure to give them plenty of time outside of the cage each day. Give your bird lots of attention while you are there. When you are not there, leaving on the TV or the radio to help keep your bird entertained.



FOR FISH: *Replace aquarium water*

To keep your fish feeling its best, change 25 percent of your aquarium water at least once a month. Use a gravel vacuum to siphon out water and debris. Buy a pH test kit and use it to check the pH level. Freshwater fish thrive when the pH level is between 6.6 and 7.8, depending on species.



KENT WOO, MD
Total Joint Specialist

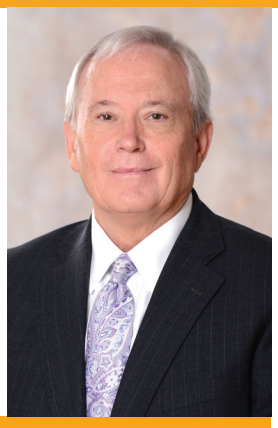
Dr. Kent Woo has been seeing patients in the Bluffton area for over 20 years. He has now expanded his practice to include the Optim Orthopedics clinic on Hilton Head Island.

As a board certified, fellowship trained total joint specialist, Dr. Woo focuses on treating joint disorders, conditions, and injuries utilizing the most advanced surgical and non-surgical treatments available.

Dr. Woo specializes in Hip & Knee:
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- Outpatient Arthroplasty
- Minimally Invasive Arthroplasty
- Computer Assisted Surgery

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Bill Clark practices in the fields of family law, personal injury, medical malpractice, construction litigation and civil litigation. He earned his Juris Doctor from the University of South Carolina and was admitted to the South Carolina Bar in 1974.

He is a member of the National Trial Lawyers Association, graduate and Fellow of the National Litigation Academy, member of the Multi-Million Dollar Advocates Forum, Christian Legal Society, SC Association for Justice, American Society of Legal Advocates and the Beaufort County Bar Association.

Bill is admitted to practice before the District Court for the Fourth Circuit and U.S. Supreme Court, among his many outstanding credentials.

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DETAILS FIRST The eye-catching custom fireplace wall and oyster-shell chandelier are just a few of the inspired details around which this stunning home was built.



The little things

SMALL DETAILS OF ARCHITECTURAL INTRIGUE AND SUBTLE ADDITIONS FOR LIVABILITY ADD UP TO A DISTINCTIVE AND BEAUTIFUL PALMETTO BLUFF HOME.

STORY BY BARRY KAUFMAN + PHOTOS BY BRYAN STOVALL

Before you even set foot in the Palmetto Bluff home of Skip and Ann Walker, you're given the impression that something decidedly different awaits within. From the shaker shingle siding to the towering arch of the rounded entryway, it's clear that the typical Lowcountry rulebook was left unused. Or if it was, the Walkers jotted plenty of notes in the margins.

"They had wanted it to be really unique and interesting, which is why you see things like the curved roof on the front porch," said Craig Thomas of CS Construction. "They wanted it to be Lowcountry but not look the same as every other house."

That ethos carries splendidly inside, where the basic tenets of Lowcountry construction – open kitchen leading to a back kitchen, wide screened-in porch, elements of oyster shell and shiplap – are gleefully tweaked, detail by detail, to create something new.

Start with that kitchen, where a few high-tech upgrades have pumped up functionality in a beautiful kitchen boasting paneled appliances. There's the columned refrigeration, where a fridge and freezer conceal themselves behind paneling, while the wine cooler adds visual impact and utility. "There's been a move toward columns in refrigeration," said Brantley King of Billy Wood Appliance. "That gives you a lot of leeway in terms of design. Architects love it."



But two of the appliances in particular rank among Skip's favorites – the built-in coffee maker and the steam oven. "I use it all the time," he said of the Miele built-in coffee maker. "It's so simple. All you have to do is press a button and read the instructions."

As for the steam oven, Walker has been handling the learning curve of the new technology with ease, cooking up whole chickens to crispy, juicy perfection. "It's probably the wave of the future." The steam oven is concealed in the back kitchen, an architectural





NOW YOU'RE COOKING
The kitchen is a masterclass of form and function, with state-of-the-art appliances playing a vital role in the look of the space.









EN PLEIN AIR
The lanai is one of the most architecturally unique areas of the home, with its cupola and nearly 270 degree views.











FIRST IMPRESSIONS
The Walkers were clear from the start they wanted a distinctive front porch, and the curved lines and sense of scale make a bold statement.

element the Walkers are experiencing for the first time but one they've come to love.

Another Lowcountry element that's been beautifully remixed is the rear lanai, overlooking sparkling lagoon waters. Rather than an add-on to the main house, the lanai exudes its own character with ceilings that soar toward a rounded roof topped with a cupola.

"We wanted something with a livable porch," said Skip. "Something we could comfortably live in."

"I love that back porch," said Thomas. "The big sliders that open up to the porch give a nice flow from the great room to the porch. It really lets you expand the space."

Among these highlights to the home are all the small details that make it stand out. The fireplace wall, adapted from a design for a room divider. The gallery hallway, where transom windows match the curve of a barrel ceiling. The master suite, inclusive of its own private den with a ceiling of pecky cypress. The built-in sauna and adjacent outdoor shower, for hot and cold running comfort. The stunning oyster chandelier in the great room ("We were looking at houses when I saw that," said Ann. "I said, 'I don't care what we do around it, I have to have that.'")

"They wanted it to be Lowcountry but not look the same as every other house."

Each of them was a fresh scribble in the margins of the typical Lowcountry rulebook. And among those gathered notes and exceptions to the rule, the result in a home that's as refreshingly different as it is lavishly livable. LL

The home team

Builder CS Thomas Construction + **Appliances** Billy Wood Appliance + **Architect** Court Atkins + **Plumbing fixtures** Ferguson + **Interior Design** Kelly Caron Designs + **Counters** Kelca Counters + **Cabinets** Wilson Cabinetry **Flooring** Rick Bent Flooring + **Tile** Savannah Surfaces + **Windows** Coastal Sash and Door

Get the look of this featured home

Appliances might be the most important aspect of your kitchen. If you're looking to upgrade your space, here are three functional and stylish suggestions from Brantley King of Billy Wood Appliance.



MIELE WHOLE BEACH COFFEE SYSTEM
Perfect for coffee addicts and aficionados. The one-touch function produces two hot drinks simultaneously. You can program custom blends, giving each coffee lover in the house its own profile. *Available through Billy Wood Appliance. $3,699.*



SUB ZERO INTEGRATED WINE STORAGE
Two independent temperature zones hold reds and whites at proper serving temperature. Dual evaporators offer constant, moderate humidity so corks don't dry out. The bronze-tinted, UV-resistant glass protects against light exposure. Racks accommodate 750 ml bottles, half-bottles and magnums. *Available through Billy Wood Appliance. $6,289.*



WOLF M SERIES CONVECTION STEAM OVEN
This smart oven makes meals easy with 10 cooking modes. It offers full steam for sous vide and flaky, crispy crusts. Gourmet mode adjusts time, temperature and humidity for perfect results. *Available through Billy Wood Appliance. $4,949.*

Five ideas for your home

MINOR ENHANCEMENTS & UPGRADES THAT MAKE A MAJOR DIFFERENCE.

SECRETS TO STEAL FROM OUR FEATURED HOME

1. UPGRADE YOUR APPLIANCES
Sometimes a new appliance just adds a shiny new touch to your kitchen. The appliances chosen by the Walkers add a slew of functionality, whether it's one-touch coffee in the morning, perfectly steam-cooked dinners or refrigeration that adapts to the kitchen's design.

2. BRING THE OUTSIDE IN
The Walkers incorporated their beautiful Lowcountry surroundings into their home with artwork of local landscapes and wildlife. The stunning oyster chandelier (photo 5) added instant charm to the great room.

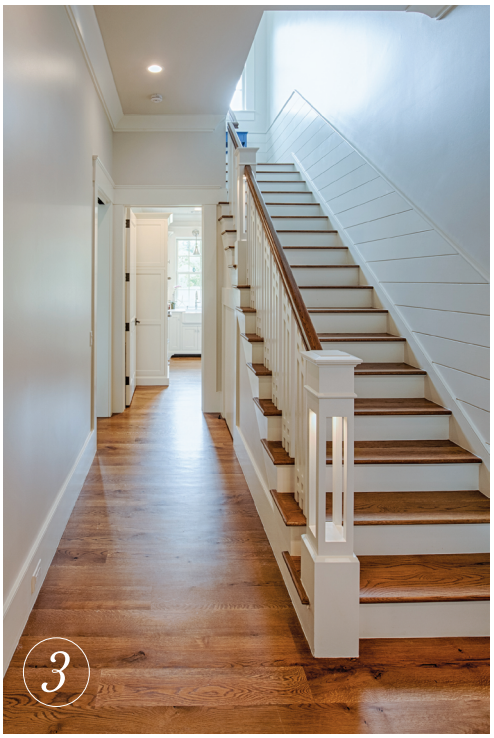
3. GET CREATIVE WITH THE LIGHTING
In a home rich with intriguing details, the built-in lighting running up the staircase banister is among the Walkers' favorites. "They're great as nightlights, but they also give the stairs some character," said Anne.

4. MAKE ROOM FOR THE FURRY FAMILY
"We're crazy about our pups, so they have their own suite," said Skip. Their dogs, Rudder and Sailor, enjoy the comforts of a set of built-in kennels and a grooming station with tub in a modest space that otherwise would have gone underutilized.

5. ADAPT YOUR INSPIRATION
Many of the elements in the home came from Anne's collection of clippings from various magazines. The fireplace wall with its rounded windows at the corners required some serious adaptation, but it resulted in one of the home's signature elements. "In the home featured in the magazine, this was used as a divider between a living room and a dining room. Since we didn't have a dining room on the other side, we asked for windows," said Anne. The windows are functional as well, providing the space with more natural light.











ART THAT ELEVATES



Featured Artist | Louanne LaRoche *"Bluffton Oysters"*

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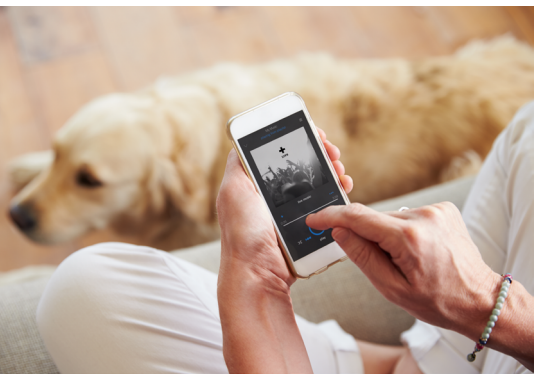
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HOME TECH

Home tech is going to the dogs

We hope you saw all the cool tech toys on our Hot Tech page ***(page 20)***. There are even more ways you can use technology to make life easier and more enjoyable for you and your pet.



Music can make a difference

The American Kennel Club (akc.org) published an article that cites a few sources who do believe that dogs like listening to music. According to one psychologist's study, dogs listening to pop music did not seem to have any type of reaction. The heavy-metal tunes prompted barking and agitation, and the classical music seemed to have a calming effect. "It is well established that music can influence our moods," psychologist Deborah Wells summarized. "Classical music, for example, can help to reduce levels of stress, whilst grunge music can promote hostility, sadness, tension and fatigue."

Spotify®

Let me entertain you

According to National Geographic, domestic dogs perceive images on television similarly to the way we do, and they are intelligent enough to recognize onscreen images of animals as they would in real life — even animals they've never seen before — and to recognize TV dog sounds, like barking. Every dog responds to television differently so try it out at home. If you are a Hargray customer, National Geographic on Channel 40 (HD 481) or Animal Planet on Channel 32 (HD 450) are good places to start.

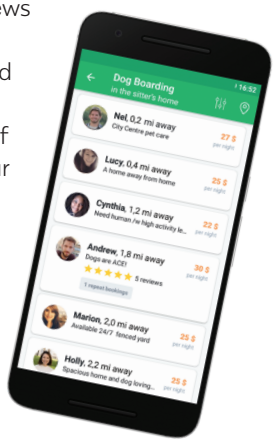
HARGRAY

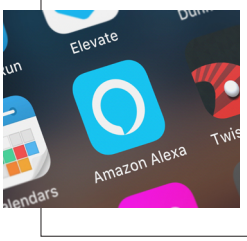
ANIMAL PLANET

Rover®

There's an app for that

Rover.com is a helpful site and app to find in-home services from a drop-in visit to booking someone to stay in your home. The app provides reviews and qualifications as well as a guarantee and insurance. Of course, old school still works. If you want to board your dog or cat in a hotel-like suite for pets, the LOCAL Life mascot, Dolly the Beach Berner, loves her stays at Evergreen Pet Lodge.





TECH TIP JUST ASK ALEXA

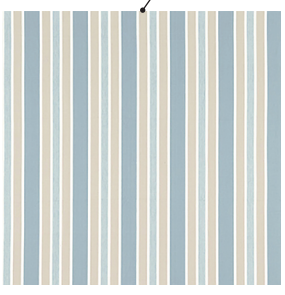
Beginner: In the Alexa app menu, select Skills and Games. Click the magnifying glass and search for "Comfort My Dog" and enable that skill. Now you can simply say, "Alexa, launch Relax My Dog."

More Advanced: Link Alexa to your Spotify account and Sonos in Alexa's Skills. If you have a camera at home, link that too. Then use your Alexa app to turn on the music and maybe you will see your fur baby dance.

Conversation starters

CREATE A RELAXING AND STYLISH SITTING ROOM WITH THESE SUGGESTIONS FROM PLANTATION INTERIORS.





Pillow talk
Accent pillows introduce pattern.



You grow girl
Add life to your space with the use of plants.



Blanket fever
Throws are a great accessory for adding a layer of warmth and color.



Feeling blue
Painting the ceiling sky blue brings the outdoors in.



Come to light
Play with light using candles and floor lamps.

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Create the ultimate holiday centerpiece



LOCAL DESIGN EXPERT NICHOLAS ASKEW SHARES HIS METHOD FOR MAKING EYE-CATCHING AND INEXPENSIVE ARRANGEMENTS.

A unique centerpiece will impress your friends and family, and add a touch of sophistication to your next holiday gathering. For tips on how to create a beautiful arrangement, we reached out to celebrated Lowcountry designer Nicholas Askew, who specializes in garden design and handcrafted Southern arrangements using cotton grown on his fourth-generation family farm.

"All of the products were grown on the family farm and all the decor you see are my #thriftfabulous finds from Hilton Head Island," Askew said. "Since I'm addicted to blue and white, I gave the farmhouse dining room a little chinoiserie meets farm-to-table feeling." ***Create your own masterpiece using these four steps:***







Easy centerpieces for Thanksgiving or fall parties

Materials and tools needed: *Southern magnolia, cotton, Miscanthus grass, pruning shears, turkey feathers, zip ties, wire and a metal centerpiece form.*

STEP 1: Bundle the Southern magnolia, cotton and Miscanthus grass using a zip tie. Repeat this step until you have reached the desired length for your centerpiece. I chose these three different foliages because they are Southern, farm-grown and festive for Thanksgiving.

STEP 2: Using your metal centerpiece form, attach the bundles using zip ties or wire. In the pictures shown, I used zip ties and my wreath clamp machine, which simply clamps the wreath rings together. Most people do not have a wreath clamp machine, so zip ties or wire is just fine.

STEP 3: Using floral glue, gently glue turkey feathers into the centerpiece. I love using turkey feathers because they add a pop of color and texture.

STEP 4: Carefully add LED battery lights into the centerpiece. Make sure you tuck the wire deep down into the centerpiece so the string cannot be seen. By adding lights, it sets the mood for any dinner party or special occasion. I recommend buying the same color string lights as your foliage so you can camouflage the string of lights.



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The Gentle Gardener

PLEASE DON'T EAT THE DAISIES (OR THE CHRYSANTHEMUM, OR THE SAGO PALM, OR THE OLEANDER)

When my husband and I were first married, a mutual friend asked us to watch his pet beagle "Pete" while he went out of town. We both said "Sure!" thinking, "how hard can this be?" We were clueless. We came home from work the first night to discover that "Pete" had eaten our brand-new white sofa. Upon hearing our arrival, he sat proudly regarding his handiwork with stuffing, feather and foam stuck to his head and paws. All of a sudden, it was my friend and his dog. You think we'd learn.

Several years later, another mutual friend asked us to watch his puppy. Enough time had passed that we were eager to redeem ourselves. So naturally, we said, "What the heck, how hard can it be?" We returned home from work the first night and all was well with the world. The puppy was delighted to see us and actually peed on command. "See?" we told ourselves. "We've got this!"

The second night we came home to discover that the puppy had eaten our carpet. We were renting at the time and saving every penny for our first home. I guess not surprisingly in hindsight, the landlord was actually thrilled to be the beneficiary of brand-new carpeting. Once again, it was my friend and his @#!$ dog. You think we'd learn.

Luckily, neither of these events were actually life threatening to the pets in question. However, things could have taken a much more deadly turn had these four-legged beasts of burden decided to chomp their way through the garden. Therefore, I thought it advisable to provide y'all with a handy reference ***list of plants to be avoided*** if you have pets that like to teeth on plants from the most toxic to the least serious. *LL*





AVOID THESE PLANTS



Plants that can be lethal if ingested:
Sago palms, *Azaleas, Oleander, Cyclamens, Delphinium, Lantana, Foxglove, Larkspur, Mistletoe, Dieffenbachia, Cala Lily, Carnation, Chrysanthemums, Daisies, Gladiolas, Hydrangea, Tulip*



Plants that can cause organ damage if ingested:
Cardboard palm, ***Juniper****, Crocus*



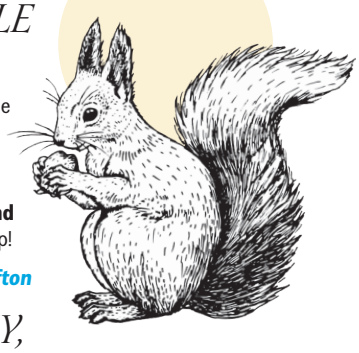
Plants that can cause upset stomachs if ingested (vomiting and diarrhea, which is lethal to carpeting and furniture – take my word for it):
Boxwood, ***English Ivy****, Holly, Kalanchoe, Poinsettia, Pothos Ivy, Schefflera*



Plants that can cause dermatitis (skin rashes) upon contact:
Agapanthus, Cactus, ***Chrysanthemums****, Ficus, Poison Ivy, Poison Oak, Pothos Ivy, Primerose, Schefflera, Sumac*

Ask & Answer

DEAR GENTLE GARDENER,



We've just moved into the area. I love to feed the birds but was warned by neighbors that **feeders can attract squirrels and worse** — marsh rats. Help!

— Bird Crazy in Bluffton

DEAR CRAZY,

Feeders can indeed attract marsh rats that have been known to infest attics. If you are adamant about placing feeders around your yard, consider hummingbird feeders which won't leave any debris on the ground. There are also numerous plants that produce beneficial berries and nectar for birds. Your local garden center can help you decide which ones are right for you.

Got a question for the Gentle Gardener? Email info@wearelocallife.com



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style



Adopted!
***Madge**, a beautiful 8 month old, 56-pound black shepherd mix was adopted the day after this photo was taken.*

↑ Available at **THE BACK DOOR** + Available at **PALMETTOES** ↗ + Available at **GIGI'S BOUTIQUE** and **ISLAND CHILD** →

Unleash your wild side.



Adopted!
Chicken *was adopted by model Lily Perez following this photo shoot.*



Adopt me
Libby *is a 4 month old calico. She is super playful and has a great personality.*

There was no better fit than the Beaufort County Animal Campus to capture our fashion shoot for this pet-friendly issue. We hope it not only inspires your wardrobe but maybe your heart, too. There's lots of kitties, cats, puppies and dogs that could use a forever home and the Beaufort County Animal Campus has a great selection. One of our models, Lily, even took home a kitty after the unconditional love it showed her throughout the fashion shoot. After all, they do say we don't pick our pets, but our pets choose us. LOCAL Life stylist Roxanne Gilleland was on the prowl as she scoured the racks of local shops and boutiques to find these perfect pet-inspired pieces. You don't have to compromise on style, comfort or trendy looks with this glamorous fashion (and yes, they are all faux).



↑ Available at **COCOON** and **KNICKERS** + Available at **OUTSIDE HILTON HEAD** →

House dog

Norma is a 10 year old, 54 pound boxer mix that is not available. She is too busy making decisions under Franny's desk.



Tom Beckbe hat
Available at Knickers

Finishing touches

Enhance your November look with these stylish and functional accessories.



Dupatta scarf
Available at Outside Hilton Head



Sondra Roberts bag
Available at The Back Door



Huma Blanco boots
Available at Shop!



Credits

PHOTOGRAPHY
Lisa Staff

STYLIST
Roxanne Gilleland

MODELS
Megan Evegan
Roselai Altizer (baby)
Lily Perez
Whitley Deputy

HAIR
Megan Evegan
Owner of Hair & so on...

MAKEUP
Wink: Denise Cardenas
(Lily's makeup only)

LOCATION
Beaufort County Animal Campus / Hilton Head Humane Association

Adopt me

***Bryce** is an 8 month old, 32 pound hound mix that is friendly and has lots of energy.*

Available at **SHOP!**



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Hole #18

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These boots are made for walkin'

The first hint of crisp November air signals us to dust off our boots and incorporate them into our wardrobe. Here are a few great boots available at local shops and boutiques.
Git along little dogies!



Available at The Haven Boutique





Available at Knickers



Available at SHOP!



Available at The Back Door



Available at Palmettoes



Available at Gigi's Boutique



Available at Outside Hilton Head

How to keep your kicks clean!

4 TIPS TO KEEP YOUR BOOTS LOOKING GOOD AND LASTING LONGER



1. PICK COTTON
Blisters got you down? Heavy wool socks tend to absorb moisture underneath your fall boots and promote blisters. Opt for a light cotton sock instead.

2. SQUEAK BYE
Don't get noticed for your noisy boots. If your new pair won't stop squeaking, take a fine grain sandpaper and rub it against the soles to roughen the rubber and silence your squeaky soles.

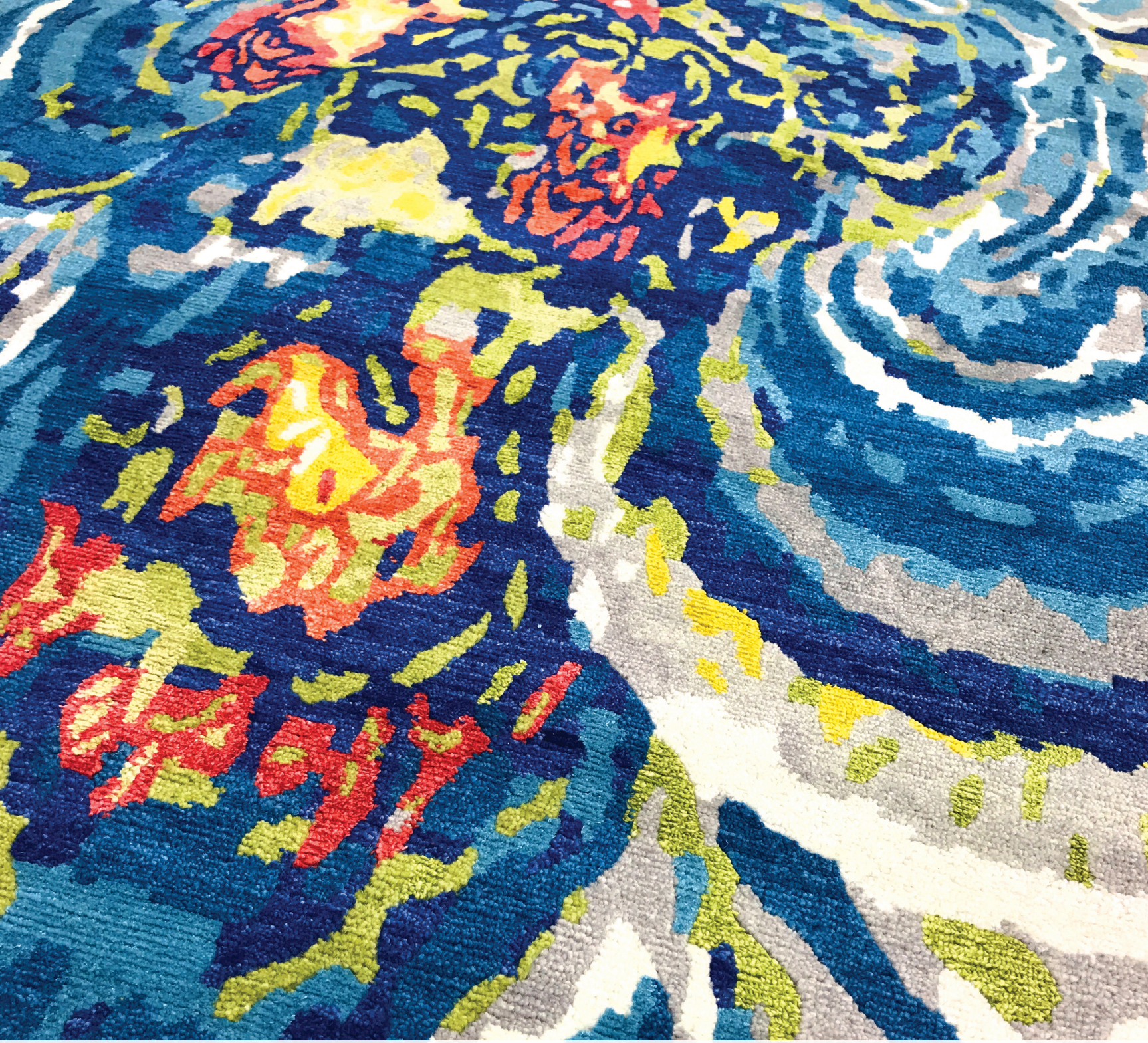




3. EASILY SUEDE
Let us per-suede you to take good care of your suede boots. It's all about having the right products. Using a suede eraser gets rid of shiny spots after the fabric has been faded down and then using a suede brush will rebuff the suede and remove dirt.

4. RISE AND SHINE
Just like you need conditioner to keep your hair silky smooth, you should use a leather conditioner to moisturize your leather boots. Try ***Trask Buffalo Butter***, this product will keep your leather shining for many fall seasons to come. *Available at Knickers.*



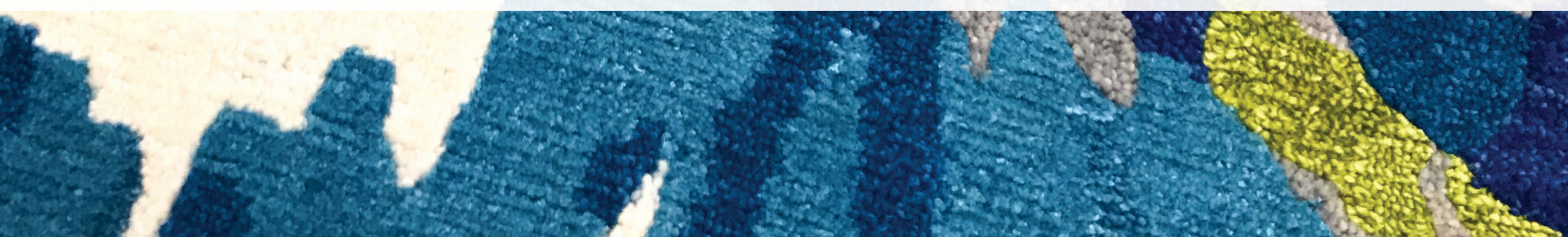


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his

LOCAL Life is providing "him" with lots to be thankful for this Thanksgiving. **Check out these local November must-haves.**



BUFFS

Work off the holiday stuffing while looking stylish in one of Outside's Buffs. With the weather cooling down, it's a great time for outdoor activities and the Buffs will keep you looking and feeling cool.

Available at Outside Hilton Head.



BOWTIE

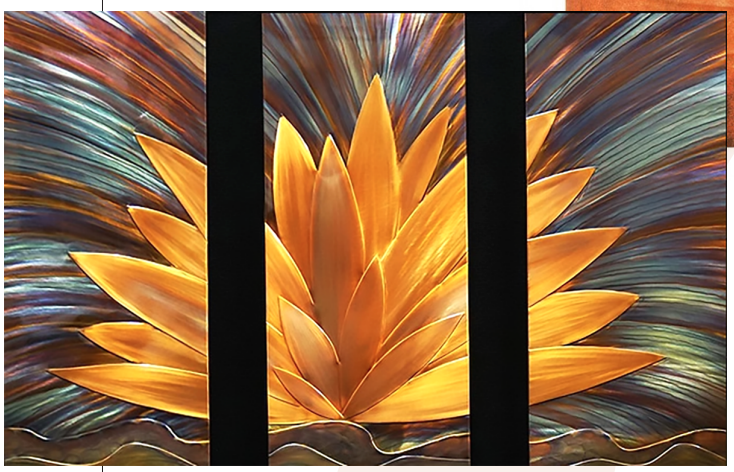
Show up to Thanksgiving dinner looking sharp! This bow tie is the ultimate holiday accessory with fantastic color, print and texture.

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COPPER PAINTING

This 3-piece copper art design will bring warmth to any space. The fall color pallet and creative shape will be sure to be a talking point at your next dinner party.

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WILD TURKEY BOURBON WHISKEY

Kick off your Thanksgiving holidays with a turkey twist. Enjoy a glass of Wild Turkey Bourbon as the perfect start to the long weekend. Great for guests with a holiday cocktail.

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TISPY LEMON OLIVES

Hosting made easy! These gourmet olives are infused with gin, making them a unique appetizer. Take your dinner parties to the next level.

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COURTLY CHECK ROASTING PAN WITH RACK

Don't stress over cooking the turkey this Thanksgiving. This item by MacKenzie-Childs simplifies cooking by combining your pan with a rack.

Available at Forsythe Jewelers.







TURKEY WISHBONE CHOCOLATE

Your wish is our command. Satisfy your sweet tooth with this Thanksgiving-themed chocolate wishbone. This treat is perfect for chocolate lovers of all ages.

Available at Chocolate Canopy.

hers

Check out this amazing list of products for "her" to help you **pull off your best Thanksgiving yet.**



COCKTAIL NAPKINS

Perfect for the Thanksgiving holiday season. These cute cocktail napkins are sure to lighten and brighten your table.

Available at Pretty Papers.



THANKSGIVING CARDS

These beautiful cards are the perfect way to say "Happy Thanksgiving" to your friends and family. The colorful, floral designs your loved ones will be thankful for.

Available at Coastal Treasures.



LAURA ZINDEL DOUBLE ACORN OVAL PLATTER

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NORA FLEMING SERVEWARE WITH PUMPKIN SPICE MINI

Freshly baked bread never tasted so good. The interchangeable Nora Fleming minis allow you to use the same Nora Fleming platter year round and just change out the mini for each season or holiday.

Available at Gifted.

COURTLY HARLEQUIN PUMPKIN

Harvest your style. The Courtly Harlequin pumpkin is a fantastic decorative piece to take any space from summer to fall. The pumpkin is available in mini, small, medium and small squashed for $42-$92.

Available at Forsythe Jewelers.

FALL PILLOWCASES

Fall is the perfect season to change up your home decor and what better way to start than with some new pillows? These handcrafted throw pillows will add a fall feel to any room.

Available at Lowcountry Mercantile.







PIE PROVISIONS

Grab a slice. Pie provisions is a company that provides the ingredients and instructions for people to make delicious pies in the comfort of their own home. Try a variety of flavors, including ginger peach and bourbon pecan.

Available at The Spirited Hand





Taste of the Season

FORTY LOCAL CHEFS WILL SERVE UP THEIR SIGNATURE DISHES AND NEW RECIPES AT THIS ANNUAL HOLIDAY PARTY CIRCUIT SEASON KICKOFF



There's a new generation of restaurants and chefs here as the Lowcountry has changed and grown over the past 30 years. But there's been one constant event that has showcased the local culinary scene: Taste of the Season.

The 30th annual event sponsored by the Hilton Head Island-Bluffton Chamber of Commerce will kick off the holiday party circuit at 6 p.m. Friday, Dec. 6, at the Marriott Hilton Head Resort & Spa. Attendees can enjoy the best of Lowcountry cuisine from area chefs, who will be serving their signature dishes and trying out new recipes, as well as wine, craft cocktails and beer. The silent auction boasts unique holiday gifts or get-aways to some of the country's most notable hotels and resort destinations.

For those looking for a full night of indulgence, VIP tickets will get them early access to the event as well as lounge seating, private catering, open bar until 7 p.m., and complimentary valet parking.

PURCHASE TICKETS ONLINE

When: 6 p.m., Friday, Dec. 6
Where: Marriott Hilton Head Resort & Spa
Tickets: $65, VIP $125. The only place to purchase tickets is online at hiltonheadisland.org/taste.
For information: Visit the Hilton Head Island-Bluffton Chamber of Commerce website at hiltonheadblufftonchamber.org or call 843-785-3673.

A taste of Taste

To get your taste buds ready for Taste of the Season, we asked a few local chefs to share examples of the holiday fare they will be serving at the Dec. 6 event, along with the recipe they use to make it. These sides and salads are sure to please even the pickiest of palettes and will definitely add some pizzazz to your pre-holiday feast.



SERG TAKEOUT KITCHEN

Baked Brie En Croute with Apricot Preserves & Roasted Almonds



INGREDIENTS

1 (4.4 ounces) brie round
1/4 cup sliced dried apricots
1/4 cup sweetened dried cranberries
*1/4 cup toasted **sliced almonds***
1/2 cup apricot preserves
1 sheet puff pastry
1 egg
1 tablespoon water

DIRECTIONS [1] Heat oven to 375 degrees. **[2]** Pull out puff pastry and allow to thaw until pliable, about 15–20 minutes. **[3]** Meanwhile, combine the egg and water to make egg wash. **[4]** In a separate bowl, combine the apricots, almonds, dried cranberries and apricot preserves. Set aside. **[5]** Lay pastry on floured board. Cut off the triangle edges on the side of the dough. Save to make design for the top of the brie. Egg wash the edges of the dough. **[6]** Scoop apricot mixture in the middle of the puff pastry sheet, flip over brie on top of the mixture. Fold in the dough to completely cover the brie, egg washing the sides as you fold in the dough. Egg wash entire loaf. **[7]** To give the brie a more holiday look, cut extra pastry into poinsettia leaves, stocking or bell shapes and place on top before baking brie to golden brown, approximately 20 minutes.

- Recipe by Andy Borgmeier, chef at SERG Takeout Kitchen

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5 TIPS ON GETTING THE MOST FROM YOUR TASTE OF THE SEASON EXPERIENCE

1. Don't go it alone: Grab your significant other and a few friends to enjoy the night with. You'll need an extra set of hands anyway to hold your drink while you are tasting dishes.

2. Come hungry: There will be more than 40 restaurants serving up samples of their very best dishes, as well as spirits, wine and beer (you can always go back for seconds). Check out the Taste of the Season website (www.hiltonheadisland.org/taste) to see which restaurants will be there.

3. Take your time: Taste of the Season is your chance to meet the chefs and staff at these restaurants. Talk to them about their dishes and their business. You'll also vote for the "People's Choice Award." Choose wisely.

4. Make a night of it: VIP access will get you early access, an open bar until 7 p.m., private catering, lounge seating and complimentary valet parking.

5. Bid early: When you purchase tickets (hiltonheadisland.org/taste), you'll be prompted to create a login in Bidpal.com. That's the website you'll use to bid on the silent auction, which will open a few days before Taste of the Season. Get an early look at what's up for grabs and start bidding. Last year's high-bid items included "Choose Your Trip" With JetBlue, a year of treatments at Namaste Spa and a four-night stay at a Marriott Vacation Club of your choice.

THE COTTAGE

Pistachio Cake

INGREDIENTS (cake)

2 1/2 cups sifted cake flour
1 tablespoon baking powder
1 teaspoon salt
1 cup (2 sticks) unsalted butter at room temperature
2 cups sugar
4 large eggs
3 teaspoons vanilla
1 cup sour cream
1/2 cup pistachio paste
1/2 cup pistachio nuts, finely chopped; if at all possible, use unsalted pistachios in this recipe.
*Cream cheese, whipped white chocolate ganache or **buttercream frosting** (recipe below)*

DIRECTIONS (cake) [1] Heat oven to 350 degrees. Spray and line three 8 x 2-inch cake pans with parchment. **[2]** Sift together the flour, baking powder and salt, set aside. **[3]** Cream the butter in a large bowl with an electric mixer until fluffy and light in color, about 2 minutes on medium speed. **[4]** Add the sugar and continue to mix until fluffy and light. **[5]** Add the eggs, one at a time, being sure each is well mixed before adding the next one. **[6]** Add vanilla. **[7]** Reduce the mixer speed to low and add the dry ingredients alternating with sour cream. **[8]** Add pistachio paste and nuts and mix just until blended. **[9]** Pour batter into prepared pans on counter 4 to 5 times. **[10]** Bake 30-40 minutes or until toothpick comes out clean. The top should be browned or, in this case, "greened."

INGREDIENTS (buttercream frosting)

3/4 cup granulated sugar
1/2 cup boiling water
1/4 cup meringue powder
1 teaspoon vanilla extract
1 teaspoon almond extract (for pistachio buttercream frosting, substitute 1/4 teaspoon pistachio paste for almond extract)
4 cups sifted confectioners' sugar
2 cups softened, unsalted butter

DIRECTIONS (buttercream frosting) [1] Dissolve the sugar in the boiling water and cool to room temperature. **[2]** Mix in the meringue powder. Use a mixer to beat on slow for several minutes until the powder is dissolved and mixture is foamy. **[3]** Increase the speed and beat until soft peaks form. **[4]** Beat in the vanilla, then the confectioners' sugar. **[5]** Add the butter, a few tablespoons at a time, beating well after each addition. This will provide enough frosting for your pistachio cake.

— Recipe by Leslie Rohland of The Cottage Café, Bakery & Tea Room



THE PEARL

Tuna Poke

INGREDIENTS



*2 ounces **pineapple**, diced*
Sesame oil
1/4 cup brown sugar
Sesame seeds
1 tablespoon soy sauce
3 ounces bigeye tuna, diced
1/2 avocado, diced
1 teaspoon ponzu sauce
Sliced radishes (garnish)
Micro cilantro (garnish)

DIRECTIONS [1] Sauté diced pineapple with sesame oil, 1/4 cup brown sugar, sesame seeds and soy, then chill. **[2]** Mix all ingredients into a bowl. Serve over wonton chips. Garnish with sliced radishes and micro cilantro.

— Recipe by Nate Clepper, executive chef at The Pearl Kitchen & Bar



HEALTHY HABIT

Apple Cranberry Quinoa Salad with Crumbled Bleu Cheese and Toasted Almonds

INGREDIENTS



1 medium red apple (honeycrisp, fuji, gala all work great), medium diced
*1/4 cup **dried cranberries***
3 cups quinoa, cooked
1/4 cup blue cheese, crumbled
1/4 cup slivered almonds, toasted
1 clove garlic, minced
1/4 cup parsley, finely chopped
1 tablespoon balsamic vinegar
1/2 lemon, juiced
Salt and pepper, to taste

DIRECTIONS Combine all ingredients and mix in a bowl.

— Recipe by the Healthy Habit Culinary Team



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Ahead of the carve

PLAN A TOP-NOTCH TURKEY DAY WITH THESE TASTY HOLIDAY RECIPES FROM LOCAL CHEFS AND RESTAURANTS.



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ROOTING FOR YOU

Winter root vegetables lend their complementary, sweet flavors to this hearty bisque from the team at Charlie's L'Etoile Verte. It's great as an appetizer when entertaining, or for lunch with a crisp green salad on the side.

CHARLIE'S L'ETOILE VERTE

Carrot and Parsnip Bisque

INGREDIENTS

1 1/2 pounds carrots
1 1/2 pounds parsnips
1/4 cup butter
*1/2 ounce **fresh ginger***
1 medium yellow onion
3 sprigs fresh thyme
1/2 cup white wine
2 1/2 cups water
2 quarts heavy cream
1 tablespoon salt
1/2 teaspoon white pepper
1/4 teaspoon nutmeg
1 star anise
1/4 cup extra virgin olive oil
Crisped prosciutto or bacon

DIRECTIONS [1] Place carrots and parsnips in a large mixing bowl and coat with olive oil, salt, and pepper. Spread veggies on a sheet pan and roast in a 350-degree oven for 45 to 60 minutes, or until caramelized. **[2]** Place a large soup pot on the stove over medium high heat. Melt butter and add in onion and ginger. Stir often for about 10-14 minutes or until nice and tender, and the caramelization process has begun. **[3]** Combine roasted vegetables to the pot along with fresh thyme. Simmer for an additional 5-7 min, add spices and seasonings stirring until distributed evenly, and then pour in wine. **[4]** Cook for 2-4 minutes or until the wine has a come back to a simmer, now add the rest of the liquid. Bring to a low boil and cook for 20-25 minutes. **[5]** Remove from heat and cool for 5-10 minutes, then pullout the thyme sprigs and star anise. **[6]** Dividing the mixture into several batches and use a blender to puree each batch until smooth. Remove blender top plug to release pressure coming from the heat, and simply cover with a hand towel. Stir everything one last time, and the soup is ready to serve. Top with crisped prosciutto or bacon.





READY TO ROLL

Decisions, decisions! Should you go family-style or do an elegant and intimate plating? This recipe from Nunzio Restaurant + Bar is perfect for either occasion. Top the roulade with cranberry chutney, an interesting twist on traditional cranberry sauce. You will enjoy the chunky texture of the fresh cranberries and the diced mango, a change from the orange used in traditional recipes.

NUNZIO RESTAURANT + BAR

Turkey Roulade with Cranberry Chutney

(Serves 8)

INGREDIENTS

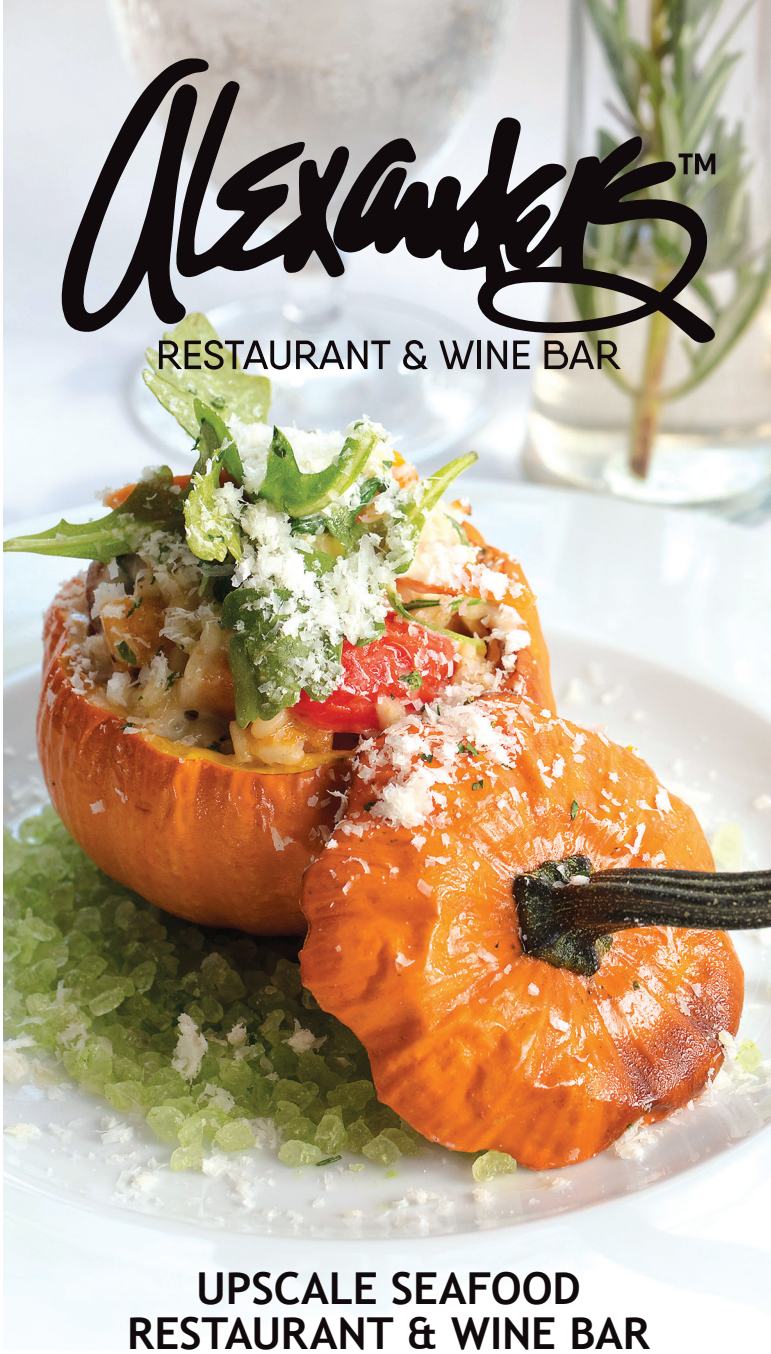
4 slices raw turkey breast, lightly pounded
1/2 cup cooked spinach, squeezed and dried
3 ounces cranberries, dried
*3 ounces **pine nuts***
2 tablespoons ricotta cheese
Nutmeg
2 tablespoons breadcrumbs
2 tablespoons parmigiano cheese
1 egg
4 slices prosciutto
Fresh sage
Fresh rosemary
Chutney
1 mango, diced
3 ounces cranberry, dried
2 ounces walnuts
1 ounce balsamic vinegar
Salt and pepper



DIRECTIONS [1] Heat oven to 400 degrees. **[2]** To prepare roulade mix, mix together the spinach, cranberries, pine nuts, ricotta, breadcrumbs, parmigiano, eggs and nutmeg. Set aside. **[3]** To prepare the roulade, place on a flat surface one flat sheet of aluminum foil. Place four slices of prosciutto in the center of the sheet and sprinkle with fresh rosemary and sage. Then, place the turkey slices on top of the prosciutto. Spread the stuffing mix in the middle of the turkey slice and roll tightly. Make sure the prosciutto covers the outside of the turkey as you roll. Use the aluminum foil to help you make the roll nice and tight. Seal both sides with aluminum foil on both sides like salami. **[4]** Bake the roulade for 20 minutes. Remove and set aside. **[5]** To make the chutney, sauté in a sauce pan the balsamic vinegar, cranberries and walnuts. Cook down for 5 minutes. Then, add the mango and let simmer a few minutes. Add salt and pepper and set aside. **[6]** To plate the roulade, remove the foil from the turkey roulade and slice with an electric knife into 3/4 inches. Place onto a serving platter and serve with a spoon of the chutney on top.

— Recipe by Chef Nunzio Patruno

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EVERY DAY I'M BRUSSELIN'

Invite Brussels sprouts to your Thanksgiving table by dressing them up with garlic, chili flakes, cheese and bacon. If you are not a fan of the cute little vegetables, this side dish from Wiseguys executive chef Chaun Bescos is sure to change your mind. "I chose this recipe because I'm running it as a family side dish for Thanksgiving here at the restaurant, and love Brussel sprouts. Well, anything cabbage-family related, really," he said.

WISEGUYS

Garlic Chili Roasted Brussels Sprouts with Bacon Gruyere Fondue



(Serves 4)

INGREDIENTS

1 pound Brussels sprouts, trimmed and quartered
1 tablespoon garlic, shaved
*1/2 teaspoon **chili flakes***
2 teaspoons salt
1 tablespoon avocado oil (or neutral flavored oil)
Bacon Gruyere Fondue (recipe below)

DIRECTIONS Toss the Brussels sprouts in salt and let sit for 10 minutes. Add the garlic, chili flakes and oil. Toss well. Lay out on baking sheet and roast at 400 degrees for approximately 15 minutes. Remove from oven and place in serving dish.

INGREDIENTS (fondue)



1/4 cup diced bacon
1 tablespoon shallots, minced
1 tablespoon garlic, shaved
1 tablespoon butter
2 tablespoons flour
2 cups whole milk
Pinch white pepper
*2 **bay leaves***
1/2 cup gruyere, grated
Salt to taste

DIRECTIONS (fondue) **[1]** In small sauce pot on medium heat, sauté diced bacon until it starts to brown. Add the garlic and the shallots and cook until translucent. **[2]** Add the flour and mix thoroughly to create your roux. Whisk in cold milk to your hot roux. Add bay leaves and white pepper. **[3]** Cook on medium heat for approximately 15 minutes to cook out the flour taste. Continue whisking sauce throughout cooking process to keep it from sticking. Once the flour flavor is cooked out, the sauce should taste slightly sweet; add salt to taste. **[4]** Remove pot from heat and whisk in the grated gruyere cheese. Check for seasoning and adjust if necessary. **[5]** To serve, pour as much or as little as desired over your chili garlic roasted Brussels sprouts.

— Recipe by Chaun Bescos, executive chef at Wiseguys



MOSS CREEK

Pecan-Cranberry Turkey Salad

INGREDIENTS

1 1/2 pounds leftover roasted turkey, cubed
1 1/2 cups cranberries, dried
*3/4 cup roasted **pecans**, rough chopped*
2 cups mayonnaise, more or less to taste
1/4 cup honey
3 stalks celery, diced
1 1/2 teaspoon kosher salt
1 1/2 teaspoon coarse grind black pepper

DIRECTIONS Mix all ingredients and chill & serve.

— Recipe by Lenny Giarratano, executive chef at Moss Creek



MASH IT UP

Mashed potatoes are usually out of bounds for vegans, but this tasty variation from Sprout Momma achieves a similar texture and taste without butter or cream.

SPROUT MOMMA

Creamy White Bean and Vegetable Mash

INGREDIENTS

2 tablespoons extra-virgin olive oil
1 onion, chopped
1 stalk celery, thinly sliced
1 carrot, peeled and thinly sliced
2 pounds Yukon Gold potatoes, peeled and cut into 1-inch chunks
2 cups cooked white beans, drained
Coarse salt and freshly ground pepper

DIRECTIONS [1] Heat oil in a medium saucepan over medium heat. Cook onion, celery, and carrot until translucent, 6 to 8 minutes. Add potatoes and white beans and cover with water by 2 inches. Season generously with salt. Bring to a boil, then reduce heat and simmer until potatoes are tender, about 8 minutes. Drain, reserving about 1 cup cooking water. **[2]** Mash vegetables, adding reserved water to adjust consistency. Season with salt and pepper and drizzle with oil before serving.

— Recipe by Kim Tavino

YOU'RE SQUASHING ME

This creamy and sweet bisque from chef Eric Sayers pairs perfectly with warm marshmallow for those cool fall nights. "For garnishes, my favorite is homemade marshmallow, brûléed," Sayers said. "Other garnish ideas are cinnamon croutons, cinnamon whipped cream, toast butternut squash seeds, pepitas or pumpkin oil." This is one of the first recipes Sayers composed as a cook.

THE CYPRESS

Butternut Squash and Pear Bisque

INGREDIENTS

2 tablespoons butter
2 pounds butternut squash, peeled, seeded and chopped
1 onion, chopped
4 pears, peeled and chopped (d'anjou preferred)
1 cup apple juice
3 cups vegetable stock
1 tablespoon cinnamon
2 teaspoons nutmeg (fresh ground is the best)
1/4 cup brown sugar
1 teaspoon cayenne pepper
Salt and pepper, to taste
Marshmallow (garnish)

DIRECTIONS [1] Sweat the onion in butter for 3 minutes. Add the squash and pear. Add the apple juice and reduce by half. **[2]** Add the remaining ingredients and cook for at least an hour for flavors to blend. **[3]** Puree and adjust consistency with stock. Adjust seasoning. Garnish with marshmallow, brûléed.

— Recipe by Eric Sayers, executive chef at The Cypress



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GET CRANBERRY SAUCED

When it comes to the holidays, cranberries are king. The team at Red Fish shared this recipe for their popular Cranberry Moscow Mule with Drunken Cranberries that they feature every year on their Thanksgiving menu. "It's delicious!" Margaret Uremovich proclaimed. We agree!

RED FISH

Cranberry Moscow Mule

INGREDIENTS

1 1/2 ounces Deep Eddy Cranberry vodka
Fresh squeeze of lime juice
Ginger beer
1 sprig of rosemary (for garnish)
Drunken cranberries (recipe below)

DIRECTIONS [1] Pour vodka over ice into a proper copper mug. **[2]** Squeeze in lime juice and stir. **[3]** Top off with ginger beer. **[4]** Garnish with drunken cranberries and rosemary sprig.

INGREDIENTS (Drunken Cranberries)

1 1/2 cups simple syrup
2 sticks cinnamon
Zest from one large orange
*1 cup **fresh cranberries***
1 1/12 cups white rum



DIRECTIONS(Drunken Cranberries) [1] In a large saucepan, combine simple syrup, cinnamon and orange zest. Bring to a boil over medium high heat, add cranberries. Cook until cranberries just begin to pop and skins begin to split, about 1 minute. Remove from heat and let cool slightly. **[2]** Strain liquid into a large container. Discard cinnamon sticks and orange zest. Add cranberries to the liquid, along with the rum. If cranberries are not fully submerged in liquid, add equal parts simple syrup and rum until they are completely covered. Let cool completely. **[3]** Cover and transfer to refrigerator until chilled, at least 2 hours.

THE OTHER WHITE MEAT

We asked Eric Sayers, executive chef at The Cypress, for his turkey tips but he didn't have much to offer. "I would never tell anyone how to cook their turkey for Thanksgiving. I have seen many, many ways in my career. Some very traditional, others just short of a house fire. I've been working Thanksgiving since I was 16 and just within the last few years have come about my favorite way to cook a turkey." Instead, the accomplished chef provided a fantastic turkey alternative. This stuffed pork loin is super tasty and would be a hit on any fall menu.

THE CYPRESS

Apricot and Walnut Stuffed Pork Loin

INGREDIENTS

1 boneless pork loin (about 3-4 pounds)
Sea salt and freshly ground pepper
1 cup panko or fine bread crumbs
1/2 cup apple cider
*1/2 cup **dried apricot**, chopped*
1/3 cup walnuts, chopped and toasted
1/4 cup shallots, minced
2 tablespoons maple syrup
1 teaspoon rosemary, minced
1 teaspoon sage, minced



DIRECTIONS [1] Heat oven to 400 degrees. Rinse the pork and pat it dry. **[2]** Butterfly the roast by first cutting lengthwise about halfway through the roast. Then angle the knife and cut horizontally almost all of the way through, on both sides. Unfold the pork and cut tiny slits in the surface of the meat. **[3]** Pound with a meat mallet to flatten as much as possible. Sprinkle pork with salt and pepper and set aside. **[4]** Combine bread crumbs and apple cider, sit for 5 minutes. **[5]** Add walnuts, apricots, shallots, maple syrup, rosemary and sage. Spread mixture over surface of the pork. Starting with the smallest side of the meat (which should be in the shape of a rectangle), roll up tightly and secure with kitchen string. **[6]** Coat the bottom of a roasting pan with cooking spray or a little olive oil. Place the roast in the pan and cook at 400 F, uncovered, for about 20 minutes, reduce temperature to 350 F for another 45 minutes or until the pork reaches an internal temperature of 140-145°F. Let stand for 10 minutes. Remove the kitchen string and slice into 1/2-inch thick slices.

— Recipe by Eric Sayers, executive chef at The Cypress



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THE RIGHT STUFF

Thanksgiving dinner just isn't complete without a serving of moist-on-the-inside, crisp-on-the-outside stuffing. This vegan-friendly version from Sprout Momma tastes just as good as the original, without as much guilt. None of your guests will be able to tell the difference.

SPROUT MOMMA

Vegan Stuffing

INGREDIENTS

1 large loaf Sprout Momma whole-grain bread
3/4 cup green lentils, uncooked
3 tablespoons olive oil or vegan butter (I used a mix of both)
1/2 cup white onions, diced
3/4 cup celery, diced
Salt and pepper
3-3 1/2 cups vegetable broth (plus more for cooking lentils
1 batch flax egg (recipe below)

DIRECTIONS [1] The night before, cube your bread and set it in a large bowl to dry out. You want it to be the texture of day-old bread, noticeably dry but not rock hard. **[2]** The day of, if you haven't already cooked your lentils, do so now by thoroughly rinsing 3/4 cup lentils in cold water, then adding to a small saucepan with 1 1/2 cups veggie broth or water. **[3]** Cook over medium-high heat until a low boil is achieved, and then lower to a simmer and continue cooking uncovered for 20-30 minutes. Set aside. **[4]** Heat oven to 350 degrees and line a 9x13 pan with foil or nonstick spray. Also, prepare flax egg and set aside. **[5]** Sauté onion and celery in the olive oil or vegan butter and season with a bit of salt and pepper. Cook until fragrant and translucent, about 5 minutes. Set aside. **[6]** To the bowl of bread, pour most of the broth then add the remaining ingredients (sage, cooked veggies, flax egg, and lentils) and mix with a wooden spoon. The key is to make sure it is about the consistency of a meatloaf. If it's too dry, add more broth and mix again. If it's gotten too wet, add more bread. **[7]** Transfer to the prepared pan and cover with foil. Bake for 45 minutes. Then remove the top layer of foil so the top can brown. Increase heat to 400 degrees and bake for another 10-15 minutes or until the top is well browned and crisp.

INGREDIENTS (flax egg)

1 tablespoon flaxseed meal
2 1/2 tablespoons water
3/4 tablespoon dried sage

DIRECTIONS (flax egg) Combine all ingredients and mix well.

— Recipe by Kim Tavino





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Save yourself a ton of money and show your furry friend how much you truly love them by making your own custom pet treats. A major benefit of homemade treats is specifically sized portions. A 2-pound Chihuahua should not get the same treat as a 200-pound Mastiff. Another perk is control over ingredients. Anyone with pets who suffer from food allergies can attest to the challenge of finding safe treats. Here are a few recipes to consider.



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Chef Eric's Dog Treats



INGREDIENTS

1/2 cup milk (add any pan drippings optional)
1 ***egg***
2 tablespoon peanut butter
Pinch sugar
1 1/4 cup whole wheat flour

DIRECTIONS [1] Combine milk, egg and sugar and mix. **[2]** Add half or the flour to start to form the dough. **[3]** Add peanut butter and the rest of flour until the dough is formed. **[4]** Roll out and cut into desired shapes. **[5]** Bake at 350 degrees for 11 minutes, turning halfway through baking time. Cool and share with your furry friend.

— Recipe by Eric Sayers, executive chef at The Cypress





Argus Mattoon's Munchies

(Enough for 100 hungry friends)

INGREDIENTS

6 cans of 100 percent pumpkin
*14 ounces extra **crunchy peanut butter***
1 cup whole wheat flour
3 eggs
1 tablespoon ground turmeric
1/2 tablespoon ground cinnamon

DIRECTIONS [1] Heat oven to 350 degrees. Coat two 11x7 cookie sheets with canola oil cooking spray. **[2]** Mix all ingredients in large bowl with hand mixer. Spread half of the batter on each sheet. **[3]** Bake for 40-45 minutes. Cut into 1 inch squares. Freezes well.

— Recipe by Matt Mattoon



Khia and Bronz Sweet Salmon Dog Treats



INGREDIENTS

1 can salmon, drained
2 baked sweet potatoes, chopped
1 egg
*1/2 cup **oatmeal***
2 tablespoons turmeric

DIRECTIONS [1] Mix all ingredients well. **[2]** Bake at 350 degrees until done (around 40 minutes). **[3]** Flip if necessary. Cut into 1-inch squares.

— Recipe by Cherie Bronsky



GIFT IDEA

PERSONALIZED PET PLEASER!

Got a pet lover on your holiday shopping list? Just whip up a batch of personalized pet treats and present them in a mason jar or decorative wrapping.





What's fresh in November? Trout

STORY + PHOTOS BY COLLINS DOUGHTIE

Ask any local angler what they enjoy catching most in our inshore and nearshore waters and two fish instantly come to mind: Redfish and spotted sea trout. In my lifetime, I have caught thousands upon thousands of each but as much as I like redfish, trout are my favorite to catch.

Redfish might fight harder but there is something about trout fishing with a cork that takes me back to my earliest days bream or bass fishing with one of those cheap, red-and-white round plastic bobbers that bobs once or twice then disappears completely. Another reason trout are so much fun to catch is the infinite ways you can fish for them: Live bait, dead bait, top water plugs, or soft plastics. And where you find one there is usually a lot more in and around that same spot. Back when I fished with my dad on chilly fall and winter mornings, it wasn't unusual for two of us to catch 50 or more on artificials like a screwtail or Christmas tree lure in less than an hour.



THAT'S A KEEPER
Beau Norton holding a nice trout. Fishermen are allowed to keep 10 spotted sea trout (over 14 inches) per day. Purchase a fishing license online at dnrlicensing.sc.gov.



HIDE & SEEK

Up until three or four weeks ago, you were lucky to catch one or two "keeper" trout during an all-day excursion. Then as the water temperature dropped a few degrees, like magic, they showed up en mass. This usually coincides when the shrimp and mullet begin their migration seaward and the trout seem to know this is their chance to fatten up for the long winter months. Almost always close to the shoreline, it is so cool to watch a popping cork with a shrimp dangling a foot or so below drift along with the current and as soon as you look away, you look back and that cork is gone. How cool is that?

WHEN, WHERE AND HOW

I prefer the incoming tide for trout. Of course, you can catch them on about any tide but as the tide rises, the water clears up, making it way easier for trout to eyeball your offering and ambush it with fury. Popping corks and Cajun Thunder corks with either a ***live shrimp*** or natural color DOA artificial shrimp are a sure bet, but you need to remember to make either cork "talk." As it drifts along every few seconds a quick, short jerk sounds a loud "pop" as the cork digs in.

That sound imitates the sound trout make when they go after a surface bait and if there are trout around, they come a-running hoping to get in on the action. Using artificials, chartreuse and electric chicken color screwtails or paddletails are deadly. The retrieve is slow and steady and about every third crank of the reel I use a short quick snap of the wrist that makes the lure hop much like a shrimp does when fleeing a predator. When I feel a trout grab the lure, I don't haul back to set the hook but rather reel faster and faster. Your hook-up percentages will go way up using this method. At first light, try a topwater lure like a Yo Zuri Spook (bone color with chartreuse highlight). You might catch you the largest trout you'll ever catch. Once the sun is up though, it's time to switch to more traditional tactics. Another monster trout time is at night around docks with lights on them. Once again, an incoming tide and the trout stack up on the edge of light. Personally, I used to do it but nowadays I am in bed by 9. It happens.

COOKING TROUT

Say you got into a school of trout and caught dozens. I encourage the people I guide to keep enough for a meal or two and release the rest. Unlike redfish, trout simply don't freeze well. Preparing these two-toothed beauties is best done the day they are caught or the day after. Fried, broiled or whatever, the meat is very delicate and delicious. My favorite is lightly dusted with a flour and breading mix, a touch of salt and of course Paul Prudhomme's Redfish Magic spice. In a small amount of oil, in they go and out they come. Overcooking trout is sinful and like most any fish, less cooking time is best. So, get out there, keep just enough to feed the gang and release the rest. That way they'll be in the same place, at the same tide the next time you go. To keep trout, they must be over 14" in length and each angler is allowed 10 per day. LL



LOCAL LIFE TEST KITCHEN

Lemon and Herb Trout

INGREDIENTS (trout)

2 teaspoons butter
2 8-ounce whole trout, butterflied and deboned
Salt and pepper, to taste

DIRECTIONS [1] Melt 1 teaspoon butter in a saucepan over medium-low heat, about 1 minute. Turn off heat. **[2]** Heat oven broiler on high heat. Line a baking sheet with aluminum foil. Place trout onto foil; open trout so skin sides are down. Drizzle each trout with about 1/2 teaspoon melted butter. Season with salt and black pepper. **[3]** Broil trout in your oven with more melted butter for around 2 or 3 minutes until it is barely firm. Remove from oven. **[4]** Plate trout, then smother with lemon and herb sauce (recipe below).

INGREDIENTS (lemon & herb sauce)

2 tablespoons butter
2 garlic cloves, minced
1/2 cup chicken broth
1 cup heavy whipping cream
1/4 cup grated parmesan cheese
1/4 cup parsley
1 lemon, whole
Zest of 1 lemon, whole
Cayenne pepper, to taste
Salt and black pepper, to taste

DIRECTIONS [1] Melt butter in skillet. Add garlic and cook about 2 minutes, stirring constantly. **[2]** Stir in chicken broth, heavy cream, parmesan, most of the parsley and lemon zest. Season with salt, pepper and a pinch of cayenne to taste. **[3]** Bring to a boil. Reduce heat and simmer around 5 minutes until slightly thickened. **[4]** Smother cooked trout with sauce and garnish with the rest of the fresh parsley.



Wine pairing

CUVÉE SAUVAGE PINOT NOIR

Cuvée Sauvage meaning "wild blend" is a super premium Chardonnay and Pinot Noir brand from the Russian River Valley of the Sonoma Coast, California. "This Pinot Noir has rich flavors, balanced acidity and a refined finish," local wine expert Betsy Trish said. "It pairs well with shellfish, seafood and smoked trout dishes. Great for cooler nights!" *Pick up a bottle for $31.99 at the Red Fish Wine Shop.*

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RESTAURANT news

FRESH FOOD + AWARDS + NOW OPEN



Sample all 10 SERG restaurants at Culinary Showcase

SERG is hosting its annual Culinary Showcase on Nov. 7 at the Rooftop Bar above Poseidon. *Meet 15 award-winning chefs while getting to sample a variety of delicious cuisine from all 10 SERG restaurants. Pick between the 4:30 p.m. sunset seating, which includes two drink tickets for $40, or the 7:30 p.m. moonlight seating, including live entertainment by dueling pianos, complimentary gift bags and drink tickets for $60. Visit serggroup.com for full details and to purchase tickets.*



Lucky Rooster hosting special events & deals

The Lucky Rooster team is celebrating the fall season with several events and promotional deals *at both of its Hilton Head Island restaurants. At Lucky Rooster Market Street at Coligny Plaza, buy a sandwich or a bowl and get a free snack. Grab a burger and a drink or two hot dogs and a drink for $5. Additionally, at Lucky Rooster Kitchen + Bar, stop by every Sunday for Burger Night. Each Sunday, a rotating selection of six different burgers will be featured. The popular restaurant also is hosting a Big Easy Beef Steak Pop-up Dinner with New Orleans restaurant legend* **Dickie Brennan** *on Nov. 13. luckyroosterhhi.com.*



High-end Hungarian wine now available

Lowcountry wine lovers can now pop the cork on ***Hungarian wine*** *right here at home. With the help of Bear Island Distributors, Hungary native Ferenc Vura has been successful in his new business venture called Hungarian Wine and Spirit, importing and selling Hungarian wine in the Lowcountry. The business began a year ago and already has its wines in 25 restaurants and liquor stores along with the Piggly Wiggly at Coligny Plaza. "Hungary has been making wine for 2,000 years, just like the French or Italians," Vura explained. "They got unlucky after the WWII when the Russians stayed there 40 years. So when they finally left in 1989, that's when the Hungarian winemakers started making delicious wines again, and now they are ready for the US market."*



BOGO deal at G-Free Spot

Throughout November take advantage of the awesome Tuesday deals at Coligny Plaza. The ***G-Free Spot*** *is a fantastic gluten-free bakery offering a BOGO deal. Buy one regularly priced item from the shop you can get the second item at 50 percent off. Stop by G-Free Spot on Tuesdays this month to get some amazing bargains on your favorite baked goods.*



thank you

for being a loyal SERG Group patron.
We would like to reward you with this exclusive deal to enjoy at one of our participating six restaurants listed below.

NOVEMBER DINING DEALS

PRESENT THIS OFFER AT CHECKOUT TO REDEEM / VALID NOVEMBER 4TH- 25TH

Buy One Entree And Get a Second Entree | 50% Off

NOT VALID WITH ANY OTHER PROMOTION, DISCOUNT, HAPPY HOUR OR EARLY DINING

The Black Marlin Bayside Grill

Holy Tequila

The Lodge Craft Kitchen & Bar

Charbar Co

Marley's Island Grille Seafood · Steaks · Chicken

Marleys Shrimp & Burger "Shack" Hilton Head Island

visit us on serggroup.com

SERG Restaurant Group Coastal Hospitality

SELECT restaurants

LOCAL EATERIES YOU DON'T WANT TO MISS.

HILTON HEAD NORTH END

HUDSON'S SEAFOOD HOUSE ON THE DOCKS
Seafood: The Carmines family owns a fishing fleet and oyster farm. As a result, much of their seafood originates from local waters. Most tables feature incredible views of Port Royal Sound. This place is an institution. $$
hudsonsonthedocks.com
1 Hudson Road,
Hilton Head Island
843-681-2772

RUBY LEE'S
Southern: A hotspot for sports, blues and soul food. Owned by Hilton Head's former high school football coach, Tim Singleton. Great Southern-style food at an affordable price. $$
rubylees.com
46 Old Wild Horse Road,
Hilton Head Island
843-681-7829
19 Dunnagans Alley, HHI
843-785-7825

SPROUT MOMMA
Bakery: Sprout Momma's flavorful and healthy artisan bread is a farmers market favorite in the Lowcountry. They recently opened a production bakery on Cardinal Road, offering breakfast and lunch items using their artisan breads. Other options include deli-prepared salads, vegan cheeses and soups. $$
sproutmomma.com
21 Cardinal Road, HHI
843-715-2649

SKULL CREEK BOATHOUSE
Seafood: Nestled on the banks of Skull Creek, this spot offers amazing views, fresh local seafood and hand rolled sushi. There is waterfront outdoor seating on the patio and at Marker 13 Buoy Bar where the drinks are always flowing. $$
skullcreekboathouse.com
397 Squire Pope Road, HHI
843-681-3663

SKULL CREEK DOCKSIDE
Seafood: Neighboring Skull Creek Boathouse, similar breathtaking views can be enjoyed from this old-style riverhouse-themed spot. Bring the family and venture out under the Spanish moss and onto their newly renovated dock. $$
docksidehhi.com
2 Hudson Rd, HHI
843-785-3625

WISEGUYS
Small Plates, Steaks: A contemporary and sophisticated spot that transports you off the island and into a chic urban eatery. You'll want to step up your island casual dress for a more luxurious meal out. $$$
wiseguyshhi.com
1513 Main Street, HHI
843-842-8866

HILTON HEAD MID ISLAND

ALEXANDER'S
Seafood: One of the island's most beloved restaurants, now operated by Palmetto Dunes Oceanfront Resort. It is an upscale seafood restaurant and wine bar, featuring seasonally-inspired cuisine, locally caught seafood and many locally sourced ingredients. The menu pays tribute to many Lowcountry classics. The stuffed flounder is fantastic. $$$
alexandersrestaurant.com
76 Queens Folly Road, HHI
843-785-4999

BIG JIM'S
BBQ, Burgers, Pizza: A lively, casual American eatery at the Robert Trent Jones Golf Course in Palmetto Dunes offering pizza, drinks and more. Open seven days a week for breakfast, lunch and dinner serving signature Southern dishes. Enjoy big screen TVs and expanded outdoor seating. $$
palmettodunes.com
7 Trent Jones Lane, HHI
843-785-1165

THE DUNES HOUSE
American: An eatery for Palmetto Dunes resort guests with American fare, live music and a beachfront patio. The Dunes House features an entirely outdoor kitchen offering fresh grilled hamburgers, chicken sandwiches, wraps, fish tacos and other fabulous dishes. $$
palmettodunes.com
14 Dunes House Lane,
Hilton Head Island
888-348-9300

ELA'S ON THE WATER
Seafood: Exceptional water views, fresh catch seafood, prime cut steaks and a sophisticated atmosphere. Family owned and operated. $$$
elasgrille.com
1 Shelter Cove Lane, HHI
843-785-3030

PET FRIENDLY RESTAURANTS



There are many restaurants in the Lowcountry that welcome pets at their outdoor tables. Here are a few of our favorites. Find the complete list online at ***LocalLifeSC.com****. Bone appétit!*

HILTON HEAD ISLAND
Skull Creek Boathouse
Black Marlin Bayside Grill
Marley's Island Grill
Hudson's Seafood House
Captain Woody's
Red Fish
Coast
Bistro 17
Palmetto Bay Sunrise Cafe
Poseidon Coastal Cuisine
Fishcamp On Broad Creek
Street Meet

BLUFFTON
The Cottage
Old Town Dispensary
Southern Barrel Brewing
Corner Perk
Fat Patties

BEAUFORT
Luther's Rare & Well Done
Plums
Hemingway's Bistro
Bricks on Boundary
Panini's on the Waterfront

GIUSEPPI'S PIZZA & PASTA

Italian: A family spot for pizza made with hand-tossed dough and zesty homemade secret sauce along with plenty of pasta dishes. If you like to dip your za, make sure to ask for a generous side of their homemade ranch. $

giuseppispizza.com

71 Lighthouse Rd Unit 210, HHI
50 Shelter Cove Ln, HHI
843-785-4144
25 Bluffton Road #601, Bluffton
843-815-9200

POSEIDON

Seafood: Named after the god of the sea, this casual waterfront destination is known for coastal cuisine and fun. They have an outdoor NautiBar and Rooftop bar that comes alive at night. $$

poseidonhhi.com

38 Shelter Cove Lane, Suite 121
Shelter Cove Towne Center, Hilton Head Island
843-341-3838

HILTON HEAD SOUTH END

THE BLACK MARLIN

American: This bayside grille offers fresh local seafood, but if fish is not for you, tackle the Smash Burger and fries if you dare. Check out the Hurricane Bar for ice cold beverages and live entertainment. $$

blackmarlinhhi.com

86 Helmsman Way, Hilton Head Island
843-785-4950

CHARBAR CO.

Burgers: A great spot for mouthwatering specialty burgers and truffle fries. Make sure to ask about the secret whiskey room when you're inside. $$

charbarhhi.com

33 Office Park Rd #213, Hilton Head Island
843-785-2427

CHARLIE'S L'ETOILE VERTE

Seafood, American: A family owned and operated restaurant that specializes in fresh seafood, lamb and steak. The menu is written by hand each day. $$$

charliesgreenstar.com

8 New Orleans Road, Hilton Head Island
843-785-9277

THE G-FREE SPOT

Bakery: A Coligny Plaza gluten-free restaurant specializing in breakfast treats, sandwiches, anytime snacks, desserts, specialty items, coffee and cold drinks. Cupcakes, scones, bread — they make it all without gluten. The New York style





cheesecake is a must try. Hours are 9:30 a.m. to 6 p.m. Mon.-Fri., and 9 a.m.-6 p.m. Saturday. $$
thegfreespot.com
Coligny Plaza, 1 North Forest Beach Dr., HHI
843-802-4411

HOLY TEQUILA
Mexican: Executive chef Jorge Covarrubias was born and raised in Mexico and offers a modern take on authentic Mexican cuisine. The vibrant environment centers around the expansive bar with handcrafted cocktails and over 50 premium tequilas. $$
holytequila.com
33 Office Park Rd, HHI
843-681-8226

THE LODGE
Craft beer, burgers: Kick back and enjoy brews, burgers and barbecue in this hunting lodge-themed casual watering hole. They are newly renovated and stock a large variety of beer. $$
hiltonheadlodge.com
7B Greenwood Drive, HHI
843-842-8966

MARLEYS ISLAND GRILL
Caribbean: Enjoy the great atmosphere and live music while you soak up the island feel. Every day they fire up their mesquite wood-fired grill for seafood and steaks. $$
marleyshhi.com
35 Office Park Rd, HHI
843- 686-5800

MICHAEL ANTHONY'S CUCINA ITALIANA
Italian: An island favorite for over 15 years. An authentic Italian eatery similar to ones found in the Italian neighborhoods around Philadelphia, where the Fazzini family moved from. $$$
michael-anthonys.com
37 New Orleans Road, HHI
843-785-6272

NUNZIO RESTAURANT + BAR
Italian: Nunzio's classic and contemporary Italian dishes perfectly portray the harmony between South Carolina and Italy. By evoking the simplicity of southern Italian food and combining locally sourced ingredients, Nunzio's menu delivers a bouquet of regional flavors. $$$
m.me/NunzioHHI
18 New Orleans Road, HHI
843-715-2172

ONE HOT MAMA'S
Barbecue: Executive chef and Food Network star Orchid Paulmeier serves up some amazing barbecue. Her brisket and chargrilled baby back ribs are fan favorites. $$
onehotmamas.com
7A-1 Greenwood Drive, HHI
843-682-6262

PALMETTO BAY SUNRISE CAFE
Breakfast, American: Serving the island's most popular breakfast all day long. Benedicts, omelets, quiche and baked dishes are out of this world. Early bird special from 6 to 8 a.m. Great sandwiches for lunch as well. $$
palmettobaysunrisecafe.com
86 Helmsman Way, HHI
843-686-3232

RED FISH
Seafood, American: A blend of housemade spices, tropical fruits and vegetables are combined with Lowcountry specialties at this local favorite. The restaurant uses produce from its own farm. $$$
redfishofhiltonhead.com
8 Archer Road, HHI
843-686-3388

SALTY DOG CAFE
Seafood: Hilton Head's most famous restaurant. Serving seafood, salads and sandwiches at an incredible waterfront location. Eat inside, out on the deck or at the outdoor bar. $$
saltydog.com
232 S. Sea Pines Drive, HHI
843-671-2233
1414 Fording Island Road, Bluffton
843-837-3344



TRATTORIA DIVINA
Italian: Enjoy farm to table the Italian way with house-made pasta and ravioli in unique combinations. Try the Lobster Pot Pie served tableside. Each meal comes with complementary Prosecco. $$$
trattoriadivina.com
33 Office Park Road, Ste. 224, HHI
843-686-4442

BLUFFTON

THE PEARL KITCHEN & BAR
Seafood, Steakhouse: This romantic, boutique-style eatery fits in perfectly with its Old Town surroundings. Everything is bright, fresh and interesting. Seafood is the star here, but the steaks are great, too. $$$
thepearlbluffton.com
55 Calhoun St., Bluffton
843-757-5511

Thanksgiving Day Dinner Spots



If you're dreading the carving and are craving a stress-free Thanksgiving dinner, attend one of the local Thanksgiving Day events.

21ST ANNUAL COMMUNITY THANKSGIVING DINNER
Hudson's Seafood House on the Docks: *11 a.m.- 3 p.m., Nov. 28. Join fellow islanders at Hudson's Seafood House on the Docks and celebrate the meaning of Thanksgiving with a free community Thanksgiving Dinner. Turkey, dressing and all the trimmings served family-style. Everyone is welcome. Come alone and meet new friends or bring the whole family. Sponsored by St. Andrew By-the-Sea United Methodist Church and Hudson's Seafood House on the Docks.* ***Details:*** *communitythanksgiving.com or 843-505-1370*

CENTRE COURT AT PALMETTO DUNES
Centre Cort Pavilion, Palmetto Dunes Resort: *11 a.m.-4 p.m., Nov. 28. A traditional Thanksgiving feast with Herb Roasted Turkey, as well as Lowcountry Shrimp and Grits and Slow Roasted Prime Rib. Open to the public, reservations must be made in advance. All you can eat. $44 for adults, $22 for ages 12 and younger. Kids under 5 eat free.* ***Details:*** *palmettodunesthanksgiving.com*

ALEXANDER'S RESTAURANT
Alexander's Restaurant and Wine Bar: *12-8 p.m., Nov. 28. A prix-fixe Thanksgiving meal featuring Butternut Squash Soup, Apple Cider and Sage Roasted Turkey Breast, Blackened Salmon and desserts such as Pumpkin Pie and more. $55 for adults and $25 for children under 12.* ***Details:*** *palmettodunesthanksgiving.com*

SERG RESTAURANTS
Skull Creek Dockside: *11 a.m.-7 p.m., Nov. 28, prix fix menu, $38 per person includes soup or salad, entrée and dessert. docksidehhi.com* ***Frankie Bones:*** *Nov. 28, prix fixe menu, $38.95 per person, includes soup or salad, entrée and dessert. frankieboneshhi.com* ***Poseidon:*** *Nov. 28, prix fixe menu, $38 per person, includes soup or salad, entrée and dessert. poseidonhhi.com.* ***One Hot Mama's:*** *Order your complete Thanksgving dinner for pickup. A traditional turkey dinner with all the trimmings, serving 8-10 people, is $139. You can also order signature turkeys, hams, made-from-scratch sides and homemade sweets. onehotmamas.com.* ***Wiseguys:*** *Noon-7 p.m., Nov. 28. Choice of first course, soup or salad, entrée and dessert. $45 per person. wiseguyshhi.com*

THANKSGIVING DAY BUFFET AT SONESTA RESORT
Sonesta Resort Hilton Head Island: *11:30 a.m.- 8 p.m., Nov. 28. Enjoy a contemporary Lowcountry-inspired buffet filled with traditional Southern dishes, delectable desserts and a buffet just for children.* ***Details:*** *Sonesta.com or 843-842-2400*

THE WESTIN HILTON HEAD ISLAND
The Grand Ocean Terrace at The Westin Hilton Head Island: *12-5 p.m., Nov. 28. Join in at the Grand Terrace on Thanksgiving Day for a delectable Lowcountry-inspired menu, featuring your holiday favorites and spectacular, sweeping ocean views. This gourmet strolling buffet includes stations serving coastal seafood, artisan cheeses, Southern dishes, meat carving, sweets and more.*
Details: *marriott.com or 843-681-1055*

trattoria DIVINA



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Hilton Head Island, SC 29928
843-686-4442 | www.TrattoriaDivina.com

GREAT FOOD
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GREAT FRIENDS



Local Cocktail

Inspired by the enterprising big city bartenders who created iconic New York-centric cocktails (like the classic Manhattan), spirits specialist and writer-at-large ***Terry Cermak*** created a series of local cocktails to celebrate Hilton Head landmarks, events and founding fathers for LOCAL Life and Rollers Wine & Spirits. This month's inspiration comes from Fort Mitchel, named after Gen. Ormsby M. Mitchel. The fort is one of a series of earthwork fortifications around the northwest corner of the island strategically located in such a way that cannon shells could be fired defensively across Skull Creek. Drink too many of these creamy cannon balls and you might feel under siege. *LL*

LOCAL COCKTAIL

The Fort Mitchel

INGREDIENTS

2 ounces Hilton Head Distillery Mountain Peak Espresso Rum
2 ounces light crème de cacao
2 ounces half-and-half

DIRECTIONS Add all ingredients into a shaker filled with ice and shake vigorously for 30 seconds. Strain into a chilled cocktail glass fortified with a garnish of grated chocolate-covered espresso beans and garnish with a mint sprig.

©LLOYD WAINSCOTT

Hair of the dog



*If last night's party has you feeling a little ruff, lift your spirits with this **morning hangover cure** using local spirits.*

Pickled okra & vodka



INGREDIENTS

2 ounces Bloody Point Mixing Co. Remedy
2 ounces Hilton Head Distillery Aermoor Vodka
2 ounces okra pickle juice
*1 **pickled okra** (garnish)*
1 lemon wedge
Salt

(ABOUT THE INGREDIENTS)



Bloody Point Mixing Co. Remedy: The perfect morning cocktail containing caffeine and Vitamin B12. The B12 interacts with the tomato juice perfectly, yielding a softer finish and allowing the horseradish to prevail. This lighter finish makes this the perfect cocktail for those early mornings and helps prepare you for the daily battle. Each 4-ounce serving contains 25 mg of caffeine and 3 mcg of B-12 (2.4 is the recommended daily intake for adults).



Hilton Head Distillery Aermoor Vodka: Distilled 49 times from molasses, Hilton Head Distillery proofs its vodka with water pulled straight from Hilton Head Island's low-lying mists. It is extraordinarily smooth with subtle hints of vanilla and tropical fruit. This highly purified vodka causes less intense hangovers than darker liquors or liquor mixed with energy drinks, making it a better option for the next morning.

Pickled okra juice: Most people purchase jars of pickled okra for the actual okra, but if you like to party, the juice should not be discarded. It contains a high concentration of electrolytes to help your body recover from a night of heavy drinking, plus it pairs well with the handcrafted Bloody Mary mix and vodka featured in this recipe.

DIRECTIONS [1] Rub lemon wedge on the rim of glass and dip it into a shallow plate of salt. **[2]** Mix equal parts of Remedy, Aermoor Vodka and okra pickle juice. **[3]** Pour over ice and garnish with okra. Sip, repeat, recover.

5 HACKS FOR BEATING THE HANGOVER BLUES



*1. Drink in **moderation** (1 drink per day for women and up to 2 drinks per day for men).*

*3. Consume drinks that are **low in congeners** (gin, vodka, clear rum, sake).*

*4. Avoid drinks that are **high in congeners** (brandy, whiskey, tequila, cordials).*

*5. **Eat before drinking** and eat a good breakfast the next morning.*

NEW RELEASE
BANANAS FOSTER RUM

Light banana and vanilla on the nose.
Caramelized banana
with subtle, sweet citrus and
hints of brown sugar and cinnamon.



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Crime Solving Canines

TRAINED TO PROTECT AND SERVE

STORY BY EDDY HOYLE
PHOTOS BY LLOYD WAINSCOTT

The human-animal bond benefits us on many levels – companionship, stress reduction, socialization — and these relationships can be rewarding. But imagine working with animals to bring about justice, take criminals off the street, and protect citizens. It must be incredibly rewarding, but it also takes incredible commitment.

In Beaufort County, the Sheriff's Office K-9 unit is a vital part of law enforcement. "These dogs are tools that help us get one step closer to solving crimes," said Lieutenant Jason Covington. "For example, if a store is robbed, the dog may be able to track the suspect and might find evidence like DNA or fingerprints that lead to an arrest." Currently there are four exceptional dogs in the Patrol Dog Unit: Enzo, Ares, Niko and Jag.

Ongoing Training and 24/7 Commitment

For the officers who choose to become dog handlers, it is collateral duty over and above their policing duties. These officers are responsible for the health and welfare of their dogs – both on and off duty, 24/7.









PAW PATROL
Jeff Lauver poses with Ares (left), Lauver releases Ares (top and middle), and Lauver and David Swinehamer work on a bite drill with Jag (bottom).

Patrol dogs are bonded with a single handler and are required to live in their handler's home. The bond is so strong that when a dog is retired from duty most handlers adopt their dogs.

According to Covington it's a real commitment, and the officers receive intensive training from the American Society of Canine Trainers (ASCT) in Virginia. Prior to the handler training, ASCT selects dogs that have the right characteristics to succeed. Then the dogs are trained and tested before the handler training takes place.

When handlers and dogs train together, they typically attend the training facility for several weeks. Both the dog and the handler learn how to operate together in a K-9 Unit. The handler learns how to train and work with the dog, and the dog learns, among other things, what to do when given certain commands from the handler. Once they complete their training and join the K-9 Unit locally, Master Trainer Jeff Lauver develops a training agenda to continue the training and correct any problems. Then the handler and dog must return to Virginia to be tested and certified.

The patrol dogs are trained to the highest standards to ensure they are ready for deployment in the real world. The patrol dogs not only help apprehend criminals, they also protect the handler. Covington explained that training includes realistic simulations



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"The bond is so strong that when a dog is retired from duty most handlers adopt their dogs."

such as a traffic stop in which a physical altercation puts the officer in danger. "We can pop the car door open and the dog will respond to keep his handler safe," he said.

The patrol dogs train daily with their handlers, and continue their formal training every week under the direction of Lauver. "We must maintain standards," he said. So they constantly work on searching for narcotics, tracking and apprehension, article and building searches, decoy and bite work, and officer protection. These patrol dogs, however, do not work to find missing persons, as those calls are left to the Bloodhound Tracking Team.

More to the Story

The K-9 Unit at the Beaufort County Sheriff's Department started in 1997 with a Bloodhound Tracking Team. This team was formed to track and locate missing persons and perpetrators. Today the Bloodhound Tracking Team has four dogs that are part of a tactical team. This special unit is separate and apart from the Patrol Dog Program, as is the third unit: the Bomb Squad.

The Bomb Squad has a specially trained Belgian Malinois called Rig who works only on the Bomb Squad. Rig is specifically trained to detect explosives and cadavers.

All three units (Patrol Dogs, the Bloodhound Tracking Team, and the Bomb Squad) serve all of Beaufort County. According to Covington, "The dogs are part of our family. They are high energy and they want to work." LL

BEWARE OF DOGS The dogs in Beaufort County's K-9 Unit help apprehend criminals and protect their handlers. Pictured are Ares (top), Sean Toomey with Niko (left), Dan Mooney with Enzo (middle) and David Swinehamer with Jag (right).



MEET THE PACK LEADERS

Local residents can rest easier knowing these four crime solving canines are on the job.

THE WORKAHOLIC Ares is a 6-1/2 yr. old male Belgian Malinois. His handler is Master Trainer Jeff Lauver who has worked with dogs for 17 years. On their days off, Ares spends time with Lauver's three teenagers and Lauver tries to keep him relaxed, but on day two, Ares follows Lauver around the house and prods him to let him know he's ready to go back to work.

THE NEWBY Niko is a 2-yr. old male Dutch Shephard. His handler is Corporal Sean Toomey who joined the K-9 unit a year ago. Niko is the first dog Toomey has handled and the newest dog in the unit. They are both still learning.

SMALL BUT MIGHTY Jag is a 5-yr. old male Belgian Malinois. His handler is Corporal David Swinehamer who has handled two dogs. Jag is the smallest dog in the K-9 Unit and according to Covington, "Jag has a Napoleon complex because he's the smallest dog, so he can be pretty feisty."

THE BIG BOY Enzo is a 4-1/2 yr. old male Belgian Malinois and is the largest patrol dog. His handler is Sergeant Dan Mooney and Enzo is his third dog. Enzo is a great tracker, but when he's off duty, he loves to be patted, and he has a unique way to get Mooney's attention. Enzo comes up behind Mooney, squeezes his head between his legs and stares up at him as if he's saying, "You can't ignore me!"





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Birds of a Feather

STORY BY BARRY KAUFMAN + PHOTOS BY LLOYD WAINSCOTT

It might be Jake's face on the logo, but everyone knows the superstar pets at The Salty Dog aren't dogs. They're birds – a whole flock of parrots and macaws that reside at both the iconic restaurant and the Arrow Road production facility/shop where the ubiquitous Salty Dog shirts are made and sold.

The history of the birds starts with Bob Gossett, founder of The Salty Dog. "Pretty early on he wanted a mascot besides a dog," said Production Director Steve Hughes. "He started with a bird named John Braddocks, a green winged macaw they called Johnny Rotten. They didn't realize Johnny was a girl."

Johnny was just the first of many parrots, all of whom Hughes has taken under his wing (pun very much intended). He shares feeding duties with the staff at Salty Dog, but Hughes builds all of their custom perches, oversees vet visits and serves as head parrot wrangler. It's a job he enjoys, even if the birds sometimes can be literal party animals. "When you come in here some mornings, it's like they've had a party," he said. "There's food everywhere, all of their toys are shredded up... They have an urge to tear stuff up." But it's a small price to pay for the delighted smiles these birds have brought to countless children young and old over the years.



Red Bird, Scarlet Macaw

Ask Hughes and he'll tell you that Red Bird is the smartest bird in the whole menagerie, if somewhat of an oddball. "A lot of what he says are things that people say to him, so he'll say, 'Hi, Redbird,' but in this deranged sort of voice," said Hughes. Essentially, he's one of the few creatures on Earth besides humans to have discovered sarcastic mockery. Despite his somewhat caustic wit, Red Bird has gained one huge fan in one of the employees next door. "Parrots are funny; they're very monogamous in the wild," said Hughes. "They're that way with humans. They have one they trust, and the rest they kind of tolerate."



Cosmo, Blue & Gold Macaw

As his name might imply, Cosmo is the free-wheeling fun bird of the group. One of the crew who hangs out front of the T-Shirt shop, you'll usually find him rocking back and forth on his customized swing, just loving life and occasionally scaring the bejeezus out of people.

"He has a screech like squeaking brakes, but at 100 decibels," said Hughes. "He's a very noisy but sweet bird. And probably the only one who hasn't bit me." At around 20 years old, Cosmo came to the Salty Dog after outliving his previous owner. His owner's daughter knew Gossett kept parrots, and Cosmo became one of the most vibrant members of the Salty Dog family.



Kiwi, Blue and Gold Macaw

Perhaps more than his beautiful plumage, Kiwi is known for his decided lack thereof. "Kiwi's the one who looks like he just escaped from Colonel Sanders," laughed Hughes.

Rescued from what Hughes calls a bad situation, Kiwi still bears some anxiety from his life before coming to Salty Dog. "He's been a neurotic mess ever since I've known him," said Hughes. Kiwi's tremendous separation anxiety might make him pluck himself bald, but it also means he's extraordinarily affectionate. "He'd be the perfect parrot for a pirate, just riding around on a shoulder all day. He wants constant companionship."

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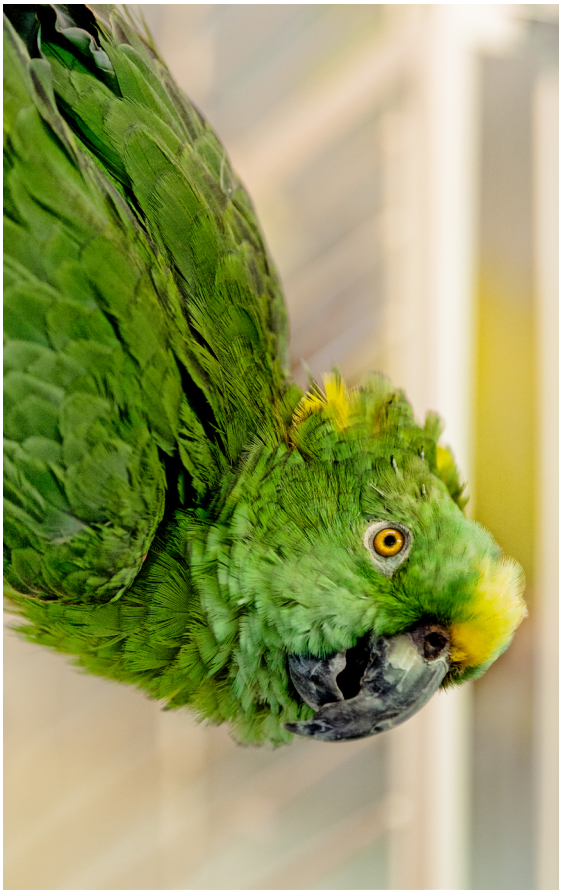




Remy, African Grey

You know that one somewhat introverted friend you have who's slow to meet people but absolutely blossoms once they're comfortable? That's Remy, an African Grey parrot in her mid-20s. Remy tends to hang out in the back of the shop after working near the cash register for several years.

Her big skill is mimicry, copying the noises of everything from a car starting to a cat meowing and even certain embarrassing bodily functions (which always gets a laugh). "She started saying goodbye when we'd close up for the night, but in this very sultry Marilyn Monroe voice. People started getting a little freaked out."



Roscoe & Ernest, Yellow Naped Amazons

While the other birds on this list are presented individually, when it comes to Roscoe and Ernest, you can't really talk about one without talking about the other. While they came to Salty Dog separately, they've bonded over not only their shared subspecies, but their natural protective instincts toward one another.

In fact, they've made that their signature. Ernest (who, like the OG parrot Johnny Rotten, was discovered to be female after receiving a male name) has a tendency to throw temper tantrums when he doesn't get what he wants, mimicking the sound of a spoiled child. And every time Ernest has one of his episodes, Roscoe will make his way down the perch and belt out, "Awwww, Ernest."

"I swear to you, I've known them 25 years and that's their schtick," said Hughes.



Green Bean, Military Macaw

When you're an adorable and colorful bird, it's hard to come across as the "bad boy" of a group. Somehow, Green Bean pulls it off. Not that Green Bean is antisocial – far from it. According to Hughes, Green Bean is very smart and wants to make friends "more than any other macaw," but he's not a great talker. Still, being the strong silent type isn't what makes Green Bean the bad boy.

"I've had to get him out of a tree in Wexford before," said Hughes. While all the birds have their flight wings trimmed every few years, Green Bean was able to take wing one day and wound up having to be rescued via a 30-foot cherry picker. He's also been in a few scraps, like the time a few years back when he tangled with a juvenile red-tailed hawk. "It landed nearly on top of Green Bean in a bush, but fortunately someone chased it off."

Cherokee, Blue and Gold Macaw

While Cherokee is a full-time resident at the Salty Dog Restaurant, he did spend some time at the T-Shirt shop during a period in which he was losing his feathers. While Hughes and Cherokee's vet sorted out the issue, Cherokee ended up getting close to his fellow blue and gold, Cosmo. In fact, a little too close.

"When I took Cherokee back, Cosmo started throwing up all the time," said Hughes. "He really developed a fascination with Cherokee." Don't worry, Cosmo got over it. But it goes to show that if there's one heartbreaker in the group, it's Cherokee.




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If the shoe fits



THE ART OF HORSESHOEING WITH EQUINE PODIATRIST CHARLEY BUNYEA

STORY BY DAVID WARREN
PHOTOS BY LLOYD WAINSCOTT



In today's world of technology and automation, most of the traditional trades have been left abandoned in the rush of computer chips, processors, and inter-connectivity. In centuries past, the farrier or blacksmith was a central part of any community. They made tools, weapons, household objects, and horseshoes. With the industrialized era of mass production and large scale machines, the need for the blacksmith has been dramatically reduced. However, there is one aspect of the job that can't be replaced with robots or today's technology. That is the art of horseshoeing. Today's farriers still exist to execute a critical task of providing horseshoes.









TOOLS OF THE TRADE Some of the items Bunyea uses in his horse-shoeing operation include a clinch cutter, a pritchel, a hoof nipper and a hoofjack.

Hilton Head has its own farrier to keep our area horses' feet in good order. Charley Bunyea owns and runs Island Ferrier. It is not just a job for Charley; it's a way of life that harkens back to the days when horses were more than a luxury item but an essential component of the world's transportation system. Charlie's work ethic and attention to detail reflect his experience and his respect for the craft and its history.

In college in North Carolina, Charlie became connected with the equine world at North Carolina State University, helping with the veterinary program and later went to farrier school in Martinsville, Va. He then began a career as a farrier and never has had another job. For two and a half years Bunyea apprenticed for a farrier in Southern Pines, learning the trade from an experienced farrier, Jay Mickle. Having a mentor in a craft such as horseshoeing is essential. Teacher to pupil is how tradespeople have passed down their skills over the centuries. After a stint in California, Charley returned to the South and settled on Hilton Head Island to practice his trade.

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HORSEY NEEDS A NEW PAIR OF SHOES Horses need new horseshoes every 5 to 6 weeks.

What makes Charlie's approach to horseshoeing special is his attention to detail. ***He sums up the process in these nine critical steps.***

STEP 1:

Observing the horse.

Charley starts by watching the horse walk and trot. This step is critical. With years of experience, Charley can tell if the horse is favoring or has discomfort in any of his legs.

STEP 2:

Get to know the horse.

Because horses are incredibly strong creatures, it is essential to make a connection with your "client" before putting new horseshoes on them.

STEP 3:

Remove the old shoes.

Cleaning the dirt and muck out that has accumulated under the old horseshoe is vital before tackling the new shoes.

STEP 4:

Exfoliate the hoof.

In this step, Charley removes any loose flakes, trims the hoof with nail nippers to balance the foot to ensure it is symmetrical. He also files the hoof, so it is smooth for consistent contact with the new shoe.

STEP 5:

Measure each hoof.

As each leg is different, it is imperative to get accurate measurements of each of the four hooves. Horseshoes come in many sizes, and getting the right size is a significant step in the shoeing process.

STEP 6:

Custom shape the shoe.

With heat, a hammer, and the anvil Charley then forms the shoe to guarantee a perfect fit. Often this requires several trips to the forge to ensure the exactness of the shoe size.

STEP 7:

Nailing the shoe the hoof.

Although this step may look somewhat violent, this does not hurt the horse.

STEP 8:

Clean and polish the hoof.

A clean hoof is a happy hoof and ultimately a happy horse and happy owner.

STEP 9:

Observe the horse walking again.

Charley then walks the horse to ensure that there is not any discomfort.

"I feel a connection to a long line of craftsman that dates back for centuries."



Horses need new horseshoes every 5 to 6 weeks, and to properly put on four new shoes can take up to two hours. This job is not easy. It takes skill, experience, lots of muscle, patience, and on Hilton Head a tolerance to heat. In the summer, working outside with a red-hot forge and shaping sweltering metal is not for the meek. Despite the challenging task, Charlie feels "this is the greatest job in the world." He has the philosophy that all horses ought to be treated the same whether they are a thoroughbred or a family pet. He prides himself on being a part of a storied tradition and history of farriers.

"I feel a connection to a long line of craftsman that dates back for centuries," he said. "Today some of the tools have changed, but the fundamental process of horseshoeing has remained the same for over 2,000 years."

It is somewhat comforting to know that in this rapidly changing world, some skills are constant. A true craftsman does not rely upon technology but instead on the experience and knowledge passed down year after year from teacher to student. *LL*



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Super Hero Service Dogs

SPECIALLY TRAINED PETS GIVE INDEPENDENCE BACK TO THE OWNERS THEY LOVE

STORY BY EDDY HOYLE + PHOTOS BY W PHOTOGRAPHY

Dolce, a 7-pound Peekapoo, is a small but mighty service dog who has saved Beth Bolcer's life three times in the last five years. Bolcer was severely injured in a car wreck 20 years ago and spent the next five years in and out of the hospital for various surgeries. She has a severe neurological pain syndrome that causes severe muscle spasms and tremors, difficulty breathing, and possible unconsciousness.

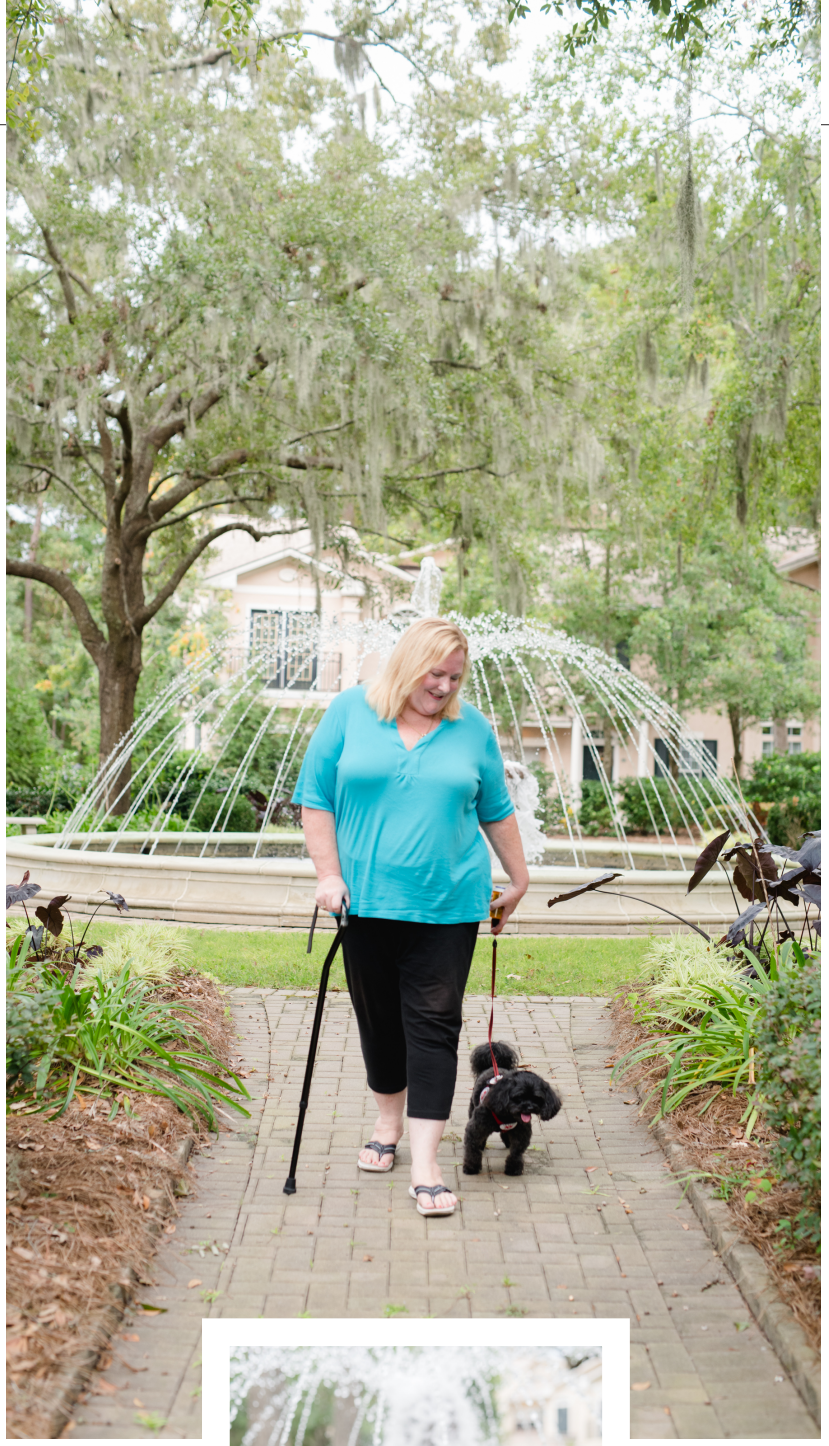
Bolcer has a permanent pump implanted under the skin loaded with a cocktail of medications, and it is when her medications are low, or when the battery needs replaced, that she is in the most danger.

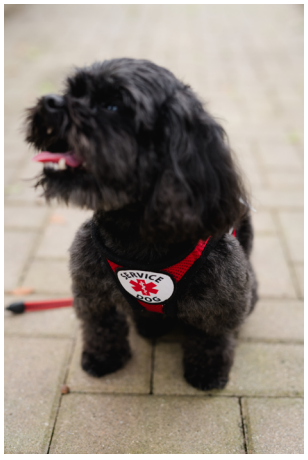
"I lived with my parents for a while, but I didn't want my parents spending the rest of their lives caring for me," she said. She now lives independently, but alone. Mobility and handicap accessibility issues were high on the list of things she had to address, so she found a handicap-accessible condo on the ground floor and got an electric wheelchair.

Friends worried about her living alone and insisted on giving her a dog, not a service dog, just a pet for companionship and comfort. Enter Dolce!

Dolce naturally seemed to sense when Bolcer's medications were low. "He just acted weird," Bolcer said. "There seemed to be a direct correlation between his behavior and my medication levels. He usually started acting strange about a half hour before I realized anything was wrong. But he's never been wrong. It's been me poo-pooing him that's always been wrong."

Friends suggested that Bolcer call dog trainer Alison Armao of Leader of the Pack to find a meaningful way for Dolce to alert Bolcer when she was in danger. Dolce is now trained to bring her a small towel as a







LIFE SAVER
Dolce has been trained to bring his owner, Beth Bolcer, a small towel as a warning signal to check her medication. If she becomes unconscious, the dog is also trained to set off an alarm that is located in their home. Dolce has successfully performed this task three times.

warning signal to check her medications. Even more amazing, if Bolcer becomes unconscious or has trouble breathing, Dolce is trained to use his paw to set off an alarm mounted on the floor that automatically calls for help. He has successfully performed this task three times.

Dolce is a sweet, eager canine that wants to be of service and loves to learn new tasks. "Alison and I try to imagine different scenarios and think about what he can do to help me survive," Bolcer said. Dolce can bring a walking cane to Bolcer, retrieve her keys, phone, and even prescription bottles. One of Dolce's favorite tasks is to help with the laundry. He carries each item from the dryer to Bolcer to be folded. "The next thing I want him to learn is how to fold, too!" Bolcer laughed.

Armao has been a dog trainer for about 30 years and explained that service dogs are different from therapy dogs. Both must be at least one year old for training, both must complete basic and intermediate obedience training, and if they pass certain criteria they can become AKC Canine Good Citizens—or comfort dogs. After additional training, and if the dog has the right temperament and is not a bite risk, an evaluation and test is conducted to license the dog as a therapy dog, allowing them to visit places like nursing homes, schools, and libraries. She recommends that licensing be conducted by Alliance Therapy Dogs because they provide insurance to protect the owner from liability and perform background checks (which many institutions require) on the dog owner.

Service dogs require even more stringent training because they perform specific tasks for one specific individual based on their disability and needs. "Dogs smell 400 times better than humans and are able to smell cancer, for example," Armao said. They are trained



to alert to various conditions such as diabetes, epilepsy, heart problems, and more. They are also trained to provide physical support to those who have conditions such as multiple sclerosis, polio and other physical disabilities by helping their handlers to get out of chairs, climb stairs and provide physical support when walking. Service dogs also serve as guide dogs for the blind.

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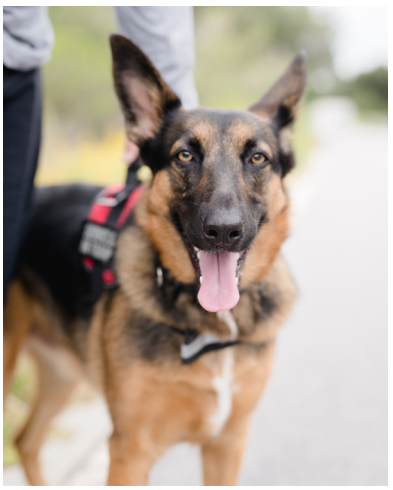


SUGAR RUSH Alan Chase's German Shepherd, Sadie, is being trained to detect drops and spikes in his blood sugar. Chase is a Type 1 diabetic and must take insulin shots five times a day.

Armao's passion is training service dogs and she has a pit bull trained to provide emotional support for a teenager who was cutting herself. The dog can recognize depression and sits on her chest to divert her from hurting herself and provide comfort. For a severely autistic child, Armao trained a large dog to calm and gently restrain the child, and when needed, to confine the child to a corner of the room.

She has recently started to train Alan Chase and his 1-year-old German Shepherd, Sadie. Chase was diagnosed as a Type 1 diabetic over 25 years ago and must take insulin shots five times a day. He has trouble with his legs, has had back surgery and a triple bypass, and has swelling behind his left eye. He needed an extra safety measure in his life.

Chase and his wife, Kelly, adopted Sadie from the Humane Association in March. They searched for the right dog for over a year with the help of Armao. "The core fundamentals of Sadie's training will be to detect drops and spikes in my blood sugar," Chase said. The training has just begun and wherever Alan goes, Sadie goes — to church, to the store, to doctors appointments. "Sadie has good potential and is very loving. I hope she will be another way to avoid diabetic coma at night," he said. The task training will enable Sadie to identify scents and give Alan an alert signal. It will take a long time to complete, so for the time being, Kelly collects her husband's shirts when he has a large drop or spike in his sugar levels. The scented shirts are kept in ziplock bags until Sadie is ready for that part of the training. This dog is indeed man's best friend. *LL*



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Etiquette & Safety Tips Around Service Dogs

If you see a dog wearing a service dog harness (usually red), take heed:

Put your puppy love and enthusiasm for dogs on hold! Service dogs are remarkable canines specially trained to aid those with disabilities. They are working and on task to do a job, so it's essential that you don't interrupt or distract them. The dog is the handler's lifeline. Learn to see service dogs as medical equipment, not pets. They are medically necessary just like wheelchairs, oxygen tanks or crutches.

Approach the handler, not the dog. However, if curiosity is your motive, reconsider! The handler is routinely bombarded with questions. People ask why the handler has a service dog, the dog's purpose and task, its training, age, breed etc. Medical history and diagnoses are private matters, and frankly, making inquiries about personal information is rude. If you must speak to a handler, ignore the dog.

Keep your dog and your kids away. Again, distractions are dangerous. And too much excitement, noise and agitation causes anxiety and stress on the service dog that is focused on doing one thing — its job.

Never offer food to a service dog. It can distract the dog from its job, but the dog may also be on a strict diet or have food allergies. If it becomes sick, the handler is at risk.

Service dogs are protected under federal law. The Americans with Disabilities Act grants service dogs access to any public place without exception (assuming they are under control) – so if dogs bother you, it's up to you to remove yourself from the situation.

Service dogs come in all shapes, sizes, breeds and colors. Not all service dogs are the same, nor are they all large breeds like German Shepherds or Labradors. So don't judge or make assumptions if you think it "doesn't look" like a service dog.

An unattended service dog is a sign its owner needs help. An unattended dog in a service harness is unusual and might be a clue that it is seeking help. In this instance, follow the dog and it will lead you to its owner. Assess the situation and if necessary, call 911 immediately.



What not to say...please! It's shocking how many times those with service dogs hear, "I'd love to have a service dog!" Really? Think about your words because what you are really saying is, "I wish that whatever is wrong with you was wrong with me, too!" And don't say, "I wish my dog could go everywhere with me!" You would not only have to have a disability, you would also have to go through thousands of hours of training. Be sensitive to the fact that the handler you are speaking with would probably prefer not to have a service dog at all to assist them.



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Wendy

Did you know that the simple act of petting a dog can help lower blood pressure, alleviate stress, reduce grief and depression, decrease loneliness and isolation, and reduce boredom? Interacting with animals releases endorphins in your brain that produce a calming effect. This helps alleviate pain and improve your overall mental state. Pet-assisted therapy also promotes physical movement.

Spending time with man's best friend even can help improve one's interactions with others and increase verbal communication. There is a strong bond between animals and people. Animals are accepting, non-threatening and non-judgmental, making it easier for people to open up.

In 2008, Hospice Care of the Lowcountry (HCL) expanded its services by adding Hos-Pets, a volunteer pet therapy program that aims to bring these positive effects to the lives of those who are ill, grieving or withdrawn.

HCL's Director of Community Relations Darlene Schuetz moved to the Lowcountry in 2008 with her great Dane, Max, to live with her parents, who were aging. "They were so excited about getting a dog," she said. "They told everyone they were getting a dog, but never even mentioned that their daughter was moving in." She explained that her parents had decided not to get a dog of their own because they felt that the dog would probably outlive them and it wouldn't be fair to the dog.

"Having a dog in the house definitely improved Mom's mobility, and Dad would walk Max five miles every day and it really improved his socialization. Neighbors would tell me, 'We never knew how funny and social your Dad is.' When he walked Max, cars would stop and yell out, 'Beautiful!' Then Dad would joke with everyone saying, 'I never knew how attractive I am.'"

Schuetz realized how much her parents benefitted from having Max around, and started asking people if there were any dog therapy programs in the area similar to programs in California. Someone suggested she call dog trainer Abby Bird whose immediate response was, "I have been waiting forever for someone to help me start a dog therapy program!" It soon became a reality. "Abby had the knowledge and I had the desire," Schuetz said. "Since then Abby really has grown the program through her work as a dog trainer. She should definitely get the credit she deserves."

Bird works with HCL to ensure that the Hos-Pets are properly trained to participate in this program, and there are currently more than 40 volunteers (and their certified Canine Good Citizen Dogs) who belong to Hos-Pets. Last year Schuetz got her 3-year-old great Dane, Cosgrove, certified to participate in Hos-Pets. This four-legged army routinely visits 15 care facilities. They also go into patients' homes who request therapy dogs.

Whether in a private residence or a residential facility, pet therapy creates an opportunity for socialization between patients and volunteers. Common interest in the animal also can be used to establish open lines of communication between patients, family members and staff.

John Hutchinson discovered Hos-Pets in 2008 when he brought his own Golden Retriever, Lexi, to visit his parents who were living at Bloom Assisted Living and Memory Care. "When I took Lexi into the facility to visit, I got amazing reactions from the residents. They simply loved her." Then someone told him about Hos-Pets and he contacted trainer Abby Bird.

Over the last 11 years, Hutchinson has trained three Goldens as Hos-Pets: Lexi, Wendy and Patton, but Wendy is the only dog still participating. "Lexi was a perfect therapy dog and Patton was just too big. Wendy is still a Hos-Pet and we try to make two or three visits a week."

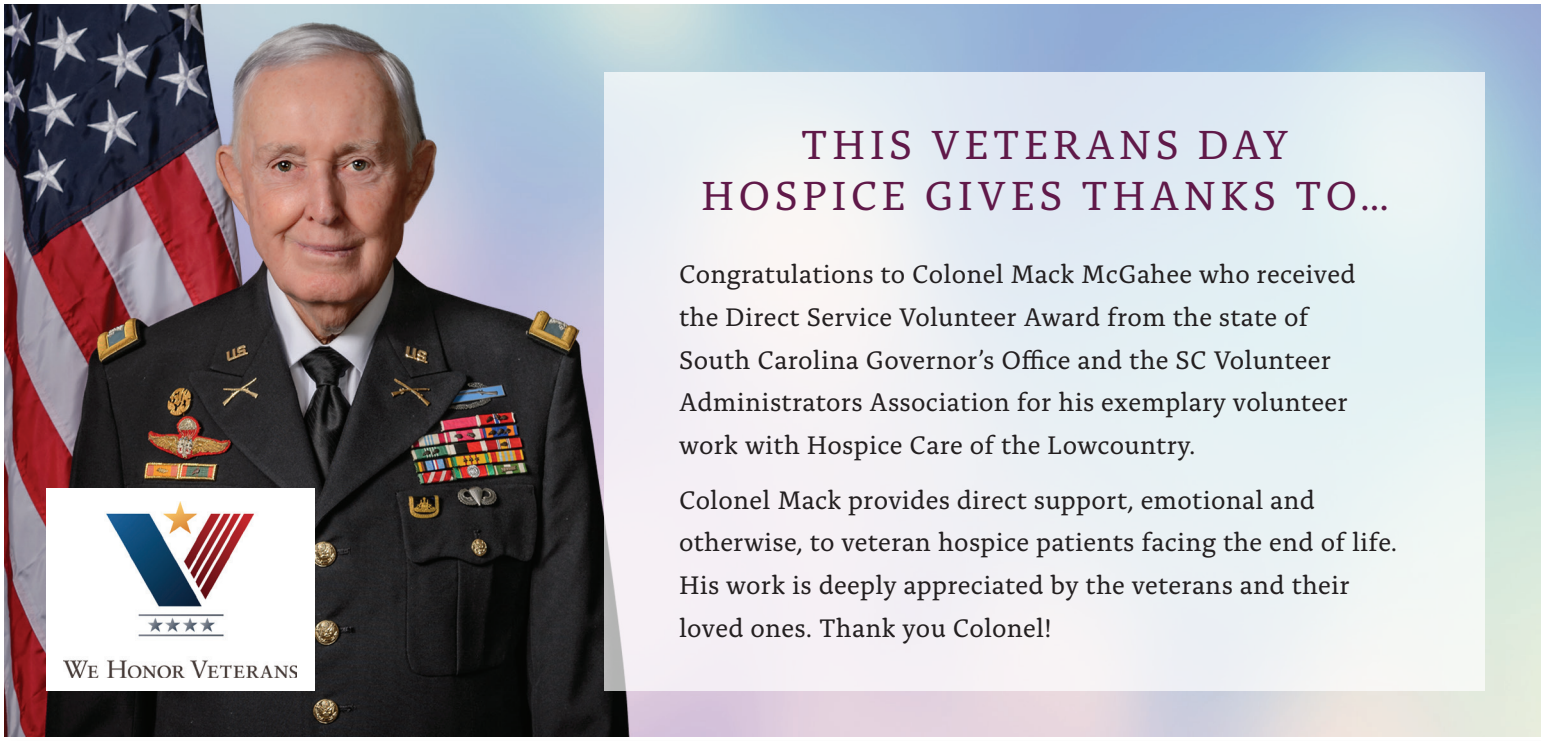
Hutchinson was awarded the 2018 Hos-Pet Volunteer of the Year at HCL. "I may be the volunteer of the year," he said, "but Wendy is the real superstar." Hutchinson is now in the process of training Ellie, a Golden Retriever who just happens to be Wendy's great-great granddaughter, and he is excited to add her as new member of the Hos-Pets team. *LL*



Harley with Pat Cameron ©ARNO DIMMLING

PUT YOUR DOG TO WORK

Hos-Pets is Hospice Care of the Lowcountry's volunteer pet therapy program. *Animal lovers who might be interested in volunteering with their favorite pooch can call 843-706-2296 for more information.*



THIS VETERANS DAY
HOSPICE GIVES THANKS TO...

Congratulations to Colonel Mack McGahee who received the Direct Service Volunteer Award from the state of South Carolina Governor's Office and the SC Volunteer Administrators Association for his exemplary volunteer work with Hospice Care of the Lowcountry.

Colonel Mack provides direct support, emotional and otherwise, to veteran hospice patients facing the end of life. His work is deeply appreciated by the veterans and their loved ones. Thank you Colonel!

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Hospice Care of the Lowcountry, Inc. is a registered 501-C(3) nonprofit organization. Serving Beaufort, Jasper, and Hampton Counties since 1982.

To the rescue

READ UP ON THESE AMAZING LOCAL ORGANIZATIONS THAT STRIVE TO HELP OUR FURRY FRIENDS LIVE BETTER LIVES







The Lowcountry is home to many pets, which is why LOCAL Life is highlighting a few of the ***local organizations*** that have been going above and beyond to help better the lives of in-need pets. If you are a pet owner or a pet lover, here are some of the ways you can help these organizations keep doing what they're doing. If you have not visited these rescue shelters, we PAWS-itively recommend visiting.





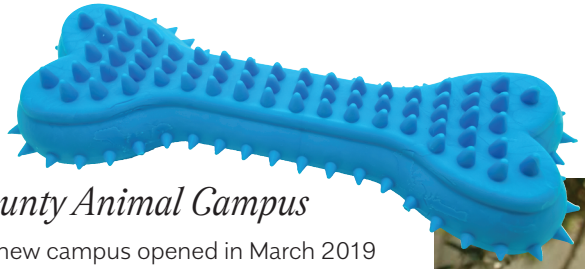
Kyle and Chopper

Hilton Head Humane Association

History: When the HHHA began in 1976, they only had space to shelter 29 dogs and 15 cats. In 1994 the free feral cat program began including the trapping, inoculating, neutering and releasing of feral cats for no cost. The HHHA incorporated a free spay/neuter program to help avoid low-income residents relinquishing their animals. Today that number has expanded to 2,500 animals being provided shelter and medical help. The HHHA has been voted "Favorite Charitable Organization," "Readers' Choice Award as Best Nonprofit Organization" and "Outstanding Organization of the Year"

What makes them unique: The HHA is committed to eliminating euthanasia of all healthy and treatable animals providing them the title of a no-kill shelter. The shelter will go as far as taking animals from overcrowded shelters to save them from euthanasia. To help decrease the number of animals relinquished by their owners the HHA provides counseling.

How you can help: If you are looking to help the HHHA, the shelter is in need of dog food, treats, leashes, dog carriers, cat food, cat beds, cleaning equipment, and office supplies. Visit their website for a full list of needs if you are considering making a donation. Or if you are able adopt a furry friend and change the life of a pet.



Beaufort County Animal Campus

History: This new campus opened in March 2019 and is located in Okatie in a 20,000-square-foot space. The facility includes a spay/neuter clinic as well as an adoption center.

What makes them unique: The organization includes multiple services under one roof normally offered separately by Animal Services and the Humane Association. The public-private partnership with Beaufort County Animal Services has significantly reduced the overpopulation and euthanasia of homeless animals in the area according to Chuck Laine, chairman of the Humane Association Board of Directors.

How you can help: The animal campus is always looking for new volunteers as they are a very important part of the organization. Cleaning tasks include feeding the animals, cleaning their pens and cages, and laundry from 8 a.m.-noon. Socializing includes walking dogs, training and playtime from 1-4 p.m.



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Noah's Ark Rescue

History: This nonprofit organization in Ridgeland is not a shelter but rather works as an emergency service. They supply emergency medical and surgical needs as well as rehabilitation to abused animals. Their hope is that they help the community become educated on the ethical treatment of animals and as a result, stopping the unnecessary killing of tortured or abused animals.

What makes them unique: Noah's Ark's message is about giving abused animals a second chance at finding a loving home. The center provides physical and mental rehab for animals to help prepare them for a new home.

How you can help: All donations to the center are appreciated, donors have the ability to pick which specific animal they want to donate to, if they want to contribute to a certain animal's healing but are unable to adopt. You also can donate a gift card to the animals or set up a monthly donation amount. However, other than donations, the best way to help is to adopt one of these rescued animals.



Jennifer Smith and her gang; Gracie Lou, Riley, Maggie, Hannah, Jasper, Sammy and Daisy.



Princess

Rogue Rescue & Sanctuary

History: Rogue is a nonprofit organization that receives no government funding. It depends on the generous donations from people like you. Its goal is to save animals that have been forgotten about or abandoned. Euthanasia is only used by this organization when all measures have been taken to relieve suffering and have failed.

What makes them unique: A Petco adoption event is held monthly. People are encouraged to come out and meet the dogs with the hope of inspiring them to adopt.

How you can help: You can make a donation at www.paypal.me/roguerescue via PayPal or mail in a check to Rogue Rescue & Sanctuary, PO Box 11, Allendale, SC 29810. If you are looking to donate an item, urgent needs are dog toys, bleach, fly spray, flea & tick prevention, and dog beds to name a few. All forms of contributions are greatly appreciated.



Tabby House

History: This nonprofit organization was founded Dec. 15, 2012, and is dedicated to finding homes for cats in Beaufort County. Tabby House, located in Beaufort, takes in thousands of cats and kittens every year with lots of knowledgeable volunteer staff to care for them.

What makes them unique: The Tabby House lets the cats roam free around the space and people are encouraged to stop by and socialize with them even if they aren't looking to adopt. Adoption fees have recently dropped from $45 to $25 to help increase adoptions and the location also has free wifi for visitors.

How you can help: The proceeds from the thrift store in the space next door help to pay for the adoption center as county officials have said no more public money will be used to help pay for the adoption center. Locals can purchase from the thrift store, make a direct donation or just stop by to play with the cats if they are looking to help the center.



Pip

Palmetto Animal League

History: PAL is a private, non-profit, 501-c-3, no-kill animal rescue organization in Jasper County. PAL first opened its adaption center in 2010 after 8 years of working in the animal foster system pairing abandoned and homeless animals with families.

What makes them unique: Comfort is key at PAL, their mission is to build a community where animals get a second chance at life through a compassionate approach. They do an excellent job at providing a comfortable and stress free environment for the animals to stay while waiting adoption. They also provide events for the community to meet the various animals available for adoption.

How you can help: There are many ways to help PAL continue to help our furry friends. Either by volunteering at events and at the shelter, or by making a donation. There is wish-list available on the website that highlights animal needs such as food, toys, towels, etc. available at palmetto-animalleague.org. *LL*





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Pet best dressed

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Winter is slowly approaching. Make sure your pets are set with stylish looks to ensure they look good while staying warm. From dogs to cats, horses to reptiles, we literally have got your pet covered.



Flower child
BLOSSOM JACKET
Winter is coming and you will want your pup's wardrobe to be ready. This made-to-measure bold floral jacket by Fetching Dogwear is made with lightweight fleece and corduroy, making it perfect for these cool fall evenings and the winter days around the corner. *Available at etsy.com and creativelyandco.com. $84.*



Take a walk
REPTILE HARNESS
Did you always want to walk your reptile but didn't know how? Using the Reptile Harness, make walking your reptile a daily activity. It has never been so easy. It can be used for ferrets, rabbits, mice and gerbils. *Available at All About Pets. $9.99.*



Later gator
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Game on
FOOTBALL JERSEY
Have your pet cheering for your favorite football team this November. Customize the jersey to your favorite team and let the games begin. Available for both cats and dogs. *Available at Chewy. $17.50.*



Chill out
RC PETS- ZEPHYR COOLING VEST
Zephyr cooling vest allows your pets to do just that. Keep your dog looking and feeling cool when wearing this vest. *Available at All Four Paws. $29.39.*



Vest season **VESTS**

These knit vests are perfect for the cool autumn breeze. Dress your cat or dog up in these dressy vests to ensure they are stylish and warm. *Available at All About Pets. $24.99.*



All Tied Up

CAT BOW TIE

Dress your cat up for any occasion with these dressy cat bow ties. The fun periwinkle and polka dot white fabric will spice up your cat's look; the bow tie can be taken on and off to customize the look. *Available at PetSmart. $8.99.*



Splish Splash!

RAINCOAT (YELLOW RAINCOAT WITH REFLECTIVE STRIPES)

Your pet will be sure to make a splash with this stylish look. Great for pets of all sizes, this cute raincoat from All Four Paws comes in many sizes and is perfect for any four-legged pets. Available at *All Four Paws. $16.59.*



Get Salty

BANDANA

The perfect accessory for your dapper dog. The Salty Dog Cafe sells tons of cute bandanas for your dog to sport this fall. What better way to support local than to style your dog in classic Salty Dog gear? *Available at The Salty Dog Cafe. $6.50.*



These boots are made for walking

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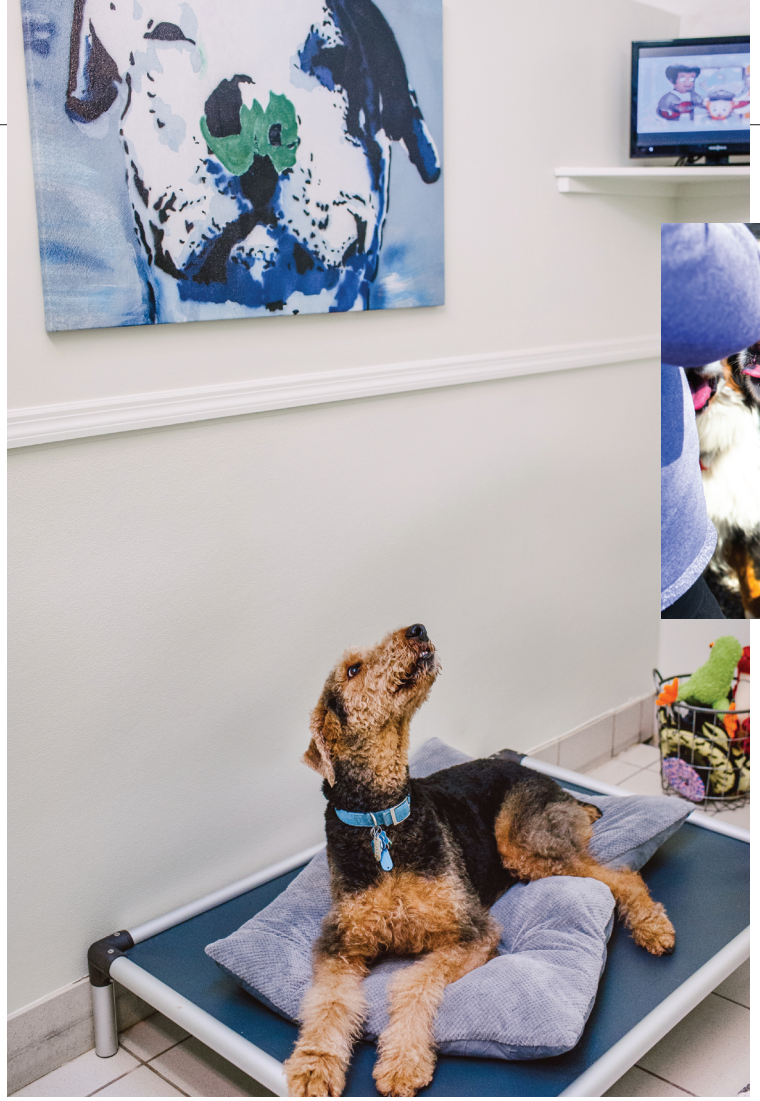
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Home away from home

PETS CAN STILL ENJOY THE GOOD LIFE WHILE THEIR OWNERS ARE AWAY

PHOTOS BY KRISTEN SCOTT

Sometimes boarding your pet is absolutely necessary, just like sometimes putting a child in daycare is the only option. In those times of need, local pet owners are lucky to have luxurious pet boarding and daycare options right here at home. Private suites with TVs, personal attendants and veterinary services are just a few of the red carpet amenities you will find at ***Evergreen Pet Lodge*** on Hilton Head Island. Take a look around.



How suite it is

These large and decorated furnished rooms feature a personal attendant for extra attention, a TV in each room, two additional leash walks daily plus three visits to the play yard, a daily brush-out, gourmet treats and a complementary bath after one week's stay. Life is ruff!



The magic touch

A relaxing and soothing therapy massage can be included into your pet's stay. Other optional sessions include exercise on an agility course, regular brushing and hide & seek adventures for hidden treats. You can even pay to have your old dog learn new a few new tricks.







Just purr-fect

Boarding can be extra stressful for cats owners. Spacious multi-level cat suites make the experience as easy as possible. Cats stay in style at Evergreen with a play area, cat toys, a window seat and a TV.



Red carpet treatment

Doggie daycare is a great option for locals who need their pet watched for just a few hours. And why not pamper your pet with a trip to the doggy spa while they are there? Services include grooming, bathing, nail trimming, teeth brushing and more.



The doctor is in

Owners can rest easy knowing full service veterinary services are on site, should any medical issue arise while they are separated from their pet.



Party animals

Your pet just might meet their new best friend at one of the group sessions. They can jog with friends for exercise, play in the water on warmer days or go on a group leash walk. It's a social, sniffing good time for all! *LL*

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The 'pets' of Lawton Stables

MORE THAN JUST PONY RIDES, LAWTON STABLES OFFERS A WHOLE MENAGERIE OF COLORFUL CRITTERS.

STORY BY BARRY KAUFMAN
PHOTOGRAPHY BY LISA STAFF

One of the most unexpected amenities of The Sea Pines Resort, Lawton Stables is a little slice of farm life amid the sophisticated grandeur of the resort's clubhouses and golf courses. Whether its residents know they live among million-dollar homes or not, each of them is living the sweet life in Sea Pines. We wanted to take a moment and introduce our readers to a few of the resort's most intriguing residents.



FEED THE ANIMALS



A dispenser located on the porch at Lawton Stables sells food to feed the small animals for 25 cents a handful. Bring your own container to hold the food or purchase a souvenir cup in the office.

THE GOATS

Marshmallow, Milo and Otis

This trio of troublemakers lords over the goat pen at the far end of Lawton Stables, where they engage in the world's longest-running game of "King of the Hill."

"They love to be up on things," said Zimmerman.

Generally speaking, this means a battle to see who gets to stand on top of the flat-topped boulder in the middle of the pen. But while the other goats were playing checkers, Marshmallow was playing chess. "Marshmallow figured out how to get on top of the house."

Marshmallow, Milo and Otis all came from Laura's Little Critter Barn, a farm in Grays Hill. They have adapted well to the pen after living with a herd of goats that was attacked by wild dogs. "Laura nursed them back to health and we adopted them this spring," Zimmerman said.



THE PIGS

Buddy and Beauty

The thing about Buddy and Beauty is that they're both pot-bellied pigs. It's just that Beauty is the only one who seems to know that.

"Buddy came to us from a family where he was living in the house with a Labrador. Eventually the Lab was getting annoyed with him so the family asked if he could live here," said Zimmerman. As a result of living alongside a dog, Buddy has picked up some decidedly canine habits. "He loves belly rubs... and he'll flop over just like a Lab. He's super social."



THE ALAPACA FAMILY

Bagheera, Bianca and Yzma

Those who are up on their cartoons will immediately recognize the origins of the names of Lawton Stables' resident alpaca family. For everyone else, we'll save you a Google. All three names from from Disney movies – Bagheera from "The Jungle Book,"

Bianca from "The Rescuers" and Yzma from "The Emperor's New Groove." Begheera, the black one, is the papa of the family, with Biana (white) the mother and Yzma (tan) their baby. "Bianca is very protective of Yzma," said Lawton Stables General Manager Haley Zimmerman. "When they get sheared once a year, we have to catch her first because she'll spit at us."







THE CHICKENS

Q-Tip , Hai Hai and Sarah (RIP)

The flock at Lawton Stables is a 50/50 split of hens and roosters, although that wasn't originally the plan. Originally, it was going to be Hai Hai ruling the roost with a trio of chickens. And then came Sarah. "Yes, his name is Sarah. They named him very young before they realized he was a male."

While that's very progressive of Sarah, it did create the problem of too many roosters for too few hens. As such, Hai Hair and Sarah were kept apart so they couldn't see each other. Sadly, the day this article was scheduled to be sent to press, Sarah passed away of natural causes.



THE DONKEYS

Pedro and Cisco

Donkeys are known for their stubbornness, but someone forget to tell that to Pedro and Cisco. "They are just so good. They're very easygoing."

If there's anything these two are stubborn about, it's their friendship. Pedro recently developed a slight cataract in his eye, and now essentially follows his old friend Cisco around as a seeing-eye donkey. "They really like each other. They've been here as long as I can remember, over 10 years."

THE MINI-HORSE

Santiago

If you've ever tried to take a handful of food to one of the alpacas or the goats, you'll know Santiago. This brash young mini-horse is not shy about getting his nose in front of the food, even if he has to shove a little bit. And if you try to sneak away, he'll let you know he wasn't finished by hoofing the fence until you come back with food.

"He really thinks he's something special," said Zimmerman. He first arrived at Lawton Stables five years ago as a fully intact stallion, but even a gelding didn't take the fire out of him. "He challenges the other horses, even though they are much larger than him. That's why he lives with the donkeys and the alpacas."



THE CAT

Jackie

Every good farm needs a cat, and Lawton Stables is no exception. For a time, Jackie fulfilled her role admirably, keeping the rat population down and even taking out a copperhead that had snuck into the stables. The venomous snake wasn't enough to stop Jackie, but it turned out something far more insidious would put an end to her hunting.

"Jackie has horrendous allergies to pollen, so she has to a lot of allergy medication," said Zimmerman. "She used to be a really good hunter. Now she just sits on a blanket and eats gourmet cat food... but she's the queen, for sure." *LL*





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Lowcountry animal lovers and notable pets

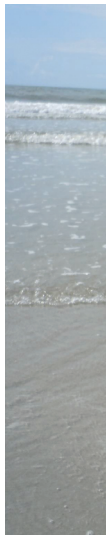
FOUR STORIES THAT PROVE THE BEST PETS, OWNERS & PEOPLE LIVE HERE

STORY BY DEAN ROWLAND

Lowcountry residents have a love affair with their dogs, cats, parakeets and other creatures in the animal kingdom. After all, these pets are members of the family and are treated accordingly. ***Here's a group of special animal lovers and notable pets in the local area.***







A dedicated doctor and friend to the wild kingdom

Dr. Ben Parker certainly has been in the right line of work for the past 30 years in the Lowcountry.

His two dogs — a 1-year-old German shorthaired pointer named Hudson after his favorite restaurant who loves to run and point at anything that moves and an 8-year-old Doberman pinscher named Reign who loves hanging out on the dock and spotting dolphin — are his trusty companions who join him daily at the Coastal Veterinary Clinic, where he works as a small animal veterinarian. He also performs orthopedic surgery and difficult internal medicine cases.

"They love interacting with my hospital patients and clients," said Parker, who has lived on Hilton Head, in Bluffton and now enjoys life on his 5-acre retreat at Euhaw Creek near Ridgeland. In addition to his two dogs, his animal menagerie also includes three cats: Bubba, an orange tabby, and Freddie and Roxie. Bubba is the boss, he said.

Parker also is committed to serving the community and tends to injured and orphaned wildlife and any wild animal in distress.



CALL OF THE WILD
Dr. Ben Parker loves helping injured and orphaned wildlife and will take in any wild animal in distress, including owls, pelicans and turkeys. He considers it his commitment and service to our community.



He might be ugly, but he's a sweetheart

Charlie is ugly, and he has four Mayfest contest titles, two runners-up and six Jacob Preston vessels to prove it. His owner, Mimi Molina, a PGA professional and WTOC lifestyle host, said the 7-year-old "looks like a grandpa and has a tremor" and seemed old as a puppy.

"He was kinda ugly from the start," she said, adding that Ugly Charlie had very little hair, a respiratory infection and was basically unwanted and unadoptable until Molina stepped into his life.

"I wanted to adopt an older dog," she said. "I did not want a puppy, and he literally looked me in the eyes, and I knew he was coming home with me," Molina said. "He really connects with people. But you have to get past the scruffy face, and somewhat pig-like body and gait."

When he's not competing in beauty pageants, "Beaufort County's finest concoction of breeds" loves running alongside his master on her beach bike and enjoys his stature as the pack leader among his fellow dogs, she said. He doesn't tolerate bad behavior, is an "old soul," dependable, quiet and "content just being with his pack and his people," the Blufftonian said. Even though Molina said Charlie has been called medieval looking and an urban street dog, "he's a winner and a champion."

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Kaylynn Evans, *MSM-HC, LTCA, CADDCT*
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"They have been a source of comfort, joy and inspiration throughout my life."

10 dogs but who's counting

Like all pet owners, ***Melanie S. Steele*** can't imagine living her life without her 10 dogs, mainly greyhounds.

"They have been a source of comfort, joy and inspiration throughout my life," said Steele, formerly of Palmetto Bluff who now is retired and lives on Johns Island. Her brood ranges in age from 8 months to 6 years. She whelped all but one of the dogs at birth.

"They are all special in different ways given their individual personalities," said Steele, who enjoys dog shows, marching in parades and traveling the world. "I love their kind, gentle spirits even when they are being naughty."

For the record, their names are Grange, Vera, Cerre, Krug, Scarlett, Redmond, BB, Leese and Val. Steele also bred top show dog Gia, GrandCru Giaconda, a registered greyhound that won the 2016 National Dog Show Presented by Purina and Best of Breed two years in a row from 2015-16 at the Westminster Kennel Club dog show at Madison Square Garden. The dog also been ranked the No. 1 Hound in the country and earned numerous Bests in Show. She said each of her dogs is more attached to people than other animals.

MORE ONLINE
If you've ever been to Odyssey Health Club on Hilton Head Island, you've met the resident pets, Moose and Brutus. Read their story online at **LocalLifeSC.com**.







A special dog who serves his community

Business owner ***Laurie Brown*** of Indigo Run has a very special partner in her life: Trapper the Wonder Dog, a golden retriever and certified therapy dog.

The 9-year-old is a media star and local celebrity. As the mascot of Aunt Laurie's, a gift basket company that helps people with disabilities learn job skills, he is the fuzzy face in the company's social media, marketing collateral, newsletters and website.

"He gives presentations with me at places such as Rotary, BNI, Don Ryan Center for Innovation, 1 Million Cups and SCORE," Brown said. "He loves his picture taken and he has two other brothers, Ruff and Norman, that stay behind the scenes, but I love them just as much."

When the 90-pound, people-loving gentle giant isn't swimming in the ocean or the family pool, he has a very busy work/play schedule. Among his activities are helping children learn to read at libraries, visiting nursing homes, playing games and crafts with the kids at vacation Bible school, calming college students during exam weeks and visiting disabled adults at various organizations.

And what's a dog's life like without appearing at charity events and in parades? Trapper does that too, of course.

"He's smart, gentle, patient, loyal and calming," Brown said.





Defying Dorian

Think your hurricane evacuation was stressful? Check out this report filed by Franny Gerthoffer, executive director of the ***Hilton Head Humane Association****:*







We started watching with the rest of the East Coast the path and progress of Hurricane Dorian. On Aug. 28, in preparation, we contacted our partners for possible transports out of the Lowcountry. The safety of over 200 shelter dogs and cats forced us to act early.

National organizations swoop in fast to help targeted areas. The problem with Dorian was "the moving targets." It was very hard to predict where the landfall would ultimately happen. We were able to move 12 animals on Aug. 31, and 34 more animals on Sept. 1 to our "go to" partners who are always there for us in disaster. That helped, but it was not enough.

On Sept. 2, the governor called for a mandatory evacuation. At 1 p.m., we were notified by the American Society for the Prevention of Cruelty to Animals that they would assist us, along with our partners, Beaufort County Animal Services, by sending a plane to the Savannah Airport the next morning, Sept. 3, to transport animals out and that we would need to be at the airport by 8 a.m.

Working along with the ASPCA, we sent information on over 200 animals to receiving shelters to review and select which dogs or cats they could absorb. Once the animals were designated to different receiving shelters, we then had to pull all medical information, medicine, pictures, rabies tags and certificates, and prepare health certificates for travel. HHHA, along with BCAS, literally worked through the night. Our staff — including our vets, our office staff, kennel staff, medical staff, and adoption facilitators — pulled it off! There were a few challenges, to put it mildly (such as finding 80 plastic crates after midnight); but the coffee, soda, cookies, and all available sugar did not let us down. We took power naps at our desk or in our cars and pushed through to meet the deadline.

By 5:30 a.m., our 195 animals were in labeled crates with all of their pertinent information attached and loaded into five waiting vehicles, driven by the employees that worked through the night. The convoy arrived at the Savannah airport as scheduled, and the tears flowed as everyone watched the animals load into the plane that would take them out of Dorian's path and into the waiting arms of receiving shelters.

Exhausted, elated, happy, sad, adrenaline-pumped, energized — it was a roller coaster of feelings and emotions. You would think after a less than 18-hour turnaround we would be finished, but no. We did one more run to Alabama with 29 animals the next morning and we were back in Beaufort by curfew,

One thing is for sure: Our team is devoted, determined and dedicated to our animals. We defeated Dorian.

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LETTERS TO HOME



Two rescued pets *checked in to let us know they're doing great (and they miss us).*

Island friends,

While I loved my time on the rock, I must say my new life with Julie and her family in Beaufort is just fantastic! Julie and I first met back in 2003 when she began volunteering with all the cool cats of Hilton Head Humane. It was love at first sight. She was my soul mate! Unfortunately, the cat she had at home wasn't a huge fan, so I couldn't move in. Then, to add insult to injury, her family received orders from the Marine Corps and they moved to San Diego. We said our goodbyes in March 2017. I was devastated! But she did leave me with a promise: If she ever returned home to the Lowcountry, she would add me to her family. As the days went by, I always thought of what could have been if Julie and I could have made it work, or if she ever came back for me. My caring Hilton Head Humane Association family knew I was hurting, so they threw me a huge 17th birthday party, and blasted it all over social media. The plan worked! Franny got a call from an interested parent right away who asked to start the paperwork process. I was so excited! When my new owner finally arrived, my heart skipped a beat as Julie walked through the door and scooped me up into her arms. She took me into her beautiful new home here in Beaufort, where I now live with my new family (which includes a curious toddler, a cuddly husband, a big grumpy dog, and a crazy kitten that wants to be the Robin to my Batman). To all you potential pet adopters out there — don't look past us older cats. You don't have to worry about us climbing the curtains or throwing things off the counters. Best of all, we appreciate you! ***— Jax Pierce, Beaufort***



Eh locals!

This is Gigi (formerly Beth) checking in from beautiful Ottawa, Canada. My new family goes on holiday to Hilton Head Island several times a year. We met at the Valentine's Day fundraiser at Shelter Cove Park and were an instant match. My Hilton Head Humane Association family was able to get all of the heath certificates for transport to my new postal code. Getting up to speed with all of the Canadianisms has been a bit of a challenge, but it's no kerfuffle. I now love Muskoka chairs, backbacon, the metric system, David Wilcox (not the one you're thinking of) and more. Life with the Govings is going great! Every day feels like a civic holiday. My new owners think I'm such a girl guide, they jokingly argue about whose dog I am. I would probably pick Brittany, but don't tell her that! I also adore my canine rescue sibling, and my two human siblings. They give my life purpose. Once a momma, always a momma <3. I wouldn't trade this new life for all of the toonies in the world! ***— Gigi Goving, Ottawa***

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Secret spot off the beaten path







Jake's Island

STORY + PHOTOGRAPHY BY MICHELE ROLDÁN-SHAW



FIT TO BE TIDE You can only reach this remote Lowcountry island during king tides. The next set is predicted for Nov. 25-28.

I call it Jake's Island, but perhaps others have named and claimed it for themselves. This tiny scrap of high ground in the brackish marsh around Wright River — which empties into the Atlantic above Tybee — will never be home to anything except wildlife. Belonging to none, it is open to all.

A visit here is difficult, however, as you must wait for a perigean spring tide (colloquially known as a king tide) when water levels rise flush with the bank. This occurs several times a year, during the new and full moons in spring and fall when the moon is at the point closest to earth in its orbit, bringing a 9-foot-plus tidal change to Wright River.



But I hadn't thought all that through when I first discovered Jake's Island. I simply stumbled upon it one pretty day in November and saw a shore to land on. There was nothing and no one around. Marsh hens cackled at me from their grassy bastions. It took a while but I worked up the nerve to jump in the creek, only to panic and tear my legs up scrambling for dear life back over the bank. Later I would see the spot at low tide and realize my bold leap had been over a mass of barnacle-encrusted snags. Plus there were alligators.

Jake's Island had stolen my heart. A friend begged me to take her camping so we founded our semi-annual Jake's Island Expedition, strapping gear to our kayaks and towing firewood over on a pool float. The best was a thermos of hot tea in lawn chairs by the water, and a hammock between palmettos. We learned that campfires at Jake's Island go underground, as the whole island is basically a giant

"A visit here is difficult as you must wait for a perigean spring tide"







How to get there

Location: Wright River, Hardeeville
Mode of transport: Kayak
Directions: Put in on the Wright River. Take a left from the landing and keep taking lefts at every major intersection until you come to Jake's Island, reached only on the astronomical high tide.
Travel tip: If you land, don't get lost in a reverie and let the tide go out! You will be stranded for the next 10 hours.

Duraflame log — no dirt, just a mat of compacted vegetable matter. But the biggest surprise came the next morning when we tried to leave and found ourselves stranded atop 8-foot bluffs with a bank of slick pluff mud beneath, and no way to launch our boats. Only then I understood the true remoteness of Jake's Island: in hollering difference from the mainland, one is truly unreachable here.

Later my friend and I would agree that Jake's Island is our happy place. When I think about it, hear the marsh birds squawk and the palmetto fronds rattle in my mind, and especially when I recall a certain misty sunrise with momma and baby dolphin feeding in the creek, a sense of peace comes over me. If you ever find Jake's Island, all I ask is that you cherish it as much as I do. *LL*



Painted love

Pets have long been a source of inspiration and as a metaphor for artists. Pet art dates all the way back to the first cave paintings, as many artists have used our furry friends to evoke sentimental feelings and reflect on human nature. We collected a few positively pawsome pieces from local artist and galleries.

Find additional works of art online at **LocalLifeSC.com**



Dublin Dogs by Glenn Harrington (Red Piano)



Charlie by Addison Palmer (Red Piano)



Polo by David Randall, (Fast Frame)



Hound Study #1 by Louanne LaRoche (Camellia Art)



Old Grey Mare by Louanne LaRoche (Camellia Art)



Lily by Glenn Harrington (Red Piano)



The Secret, Mira Scott

Imagine

i hear they mate for life
call out to lovers and friends
mark territory in rainforest colors
glowing teal wings
burning orange chests

a deep black beak-hook shares
dinner with the wife, or grooms
her pesky displaced feathers

imagine the shock, ripped
from this community of lovers
to an undersized crate marked

EXOTIC AMAZON MACAW

imagine

cramped miniscularity
compels its song — a scream
to that lost companion
poachers left behind

— Elizabeth Robin

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TROPHY HUNTERS The 2019 Optimist Pram Team Invitational presented by ZIM Sailing features six premier teams with some of the best youth sailors on the continent.

Windmill Harbour hosting prestigious sailing event

STORY BY THOMAS KINGSTON
PHOTOGRAPHY BY PETER CRAM

Since its inception Windmill Harbour, the secluded, 172-acre, yacht club community at the foot of the Hilton Head bridge, has earned a well-deserved reputation for being unique, innovative and distinctive among Hilton Head Island's private residential enclaves.

Today's community is what founder, James N. Richardson, Jr (known among friends and colleagues as JR) envisioned when he defined his concept in the early 1980s with his mentor, the late Charles E. Fraser (founder of the Sea Pines Resort community).

Both agreed what was missing locally back then was an unparalleled, upscale member's only community that would cater primarily to boaters like themselves who shared a love for nautical life, and the special comradeship that comes with it.

Crown jewel launched

Their vision was formalized in 1981, when JR, together with Fraser and a key investor, Andres Deutsch, formally established Windmill Harbour. Then, in late summer 1989, JR, together with his new bride, Leslie, launched Windmill Harbour's crown jewel, South Carolina Yacht Club.

A gala, week-long 30th Anniversary of the Yacht Club's founding was recently celebrated by the Richardson family with a gathering of hundreds of members and friends from around the globe.

Today the South Carolina Yacht Club (SCYC) has another young visionary, Director of Sailing, Mark Newman who is seeking to revitalize a love for sailing among local youth. In just three years he has grown his program





30 YEARS AND COUNTING South Carolina Yacht Club membership made a presentation to JR and Leslie Richardson at the 30th Anniversary Gala. From left: Collins Richardson, Leslie Richardson, JR Richardson, Forest Richardson and James Richardson III.



OPTIMIST PRAM TEAM INVITATIONAL REGATTA

When: 10:30 a.m., Saturday, Nov. 9; and 9:45 a.m., Sunday, Nov. 10. Racing will continue throughout the day each day.

Details: The Windmill Harbour gate will be open to people who say they are there to view the racing.

More information: Facebook @0pti1scyc, 843-681-7292 Ext. 9 or mobile, 607-329-2758

from 54 to 280 youths.

This 5th Annual OPTI Invitational Sailing event — featuring top young sailors from several of the best Yacht Clubs in North America to compete — is a tribute to both Richardson's foresight and initiative and Newman's resourcefulness.

The OPTIMIST Pram Team Invitational Regatta

The 2019 Optimist Pram Team Invitational presented by ZIM Sailing features six premier teams with some of the best youth sailors on the continent.

The "Optimist" (better known as the OPTI) is a class of small, single-hand fiberglass boats most popular with 8 to 15 year olds. Zim Sailing is a Rhode Island based sailboat building company with a goal of expanding the youth sailing market. It provides this SCYC event with 18 identical, brand new Z Force Optimists with matching equipment so that no boat has an advantage, and the winning teams are solely based on the singular skill levels of their talented young sailors.

Dozens of Yacht Clubs applied for the regatta. South Carolina Yacht Club team plays host. Other participants are the American Yacht Club (New York), the Fishing Bay Yacht Club (Virginia), the Lake Forest Yacht Club (Illinois), the Annapolis Yacht Club (Maryland) and the Royal Canadian Yacht Club (Toronto, Canada). *LL*

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Achieving Results

What: THRIVE Lowcountry Women's Conference
When it took place: Sept. 26-27
Where: Marriott Hilton Head Resort and Spa
Highlights: The theme of the third annual Thrive Lowcountry Women's Conference was "Achieving Results" with a goal to educate, empower and engage women of all ages in and around the Lowcountry to achieve their goals and realize results. Three local businesses won the first BizPitch competition. Karen Balerna of Nurse Advocate Partners; Amy Shippy of Blue Poppy Designs; and Katherine Reeves and Jessica Lowther of The Refinery Nail Bar and Skin Studio were each awarded a combined $8,500 in cash and in-kind prizes to expand or start their businesses.



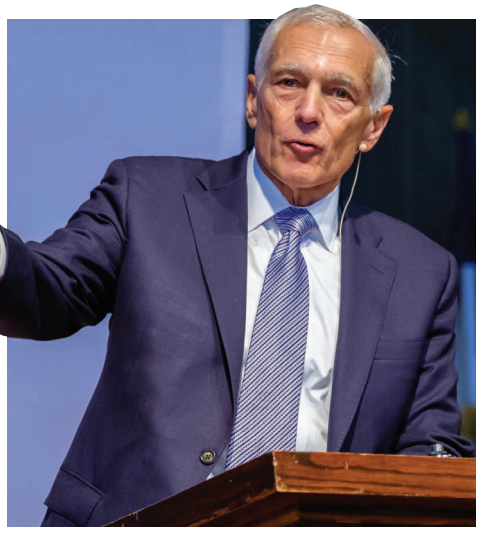






Spreading the Word

What: First Tee of the Lowcountry update
When it took place: Sept. 23
Where: May River Golf Club, Palmetto Bluff
Photographer: Heather Rath
Highlights: The First Tee of The Lowcountry shared its story and mission to Palmetto Bluff members and friends. The chapter has grown to serve more than 26,000 people annually. Insights were given by Greg Wrobel of May River Golf Club at Palmetto Bluff, executive director Pat Zuk, program director Nick Dunham, board chair Paul Caruso and student Jeep Patrick.



General Knowledge

What: Wesley Clark speaking event
When it took place: Oct. 4
Where: First Presbyterian Church
Photographer: Arno Dimmling
Highlights: Retired four-star Gen. Wesley Clark spoke about deglobalization and its threats and challenges as part of the World Affairs Council Hilton Head's Friday Speaker Series. Clark drew 750 people to the presentation, tying for the second highest attendance in WAC history.













Let's get Fizzical

What: Great Gatsby Affair hosted by the Hilton Head Island Wine & Food Festival and Moet.
When it took place: Oct. 3
Where: Harbour Town Yacht Club
Photographer: Kit Carper Photography
Highlights: Seventy-five guests traveled back to the 1920s and they dressed to impress. Guests indulged in flowing champagne, sumptuous dishes, period-specific cocktails and danced to a live jazz trio. Congratulations to Dustin Saunders for winning Master Mixologist with his "Jasmine Victory" cocktail. Mark your calendar for the 35th annual Hilton Head Island Wine & Food Festival on March 9-15. hiltonheadwineandfood.com









Guessing Game

What: Beach sweep fundraiser for Sea Turtle Patrol
When it took place: Month of September
Where: The Gallery of Shops, Hilton Head
Highlights: Local resident Susan Ochsner helped clean up Sea Pines' beaches all summer and used all the items she found to raise money for the Sea Turtle Patrol. Ochsner filled Charlie Steingraber's 2000 Buick Park Avenue with the discarded plastic buckets and toys. People guessed how many toys were inside the car, leaving their guess along with a donation in an envelope. The closest number without going over won a $200 gift certificate from The Sea Pines Resort. All proceeds will go to the Sea Turtle Patrol Hilton Head Island, and toys were donated to The Children's Center. Ochsner is pictured with Amber Kuehn of Sea Turtle Patrol HHI.





The Big Picture

What: Lowcountry Celebration Park site mural
When it took place: Sept. 30
Where: Lowcountry Celebration Park site, Hilton Head Island
Highlights: Local artist Jessie Renew designed a 7-foot-tall, 450-foot-long mural to cover the fence at Lowcountry Celebration Park, which is under construction. The mural incorporates themes of Hilton Head Island's local ecology. The Town broke ground for the Lowcountry Celebration Park in June. Since the site will be under construction during peak tourist and shoulder seasons, the idea was presented to cover the fencing around the construction site with a mural to make the site more aesthetically pleasing to guests and residents.



Sip & Shop

What: Sip & Shop Fashion Pop-Up Boutique
When it took place: Oct. 11
Where: Vineyard Bluffton
Highlights: Patrons were treated to brunch, cocktails and the latest in fall and winter fashion. An independent cabi stylist presented clothes and jewelry ranging from casual to professional, perfect for lunch with friends or an evening out. A portion of the proceeds benefited the Alzheimer's Association.

Change of Scenery

What: Artists of Sea Pines exhibit changeover
When it took place: Oct. 4
Where: Sea Pines Community Center
Highlights: Wine and appetizers were served as the Artists of Sea Pines exhibit changeover took place. New pieces from Pam White and Emile Vairo are now on display at the Sea Pines Community Center.









Pretty and Pink

What: Guinness World Record attempt for most lawn flamingos
When it took place: Oct. 12
Where: Fripp Island Resort
Photographer: Jessica Baker
Highlights: Fripp Island Resort and Pledge the Pink attempted to break the Guinness World Record for most lawn flamingos in a row. They used 3,753 lawn flamingos, all touching and in one line. "We probably won't know if they've accepted all of our evidence and the attempt itself for a couple of months," Baker said.



Celebrity Sighting

Massage therapist Esmerelda Flores ran into musician, singer-songwriter, painter and actor John Mellencamp at Freeport Marina on Daufuskie Island. Flores used to give him massages back when he was known as John Cougar.





NOVEMBER calendar

Nearly every day in **November** warms to over 60 degrees, making it the perfect month to attend outdoor festivals and events.

Here is a collection of a few of our favorites, along with days of national and international interest.

Cut this page out and stick it on your fridge!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THINGS TO DO NEARBY			**ONGOING**			
Savannah Rock n Roll Marathon (Nov 2 & 3) Skidaway Island State Park: Pups & Trucks Festival (Nov 3) Downtown/Historic District: Savannah Food & Wine Festival (Nov 4-10) Civic Center: Disney On Ice (Nov 7 & 10)	Civic Center: The Doobie Brothers (Nov 16) Savannah Convention Center: Christmas Made in the South (Nov 22-24) **Charleston** Johns Island Country Park: Charleston Hot Air Balloon Festival & Polo Match (Nov 14 - 15) Chas. Oyster Festival (Nov 16)	**Columbia** Columbia Metropolitan Convention Center: Home Show (Nov 2-3) Colonial Life Arena: Miranda Lambert (Nov 8) **Jacksonville** Florida Theatre: Dane Cook (Nov 7) Daily Place: Sting (Nov 8) Springfield: PorchFest (Nov 9)	Port Royal Golf Club: Concours d'Elegance and Motoring Festival (Ends Nov 3) **In Oct. Issue* Shelter Cove Towne Centre: Water Sidewalk Sale (Nov 8-Nov 10) Shelter Cove Towne Centre: Holiday Lights & Santa Visits (Nov 29 & 30,	Dec 6, 7, 13, 14, 20 & 21) Salty Dog: South Beach Christmas Village (Nov 29-Dec 22) Main Street Youth Theatre: Godspell Show (Nov 13-24) Bluffton Book Festival (Nov. 21-23) Seahawk Cultural Center: The Nutcracker (Nov. 15-24)	**1** **World Affairs: *Monica Araya*** Concours d'Elegance Preview Flights & Fancy Aeroport Gala Roberto Coin Trunk Show	**2** **USCB Center for the Arts: *Pat Conroy Literary Festival*** Car Club Showcase Nutcracker 5K CharliFest
3 **Daylight Saving Time Ends** ***Concours d'Elegance*** Aero Expo USCB Chamber Music	**4** **Candy Day** **Rooftop Bar: *Dueling Pianos & Ladies Night*** Jazz Corner: *Fat Tuesdays*	**5** **Doughnut Day**	**6** **Ruby Lee's South: *Target the Band*** Stress Awareness Day	**7** **Thrift Store Flip** **Canine Lymphoma Awareness Day**	**8** **Cappuccino Day** Hilton Head Oyster Festival **Salty Dog: *Sea Pines Forest Preserve Bonfire***	**9** **Crossing Park: *Hilton Head Bridge Run*** Hilton Head Oyster Festival Cinema Under the Stars HHI Lantern Parade Family Fall Festival
10 Crazy Crab: *David Wingo* **The Tiki Hut: *Shakey Bones*** Out of the Darkness Walk	**11** **Veterans Day** Mary Green Chorale	**12** **Chicken Soup for the Soul**	**13** Ruby Lee's South: *Target the Band* **Rooftop Bar: *Coastal Country Night with FREE Line Dancing Lessons*** World Kindness Day	**14** **Pickle Day** Ruby Lee's South: *Target the Band* Trail to Ale 5K	**15** Pedal Hilton Head 2019 **Roasting Room: *The Train Wrecks*** World Affairs: *Sulmaan Khan*	**16** **Fast Food Day** Pedal Hilton Head Island Holiday Craft Fair It's Hip To Be Square Cocktails on Broad Creek
17 **Hilton Head Symphony Orchestra** Jazz Corner: *Deas Guyz* Crazy Crab: *David Wingo* Take a Hike Day	**18** **Palmetto Bluff: *Music to your Mouth*** Hilton Head Symphony Orchestra **Mickey Mouse Day**	**19** **Play Monopoly Day** Jazz Corner: *Fat Tuesdays*	**20** **Jazz Corner: *Earl Williams*** Rooftop Bar: *Coastal Country Night* *Marco Bicego Trunk Show*	**21** **Great American Smokeout** Ruby Lee's South: *Target the Band* Rooftop Bar: *Dueling Pianos & Ladies Night*	**22** **Cranberry Relish Day** Boats and Brews Roasting Room: *Rachel Baiman Band*	**23** **Beaufort Academy: *Holiday Market of Beaufort*** Rooftop Bar: *DJ Dance Party* Fibonacci Day HHI Christmas Tree Lighting
24 **Sardines Day** Jazz Corner: *Deas Guyz* Crazy Crab: *David Wingo*	**25** **Parfait Day** Jazz Corner: *The Martin Lesch Band*	**Cake Day** Jazz Corner: *Fat Tuesdays* Roasting Room: *An Evening with Shawn Mullins*	**27** **Salty Dog: *Annual Salty Dog Homecoming*** Jazz Corner: *Bobby Ryder* Jukebox Day	**28** **Thanksgiving Day** Turkey Trot 21st annual Community Thanksgiving Dinner Thanksgiving Scavenger Hunt	**Sea Pines Resort: *17th Annual Fishing Tournament*** Gregg Russell Thanksgiving Concert Black Friday	**30** **Sea Pines Resort: *Caramel Apple Festival*** Small Business Saturday Computer Security Day

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Rosa Luna and Marilyn Eitel at The Cypress



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– Rosa Luna –
Environmental Services, Cypress Staff

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– Marilyn Eitel –
Cypress Member

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NOVEMBER happenings

Art showings, plays & performances



Hilton Head Symphony Orchestra: Rachmaninoff & Franck

This special performance will feature conductor John Morris Russell and Eric Zuber on piano. Hailed as an "irresistibly fluid" and "illuminating" pianist by the New York Times and the Cleveland Plain Dealer, Zuber has established himself as one of the leaders of a new generation of American pianism. During a period of just a few years, Zuber was a recipient of major prizes from 10 of the world's most prestigious international piano competitions, including Arthur Rubinstein, Cleveland, Seoul, Sydney, Dublin, Honens, and the Piano-e-Competition. He also was awarded Gold Medals in both the Hilton Head and Boesendorfer International Piano Competitions. For these and many other remarkable achievements, he was given the Arthur Rubinstein Prize by The Juilliard School. Dr. Zuber is also a two-time recipient of the Gina Bachauer Prize at Juilliard—one of only a handful of pianists in the school's history to have won the award in two consecutive years.

RACHMANINOFF & FRANCK
When: 5 p.m. Nov. 17; 8 p.m. Nov. 18
Where: First Presbyterian Church
Details: hhso.org

The Mary Green Chorale presents "A Salute to Veterans"

The Chorale will present pieces for mixed chorus, men's and women's voices, with engaging commentary throughout the evening. Tickets are available online and on Hilton Head at The Oilerie in Wexford Village and Burke's Main Street Pharmacy. In Bluffton, purchase tickets at Markel's Card & Gift Shop and at the door on concert night.

A SALUTE TO VETERANS
When: 7:30 p.m. Nov. 11 **Where:** All Saints Episcopal Church
Details: marygreenchorale.org

Ralph Sutton/David Randall art show

Check out the work of artists Ralph Sutton and David Randall at this special show Nov. 9-Dec. 9 at Fast Frame gallery. There will be an opening reception with refreshments from 4-7 p.m. on Saturday, Nov. 9.

ART SHOW
Details: fastframe.com, 843-342-7696



The Nutcracker

Celebrate the beginning of the holiday season with the Hilton Head Dance Theater's production of The Nutcracker for a performance that the whole family will enjoy. Experience a spectacular treat of dance and music.

THE NUTCRACKER
When: Nov. 15 - 24
Where: Seahawk Cultural Center
Details: hiltonheaddance.com



Marco Bicego at Forsythe Jewelers

Meet one of the world's most influential and creative jewelry designers in person. Forsythe Jewelers is honored to have Marco Bicego for a personal appearance and to debut his fall collection. Marco Bicego has redefined the phrase "everyday luxury" with sensuous, extraordinarily beautiful jewelry which blends Old World Italian hand craftsmanship with tradition, passion, and imagination. Marco will personally engrave Marco Bicego jewelry purchased that day. Enjoy a complimentary gift with your Marco Bicego purchase. Light refreshments served.

MARCO BICEGO TRUNK SHOW
When: 4-7 p.m. Nov. 20 **Where:** Forsythe Jewelers
Details: forsythejewelers.biz or 843-671-7070





MARY KAY LONG PRESENTS "WITH A SONG IN MY HEART"

The Society of Bluffton Artists' November Featured Artist is Mary Kay Long, who will be exhibiting Lowcountry landscapes and animal portraits and holding a fun, interactive contest for visitors. Guess the song title of a prize painting and be entered into a random drawing to determine the winner of the painting from Long's collection. The winner will be announced Dec. 2.

WITH A SONG IN MY HEART
When: Exhibit runs Nov. 4-Dec. 1, Opening Reception 3-5 p.m. Nov. 10
Where: SoBA gallery in Old Town Bluffton
Details: sobagallery.com or 843-757-6586

THE CAPITOL STEPS

Senate Staffers turned award-winning comedy troupe put the "mock" in Democracy. The Capitol Steps combine song and stand-up in one unique, brilliantly hilarious show. No matter who or what is in the headlines, you can bet they'll tackle both ends of the political spectrum and all things foolish.

THE CAPITOL STEPS
When: Nov. 8-10
Where: The Arts Center of Coastal Carolina
Details: artshhi.com



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Welcome to our Home for the Holidays Open House

Sunday November 3, 2019
12 pm - 4 pm

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pyramidshiltonhead.com

MAIN STREET LOCATION ONLY







Festivals and Fun

Lantern Parade to light up the night

STORY BY CAROLYN MALES + PHOTOS BY STEVE EBERHARDT PHOTOGRAPHY

A line of fairy lights dances across the sand. Big blue herons, their heads bobbing and weaving on long necks, jut twelve feet high against the dark sky. Owls spread their vast purple wings, shepherding a nest of owlets in their wake. Giant sea turtles trailed by hatchlings paddle by while butterflies, dragonflies with six-foot spans, and roly-poly pigs seem to fly through the night air. And wait! Miniature houses straight out of Mitchelville's storied past now come marching along.

Dorothy, you're not in Kansas anymore. And maybe for a moment you wonder if you're even on planet Earth. It's as if you've stepped into another dimension, one where fanciful creatures--mermaids, unicorns, oversized frogs, cavort along the shoreline in a grand light show. But the truth is you've arrived at Hilton Head Island's first Lantern Parade.

And oh, what a spectacle it will be. For the past two months locals of all ages—toddlers to teens, millennials to baby boomers and beyond — have been at work handcrafting their festive lanterns either on their own or in workshops. So who knows what other intriguing creatures will join the throng? Maybe sharks, bugs, jellyfish, birds, octopi, parasols, and even cartoon characters. Middle-schoolers have already painted and collaged their own faces on big round lanterns. And a group of "mad" hatters just might arrive sporting patterned glowing stovepipe headgear.

"You don't have to be an artist if you want to make a lantern and get in on the fun," declares Jenn McEwen, the town's director of cultural affairs. "Just unleash your creativity." Anything you can imagine, you can make from paper, fabric, tape, paint, flexible sticks, LED lights, and other materials. And then you can come parading to lively tunes and beats played by the Hilton Head High School Marching Band and Columbia's Soda City Brass Band.

It was McEwen who provided the creative "spark" to light up the night here. She'd first seen a lantern parade in Atlanta, a yearly event that draws thousands of participants and viewers to the Beltline park in that city. Wowed by the color and illumination, along with the creativity and the community spirit it generated, she knew she wanted to bring this enchanting pageantry to the island. Her idea was to celebrate the Lowcountry's history, culture, and ecology—and the island's creative spirit and imagination--in one grand temporary public art display, an spectacle that would provide a colorful finale to the island's monthlong Crescendo arts festival.

Her guiding light for this luminous whimsy is artist Chantelle Rytter, who founded Atlanta's Lantern Parade ten years ago. Inspired by Mardi Gras and the vibrant street festivals of New Orleans, Rytter decided to conjure up that freewheeling, joyous civic spirit in Georgia's capital city and beyond. She founded a krewe, The Grateful Gluttons (tagline: Advocating grownup playtime since 1999!), and over the years they've "kindled" other fantastical events including the legendary "Parliament of Owls," and one memorable happening where they set the record for "Most People Dressed as Garden Gnomes," drawing 775. Happily, some of Rytter's frolicsome Grateful Glutton puppeteers will be here to jumpstart Hilton Head's great procession.

HHI LANTERN PARADE

Date: Nov. 9

Place: Starting point, Alder Lane Beach Access. The procession then will travel north to Coligny Beach.

Time: The parade steps off at 7 p.m. Lineup for participants at 6 p.m.

Details: Free. You must have a lantern to march in the parade but onlookers are welcome to line the parade route. For information on the parade, lantern-making workshops and a list of materials to make your own lantern. Lanterns must be LED-lit. South Carolina does not allow flame-lit lanterns. Kickoff party from 5-7 p.m. on Nov. 8 at FISH restaurant.

Why a lantern parade? "Moving together to music through a shared space is some sort of powerful magic tribal thing we create," Rytter declares. "I think we have a common calling to delight one another and we need ritual reminders to do it often."

So come join the celebration Nov. 9. Come to smile and be thrilled by the spectacle.

Or better yet, design your own lantern and become one with the merrymakers. Afterwards, stick around to hang out with the heron, owl, and dragonfly lantern puppets. Sit on the sand and admire the Mitchelville houses, now grounded in a mini-city on the sand. Get up-close looks and take selfies with these wondrous lantern characters. Then party on at the Beach House Resort's Tiki Hut with Pretty Darn and dance the rest of the night away.

"Communing together with our creations on a stretch of our beautiful beaches in a one-night temporary art display, what could be more fun than that?" says McEwen.

I'm sure the big blue heron will nod his head in agreement. LL

TOGETHER WE CAN
MAKE A LASTING DIFFERENCE



Roger and Cheryl Comes, of Beaufort, care about our children and our environment.

That's why, when they were looking for the most straightforward and flexible way to support children's and environmental organizations, they chose to establish a donor advised fund with Community Foundation of the Lowcountry.

In addition to the simplicity of setting up the fund and recommending grants, "we wanted to work with an organization that is connected and familiar with the local community," Cheryl says. "And we know a donor advised fund will still be here when we're not," Roger adds. That means future generations can carry on their family's tradition of philanthropy.

You can set up a donor advised fund with an initial investment of only $2,500. The funds offer tax benefits, too.

Let us help you support the causes that are important to you. Give us a call to learn how easy it is to set up a donor advised fund.

> **"WE CARE ABOUT CHILDREN AND OUR ENVIRONMENT.**
>
> *- Roger and Cheryl Comes Beaufort*

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COMMUNITY FOUNDATION OF THE LOWCOUNTRY
25 YEARS 1994-2019

Festivals and Fun



Be inspired, network, and have fun at the Bluffton Book Festival

STORY BY EDDY HOYLE

Attention all book lovers! Mark your calendars for the 4th annual Bluffton Book Festival, Nov. 21-23. This is a top-shelf event that will give you the opportunity to meet over 50 authors, enjoy a family-friendly festival on Calhoun Street in Bluffton, participate in writing workshops, and hobnob with authors at the Featured Authors masquerade-themed dinner.

"We are excited to have more than 50 authors participating in the 4th annual book festival this year. Having national bestselling authors, as well as local and regional indie authors means we have several genres of books and great holiday gifts for all ages," said Rockelle Henderson, founder of the festival. "The festival not only brings awareness to local and national writers, it is a fundraiser to benefit The Literacy Center and the national bookselling community. Our mission is to raise literacy levels in the state of South Carolina and specifically in Beaufort County."

Events to look out for during the three-day schedule include: Pat Conroy-inspired lectures at the Bluffton Library; a cooking demo and tasting with local celebrity chef, Sallie Ann Robinson, featuring recipes from her newly published cookbook, Sallie Ann Robinson's Kitchen: Food and Family Lore from the Lowcountry; "Authors in Conversation" at the Arts Center of Coastal Carolina; the VIP-featured authors dinner and reception with a masquerade theme; workshops and authors panels; food vendors, face-painting, and story-time events for the kids.



Featured authors include New York Times' best-selling author and illustrator, James Dean and his new book, Pete the Cat and the Perfect Pizza Party, and actress and debut author, ***Tina Lifford***, the breakout star of the critically acclaimed drama, 'Queen Sugar,' from executive producers Oprah Winfrey and Ava DuVernay for OWN Network.

The authors dinner will be from 6 to 9 p.m. Friday, Nov. 22, at the Oak Terrace at Rose Hill. The theme is a masquerade party, and attendees are encouraged to come in their best costumes because prizes will be awarded. Seating is limited for many of the events, so register at blufftonbookfestival.com.

For more information about the festival and all of the events, visit the website and keep up with events on Facebook, Instagram, and Twitter, or join the mailing list. To become a sponsor, call 843-707-6409.

BLUFFTON BOOK FESTIVAL

When: Nov. 21-23 **Where:** Bluffton and Hilton Head Island locations **Details:** Taste of Gullah with Sallie Ann (6 p.m., Nov. 21, Billy Wood Appliance), Pete the Cat Creator James Dean (11 a.m., Nov. 23, Old Town Bluffton), Authors in Conversation (11:30 a.m., Nov. 22, Arts Center of Coastal Carolina), VIP-Featured Author Reception Masquerade Ball (6 p.m., Nov. 22, Rose Hill), Street Festival Event (10 a.m., Nov. 23, Calhoun Street); blufftonbookfestival.com



Inaugural Hardeeville Festival on Main

Activities kick-off at 4 p.m. Friday, Nov. 1, with the 2nd annual "Battle of the Badges" charity softball game, featuring the Hardeeville Police Department vs. The City of Hardeeville Fire Department, benefiting the Juvenile Diabetes Research Foundation's Palmetto Chapter. The festivities continue through Saturday with live music, amusement rides, and cornhole and basketball tournaments. Fireworks Saturday night.

HARDEEVILLE FESTIVAL

When: 4-9 p.m. Nov. 1, 11 a.m.-9 p.m. Nov. 2
Where: Richard Gray Recreation Complex Park, Hardeeville
Details: cityofhardeeville.com or 843-784-2231

Lowcountry Holiday Craft Fair

Hilton Head Island Beach & Tennis Resort is bringing local artists and talent together in one space to showcase and sell their merchandise.

HOLIDAY CRAFT FAIR

When: 10 a.m.-4 p.m. Nov. 16; noon-4 p.m. Nov. 17
Where: Hilton Head Island Beach & Tennis Resort
Details: No entry fee for customers to shop. Vendors are $30 per space. 843-842-0010.

Fall Family Fest 2019

Come together with the Hilton Head Island community to enjoy a beautiful fall day outdoors. Live music, lots of games for kids and adults, a bounce house, pumpkin painting, food trucks, and vendors with great Christmas gifts. Bring canned or dry goods to exchange for carnival tickets. Donations support Sandalwood Food Pantry.

FALL FAMILY FEST

When: 3-6 p.m. Nov. 9
Where: St. Luke's Church
Details: 843-785-4099 or Facebook



EASTBOUND & DOWN SOUTHERN FALL FIELD TRIPS

Fusion Photography's Deevo Tindall and Lisa Staff Photography's namesake Lisa Staff are hosting a series of photography and social media workshops and retreats set throughout the beautiful views and venues of the Southeastern United States. Experience some of the best landscapes, food and camaraderie the region has to offer by joining the Queen City Nightlife Tour in Charlotte (November) and the Southern Architecture Tour in Charleston (December).
Details: fusionphotographystudio.com

HHSO

Inspiring, enriching and uniting the Lowcountry.





The Holiday Season is Upon Us!

Join us for our upcoming Holiday concerts. Music Director John Morris Russell, the HHSO, and the HHSO Chorus are joined by special guests from the Effingham County Chorus and Hilton Head Dance Theater to present a family friendly, one act, holiday spectacular. The Dance Theatre dancers are performing a corps of Snowflakes, the Snow Queen and her Snow King. In addition to all of your holiday favorites, this festive evening features a brilliant new setting of Clement Moore's classic poem, A Visit From St. Nicholas. Call the HHSO at **843-842-2055** or online at **www.hhso.org**.

"A Holiday Spectacular! This beloved event is a must!"

- MARY M. BRIGGS

HHSO HOLIDAY CONCERT HILTON HEAD A VISIT FROM ST. NICHOLAS

Sunday, December 1, 2019 • 5pm
Monday, December 2, 2019 • 8pm
First Presbyterian Church
Tickets: $30, $50 and $60
John Morris Russell, Conductor
Blake White, Narrator
Geoffrey Cormier, Shadow Puppeteer

BLUFFTON COMMUNITY HOLIDAY CONCERT A VISIT FROM ST. NICHOLAS

Saturday, November 30, 2019 • 7pm
St. Gregory The Great Church (The Parish Life Center)
32 Saint Gregory Dr. Bluffton, SC 29909
Tickets: $30 Tickets $10 for children/students under 16
Children and families of all ages are welcome. Open seating.



MEET THE SOLOIST
Prized Pianist

Hailed as an "irresistibly fluid" and "illuminating" pianist by the New York Times and the Cleveland Plain Dealer, ***Eric Zuber*** *has established himself as one of the leaders of a new generation of American pianism.*

During a period of just a few years, Dr. Zuber was a recipient of major prizes from ten of the world's most prestigious international piano competitions.

Dr. Zuber is also a two-time recipient of the Gina Bachauer Prize at Juilliard—one of only a handful of pianists in the school's history to have won the award twice in two consecutive years.

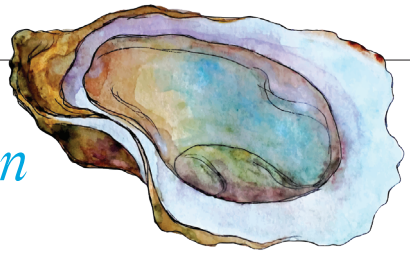


RACHMANINOFF & FRANCK

Sunday, November 17, 2019 • 5pm
Monday, November 18, 2019 • 8pm

John Morris Russell, Conductor and Eric Zuber, Piano

RACHMANINOFF Piano Concerto No. 3
FRANCK Symphony in D minor



Festivals and Fun

Pedal with your neighbors

PEDAL HILTON HEAD ISLAND MAY DRAW CYCLISTS FROM ALL ACROSS THE COUNTRY, BUT THE LOCALS ARE HAVING THE MOST FUN.

STORY BY BARRY KAUFMAN



With Pedal Hilton Head Island approaching, it might be time to dust off your bicycle and take it for a spin. For those that are questioning whether or not to participate, may we present retired 4-Star Gen. Arthur Brown?

Gen. Arthur Brown, an adamant supporter of the Boys & Girls Club of Hilton Head Island, will be tackling the 40-mile group route, which weaves in and out of Spanish Wells — at age 89. Even with his 90th birthday coming up, Brown is raring to go. But then, Gen. Brown isn't like most octogenarians.

"I'm addicted to cycling," he said. "I used to run, but as I grew older I found that my legs and joints don't stand up to that pounding."

It helps that he got his first real cycling bike from his son, Arthur E. Brown III, a world-class cyclist. "I call them 'hand-me-ups.' He tried to get me started around 1990, but I really didn't pick it up until 2004."

Starting with Kickin' Asphalt, Brown dove headlong into the cycling community on Hilton Head Island. He now rides three times a week on a Trek bicycle he has given the name "Yoda" because, "he's small, he's smart and he's very fast." His thrice-weekly rides stretch for 30-35 miles with a group of about a dozen fellow riders. For Brown, it's about staying physically active, but it's also about enjoying some time with his friends. "We have a number of guys who are really fast, but I've found that by riding a little slower, it's more enjoyable," he said. "You can talk, you can enjoy the scenery."

His run on the 40-mile course at this year's Pedal Hilton Head will, naturally, not be his first. He did the 40-miler last year after finding that the previous year's 20-mile trek wasn't far enough, and he's been involved with the race long before he started riding in it. During the years when the event was called Pedal 4 Kids, Brown was the "king of the marshals," wrangling a group of volunteers.

Now, he's content to simply ride and enjoy. "We all look forward to it. Russ Whiteford has done a great job of laying it out and we have a whole host of really good volunteers."

For those not ready for 40 miles, Pedal has a 20- and a 10-mile go at your own pace, along with a 2-mile family-friendly ride. And for those looking for a more challenging experience, the 62-mile is packed full of beautiful views and fast paces. *LL*

PEDAL HILTON HEAD ISLAND
When: Nov. 15-17 **Where:** Hilton Head Island locations
Details: Rides include a 2-mile family pedal, a 10-mile ride at Palmetto Dunes, a 20-mile ride at Port Royal Plantation, a 40-mile group ride and a 62-mile metric century group ride. $55-$75. pedalhhi.org.

SOMETHING FOR EVERYONE AT THE HILTON HEAD OYSTER FESTIVAL

Highlights of this local favorite are the steamed, fried and stewed oysters, but you'll find plenty of delicious food for the non-oyster eaters, too. Enjoy live entertainment, a kids zone, marshmallow roasting and a sports lounge for those fall football games.

HHI OYSTER FESTIVAL
When: 5-8 p.m. Nov. 8; 11 a.m.- 5 p.m. Nov. 9 **Where:** Shelter Cove Pavilion
Details: hiltonheadoysterfestival.com



Hilton Head Island Christmas Tree Lighting

Santa kicks off the holidays with carols, crafts, yummy treats, art market, and a performance from Kiss Me, Kate. New this year, there will be a Pup Parade followed by a Puppy Pageant contest, so make sure to dress up your furry friends in their most festive outfits. Palmetto Animal League will be bringing adoptable pets so you can be the Christmas miracle for an animal in need. Also in the spirit of giving, guests are encouraged to bring nonperishable foods or toys to benefit Deep Well.

HHI CHRISTMAS
When: 3:30-5:30 p.m., Nov. 23
Where: Arts Center of Coastal Carolina
Details: artshhi.com

Bluffton Christmas Tree-Lighting Ceremony and Parade

The tree-lighting ceremony will take place at 5:30 p.m. Friday, Dec. 6, at DuBois Park, 67 Lawrence St., in Bluffton's Historic District. Mayor Lisa Sulka will announce the grand marshal of the Bluffton Christmas Parade, the Michael C. Riley Elementary school chorus will sing and town leaders will light the Bluffton Christmas Tree. Finally, cookies and refreshments will be served under the Pavilion where Santa and Mrs. Claus will make a pre-Christmas visit.

BLUFFTON CHRISTMAS
When: Tree Lighting 5:30 p.m. Dec. 6, Parade 10 a.m. Dec. 7
Where: Dubois Park
Details: townofbluffton.sc.gov



Turkey Trot

Start your Thanksgiving holiday with a fun, safe, and family-oriented Fun Walk or 5K. The after party is full of fun with free beer, muffins, and fruit.

TURKEY TROT
When: 8 a.m.- 2 p.m., Nov. 28
Where: Dockside on Skull Creek
Details: islandreccenter.org





History for the Holidays

Spend a weekend discovering what the holidays were like for Hilton Head Island's early residents. We all have our favorite holiday traditions – getting together with family, unwrapping presents, sharing a home-cooked meal, but we don't often think about how modern conveniences have made this all possible. What did the Holidays look like before modern day Hilton Head Island? How did they fix a meal for the whole family without a grocery store for those last-minute items?

Answering those questions is the mission of Historic Holidays on Hilton Head Island, a weekend of activities that will bring the traditions of Christmases past to life. Through trolley tours, bike tours, church programs and an open-air festival at Coastal Discovery Museum, you'll see how everyone from soldiers to native islanders celebrated Christmas in the days when Hilton Head was essentially cut off from the world.

"A lot of the traditions that we follow today – visiting family, enjoying meals together and celebrating the season, started in the Southeast colonies, and that includes Hilton Head Island," said Heritage Library Executive Director Barbara Catenaci. "Through this event, we're going to teach you history at every opportunity, but we're going to make it fun and interesting."

Among the events will be a tour of our island's forts, with re-enactors sharing Christmas traditions for visiting soldiers in character, as well as Gullah storyteller Louise Cohen regaling the crowd with the unique way Gullah Christmas traditions formed around their cultural heritage.

"At each event, you'll get a taste of what Christmas was like in colonial times – for the soldier, for those who were enslaved and for those who were later freed and residing in Mitchelville," said Catenaci. "It's about exploring those old traditions, but also about starting a new tradition, too."

The event kicks off with a seafood dinner on Friday, Dec. 6, at Hudson's Seafood on the Docks, then continues all weekend long through Monday with a full slate of activities, including special presentations at two historic churches. For more information, visit historicholidayshhi.eventbrite.com. *LL*





Fundraising events

Turn Trash into Cash with Hospice Care of the Lowcountry

Thrift Store Flip is back! Support Hospice Care of the Lowcountry and have a blast unleashing your creativity on the thrift store item of your choosing. Then donate your creation to the silent auction and come to the party. A panel of judges will pick their favorite items and award cash prizes. Dance to music by Malcolm Horn and nosh provided by Calibogue Catering. All proceeds benefit programs of care offered by Hospice of the Lowcountry.

TRASH INTO CASH

When: 5:30-8 p.m. Nov. 7 **Where:** LOCAL Life offices in Main Street Village **Details:** hospicecarelc.org





FESTIVAL OF TREES

Sonesta Resort once again will be filled with beautifully decorated and creatively themed trees for its popular "Festival of Trees." Admission is free, and attendees have the opportunity to purchase trees and wreaths. Proceeds benefit the Hilton Head Preparatory School Tuition Assistance Program.

FESTIVAL OF TREES

When: Nov. 21-Dec. 8
Where: Sonesta Resort Hilton Head Island
Details: Sonesta.com or 843-341-1850



Volunteers walk to fight suicide at the Out of the Darkness Community Walk

Suicide is the 10th leading cause of death in the United States, yet it can be prevented. Volunteers from across Beaufort County are joining the quarter of a million people who are walking in towns across the United States to draw attention to the fight for suicide prevention. This walk supports the American Foundation for Suicide Prevention's education and support programs and its bold goal to reduce the annual U.S. rate of suicide 20 percent by the year 2025.

OUT OF THE DARKNESS COMMUNITY WALK

When: 1-3 p.m. Nov. 10 **Where:** Oyster Factory Park
Details: afsp.donordrive.com

Fripp Island Friends of Music Concert Season

Concert attendees are invited to the catered "Meet-the-Artists" reception. Mingle with your fellow concertgoers, enjoy hors d'oeuvres and get to know the artists. Proceeds benefit FIFOM Music in the Schools Program.

When: Concerts from 5 - 6 p.m., Meet the Artists Receptions afterward
Where: Fripp Island Community Center
Details: frippfriendsofmusic.com, Facebook or 843-812-2753

Nov. 17 - 9 String Theory
Jan. 26 - Sarah Best
Feb. 23 - Marco Mantovani
Mar. 22 - Rebecca Folsom



Happenings at Outside

Details: outsidehiltonhead.com



Boats and Brews

The series continues with two new topics, "Trip Planning" and "Outfitting for Conditions." Join the Outside paddling crew to learn everything you need to know to paddle like a pro. Outside's very own brew Sailin' Shoes Lager, brewed locally by Hilton Head Brewing Company, will be complimentary. **When & Where:** 6 -7 p.m. Nov. 8 and 22 Outside Flagship Store in the Plaza at Shelter Cove

Palmetto Bluff Thanksgiving Social

Join Outside the day after Thanksgiving for snacks, drinks, shopping and a reading and book signing by renowned Daufuskie author, Roger Pinckney. Get a jump start on your holiday shopping with Outside Palmetto Bluff or pick up a signed copy of one of Roger's books, including his latest "Dead Low Water," a perfect gift from the Lowcountry. This fun, casual afternoon will be highlighted by readings from Roger and additional special guests. **When & Where:** 4-6 p.m. Nov. 29 Wilson Village, Palmetto Bluff

Black Friday Gear Sale

Great deals on new and used kayaks, paddleboards, bikes, boats, accessories and more. **When & Where:** Nov. 29-Dec. 1 Outside Flagship Store in the Plaza at Shelter Cove

Shop for Good

This shopping event is a benefit for Volunteers in Medicine. Stop in for a champagne and scotch tasting, yummy snacks, a trunk show from Barbour and great holiday shopping. Twenty percent of everything purchased during the event will go directly to Volunteers in Medicine Hilton Head. **When & Where:** 4:30-6:30 p.m., Dec. 12 Outside Flagship Store in the Plaza at Shelter Cove

Full Moon Kayak Tours

Tidal creeks come alive with the sounds of the nocturnal animals that inhabit the salt marsh on this one-of-a-kind kayak excursion. See Hilton Head's natural waterways from a perspective that few get to experience – by the light of the full moon. **When & Where:** Nov. 12 Shelter Cove Marina and Palmetto Bluff

Savannah Port Tour

The Port of Savannah, the nation's largest port in volume, contains over 50 piers, wharves, and docks. On this 90-minute tour, you get to experience a working port as it should be seen — from the water.

Savannah National Wildlife Refuge Tour

The Savannah National Wildlife Refuge is a gem of the Southeast Coast, and the lifeblood of the refuge is the Savannah River. This three-hour boat tour provides views of the Savannah Riverfront and an in-depth tour of the Georgia Ports Authority. It's a naturalist's dream come true.





Coastal Discovery Museum Happenings



"Encore" by Amiri Farris

The Coastal Discovery Museum will host Amiri Farris during Crescendo through Nov. 15. This exhibition of works is comprised of large-scale paintings, assemblages and multimedia works that take the viewer on an introspective journey deep into the artist's conscience. Each piece is an unfiltered look into the artist's reality, as seen through the prism and influence of diaspora, culture, memory and perception. His artwork explores performance and a celebration of history and culture.
When: Through Nov. 15

"Conservation and Culture" An Evening with Dr. J. Drew Lanham

Join the Coastal Discovery Museum, Hilton Head Audubon and Mitchelville Preservation for an evening with Dr. J. Drew Lanham. Author of the award-winning "The Home Place: Memoirs of a Colored Man's Love Affair with Nature," Dr. Lanham will reflect on his lifelong love of birds and wildlife and the part they play as connectors across time, place and cultures throughout our history. He persuasively argues that conservation of wildlife can be successful only if it generates a deep appreciation for the cultural ties that link people of all backgrounds to the natural world and its power to unite. Explore the convergence of conservation and culture with Dr. J. Drew Lanham at this program and book signing.
When: 5 p.m. reception, program at 5:30, Nov. 19 **Where:** Coligny Theatre **Notes:** $10 per person and reservations are required **Details:** 843-689-6767



Prehistoric South Carolina

From tiny trilobites to giant ground sloths, the fossil history of the Palmetto State is a fascinating story. Where else can you find a 65-million-year-old oyster and minutes later stumble upon the massive 6-inch tooth of a megatooth shark? Visions of Volkswagen-sized armadillos, huge mastodons, and pouncing saber-toothed cats boggle the mind. Join professional naturalist and amateur paleontologist Bruce Lamplight for a Lowcountry step back in time as he tells of the rich pre-history of our state.
When: 2 p.m. Nov. 18 **Notes:** Cost is $7 per person and reservations are required.

"If The Walls Could Talk"

The Barnwell Archaeological Research Project is a multidisciplinary endeavor at the Barnwell tabby ruins located on the north end of Hilton Head Island. Archaeology, archival research, and geological dating analysis are being employed to answer questions from the local community concerning when the tabby structure was created, its uses through time, and the role of African and African-American enslaved laborers at this structure. This presentation will highlight information gleaned from the Phase I archaeological excavations, coupled with preliminary archival research, both of which suggest the tabby ruins are older than originally thought, possibly dating to the island's colonial period occupations.
When: 2 p.m. Nov. 13 **Notes:** Cost is $7 per person and reservations are required.



ONE GOOD APPLE

Melissa McCullough, *Office Manager, HHI*

Managing the office that protects more homes and businesses than any other pest control company is no small job. Melissa's philosophy of work fits the task: "Every job is a self-portrait of the person who does it... autograph your work with excellence."

When you compare apples to apples, only one comes out on top!



HILTON HEAD EXTERMINATORS
HILTON HEAD: 843-681-2590
BLUFFTON: 843-706-9933



WWW.HILTONHEADEXTERMINATORS.COM

Meet Fran Capo, the world's fastest-talking woman

Fran Capo — a six-time world record holder and the Guinness Book of World's Records Fastest Talking Woman – has a lot to say. And on Dec. 7, she'll be saying it here in the Lowcountry as she takes the stage as a featured speaker at TEDxHiltonHeadWomen. Its theme of "Bold + Brilliant" truly couldn't describe Fran better.



A comedienne, actress, 21-time author, adventurer who has dived with sharks, driven race cars, eaten fire, scaled a castle wall, did a book signing at the top of Kilimanjaro and down by the wreck site of the Titanic, Fran truly has done it all – thanks to what she calls her World Record Mindset. Fran has been delighting audiences worldwide for decades (she has appeared on more than 450 TV shows and 4,500 radio shows including Entertainment Tonight, Dr. Oz, Good Morning America, The Late Show, Larry King Live and Nickelodeon), and her current one-woman show "Love, Laughter and Light," is now selling out in venues.

Fran, who as The Guinness Book of World's Records Fastest Talking Woman, has been clocked at 603.32 WPM (that's 11 words a second), is the radio host on "Fran's World" on WestchesterTalkRadio.com, the adventure correspondent on the hit show Live it Up with Donna Drake! on CBS, on the cover of Influential People Magazine, in the 22-awards-winning film Father and Father and is the co-writer on the award- winning best comedy short film, Sensi and the Goldman. Her 20th book, Hopeville: The City of Light, hit #11 on Amazon and reveals the 44 secrets of happiness and success.

An international motivational speaker who has spoken on every continent, Fran is thrilled to be doing her first-ever TEDx Talk on Hilton Head Island.

[LOCAL Life] You are the official Guinness World Records acknowledged fastest-talking woman, having broken the record twice. How does this come in handy? [Fran Capo] Yes. I broke the first record, 585 words per minute on The Larry King Live show (CNN) on March 4, 1986. I broke the second record, 603.32 wpm on June 5, 1990, at the Guinness Museum in Las Vegas. I have used my fast-talking skills to win arguments with my husband, fast-talked my way OUT of a speeding ticket, and INTO a prison in the Dominican Republic, and my son Spencer said that when I disciplined him, at least the punishments were fast.

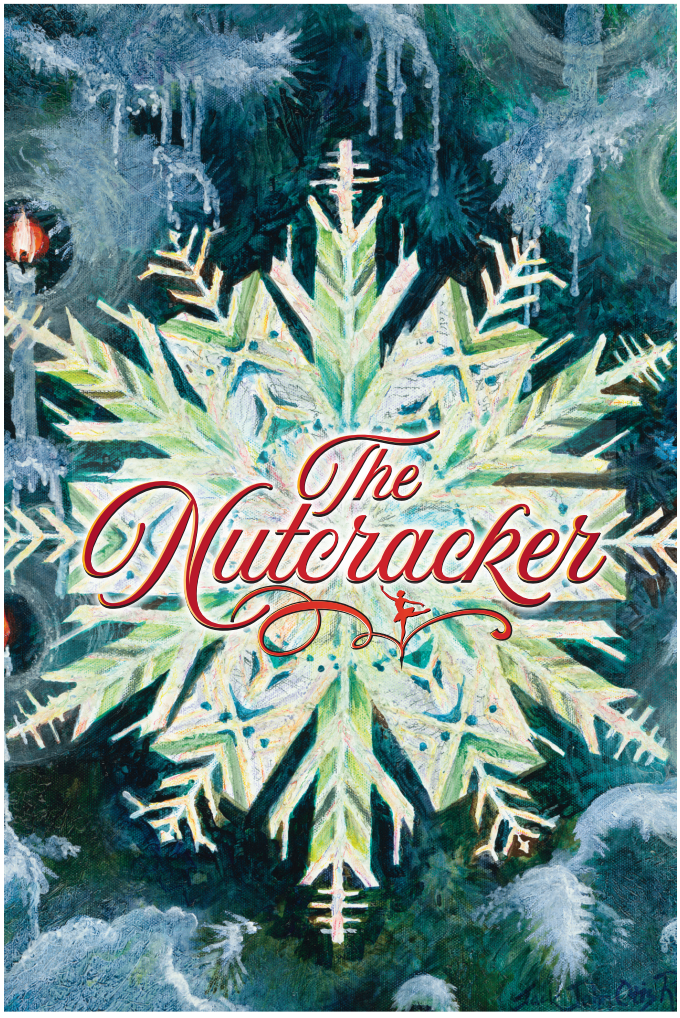
[LL] You've broken 6 world records — what are they and what motivated you? [FC] I've broken the fast-talking record twice, did a book signing at the top of the world, Mt. Kilimanjaro (highest booksigning-19,340 feet), and one by the depths of the sea (by wreck site of the Titanic – 12,465 feet below sea level). I also became an ordained minister to be the first person to say a prayer down by the wreck site of the Titanic. My other two world records are that I got my theme song "Adventure Girl" from concept to national airplay in 24 hours, and I traveled with 39 chiropractors to the Dominican Republic and saw a world-record-breaking 21,545 patients in two days. I was lucky that my mom taught me nothing is impossible, and my dad taught me to always find the humor in life. So if I tried a record and it worked, it became part of my motivation; if it didn't it became part of my stand-up comedy. LL

MORE ONLINE
Read more of this Q&A online at **LocalLifeSC.com**.

FRAN CAPO AT TEDXHILTONHEADWOMEN

When: 8:30 a.m.-2 p.m., Dec. 7 at the Harbour Town Clubhouse at Sea Pines Resort
Fran's TEDxTalk: How a World Record Mindset Can Help You Accomplish Anything
Why you should attend TEDxHiltonHeadWomen: The opportunity to hear TEDx Talks from this year's roster of 16 dynamic speakers, for a powerful day of inspiring presentations and an opportunity to engage with "bold and brilliant" thought leaders from across the country.
Details: tedxhhiwomen.eventbrite.com.

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Warning — do not eat the pages! Do enjoy favorite recipes by local chefs, chef priveé and inspiring cooks. Beautiful full-page photos, tips and how-to's make this not only the most beautiful but also the most helpful cookbook in the Lowcountry. $15.

LOCAL LIFE ROPE TOTE
Show your stripes with this sturdy nautical tote. Made of 16 oz., 100% natural cotton. The LOCAL Life Rope Tote features a spacious open main compartment and soft cotton rope handles. Perfect for stylish shopping, poolside items, a day at the beach, boat rides, daily gym visits and so much more. $15.

THE COOLEST CAP IN THE LOWCOUNTRY
Perfect for the golf course, beach, garden or boat. Heck, it's so nice, you can wear it when you go out to dinner! Lightweight cotton keeps your head covered but cool and there is a "pony tail" hole to adjust the size. It is uni-sex so get one for everyone in the family. $9.

DOCK CLEAT MATTEO WOOD TRAY
Logo on one side only. The perfect catch-all for change on the dresser or keys by the front door. How about napkins on the table or guest towels in the bathroom? The Dock Cleat Matteo is finished in weathered oak stain. 10% of the proceeds will go to the Deep Well Project. $25.

COVER AND ARTICLE PLAQUES
Order framed copies of your favorite LOCAL Life pages from mounted archival plaques to cover and article spreads with acrylic standoff. If you like the way LOCAL Life looks on your coffee table, consider displaying it on your walls. $100-$250.

LOCAL LIFE STICKER
Show your support for LOCAL Life by picking up a sticker at LOCAL Life Headquarters (800 Main Street). These stickers look great on most surfboards, laptops, coolers, guitar cases, travel mugs and more. If you have a LOCAL Life sticker on your car, a LOCAL elf just may leave a little surprise under your windshield wiper. Come get your sticker today! Free for LOCAL Life newsletter subscribers.





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Meetings & gatherings

World Affairs Council of Hilton Head Friday Speaker Series

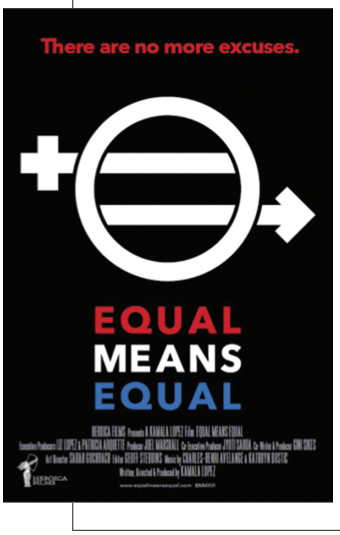
The World Affairs Council of Hilton Head's Friday Speaker Series focuses on the disruptions deglobalization can cause to established economic and political relationships and alliances that have existed since the end of World War II and will explore if any opportunities exist to realign these relationships which could assist in creating a world order that pleases leaders and populations more than post Bretton-Woods. ***Here are the upcoming speakers at First Presbyterian Church. Find more information online at wachh.org.***



NOV. 1: Monica Araya, Costa Rica: A Small Country with Big Ideas
Monica Araya is an advocate, adviser and communicator who has incubated several initiatives in Latin America. She founded Costa Rica Limpia (costaricalimpia.org) to bring people closer to clean, smarter technologies that improve their everyday life. Her work focuses on consumer and citizen engagement in the shift toward renewable energy and zero emissions electric mobility.

NOV. 15: Sulmaan Kahn, Haunted By Chaos: China's Grand Strategy from Mao Zedong to Xi Jinping
Sulmaan Wasif Khan teaches international history and Chinese foreign relations at the Fletcher School, Tufts University, where he also directs the water and oceans program at the Center for International Environment and Resource Policy.

DEC. 6: Michael Shifter, The Chaos in Venezuela
Michael Shifter is president of the Inter-American Dialogue and an adjunct professor of Latin American studies at Georgetown University's School of Foreign Service. He is a member of the Council on Foreign Relations and writes for the council's journal Foreign Affairs. He also is a member of the Latin American Studies Association and a contributing editor to Current History.



"Equal Means Equal" documentary

Back by popular demand, the League of Women Voters will be offering another showing of the compelling documentary "Equal Means Equal," the documentary that offers an unflinching look at how women are treated in the United States. Examining both real-life stories and precedent-setting legal cases, director Kamala Lopez presents a compelling and persuasive argument for the urgency of ratifying the Equal Rights Amendment. South Carolina, one of only 13 states that have not yet ratified the Equal Rights Amendment, could be the 38th state to do so and the last state needed.
When: 4:45-6:30 p.m. Nov. 7
Where: Hilton Head Branch Library
Details: my.lwv.org

Looking forward



Arum Spa Open House: A Sweet Spa'liday

Sonesta Resort's full-service Arum Spa will host this free event featuring swag bags, mini-spa treatments, lavender-infused champagne, dessert bar, and the option to register to win an Arum Signature Spa Day.
When: 1- 5 p.m. Dec. 1 **Where:** Arum Spa Sonesta Resort, Hilton Head Island
Details: 843-341-2786






Lowcountry Speaker Series 2020

Global thought leaders and storytellers bring insight to our community with a broad range of well-timed topics. Gain greater awareness and broader understanding of new, sometimes controversial ideas. Tickets sold as four-event subscriptions.

SPEAKERS AND DATES
Condoleezza Rice, Jan. 14
Sanjay Gupta, M.D., Feb. 11
Paul Nicklen, Mar. 10
Robert O'Neill, Apr. 7
Details: lowcountryspeakerseries.com

Cigar-box guitar making class

Make a cigar-box guitar, popular with blues musicians in the early 1900s. Instructor and owner of Buddhas Box Guitars, Andrew England's whimsical creations caught fire and have been adopted by amateur and professional musicians alike, including guitarists with Lynyrd Skynyrd, Big Head Todd and Daughtry. Class size is limited.
When: 10 a.m.-4 p.m. Dec. 14
Where: BO ART Studios
Details: boarthhi.com





Volunteers needed for the 2020 RBC Heritage golf tournament

Be part of the elite volunteer group annually rated among the best on the PGA Tour. RBC Heritage volunteers are an important part of the Heritage Classic Foundation's mission to improve the lives of the people in South Carolina. Since it was founded as a 501 (c)(3) in 1987, the foundation has donated $43 million to people in need.
When: April 13-19
Details: rbcheritage.com or 843-671-2448

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Get Inspired at Spring Island



22 BEE TREE DRIVE
$1,200,000

Bedrooms: 4
Baths: 4 / Half Baths: 1

This delightful home is nestled on 2.09 acres with beautiful oaks and enjoys views of the 12th fairway. Authentic cedar shake siding, covered and screened porches, metal roof, brick and tabby walkways and native landscaping immediately set the tone for the comfortable lifestyle that this home affords.



13 GOOSE POND ROAD
$2,700,000

Bedrooms: 4
Baths: 5 / Half Baths: 1

The "Story Book House" captures remarkable views of the Colleton River and offers easy enjoyment with a dock already in place. An estate that pays homage to its historic surroundings and thoughtful design sits on 3.33 acres. A main residence provides a gracious, open floor plan and details the luxury of quality and craftsmanship. There is also a three-car garage with private guest quarters, a workshop and potting shed.

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Million dollar dream homes

Looking to live in luxury? LOCAL Life is offering readers an exclusive passport to the most exquisite and unique real estate listings available in the Lowcountry. Here are five homes you are sure to love.

We feel these luxury properties — located in Sea Pines, Port Royal Plantation and Turtle Lane Club — are the epitome of opulence. We're calling this section the Real Estate Marketplace.

If you are looking to purchase an amazing Lowcountry home, these five properties should be at the top of your list.

Real Estate Marketplace



31 Baynard Park Road

Private waterfront peninsula property is sited among the trees and faces the inlet leading to Calibogue Sound. Spectacular home, pool, dock, guest quarters and three car garage serve as your own mini resort. $4,750,000

Eric & Hillary Dollenberg 843.816.6489
www.EricDollenberg.com

Carolina Realty Group



38 Gull Point Road, Hilton Head Island

Enjoy panoramic marsh views in this 4 BR 3.5 BA home located in the Gull Point community of Sea Pines where property owners enjoy a boat slip at their marina, tennis courts, kayak storage, playground, and just a 10 minute walk to the beach. Highlights include open kitchen great room, 14 ft elevation all on 1 level, SS Thermador appliances, screened porch & outdoor living area with swimming pool/spa, and fire pit. $1,725,000

Becky Herman 843.301.3355 Monica Davis 843.384.4473
www.HermanAndDavisProperties.com

H&D Herman and Davis Properties



77 Fort Walker Drive, Port Royal Planation

5-minute walk to the beach. Very private back yard with saltwater pool, jacuzzi, covered porch. 3 car side entry garage. Heart Pine floors throughout great room and kitchen. The great room features authentic reclaimed rustic hand-hewn beams accenting tongue in groove wood ceiling. Rooms include 4 bedrooms plus den or library with wood burning fireplace. The bonus room has a walk-in closet and a full bath, plus an office or studio or 5th bedroom. $1,277,000

David Carroll 843.384.8111
www.HiltonHeadHomeSource.com

CharterOne Realty Luxury Real Estate



1 Beach Lagoon Road, #42

Located in the highly coveted private community of Turtle Lane Club, renovated & beautifully furnished, this meticulous townhome has 3 bedrooms and a private sleeper den/bedroom, and is located just steps from the pristine beaches of the "Gold Coast." Open floor plan incorporates a light-filled family room with a vaulted ceiling and custom built-ins. Custom designed gourmet kitchen features high-end appliances, custom cabinetry, gas stove top and granite counters. $1,259,900

Karen Ryan 843.422.1101
www.WeichertCP.com

Weichert Realtors | Coastal Properties

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STABLEMATES
From left: Kayla King, Katie Bradshaw, Eli Norman, Haley Zimmerman and Nikki Ursillo. The dogs are Russell (hiding behind the pumpkin) and Addie.

Enjoy the ride

PHOTOGRAPHY BY LISA STAFF

The human-animal bond is a mutually beneficial and dynamic relationship that positively influences the health and well-being of both humans and animals. One of the best places to experience this magical connection here in the Lowcountry is Lawton Stables.

The family-friendly farm in Sea Pines offers horseback riding through Sea Pines Forest Preserve, pony rides for children and is home to a free animal farm with goats, sheep, miniature donkeys, miniature cows, pot-bellied pigs, alpacas, shetland ponies and chickens.

The stables are operated by a small and dedicated group of locals who love what they do and the animals they care for.

Kayla King greets customers and checks in trail rides, Katie Bradshaw handles all of the privately owned horses in the boarding barn, Eli Norman manages the trail ride operation, Nikki Ursillo is a trail guide and general manager Haley Zimmerman oversees the entire operation.

The five members of the team recently gathered on their charming porch to celebrate an extra-special event — the engagement of Katie and Eli. We toast the lucky couple and close this pet-friendly issue with this twist on the mint julep. Happy trails to you, until we meet again. *LL*

Honey & Beer Mint Julep

INGREDIENTS
1 1/2 ounces bourbon
1/2 ounce honey syrup (recipe below)
3 mint leaves
3 ounces Hilton Head Brewing Company Tropical Lager

DIRECTIONS *In a shaker pint, muddle mint leaves with honey syrup. Add bourbon and ice. Shake and strain into pint glass over ice. Top with Tropical Lager. Sip and repeat.*

INGREDIENTS (Honey Syrup)
1/2 cup honey
1/2 cup water

DIRECTIONS *Bring water to a boil. Reduce heat and stir in honey, until completely dissolved. Cool before mixing. Store in refrigerator.*



HAVE A COLD ONE

Didn't think ***Lawton Stables*** could get any cooler? The popular farm recently obtained its beer and wine license and now sells local offerings out of its store. "We keep three from Hilton Head Brewing Company here on the island and a few from Charleston," general manager Haley Zimmerman said. "Our customers love enjoying a cold beer on the porch after their ride or while they are supervising their kids visiting the animal farm." We'll drink to that!





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