
HILTON HEAD • BLUFFTON • BEAUFORT
Oct 2020
local life
hauntingly beautiful
HAUNTED LOWCOUNTRY + SPELLBINDING RECIPES + SOUTHERN SUPERSTITIONS


V.0
PETERCRAMPHOTOGRAPHY.COM


TE
the environment
Outside™
OUTSIDEBRANDS.COM

THE TIME OF









BUILDING **BEYOND**

Home is where we take a moment to breathe and reflect on what matters most. Where we connect all the little things that make up the life we have. It's where time is invested, enjoying what we love, dreaming about our future, living a purposeful life.

Time is our most valuable asset. Where we spend it makes all the difference.

If you can dream it, we can build it. A future that tells the story of who you are, in a home that represents the life you want to live. Open the door with a call today, and we'll help you build a bright tomorrow.

BrightonBuildersSC.com
843.837.1119

BRIGHTON
BUILDERS

CALLAWASSIE™ ISLAND

WARMTH. BALANCE. CONNECTION.

The essence of Callawassie Island is brought to life by people who are the very definition of a ***community***. The ***unified*** regard they have for one another. The common ***interests*** through nature, access, work, and play. And the ***individual*** sense of connection each and every member has when they cross the causeway. Get to know us, so we can get to know you. Whether you are already local or visiting, come discover the community island we call ***home***.



CallawassieIsland.com









com·mu·ni·ty *{ noun, often attributive }*

pronounced [kah-luh-wa-see]

Definition of *community*

1) a group of people living in the same place or having a particular characteristic in common. "the Callawassie Island community"

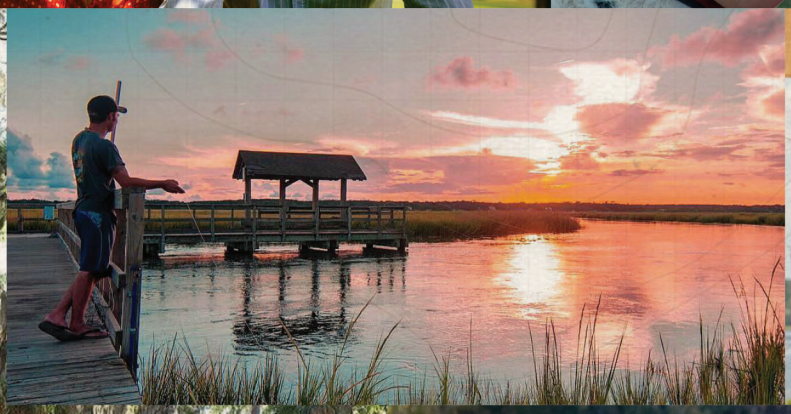
2) a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals. "the sense of community that Callawassie Island can provide." a similarity or identity. "people who shared a community of interests across the causeway"



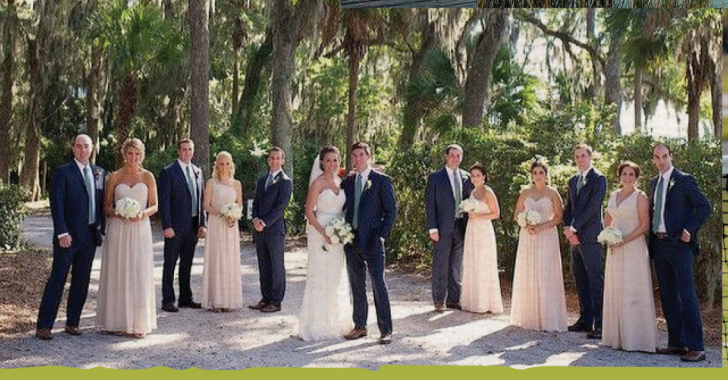


























BERKELEY HALL

A Private Golf Club Community

Build your dreams at Berkeley Hall

On the banks of the Okatie River is where you'll find the private golf community of Berkeley Hall. With a full complement of amenities that includes two Tom Fazio golf courses, a Jeffersonian-style Clubhouse, water sports, spa, and more, Berkeley Hall is the Lowcountry destination you've been searching for.

Choose from our exceptional inventory of new homes, or select a homesite on which to envision the custom home of your dreams. With custom luxury home builds such as the Monceau by Premier Builders AR Homes by Arthur Rutenberg, it's easy to see yourself here!

Schedule a personal tour and discover what is possible at Berkeley Hall.

843-815-8423 · BERKELEYHALLCLUB.COM · BLUFFTON, SC

A private retreat designed with you and your family in mind.

SEA PINES COUNTRY CLUB









For Membership Information, call Nic Booth at (843) 671-2335 www.seapinescountryclub.com



WATERFRONT PARADISE



#12 Portside | Hilton Head Island
$1,450,000

Portside Villa — one of the rarest of offerings in Sea Pines. With only 6 homes existing in this waterfront enclave, #12 Portside offers the best of both worlds; with both the Atlantic beachfront steps away, and a private boatslip on Braddock Cove in the backyard. This four bedroom and four bath home underwent an extensive renovation and overhaul in recent years, has never been rented by the current owners, and is being offered fully furnished. Portside villas come with access to the South Beach Marina pool, a private boat slip, and a wide array of amenities found throughout Sea Pines Plantation, Hilton Head Island's premier community.

There are over 30,000,000* million reasons to call Catherine Donaldson. She has been an agent with Celia Dunn Sotheby's for over a decade and her commitment to the brand is FIERCE. Call her today to discover why.

* total single-side transaction volume that Catherine Donaldson sold/contracted for 2020



CATHERINE DONALDSON
Catherine.Donaldson@SothebysRealty.com
celiadunnsir.com
843.338.2069

Celia Dunn | Sotheby's INTERNATIONAL REALTY

49 Boundary Street
Bluffton, SC 29910 | 844-836-3900

Each office is independently owned and operated

The Back Door
Located in lovely Sea Pines Center



KINROSS CASHMERE

TRUNK SHOW
SEPT 30 & OCT 1
10:00 UNTIL 5:00

The Shops at Sea Pines Center
71 Lighthouse Road #215
843.671.3677
Hilton Head's foremost and most fun fashion boutique.

BACKDOORHILTONHEAD

the team

WHERE IS THE SPOOKIEST PLACE YOU'VE EVER BEEN?

"I was terrified when I did my first Ouija board!" **- LORI**

"A buddy and I once drove upon a late-night séance in the Boogie Woods, a notorious area on the outskirts of Dexter, Missouri." **- LANCE**

"Cave snorkeling in Playa del Carmen, Mexico. No paranormal activity, but I learned I'm very claustrophobic." **- JEREMY**

"The Algonquin Hotel, New York City. Late night hallway ice trip. Before the renovation." **- CHARLES**

"Constitution Drive in Allentown, Pennslyvania. It has a terrifying tale of the paranormal." **- ASHLAN**

"The Old Charleston Jail. Their haunted tours are not for the faint of heart!" **- MELISSA**

"Land's End Hotel (Sennen, UK). The top floor hotel room had things moving around in the attic. Definitely haunted or a really industrious night crew!" **- LISA**

"Savannah's famous Bonaventure Cemetery. It's spooky, especially at dusk." **- BRUCE**

"The walking ghost tour in Savannah at night is pretty spooky." **- LEAH**



PUBLISHER
Lori Goodridge-Cribb *(Local since 1986)*
lori.goodridge@wearelocallife.com



EDITOR-IN-CHIEF
Lance Hanlin *(Local since 2007)*
lance.hanlin@wearelocallife.com



ART DIRECTOR / DESIGNER
Jeremy Swartz *(Local since 2003)*
jeremy.swartz@wearelocallife.com



DESIGNER
Charles Grace *(Local since 1997)*
charles.grace@wearelocallife.com



AUDIENCE & CONTENT DEVELOPMENT
Ashlan Saeger *(Local since 2016)*
ashlan.saeger@wearelocallife.com



ACCOUNT DIRECTOR
Melissa Page *(Local since 2015)*
melissa.page@wearelocallife.com



PHOTO EDITOR
Lisa Staff *(Local since 2003)*
lisa@lisastaffphoto.com



DISTRIBUTION & LIST STRATEGIST
Bruce Wolff *(Local since 2002)*
info@wearelocallife.com



SUBSCRIPTIONS & FINANCE
Leah Ortega (Local in spirit)
leah.ortega@wearelocallife.com

PHOTOGRAPHERS Jean-Marie Côté + Scott Cunningham + Arno Dimmling + Rob Kaufman + Ronald Lopez + Brittany Mosley + Photography by Anne + Mike Ritterbeck + Randy Rogers + Catherine Runyan + Lisa Staff

WRITERS Lisa Allen + Maddie Bane + Molly Campbell + Collins Doughtie + Denise Friday + Eddy Hoyle + Barry Kaufman + Carolyn Males + Margaret Pearman + Bill Schmitt + Michele Roldán-Shaw + Michaela Satterfield

CONTRIBUTORS Roxanne Gilleland + Megan Goheen + Kevin Horton + Emma Quinn + Jean Meaney Wheatly

locallife
800 Main Street
Hilton Head Island, SC, 29926
843-802-2258 + **LocalLifeSC.com**

VOL. 4, NO. 10

LOCAL Life is published monthly by Momentum Media Group, Inc. All contents are copyrighted by Momentum Media Group, Inc. All rights reserved. Nothing may be reprinted in whole or in part without written permission from the publisher. For back issues or advertising information, call 843-802-2258. Publisher is not responsible for claims and contents of advertisements. Product submissions should be mailed. *LOCAL Life* is not required to use your submission in any manner and whether anything from your submission is included in our magazine is in our sole discretion.

Momentum MEDIA GROUP
CRMA PROUD MEMBERS OF THE CITY AND REGIONAL MAGAZINE ASSOCIATION
CIRCULATION VERIFICATION COUNCIL

Ben Ham Gallery



Inspired by Nature

Captured on Film





Ben Ham Galleries

210 Bluffton Road
Old Town Bluffton, SC
843.815.6200

416 King Street
Charleston, SC
843.410.1495

www.benhamimages.com

Oct features



Haunted Lowcountry

The Lowcountry is awash in spirits. Whether it's the restless souls from the days when war raged on her fields, the bittersweet echoes of those who have moved on, or the enigmatic figures behind ancient secretive root magic, they've made their presence known time and time again.

©KATHLEEN WALKER

SPINE-TINGLING TALES Zion Cemetery and Baynard Mausoleum is said to be one of the most haunted locations in the Lowcountry. The Heritage Library is hosting its "Ghosts and Myths of Hilton Head Island" program Oct. 22-24 at the site. Tickets ($15) always sell out and are limited this year due to spatial distancing. Learn more at heritagelib.org.

22
Famous phantoms
Meet the ghouls and spirits braided into local folklore

26
Light reads
Books that will make you afraid of the dark

38
Ghost story tellers
Locals who have seen the area's paranormal side

104
Spellbinding dishes
Scary-good seafood recipes from local chefs

130
Happy medium
A local spiritual advisor claims connections to the other side

134
Ghost hunters
If your house is haunted, who you gonna call?

138
See the light
Staking out the Lowcountry's 'Sleepy Hollow' on St. Helena

140
Getting to the root
The legend of Dr. Buzzard, the infamous local root doctor

MICHAEL B. KARAS



Michael B. Karas *Southern Rapture* 30" x 40" Oil

Celebrating 50 Years of Fine Art in the Lowcountry.

THE RED PIANO ART GALLERY

The Red Piano Art Gallery

40 Calhoun Street • Suite 201 • Old Town Bluffton

843.842.4433 • 843.247.2049 • redpianoartgallery.com

Oct contents

16
Publisher
Many associate the Lowcountry with sunny skies, amazing outdoor recreation and miles of pristine beach. Many locals know our paradise also has a bit of a dark side.

18
Contributors
Meet the locals behind this issue

20
Links
Special content you can find online at locallifesc.com



60
Coloring outside the lines
Creativity counts when creating a picturesque Lowcountry home.











24
Blend
Cool products and accessories to help enhance your local life

29
Mensa Quiz
Challenge your brain with a new set of questions

46
Celebrity
A summer sojourn led Stan Kasten to a World Series ring

50
Business
Five tips from a successful businesswoman

56
Wellness
Six easy stretches to relieve sciatica pain

66
Living
Technology takes home protection to the next level

90
Style
Must-haves for any fall wardrobe

96
Shopping
Items we love available at local businesses

98
Eats
Want to eat fresh in October? Kale yeah!

116
Libations
Sip frightful brews from River Dog and Great Divide

118
Outdoors
Discover a secret spot off the beaten path

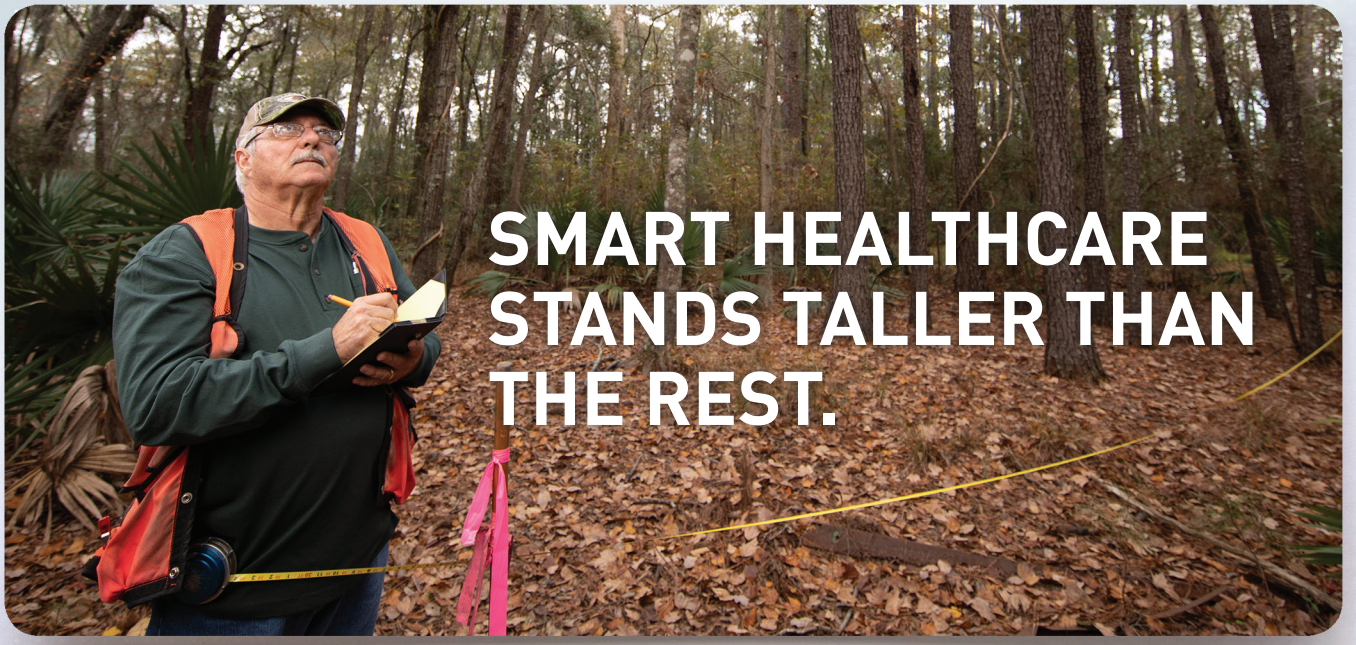
126
Sports
Stand up paddle boarding with the world's best

144
Culture
Artist Jared Owens' new conceptual abstracts

156
Happenings
See what's happening this month around the Lowcountry

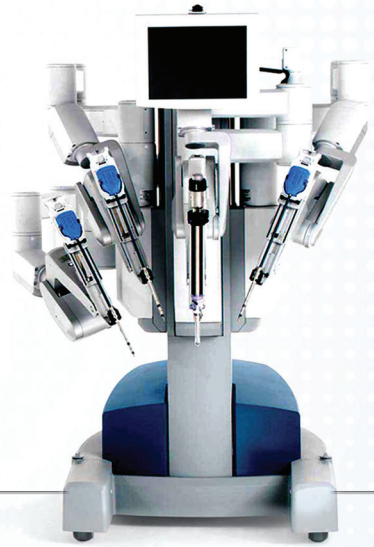
168
Parting shot
Randy Rogers shares a hauntingly beautiful photo

Mike Cole - Harrison, GA



SMART HEALTHCARE STANDS TALLER THAN THE REST.

As a forester, Mike Cole is required to move about freely through some difficult terrain. But he had pain in his abdomen that was really slowing him down. He knew he could trust Dr. Anthony Foley and the team at St. Joseph's/Candler, who discovered the giant abdominal hernia. Highly experienced in hernia repair, Dr. Foley reconstructed Mike's abdominal wall with the innovative da Vinci robot. This minimally-invasive surgery allowed Mike to recover quickly.





Five weeks after surgery, Mike's strength and mobility were back to 100%.

THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER

Anthony Foley, M.D. - Surgeon



SJCHS.ORG

St. Joseph's/Candler

Things that go bump in the night

From haunted lighthouses to ghastly graveyards, the Lowcountry is filled with spooky stories and eerie sites.



I AIN'T AFRAID OF NO GHOSTS! For LOCAL Life publisher Lori Goodridge-Cribb, Halloween time is more about the treats than the tricks. She will be celebrating National Pumpkin Spice Day (Oct. 1) all month long.

Many associate the Lowcountry with sunny skies, amazing outdoor recreation and miles of pristine beach. Many locals also know our paradise supposedly has a bit of a dark side. The centuries-old, war-torn history of our towns includes many significant events and interesting people. According to legend, some of those people have lingered a bit longer than expected.

While I've never experienced paranormal activity, I did have a spooky experience once in a said-to-be haunted location. When I first moved here in the 1980s, I found work as a plant lady, and one of my clients was the old lighthouse at Haig Point. One stormy day I was met by two cleaning ladies outside of the lighthouse. They warned me not to go in alone, and if I did, not to look in the mirrors. The storm and my imagination got the best of me that day. I watered the plants as fast as I could and got out of there without looking in the mirror.

Research for this issue uncovered there is absolutely no truth to the legend of the ghost. Maggie was a real person and her life had a much different trajectory than what's been told. You will find the real story and other local ghost stories inside of this frightful issue.

We share stories of our most famous phantoms, including The Blue Lady, The Gauche, William Baynard and the Fripps. We identify haunted houses, graveyards, mausoleums, and share a few supernatural adventures you can experience — like the infamous Land's End Light or paying a visit to a local medium. We touch on Southern superstitions, unveil local connections to root medicine and suggest books that might make you leave the light on.

Our hauntingly beautiful fashion shoot was done at Stoney-Baynard Ruins in Sea Pines, where numerous ghosts sightings and paranormal activity have been reported. We keep the haunted theme rolling with spellbinding seafood recipes from local chefs, Halloween makeup inspiration and collector facts about blow-mold pumpkins.

We had a fun time putting this issue together and hope you are entertained with these stories that help make the Lowcountry more interesting and unique.

Read on, if you dare!

"We ask only to be reassured about the noises in the cellar and the window that should not have been open."
- T.S. ELIOT

LORI GOODRIDGE-CRIBB
PUBLISHER
lori.goodridge@wearelocallife.com



Boo-tiful babies

Halloween hasn't ghosted us just yet! While the ongoing pandemic will likely make this one of the most forgettable Halloweens in recent memory, my daughters and I are still excited for my new grandbabies' first Halloween. **Emma** is going to be a pineapple while **Kinsley** is leaning toward a beautiful ballerina. It's scary how adorable these little girls are! Email your Quarantine-O-Ween costume photos to ***info@wearelocallife.com.***



HEAR, HEAR
Have you seen the LOCAL Life Jeep around town? This month, we rolled up next to ***Caryn and Randy Rose*** of Rose Hearing Healthcare Centers at their new Bluffton location in Berkeley Place.

BWA

Quality appliances for every home since 1972

MONOGRAM

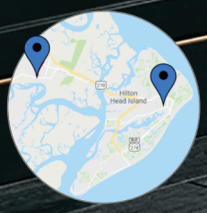
Culinary Sophistication

Available at both BWA Showrooms

BILLY WOOD APPLIANCE

1223 May River Road
Bluffton, SC 29910
843.707.2332

Now Two Convenient Showroom Locations



6 Marshland Road
Hilton Head Island, SC 29926
843.681.8441

Showroom Hours: M-F 8AM-5PM. Saturday by Appointment

www.billywoodappliance.com



INTRODUCING

glow by MacKenzie-Childs



Pretty Papers and gifts

The Village at Wexford,
Hilton Head Island
843.341.5116

www.prettypapershhi.com

contributors

MEET OUR WRITERS + PHOTOGRAPHERS + PEOPLE BEHIND THE SCENES



Brianna Loxley *Makeup artist*

FOR THIS ISSUE: Makeup artist
HOMETOWN: Berea, Kentucky
CURRENT HOME: Bluffton
LOCAL SINCE: 2018
HOBBIES: House plants, DIYs and puppies. I really enjoy being a dog mom to my boy, Coach. A perfect day for me includes rummaging all the local thrift stores for the perfect hidden gem or DIY project for my home.
FAVORITE SCARY MOVIE: I can't watch scary movies, I'd be up all night! I do really enjoy ***"It's The Great Pumpkin, Charlie Brown."***
FAVORITE HALLOWEEN CANDY:
Give me all the Reese's Pumpkins!
WHAT DO YOU LOVE MOST ABOUT OCTOBER?
Cool weather, camping and decorating for fall.

LuAnn Winkle *Poet, Mom, Grandma*

OTHER CREDS: MFA Student
FOR THIS ISSUE: Poem, "The Photo in the Beach House"
HOMETOWN: East Aurora, New York
CURRENT HOME: Hilton Head
LOCAL SINCE: 2018
HOBBIES: Pickleball (I'm addicted to it!), golf; beach walks with my Goldendoodle, Toby; hike and bike; (basically, anything outdoors); photography
FAVORITE SCARY MOVIE: "The Last House on the Left"
FAVORITE HALLOWEEN CANDY:
Anything ***Reese's***, of course!
WHAT DO YOU LOVE MOST ABOUT OCTOBER?
The beaches are less crowded, and the humidity is lower.





Jean-Marie Côté
Owner/photographer at thefrenchguy studio

OTHER CREDS: Photographer for HHSO, Lean Ensemble Theater, Literacy Center, Jody Jazz Inc, Savannah Jazz, Beachside Getaway ...
FOR THIS ISSUE: Sunset photo, Serendipity, China Beach, Vancouver Island, BC **HOMETOWN:** Lac-à-La Croix, Québec, Canada
CURRENT HOME: Hilton Head **LOCAL SINCE:** 2007
HOBBIES: Designing and building my own setup for product photography. Most of the time, this is more fun than the photoshoot itself. Repair anything that is not working – I am a Mr. Fix-It.
ANY HAUNTED EXPERIENCES? Recurring dream of a pack of wolves chasing me in the dark, always on an alien planet. Go figure.
FAVORITE SCARY MOVIE: ***2001: A Space Odyssey***. "I am sorry, Dave..." may be not a scary movie, but the line from the AI is. **FAVORITE HALLOWEEN CANDY:** Anything from Chocolates by the Sea
WHAT DO YOU LOVE MOST ABOUT OCTOBER? It's the month when I married Donna Varner on 10-10-10 — we celebrate 10 years on the 10th! A perfect 10.

Imagine yourself here.









Every day at Colleton River, you have a chance to make life more interesting.
Try something new or take your game to the next level at golf, tennis, fitness and so much more.
Enjoy a quiet sunrise or throw a party on the porch at sunset. In between, you will be surrounded
by amazing people in a place so beautiful it will take your breath away.
Design your life, with the balance of work and play that's right for you and your family.
You will be surprised what you find inside.

EXPERIENCE THE DIFFERENCE

Colleton River Club®

843.836.4466 | info@colletonriverclub.com | colletonriverclub.com

EXPERIENCE MATTERS.
WE GET RESULTS.



Carmen A. Traywick, MD • Frederick G. Weniger, MD, FACS

As your premier medical spa in the Lowcountry, we make it possible to have and maintain a more youthful appearance with the use of clinical procedures and spa treatments.

BOTOX / DYSPORT
DERMAL FILLERS
COOLSCULPTING
LASER TREATMENTS
SKIN CARE

Online Shopping NOW AVAILABLE!

Want to get your favorite skin care products from the comfort and safety of your own home? Shop on **store.luxhhi.com** and get them delivered right to your door! You can purchase skin care products, treatments, and gift cards with our amazing new shopping experience!

Come see us in
Shelter Cove Towne Centre!

350 FORDING ISLAND ROAD
SUITE 101 | BLUFFTON, SC

24 SHELTER COVE LANE
SUITE 50 | HHI, SC

843.781.6672 | LUXHHI.COM

LUX
A MEDICAL SPA

LUX, LLC is owned by Carmen A. Traywick, MD of May River Dermatology and Frederick G. Weniger, MD, FACS of Weniger Plastic Surgery.

links

LOCALLIFESC.COM + BONUS CONTENT + DIGITAL OFFERINGS

Last month's top performers



MOST LIKED *A Beaufort County must-see, Old Sheldon Church Ruins.*



MOST POPULAR
Taking a new angle at South End Seafood.



MOST PINNED
Style: Safe & Stylish



ONLINE EXCLUSIVE

Zoom backgrounds

Be the envy of your next company Zoom meeting by downloading a spooky virtual background at ***LocalLifeSC.com***.

Join the Birthday Club

Sign up for the LOCAL Life Birthday Club on our website to receive a sweet treat on your special day from ***The Chocolate Canopy!***





Sign up for LOCAL Life newsletters

Want more LOCAL Life? Have our three newsletters delivered to your inbox each month.

- ***The Nest*** *Home trends and tips*
- ***The Dish*** *Best local bites for the weekend*
- ***The Buzz*** *LOCAL Life's latest must-reads*

About the Cover

To illustrate the cover for our "Haunted Lowcountry" issue, LOCAL Life designer Jeremy Swartz added some "spirit" to the beautiful entrance of ***Pineland Club Plantation*** though the magic of Photoshop. While no paranormal activity has been associated with the property, Pineland is home to out-of-this-world luxury and serves as a country retreat for events, weddings, corporate receptions and private celebrations. The original images was captured by photographer Lisa Staff and is shown here in its apparition-free state. Learn more about the property at pinelandclubplantation.com.



CHARMING BEACH HOME





Third row ocean home in South Forest Beach! Charming beach home built in 2001 as a second home, meticulously cared for. Excellent floor plan, open and bright with great bedroom separation. 5 bedrooms plus loft and 4.5 baths. Beautiful backyard oasis!

5 Bayberry Lane, Hilton Head Island, SC | $1,299,999







KAREN RYAN

karen@weichertcp.com • 843-422-1101

www.karenryanrealtor.com

Weichert REALTORS® | Coastal Properties

Leading REAL ESTATE COMPANIES OF THE WORLD®

LUXURY PORTFOLIO INTERNATIONAL®

Current Board Member | Hilton Head Island/Bluffton Chamber of Commerce
Past Realtor® of the Year & Past President | Hilton Head Association of Realtors®

local blend

WORD ON THE STREET + COMMUNITY TIDBITS + FAST FACTS + LOCAL LANDMARKS



©MEGAN GOHEEN

Famous phantoms

THESE GHOULS, SPIRITS AND POLTERGEISTS ARE BRAIDED INTO LOWCOUNTRY FOLKLORE.

October is a great time for ghost stories, and the Lowcountry has plenty to tell. From friendly lighthouse sentinels to a mischievous, foul-mouthed French jester, we identify six locals who were laid to rest, but according to legend, have never truly rested.



Maggie

HAIG POINT LIGHTHOUSE, DAUFUSKIE ISLAND

Some Haig Point residents and visitors have claimed to have felt the friendly presence of Maggie, a young maiden who once lived with her family at the lighthouse. Many versions of the story are out there, and none of them sit well with Maggie's descendants. That's because the real flesh-and-blood Maggie's life had a very different trajectory. Read the true story of Maggie and the Haig Point Lighthouse on ***page 152***.





Eliza and Edgar Fripp

CHAPEL OF EASE, ST. HELENA ISLAND

The ruins of this burnt-down church are on St. Helena Island. A vault sits to the right of the ruins, holding the remains of Edgar Fripp and his wife, Eliza, who both died in 1860. But are they at rest? Visitors have reported strange sensations when walking through the deserted church's graveyard. Rumor has it that when workers attempted to seal the vault for Eliza and Edgar Fripp, its ghostly residents wouldn't have it. The bricks used to seal the opening were stacked in a neat pile next to the mausoleum the following day. Today the vault remains empty with the door half-sealed by bricks.



©PALMETTO DUNES

The Blue Lady

HILTON HEAD REAR RANGE LIGHTHOUSE, HILTON HEAD ISLAND

Young Caroline Fripp was the daughter of lighthouse keeper Adam Fripp. During the hurricane of 1898, said to be one of the worst Hilton Head had ever seen, her father died. Caroline, wearing a beautiful blue dress, carried out his dying wish of keeping the light burning before the raging storm took her life as well. The legend of The Blue Lady was born. The ghost has been seen at the Hilton Head Rear Range Lighthouse in Palmetto Dunes and at the old lighthouse keeper's cottage, now located in Sea Pines.





©ARNO DIMMLING



William Baynard

STONEY-BAYNARD RUINS, HILTON HEAD ISLAND

William Baynard was a successful cotton planter who won Baynard Plantation in a late-night poker game in 1837 from an heir of Captain Jack Stoney, a Revolutionary War hero. After his death in 1849, the plantation was raided by Union forces and housed many soldiers during the Civil War. Shortly after the war ended, the home was burned to the ground. Over the years, some visitors to the home's famous ruins claim to have seen the ghost of Baynard, and even his entire funeral procession, wandering the site after dark.

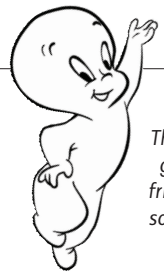


The Gauche

JOSEPH JOHNSON HOUSE, BEAUFORT

Also known as "The Castle," this downtown 19th-century Beaufort mansion is said to be haunted by the ghost of the Gauche, a dwarf jester brought to the area by French explorer Jean Ribaut. Over the years, guests have reported furniture moving, doors opening and closing by themselves and the sound of bells. Others found red handprints on the windows. The wedding scene from the 1998 Ben Affleck/Sandra Bullock movie "Forces of Nature" was filmed there.



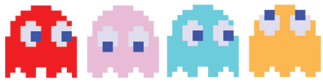


CASPER

This pleasant and personable ghost-child prefers making friends with people instead of scaring them. If only we could all be more like Casper.

Great ghosts

We couldn't print a haunted issue without honoring a few of our favorite ghosts from pop-culture history.



PAC-MAN GHOSTS (Blinky, Pinky, Inky and Clyde)

Kids from the '80s were the original "Ghost Hunters." Did you realize 85 percent of pie charts resemble Pac-Man?



SAM WHEAT

Molly: *I love you. I really love you.*
Sam: *Ditto.*

SHOELESS JOE JACKSON

Joe: *Is this heaven?*
Ray: *No. It's Iowa.*





SLIMER

John Belushi was the model for this famous phantom. He was scheduled to play Peter Venkman before his untimely passing.

GHOSTFACE CHILLAH

Snapchat's logo was inspired by Ghostfacekillah of Wu-Tang Clan fame, your first clue it is intended for a younger audience.





DR. MALCOLM CROWE

Sorry for the spoiler if you haven't gotten around to this 1999 release yet. Watch it again, knowing Cole saw the gunshot wound the whole time.

HONORABLE MENTIONS



Beetlejuice
The cast of Lost
Boo (Mario)
Denny Duquette (Grey's Anatomy)
Duke Ellington (Big Mouth)
The Flying Dutchman (Spongebob)

hot tech

Cool products and accessories to help enhance your local life.



In a fog

HURRICANE 700 FOG MACHINE

It only takes minutes for this lightweight fog machine to fill an entire venue. If you're looking to add some mystery to an event or just want to make your front porch a little spookier, some fog may do the trick. *chauvetdj.com. $50.*



One smart apple

WILLIAMS SONOMA CIDER PRESS

Everyone knows this classic fall drink tastes best when made from fresh apples. It's a breeze to make your own with this cider press, which also can be used for other fruits. *williams-sonoma.com. $330.*



Up in your grill

WEBER Q 2000 GAS GRILL

The woods can be the best setting for ghost stories and sightings, so pack up for a camping trip to take advantage. When you need a bite to eat, use this portable grill to get dinner ready on the go. *weber.com. $250.*



A new leaf

SNEEBOER LEAF RAKE

Use this extra strong leaf rake to keep your yard tidy this fall. It's high quality and handmade in Holland. *shopterrain.com. $78.*



It's the great pumpkin

MESSERMEISTER PUMPKIN CARVING KNIFE SET

If you're looking to do some serious pumpkin carving, you'll need this knife set. It consists of chef's tools, and they'll make it easier and safer to get the job done well. *messermeister.com. $20.*

Pics or it didn't happen

FUJIFILM INSTAX MINI 11

If you happen to see a ghost, no one will believe you without a photo. You'll need this instant camera to get the proof. *instax.com. $70.*



Fire away

EXOTAC NANOSTRIKER XL FIRESTARTER

If you're going to be telling ghost stories this fall, you'll need a fire to make sure the shadows are cast just right. This fire starter is compact enough to fit on a keychain. *exotac.com. $30.*





State of the art

MONTY MILK ART CUPS

Fall is the perfect season to enjoy a hot drink, and these ceramic cups are the perfect thing to hold it in. They even include a hidden parabolic slope which helps create latte art. Different sizes are available if lattes aren't your thing. *fellowproducts.com. $25.*



Let it glow

GARDEN CANDLE WARMER LANTERN

Set the mood for a cozy fall day spent reading in your favorite armchair. You won't have to worry about the hazards of real candles, like open flames, so you can let the day melt away without a care. *candlewarmers.com. $45.*



Guiding light

REDLINE SELECT RC FLASHLIGHT

This rechargeable flashlight is a necessity for exploring haunted houses or trails. Don't get caught with a dead phone, either – you can use it to charge your phone with a USB charging cable. Just in case anything starts chasing you, you'll have everything to make a smooth getaway. *shopoutside.com. $70.*

Great Connections

Endless Possibilities



Hargray Internet
starting at
$50
per month for 1 year

Make everyone happy with speeds **up to 1000 Mbps** available - the fastest in town. Perfect for today's most-advanced TVs, tablets and gaming systems.

Call 843.612.8628 | hargray.com

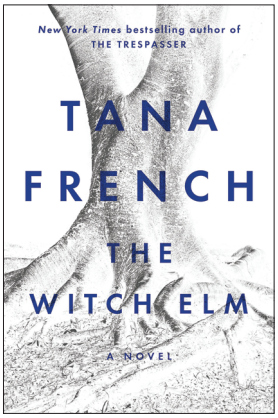
HARGRAY

Limited time offer. Promotion is for new residential customers only, adding Hargray services for the first time. Promotion of Internet plans starting at $50 per month is good for the first year. Additional Hargray services are allowed for additional monthly cost per service. Promotional offer cannot be combined with any other promotional offers or Hargray Rewards. Advertised price does not include equipment fees, taxes, surcharges or any other regulatory or governmental charges. "Fastest Internet" claim is based on the download and upload speeds of Hargray's 1000 Mbps tier compared to the download and upload speeds of the fastest Internet tier offered by competitors as of August 3, 2020. 1000 Mbps download speeds are typically between 945 Mbps and 950 Mbps due to overhead capacity reserved to deliver the data. Upload speeds are typically between 50 and 54 Mbps. Broadband speeds may not be available in all areas, are not guaranteed, are subject to a number of factors and are measured via direct connection (not via Wi-Fi). ©2020, Hargray Communications Group, Inc.; logos are registered trademarks and as such, protected property of their respective companies; all rights reserved.

Hair-raising reads

BOOKS THAT WILL MAKE YOU AFRAID OF THE DARK

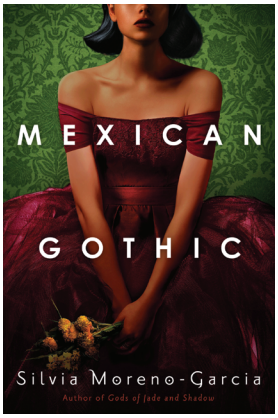
SELECTIONS BY DENISE FRIDAY



THE WITCH ELM

BY TANA FRENCH

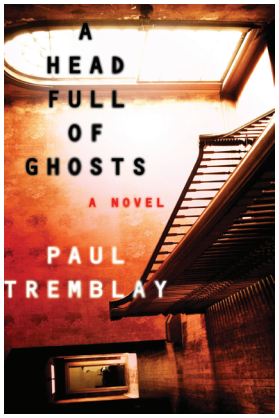
Toby had a pretty good life, until one night two men break into his apartment and he is left for dead. While recovering, he moves in with his uncle Hugo who is dying of brain cancer. Hugo's home, the Ivy House, just outside of Dublin, has been in the family for decades. Toby and his cousins spent a lot of time there as kids with wonderful memories. When a human skull is found in the garden's elm tree, the investigation takes on a sinister turn and Toby begins to question all his childhood memories, including who among them could be capable of murder.



MEXICAN GOTHIC

BY SILVIA MORENO-GARCIA

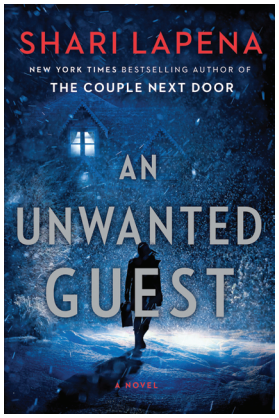
A slow-burn of terror that grows more disturbing as the story unfolds. Set in 1950s Mexico, a haunted house tale with unlikely heroes. Socialite Noemí Taboada gets a pleading letter from her newlywed cousin to save her, but from what? She travels to the countryside to High Place, a house that appears to be out to consume its inhabitants. Noemi is both terrified and intrigued, but can she get out unscathed? Beautifully written, but you possibly may need to leave the light on. All night.



A HEAD FULL OF GHOSTS

BY PAUL TREMBLAY

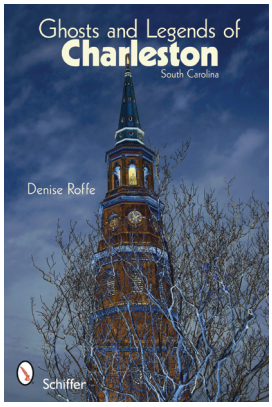
A teenager starts to show signs of schizophrenia. Her family has no idea how to help her. Her father, growing closer with his church, is convinced by his priest that his daughter is possessed. Long out of work and with mounting medical bills, he decides to have a reality TV show film an exorcism to help his daughter and get out of debt. Is her behavior real or rebellion? Is her final act mental illness, pure evil or a desperate act to save her little sister? High on the spooky scale.



AN UNWANTED GUEST

BY SHARI LAPENA

Twelve guests are checked in to a quaint inn located in the Catskills. A winter storm keeps them isolated from the outside world and dependent on each other and the innkeeper. They are kept in relative comfort until one guest falls down a set of stairs to their death. When a second guest ends up dead, panic sets in that there may be a stranger among them slowly picking off victims. Is someone secretly staying at the inn unbeknownst to everyone, even the innkeeper?



GHOSTS AND LEGENDS OF CHARLESTON, SOUTH CAROLINA | BY DENISE ROFFE

A fun and spooky read of various locations around Charleston and the stories that haunt them. Firsthand accounts of "sightings" and the related history are laid out according to area. Even if you don't believe in ghosts, the history of the locations is worth reading about. Stories abound in the area, including The Hunley Submarine, Boone Hall, Tradd Street, the John Rutledge House Inn, Sullivan's Island ghost of Edgar Allan Poe and the Angel Oak tree on John's Island.



LOCAL BOOK CLUB:

Lit Fit

This book club was established in 2016 in Hilton Head Plantation. The club read "Such a Fun Age" by Kiley Reid and discussed it in August at Dolphin Head. The book brought up some discussions about current topics, such as the Black Lives Matter movement and local communities with "Plantation" in their names. In October, the club is reading "Daufuskie Daze" by Jim Alberto. A trip to Daufuskie to discuss the book is planned.



BEVERLY SERRAL
Properties

REAL ESTATE | RENTALS | RENOVATIONS

5 Office Way, Hilton Head Island, SC | 80 Madison Avenue, New York, NY
843.341.3600
www.BeverlySerral.com www.BookaBestNest.com

“

Buying, selling, vacationing, renovating, or redesigning.

How may we delight you today?

– Beverly Serral

Photographed at the
BESTNEST
26 Tupelo Road,
Sea Pines

bestnest
by Beverly Serral
CONSISTENTLY AMAZING VACATION RENTALS

bestnest
luxe
BY BEVERLY SERRAL
AN ELEVATED EXPERIENCE IN VACATIONING

Forbes
Real Estate Council

WELLS FARGO ADVISORS



Front Row: Gary T. Bezilla, Alan D. Kinney
Back Row: Elizabeth S. Cutshall, Jim C. Cuppia, Joan M. Hayes, Katie C. Phifer

Depth & Experience

is what we believe distinguishes us from other financial advisors. Our Credentials, Accolades, Planning Based Approach and Fiduciary Responsibility are what makes us an exceptional choice for those interested in responsible investment planning.

Contact us for a comprehensive second opinion review of your retirement and investment strategy.

www.bezillakinneywmg.com

BEZILLA KINNEY
WEALTH MANAGEMENT GROUP
of Wells Fargo Advisors

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC.

SAVANNAH	HILTON HEAD ISLAND	BEAUFORT
912.921.3422	843.681.1400	843.982.1506

Forbes BEST-IN-STATE WEALTH ADVISORS 2019 SHOOK RESEARCH

INVESTMENT AND INSURANCE PRODUCTS:

NOT FDIC INSURED	NO BANK GUARANTEE	MAY LOSE VALUE

The Forbes Best in State Wealth Advisors ranking algorithm is based on industry experience, interviews, compliance records, assets under management, revenue and other criteria by SHOOK Research, LLC, which does not receive compensation from the advisors or their firms in exchange for placement on a ranking. Investment performance is not a criterion. CAR-0719-01448

VODKA for DOG PEOPLE

SPONSORED BY TITO'S VODKA

Adopt this Pet: Alice

THIS FRIENDLY BOXER MIX WAS DISPLACED BY HURRICANE LAURA.



An adorable dog from the Gulf Coast is looking for a forever home after Hurricane Laura decimated her home shelter in Louisiana. Alice doesn't live "there" anymore (Martin Scorsese reference). She was evacuated to the Hilton Head Humane Association and is eager to begin her new life in the Palmetto State. At just over a year old, she is all boxer fun without some of the size. She is friendly, a bit goofy and promises to rock you like a hurricane, in a good way. "Adopting Alice will be the best decision you ever make," one HHHA volunteer stated. Can you be her calm after the storm?



MORE ABOUT ALICE

Color: Tan, black and white
Age: 1 (15 in human years)
Weight: "A lady never tells." ***— Alice***
Likes: Spooky homemade halloween treats for dogs. "Forget the chocolate. Throw me a skeleton bone, or light up my life with peanut butter jack-o'-lanterns!" ***— Alice***
Dislikes: Characters in scary movies. "While some situations are just tough luck (bad cell phone reception, the car not starting, a sound reveals the hiding spot, etc.), there are plenty of objectively bad decisions being made (running up the stairs to escape instead of out the front door, locking the only door to the theater for an all-night rehearsal, etc.)." ***— Alice***
Adopt her: Due to COVID, all Hilton Head Humane Association adoptions are by appointment only. Call 843-681-8686 or visit hhhumane.org.

Official Mensa® Challenge

Answers are available on LocalLifeSC.com/Mensa



Are you freakishly smart? Be a Mensa monster and take this quiz!

1. What do the following words have in common? (It has nothing to do with vowels, consonants or syllables.)
RIALTO BREAK CHEATER CLOBBER

2. The 26 letters below can be anagrammed into a seven-word proverb meaning that much is possible if a person really wants it. What is the proverb? A A A E E E E E E H H H I L L R R R S S T T W W W Y

3. What two words, formed from different arrangements of the same eight letters, can be used to complete the sentence below? When the young actor _____ his craft, audiences _____ into theaters to see him.

4. Supply the missing number.

X	Z	Y	A	30
Y	Z	Y	Z	34
Y	Y	Y	Z	33
A	A	Z	X	28
29	32	33	?	

5. What two words, formed from different arrangements of the same six letters, can be used to complete the sentences below? The shop had supplied thousands of _____ with the outfit of their dreams. Unfortunately, after the major flood, all that was left was a pile of _____.

[LAST MONTH'S ANSWERS]

1. *Margot likes unknown authors. She only likes words with a silent letter.* ***2.*** *JACINTH; JANISSARY; JEFFERSONIAN* ***3.*** *SMART*
4. *40¢ (35¢ for the 7 that can be made from the 49 and an extra nickel for the one more that can be made from the 7)* ***5.*** *123,654*

ARE YOU READY FOR MENSA?
American Mensa is where brilliance belongs – it's where friendships are forged for life, business connections and opportunities are made, and where brilliant minds find the chance to engage with others in an intellectually stimulating environment. **Just for LocalLife readers:** Take the Mensa Practice Test for just $5! Visit americanmensa.org/mht and use offer code: Local20. Quiz © 2018 Dr. Abbie F. Salny

Mensa provides official tests and answers to LOCAL Life as part of an exclusive license agreement. Answers are available on LocalLifeSC.com/Mensa



Better Vision Through the Best Technology.

Clouded vision obscures life, but it shouldn't obscure your options. At Bishop Eye Center, we have the leading expertise to match our advanced technology methods to your individual eye care needs — all framed in an experience you'll be comfortable with.

Start here. Your eyes will thank you.

BISHOP EYE CENTER

The Leading Center for Cataract Surgery

Hilton Head • Okatie • 843-689-3937 • BishopEye.com

SYNERGY® HomeCare



Plan ahead for holiday home care

Are you having an aging parent or someone else who requires assistance for the holidays? Home care is a great option to balance the responsibilities of caregiving with the holiday time commitments.

Why it's important to plan now

As the holidays approach, your schedule may be overflowing with what it takes to create a lovely holiday. Rather than succumbing to the frenzy of last-minute must-do tasks while keeping an eye on your aging guest(s)—hire a caregiver.

Our caregivers will keep your aging parent happy and busy, and manage the daily living.

Make this holiday season the best you've ever had.

SYNERGY® HomeCare

We're locals who provide private home care done the Lowcountry way.

Contact us today to discuss options about home care for the holidays

843.310.1078

* Our caregivers are licensed, bonded, insured & CPR and First Aid Certified.

SYNERGY HomeCare of the Lowcountry
2 Corpus Christi • Suite 101 • Hilton Head
synergylowcountry.com

Nonprofit Spotlight

Women in Philanthropy

MISSION

Making a difference in the Lowcountry through the power of collective giving. Through a woman's unique lens, the organization promotes the power of collective giving, engages and inspires women along their philanthropic path and supports new approaches to address community needs.







GIVING BACK WIP members at the Edible Education for Sustainability Garden at Hilton Head Christian Academy. This is a five-year project showcasing methods of sustainably growing and then incorporating the produce into school menus. Peggy Arlington is shown on a ladder. Andi Purple with Boys and Girls Club of the Lowcountry UMOJA Drum and Dancers.

HISTORY

Women in Philanthropy was formed in 2003 under the auspices of the Community Foundation of the Lowcountry. It is a philanthropic women's giving circle for collective giving by women within the Lowcounry community. In 2003 seven women gathered together 100 women willing to donate to begin a women's giving circle. This initial investment was the seed money for the endowment fund, which has now grown to over $1 million and insures that grants will be made to Beaufort County nonprofits long into the future. To date, Women in Philanthropy has provided over $600,000 in grants to Beaufort County nonprofits.

WHOM IT HELPS

The purpose of Women in Philanthropy grants is to strengthen families and individuals who live or work in Beaufort County in the areas of arts and culture, community development, education, environment, health and human services.

HOW TO HELP

Become a member and be a part of WIP's success. Membership is open and welcoming to all Lowcountry women. Want more specifics about membership and grant-making? Go to cf-lowcountry.org, click on giving circles, scroll down to WIP and go to FAQs. Feel free to contact Elizabeth Loda, advisory board chair, at eloda@wavebusters.com or Debbie Cahoon at debbie.cahoon@cf-lowcountry.org or 843-681-9100. *LL*

FOR MORE INFORMATION ABOUT WOMEN IN PHILANTHROPY

The Community Foundation provides Women in Philanthropy with fund management and administrative support. This assures donors (members) that less than 1.5 percent of donor dollars goes to administration and management expense. Each year the membership votes and selects a theme upon which to award grants. Applications are rigorously evaluated and several chosen to be funded. After funding, the granted projects are monitored throughout the year to assure the funds are properly spent. The hope is that by giving toward one theme each year, rather than numerous focal points, WIP can make a permanent difference. WIP is hoping to find new ways to permanently solve longstanding problems. **Learn more at cf-lowcountry.org**.

EXPERIENCE MATTERS. WE GET RESULTS.





Frederick G. Weniger,
MD, MBA, FACS
Board Certified
Plastic Surgeon
Voted Best of Bluffton's
Best Plastic Surgeon
2009-2020

WENIGER
Plastic Surgery
&
HAIR RESTORATION
of the Lowcountry

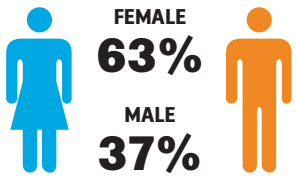
@WenigerPlasticSurgery
@WenigerPlasticSurgerySC

350 Fording Island Road,Suite 200, Bluffton SC
843.757.0123 | wenigerplasticsurgery.com

Just the facts

Each year LOCAL Life hires an independent audit company to verify our distribution and readership claims. We do this to learn more about you, our reader, and so that our advertisers have confidence that the numbers we claim to deliver are verified. The Post Office also requires that we publish an **"Ownership Statement"** that verifies the number of copies we mail with USPS, again as a form of accountability. October marks our third year publishing LOCAL Life (time flies!), and we couldn't be happier or more proud of our readers and how you engage with LOCAL Life. Thank you. In addition to publishing the mandatory Ownership Statement, we want to share some audit highlights with you.

About our readers



FEMALE
63%

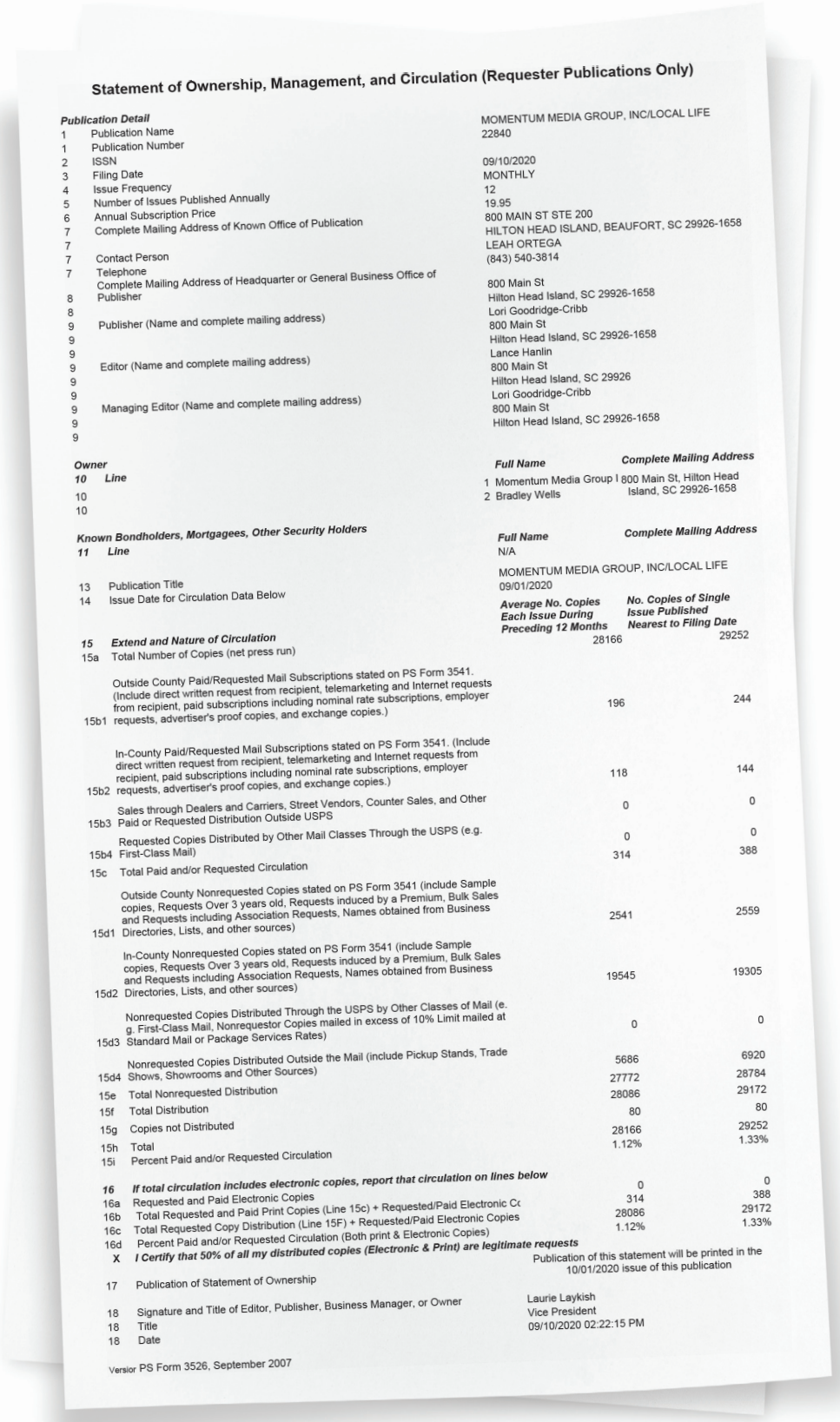
MALE
37%



AVERAGE HOUSEHOLD INCOME
$274,037



73%
YOU ARE A SMART BUNCH:
73% of our readers graduated from college, completed a master's, professional or doctoral degree.



Statement of Ownership, Management, and Circulation (Requester Publications Only)

Publication Detail		
1	Publication Name	MOMENTUM MEDIA GROUP, INC/LOCAL LIFE
1	Publication Number	22840
2	ISSN	
3	Filing Date	09/10/2020
4	Issue Frequency	MONTHLY
5	Number of Issues Published Annually	12
6	Annual Subscription Price	19.95
7	Complete Mailing Address of Known Office of Publication	800 MAIN ST STE 200 HILTON HEAD ISLAND, BEAUFORT, SC 29926-1658
7	Contact Person	LEAH ORTEGA
7	Telephone	(843) 540-3814
8	Complete Mailing Address of Headquarter or General Business Office of Publisher	800 Main St Hilton Head Island, SC 29926-1658
9	Publisher (Name and complete mailing address)	Lori Goodridge-Cribb 800 Main St Hilton Head Island, SC 29926-1658
9	Editor (Name and complete mailing address)	Lance Hanlin 800 Main St Hilton Head Island, SC 29926
9	Managing Editor (Name and complete mailing address)	Lori Goodridge-Cribb 800 Main St Hilton Head Island, SC 29926-1658

Owner			
10	***Line***	***Full Name***	***Complete Mailing Address***
10	1	Momentum Media Group I	800 Main St, Hilton Head Island, SC 29926-1658
10	2	Bradley Wells	

Known Bondholders, Mortgagees, Other Security Holders			
11	***Line***	***Full Name***	***Complete Mailing Address***
	1	N/A	

13	Publication Title	MOMENTUM MEDIA GROUP, INC/LOCAL LIFE
14	Issue Date for Circulation Data Below	09/01/2020

		Average No. Copies Each Issue During Preceding 12 Months	***No. Copies of Single Issue Published Nearest to Filing Date***
15	***Extend and Nature of Circulation***		
15a	Total Number of Copies (net press run)	28166	29252
15b1	Outside County Paid/Requested Mail Subscriptions stated on PS Form 3541. (Include direct written request from recipient, telemarketing and Internet requests from recipient, paid subscriptions including nominal rate subscriptions, employer requests, advertiser's proof copies, and exchange copies.)	196	244
15b2	In-County Paid/Requested Mail Subscriptions stated on PS Form 3541. (Include direct written request from recipient, telemarketing and Internet requests from recipient, paid subscriptions including nominal rate subscriptions, employer requests, advertiser's proof copies, and exchange copies.)	118	144
15b3	Sales through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid or Requested Distribution Outside USPS	0	0
15b4	Requested Copies Distributed by Other Mail Classes Through the USPS (e.g. First-Class Mail)	0	0
15c	Total Paid and/or Requested Circulation	314	388
15d1	Outside County Nonrequested Copies stated on PS Form 3541 (include Sample copies, Requests Over 3 years old, Requests induced by a Premium, Bulk Sales and Requests including Association Requests, Names obtained from Business Directories, Lists, and other sources)	2541	2559
15d2	In-County Nonrequested Copies stated on PS Form 3541 (include Sample copies, Requests Over 3 years old, Requests induced by a Premium, Bulk Sales and Requests including Association Requests, Names obtained from Business Directories, Lists, and other sources)	19545	19305
15d3	Nonrequested Copies Distributed Through the USPS by Other Classes of Mail (e. g. First-Class Mail, Nonrequestor Copies mailed in excess of 10% Limit mailed at Standard Mail or Package Services Rates)	0	0
15d4	Nonrequested Copies Distributed Outside the Mail (include Pickup Stands, Trade Shows, Showrooms and Other Sources)	5686	6920
15e	Total Nonrequested Distribution	27772	28784
15f	Total Distribution	28086	29172
15g	Copies not Distributed	80	80
15h	Total	28166	29252
15i	Percent Paid and/or Requested Circulation	1.12%	1.33%

16	***If total circulation includes electronic copies, report that circulation on lines below***		
16a	Requested and Paid Electronic Copies	0	0
16b	Total Requested and Paid Print Copies (Line 15c) + Requested/Paid Electronic Cc	314	388
16c	Total Requested Copy Distribution (Line 15F) + Requested/Paid Electronic Copies	28086	29172
16d	Percent Paid and/or Requested Circulation (Both print & Electronic Copies)	1.12%	1.33%
X	***I Certify that 50% of all my distributed copies (Electronic & Print) are legitimate requests***		
17	Publication of Statement of Ownership	Publication of this statement will be printed in the 10/01/2020 issue of this publication	
18	Signature and Title of Editor, Publisher, Business Manager, or Owner	Laurie Laykish Vice President 09/10/2020 02:22:15 PM	
18	Title		
18	Date		

Version PS Form 3526, September 2007

More about our readers

YOU SHARE
3.6 people read each copy of LOCAL Life.

YOU SUPPORT OUR ADVERTISERS!
74.6% of you report to frequently purchase from advertisers you see in LOCAL Life.

65%

SHELF LIFE
65% of our readers keep LOCAL Life on their coffee table, and 69% of you hang on to LOCAL Life for many months. Thank you!

#1

WE LOVE YOU TOO
And most of all, thank you for reporting that LOCAL Life is your favorite media in the Lowcountry.

YOUR INBOX AND MAILBOX

INBOX Our Newsletter open and click-through rates are through the roof, more than double the industry average. Thanks for not deleting us!

MAILBOX Every month, more and more people pay to ensure they receive LOCAL Life in their mailbox each month. That sure helps offset our postage costs and we appreciate it.



Reader survey:

YOU COULD WIN A $100 GIFT CERTIFICATE

We want to get to know you better and get to know what you think of the magazine! Take a few minutes to complete our short reader survey at LocalLifeSC.com, and you could win a ***$100 gift certificate to SERG Restaurant Group***.

CIRCULATION VERIFICATION COUNCIL
www.cvcaudit.com

Circulation Verification Council *(CVC) reviewed the printing, distribution, circulation, technology, and general business records of this publication for the purpose of compiling this information. An independent survey was also completed. The review was completed using Council audit procedures considered necessary under the circumstances of the audit in compliance with CVC Rules and Regulations. Readers are welcome to contact CVC at 314-956-7111 or visit cvcaudit.com for more information about the audit.*

Put your home in good hands.



Since 1988, we've been providing first-class customer service to homeowners looking to rent their properties easily and efficiently. We try to understand all your wants and needs so we can create the best experience possible.

Share your home with us and we'll work hard for you.

VACATION COMPANY
Hilton Head Luxury Homes & Villa Rentals

843.686.6100 | VacationCompany.com
info@vacationcompany.com
42 New Orleans Road, Suite 102
Hilton Head Island, SC 29928

local life

Our greatest hits

This issue marks the ***third anniversary*** of LOCAL Life. Here are a few of our favorite moments...



FIRST COVER

LOCAL Life's first cover (October 2017) shows an oyster bed near Pinckney Island. It was taken by local photographer Michael Hrizuk.



TOP COVER

Readers voted the ***February 2019*** issue LOCAL Life's best cover. It features the painting "Da Gullah Rose" by local artist Sonja Griffin Evans.



TOP 10 MOST-CLICKED ARTICLES AT LOCALLIFESC.COM



1. Zoom Virtual Backgrounds
2. Q+A Celebrity Connection: Justice Mellencamp
3. Celebrity Connection: 'Brothers' in Charm
4. Southern Traditions
5. The Gullah Dream Weaver
6. Five Hot Lowcountry Fishing Spots
7. Born a Seahawk: Poona Ford
8. From Tragedy Comes Hope
9. Behind the Heritage: Q+A with Dottie Pepper
10. Q+A Celebrity Connection: Ken Anderson



Happy Birthday!

*The 1,000th member of the **LOCAL Life Birthday Club** signed up just in time for our third anniversary. Eerie, isn't it? Sign up at LocalLifeSC.com to receive a sweet treat on your birthday from The Chocolate Canopy!*



GET THE PICTURE

Did you know the ***spines of each volume*** of LOCAL Life combine to create a local scene? The 12 issues of 2019 create a local beach scene. Stack your 2020 issues together to reveal a local marsh scene.

Show it off

Sixty five percent of LOCAL Life readers keep the magazine on their coffee tables, and **69 percent** report hanging on to each issue for several months. Here are a few creative ways to incorporate the magazine into your home decor.

Send a picture of where you keep LOCAL Life to info@wearelocallife.com for possible inclusion in a future issue.



June's Outdoor Living issue looks great under a colorful pot.



The August cover rocks it when paired with music posters or in a music studio.



Why not match the cover with the pool? July's Turtle issue looks great poolside.

CELEBRATING 25 YEARS
1995 - 2020

BELFAIR

Living Our Best Life

in the heart of the Lowcountry

At Belfair, we believe there's no better time than now to create your fullest, most balanced life – and there's no shortage of opportunities to lead you there. With our Reinvented Sports & Lifestyle Campus, there's an abundance of activities the whole family can enjoy. From the social halls and bistro to connect with your neighbors, fitness classes and court sports to keep you active, friends that make it fun to reach your personal fitness goals and various wellness solutions for your mind and body, Belfair is the place to find your peak levels of health, connections, and happiness.









BELFAIR WILL REINVEST $20 MILLION DOLLARS INTO THE COMMUNITY OVER THE NEXT 10 YEARS.

Discovery Package

Includes a two night stay in one of our cottages, two rounds of golf on either of our Championship golf courses, dining at the 1811 Grille, access to our world-class Golf Learning Center and our Sports & Lifestyle Campus. *

Bluffton, SC • 843.757.0700 • Discover@Belfair1811.com

www.LifeAtBelfair.com

**Package subject to availability*

LETTER TO THE EDITOR
LOCAL Life asked Hilton Head Island resident ***Bill Schmitt*** to share his thoughts on what it means to be local. Schmitt has a long history of volunteerism on the island and has played a key role in the Hilton Head Island Concours d'Elegance & Motoring Festival since 2005. LOCAL Life welcomes letters to the editor and comments to our website. **Write to info@wearelocallife.com.**

What makes it local



adjective. lo·cal | lō-kəl

1: *characterized by or relating to position in space: having a definite spatial form or location* ***2:*** *of, relating to, or characteristic of a particular place: not general or widespread: of, relating to, or applicable to part of a whole* ***3:*** *primarily serving the needs of a particular limited district of a public conveyance: making all the stops on a route*

La vida local

STORY BY BILL SCHMITT

Hilton Head is the only place I have lived on purpose. I was either born or sent everywhere else. A career in the chemical industry afforded me the opportunity to visit 48 states and over 50 countries but caused me to move 12 times. Our journey to Hilton Head started a long time ago.

Shortly after we were married, my wife said we needed to go to Hilton Head, a place she had visited and eventually wanted to live. That was in 1977, and we became the owners of a lot in HHP. After living in Brussels for almost four years, we decided to build a house on that lot. It was 1983. However, an 18-percent mortgage made us put it up for rent, though the dream was still there. Our son was baptized here even though we were living in Texas. We vacationed here every year. Fast forward to 1999, when we made the move here so our son could attend Hilton Head Christian Academy for high school. Shortly thereafter I was called to Dallas for my job, so I started a two-city life. Finally, in 2004 I was able to take an early retirement, and we were now all in Hilton Head.

When you live 12 places in 30 years, you are always "visiting" in a way. How was life on Hilton Head going to be different? I saw an ad in the Packet that led to helping form the Corvette Club of HH. That led to a chance to help create the Car Club Jamboree (now Showcase) for the Concours d'Elegance. A while later I answered the call for people to create a cell-phone task force. That led me to people in the newly formed Arts & Cultural Council who needed help in fixing its website. There I met people I would never have met any other way, and soon I was helping Mitchelville plan Juneteenth Celebrations. And now I am on the Arts Advisory Committee for Culture HHI. A long way from the left-brained, technical world of chemicals.

COVID-19 has given us all a pause and way too much time to reflect. That "vision" my wife had all those years ago had paid off. Hilton Head had been our North Starr, as we would always say, "Someday we will live on Hilton Head." When we finally got here, it really hasn't disappointed. We were finally from somewhere. And volunteerism was Hilton Head's way of giving us the chance to become LOCAL. It's the "secret sauce" to help nomads create some roots and become part of a community.

Where else could a guy come up with an idea to help a local dance group promote its production of The Nutcracker by asking its stars to present awards at a car show he helped create? When you say you are from Hilton Head, no other cities need mentioning. Remember, I do live here on purpose. *LL*





LOCAL SINCE 1983 Bill Schmitt is a familiar face at the Hilton Head Island Concours d'Elegance & Motoring Festival. He has been a long-time volunteer and has done everything from run the Car Club Showcase event (the Saturday show) to co-managing the Concours to coming up with the Women Driving America program that was started last year. "Our event would not be what it is now without Bill," Concours President Lindsey Harrell said. While the 2020 event has been canceled, many virtual events are planned. Learn more at hhiconcours.com.



Have the smile you've always wanted!

Dr. Rothwell is an accredited member of the American Academy of Cosmetic Dentistry, and offers you the skill, compassion and dedication to help you have the smile you've always wanted.

AACD American Academy of Cosmetic Dentistry® ACCREDITED

Bonnie J. Rothwell, *DMD, AAACD*



Bonnie J. Rothwell, DMD, AAACD

11 Hospital Center Common, Suite 200
Hilton Head Island, SC
843.342.6900
hiltonheadcosmeticdentist.com
smilesyoulove.com

Call for your complimentary cosmetic consultation.










64 HAIG POINT RD.



Find additional images from these photo shoots online at **LocalLifeSC.com**

Lowcountry Spirits

MEET THREE LOCALS WHO HAVE SEEN THE PARANORMAL SIDE OF OUR HOMETOWN.

STORY BY BARRY KAUFMAN
PHOTOGRAPHY BY LISA STAFF

There are spirits on these shores. Just listen. You'll hear them...

When the sun casts its final golden beam across the meandering estuaries, and the last caw of the fish crow gives way to the choir of the bullfrogs, these spirits roam. They are part of the Lowcountry's enduring mystique – the tantalizing questions behind each creak of an old door frame and every goosebump on your neck.

The Lowcountry is awash in spirits. Whether it's the restless souls from the days when war raged on her fields, the bittersweet echoes of those who have moved on, or the enigmatic figures behind ancient secretive root magic, they've made their presence known time and time again. ***Read on to meet three locals who have had their own encounters with the Lowcountry's spirits.***



Kim Poovey

CLOSE ENCOUNTERS OF THE HAUNTED KIND

The antebellum streets of Beaufort and the charming front porches that line each road are just part of the allure of this town, one that has defined it as the quintessential Southern town. And like anywhere in the South, Beaufort and its nearby islands are riddled with ghosts. There's the ethereal lantern of the Land's End Light. The impish specter of Gauche, the jester who haunts Craven's Street's iconic castle. The ghostly white figure of a woman carrying her child through The Chapel of Ease.

Kim Poovey has never seen any of these ghosts. But she has encountered their fellow spirits more times than she can recall.

"The ghosts kind of follow me around," she said. A long-time ghost tour guide for CAPA's annual spine-tingling tours and historic storyteller, Poovey is a fixture of Beaufort with her period-appropriate Victorian attire and her breathtaking skill with spinning a yarn.

And the tales she tells of her own close encounters are among the most chilling. There's the time she was leading a group one moonlit night when a cheeky poltergeist tugged at the back of her flowing dress. The time she was volunteering as a docent at a historic Beaufort house, and a ghost slammed a drawer shut, narrowly missing her fingers. The angry spirits who followed her home one evening from the Naval Hospital, showing themselves first as elevator doors that opened themselves, then as a menacing sense of dread that ended only when she began to pray.

In each of these stories, she speaks of a sensation, never a vision.







LOCAL SINCE 1999 Kim Poovey is an author, storyteller and Victorian reenactress. She has traveled the Southeast for more than 20 years performing in period attire on 19th-Century fashion, mourning practices and other Victorian era topics. In 2011 she portrayed Mrs. Stanton, wife of Secretary of War Edwin Stanton (Kevin Kline), in the Robert Redford film, "The Conspirator."

"I don't see ghosts, I only sense them," she said, citing religious reasons. "I can go into a building and tell if it's haunted. But I don't talk to them."

Her encounters grew more frequent when she moved into her current home, a circa-1890s Victorian cottage that exemplifies that classic haunted house.

"I've had a lot of experiences in that house," she said. These range from eerie feelings of being watched to the heat mysteriously being cranked up all the way on a sweltering June day. Her cat Kramer has even found a few spectral playmates. "One of the former owners had died with 60 cats in the house. So we have ghost cats."

The supernatural has been a constant for Poovey since she was a girl, from her first encounter with Edgar Allen Poe (his writing, not his ghost) in the fifth grade to her current role as a celebrated author and educator on local spirits. She may not see the spirits, but she knows when they're there. And in a town like Beaufort, they're always there.

HELPING YOU MAKE
Smart Financial Choices

We help you simplify your financial planning process and act in your best interest to help you work toward your financial goals.

WEALTH MANAGEMENT
RETIREMENT PLANNING
RISK STRATEGIES

We help build a personalized plan to help you build wealth, protect your family, preserve your assets, and any other goals you have.



*We are **Marc Stuckart, CPFA** and **Creighton Stuckart, CFP®** a father and son team who founded Atlantic Investment Advisory Group to provide a straightforward financial planning solution to coastal South Carolina families.*

Clear Guidance to Help Grow and Protect Your Wealth

Atlantic Investment
ADVISORY GROUP

2 PARK LANE · SUITE 203 · HILTON HEAD ISLAND, SC
843.341.3300
ATLANTICINVESTORSHHI.COM

Financial Advisor offering securities through Cetera Advisor Networks LLC, member FINRA/SIPC. Advisory services offered through Summit Financial Group, Inc., a registered investment adviser. Summit and Cetera are affiliated and under separate ownership from any other named entity.

Babbie Guscio

SURROUNDED BY HAPPY SPIRITS FROM BLUFFTON'S PAST

When you hear that someone has a ghost story, your immediate reaction is usually to brace yourself. After all, with few exceptions, every ghost story exists to shock, terrify and leave us sleeping with a few extra lights on.

So it's easy to forget that behind every ghost is a living person who once walked this Earth. The ghosts in Babbie Guscio's stories are all people, as much now as they were before they shuffled off their mortal coil. They're the people that helped her fall in love with Bluffton when she arrived back in the 1970s.

"When people come here, they don't realize how much different it is than it was," she said. "We were living in the Wild West. We love it still and we loved all these wonderful people who made it what it was."

Guscio opened The Store on Calhoun Street in 1978, in a Bluffton that was worlds apart from the modern Southern chic its Old Town represents now. Back then, the front porch at The Store was just about the best meeting place in town. She found a crew of regulars waiting when she first opened, and every day after.

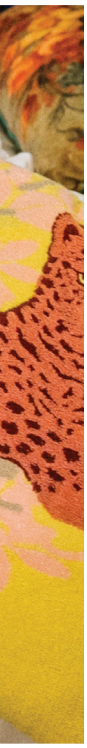
"Luke Peeples would already be plopped on the front porch when I got there, and so was Thomas Niver and Hasell Heyward (his house is now the headquarters of the Bluffton Historical Society)," she said. "All of these men grew up together in Bluffton and were lifelong friends. It was like a gossip session with all these men around. Paul Pinckney was another one — even though he had a bit of a problem walking, he would walk over and join in the wonderful fun we were all having. They wanted to be buried like fence posts next to my store. They're with me all the time."

They may have moved on from this world, but the daily congregation of The Store's front porch still meets with regularity. Guscio calls



LOCAL SINCE 1971 Babbie Guscio moved to Bluffton 49 years ago by way of Paris, France. She opened The Store on Calhoun Street in 1978, back when Bluffton had just 700 residents. In her free time, like Alice in Wonderland, Babbie looks for exciting new doors to open.





them her happy spirits, keeping an eye on her store and helping her when they can. Even beyond her front porch, her Bluffton is a paranormal state of mind, with the figures that loomed large in Bluffton's lean days still a part of its community fabric.

"Mr. Albert Ullman was adorable," she said. "We bought the lot across from my store from him and became fast friends. Mr. Ullman's father had a small store on the lot that had been demolished by a rare tornado. The lot had been vacant for years until we purchased it. Mr. Ullman came over often from Savannah to visit and loved Bluffton very much. He too was full of fabulous tales he was so eager to share. He's probably standing out on the corner right now."

Then there's Maybelle, at one time the one person at Scott's Market you didn't want to cross. "If she didn't like somebody at Scott's, she would push the cart right into them. It didn't matter who it was. I've seen her do it," said Guscio. The afterlife, it seems, has mellowed her somewhat. "Maybelle is here with me. It's a blessing."



But these spirits are more than just a memory. Like the clinking of bootleggers' bottles in the coves, the sound of Luke Peeples' piano filling the air on Calhoun Street in the evening hours, and, on a cold quiet night, if you listen, you will still hear it. Guscio has heard it, and it is a reminder that the spirit of Bluffton lies above all, in the people, and to Babbie, "that is the most marvelous thing of all."



INSURING THE AFFLUENT CLIENTELE

The term the insurance industry uses today is "High Net Worth." What this means in insurance terms are those that own a home with a value of $1 million or more.

We at Correll Insurance Group of Hilton Head couldn't disagree more. The simple truth is an insurance professional will look at financial assets that are at risk and provide guidance using a concierge approach in building a unique combination of insurance coverages, resources and services that meet your specific needs.

We take the time to provide customized solutions to protect all of your financial assets. If an insurance agent simply wants to quote your insurance, they are the wrong choice.

At Correll Insurance Group of Hilton Head, we have a dedicated team that specializes in protecting affluent clientele.

We will assist you in creating the perfect program to protect you, your family and everything you love. Experience the difference … allow us to tailor your insurance portfolio to preserve all of your financial assets.

Member of Correll Insurance Group

25 Locations across South Carolina, North Carolina and Tennessee

Locally Owned and Controlled

We don't send our money to a home office, it stays right here in the Lowcountry.

Committed to serving the Community

Education is a Key

Keeping current with an ever changing industry

Organizational Culture:

9 words to experience the difference

Protecting Financial Security

Integrity · Service · Education

Innovation · Teamwork · Results

CORRELL INSURANCE GROUP OF HILTON HEAD

formerly Coastal Plains Insurance

Trusted Choice®

Now with two convenient locations to serve you:

15 Bow Circle, Suite 101
Hilton Head Island SC 29928

8 Arley Way, Suite 101
Bluffton SC 29910

1.888.668.8082 www.correllhhi.com

"Insuring the Carolinas since 1931"

Roger Pinckney XI

DAUFUSKIE AUTHOR KEEPS HIS MOJO RISING

Daufuskie Island is a place awash in mystery and in magic. Separated from the world by the physical barriers of the shifting shoals and the wide swing of the tides, it also stands apart from anywhere else in ways that are less tangible. Here, among the shaded canopy of forests that stood long before man's footprints marred the beaches, are whispers and stories that blur the line between reality and fantasy.

From one local you might hear about the root doctor who prayed on her daughter's crippled legs, and how that daughter later became a standout on the high school soccer field. At Freeport Marina's vibrant bar, you'll spy a mural of the legendary Dr. Buzzard. And on one quiet road, you can spy a talisman of ancient voodoo staring back at you from the woods, an eye set in the middle of a haint blue handprint painted on plywood and nailed into a loblolly. The mesh strainer below it may seem like an odd way to ward off evil, until you learn of its secret powers.

"We have a ghost around here called a slip-skin hag," explained author Roger Pinckney XI, long-time Daufuskie Island resident. "The hag doesn't like the color blue and she has an obsessive compulsive disorder. So she sees that strainer and says, 'Dammit, how many holes does that have?' She gets up to 200, 250, and loses count. She'll spend the whole night counting those holes."

From anyone else, these stories might seem like campfire fodder. But Pinckney knows better. Growing up in Beaufort before the days of golf development and resort lifestyle living changed the county forever, he saw the old ways of African folklore and root magic as an everyday fact of life. In those days, the threat of "the root" was all too real.





LIFETIME LOCAL Roger Pinckney XI was born in Beaufort and has spent the past 23 years on Daufuskie Island. He is a local historian, tour guide and has written more than 14 books including, "Blue Roots: African-American Folk Magic of the Gullah People." He is senior editor of Sporting Classics Magazine and a regular contributor to other outdoor publications.



"My daddy was county coroner and he saw people killed by it all the time. But he couldn't put that on the death certificate," said Pinckney. "So he had a code – dead by undetermined natural causes. But everyone knew what it was. They'd get the root on them, they'd quit eating, quit drinking and die. You can't help me, no doctor can help me, I'm gone."

The mysterious powers of root magic, traditions and practices that came over from Africa with a people placed in bondage, still hold tremendous sway here. Pinckney can take you to a cemetery where Cooper River Plantation once stood, and tell you how the Melrose company brought the root on themselves by building a reception center on the graves of the enslaved.

"Some of the local people went to see the voodoo doctor and put the curse on Melrose," he said. That curse took its first five lives when a boat flipped and killed five engineers hired by the company. Then it started going after the executives, with several dying under bizarre circumstances. As to the ultimate fate of Melrose, well we all know how that turned out. "They've lost $300 million already, and it's still in ruins."

At that same graveyard, you can catch Pinckney placing quarters on a crude block of concrete marking the final resting place of one Rebecca Chisolm, payment for the gifts her grave provides. "A friend of mine asked me to get some dirt from a grave to use as a kind of voodoo spell, so she always asks me to put coins on the graves here," he said. That dirt, known as goofer dust in root doctor parlance, is used for a number of things, including the protective mojo bag you'll find in Pinckney's wallet.

"I got my mojo in one pocket and a pistol in the other," he said. "And the love of Jesus in my heart, so I'm covered." *LL*

VINEYARD

Personalized Living, Assisted Living & Memory Care



Our Vineyard team is excited to serve you and your family!

At Vineyard, we don't just care for you, we care about you. Which is why we personalize our programming to each resident's passions and pursuits that nurture the mind, body and soul. With fresh, chef-prepared meals that are as delicious as they are nutritious, ours is a community where you or your loved one can thrive.

"At Vineyard, we grow purposeful communities that make a positive impact on both people and our planet. This translates into a continuum of personalized care, thoughtful programming, and customized amenities that aim to engage, inspire and elevate life at every stage."

-Kaylynn Evans, MSM-HC, LTCA, CADDCT
Executive Director



Call to schedule your visit today.

843-547-9989 **vineyardbluffton.com**

CELEBRITY CONNECTION

Stan Kasten

THE STORY OF HOW A SUMMER SOJOURN LED TO A WORLD SERIES RING (AND A LOT MORE)

STORY BY LISA ALLEN



PART TIMERS Stan Kasten and his wife, Helen, have been married for 40 years. They own a vacation home in Palmetto Dunes.

Stan Kasten had just graduated from Columbia University Law School and knew he had just one carefree summer left before beginning work as a New York antitrust attorney.

He climbed into his car and drove around the country, watching Major League baseball games.

"I always loved sports," Kasten said, who grew up in New Jersey. "I was a huge New York Yankees fan."

Watching the Cardinals in St. Louis that nomadic summer in the late 1970s, Kasten met Ted Turner, then owner of CNN, the Atlanta Braves and the Atlanta Hawks. "We talked and he hired me to do in-house legal work for him. I followed him back to Atlanta, and the rest is history," Kasten said.

What did his father, a Holocaust survivor, think of him working for a sports team instead of a white-shoe law firm? "My father was an immigrant and didn't know anything about sports. He was very disappointed. He thought I was throwing away a perfectly good legal career to go into sports. Eventually he came around, once he saw that I was able to pay my bills."

In 1979, at age 27, Kasten became the youngest general manager in NBA history with the Hawks.



©SCOTT CUNNINGHAM/ATLANTA HAWKS

COURT ORDER From left, Stan Kasten is shown with former Hawks head coach Lenny Wilkens, former Hawks owner Ted Turner and former Hawks GM Pete Babcock. Kasten became the first NBA executive to win back-to-back NBA Executive of the Year awards in 1986 and 1987.



©CATHERINE RUNYAN

He became president of both the Hawks and the Braves in 1986. "Ted just kept putting me in charge of his teams," Kasten said.

Kasten had a Midas touch. The Hawks had a four-year run of 50-win seasons from 1986-89, and seven consecutive playoff appearances in the 1990s. To date, Kasten is the only NBA executive to win back-to back Executive of the Year awards in 1986-87.

As for the Braves, from 1987-2003, the team won more games than any other team in MLB and won 14 consecutive division titles (1991-2005), five National League pennants and the 1995 World Series.

Kasten also is skilled at building stadiums, overseeing the conversion of the 1996 Olympics stadium into Turner Field and the construction Philips Arena in Atlanta.

In 1999, when the NHL awarded Atlanta an expansion team,

WILLS • TRUSTS • ESTATE ADMINISTRATION • IRA & RETIREMENT PLANNING

Guarding Your Legacy





W. A. Hunter Montgomery, Esq.

Guarding the legacy and wealth of over 1,000 SC families since 2002.

AMERICAN ACADEMY of Estate Planning Attorneys Since 1993

Making an estate plan is a big and important step; a step that no one should take without being fully informed.

Our mission and our passion is to make a difference, one family at a time.

Call and mention Local Life to receive a complimentary consultation to discuss your estate planning needs.

MONTGOMERY LAW FIRM, LLC

10 Pinckney Colony Road | Suite 402 | Bluffton, SC

843.815.8580

montgomeryestateplanning.com

Kasten added the title of president of the Thrashers, adding yet a third sport. Kasten was president of all three teams until 2003, when he stepped down.

Kasten then became president of the Washington Nationals, formerly the Montreal Expos, from 2006-10, where he rebuilt the team and the fan base. The nation's capitol hadn't had a baseball team since the Washington Senators moved to Minnesota and became the Twins in 1960. He managed the construction of Nationals Park, too.

In 2012 he joined Magic Johnson, Peter Guber and Guggenheim Baseball Management to buy the Los Angeles Dodgers for $2.1 billion. You guessed it: He serves as president.

He said there isn't much difference between sports fans on the East Coast, the West Coast or Atlanta. "Well, I take that back. Dodgers fans are very loyal. There is such a long history of success there," he said.

Of course, he's not sure how they would react to a losing season. "I wouldn't know. It hasn't happened since I've been here."

"Every sport is different. Putting teams together is different. But for the fans, they're looking for a good experience, good value and a good product."

Despite his success, Kasten tries to keep a low profile. He and his wife, Helen, have been married for more than 40 years and have four children and several grandchildren.

He jokes, "I wish people knew less about me. Everyone seems to have my phone number and email."

And he welcomes the compliments and the complaints. It's all part of the job.

His latest challenge, of course, is the pandemic.

The Dodgers are back on the field and off to a strong start, but they play to empty stadiums. Kasten is very eager for the sports world to return to pre-COVID normal.

"We had a good thing going, and we made continuous improvements," he said. "I hope sports don't change. But we've all learned how to make do. We're overcoming hurdles. We're changing the way we reach out, the way we connect."

In the meantime, he's working from home in either LA or Atlanta. To relax, he works out, watches movies and, yes, watches sports.

"I'm always studying sports business models."

And to be sure, others study his. *LL*



©CATHERINE RUNYAN

FAMILY TIME Stan and Helen have four children and several grandchildren. He is the former president of the Atlanta Braves and the Washington Nationals, and the current president and part-owner of the Los Angeles Dodgers. He also served as general manager of the NBA's Atlanta Hawks and president of the NHL's Atlanta Thrashers.



©JON SOOHOO PHOTOGRAPHY





GOOD SPORTS Stan Kasten is shown with Magic Johnson, announcing the new ownership of the Los Angeles Dodgers; speaking at Dodger Stadium in Los Angeles; and celebrating with John Schuerholz and Bobby Cox after the Braves won the 1995 World Series.

A Lowcountry connection

For decades, the Kasten family has enjoyed Hilton Head Island. They currently have a home in Palmetto Dunes.

"It's so nice to have a world-class resort so close to Atlanta," Kasten said. "It's less than a five-hour drive. Hilton Head has it all. It has the ocean, great golf, excellent tennis, really good restaurants, and everything is accessible and easy to get to."

While Kasten spends most of his time in Los Angeles, his family remains in Atlanta.

"Atlanta is home," he said. And that means Hilton Head will remain the Kastens' home away from home.

Unfortunately, the Kastens didn't get a chance to visit Ted Turner on St. Phillips Island before Turner sold it to South Carolina. The rustic barrier island is now part of the wildly popular Hunting Island State Park and accessible by ferry.

"Ted invited us, but we never made it there."

WHAT RETIREMENT?



Live the life you love!

You're in the prime of your life and enjoying it to the fullest, so why allow painful degenerative conditions hold you back?

Whether you suffer from arthritis, back, joint, hip, shoulder or knee pain, the Fraum Center for Restorative Health can provide you with the regenerative therapies to keep you youthful on the inside, and now with our aesthetic solutions you can look your best on the outside!

We offer natural, non-invasive alternatives to live your best life *now*. Register for one of our free presentations, presented by Dr. Brad Fraum, DC and Dr. Heather Hinshelwood, MD, FACEP**. Call 843.681.7777** or learn more at **www.fraum.com**.

MONDAY	**OCT 5TH**	**6:00 PM**
MONDAY	**OCT 12TH**	**12:00 PM**
MONDAY	**OCT 19TH**	**6:00 PM**
TUESDAY	**OCT 27TH**	**12:00 PM**

*ALL PRESENTATIONS INCLUDE COMPLIMENTARY LUNCH OR DINNER

FRAUM
CENTER FOR RESTORATIVE HEALTH

1403 MAIN STREET VILLAGE / HHI, SC 29926 / 843.681.7777 / INFO@FRAUM.COM / WWW.FRAUM.COM

Five tips from a successful businesswoman

BERKELEY HALL'S MARSHA LEVIN, OWNER OF CROWN CLOTHING COMPANY, SHARES GOOD BUSINESS ADVICE

STORY BY EDDY HOYLE











LOCAL SINCE 1991 Marsha Levin lives in Berkeley Hall. She is an avid golfer and has five holes-in-one. She also loves to cook and entertain in her beautiful new home, built in 2015.

Marsha Levin is the owner and president of Crown Clothing Company in Vineland, NJ, which celebrates its 80th anniversary this year. This family-owned company was founded by her husband's father and grandfather. Upon her father-in-law's death, it passed to her husband, Howard. In 2013 it passed to her upon his death. She had worked at the company for 10 years previously, and she had 35 years of experience in human resources to bring to bear in her new role.

Levin said that when she and Howard took over in the mid 80s, the company made men's suit jackets, sport coats and ladies' blazers. They made for high-end names in the civilian clothing market, but business was down because most manufacturing was going overseas. However, a fortuitous scandal presented an opportunity when the Philadelphia Inquirer broke a story about companies that made military uniforms. They were charged with taking bribes for contract awards and they were debarred from bidding on future contracts.

"We got lucky when others broke the law," Levin stated. "In 1987 we got an Army contract, and we persevered. Then in 1989 we got a five-year Marine Corps contract to make the dress-green coats and went on to get another contract for dress-blue coats. Since then, we have only had one customer: the US government."

It was 1989 when the Levins first came to the Lowcountry on vacation and were invited to play golf at Haig Point on Daufuskie Island. They loved it so much, they bought a condo there in 1991, and were part-time residents until 1998, when they bought a permanent home on the mainland. Levin now lives in Berkeley Hall and has been an avid golfer. She and Howard each have had five holes-in-one, and it's her goal to get one more so she will top his record. She added that she was privileged to play in the Heritage golf tournament three times. "Over the years, I've believed in the importance of giving back, supporting our veterans, educational scholarships, and local non-profits in our community."

Here are her tips for success:

Keys to Success

1. Be prepared. "We should all understand that our personal and business lives are entwined," Levin explained. "Whatever you do in your personal life, do in your business life. Never over-extend yourself, and put money away for the unexpected. Save for a rainy day. To me, Covid has taught us that you never know what's coming. You've got to have money ready for these situations."

2. People first. Levin said, "Hire the very best people, and always think about them – keep them in the forefront of your mind and treat them very well. They come first. With Covid in mind, we must provide whatever they need to be safe. Pay them a fair wage, and ensure a healthy work environment. Hire people who trust and share your goals. My goal is for my business to keep going long after I'm gone, so the people I hire must have the same goals."

3. Never forget. "Never forget where you came from and how you got where you are," Levin advised. "We all have to work our way up. We can't ever forget what those before us did to keep a business afloat. And we should be thankful every day."

4. Good choices. "Make good choices about your business," Levin said. "Look for new contracts, address capital needs, and recognize that equipment will have to be replaced, for example. Put money aside so that when you strive to make good choices personally and in business, you can succeed."

5. Quality counts. Levin emphasized how important it is to turn out a good product. "When you work for the government," she explained, "you're under a microscope. So if you do what's right for your people, and what's right in your business, being under such scrutiny shouldn't matter." LL

INTRODUCING THE

Beaufort Memorial Okatie Medical Pavilion

OPENING NOV. 2020

Beaufort Memorial
Bluffton Primary Care

Beaufort Memorial
board-certified specialists in:

- Cardiology
- Gastroenterology
- Neurology
- Obstetrics & Gynecology
- Oncology - Medical, Radiation
- Orthopaedics
- Surgery - General, Vascular



Quality Care CLOSE TO HOME.

For more information, visit
BeaufortMemorial.org/OkatieMedicalPavilion

Beaufort Memorial
OKATIE MEDICAL PAVILION

122 OKATIE CENTER BLVD. NORTH

Plus

Beaufort Memorial
Express Care & Occupational Health

Breast Health Center

Lab & imaging services

Memory Center

MUSC board-certified sub-specialists

New River Cancer Center

Rehab services



Escape.



Unwind.



Discover.

It has been an honor to be a part of the Hilton Head Island community these past 25 years!

Offering full service property management with a personalized touch.

Call Paula Bennett today to set up a confidential analysis of your island retreat!

Beach PROPERTIES

Premier Vacation Rentals

1-855-666-6283

www.beach-property.com

localbiz



Launching 01-01-2021



LOCAL Biz will be a sister multi-media brand to **LOCAL Life**, kind of like Jan and Peter Brady, but LOCAL Biz is written for business owners by business owners and experts. LOCAL Biz will have tips, advice and inspiration to help Lowcountry businesses not only survive but to thrive.

GET A 1 YEAR COMPLIMENTARY SUBSCRIPTION

FOR ADVERTISERS who want to get their message to the owners and influencers of local businesses, email info@localbizsc.com to get in on the ground level.

FOR BUSINESS OWNERS, LEADERS AND MANAGERS who want to receive a complimentary one-year subscription (4 issues), visit localbizsc.com and click "Complimentary Subscriptions."

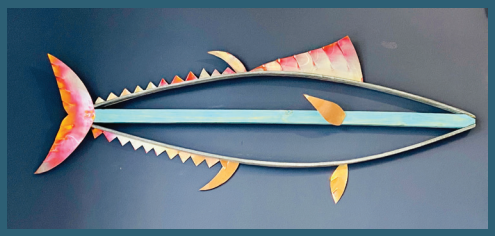
Get ready to boost your business in 2021!





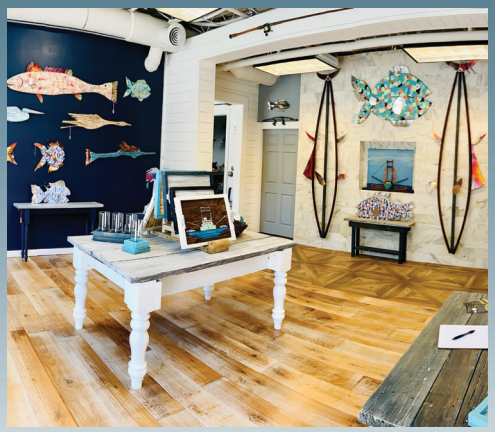



HAIG POINT
— DAUFUSKIE ISLAND —
leave
– THE MAINLAND BEHIND –
You don't dare use the "T" word here.
Typical just isn't part of the language. Instead of cab rides and daily car commutes, it's a ferry ride between islands. Thirty minutes of decompression, to relax and catch your breath through the Atlantic breeze. Instead of the stress of grocery shopping, it's the Haig Point valet service, a crew that loads your bags from the store onto the ferry and delivers them to your doorstep. And shopping means hopping into a water taxi to Harbour Town on Hilton Head, seen just above the horizon, or a 45-minute ferry ride to glorious Savannah, Georgia.
haigpoint.com
REAL ESTATE | MEMBERSHIP | STAY & PLAY | WEDDINGS | CORPORATE EVENTS



Coastal art and rustic furniture handcrafted in Bluffton from materials sourced in the Lowcountry.





14 Promenade Street, #304
Bluffton, SC
843.310.1690
Located in Old Town Bluffton in the Promenade

Signore Coastal Art
SCA
Bluffton, South Carolina
signorecoastalart.com

Don't start your holiday shopping until you get your November issue of LOCAL Life.

CRAFTED IN THE
LOWCOUNTRY
EST. 2019
GIFT GUIDE

IN PARTNERSHIP WITH
HARGRAY

Get your holiday shopping done and support local artisans and businesses with this one-of-a-kind gift guide, made possible by Hargray. Look for it inside the November issue of LOCAL Life.

The Crafted in the Lowcountry Gift Guide Presented by Hargray is a curation of more than 40 locally made items in six categories:

CRAFTS · STYLE · DRINK · HOME · ART · FOOD









Give a locally crafted gift, support a local business and even treat yourself with the **Crafted in the Lowcountry Gift Guide** Presented by Hargray in our next issue.

ART THAT ELEVATES



"Reclining Nude"

Featured Artist | Brucie Holler

CamelliaArt

Fine Art Gallery

Custom Picture Framing

CamelliaArt.com

1 Office Way | 843 785 3535 & 35 N. Main Street (Inside JBanks Design Retail Showroom) Hilton Head Island, South Carolina

45 Calhoun Street | 843 757 3530 | Bluffton | South Carolina

Say goodbye to sciatica pain

6 EASY STRETCHES TO RELIEVE SCIATICA PAIN

STORY BY MOLLY CAMPBELL + PHOTOGRAPHY BY MIKE RITTERBECK



Are you experiencing sharp pain that radiates down your buttock and thigh to your knee? If so, this is called sciatica and you're not alone. More than 3 million Americans suffer from this debilitating back problem each year. Sciatica occurs when the spinal system's longest nerve, the sciatic, gets pinched. Typically, it's the result of an irritated or herniated spinal disc in the lower lumbar region. Discs can slip out of place with a minor twist or ongoing back strain. Sciatica makes it difficult to walk, sit, and bend without pain. People with sciatica sometimes report a tingly feeling or total numbness in their affected leg, too. Slow, gentle stretching is one method for relieving the sciatica symptoms right at home.

Here are six easy stretches to ease your sciatica pain and promote good back health, as demonstrated by Berkeley Hall Club member Sandi Reed with Derek Lemire, director of the Berkeley Hall Spa & Fitness Center.

"Please understand that each one of these stretches is safe and effective if it is the right one for you and what the cause of your sciatic pain is," Lemire said. "I would encourage people to get a clinical diagnosis as to where the problem lies: disk herniation, spinal stenosis, piriformis syndrome, etc. Not all problems can be treated the same way. For example, I would not recommend doing flexion exercises for a herniated disk without going through a complete analysis. Every 'body' needs to be treated uniquely and differently, so please consult a medical professional or therapist before beginning any spine program."

MEET SANDI REED & DEREK LEMIRE

Sandi *is a founding member of Berkeley Hall Club. Her husband, John, was one of the original developers back in 2000. Originally from Santa Fe, she has been a Lowcountry resident for 31 years. "I wouldn't ever think of moving away!" Sandi said. "We have six grandkids in the area, and I love the Lowcountry." She has been working out with Derek Lemire at the Fitness Center and finds exercise really helps at this stage in her life.* ***Lemire*** *is the spa and fitness director at Berkeley Hall Club. He holds a master's of exercise physiology, along with certifications from Titleist Performance Institute and the National Strength and Conditioning Association. Specializing in golf conditioning, he has been published in The Journal of Strength and Conditioning Research, The Journal of Exercise Physiology and featured on the Golf Channel.*



TRY THIS

1. Seated Spinal Stretch

Seated spinal stretches are the simplest way to relieve your sciatica pain. Grab your favorite straight-backed chair and sit down. Roll your shoulders back for good posture. Rest your feet flat on the floor with your back perfectly straight. Slowly lift your sore leg and cross it over the other thigh. Lay your ankle directly over the bent knee. Start gently leaning your upper body forward over your crossed leg. Feel the lower back and hip stretch. Watch your breathing to keep steadily inhaling and exhaling. Stretch for 30 seconds before crossing the other leg.



TRY THIS

2. Knee to Chest Stretch

Knee-to-chest stretches are meant to release pinches on the sciatic nerve. Lie down on a yoga mat or cushy carpet. Bend your knees at a 90-degree angle to rest your feet on the floor. Slowly lift your affected leg toward your chest. You can use your arm to pull your leg up if needed. Wrap your arms around that leg in a hug. Keep your head and neck on the floor without tension to prevent further strain. Keep the knee-to-chest stretch going for up to one minute. Gently let go and return the foot to the floor. Even if it's not sore, raise the other leg in the same fashion.



TRY THIS

3. Hip Bridge Stretch

Hip-bridge stretches activate your core and strengthen the muscles in your back end. The pelvic tilt may release the pinched sciatic nerve, too. Stay in your supine position on the floor. Bend your knees, place your feet on the floor, and keep both in line with your hips. Use your abs to lift your hips and buttocks toward the ceiling. Avoid arching your back and lifting your shoulders. Your body should be straight from neck to knees. Hold the hip-bridge stretch for about 10 seconds. Slowly let your body return to the floor before making a bridge several times more.

BROOKS | RUN HAPPY



So what makes a **Brooks Run Bra** different from a Sports Bra? It's right there in the name. Brooks' new Run Bras are designed with *run-ready support.* They partnered with biomechanical scientists, breast health experts, designers — plus almost a thousand runners — in order to create the best bra you've ever run in. Seriously. Learn more about the new collection and get fit for by a trained Brooks Run Bra specialist today, only at **Palmetto Running Company**.

PALMETTO RUNNING
COMPANY

843.815.1718 | palmettorunningcompany.com



We'd love to *(safely)* welcome you in

We are going beyond sterilizing every surface and instrument in our dental office to cleaning the air we breathe. Our office is equipped with Surgically Clean air purifiers that exceed guidelines for general surgery environments. These superior air filtration units destroy all infectious airborne particles including viruses. So you can breathe a sigh of relief during your next dental appointment knowing we are doing all we can to treat you in a safe, clean environment.

MENTION THIS AD WHEN YOU SCHEDULE YOUR NEXT APPOINTMENT AND WE'LL MAKE A DONATION TO TEAL IT'S GONE IN SUPPORT OF BREAST CANCER AWARENESS MONTH.

LLI020

Advancing Wellness

ROCDENTALGROUP.COM 843-682-4601



ON LOCATION

Cutting-edge fitness evaluations and physical training programs designed specifically for each member are what distinguish Berkeley Hall Spa & Fitness Center from other facilities in the country, along with an outstanding fitness training team. Customized programs are based on in-depth screenings of medical history, nutritional profiles, cardiovascular and muscular endurance, strength and body composition. Learn more at berkeleyhallclub.com.

TRY THIS

4. Standing Hamstring Stretch

Hamstring stretches will target your thigh muscles and increase your hip flexibility. This easy sciatica pain exercise can be done while standing up. Lift your sore leg straight up in the air. Rest your heel on a stool, chair, or low table. The height shouldn't be higher than your hips. Keep your knee straight as you gently bend forward. Align your back in a straight line over your stretched leg. You can place your hands on your calf or foot for balance. Avoid turning your standing leg at an angle. Feel the standing hamstring stretch for up to 30 seconds. Slowly drop the one leg and exchange it for the other.



TRY THIS

5. Modified Cobra Stretch

Cobra stretches are borrowed from yoga to flex the muscles in the lower back and glutes. Some modifications are necessary to make it less strenuous during sciatica, though. Begin by lying down on your tummy. On an inhale, lift your upper body off the floor. Balance on your palms while you slowly straighten your elbows. Don't push upward too far. Listen to your body and stop whenever needed. Keeping your elbows partially bent is perfectly okay. Hold your chest off the floor for about 10 seconds. Make certain your legs and feet stay parallel to each other. Lower your torso down and repeat the modified cobra stretch at least five times.



TRY THIS

6. Reclined Pigeon Stretch

Reclined pigeon stretches will loosen the piriformis muscle often associated with sciatica. Roll over until you're on your back again. Slowly lift your affected leg and turn at the knee. Bend your other leg and place the affected leg on top. Your ankle should be resting on the opposite knee. Gently roll your hips upward toward your abdomen. Feel your buttocks and lower back stretch. Hold the reclined pigeon stretch for about 30 to 45 seconds. Carefully uncross your legs and lower to the floor. Repeat the stretching on the other side. *LL*

LOWCOUNTRY SPINE & SPORT



John P. Batson, MD, FACSM
Board Certified and Fellowship Trained

Spine Care.
Sports Medicine.
Pain Medicine.

New Patients Welcome!
Urgent Care Appointments when you need us most!

Services Provided:
Spine injections
Radiofrequency Ablation
Spinal Cord Stimulators
Arthritis Care
Sports Medicine for all age athletes
Prolotherapy and PRP injections
Stem Cell Therapy

Offices on Hilton Head Island and
300 New River Parkway, Suite 37
Hardeeville, SC 29927

843.208.2420

www.SpineandSportMD.com



LONG AND LEAN The unique wedge shape of the lot at this Colleton River home allowed for a linear design that truly put the kitchen at the heart of the home.



Coloring outside the lines

STORY BY BARRY KAUFMAN + PHOTOGRAPHY BY LISA STAFF

CREATIVITY COUNTS WHEN CREATING A PICTURESQUE LOWCOUNTRY HOME.



Every beautiful home you've ever seen in these pages began with an idea. Whether it was a homeowner who had saved Pinterest images or magazine clippings in the pursuit of their eventual dream home, or it was a moment of inspiration on the part of a builder, architect or designer, it all starts in the creative mind.

And the creative mind stagnates in complacency. By its very nature, it seeks out the new and the novel with everything it does. Certainly, the creative mind can subsist on the everyday, but if you really want to see a creative mind operating at its fullest capacity, you give it a challenge. Because where we see obstacles, the creative mind sees opportunity.

Jay and Jenny Nelson of May River Custom Homes helped homeowners Stephanie and Tom Wilde through the entire process.

"From guiding the Wildes in selecting their lot up to today, they have been nothing short of a dream," Jenny Nelson said. "Their thoughtfulness and consideration when ideas were presented to them were always appreciated. Their home is





TANGLED UP IN BLUE
Variations of the color blue can be found throughout the home, whether it's in a set of bookends, an accent bowl or along the pool's edge.

"The porch runs through all those spaces in the rear. At any point you can walk up to the outside."



casual yet tailored and welcoming, which are also words that I would use to describe them. The team collaboration between Kelly Caron, Court Atkins and many other phenomenal subcontractors was second to none, and the end product is something that we are all proud of."

Architecturally, the opportunity within this Colleton River home came from its uniquely wedge-shaped lot. Hemmed in by majestic live oaks on one end, and a property line that tapered toward breathtaking marsh views, the architects at Court Atkins had their work cut out for them.

"This house lays out a little differently. We do a lot of open-plan living, but this house is unique in that it is linear, with the kitchen dead in the middle," said architect William Court. "It's a fun layout in the sense that you get the traditional great room and dining room with that view, but also the porch runs through all those spaces in the rear. At any point you can walk up to the outside."





MODERN ART Beyond its distinctive design and color palette, the quality and craftsmanship at play throughout exemplify modern Lowcountry living.




BUILT FOR COMFORT Balancing such splendor is an emphasis on comfort, whether a quiet master bath or a seat in the sunlight.




THE HOME TEAM

Interior Design: Kelly Caron Designs, ASID + **Builder:** May River Custom Homes, Jay and Jenny Nelson + **Architect:** Court Atkins Group + **Cabinets:** AWD Cabinets **Lighting:** Cregger + **Plumbing:** Ferguson + **Tile:** Savannah Surfaces

From these challenges came a design that flips the script on the traditional Lowcountry cottage-style home. Circulation paths connecting the living and dining rooms take the kitchen from being the metaphorical heart of the home to the literal heart of the home. Rotating the pool to fit the lot creates an extraordinary and impressive outdoor living space.

The opportunities this house represented for designer Kelly Caron challenged her creative mind and, in the process, let her work with the builders and homeowners create something truly memorable.

"We all clicked immediately," said Caron. "We had a lot of fun going through fabrics and materials."

Throughout the home, you'll find finishes, materials and fabrics that dance across aesthetics, firmly rooted in the basics of Coastal chic design but with a playful sense of creativity. Caron refers to this as the materiality of the home. And tying all of this together is a mandate made loud and clear by the homeowners from day one: keep it blue.

"She loves the color blue," said Caron. The color runs throughout the house, from the royal blue shade on the built-in bookshelves, kitchen island and upholstery to the light cerulean of a window bench or a throw pillow. It's a color that accents the crisp white of classic Lowcountry décor brilliantly.

"Her house is not boring at all. I think it's really comfortable. I love that she let us use color to add some interest in her living room," said Caron. That includes a set of spool chairs tailor-made for the home and hand-painted to match the palette of blues and whites. "We had those custom made to match her built-ins."

Beyond its inspiring views and exquisite craftsmanship, this home is a testament to the creative mind at work. Feed it a challenge, and as you can see here, it will create something truly special. *LL*

Five ideas for your home

MINOR ENHANCEMENTS & UPGRADES THAT MAKE A MAJOR DIFFERENCE.

Secrets to steal from our featured home:

1. TELL YOUR STORY In creating the look of this home, Kelly Caron was sure that the homeowner's personality shone through. "We used a lot of her personal touches and treasures so it's not like she's walking into a model home," said Caron. Find unique ways to incorporate your personal touches in a redesign and make your home a reflection of who you are.

2. TURN UP THE HEAT This pro-style dual-fuel range from Wolf helps make the kitchen both beautiful and functional. Its two fans and four heating elements work in concert, directed by electronic controls, to create 10 cooking modes. Simply select the mode that's right for your dish, and anticipate delicious results.

3. SOUTHERN WELCOME Wreaths are not just for the holidays anymore. Hang a stunning Lowcountry wreath on your front door, made with a metal wreath ring, wire, twigs, leaves and flowers from your yard. Southern magnolia and lemon cypress are nice touches.

4. SWING INTO ACTION Relax and enjoy life more with a beautiful porch swing. A luxury swing like the one installed in this home can serve as the focal point for family gatherings, plus it's good for you. The back-and-forth motion alone helps improve concentration, boost circulation and relieve stress.

5. FIND YOUR COLOR AND RUN WITH IT As you'll see in these photos, the color choices within the design largely centered on differing shades of blue. Find your own favorite color, then see how you can incorporate different shades throughout the home to create a unified sense of design.













Your lifestyle, perfectly tailored.

KELLY CARON
DESIGNS

Winner of the Home Builder's Association Lighthouse Award for "Best Interior Design"

Southern Living COASTAL LIVING DESIGN ALLIANCE

5778 Guilford Place
Bluffton, SC 843.815.4737

KellyCaronDesigns.com



HOME TECH

Technology takes home protection to the next level

What better way to start our technology series about home protection than with expert advice about protecting your home from ***lightning*** and ***water*** — it is hurricane season after all. You need to do more than board up the windows and turn off the power before you evacuate because the fire and water resulting from a storm can be as destructive as the storm itself.



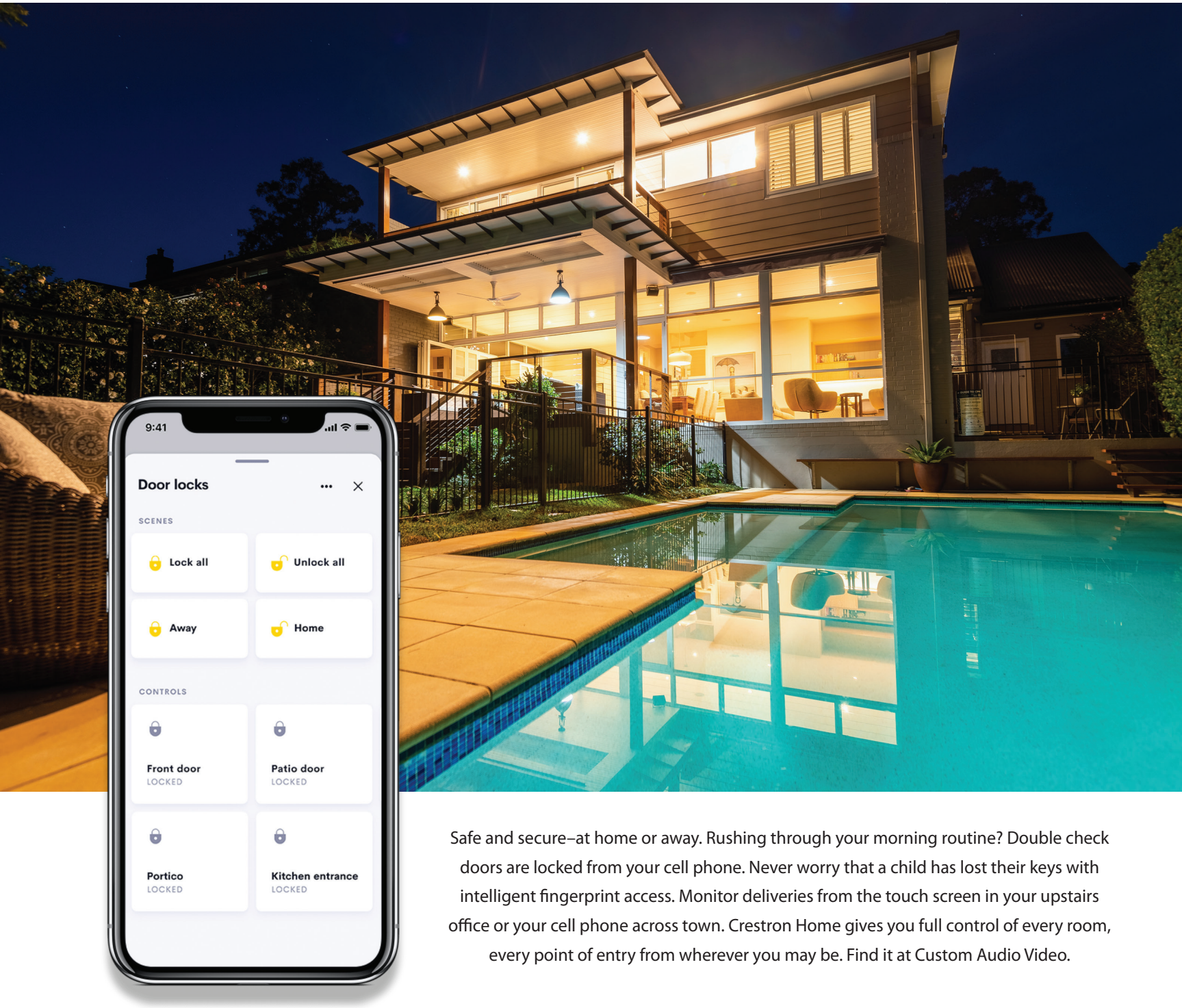
Lightning

Obviously, nothing will protect your home from a direct hit; fortunately, indirect hits are most common, and ***surge protection*** can help. Bob All, owner of Custom Security, uses an analogy of putting on a football helmet and walking out onto the railroad tracks — the football helmet will not protect you from the freight train. But, if someone were to hit you in the head with a baseball bat, the helmet would save your life. The same analogy can be used for surge protection. It will help protect your wiring and electronics when there is an indirect lightning strike.

In repeated lightning strike locations, Bob All recommends a ***lightning rod*** in a tree. "A lightning rod in a tall tree close to your home or business is said to draw any lightning bolts to it that would strike normally within 300 feet of that tree. This gives the lightning a path to ground. So, if we draw lightning to a nearby tree that is grounded, we are giving lightning a path to ground, which is what it wants. This gives your electrical components a much higher level of protection."



Security everywhere from anywhere



Safe and secure–at home or away. Rushing through your morning routine? Double check doors are locked from your cell phone. Never worry that a child has lost their keys with intelligent fingerprint access. Monitor deliveries from the touch screen in your upstairs office or your cell phone across town. Crestron Home gives you full control of every room, every point of entry from wherever you may be. Find it at Custom Audio Video.

For a **FREE** review of our audio video and home automation options,

Call. Click. Or Come In.

843.815. 5130

www.custom-audio-video.com

CUSTOM AUDIO VIDEO

Expert Team - Smart Solutions

48 Pennington Dr., Suite B
Bluffton, SC



Water

Hurricane season or not, water wreaks havoc on homes. If you have ever lost a floor, appliances or family photos to water, you know the destruction and heartbreak it causes. Often, it is the simplest of things that causes the most damage, like an air conditioner drip line or a drip tray that overflows. If you have evacuated for a few days, that small drip can accumulate! Fortunately, home protection systems include ***water monitoring*** to catch those drips before they become ponds. A notification system is essential. Bob says, "in 43 years, our company has saved more houses from water damage than burglaries and fire combined. Water heater and HVAC drainage pipes frequently clog due to the growth of algae, causing water damage. Water sensors are placed on these drip pans to alert you when the water level is too high. When homeowners are away, they are notified so the issue can be caught before it's too late." LL



TIPS FOR PROTECTION

MONITORING SYSTEM

The team at Advanced Integrated Controls reminds you to make sure your security and protection system offers 24/7 central monitoring including notifications and emergency services. ***Bonus:*** *Save up to 20 percent on your insurance.*

GET THE APP

Your security system may have an app that lets you check your home's vitals, window and door sensors and even gas leaks. ***Bonus:*** *Use the camera to check in to see what your dog really does all day.*

LIGHT IT UP

Sandy Benson of Custom Audio Video suggests you, "install exterior motion lights and cameras. The extreme darkness and thick bushes provide too many places for burglars to hide." ***Bonus:*** When you take the dog out at night, the sensors light the way for Fido.





ROLL DOWN
STORM SHUTTERS



STORM-RATED COLONIAL SHUTTERS



RETRACTABLE SCREENS

Providing the Finest
Storm Protection, Exterior Shutters
and Custom Retractable Screens
to the Lowcountry Since 1996

ARMOR
BUILDING SOLUTIONS

armorbuildingsolutions.com
(843) 717-1746

AIC
ADVANCED INTEGRATED CONTROLS
CONNECTING YOU TO THE WORLD

Serving Bluffton, Hilton Head & Palmetto Bluff
(843) 836-5700
365 Red Cedar ST, Suite 301 Bluffton, SC
www.HiltonHeadHomeTheater.com







PALLADIOM

SHADING SYSTEM

LUTRON

A minimalist language that redefines the norms of technology, craftsmanship, and style.

BEFORE & AFTER



Dark & dated to open & sophisticated

CHECK OUT THIS KITCHEN AND BATH TRANSFORMATION BY ARLENE WILLIAMS KITCHEN DESIGN

PHOTOGRAPHY BY ANNE

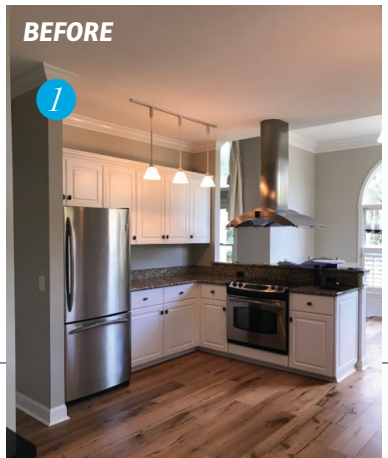
After finding the right home size in the perfect location, the owners of this Indigo Run property felt a few renovations were in order to make it their dream home. The kitchen was closed off from the rest of the home, and many of the rooms were dark and dated. The homeowners had a bright idea — bringing together Arlene Williams Kitchen Design and Gaal Custom Homes to create a new space plan that would make everything perfect. Arlene Williams shares a few project highlights.

Now we're cooking

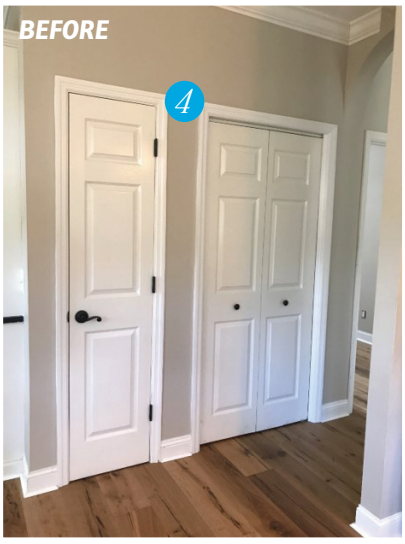
1. We wanted to bring more ***natural light*** into the home, open the spaces so they flowed together, and improve the function of the kitchen. We removed the wall that separated the kitchen and great room.

2. Since that wall and adjacent peninsular housed the range and the refrigerator, the kitchen design was reworked to place the ***cooktop in the island*** with the ventilation in the ceiling so it goes unnoticed.









Make an entrance

1. The kitchen design included bringing the ***cabinetry and crown molding*** to the ceiling, which naturally brings the eye up and makes the kitchen feel more spacious.

2. We kept the color palate neutral while introducing ***quartz countertops*** that have a bit of sparkle to them and a ***backsplash*** that adds visual interest while still being a neutral backdrop.

3. We paid attention to the details; the ***door style and custom island legs*** contribute to the comfortable yet tailored feel.

4. Two small ***closets in the kitchen were removed*** and that space was used for the installation of the refrigerator and ovens with space for a coffee station between.



ARLENE WILLIAMS
KITCHEN DESIGN

843.308.1282 | arlenewilliamskitchendesign.com

65 ARROW ROAD | HILTON HEAD ISLAND SC 29928



SEE
[SHOP.EAT.EXPERIENCE.]
FALL
IN
LOVE WITH
EVERYTHING
LOWCOUNTRY
VILLAGE
at
WEXFORD
A COLLECTION OF OVER 35 FABULOUS, AWARD-WINNING, LOCALLY OWNED RESTAURANTS, SHOPS & BOUTIQUE SERVICES
To learn more, visit
villageatwexford.com









Let there be light



1. The bathroom layout had a small, rather dark shower and a wall that separated the vanity area from a never-used tub. We ***removed the wall and the tub***, which brought more natural light into the space.

2. We made the shower feel bigger by removing part of the wall and ***changing the upper section to glass***.

3. We ***changed the cabinet configuration*** to include two vanities with a pull-out hamper and a sit-down makeup area.

4. Opening up the shower by using more glass allowed us to introduce a beautiful ***laser cut tile*** that together with the cabinetry finish created a focal point and set the tone for the update.

5. Large format porcelain tile kept the feeling light, and ***lighting and mirrors*** add a classic element.

6. We updated ***flooring and cabinet finish*** choices in the guest bath.


KPM flooring
STONE ○ TILE ○ AREA RUGS ○ WOOD ○ CARPET
35 MAIN STREET, SUITE 110 ○ HILTON HEAD, SC 29926 ○ (843) 342-4955
WWW.KPMFLOORING.COM

Buy it or try it

THIS LUXURY HOME COSTS $7.75 MILLION, BUT ITS INSPIRATION IS FREE



This May River masterpiece at ***135 Gascoigne Bluff Road*** is listed for sale by Catherine Donaldson of Celia Dunn Sotheby's for the first time for $7,750,000. If you aren't ready to move quite yet, it may inspire you to refresh your humble abode with these elegant touches.

*A **mantleless hearth** with natural stone plank surround creates a sleek yet warm look.*

What we love

Top left: *Wood columns define spaces within one large open area. The columns are aligned with the ceiling detail and create a hallway to divide the living and dining spaces without blocking the views.*

Bottom left: *The natural stone and wood details combined with the soft fabrics create a cozy master en suite that could be mistaken for an Aspen lodge, except for the view of the May River.*



*An **off-center wood beam** mantle adds character and charm.*

Just the facts

- *11,352 sq ft*
- *5.8 acres*
- *9 bedrooms, 7 baths*
- *Tennis court, pool, theater, guest cottage, deepwater dock, fire pit, fully outfitted fitness center*



NIX FLOORING & DESIGN

HARDWOOD | TILE | VINYL | CARPET

OKATIE, SC • NIXFLOORING.COM • 843.645.1649



Smashing pumpkins

LOCAL LIFE DESIGNER AND HALLOWEEN AFICIONADO AND COLLECTOR CHARLES GRACE SHARES SOME OF HIS BLOW-MOLD CANDY PAIL COLLECTION AND THE ONES THAT GOT AWAY.

STORY BY CHARLES GRACE

When Fall has fallen and kids finally settle back into the classroom, the next big decision is, of course, what to be for Halloween. The costume chosen could be one of many popular characters or current themes that hopefully are substantial enough that parents don't insist they wear a jacket. Almost as important would be the next decision: Just how do you collect and carry oodles and oodles of precious candy from one house to the next then safely back home – and do it in a fashionable and efficient manner?

Retailers would always be good for a paper bag with handles featuring a prominent logo and simple Halloween artwork. But let's face it, those handles just aren't cut out for the take that kids have their eyes on. Plus, the risk of rain could cause a hole from which a trail of candy could escape. And a pillow case? Don't even go there.

Enter industry – some would say art.

Blow molding of plastic has been around since the 1940s. The Hartford Empire Company was one of the first in America to produce blow-mold plastic bottles to replace very breakable glass bottles. Painted plastic blow-mold statuary became popular in the late 1950s.

It was in 1957 when Don Featherstone, straight out of art school, went to work for Union Products, one of the more successful companies at the time.

Don Featherstone designed the iconic blow-mold pink flamingo and kick-started the lawn ornament craze.

Many companies followed suit and soon found their niche in supplying blow-mold lawn ornaments, decorations and toys to the buying public. Cartoon and children's book characters were very popular. Holiday imagery proved to be the most fashionable. Christmas themes such as angels and candles, nativity scenes and Santa paved the way to the next most popular application of this process – Halloween.

Halloween blow-mold proved to be very trendy, almost as popular as Christmas decorations. Ghosts and tombstones, witches and pumpkins. Wonderful pumpkins, cast with orange plastic for the yard, lit by small bulbs, and yes, candy pails, large and small.

Hurriedly painted black details applied on what only can be imagined as a frantic production line are what give these faces their charm. This same paint, and the condition of it, is what collectors look for when picking out their next pumpkin.

Hundreds of faces

Close to 20 different companies produced pumpkin candy pails from the late 1950s through the early 2000s. However, the Golden Age is considered to be from the early 1960s until the mid 1970s. Bayshore, a leader in holiday blow-mold, created great examples – from the moderate nine-inch "Hi-Hat" Two-Faced Pumpkin, with a happy face on one side and a sad face on the other, to the more ambitious fourteen-inch-high "Giant Pumpkin," complete with a plastic reinforced handle. It was also Bayshore that manufactured the much sought after "Winking Pumpkin," that cost all of 39 cents in 1964. One of the more popular collector pails is the General Foam "Pirate Pumpkin," complete with an eye patch.

None make "The One That Got Away" list like the Topstone Rubber Company's three very hard-to-find and very expressive pumpkins. As quickly as they show up on auction sites, they are gone, most going for hundreds of dollars.

Sadly, blow-mold pumpkin faces lost their unique qualities as the companies found other, more profitable uses for their process. LL



1968 HI-HAT
Two-Faced Pumpkin by Bayshore



1970 JACK O' PAIL
Pirate Pumpkin by General Foam



1968 WINKY
Winking Pumpkin by Bayshore



1965 GRINNING GHOUL
Grinning Face Pumpkin by Topstone Rubber



DISTINCTIVE GRANITE AND MARBLE PROUDLY OFFERS THE **WIDEST SELECTION** WITH **EXPERT CRAFTSMANSHIP** AND **EXCEPTIONAL CUSTOMER SERVICE.**
CALL TODAY TO SET UP YOUR PRIVATE APPOINTMENT.

RIVERWALK	HILTON HEAD ISLAND	BEAUFORT	POOLER
843.379.3237	843.689.3237	843.379.5012	912.450.3400

www.distinctivegraniteandmarble.com

Repeating the past

THE INTERIOR DESIGN AND ARCHITECTURE OF THE LOWCOUNTRY THAT WENT DOWN IN HISTORY AND LIVES ON TODAY.

STORY BY MICHAELA SATTERFIELD





Lowcountry design is timeless, so its history is practically alive right in front of us. In the 1700s, architecture and interior design unique to the area began to form. It was built on lasting principles that still stand today. Visitors to the area often come for the nature, and residents often stay for the nature. That's why the goal of most structures in the Lowcountry is to blend with nature. Design should not stand out on its own, but enhance what is already there. One of the best places to enjoy the surrounding natural beauty is a wrap-around front porch, complete with a rocking chair to sit outside and greet the neighbors as they walk by – a trademark of many homes in the area. One of the best ways to cultivate that Southern hospitality and those irreplaceable nature views is with design. Lowcountry design is an important trait that makes the Lowcountry, well, the Lowcountry.



Back to the basics

What is known as skillful design today was once created primarily for function. Whether it comes from the swampy landscape, high tides or the occasional hurricane, there is a good chance water will be reaching most Lowcountry structures at some point. They frequently sit on top of a raised first floor to solve the problem, which is now a common architectural feature. If there is one thing true about the Lowcountry, it's that it is hot and humid. To prevent homes from getting stuffy, air circulation is a must. Open-concept layouts are popular, along with big rooms and high ceilings to let the heat rise. Many homes are centered around an open breezeway to promote airflow. Large windows, frequently framed in shutters originally added to protect them in case of a hurricane, also keep air flowing. Not to mention, they let the nature views in. Well-designed outdoor spaces are common to take advantage







of surrounding landscapes. Hipped roofs with overhangs cover those roomy porches. The porch ceilings are often "***haint blue***," a color thought by members of the Gullah culture to ward off spirits. Others believe the color repels bugs. Regardless, the color is drawn from nature and blends well with the Lowcountry style.

Closet Therapy
De-stress While You Dress.



Call for a free in-home design consultation and estimate.

Custom Closets Pantries Laundry Rooms Home Offices Garages Wall Beds

40% off *plus Free Installation**

Ask your designer how to save even more!

*40% off any order of $1000 or more; 30% off order of $700-1000. Free installation on order of $600 or more.



Closets byDesign

Personalized solutions for any budget.

closetsbydesign.com

843-225-6725 LL

pyramids
gifts • accessories • furnishings

We Need A Little Christmas

ANNUAL OPEN HOUSE

Saturday, October 31
Sunday, November 1st

Shop gorgeous Christmas trees, wreaths, garlands, lighting and decor. Of course, find plenty of gifts! Kick off the 2020 holiday season early because: "We need a little Christmas"

Limited Entry for Social Distancing. Complimentary, festive face masks will be provided. Refreshments will be served responsibly! RSVP at

www.signupgenius.com/go/pyramids



pyramids
gifts • accessories • furnishings

1600 Main Sreet
843-689-6367
316C Shops at Sea Pines Center
843-363-2040
info@pyramidshiltonhead.com
pyramidshiltonhead.com
Open Monday - Saturday 10-5



A notable name

Although typical beach houses and Southern houses are essential to the area, the Lowcountry has its own distinct spin on design. Charles Fraser is the man who gets a lot of the credit for this. As an American real estate developer, Fraser set out to construct Sea Pines, the first resort on Hilton Head in 1956. His ideas were later copied around the United States, as Sea Pines was the first resort of its kind in the country. It implemented covenants and deed restrictions to preserve the surrounding environment – a trait which set it apart from other resorts. While many resorts of the day were filled with oceanfront cottages, Fraser's resort looked much different. Homes in Sea Pines were built in pine forests near the ocean, rather than on the sandy oceanfront. Using earthy colors and materials, they were designed to blend with surrounding nature – a standard which continues today.







Inside information

You'll often find a mix of old, new and something blue on the inside of Lowcountry homes. Traditional antiques dance alongside casual, beachy décor. Lowcountry homes need to be put together enough to host large parties with a good dose of Southern hospitality, but casual enough to relax in after hot days at the beach. Rooms are light and airy, with a touch of cozy. Formal Chippendale furniture is balanced with driftwood accents and blown-glass lamps. Spaces are caught somewhere between traditional, which maintains respect for the past, and modern, which progresses into current times. Colors are often borrowed from nature, such as soft blues, greens, grays and neutrals. There are no heavy draperies in order to let the outdoors in, as always.



Mix & match

Variations of Lowcountry design keep it interesting – no two homes in the area are the same. Lowcountry design influenced by the Caribbean uses a brighter color scheme than the typical soft, natural color palette. The Mediterranean Lowcountry style adds stucco features and lots of arches to give homes a European twist. It also ties in some warmer colors. New England interior design found in the Lowcountry features a lot of white and has a nautical feel. The farmhouse style is a more relaxed version of Lowcountry design with lots of charm, like the homes with the iconic wrap-around front porches discussed earlier. The formal variation uses lots of ornate furniture and is peppered with antiques. Contemporary Lowcountry design keeps up with the times. Drawing from classic Southern homes, the modern versions simplify features of the style to make it more minimalist. Traditional details are replaced with cleaner lines. No matter which variation you prefer, all Lowcountry design is timeless. Choose your favorite, and the rest is history. *LL*

Curated for the way you live.



LaSOURCE

PLANTATION
— INTERIORS —
• est. 1972 •

10 target road, hilton head, sc
843.785.5261 • 912.231.7797
www.plantationinteriors.com

retail showroom | fabric gallery | design studio
farrow & ball exclusive stockist

Southern traditions and superstitions

A HANDY HOMEOWNER'S GUIDE FOR KEEPING THE SUPERNATURAL AT BAY













The South is filled with family and cultural traditions. From what to eat to how to dress, there are expectations to be followed throughout the year. By no surprise, most of these modern-day traditions have deep roots in superstitions. ***Here is a collection of Southern traditions and their spooky history.***

Haint blue

This might be the most popular superstition turned tradition. It started within the Gullah community, descendants of former African-American slaves. The people believed that haints – angry spirits trapped between the world of the living and the dead – would try to enter their houses. But spirits can't cross water. So instead of building a moat around their house, they created watery pigments – the blue-green color we now know as haint blue – to ***paint the entry ways of their homes to confuse and trick the spirits into thinking they can't enter***. And as we all know, it's also just a great color for decorating.

Other superstitions about how to keep evil spirits away include:

- *Hanging glass bottles in trees to capture the spirits.*
- *If you don't want to repaint your porch, a child's dirty handprint will do the same thing.*
- *Never rock an empty rocking chair, it's an invitation to the spirits (it can also cause you to fall ill).*

DESIGN | PHILOSOPHY | CONSTRUCTION



THE ART OF WATER





A unique approach to creating an extraordinary outdoor environment.

ESTATE POOLS by A-1

TheArtOfWater.com | 843.290.6405



WALLCOVERINGS
LIBERTY
WINDOW BLINDS

843.681.9044
LibertyWindowBlinds.com
2 Cardinal Road, Hilton Head Island

season of style SAVINGS EVENT

Invest in the beauty and comfort of home this holiday season with Hunter Douglas shades.

Rebates starting at $100* on qualifying purchases SEPT 12–DEC 7, 2020

HunterDouglas

*Manufacturer's mail-in rebate offer valid for qualifying purchases made 9/12/20–12/7/20 from participating dealer in the U.S. only. A qualifying purchase is defined as a purchase of any of the product models set forth above in the quantities set forth above. If you purchase less than the specified quantity, you will not be entitled to a rebate. Offer excludes HDOrigins™ and Nantucket™ Window Shadings, a collection of Silhouette® Window Shadings. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim approval. Funds do not expire. Subject to applicable law, a $2.00 monthly fee will be assessed against card balance 6 months after card issuance and each month thereafter. See complete terms distributed with reward card. Additional limitations may apply. Ask participating dealer for details and rebate form. ©2020 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners.



AMERICAN WOOD REFACE
10 YEARS SERVING HILTON HEAD

FREE CONSULTATION
843.815.6700
woodreface.com
3 YEARS IN A ROW VOTED HILTON HEAD'S FAVORITE CABINET COMPANY, 2017-2019!

- AMISH-CRAFTED DOORS
- 1/4" SOLID WOOD FACING
- MANY STYLES, FINISHES
- ADD, EXTEND & MODIFY CABINETS, MAKE CHANGES
- COUNTERTOPS & MORE!

Mention Ad Code LL2010 for a $500 discount offer. Please call for details.







New Year's meal

If you want to have a good year in the South, you better make sure to eat right on New Year's Day. Your meal should include ***collard greens*** (for money), ***black-eyed peas*** (for luck) and ***pork*** (for prosperity). It is believed this tradition started during the Civil War after the Union Army raided Confederate food supplies, leaving only black-eyed peas and salted pork for the animals. The Confederate soldiers found this fortunate since they were still able to eat. While there is no set way to prepare any of the food, some say you have to eat exactly 365 peas if you want the luck to work. However, these days this is followed more out of tradition rather than fear.



Other superstitions about New Year's Day:

- *Cleaning your house will sweep away all your good luck for the year.*
- *Washing your clothes is equivalent to washing away a loved one.*
- *The first guest you have will signify the year for your household. For good luck, have your first guest be a tall, dark-haired man.*





Mirrors

Using a mirror for a porch decoration is something primarily found in the South, and it's historically connected to our desire to protect ourselves from evil spirits. Similar to protecting your home with haint blue, ***putting a mirror on your porch can prevent the devil from entering your home***. The belief is the devil can only enter at night, and at sunrise, must go back to hell. If he comes across a mirror, he will spend the whole night looking at the mirror, forgetting his original intent until the sun comes up. While the origin of this belief is debated, some say it is because of the devil's vanity. He enjoys looking at himself. Others believe he invented mirrors and is admiring his work.

Other mirror superstitions:

- *When someone dies, all the mirrors in a house must be covered so the spirit doesn't get trapped in them.*
- *Seeing your reflection in a room where someone has recently died will cause your death to be premature.*
- *The widely popular Bloody Mary, a spirit conjured to reveal the future. She is said to appear in a mirror when her name is chanted repeatedly.*







Exquisite Italian Porcelain

$500 OFF
on projects of $5000 or more
thru Thanksgiving 2020

Plus...
We'll make a $100 DONATION in your name
DEEPWELL PROJECT
Reaching Deep for Neighbors in Need

Exclusively at Stone Works

28 Hunter Road · Hilton Head Island
843.689.6980
HiltonHeadStone.com



Wedding attire

As if weddings aren't stressful enough, there are dozens of unspoken rules for how the bride is to be dressed on her big day. Everyone has heard the saying "something old, something new, something borrowed and something blue," but Southern brides know they also need pearls to complete the look. It's said that ***wearing pearls promises harmony in the marriage*** and that brides who get married without pearls are doomed to a marriage filled with arguments.





Some other superstitions to promise the best wedding and marriage:

- *Bury bourbon one month before your big day to ensure good weather.*
- *Getting a knife as a gift means the relationship will be severed.*
- *Finding a spider on your wedding dress is the best omen a bride can receive.*



HILTON HEAD
EXTERMINATORS
ABOVE & BEYOND
PROMISE

Since 1968, our mission has been to provide the best pest management services while maintaining exceptional customer service.
We will never compromise quality or service, recognizing that our reputation is being built every day.
Therefore, we will never rest in our effort to be recognized as the best at what we do.

HILTON HEAD EXTERMINATORS
HILTON HEAD: 843-681-2590 • BLUFFTON: 843-706-9933
WWW.HILTONHEADEXTERMINATORS.COM

Strange and popular

While those superstitions are the most Southern in nature and origin, here are some other ***strange and popular superstitions believed in the South, some which have also become tradition.***

- *Wash your hair in the first rain of May to make it grow faster.*
- *Never eat both ends of a loaf of bread before finishing the middle, otherwise you won't be able to make ends meet.*
- *Hold your breath while passing a cemetery, otherwise someone who has recently deceased will try to enter your body.*
- *Wearing new clothes on Easter Sunday will bring good luck.*
- *If you invite 13 people over for dinner, one of them will have bad luck.*
- *When walking with someone else, never allow the plane between you to be broken by a pole or post. It will bring bad luck and potentially sever the relationship. Say "bread and butter" if you do.*













'Don't let de hag ride ya'



In hoodoo, it is believed one's soul returns to God after death; however, their spirit may still remain on Earth. Spirits can interact with the world by providing good fortune or bringing bad deeds. ***A spirit that torments the living is known as a boo hag.***

According to the legend, boo hags are similar to vampires. Unlike vampires, they gain sustenance from a person's breath, as opposed to their blood, by riding their victims. They have no skin and thus are red. In order to be less conspicuous, they steal a victim's skin and use it for as long as it holds out, wearing it as one might wear clothing. They remove and hide this skin before going riding.

When a hag determines a victim is suitable for riding, the hag generally gains access to the home through a small crack, crevice or hole. The hag then positions itself over the sleeping victim, sucking in their breath. This act renders the victim helpless and induces a deep dream-filled sleep.

The hag leaves the victim alive, so as to use them again for their energy. However, if the victim struggles, the hag may take their skin, leaving the victim to suffer. After taking the victim's energy, the hag flies off, as they must be in their skin by dawn or be forever trapped without skin. When the victim awakes, they may feel short of breath, but generally the victim only feels tired. The phrase "don't let de hag ride ya" has been commonly used in parts of the Lowcountry. *LL*



THE ACCIDENTAL GARDENER

Elephant ears

YOU SAY POH-TAY-TOE, I SAY POH-TAH-TOE ... YOU SAY ALOCASIA, I SAY COLOCASIA



When we lived up north, I used to salivate over plant catalogues that offered elephant ears — especially the giant ones that looked so tropical. So naturally one of the first plants I purchased when we moved here was an elephant ear. I then discovered that, like canna lilies, they're almost impossible to kill and, like the bunnies, they will jump around your garden without an invitation if you're not careful. However, a wonderful feature is that the deer and bunnies don't seem to like them.

Like most folks, I thought all elephant ears were alike. Silly me. There are actually three types of plants called elephant ears: Colocasia, Alocasia, and Xanthosoma. OK, some folks say there's also another variety called Caladiums, but honestly, I've personally never heard Caladiums referred to as elephant ears.

Locally, we tend to refer to Colcasia, Alocasia and Xanthosoma as elephant ears. (We use Caladiums as annual plantings in containers and borders, but with our mild winters recently we've all been pleasantly surprised with their reappearance in the spring.) I then learned the hard way that not all elephant ears are created equal. Depending on the type, their needs are quite different.

Colocasia



The first of the elephant ear plant types is Colocasia. The leaves typically point downward. Colocasia is native to swampy areas of Asia, so it can take full sun and almost standing water. These plants generally have the petiole (leaf stem) connected to the leaf down a bit from the notch in the leaf.

Alocasia



Alocasia leaves are generally held horizontally, with the tips pointed more or less, upwards. Alocasia plants grow best in shade or partial sun. Full-sun exposure, especially in warm areas, can damage these plants. Although they require frequent watering, Alocasia plants need soil that drains well and doesn't stay soggy. In fact, Alocasia planted in very wet locations for extended periods is prone to root rot.

Xanthosoma



These plants are closely related to Colocasias but require much warmer temperatures (generally over 68 degrees) and usually have an arrow-shaped leaf blade with a smooth, sometimes waxy upper surface and thick ribs on the lower surface, often quilted at the veins. Under the heading of full disclosure, I personally can't tell the difference and have had wonderful luck with them in my garden, understanding that they completely disappear in the winter months. A major difference between these plants is the one that is below the ground. Alocasia develops both tubers and rhizomes. To propagate Alocasia, a tuber is separated from the main growth and replanted. Alternatively, the rhizomes can be di-

vided and planted separately to start new plants. Colocasia produces only tubers. Propagation is by separating and planting the tubers. (I'm still perplexed as to how these little guys pop up in different areas of my garden, but perhaps the squirrels are the guilty culprits?)

Many Colocasia varieties are grown for their edible tubers, called taro. Taro is an important food crop in Hawaii, where Colocasia is widely cultivated. However, most varieties of Alocasia are not edible. Some are highly poisonous, and eating them could be fatal! So, it is safer to assume that nursery plants are non-edible varieties (and according to my family, so is my cooking) rather than take a chance.

What is the biggest difference between a Colocasia and Alocasia? Well, it's microscopic, found within the female flowers. What?! You don't have a PhD in botany? Well then, the easiest way to distinguish between the two is if the leaves point up, the plant is probably an Alocasia; if the leaves point down, it's probably a Colocasia. Want to know if it's a Xanthosoma? Good luck! Happy gardening! *LL*



Dear Accidental Gardener,

I purchased some very expensive Japanese Grass plants last spring. They seemed to be flourishing until last week, when they all but disappeared! My landscaper told me he spotted a bunny in my yard. Could it be that the bunnies are eating them? ***— Hoppin' Mad in HHP***

Dear Hoppin' Mad,



I'm sorry to confirm your guess but yes, those cute little devils love Japanese Grass which unfortunately is not only expensive but a very slow grower as well. Take heart though! A wonderful friend introduced me to ***Garlic Clips*** which I found online. I had a similar issue and clipped these little vials filled with garlic scent to cheap wooden shishkabob skewers throughout the garden and so far, so good.

Got a question for the Accidental Gardener? Email info@wearelocallife.com



THE HOLIDAYS ARE AROUND THE CORNER!
CALL US TODAY TO BOOK YOUR PETS STAY!

We at Evergreen Pet Lodge invite you and your pets to discover our animal facility:

THE ULTIMATE IN PET BOARDING.

Let your loved one(s) enjoy the pleasures of a carefree vacation at the year-round lodge, where red carpet treatment and comfortable surroundings await them.

105 Dillon Road, Hilton Head Island, SC
843.681.8354
EvergreenPetLodgeHHI.com

EVERGREEN
PET LODGE
— HILTON HEAD ISLAND —

Premium Boarding • Doggie-Daycare
Grooming • Onsite Veterinary Hospital

HOME SWEET
ORGANIZED HOME!

Decrease stress and enjoy more access to your kitchen with custom pull-out shelves for your **existing cabinets**







ShelfGenie®
EVERYTHING WITHIN REACH®

50% OFF INSTALL!*

Schedule your complimentary design consultation!

(843) 428-1829 | shelfgenie.com

*Limit one offer per household. Must purchase 5+ Classic/Designer Shelves. **EXP 11/31/20.**



style



Available at *The Back Door*

Give 'em pumpkin to talk about

Autumn is here, and that can only mean one thing, ghouls and gals — it's time to break out the fall wardrobe. While attempting to spot the ghost of William Baynard at the Stoney-Baynard Ruins, our models, engaged couple Ashley Powers and Aaron Facenda with little sister Prynn Powers, were able to safely ditch their masks and fully take in the said-to-be haunted scenery. These are must-haves for any fall wardrobe, and LOCAL Life stylist Roxanne Gilleland summoned the perfect attire from local shops and boutiques to bring in the fall season.

Available at
Palmettoes





Available at *Knickers (his), Cocoon (hers) + SHOP! + Currents, Knickers, and Island Child*





Available at *Outside Hilton Head*

Credits

PHOTOGRAPHY Lisa Staff + **STYLIST** Roxanne Gilleland + **MODELS** Ashley Powers, Prynn Powers, Aaron Facenda + **MAKEUP** Brianna Loxley
INSPIRATION Eerie, romantic, spooky, ghostly, intimate + **LOCATION** Stoney-Baynard Ruins and Heritage Farm, Sea Pines

MEET OUR MODELS...



PRYNN POWERS
Hobbies: Horseback riding
Fun fact: She's the youngest of six

AARON FACENDA
Local connection: Works for Wild River Landscaping

ASHLEY POWERS
Local connection: Works for Cycle Bar, parents were born and raised here
Hobbies: Working out, anything fitness
Fun fact: Tried out for The X Factor when she was 13

Halloween makeup inspiration

*Step up your Halloween costume game with makeup, like **Samantha Curran** of Makeup Madame Artistry does.*







Left: "It's Mileena from Mortal Kombat, a character that wears a mask and then removes it to show an entire lower face of teeth. I hand made the prosthetic mouth myself (see it at LocalLifeSCcom). It's not something you can buy (I've been asked this many times)."

Above: The others are just different looks I did with makeup. Find more images online.





Local Love

THE BIRTHDAY BLUES We are celebrating our third birthday with our favorite color, blue! Local shops joined in the festivities as we gathered up everything from home decor to accessories, and even activities to make for a fun day on the beach.



PLENTY OF FISH

One fish, two fish, red fish, blue fish! This pitcher is great for everyday use in your home, or for hosting events. Whether it is water or your favorite cocktail, these fish have got your back.

Available at Mingles



PERFECT PUMPKINS

With the exquisite combination of real pumpkin stems and beautiful fabric, these elegant pumpkins make a perfect and long-lasting centerpiece for the fall months. With multiple color options, the possibilities are endless.

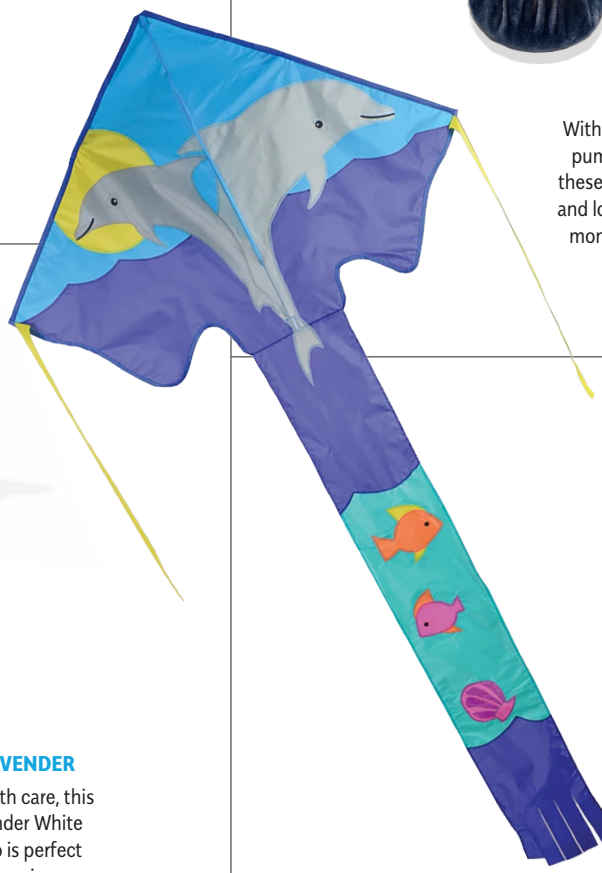
Available at Pyramids



IRIDESCENT DECADENCE

If you are looking for a chic yet show-stopping bracelet, look no further. This Julie Vos Hinge Cuff is a perfect blend of a staple and statement piece for any wardrobe .

Available at Pretty Papers



FLYING HIGH

A windy day at the beach? Not a problem! With this charming kite, soar high above the rest while you spend quality time with friends and family.

Available at Coligny Kite & Flag Co.



LOVELY LAVENDER

Handmade with care, this terrific Lavender White Pepper Soap is perfect for everyday use in your kitchen and bath. Its convenient size, gentle aroma and pleasing color make it a "must-have" for every home.

Available at Island Lavender

STUNNING SAPHIRE

Let blue be your signature color with Gabriel & Co.'s 14K white gold diamond and sapphire ring.

Available at Forsythe



THE JAW-SOME PURSE

Need a bag that can do it all? This artistic shark print bag is great for carrying all of your necessities. It can go simply over the shoulder, or become a cross-body bag for more on-the-go security.

Available at Jamaican Me Crazy





MOTHER OF PEARL

This delicately draped necklace is an elegant mix of dove gray, cadet blue and white mother of pearl.

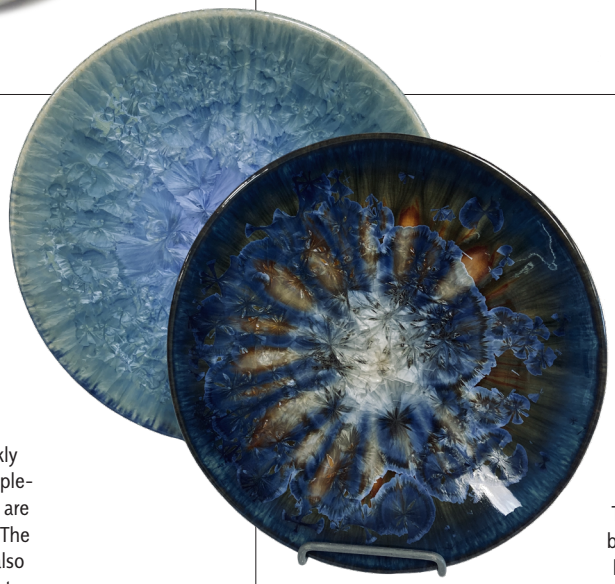
Available at Coastal Treasures



SAY CHEESE!

With the holidays quickly approaching, these multiple-sized charcuterie boards are perfect for entertaining. The beautiful blue handles also add a great pop of color to your grazing table.

Available at Gifted



PERFECTLY PLATED

These handcrafted plates burst with energy, bringing life and color to any dish. Plate with confidence using these striking pieces.

Available at Spirited Hand



VISIONS OF BLUE

These Robert Marc NYC Glasses feature a large rectangle shape to complement all face shapes, with a bridge that provides comfort and style for a fresh look. This sky blue shade is definitely eye-catching.

Available at Eyeland Optique



DINNER WITH A VIEW

You will never run out of dinner topics with a table like this. This walnut river table with ocean blue resin and black hairpin legs is destined be the centerpiece of any dining room.

Available at Coastline Cabinetry

WHAT'S FRESH IN OCTOBER?

Oh kale yeah!

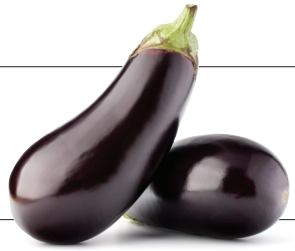
THIS NUTRIENT-PACKED SUPER VEGGIE IS PERFECT FOR GROWING, EATING AND SHARING THIS TIME OF YEAR.

STORY BY MADDIE BANE



Although Halloween might be the most popular holiday in October, ***National Kale Day*** should be a close second. The holiday is observed on the first Wednesday of October, but don't let that stop you from celebrating all of the benefits that this hearty green has to offer all month long. This powerhouse vegetable thrives and grows best in the fall and early winter. The colder temperatures result in better texture and flavor. Kale is full of numerous vitamins and provides several health benefits that you might not get from other leafy greens, such as spinach or lettuce. It can be used for a plethora of things in the kitchen.





LOCAL LIFE TEST KITCHEN

Roasted eggplant with kale and pine nuts

INGREDIENTS

*2 large **eggplant***
2 cloves garlic, finely chopped
4 tablespoons olive oil
Salt and pepper, to taste
2 cups kale, chopped, stems removed
1 tablespoon olive oil
Juice of 1 lemon
3/4 cup pine nuts

DIRECTIONS [1] Heat oven to 420 degrees. Cut eggplants in half lengthwise, lay face up on a greased baking sheet, and cut slits along the flesh. **[2]** Place garlic inside the slits, brush with olive oil and sprinkle with salt and pepper. Bake for 30 minutes, brushing on more olive oil halfway through. **[3]** For the topping, toast pine nuts until golden brown, and toss kale into olive oil and lemon juice until soft. Serve over eggplant.

A nutritional superstar

Kale is one of the most nutrient dense foods on the planet. It's loaded with antioxidants, calcium, vitamin K and vitamin C. In fact, it actually has more vitamin C than an orange. It's also been known to help lower cholesterol and is a great source of fiber.

When to grow them

The best time to plant kale seeds is six to eight weeks before the first fall frost. On average, Hilton Head Island's first fall frost occurs around Nov. 29. Sometime between Oct. 4 and Oct. 18 would be an ideal time to plant the seeds, which you'll want to do half of an inch deep into well-drained, light soil. The plant does well in full sun but can have partial shade. Be sure to water well. Leaves are ready to pick once they are about the size of your hand.

Where to get them

You'll find fresh kale at local grocery stores including Whole Foods, Publix, Kroger and Harris Teeter. Find locally grown kale at the Hilton Head Farmers Market from vendor Ebenezer Greens.





CHEZ GEORGES
BISTRO & BAR

A gathering place for friends, family, and neighbors serving classic French bistro cuisine with a Lowcountry accent with fresh, local ingredients and a reverence for tradition.

Join us for dinner nightly.
Reservations recommended.

37 New Orleans Road · Suite J
Hilton Head Island, SC
843.785.3200

chezgeorgeshhi.com



LOCAL LIFE TEST KITCHEN

Air-fried kale chips

INGREDIENTS

6 cups chopped kale, stems removed
*2 tablespoons **olive oil***
1 tablespoon garlic powder
1/2 teaspoon salt
1/4 teaspoon onion powder
1/8 teaspoon black pepper

DIRECTIONS [1] Mix kale with olive oil in a large bowl. Then add garlic powder, salt, onion powder, and black pepper until evenly coated. **[2]** Cook a single layer of kale leaves for six minutes at 360 degrees. Shake the basket around in order to move the leaves, then cook for two more minutes. **[3]** Place kale chips on baking sheet to cool. Repeat these steps with the remaining kale, and enjoy.









LOCAL LIFE TEST KITCHEN

Tomato, kale and garlic spaghetti

INGREDIENTS

1 cup kale, cut into strips, stems removed
8 ounces spaghetti
2 tablespoons olive oil
*3 gloves **garlic**, minced*
6 ounces cherry tomatoes, halved
1/4 cup parmesan
Salt and pepper, to taste
Red pepper flakes, to taste

DIRECTIONS [1] Cook spaghetti according to package instructions. Once cooked, drain the water, but leave 1/2 cup in the pot with the pasta removed. **[2]** In a pan, add olive oil, garlic, cherry tomatoes, kale, salt, pepper and red pepper flakes. Cook until tomatoes and kale are soft. **[3]** Add into pasta and remaining pasta water and toss to combine. When serving, garnish with parmesan cheese.



Local flavor

The Salty Dog Cafe: Seaside Veggie Noodle Bowl
Sauteed kohlrabi, Brussels sprouts, broccoli, kale, red cabbage and carrots simmered in Chef Herb's signature Old Bay broth and served with udon-style noodles. $14.

Poseidon: Baby Kale Caesar Salad
Baby kale, red & yellow grape tomatoes, imported parmesan cheese and croutons. $10

Red Fish: Shrimp and Grits
Local shrimp, Boursin stone-ground grits, sauteed kale, fried okra and chorizo gravy. $27

Full stem ahead

There are endless possibilities of how you can use kale leaves--pastas, salads, smoothies, juices, or even raw. But did you know that the fiber-filled stems are just as diverse? Once blanched, you can make them into a pesto, blend them into juices and smoothies, or even pickle them for a tasty snack. *LL*



Are you squidding me?

LEGENDARY RESTAURANT RECIPE

MICHAEL ANTHONY'S: TAGLIATELLE AL NERO DI SEPPIA CON GAMBERI

PHOTOGRAPHY BY ROB KAUFMAN

This exquisite squid ink pasta dish tastes even better than it looks...







Michael Anthony's is one of those restaurants that never disappoints — you really can't go wrong with anything on the menu. Since opening in 2002, the small family-owned business has evolved into quite the acclaimed culinary destination, earning five-star reviews, national recognition and numerous awards. Pasta is the symbol of Italian cuisine and tradition, and you won't find better pasta than what is being made in-house in at this iconic South End institution. One of its most dramatic offerings is black tagliatelle. To make it, squid ink is mixed into the fresh pasta dough, turning it a gorgeous dark hue while infusing it with amazing flavor.

"Squid ink pasta has a rich, briny flavor with the faint hint of sea saltiness, which makes it absolutely perfect for pairing with seafood," said Becky Fazzini, who owns Michael Anthony's with her husband, Tony. "We make it in-house, daily."

The pasta shines in one of the restaurant's most popular dishes — Tagliatelle al Nero di Seppia con Gamberi (squid ink pasta, local shrimp and heirloom cherry tomatoes in a spicy tomato cream sauce). *LL*

BLACK MAGIC This pasta and shrimp dish is easy to replicate in your kitchen. If you would like to use the restaurant's fresh squid ink pasta, it is available at The Market Cafe – the Italian market and small-plate restaurant located right across the courtyard from Michael Anthony's. Call ahead and they will cut it fresh for you.



MICHAEL ANTHONY'S

Tagliatelle al Nero di Seppia con Gamberi

INGREDIENTS

*1 pound **squid ink pasta***
1 pound shrimp, peeled and deveined
2 teaspoons olive oil
6 cloves garlic, minced
1 cup puréed whole peeled tomatoes
10 ounces cherry tomatoes, cut in half
1/2 cup heavy cream
1/3 cup white wine
1/2 teaspoon red pepper flakes
1/4 cup chopped basil
4 tablespoons butter
Kosher salt and freshly ground black pepper

DIRECTIONS [1] Bring a large pot of salted water to a boil and cook the pasta to al dente, reserving 1/2 cup of the pasta cooking water. Drain pasta thoroughly. **[2]** In a large skillet, heat olive oil on medium-high heat until hot. Add the garlic. Sauté for 1-2 minutes, or until lightly browned and fragrant. Add the puréed tomatoes. Cook, stirring frequently for about 1 minute. Add the cherry tomatoes, white wine, heavy cream and red pepper flakes; season with salt and pepper. Simmer, stirring occasionally, 3 to 5 minutes, or until tomatoes are softened. **[3]** While the pasta cooks, add the shrimp to the simmering sauce; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, until shrimp are translucent. Add the cooked pasta, butter and 1/4 cup of reserved pasta cooking water to the skillet with the shrimp and tomatoes. Toss until the pasta is coated in the sauce; season with salt and pepper to taste. If the sauce seems dry, add in some of the reserved pasta cooking water to achieve your desired consistency. Turn off the heat and stir in the basil and serve.



THE PERFECT PAIRING

To enjoy this delicious pasta and shrimp dish, you will need the perfect wine pairing. ***Sommelier P. J. Myers suggests a medium-bodied red wine such as the Mastroberardino Aglianico.*** The bright acid, expressive fruit and dry finish of this wine from the Campania region of Italy frames the dish beautifully.

THE FINEST ITALIAN CUISINE







INTRODUCING
THE MARKET AT MICHAEL ANTHONY'S

The new Market Cafe is an active Italian market combined with a cafe atmosphere.

From 11:30am – 2:00pm, we offer a menu of sandwiches and pizza. At 5:00pm, the Cafe transforms into a cozy trattoria with a small plate menu featuring artisan pizza, pasta, salads and snacks in a casual atmosphere. We feature a selection of Italian wines by the glass and a full bar.

Please call for reservations.



RESTAURANT

Acknowledged by food and wine enthusiasts and critics alike, the restaurant presents a fine-dining experience combining an award-winning wine list, exquisite food, and attentive service.



COOKING SCHOOL

Classes are held several days each week in our Tuscan inspired state-of-the-art culinary center designed to provide the environment for learning skills and techniques for both novice cooks and culinary enthusiasts.

Michael Anthony's
CUCINA ITALIANA

Orleans Plaza | 37 New Orleans Road | Suite L | Hilton Head Island
843.785.6272 | michael-anthonys.com

The best confections you will ever enjoy!



Kilwins®

"Sweet in every Sense since 1947"®

Kilwins Shelter Cove
28 Shelter Cove Unit 112B
Hilton Head, SC • (843) 785-2727

Spellbinding seafood dishes

CREATE THE PERFECT FALL MEAL WITH THESE SCARY-GOOD RECIPES FROM LOCAL CHEFS

October is National Seafood Month. *Make this autumn extra delicious with these salmon, oyster and swordfish recipes from top local chefs that are full of fall flavor.*



TICKLED PINK

Spring Island has started hosting virtual ChefSteps cooking class for its members. ***Executive chef Jeremy Halker*** was joined by ***Jim Basara***, who heads up the volunteers that man the six-acre Waterfall Farm at Spring Island. Items from the farm were used in the recipe. If you're looking for all of the ingredients to make the coconut kaffir lime broth used in this recipe, Halker recommends two Asian markets in Savannah: Chinatown Market and Viet Huong.

SPRING ISLAND

Spice-crusted salmon with coconut kaffir lime infusion



INGREDIENTS (spice mix for salmon)
*1 1/2 teaspoons **cumin seed***
1 teaspoon fennel seed
*2 teaspoons **coriander seed***
1 teaspoon green or black peppercorn

DIRECTIONS Toast together for about 2-3 minutes. Let chill and grind coarsely in a spice grinder.



INGREDIENTS (salmon)
2 (6-8 ounce) salmon filets, skin and blood line removed
Sea salt or kosher salt
2 egg whites, lightly whisked to create a foaminess
Grapeseed or light olive oil for searing

DIRECTIONS Season salmon with salt, then using a pastry brush, take egg white foam and evenly coat the show side of the salmon. Coat with spice mix. In a flat sauté pan put about 4 tablespoons of oil and sear fish spice-side down for approximately 2-3 minutes, until crust is golden brown. Finish in a 400-degree convection oven for 4-5 minutes, until medium rare. Increase the amount of oven time depending upon your preference of temperature.



INGREDIENTS (infusion)

1/2 cup Vidalia onion, sliced thin
2 shallots, sliced thin
*1 inch **ginger**, peeled and smashed*
4 garlic cloves, smashed
2 jalapeños, sliced and seeded if you do not like it too hot
1 tablespoon olive oil
3/4 cup water
1 1/2 cups coconut milk
1/2 fennel bulb, sliced thin including tops
2 stalks lemongrass, peeled, smashed and cut into 1/4 inch pieces
8 kaffir lime leaves
Herb stems (see below)
1 inch of kombu
1/2 tablespoon salt
1 tablespoon lime juice

DIRECTIONS Combine onion, shallot, ginger, garlic, fennel, herb stems, kombu, jalapeño, olive oil in a pot and sweat until translucent. Add water, coconut milk, kaffir lime leaves and bring to a simmer, cover and let steep for about 20 minutes. Strain and season with salt and lime juice.

INGREDIENTS (herb puree)

2 tablespoons cilantro leaves
2 tablespoons mint leaves
2 tablespoons basil leaves
2 tablespoons tarragon
2 tablespoons dill
2 tablespoons chives
3 green Thai chilis, with seeds

DIRECTIONS Pack all herbs, chilis and broth in vita prep or high-powered blender. Start on low and slowly increase until sauce is smooth and bright green. Taste, season with salt, taste again and enjoy.

TO SERVE (2 portions)

Cook your favorite vegetables — asparagus, carrots, greens, spinach, arugula, etc. (any vegetable will work for this dish). In a bowl or plate, place vegetables in middle, spoon 3 ounces of the herb infusion, top with spiced salmon and garnish with micro greens.



VIRTUAL COOKING LESSON

*Create the spice-crusted salmon with coconut kaffir lime infusion recipe by following a two-part video with Spring Island executive chef Jeremy Halker and Jim Basara of Waterfall Farm. Find the videos in this article at **LocalLifeSC.com**.*



Help us help our neighbors

Eat and drink like a local with ***LOCAL Flavor***, a LOCAL Life cookbook filled with recipes from local chefs and restaurants. Buy a cookbook for $15 and we will give $10 to the Lowcountry Community COVID-19 Response Fund. **Purchase a copy online at LocalLifeSC.com.**

A Hilton Head Island Tradition serving fresh, local seafood since 1967.

HUDSON'S

OPEN DAILY AT 11 AM SERVING LUNCH AND DINNER
BRUNCH ON SUNDAYS AT 10 AM
1 Hudson Road, HHI, SC • 843.681.2772 • hudsonsonthedocks.com

#HUDSONSSEAFOOD



SWORD PLAY

New ***Berkeley Hall Club executive chef Jeff McKinney*** makes a strong first impression with this sophisticated swordfish dish featuring pepperonata, an Italian dish of stewed peppers, onions and tomatoes. The addition of black olive pesto and parmesan risotto makes it eccellente!

BERKELEY HALL CLUB

Pumpkin swordfish, pepperonata, black olive pesto & parmesan risotto

INGREDIENTS (swordfish)

4 (8-ounce) swordfish pieces
2 tablespoons olive oil
1 tablespoon fresh oregano, chopped
Salt and pepper

DIRECTIONS [1] Marinate fish in olive oil, salt, pepper and herbs. **[2]** Grill to desired doneness. Plate over risotto and black olive pesto and top with pepperonata, as pictured.

INGREDIENTS (pepperonata)

6 bell peppers, different colors, cut into 1/4-inch slices
4 garlic cloves, crushed
1 red onion, cut into 1/4-inch slices
10 basil leaves
2 cups of tomatoes, deseeded and cut into 1/4-inch slices
8 tablespoons extra virgin olive oil
1 pinch of black pepper and salt
2 tablespoons balsamic vinegar

DIRECTIONS [1] Add the olive oil to a saucepan and place over a medium-low heat. Add the garlic, onions and basil and sauté until extremely soft. **[2]** Add the sliced peppers to the pan, stir and cover with a lid. Cook over a low heat for 30 minutes, stirring occasionally. **[3]** Add the tomatoes and continue to cook until the peppers are very tender, but not mushy as they should still hold their shape. Either season and serve while warm, or allow to cool before finishing and serving. **[4]** Just before serving, season with salt and pepper to taste. Finish the pepperonata with the balsamic vinegar.

Frankie Bones RESTAURANT & LOUNGE

Oktoberfest

JOIN US AT **FRANKIE BONES** FROM **SEPTEMBER 19th - OCTOBER 31st**
WE'LL BE SERVING UP "LIQUID GOLD," AND GERMAN SPECIALTIES!

Sample Entrees

Beef Rouladen
Stuffed sirloin with bacon and pickles, braised in onion gravy, served with buttered egg noodles and braised red cabbage 19.50

Horseradish Crusted Salmon
Whipped potatoes, baby green beans, citrus-dill crème fraiche 21.50

Schnitzel
Pan fried cutlet with capers and lemon, spaetzle and red cabbage
Veal 26.50 Pork 20.50

Schwein Haxen
Apple brined pork shank, braised in bacon fat, over whipped potatoes with asparagus, sauerkraut and pork gravy 22.95

Grilled German Sausage Duo
Knockwurst & Bratwurst with sauerkraut, whipped potatoes, pork gravy and spicy mustard 16.50

Bavarian Style Sauerbraten
Sweet and sour marinated roast beef, spaetzle and braised red cabbage 18.95

German Specialty Plate
Rouladen, Sauerbraten, Bratwurst & Knockwurst, sauerkraut, spaetzle and braised red cabbage 24.95



FRANKIEBONES.COM | 26 DISCOVERY DRIVE **BLUFFTON**, SC 29910 | 843.757.3423
1301 MAIN STREET, **HILTON HEAD ISLAND** SC 29926 | 843.682.4455



INGREDIENTS (black olive pesto)

15 black (preferably Kalamata) olives
Parsley, the leaves of a medium-sized bunch
2 anchovy fillets
1 tablespoon ***capers***
1 shallot
2 garlic cloves
1 tablespoon pine nuts
1 teaspoon freshly squeezed lemon juice, more to taste
1/4 teaspoon Dijon mustard
2 tablespoons olive oil or more if needed
Black pepper

DIRECTIONS Mix ingredients in a food processor to a smooth paste. Season with lemon juice and mustard, to taste.

INGREDIENTS (parmesan risotto)

1/4 cup butter
1/4 cup shallots, diced
1 1/4 cups risotto rice
1 1/2 cup of water
1/2 cup parmesan, grated
1 tablespoon truffle oil

DIRECTIONS [1] Melt the butter over a medium heat and sweat the shallots without browning for 2 minutes. Add the rice to the shallots and cook for 2 minutes. **[2]** Pour over half the water and bring to a simmer. Season with salt and pepper. Lower the heat and cook slowly for 14 minutes, adding the water gradually and seasoning as required. Remove from the heat, add the parmesan cheese and truffle oil. Stir gently with a plastic spatula.





ELA'S
ON THE WATER



JOIN US FOR THE BEST DINING & WATERVIEWS ON THE ISLAND!

CALL 843-785-3030 FOR RESERVATIONS

DINNER DAILY @ 5
SUNDAY BRUNCH 11-2

ONE SHELTER COVE LANE
HILTON HEAD ISLAND, SC
843.785.3030 | WWW.ELASGRILLE.COM



AW SHUCKS

Oyster season is in full swing here in the Lowcountry. This incredible appetizer from the menu at ***Alexander's Restaurant & Wine Bar*** kicks it up a few notches with white cheddar, country ham, lump crab and baby spinach.



ALEXANDER'S

Oysters Alexander

(This recipe serves 4 people and can be plated party style or individually.)

INGREDIENTS

12 fresh oysters, shucked
6 ounces smoked bacon, cooked and chopped
6 ounces jumbo lump crab meat
6 ounces Harlech horseradish cheddar cheese
2 lemons, sliced and grilled
1 tablespoon fresh chives, minced
1 cup rock salt



DIRECTIONS [1] Take the oysters and rinse the dirt off the exterior with cold water. Using a protective glove and a shucking knife, gently shuck the oysters. **[2]** The next step is the assembly. For each oyster, add 1/2 oz of crab meat. The next layer is 1/2 ounce of smoked bacon. The last layer is the horseradish cheddar cheese. For this, shave off a thin layer of the cheese and place on top of the oyster. **[3]** Heat oven to 400 degrees. Arrange the oysters on a baking sheet and place in the oven. Cook the oysters for 8 minutes or until bubbly and caramelized on top. Carefully remove from the oven. Use the rock salt as a bed to keep the oysters in place and arrange on your desired platter. Garnish with slices of grilled lemon and chives. Enjoy!





EAT FRESH

In-season produce for October. *Find these vegetables fresh at local markets and shops.*

Apples • Asian Pears • Broccoli
Cabbage • Greens • Herbs • Kale
Potatoes • Pumpkins • Squash
Sweet Potatoes • Tomatoes







Brighton®
DESIGNED TO BE LOVED
FOR A LIFETIME

and of course

vineyard vines

Currents
CHIC AND SPIRITED
CASUAL FASHION FOR WOMEN

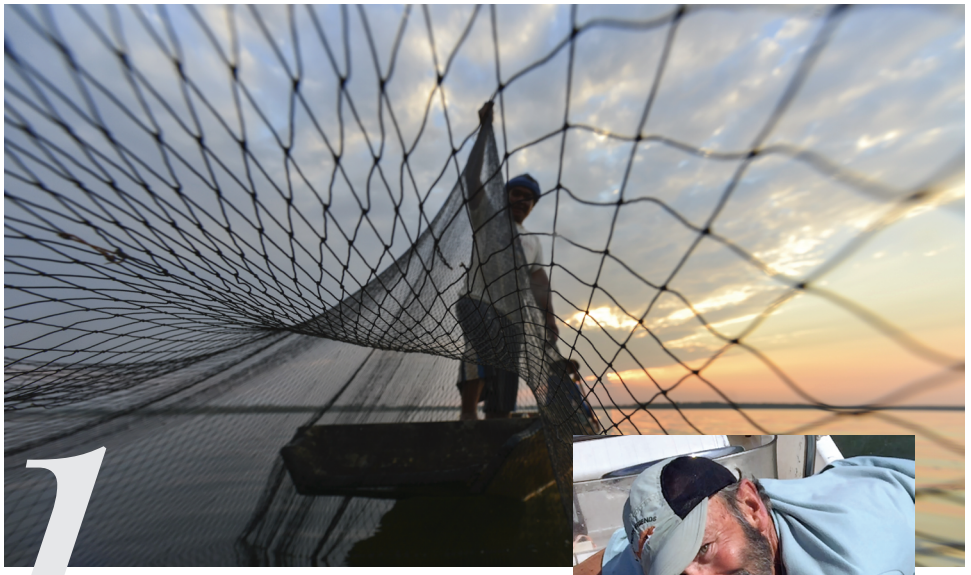
HARBOUR TOWN · 843.671.1919
THE VILLAGE AT WEXFORD
843.686.2800
OPEN EVERYDAY



WHAT'S FRESH IN OCTOBER?

Shrimp

STORY + PHOTOS BY COLLINS DOUGHTIE



In Knowing that the theme for this issue is Haunted Lowcountry, I decided that creepy-crawly shrimp would be the perfect fit. Why shrimp you ask? Have you ever been flounder gigging at night in late October around these parts? Maybe not, but from my experience drifting along the shoreline in the pitch black with the only light being a spotlight shining on the bottom so you might see the cleverly camouflaged outline of a flounder, there are thousands of brightly glowing eyeballs everywhere!

It's unnerving at first until you realize that those eyes belong to ***Lowcountry Gold*** (aka shrimp). Since I sometimes guide newcomers fishing, half of them won't even reach in the bait bucket to grab a live shrimp. They might flick you with their tail or poke you with the sharp horn on their head but, hey, I would do much worse if you tried putting a hook in me.



PRAWN STARS Collins Doughtie is shown with a cooler full of shrimp. October is the best month to net the big ones.

"Only two things might stop you from catching shrimp — a bad back or false teeth."



NET RESULTS Will "Catfish" Thompson poses with a cast net full of shrimp. Go at low tide and throw along the shoreline.

HOW TO CATCH A PUMPKIN FULL

Only two things might stop you from catching shrimp — a bad back or false teeth. Using a cast net is the only way, and they can be difficult to master. They are heavy, and because you have to hold a small section of the net in your teeth, denture wearers beware. Twice while I taught how to throw a cast net, my pupils neglected to tell me they had dentures and upon throwing the net, their teeth went with it to the briny depths, which I assume is quite costly. If you are a beginner, I suggest a 5′ or 6′ net. Go at dead low tide and throw along the shoreline. Because of limited space to write, I won't go into deep-dropping cast nets, which is a whole different animal and way more strenuous.

REGULATIONS

Shrimp don't reach eating size until mid-September, with October being the best month for big ones. A SC Saltwater license includes shrimping. There are two seasons, the first from May 1-Dec. 15 with a daily limit of 48 quarts of whole shrimp or 29 quarts of headed shrimp per boat. The second is from Dec. 16-April 30 with a limit of 12 dozen per boat.

PICKLED SHRIMP?

Everybody loves fried or boiled shrimp, but pickled? This is my family's guarded recipe, but I am feeling generous. One tip though, they get better every day they are refrigerated. *LL*



SECRET FAMILY RECIPE

COLLINS DOUGHTIE

Pickled shrimp

INGREDIENTS

2 1/2 pounds raw shrimp
1/3 cup mixed pickling spice
1 red onion, thinly sliced
Celery tops
Tabasco sauce
Worchester sauce
1 1/2 cups vegetable oil
3/4 cup cider vinegar
2 tablespoons celery seed
1 bottle cappers with juice
Fresh ground pepper

DIRECTIONS [1] Boil raw shrimp in water seasoned with celery tops, Tabasco sauce, Worchester sauce and pickling spice. Only boil until shrimp turn pink (about 2 minutes). Strain off water only. **[2]** Peel shrimp. In shallow dish, alternate a layer of shrimp with a layer of the thinly sliced red onions. Shrimp, onion, shrimp, onion. **[3]** Mix vegetable oil, cider vinegar, pepper, celery seed and capers with juice. Mix well and pour over shrimp/onion layers. Cover dish and refrigerate for at least two days, stirring once daily. Using tooth picks or greedy fingers, it's the best!



Alexanders™
RESTAURANT & WINE BAR



Thursday, October 15 • 6:00 – 8:30 p.m.
Five Course Prix Fixe Dinner
Featuring The Wines of Broadbent Selections
(Reservations Required)

OPEN 7 NIGHTS A WEEK
Early Dining 5:00 – 5:45 p.m. • Dinner 5:00 – 9:00 p.m.
Reservations recommended, call 844.627.1665
after noon daily or visit: AlexandersRestaurant.com

Located in Palmetto Dunes
76 Queens Folly Rd • Hilton Head Island

RESTAURANT news

FRESH FOOD + NOW OPEN + HOT PRODUCTS



Celebrate Oktoberfest at Frankie Bones

Frankie Bones is offering an Oktoberfest menu through the end of the month. *They will be serving up "liquid gold" and German specialties in honor of the wonderful beer celebration (Sept. 19-Oct. 4) that was canceled due to the pandemic.*



Outdoor seating at G-Free Spot

Check out the new outdoor seating area at The G-Free Spot's new Main Street Village location. *The bakery offers a unique selection of gourmet gluten-free goodies and has great salad and sandwich lunch specials, available regular or gluten free.*





Bad Biscuit expands

Fans of Bad Biscuit can spread out more, thanks to a recent renovation. *More comfortable seating and a private dining room were added to the eclectic restaurant on Dunnagans Alley. Namco's Classic Football NFL was added to the restaurant's growing collection of video games, which are free to play. Between snaps, nibble on Bad Biscuit's Renegade, made with smoked Gouda, eggs, fresh spinach and bacon jam.*



Red Fish installs air scrubbers and HEPA filters

Red Fish recently installed two commercial-grade air scrubbers and HEPA filters throughout its restaurant for the safety of its guests. *Check out the John Bracket Trio every Wednesday at 7 p.m. You also can have dinner delivered straight to your car through the restaurant's curbside pickup service. Call 843-686-3388 to place your order.*



October events at The Salty Dog

The Salty Dog is hosting three tasty events this month: *The South Beach Oyster Roast (Oct. 3), The South Beach Lobster Boil (Oct. 10) and the annual Salty Dog Hushpuppy Fest (Oct. 17). The restaurant also is offering live outdoor music from 5-9 p.m. nightly with Trevor Harden, Dave Kemmerly and Corey Cunningham. Learn more at saltydog.com.*



SERG STAR READERS CHALLENGE 2020

STUDENTS & PARENTS!

FROM SEPT. 14TH – NOV. 20TH, ALL STUDENTS, KINDERGARTEN - 12TH GRADE ARE INVITED TO PARTICIPATE IN THE SERG STAR READERS CHALLENGE where they will earn rewards for the more they read. Prizes include free meals from SERG Restaurants, Outside Hilton Head Neck Gaiters and paddleboard and kayak rentals, Coastal Provisions t-shirts and Gift Cards and best of all, the chance to win 1 of 3 **$1000 FUTURE SCHOLAR 529 SCHOLARSHIPS.**

HERE'S HOW IT WORKS:

Earn your 1st star and receive your stamp card by logging your first 5 hours read on the form of the back of this page & redeem at Outside Hilton Head or any SERG Restaurant. Each time you complete another STAR Level Reading Log, visit your favorite SERG restaurant location and....

1. RECEIVE A FREE MEAL UP TO $15 AND A STAMP FOR YOUR STAR REWARD (see below)
2. RECEIVE YOUR NEXT STAR READING LOG (Available at any SERG Restaurant)
3. KEEP READING TOWARDS YOUR NEXT $15.00 SERG DINING & STAR REWARDS!







SERG RESTAURANT GROUP · COASTAL HOSPITALITY · Outside · COASTAL PROVISIONS Company

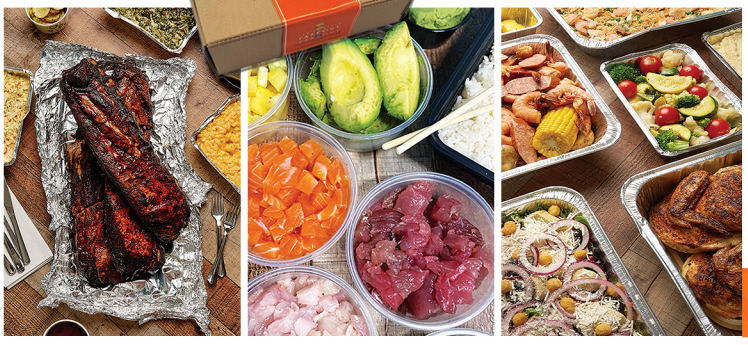
For more information visit serggroup.com/starreaderschallenge

FAMILY STYLE TAKEOUT

SERG RESTAURANT GROUP

QUALITY AND CONVENIENCE ALL IN ONE BOX!





Our Chef-inspired Family-sized meals are as convenient as they are delicious. And with so many options and portion sizes to choose from across our many restaurants, there is sure to be something that everyone will enjoy. So,

FROM OUR FAMILY TO YOURS,
PICK UP, SIT BACK, AND ENJOY!

Visit serggroup.com/familystyletakeout



Something to satisfy all your cravings.

A charming, relaxed atmosphere – completely renovated and new – serving brunch, lunch and dinner. Incredible charcuterie presentations of gourmet meats & cheeses, fine wine, fun cocktails & local craft beers. Every Saturday is our Chef's Dinner – a curated three course menu offered by Chef Austin Bradford, complete with live piano music and drink pairings.



Tam Van Kirk
New Owner, Porter & Pig

A little about
CHEF AUSTIN

- Started his career as a butcher in Chicago.
- Forged his own way through the restaurant industry working incredible hours until his passion and talent in the kitchen was finally recognized.



PORTER & PIG

In The Village at Wexford
1000 William Hilton Parkway, Suite J7C, HHI
Monday thru Friday · 11am til 10pm
Saturday Chef's Dinner · 7pm
843.715.9586 | **www.porter-pig.com**



Bundle to Go is back at Nunzio Restaurant + Bar

The bundle menu at Nunzio Restaurant + Bar has returned. *Dinner for two costs $50 and includes fresh bread, soup, salad, a main course and dessert. Call 843-715-2172 between 2-8:45 p.m. to place your order. Pick up a bottle of house Cabernet Sauvignon for $12. Have your bundle delivered through Chow Now or curbside. Learn more at nunziohhi.com.*

TRY THESE!



Lobster Nachos

*Crispy chips, fresh pico de gallo, crème fraîche, queso fresco and avocado. Get a plate at **ELA's On the Water**. $10.*



Waygu Wonder Burger

*Eight ounces of beef topped with house-made bourbon bacon jam and smoked Gouda over a bed of arugula and house-made herb truffle aioli. Order one at the recently renovated **Porter & Pig** in The Village at Wexford. $18.*



Apple Pie Caramel Apple

*An apple is dipped in made-in-the-store caramel, coated with Kilwins Heritage White Chocolate and finished off with a dusting of cinnamon sugar. Get one at **Kilwins** Hilton Head Shelter Cove. $7.*



LOCAL LIFE TEST KITCHEN

Southern Manhattan

INGREDIENTS

2 parts New Southern Revival Rye Whiskey (or other bourbon)
1 part sweet vermouth
2 dashes aromatic bitters
Cherry for garnish

DIRECTIONS [1] Combine bourbon, vermouth and bitters over ice in a mixing glass. **[2]** Stir and strain into a chilled cocktail glass, neat or on the rocks. **[3]** Garnish with a cherry.

LOCAL FLAVOR

New Southern Revival Rye Whiskey

This rye from High Wire Distilling Co. in Charleston is made with 100 percent locally sourced Wrens Abruzzi rye, an heirloom grain grown in the Carolinas for centuries and prized for its hardy backbone and complex nutty flavors. The rye is processed in its raw state, allowing the rich cereal sweetness of the flavorful grain to shine through. Score a bottle at Bill's in Beaufort, Big Jim's in Bluffton or Rollers on Hilton Head Island.



Michael Reibel Fine Art



The Manhattan 12 x 12, Oil on Birch Panel

Atelier Off Bay | Studio #15 | 203 West Street | Historic Beaufort

Contact Michael to commission a painting of your favorite bourbon/spirit/cocktail.

atelieroffbay.com mreibelpaintings.com mreibelpaintings



Coastline Cabinetry offers multiple pre-manufactured cabinetry lines to meet any budget with in house design services. We also have an in-house fine woodworking facility to create any custom designed cabinetry or furniture piece.

COASTLINE CABINETRY
The Place to Design Your Space

Coastline Cabinetry specializes in residential and commercial cabinetry, custom designed for you.

HOURS
Mon – Fri · 8am – 5pm
Saturday by appointment only

374 Spanish Wells Road, Suite E, Hilton Head Island, SC

843.342.9002 | hiltonheadcoastlinecabinets.com



fresh, simple, and local

View menu & event details at
nunziohhi.com

NUNZIO
RESTAURANT+BAR

Follow us on:

For reservations call **843.715.2172**

18 New Orleans Road • Hilton Head SC



WWMD
(What would Margaret drink?)

Margaret Pearman is a certified sommelier under the Court of Master Sommeliers and is responsible for curating the award-winning wine list at Charlie's L'Etoile Verte. ***Here are her sipping suggestions for October:***



©GREAT DIVIDE

GET YETI Would you let this Yeti buy you a drink? While National Yeti Awareness Week (Nov. 16-21) is still a month away, Yeti Pumpkin Spice Imperial Stout is available now.



Frightful brews

October conjures up spooky images, a crispness in the air, and lots of outdoor activities from pumpkin carving to oyster roasts. We cool off in the summer with light white wines and crisp lean-style beers. Now it's time to switch gears, and there is no better representation of the season than what beer can offer.

My first pick highlights a very local brewery in Okatie: the ***River Dog Kindred Spice Winter Warmer***. The term winter warmer refers to the spiced Wassail style, which typically includes cinnamon, allspice, ginger, clove, vanilla, and nutmeg in brewing. Wassailling heralds back to the tradition of singing and drinking to scare off the evil spirits and ensure a healthy fall harvest. Imagery on the label illustrates all the spices used in brewing with the addition of the "calavera" known for the Mexican holiday Dia de Muertos, a celebration of past family and loved ones. Calavera sculptures are used to decorate the family altar. Smoked chicken, grilled pork chops, or a hayride pair perfectly. ***ABV 6%***

Taking things up a notch, my next pick hails from Great Divide Brewing Company out of Denver. Great Divide is one of the original craft brewers to come on the scene in the late '90s. Its ***Yeti Pumpkin Spice Imperial Stout*** gets some of the highest ratings for seasonal brews on the ubiquitous beer-head app Untapped. The imagery of the Yeti on the label refers to the Himalayan folklore creature made up by elders warning to stay close to the village out of harm's way. You may need a batch of brownies or perhaps some Halloween chocolates to pair with this one. It's opaque black in color, brewed with Pablo's Coffee, American hops, and spices. Flavors of coffee, cacao, and bittersweet chocolate are well enjoyed in a snifter glass. ***ABV 9.5%***



Warm your spirit

As the weather starts to cool down and the days get shorter, we're falling for crisp cocktails that'll warm our spirits. Check out these spectacular spiced sippers from the good folks at ***Tito's Handmade Vodka****.*



Pumpkin Pie Martini

Tito's colorful Pumpkin Pie Martini is far beyond basic, but still easy as pie. Just remember to double strain for a silky, smooth texture.

INGREDIENTS

2 ounces Tito's Handmade Vodka
1/2 ounce half & half
1 tablespoon canned pumpkin pie mix (make sure it's canned pumpkin pie mix, and not just canned pumpkin)
1/8 teaspoon vanilla extract
1 dash cinnamon

DIRECTIONS Add all ingredients to a shaker with ice. Shake and double strain into a graham-cracker-rimmed martini glass. Garnish with a small amount of freshly grated nutmeg.



Tito's Lucky Apple

Your luck will never run out with this winning combination of apple, ginger and lime.

INGREDIENTS

1 1/2 ounces Tito's Handmade Vodka
2 ounces cloudy apple juice
1/2 ounce ginger syrup
1/2 ounce lime juice
4 ginger slices, muddled

DIRECTIONS Muddle ginger slices in a shaker. Add remaining ingredients and ice. Shake and strain into a glass over fresh ice. Garnish with an orange/lime twist.



Tito's Copper Cauldron

2 cups Tito's Handmade Vodka
4 cups spiced apple cider
4 oz lemon juice
2 oz grenadine
1½ oz caramel sauce

Add all ingredients to a copper cauldron or punch bowl. Stir and serve over ice.



TitosVodka.com **Crafted to be savored responsibly.** DISTILLED & BOTTLED BY FIFTH GENERATION INC. AUSTIN, TEXAS 40% ALC./VOL. © 2020 TITO'S HANDMADE VODKA.

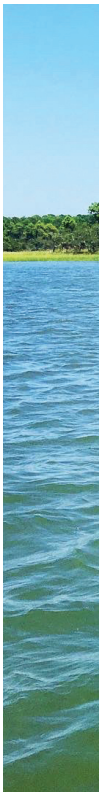
SECRET SPOT OFF THE BEATEN PATH

St. Phillips Island

STORY + PHOTOGRAPHY BY MICHELE ROLDÁN-SHAW









SHELTER IN PLACE Ted Turner's old four-bedroom beach cottage on St. Phillips Island has been renovated and will soon be available to rent.

On a coastline flecked with hundreds of little islands, St. Phillips is truly special — or at least Ted Turner thought so. The billionaire media mogul and conservationist bought it in 1979 and vacationed there with his family for 40 years — fishing, kayaking, hiking the trails they carved out, and lounging in their lodge-style beach cottage. In 2017, he sold it to the state of South Carolina at a fraction of the value because they hardly ever visited anymore. Now anyone can feel entitled to this remote, 4,682-acre barrier island for the day: swimming and shelling the wild beach, exploring the primitive interior, or maybe just reading in an Adirondack chair on Turner's old pier jutting over the Atlantic. In the future you may be able to camp or even rent his house.

The unique profile of the island, which viewed by satellite looks like a giant cat scratched its claws over it, was created by ancient sand dunes. Trees grew up on



How to get there

LOCATION
Just northeast of Hilton Head

MODE OF TRANSPORT
Boat

HOW TO GET THERE
Book a tour through Coastal Expeditions (843-884-7684, stphillipsislandferry.com). The ferry leaves from the nature center at Hunting Island State Park.

IF YOU GO
Bring everything you need (food, water, layers, sunscreen, bug spray etc.) because there is nothing on the island.

"The unique profile of the island, which viewed by satellite looks like a giant cat scratched its claws over it, was created by ancient sand dunes."





the ridges while rainwater collected in the troughs, resulting in a spectacularly biodiverse environment of fresh and brackish ponds, saltmarsh, boneyard beach and a rare bit of old-growth maritime forest. It's never been timbered or tampered with. The conservation easement Turner took out still stands, ensuring that it will never become another Hilton Head or Fripp. The only thing he did to mess with it was eradicate destructive feral hogs before reintroducing endangered fox squirrels and indigo snakes.

Trips run by Coastal Expeditions highlight everything that's wonderful about St. Phillips and, by extension, the Lowcountry in its glorious natural state. On the boat ride over, the engaging Capt. Henry Brandt III points out wood storks and bonnet-head sharks, then discourses at length on phytoplankton and the love habits of dolphins. After twenty years as a

H&D HERMAN AND DAVIS PROPERTIES

Faces You Know. Results You Trust.



4 SURF WATCH WAY

6 BD | 5 FULL BA | 1 HALF BA | $1,600,000

Don't miss out on this 6 bedroom 5.5 bath Oceanside fully furnished home with Hardwood flooring throughout, Granite countertops, custom cabinetry, Master on first floor. Fenced private backyard with outdoor kitchen and pool area!! Walk or bike to the beach. Currently on the rental market now with over $125,000+ rental income year over year! Great family compound, Town Park and recreation across the street, great for kids and dogs!

BECKY HERMAN

843.301.3355 | Becky@BeckyHerman.com

MONICA DAVIS

843.384.4473 | Monica@MonicaDavis.com

Consistent producers for over 20 years, Becky and Monica have provided professional customized service and expert advice to countless buyers and sellers in the Hilton Head/Bluffton market.

CHARTERONE REALTY

WHO'S WHO IN LUXURY REAL ESTATE

www.HermanAndDavisProperties.com







EXPLORE THE ISLAND Take the ferry from Hunting Island State Park to St. Phillips Island for $45. Beach comb, hike interior trails or simply relax on the beach with a picnic. After your ramblings on this pristine barrier island, a tram will take you back to the dock for the return trip to the mainland.

"Can you imagine having a place like this all to yourself yet barely ever being here?"

nature guide, Capt. Henry saw something so singular about St. Phillips that he moved to St. Helena to be near it. During the tram ride from the ferry dock to the beach, he stops to gush about sabal palms nearly as tall as loblolly pines (which is how you know the great age of this forest) or to explain gator attack methods while standing right in front of one. At a prehistoric shell midden unearthed by a toppled red cedar, he goes into pre-colonial history of South Carolina, saying there were as many tribes around here as you can find river names today (Edisto, Combahee, Coosaw, etc.) This leads him to spin the yarn of some abandoned colonists who built a raft out of Spanish moss, pine resin and old shirts, then sailed it home across the Atlantic. "Yeah, some of them died or cannibalized each other," he concedes, "but they made it!"

After infecting you with his enthusiasm, Capt. Henry turns you loose, and the island is yours to discover. I hung my pack on a driftwood snag, took a dip in the ocean, then meandered over to the Turner house. A fellow tour member was poking around, and



I remarked, "Can you imagine having a place like this all to yourself yet barely ever being here?"

He said he couldn't, then pointed out that Ted Turner is the second-largest private landholder in the United States. I imagined Turner running back and forth to all his residences yet never being more content with himself than the rest of us.

"I ran into him one time," the man continued, "in Nantucket of all places. Fishing. He looked like an Orvis catalogue; had every sort of gadget you could think of. He was nice enough. A little on the weird side, but I guess we all are."

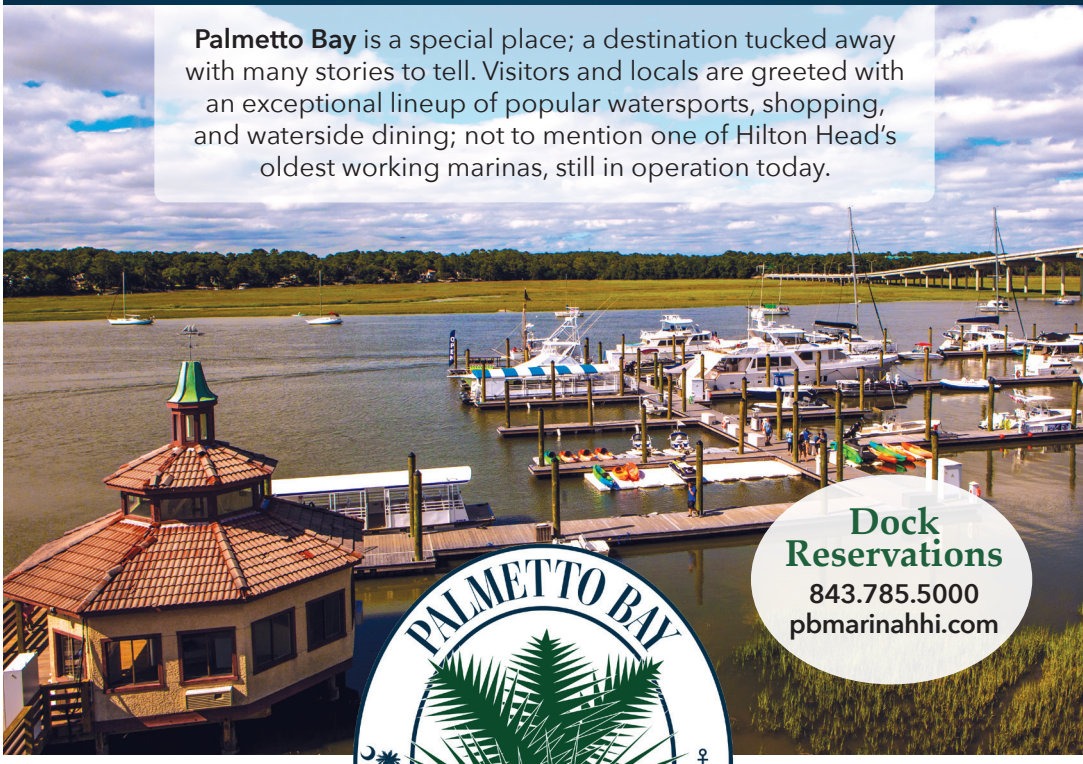
I was the only one weird enough that blistering July day to forgo the return tram in favor of hiking back through the interior to the ferry dock, a stunning yet brutal experience. Old-growth magnolias lent dignity to the forest while cheerful palmettos towered over the trail. Swampy vistas opened with egrets flying out and Spanish moss silhouetted in the foreground. It was like a vintage illustration, but if you stopped to appreciate it, the bugs swarmed. I arrived sunburnt, blackened with sand road dust, and covered in mosquito and yellow fly bites — but filled to the brim with Lowcountry. A quick dip in the creek to refresh myself, and we were piling back on the boat to Hunting Island, which now seemed civilized by comparison. When I got home, I was as exhausted as a two-year-old after a day at the beach, but already planning my return trip. *LL*



WHERE THE WILD THINGS ARE St. Phillips Island is a nature lover's paradise, providing critical habitat for alligators, sea turtles, bobcats and a myriad of seasonal and resident bird species, including bald eagles, roseate spoonbills and painted buntings.

"It's official. The Bay is back!"

Palmetto Bay is a special place; a destination tucked away with many stories to tell. Visitors and locals are greeted with an exceptional lineup of popular watersports, shopping, and waterside dining; not to mention one of Hilton Head's oldest working marinas, still in operation today.



Dock Reservations
843.785.5000
pbmarinahhi.com

PALMETTO BAY MARINA



Waterside Dining, Activities, & Marina

DOCK
Activities & Boat Slips
Palmetto Bay Yacht Center

PLAY
Pirates HHI • OneHHI
Freedom Boat Club
Lowcountry Watersports
Carefree Boat Club

EAT
The Black Marlin
Carolina Crab Company
The Hurricane Bar
Sunrise Cafe

SHOP
Ship Store
Bay Breeze

843.785.5000 | pbmarinahhi.com | #thebayisback

OCTOBER beach day

BY EMMA QUINN

Technically summer is over, but beach days in the Southeast are not. October is a great month to enjoy the beach when it is a little less hot and much less crowded. It's a great time to head South to explore the many miles of white sand in Florida. This month's beach destination is ***Jacksonville Beach****. Only three hours by car, it makes for the perfect weekend getaway.* Here is your guide for October:

WARM

TYPICAL DAYS

Even in October, you will find that Jacksonville's sunny beaches still reach temperatures in the 80s during the day. Lows can dip into the 60s at night, so be sure to pack something cozy in your beach bag for a perfect late night stroll.



Road Trip

Hilton Head Island to Jacksonville Beach

182 miles: *2 hours, 51 minutes*

BEACH DESTINATION

Jacksonville Beach

This sunny and fun beach town is perfect to visit in October due to its intriguing dark side. Many notable haunted landmarks are in the area, including the ***Jacksonville Beach lifeguard station, said to be one of the most haunted places in the Sunshine State.*** *The station is said to be haunted by a ghostly drowning victim and a lifesaver known as Todd. Casa Marina Hotel, Ginger's Place, 33 Star Rock and Roll Boutique and Taco Lulu also have haunted histories.*

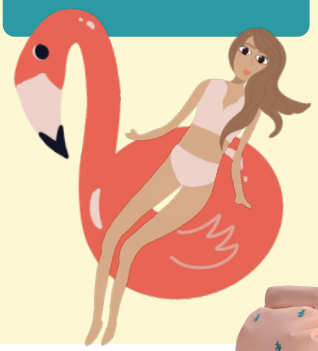
Hit the sand

During the day, Jacksonville Beach is a great spot to catch some waves. The beautiful two-acre Oceanfront Park is a beautiful addition to the area. With a playground for the kids, multiple picnic shelters, sand volleyball and two dune walkovers, a day spent there will not disappoint.



Check it out

Throughout the year, Jacksonville Beach hosts lots of events to keep visitors and locals entertained. It is home to many surfing competitions, concerts, and outdoor movies for the family. Be sure to check out which movie might be showing at the Seawalk Pavilion during your trip.













What to bring.

Sunglasses: Chopard Collection, $1,130 (Eyeland) **Bag:** Ice Mule "The Jaunt" Cooler, $80 (Outside Hilton Head) **Flask:** Hydro Flask Can Cooler, $19 (hydroflask.com) **Book:** "Andy Can You Hear Us" Communing with Warhol at His Gravesite by Madelyn Roehrig, $40 (andycanyouhear.us) **Fun:** Smashball Set, $12 (Outside Hilton Head)

Local Tides

THURS, OCT 1
L 02:29 AM
H 08:29 AM
L 02:48 PM
H 08:47 PM

FRI, OCT 2
L 03:02 AM
H 09:05 AM
L 03:24 PM
H 09:22 PM

SAT, OCT 3
L 03:32 AM
H 09:40 AM
L 03:58 PM
H 09:57 PM

SUN, OCT 4
L 04:01 AM
H 10:16 AM
L 04:32 PM
H 10:34 PM

MON, OCT 5
L 04:30 AM
H 10:53 AM
L 05:07 PM
H 11:11 PM

TUES, OCT 6
L 05:02 AM
H 11:33 AM
L 05:47 PM
H 11:52 PM

WED, OCT 7
L 05:39 AM
H 12:17 PM
L 06:37 PM

THURS, OCT 8
H 12:39 AM
L 06:27 AM
H 01:09 PM
L 07:39 PM

FRI, OCT 9
H 01:36 AM
L 07:31 AM
H 02:08 PM
L 08:42 PM

SAT, OCT 10
H 02:37 AM
L 08:40 AM
H 03:09 PM
L 09:40 PM

SUN, OCT 11
H 03:39 AM
L 09:43 AM
H 04:10 PM
L 10:37 PM

MON, OCT 12
H 04:41 AM
L 10:46 AM
H 05:10 PM
L 11:31 PM

TUES, OCT 13
H 05:39 AM
L 11:48 AM
H 06:04 PM

WED, OCT 14
L 12:21 AM
H 06:30 AM
L 12:43 PM
H 06:52 PM

THURS, OCT 15
L 01:07 AM
H 07:17 AM
L 01:35 PM
H 07:39 PM

FRI, OCT 16
L 01:52 AM
H 08:05 AM
L 02:25 PM
H 08:26 PM

SAT, OCT 17
L 02:37 AM
H 08:54 AM
L 03:16 PM
H 09:16 PM

SUN, OCT 18
L 03:24 AM
H 09:45 AM
L 04:07 PM
H 10:07 PM

MON, OCT 19
L 04:12 AM
H 10:37 AM
L 04:59 PM
H 10:59 PM

TUES, OCT 20
L 05:03 AM
H 11:29 AM
L 05:54 PM
H 11:53 PM

WED, OCT 21
L 05:57 AM
H 12:25 PM
L 06:55 PM

THURS, OCT 22
H 12:53 AM
L 07:01 AM
H 01:26 PM
L 08:03 PM

FRI, OCT 23
H 01:58 AM
L 08:12 AM
H 02:31 PM
L 09:07 PM

SAT, OCT 24
H 03:05 AM
L 09:19 AM
H 03:35 PM
L 10:06 PM

SUN, OCT 25
H 04:10 AM
L 10:22 AM
H 04:38 PM
L 11:04 PM

MON, OCT 26
H 05:13 AM
L 11:23 AM
H 05:35 PM
L 11:56 PM

TUES, OCT 27
H 06:05 AM
L 12:18 PM
H 06:25 PM

WED, OCT 28
L 12:41 AM
H 06:49 AM
L 01:05 PM
H 07:05 PM

THURS, OCT 29
L 01:19 AM
H 07:26 AM
L 01:46 PM
H 07:41 PM

FRI, OCT 30
L 01:54 AM
H 08:01 AM
L 02:25 PM
H 08:16 PM

SAT, OCT 31
L 02:26 AM
H 08:35 AM
L 03:01 PM
H 08:51 PM



Mountain Air

The Name Says It All

Mountain Air is more than the name of our destination mountain community, it's our way of life. From the first moment we took in the views and breathed in the air, we felt an inspiration that has influenced every amenity, every aesthetic, and every decision. The Club and amenities at Mountain Air have been designed for families to interact with each other 12 months out of the year. On the golf course. In the Clubhouse. Approaching the mountaintop runway. And at your home. Each experience is designed to fit within its natural setting and each offers unique opportunities for discovery and socializing.







Contact us today and learn how you can take in the views, breathe in the air and enjoy Mountain Air for yourself. We look forward to your visit.

MOUNTAINAIRNC.COM | 828.682.8200 | INFO@MOUNTAINAIRNC.COM

BEHIND THE GATES:
MOUNTAIN AIR

Far above it all

THIS HIDDEN NORTH CAROLINA COMMUNITY HAS A MOUNTAINTOP GOLF COURSE AND THE HIGHEST PRIVATE RUNWAY EAST OF THE MISSISSIPPI.

There's just something about the mountains. The winding roads, the abundance of nature, the cool, clean air. A private community near the charming town of Burnsville is at the height of North Carolina mountain living. It's called Mountain Air, and situated atop Slickrock Mountain at 4,919 feet, it's a fresh breath of air for second homeowners seeking relaxation, comfort and convenience in the Blue Ridge Mountains. ***Take a peek behind the gates.***



TAKE FLIGHT

In the cool mountain air you can breathe, play, laugh, discover, connect and even fly. Mountain Air is home to the highest private runway east of the Mississippi. For pilots and their guests, there's nothing that compares to that moment when the wheels of their plane lift off the runway.





SWEET TEE

While every golf course has a scenic signature hole, Mountain Air has 18 of them, designed and routed through Slickrock Mountain. Off the course, a learning and performance center features a practice range, climate-controlled hitting bays, a training simulator and a fitting center.



IT TAKES A VILLAGE

Located at the top of the community, the Slickrock Village Green serves as the centerpiece of the club, offering a host of amenities along with the finest views in the community. Members and guests meet here, gather here, dine here and laugh here.



CLOSE TO NATURE

Other amenities include six parks, over six miles of trails, a nature center, a children's activity center, a movie theater, a 24-hour fitness center, a heated pool and Spa Tohi, where you can pamper both your inner and outer self.







HAVE A BALL

Whenever anyone visits Mountain Air, they are drawn to the outdoors: to their back decks, to the hiking trails, and certainly to the top-of-the-mountain Har-Tru tennis courts and pickleball court. Playing at 4,919 feet is a unique experience.



©ALL PHOTOS MOUNTAIN AIR REALTY

JOIN THE CLUB

Mountain Air encompasses 435 homes and condominiums over 500 acres. Membership at Mountain Air Country Club is a choice. Golf, social and non-resident memberships are offered. Learn more at mountainairnc.com.

ICONIC AMERICAN CHARM

Mountain Air is located just minutes from the quiet mountain town, Burnsville. Stroll down Main Street, visit local artists, meander through the countryside and make lasting memories in the Blue Ridge Mountains. Asheville is a 30-minute scenic drive away. *LL*





What SUP with Seychelle

THE 'FASTEST PADDLER ON EARTH' WAS IN TOWN FOR OUTSIDE HILTON HEAD'S OLUKAI LOWCOUNTRY BOIL PADDLE BATTLE

STORY BY MADDIE BANE + PHOTOGRAPHY BY MIKE RITTERBECK





UP A CREEK
Seychelle is a standup paddle coach, certified personal trainer and nutrition coach. She host clinics all over the world and writes training programs to help other paddlers reach their goals and dreams.



After sailing the world for several years, Florida native ***Seychelle*** found her calling for stand-up paddleboarding in 2014 and hasn't looked back since. In fact, she's quite good at it. In 2015 she became a Guinness World Record holder for the longest distance paddled in 24 hours, and in 2016 she earned the title of female "Fastest Paddler on Earth." Last year, she was officially ranked No. 2 in the world for female paddlers. On top of that, she's also a nutrition coach and helps people focus on becoming the best versions of themselves. She recently came to Hilton Head to teach clinics and participate in the OluKai Lowcountry Boil Paddle Battle (hosted by Outside Hilton Head), and we were lucky enough to get to sit down and chat with her.



EXPERT ADVICE
Seychelle put on a stand-up paddleboarding clinic as part of the OluKai Lowcountry Boil Paddle Battle on Hilton Head in September. The event was hosted by Outside Hilton Head.



[LOCAL Life] How would you compare Hilton Head to other places for paddleboarding? **[Seychelle]** You know, the only time I've paddled in Hilton Head before was when I was here last year for the Lowcountry Boil Paddle Race, so I haven't done a lot of exploring of the paddling here. I do know that it's an excellent place to paddle with all the marshes, and I imagine the beach is nice, too. I just haven't spent enough time here paddling.

[LL] What are some of your favorite local spots? **[S]** I recently discovered Delisheeyo. I am a plant-based and health food junkie, so that spot was super fun to find.

[LL] If you're not paddleboarding, what are some other activities you enjoy? **[S]** I mean I love paddling and surfing. I love hanging out at the beach with my family, but we also enjoy traveling a lot. We do a lot of traveling, exploring, adventuring. I'm not necessarily a foodie, like I need to go to all the local restaurants. I'm more like, I've got to check out all the local adventure. It may be a hidden trail or a peak or a waterfall. I also love sailing. I coach, which is what I do besides paddling. I coach other paddlers, but I also do online health coaching. So, a lot of what I enjoy doing is just helping people. Helping people live healthier, more fulfilling lives, because that's what I'm all about.

[LL] What does the future hold for you? Maybe in terms of professional career, personal goals and such? **[S]** Hopefully we'll get back to doing some more paddle races sometime soon. However, moving forward, my life looks a little bit different, whereas I was full time paddling and competing and training for the rest of the year, I'll be doing more full-time coaching with stand-up paddling and also my health coaching. My husband and I are trying to start a family.





[LL] You've won several competitions and hold quite a few records. Of which achievement are you proudest? [S] I am the most proud of... I don't know. Either winning the world title last year or breaking the world record back in 2016.

[LL] What's been your favorite location you've held a paddleboard clinic? [S] You know, I've traveled to some cool places to do clinics. Two of my favorite ones I did last year would've been Panama City, Panama, and in Santa Marta, Colombia. I just love that the communities there were so stoked about stand-up paddling that they wanted to bring in professional athletes. I think that's really special because those are areas where, you know, they don't have the — because they don't have big draws, they don't get the pros to come there, but they still make it happen for their community of paddlers. I think that's really special. And then when you're there, they make you feel really special for being there, so it's just a whole vibe.



[LL] You're a stand-up paddle coach, certified personal trainer, and a nutrition coach. Which of these do you find the most fulfilling and rewarding? [S] Well, like I said, I love helping people live happier, healthier lives. I think we're all fully capable of living our best life, and that's what I try to do every single day and help others to do the same. Whether it's a paddle coach, a nutrition coach, a personal trainer, or a yoga instructor, I use all of those when I coach people on deep health. So as a health coach, I'm using all of my trainings and certifications, but also all of my experience in life that it takes to really accomplish your goals and dreams. Your question was which one do I enjoy the most, but I think that life is not any one singular thing, yet a combination of all of the things that you do on a daily basis that make up who you are. I couldn't say which one is my favorite because I think that they're all pillars to living your best life. *LL*



SOUTHERN TIDE

SOUTHERN TIDE SIGNATURE STORE
SHELTER COVE HARBOUR & MARINA
(ADJACENT TO NEPTUNE STATUE)

MON–SAT | 10AM–8PM
SUNDAY | 12PM–6PM

17 HARBOURSIDE LANE
HILTON HEAD ISLAND, SC 29928
SOUTHERNTIDEHILTONHEAD.COM



Tips & tricks from Seychelle

- Don't think of it as pulling your paddle through the water, but ***pulling your body through the water***. Your body is moving across the paddle.
- If you don't ***catch the water*** properly with the paddle blade, you'll lose power.
- A ***silent stroke*** is an efficient stroke.
- The further you can plant your paddle, the ***longer of a stroke*** you'll have.
- Paddling happens from the ***bottom up***, not from the top down.
- If you want to paddle in a straight line, the paddle needs to go into the water ***completely vertical***.
- Instead of using your whole body, just ***rotate your bottom shoulder*** to get your paddle straight up and down.
- Avoid bringing your hips back and forth to move forward. This causes a loss of momentum. Instead, ***move your hips up and down***, by bending your knees and keeping your core engaged.
- Most paddleboarding injuries tend to happen in the neck and the shoulders. To avoid this, ***use the muscles in your back*** and keep your shoulders and neck relaxed.
- A ***staggered stance*** will help when attempting to turn.
- The more you can ***get your legs to extend straight*** before the paddle comes out of the water, the more distance you'll get.
- The ***smaller the blade***, the quicker you can get it out of the water, the faster you can go.





Connections to the 'Other Side'

WHEN MEDIUM AMANDA GARRETT SHOWS UP, THE SPIRITS SHOW OUT

STORY BY EDDY HOYLE + PHOTOGRAPHY BY LISA STAFF



SHE TALKS TO ANGELS Angel cards are similar to tarot cards but without the spooky connotations or predictions (like the infamous death card). Garrett finds they accurately reflect what's going on in a client's life. Messages are always encouraging and helpful.

It is certain that we all will die. The death of a loved one fills one with questions, sorrow, perhaps with a sense of abandonment or even with regrets. The need for closure, answers, peace of mind, guidance, or even the possibility of receiving a message are among the many reasons that people seek the help of an intuitive medium.

Amanda Garrett is a spiritual advisor and intuitive medium in Beaufort. She also is an ordained minister who describes herself as a "God-fearing woman" who was raised in the Baptist Church. "Everyone is looking for something," she said.

"As early as I can remember, I always felt a presence and I could hear things. I believed in God and that the angels were around me. I could see spirits around others, and thought everyone did. I knew things, then it would happen. When I was in fourth grade, I asked my mother what she saw and knew. She told me that these things were of the devil, not of God. It's one thing to know you're different, but it's another not to know why. What is the purpose? God made me like this, but why? And if God made me like this, why is it of the devil?" She explained that she had to understand what God meant to her instead of what the church told her. "No matter what, there was something missing. I wasn't serving my creator and my soul's purpose. And





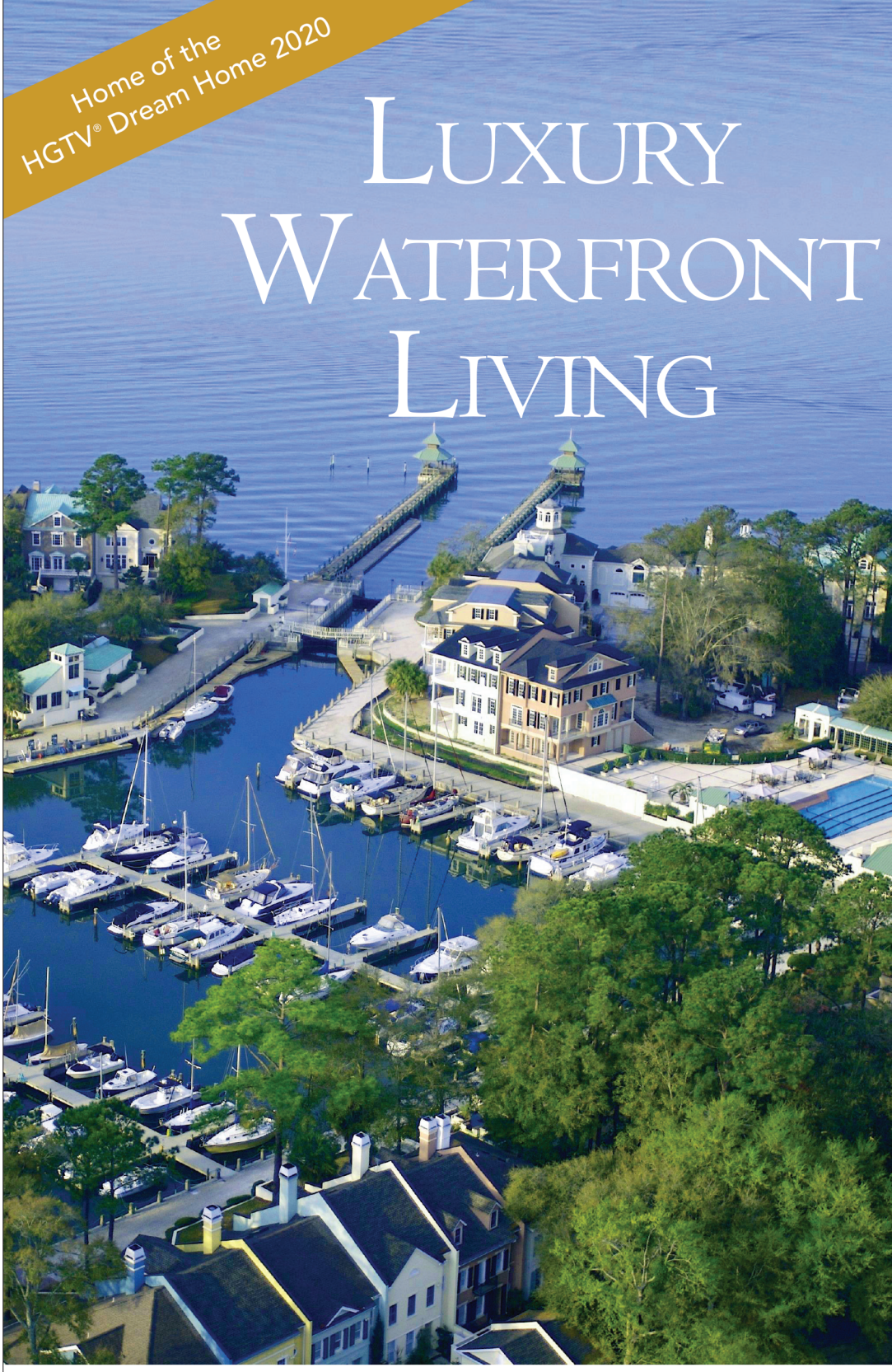
CRYSTAL HEALING Garrett uses white crystals (above) to amplify energy and amethyst crystals (left) to help relieve stress, balance mood swings, dispel anxiety and more.

when I started serving my creator with my gifts, my life changed. I found peace and happiness."

At age 25, Garrett went on a spiritual journey. "I nurtured and honed in on my gifts and tried to find purpose, to connect to that voice. The internet and books put words to what I couldn't explain and helped me put all the pieces together. Mentors of like-minded people led me through things they had been through. They told me I was ready. So after 10 years, I put my trust in God, took a leap of faith and jumped off the cliff. I couldn't put it off any longer."

Garrett described mediumship as intuitive feelings, a movie playing in her head, a process of seeing, feeling, hearing and knowing. She receives telepathic speech and symbols. "People come to me for guidance or to talk to their loved ones. It's like decoding a message. It depends on how long it's been since they passed and their level of energy, so they use symbols and colors."

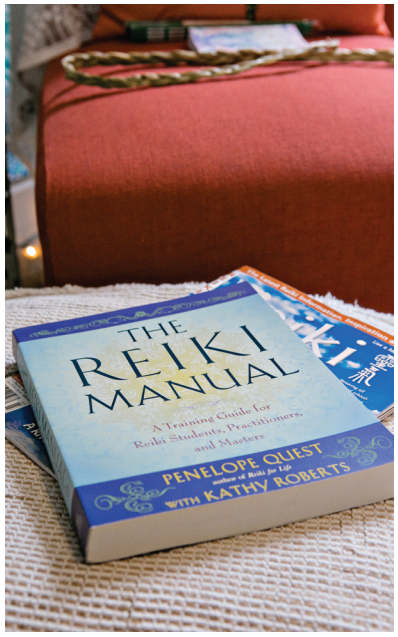
She added, "Most of the time the feedback I get is happy. People are relieved, like a burden or a weight is lifted. They may receive validation that their loved one is nearby or okay, or that they didn't suffer. They can let go of unforgiveness and regret, or about questioning decisions they made. They leave lighthearted and happy."



WINDMILL HARBOUR
HILTON HEAD ISLAND, SC

Phone: 843-681-5600 | info@richardsongrp.com
www.WindmillHarbour.org

HGTV, HGTV Dream Home, HGTV Dream Home Giveaway and their associated logos are trademarks of Scripps Networks, LLC. Used with permission; all rights reserved.



HANDS ON In addition to medium readings, spiritual mentoring and house cleansing, Garrett offers Reiki services for balancing, healing and harmonizing the mind, body and spirit.

One of the most memorable readings Garrett did was for an 80-year-old woman whom she described as "quiet, meek and definitely not a believer." Her daughter and son-in-law came for a reading and brought her along. They convinced her to get one also, but she was nervous and afraid that it was wrong. "I told her that I only serve God, and she relaxed. Her husband came through and kept showing me his wedding band. He had many messages for her, but when I told her he wanted to wish her a happy anniversary, she believed and cried happy tears." That day was their anniversary.

Garrett emphasized that she doesn't "work in darkness with black or dark magic, hexes or curses, seances or witchcraft. As a medium and an ordained minister, I only work in the light to connect people with their higher self and their angels, and I pray for them. I wholeheartedly believe that light will always trump darkness."

As a child, Garrett said she daydreamed about working with the FBI and law enforcement to find missing persons. While she hasn't worked with law enforcement, she does work on missing persons, missing pets, and with people who have questions about murders, suicides and unsolved cases.

"I work with many people who have suffered childhood trauma. When people look through a lens that's full of trauma, hate and anger, they're stuck, lost and longing. I have to be the light in the dark and work on how to help them move past, move forward and heal."

Garrett says her goal is not to convert anyone, but her motto is "I show up and spirit shows out," which simply means that spirit usually gives specific details to convince the skeptic. So if the skeptic in you is just a little curious, visit peacefullyyou.net. *LL*



SAY YOUR PRAYERS A candle for abundance burns at the alter in Garrett's Beaufort home.

THIS AD WAS MADE POSSIBLE BY A GENEROUS DONATION FROM Right at Home In Home Care & Assistance

THERE'S MORE TO
OUR STORY

Throughout these difficult times, it is imperative you know that you are not alone. We continue to provide counseling services for our community amidst the uncertainty of this pandemic. Our Bereavement Team is hosting virtual sessions for New Beginnings, New Hope, Survivors of Suicide, as well as the Harper Project Pregnancy and Infant Loss Support Groups. All are welcome to join each of these programs.



To learn more about our support programs, please visit
hospicecarelc.org/counseling-bereavement

Your Non-Profit Hospice
HOSPICE CARE OF THE LOWCOUNTRY

To support us, call 843-706-2296
7 Plantation Park Dr, Unit 4, Bluffton, SC | www.hospicecarelc.org
Hospice Care of the Lowcountry, Inc. is a registered 501-C(3) nonprofit organization. Serving Beaufort and Jasper Counties since 1982.





Pick a card: An oracle reading by Amanda Garrett

This is typically called an Angel Card Reading. I quietly say a prayer that only true divine messages come through, and that each individual that chooses a card will pick a card with the intended message for them. I shuffle the cards until the spirit guides me to stop and pick the cards. ***Pick a card (left) then read your message below.***

1. Knowledge

AFFIRMATION: *I will come to know all that I need to know, as I need to know it.*

Learning is not only about gathering facts but also about being attuned to the world around you. Possibilities for increasing your knowledge can appear in any form: School, training, hobbies, a person, etc. Perhaps a particular person, experience, environment or book opens up new avenues of thought for you. Take the opportunity if it interests or excites you, even if you're uncertain about the timing or all the details. The Angel of Knowledge brings the message to you that this learning is an integral part of your journey in life, and that you are being divinely guided and supported.

2. Comfort

AFFIRMATION: *As I lovingly comfort others, I, too, am comforted.*

In times of great pain, loss, or difficulty, everyone needs someone to lean on. The Angel of Comfort is a source of care who will surround you with love and light. When you need comforting, find a quiet place and call on this angel to be with you and help you with feelings of worry and sadness. If someone else needs comforting, this angel encourages you to give your time and attention without hesitation. By offering this loving energy without counting the cost to yourself, you are serving humanity and will reap abundant spiritual rewards.

3. Motivation

AFFIRMATION: *I am motivated by love and inspiration from my heart.*

What gives you the drive to get things done? It could be ambition in your career, the desire to have a happy family life or the desire to leave a lasting impression within your community, family, or society. The Angel of Motivation directs you to focus on activities that both excite your mind and inspire your soul. By doing so, you can fulfill your highest potential and grow personally and spiritually. Call on this angel to give you the courage to carry out your plans. Ask for confidence to follow your inner voice so that you stay true to your inner values and on the right path. The first step may feel like it's the hardest, but the Angel of Motivation may help by bringing you opportunities that you simply cannot miss.

In the days of yore ...

... Fripp Island was once a popular oasis for world travelers and swashbuckling pirates alike. Today, a growing number of travelers, just like the 17th century seafarers, have found this seaside gem to be a unique treasure.

Nestled against the Atlantic Ocean, Fripp Island Golf & Beach Resort is home to two stunning golf courses, three and a half miles of unspoiled beach, and a full-service marina. Discover the *simple, seaside, serenity* that can only be found here at Fripp Island Golf & Beach Resort.

Fripp Island®
GOLF & BEACH RESORT
Simple. Seaside. Serenity.

833.625.1374 | FrippIslandResort.com

If there's something strange in your neighborhood, who you gonna call?

Ghost hunters!

STORY BY EDDY HOYLE









REM POD
This radiating electromagnetism pod radiates its own electromagnetic field. It detects a difference in field strength when a conductive material enters its field. The device's telescopic antenna allows for 360-degree coverage.

THE SOUTH CAROLINA PARANORMAL RESEARCH AND INVESTIGATIONS TEAM DOCUMENTS REPORTS OF GHOSTS, HAUNTINGS AND PARANORMAL ACTIVITY.

What do a financial analyst, an army veteran, an IT director, an emergency room nurse and an archaeologist have in common? They are all ghost hunters and team members of South Carolina Paranormal Research and Investigations, a group of 30 experienced paranormal investigators based in South Carolina that have been investigating and documenting reports of ghosts, hauntings and paranormal activity individually since 1987, and as team since 2007.

The Lowcountry is famous for haunts, and no wonder. Think about the history, tragedy and deaths here – the American Revolution, the Civil War, the Spanish-American War and several killer hurricanes. Add a history of voodoo and hexes, grave robbers, pirates, epidemics and murders, and you have a historical landscape ripe for hauntings.

Fortunately, help is available for those who hear things that go bump in the night, or feel a presence in their homes, or smell a deceased loved one's signature perfume.

The mission of SCPRAI is twofold: To collect verifiable, scientifically based evidence of the survival of the human personality after death while helping people understand and cope with possible paranormal activity in their homes or businesses.

MEET THE TEAM
(Left) Investigators Darleen and Cindy try to capture EVPs in the nursery of Old South Pittsburg Hospital in South Pittsburg, Tennessee. (Center) A group photo taken outside of St. Albans Sanatorium in Radford, Virginia. (Right) An investigator measuring temperature and EMF in a client's home.

NATURALLY INSPIRATIONAL

Spend any time on Spring Island and you can't help but be inspired by its scenic beauty. The river. The marshes. The old growth trees and signature Lowcountry Spanish moss. The setting is incredible. And each homesite is a natural canvas on which to create architectural artwork that complements its landscape rather than competes with it. Tour our available homes and homesites and let the inspiration take hold of you.





101 SPRING ISLAND DRIVE - $1,695,000

Bedrooms: 6 · Baths: 6 / Half Baths: 1

This unique estate, designed by Historical Concepts, is comprised of three buildings on 2.79 acres. The main house is based on the Federal style homes found in nearby Beaufort. Simple symmetry. Perfect harmony.





7 OLD BOATHOUSE LANE - $1,385,000

Bedrooms: 4 · Baths: 4 / Half Baths: 1

This distinctive home and guest cottage were designed by the renowned Lowcountry architect, Jim Thomas, who carefully crafted this imaginative residence on Betsy's Pond with character, charm, and a touch of whimsy.

SPRING ISLAND

SPRINGISLAND.COM | 843.987.2200

EQUAL HOUSING OPPORTUNITY

Endless Possibilities
CARPET • HARDWOOD • LAMINATE
TILE & STONE • VINYL • AREA RUGS
Floors To Go
(843) 681-4925
hiltonheadisland@floorstogo.com
123 Mathews Drive • Hilton Head Island



HOT TUB Investigators Shaun and Tori get EMF readings on a K-II meter inside a treatment tub at St. Albans Sanatorium in Radford, Virginia.

They never charge for their services. According to their website, an overwhelming majority of reputable paranormal investigation teams across the country believe it is highly unethical to charge for a paranormal investigation or to charge a fee to banish or exorcise ghosts or spirits or dispose of a haunting.

"I feel that our primary function is to make every effort to debunk and explain anomalies," said Angie Smith, a nine-year veteran lead investigator and board member. "I'd say that 85 percent of our investigations can be explained scientifically, but it's the other 15 percent that keeps me fascinated. We believe homes should be safe and secure, and we want to help people."

So how does it work? Anyone in South Carolina can go to the SCPRAI website (scprai.org) to request a free investigation. A case manager makes contact to see if an investigation is warranted, or if the person simply needed to talk. If an investigation is scheduled, paperwork is completed and confidentiality is guaranteed.

Paul Sanders, a lead investigator, explained that a team of about four will conduct the

IS YOUR HOUSE HAUNTED?

Visit the ***South Carolina Paranormal Research and Investigations*** website (scprai.org) and fill out an investigation request for help. There is no charge for their services. You can also look at haunted photos, watch spooky videos and listen to EVPs (electronic voice phenomenon) on the SCPRAI website.



investigation using state-of-the-art equipment, including infrared cameras with a DVR attached, a parascope that picks up static electricity, voice recorders, an electromagnetic field detector and a radio electromagnetism antenna that picks up all movement. They may even use dousers to detect issues with water.

"We have all these fancy gadgets, but sometimes creative homemade items are used," Smith said. She once connected a few pipe cleaners together, added a bell, and made door hangers to alert the team if doors opened or shut by themselves. To stay current, they also exchange ideas and information with other nationally recognized paranormal investigation teams to remain at the forefront of paranormal research.

"Ghost hunting is like fishing. You never know what's going to happen," Sanders said. He said SCPRAI covers the entire state with teams specific to Upstate, the Midlands and the Lowcountry. "Every weekend is booked, and sometimes double-booked. We used to have a three-month waiting list until we got enough equipment to outfit three teams. And soon we will have a fully equipped fourth team."

Sanders recounted an investigation in a home in which an extremely high level of electromagnetic frequency was registered, so much so that the homeowner complained of dizziness and nosebleeds every time he was in his bedroom and he thought they might be caused by a spirit. The investigators found the cause – the electricity coming into the home was located at the exterior wall of his bedroom. They recommended that he move his bed to the other side of the room and follow up with an electrician. Smith said that while this was a case that was fairly easy to debunk, they have come across other instances that were much more challenging.

In one case a young couple experienced physical assaults and heard screaming like a banshee. Research on the property indicated that a child had died in the bathroom under mysterious circumstances. An honorary team member and psychic in England was called upon to help. She described the spirit as an evil seductress who was linked to the child. She saw her screaming, scratching and biting. An unsuccessful cleansing was done on the home and the couple eventually moved out. LL



VOICE RECORDER
Used to capture EVP (electronic voice phenomena). It is common not to hear anything at the initial time of the recording, but is later discovered upon review of the playback.



PARAMID
An ultrasonic sensor that can detect movement up to five feet away. An LCD display indicates if the anomaly is left or right and gauges distance.



K-II METER
This device is used in paranormal investigating to measure spikes in electromagnetic fields.





Come see why so many residents love calling WaterWalk at Shelter Cove home:

"Honestly I feel as if we have arrived at the place we want to call home for a long time. The staff have a genuine commitment to making WaterWalk as stress-free living as possible, and the joy they demonstrate in providing that is palpable."
-Sonia, Modern Message

"This is resort living at its best. We have everything we need in walking distance. We have been living at WaterWalk for a year and a half and looking forward to many many years."
-Judy, Modern Message

"I love to wake up every morning and see Broad Creek. The sunsets and sunrises are beautiful."
-John, Modern Message

"Living at WaterWalk is like being on vacation at a five-star resort. Our apartment is spacious, quiet, and the screened-in porch is a game changer. We and our dog are very happy living here and appreciate it every day."
-Verified Resident, ApartmentRatings

Schedule your tour today and take in the stunning views from our brand new East Building - now available for move-in!

WaterWalkHHI.com | 843-258-4436

The Land's End Light

STAKING OUT THE LOWCOUNTRY'S 'SLEEPY HOLLOW' ON ST. HELENA ISLAND

STORY BY EDDY HOYLE



LOCAL LANDMARK Park your car in front of this old oak tree after dark on Land's End Road and turn off the engine. If you're patient, you may spot an eerie orb floating toward you.

Road Trip

Hilton Head Island to the Land's End Light

48 miles: 1 hour, 5 minutes

Directions: From Lady's Island, take the Sea Island Parkway toward St. Helena Island. When you see Gullah Grub restaurant on the left, turn right onto Dr. Martin Luther King Jr. Drive, which turns into Land's End Road. You will pass Martin Luther King Park at the Green, the Penn Center, several churches and St. Helena Parish Chapel of Ease ruins. Beyond the Bermuda Bluff/Land's End Road intersection, you will spot this oak, known as the hanging tree. Park on the right side of the road, facing the tree and wait for the light. Stay brave if you see it. Legend has it, the light will disappear if you start your car.

Remember Ichabod Crane, the lanky schoolteacher who was chased and tormented by the headless horseman? He's a fictional character and the protagonist in Washington Irving's short story, "The Legend of Sleepy Hollow," first published in 1820. Well, legend has it that there is a headless ghost here in the Lowcountry who walks the night with an old, iron lantern searching for his head near the "hanging tree" on Land's End Road on St. Helena Island. A mysterious light supposedly appears after dark in the distance like a single headlight coming down the road toward you, but when it gets closer, you realize there is no car.

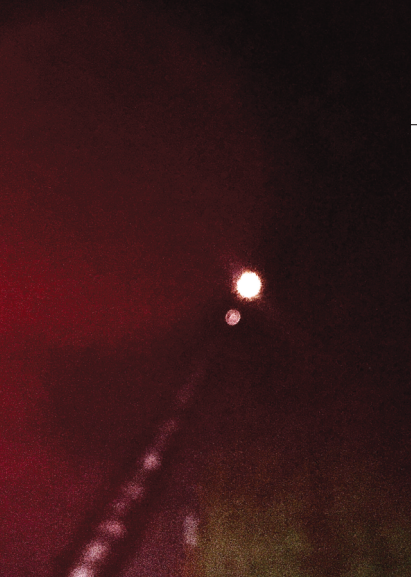
I admit that curiosity about legends of the hauntings at Land's End intrigue me. There are tales of runaway slaves who were captured and hanged from the tree. Another legend claims the light is the spirit of Private Frank Quigley, a soldier killed in a fight over moonshine. Some believe it's the ghost of a murdered Confederate soldier who was on patrol when a Yankee soldier snuck up behind him and cut off his head. Others claim it's the ghost of a slave, sold away from his family, who's back to hunt for them. Another account is that a bus crashed on this road in the 1940s killing the driver and a couple of passengers — some claim it was a bus full of children. These tragic stories, and so many alleged encounters with the Light of Land's End, definitely piqued my interest.

I wanted to see for myself. So I made a plan: a stakeout at the hanging tree and interviews with locals who may have experienced the light. I chose the night of a full moon (just to add to the creepy factor) and convinced my husband, Renny, to accompany me for moral support and protection. Finally the date arrived, but Hurricane Isaias did, too. It was still daylight as we drove over several bridges, and we could see the spiraling clouds generated by the hurricane far offshore. Those clouds would later black out the moon and stars like ink.

We drove the seven miles down Land's End Road to where the land does indeed just end — no gentle sloping beach, just the end of land and the abrupt beginning of water. The long stretch is flanked by fields carefully tilled and live oaks cloaked with Spanish moss, and the farther we drove, the more isolated it got. At the end I spotted a woman pulling into her driveway and jumped out of the car to ask her about the light. Yes! She had seen it!

Amy Moseley's family has owned their home since 1957. "I grew up here," she said. "And when I was a kid, I heard all the ghost stories. The adults would try to fool us by hiding with a flashlight, but we knew it was them." She said last summer a friend visited from Aiken and talked her into going out to see the light. "I ain't gonna lie to you," she said. "My heart was palpitating, and I didn't really think we'd see it. It was really eerie. You couldn't even hear the crickets. It was dead silent and very intense. Then we saw a light and it came right at us. Scared us to death. We both screamed and drove right out of there." I asked her if she believed it was the light. She responded, "I've always been a skeptic, but you know ... you can't see the air, but it's there, and you can't see God, but He's there. So yes, I believe it was."

We passed by a fire station and decided to see what the firefighters knew. They would be experts about the community, and possibly familiar with things that go bump in the night. Firefighters Griff Strock and Eric Amely answered our knocks. When I asked if they had seen it or responded to calls about the light, they gave each other knowing and reticent looks, but soon they opened up. They told me how crows hang out at the tree and that many folks have reported seeing a man hanging from the tree. Amely said his family saw an orange light flickering at the tree, but couldn't be sure. Strock said there have been lots of



FALSE LIGHT?
Some naysayers claim the Land's End Light is nothing more than approaching headlights. Others feel it is caused by marsh gas (despite the lack of marsh). Some feel it's the ghost of a decapitated Confederate soldier, searching for his head.

accidents there, and according to folklore, the tree sometimes walks into the road. Strock has a keen interest in the legends of St. Helena Island and has built an extensive personal library. He spoke about curses, voodoo and the story of Dr. Buzzard and Sheriff McTeer back in the day.

It was pitch dark by now, so I asked for specific directions to the hanging tree to begin my stakeout. I was given the exact location, but I was also told I had to make a stop first — at the Baptist Church back up the road at the intersection of Bermuda Bluff and Land's End Road.

"Hmmm, okay, why?" Stock said if I really wanted to be successful, I had to "wake up the spirits" by knocking on the door and ordering them to awaken.

Undeterred, I was determined to do everything in my power to experience the light. Renny just rolled his eyes. So we backtracked to the church, I boldly ran to the front door, banged a few times and hollered "wake up!" When the motion detector floodlight went on, I bolted back to the car.

We located the tree and carefully pulled off the road directly under its wide boughs, turned off the engine and waited. And waited. And waited. Finally we saw a light coming toward us, and like Amy, my heart was palpitating. But as it closed in, one distant light became two headlights. That happened twice during the stakeout. As I stood on the side of the road, I was amazed at how black the night was, no porchlights or street lights, no moon or stars. Just pitch black. Finally, Renny said it was time to go. I resisted. He insisted. Before I complied, on a pure whim, I held the camera up and took one picture of the jet black nothingness. But in the picture (above), well, you decide. I don't know what the heck it is.

Will you ever be brave enough to go in search of Pvt. Quigley, or the slave ghost or the Confederate soldier who supposedly carries the "Land's End Light" looking for his decapitated head along the road? *LL*



OAK ADVISORS MMV LLC

John Chiacchiero & Michelle Myhre, CFP®

843.757.9339
www.OakAdvisors.net

Post Office Box 7318
Hilton Head Island, SC 29938

Your portfolio shouldn't quit working because you do.

At Oak Advisors, we make sure that your funds stay actively managed in an ever changing financial environment. We ensure that your financial needs are met while you sit back and take it easy.

Oak Advisors, LLC is a federally registered investment advisor.

INSURANCE AT THE HIGHEST STANDARDS

WE WON'T DISAPPEAR

We have all been in a movie when you are relaxed, things are winding down, you are confident the credits are about to roll...

Then BAM. The last thing you expected, causing you to spill the last remaining popcorn and soda in your lap.

Kinghorn Insurance Agency knows something unexpected will pops up, it can be very scary. But rest assured, we won't fade into the mist. You can depend on us to be there.

Kinghorn INSURANCE

Claims-Tested Experience You Can Depend On

BLUFFTON: 843.837.3911
HILTON HEAD: 843.686.3911
www.KinghornAgency.com

THE LEGEND OF DR. BUZZARD

Under the root doctor's spell

STORY BY MICHAELA SATTERFIELD

Everyone knows inhabitants of the Lowcountry love fascinating folklore. When the line between what really happened and what may have happened gets blurry, we get curious. Our ears perk up. We lean in a little closer. After the tale is told, we do our duty and pass it on. ***The legend of Dr. Buzzard, the famous root doctor*** – or infamous, depending on how you look at it – is equal parts history and mystery. Is it really just a thing of the past? We'll let you be the judge between truth and tall tale.



Getting to the root

Whether you call it voodoo, hoodoo, conjuring or root work, root doctors are known for using both natural medicine and magic spells to either help or hurt others. "Roots" are small cloth sacks filled with various ingredients, such as herbs, powders, bones, feathers or even fingernails. Root doctors give them to people to place in their shoes, under doorknobs or other places to work their magic. Some believe root doctors' real power lies in the power of suggestion; the solution will only work if the patient truly believes. Others, however, believe in the root work itself. "Goofer dust" is a mix of ingredients root doctors use to cast spells. The dirt surrounding graves is a commonly used ingredient. It is thought to contain the lifeblood of the buried person, which means what they lived for lives on through it. Such is the case for one of the Lowcountry's most renowned root doctors – Dr. Buzzard of St. Helena Island. Whether it's in the dirt surrounding his grave in an unmarked Gullah cemetery (which, by the way, people are still digging up today) or simply the stories that won't go away, his legacy lives on.

Will the real Dr. Buzzard please stand up?

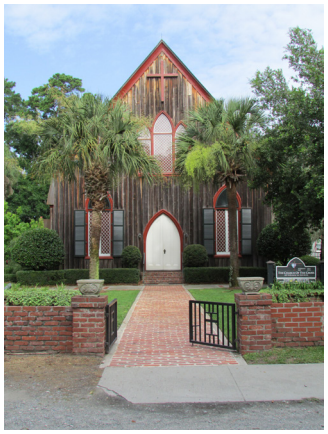
It's difficult to determine who the original Dr. Buzzard was, as the name was used by many root doctors after him who hoped to claim his reputation as their own. Most agree the moniker originally

LOCAL LEGEND

After researchers were unable to track down an image of Dr. Buzzard, LOCAL Life illustrator Megan Goheen was tasked with creating art of him based on descriptions. "I didn't want to make this drawing hyper-realistic like I normally do because I wanted to play into the mysteriousness of his story," she said. "Therefore, the drawing is not clear-cut and straightforward. Instead, it makes viewers think a little bit. I think my Van Gogh paintings in my room subconsciously influenced the drawing. He used a bunch of lines to make his compositions. I feel like that is what I mimicked in the illustration."

Discover Bluffton, SC

Shop • Dine • Explore • Stay





Come explore. Savor our rich history, culture and natural beauty.
Feast on our local seafood. Shop our unique and sometimes quirky shops and galleries.
Enjoy our true Southern hospitality. Experience the Bluffton State of Mind!

ARTS & SEAFOOD WEEKEND

OCTOBER 24-25, 2020

DISCOVER & CELEBRATE THE ARTS
& SEAFOOD IN OLD TOWN
AS YOU DO THE OYSTER STROLL!

Galleries and Shops open
10:00am -5:00pm

Stroll our Historic District visiting galleries and shops and see our state designated cultural district come alive! POP UP ART displays on gallery porches and lawns and on corner lots join the many galleries to highlight the artistic and cultural side of Bluffton. Refresh at one of our many restaurants or our POP UP EATERIES and enjoy true Southern Hospitality!

oldtownbluffton.com | blufftonartsandseafoodfestival.com

bluffton
HEART OF THE LOWCOUNTRY™

Cultural Districts of South Carolina
SC ARTS COMMISSION

COLOR!





Professional Lawn Care & Landscape
Turf Maintenance & Sod Installation
Shrub and Tree Planting & Pruning
Irrigation & Lighting Systems
Fertilization & Weed Control
Hardscapes & Pathways

Family owned and operated since 1981

Greenscape Services
TURF & SHRUB CARE

843.304.4397
GreenscapeHHI@gmail.com



belonged to Stephen Robinson, perhaps better known by locals as Stephany or Stepney Robinson. He lived from 1860 to 1947. His dad was a root doctor from West Africa who supposedly passed his powers on to his son. Dr. Buzzard's work attracted clients from all over the country. He drove expensive cars when it wasn't common for everyone to have cars. His countenance was gentle and kind, and he typically wore black. The man was known to log many hours sitting in the courtroom. Through purple sunglasses, Dr. Buzzard saw it in a different light than everyone else. Those who believe say he was there to steer the actions of witnesses or others in court with a practice called "chewing the root." It appears he used this to his own benefit, when ***Beaufort County Sheriff J.E. McTeer*** went after him for practicing medicine without a license. Legend has it, the witness went into convulsions before testifying. McTeer had to use more extreme tactics to try to catch the powerful Dr. Buzzard.

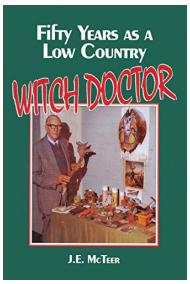
Fight voodoo with voodoo

Dr. Buzzard got a taste of his own medicine when McTeer began studying root work himself. He eventually referred to himself as a "white witch doctor," using his powers against black magic. Working for free, McTeer removed the spells of many root doctors in his day. He had a local and national clientele. Some were suspicious of McTeer, who was known to not carry a gun – something unheard of for a sheriff. There were rumors he used magic to get confessions, while others thought he was simply skilled at what he did. The feud between McTeer and Dr. Buzzard reached its peak when Dr. Buzzard's son drowned. He credited the accident to McTeer's magic and declared a truce. Dr. Buzzard hired an attorney when he was in court, despite his reputation of being able to sway juries by "chewing the root." He made it out with a small fine and a promise to stop practicing medicine. Legally, however, he could still practice conjuring. He kept many clients for this, up until he died of stomach cancer.

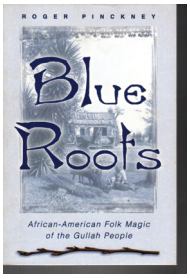
Modern day magic

Before Dr. Buzzard's death, he passed his business on to his son-in-law who became known as "Buzzy." Today, there are rumors that Dr. Buzzard's grandson may be the last remaining root doctor in the Lowcountry. One of the most recent events attributed to root work occurred in 2014. An 85-year-old Beaufort woman filed a police report after she became suspicious her neighbor cursed her, causing her and others to fall out of their chairs. In current times, mentions of root doctors are getting fewer and further between. There are still whispers of the magic if you know where to listen. *LL*

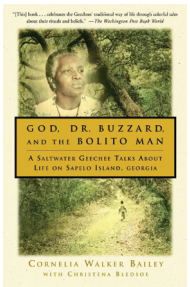
RELATED READING



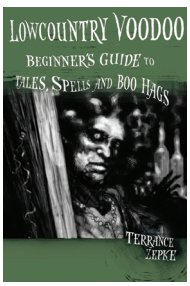
Fifty Years as a Low Country Witch Doctor
by J.E. McTeer



Blue Roots: African-American Folk Magic of the Gullah People
by Roger Pinckney



God, Dr. Buzzard and the Bolito Man
by Cornelia Walker Bailey



Lowcountry Voodoo: Beginner's Guide to Tales, Spells and Boo Hags
by Terrance Zepke



HOLE #18 - PETE DYE SIGNATURE GOLF COURSE







"… And Then We Came to Hampton Hall"

That's what so many of our members throughout Bluffton and beyond have said time and time again. They searched all over the Lowcountry for a private golf club that was prominent and also engaging, robust, and a lot of fun. And then they came to Hampton Hall, and their search was over.

Hampton Hall currently offers a limited number of non-resident golf memberships that provide full access to our Pete Dye Signature Golf Course, our comprehensive practice facility, and dining at our beautifully-appointed community clubhouse and at Pete's Grill in our golf clubhouse. We invite you to learn more through our 60-day trial membership and discover why your search will end at Hampton Hall.

HAMPTON HALL CLUB

(843) 815-9343 | hamptonhallclubsc.com

Surge





Sepulture

EXPERIENCE IT

What:
Jared Owens:
Southern Exposure

When:
Oct. 10-Nov. 10

Where:
J Costello Gallery,
Hilton Head Island

Jared Owens' decisive moment

BY CAROLYN MALES



It's the height of the pandemic, and I'm zooming with artist Jared Owens, he from his studio near Charleston and me from mine, one hundred-plus miles away. He's about to tell me a tale that involves eighteen years of prison, a fistfight, a New York Times article, contraband bed sheets, jars of jailhouse dirt, an Egyptian mummy coffin — and that's just for starters.

These diverse elements form the backstory of Owens' new conceptual abstracts featured in upcoming shows at MOMA PS1 in New York and the African-American Museum in Philadelphia. Meanwhile he's been written about in books and magazines including the prestigious Artforum. And we'll get a glimpse of his dynamic canvases here at the J Costello Gallery this month.

But we're getting ahead of the story. Let's go back to when Jared Owens is about to have his life disrupted.



The Things You Cannot Kill

Redirection

Owens' epiphany came, oddly enough, after a brawl in the kitchen of Fairton, a federal prison in South Jersey. Five years into his sentence on drug-related charges, the then 37-year-old was overseeing food operations when a belligerent inmate got up into his face. Tempers flared. Punches flew and Owens ended up being hauled off to solitary.

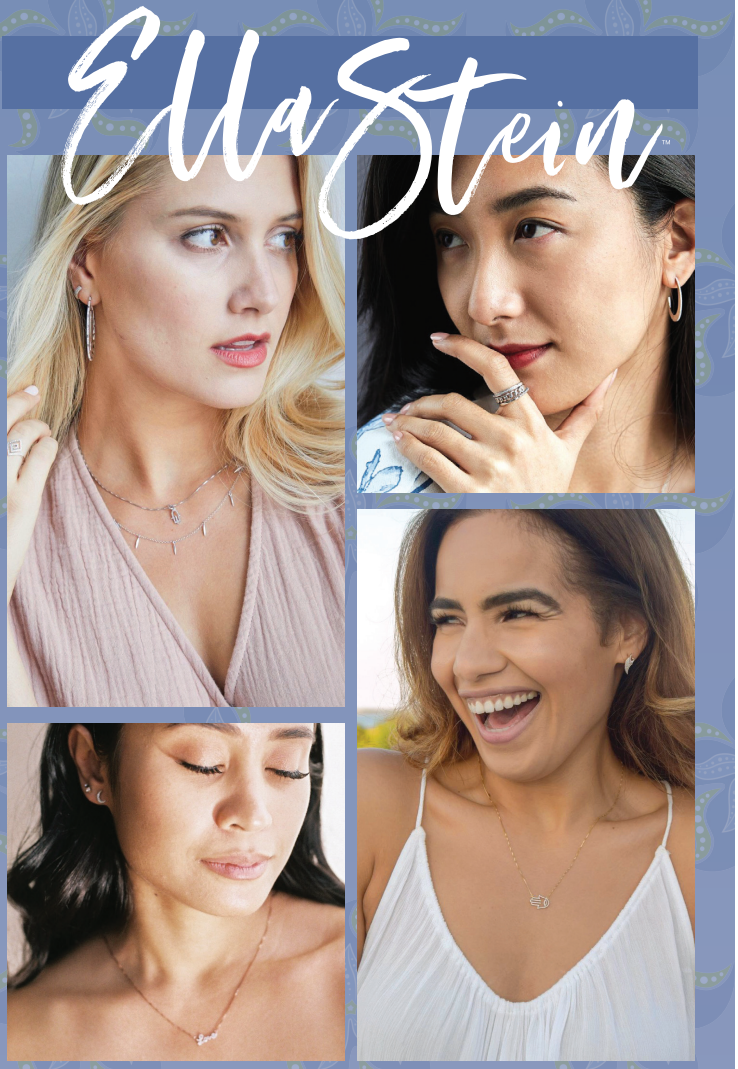
Now if we were plotting a Hollywood narrative, here's where Owens' turn in this stark cell would lead to a dark night of the soul, complete with a swelling of strings to accompany a eureka moment of self-enlightenment.

Instead, Owens' transformative spark happened later as he was being led back to his unit. That's when he caught a glimpse of inmates hand-building pottery in the prison's art room. The sight brought back memories of art classes he'd taken in junior high school and the way clay had felt in his hands. And, then there'd been the sheer freedom of picking up a brush and swirling color into vibrant abstracts. All this had been a part of his world before cocaine shattered it.

In one decisive moment, Owens changed his life. He joined the arts program. Then just as he had in the kitchen, he began taking charge. "I'm real alpha. Wherever I am, I'm alpha," he declares. He would soon begin overseeing supply orders and teaching classes. As for his own education? Straight out of Dick Blick, the large art supply company. He'd study every material safety data sheet accompanying the products they sent.







JEWELRY, FINE GIFTS, TREASURES

F E A T U R I N G

Julie Vos • Ella Stein • Caspari • Le Cadeaux
John Medeiros • Crislu • Meghan Browne

Coastal Treasures
Elegant Living ~ Thoughtful Giving

HARBOUR TOWN | 149 LIGHTHOUSE ROAD
843.671.3643

"I wanted to know how the materials worked, their components, and the history of paint. And I especially love nerdy stuff like that Indian yellow paint first came from the urine of cows who ate mango leaves,'" Owens admits with a laugh.

He began painting portraits of family and friends for fellow inmates. (There was a rule against depicting the inmates themselves.) Not surprisingly, his "Marilyn Monroes" were especially popular. As for art tools, he improvised, using plastic spoons as palette knives and sewing needles for carving and incising clay.

Another turning point

"Then one day I saw an article in The New York Times about this painting that sold for fifteen million dollars. It wasn't the money," he says. "But I wanted to know, how does a piece of art go from being worth ten thousand dollars and increase that much in value in ten or fifteen years. What was that about?" He began reading more.

Bed sheets ...

"Can you get me some new prison bed sheets?" It was a question from inmate Jesse Krimes, a talented artist who was serving a six-year sentence on a drug charge. He had an idea for a huge mural.

"Sure," Owens told him and used his "sources" to get the requested contraband "art" supplies. Then using hair gel and a plastic spoon, Krimes transferred cut-up images from The New York Times onto them, embellishing them with drawings to create a compelling tableau about prison life. He titled it Apokaluptein:16389067, a combination of the Greek word for apocalypse and his own prison number. The piece, which took thirty-nine sheets and three years to complete, would later catch the attention of the art world and help raise the visibility of formerly incarcerated artists — a movement that would propel them into the realm of museum and gallery shows and into the hearts of collectors.

Meanwhile, the Fairton duo would form their own college of two, sharing arts magazine subscriptions. "We read every single line, studied every single artist," says Owens. "We took notes and basically figured out what was going on in the art world."

The inside dirt

"I was sitting around with Jesse one day when he said creating art was about the materials," Owens remembers. "So I said I'm going to grab the thing that no one is paying any attention to." That something was soil from the prison yard which he sent home one jar at a time.

Today Owens is working on a series of paintings incorporating that very soil, sometimes dusting a canvas with it; other times mixing it in with gels or paints for texture. Now as we talk, he moves his iPad around his studio to show me works-in-progress. He aims his screen at "The Corner Cell," a stark painting with geometric lines that sit slightly askew, creating a feeling of disorientation. "This deals with solitary confinement and the aftermath of what happens inside of what we call the segregated housing unit," he explains. "So I chose a palette that includes the institutional blue the walls are painted to calm inmates down." And yes, along with oil stick, acrylic and oil paints, there's dirt from the prison yard.



The Corner Cell

Another piece beckons with bright Indian yellows. An intriguing line of dark shapes in the background on first glance look like buildings. But as he moves in closer, they emerge as shapes of people. "I haven't yet determined what it's going to be," he confesses. "My paintings come by happenstance. I might start one way but then it ends up nothing like that."

Next we step into his house and look at some of his early portraiture. When asked why he pivoted from portraits to abstracts, he grins. "No rules!"

Also on view are his ceramic vases. Several feature hieroglyphics embellished with gem-colored patterns. This prompts me to ask about that life-size Egyptian mummy case he did for a show at Eastern State Penitentiary in Philadelphia — that strange 19th-Century experiment in "progressive" institutionalization that is a national historic landmark today.

For the grant-funded exhibition, he hand-carved the coffin from a massive chunk of Kentucky red oak and then painted and gilded it with the face of Larry Davis, a Bronx drug dealer who was murdered inside prison. The installation, a symbolic burial, sat in a narrow cell layered with peeling paint that once housed real life inmates who would spend their entire sentence in solitary contemplation of the deed that landed them there. Owens' work spoke of what this man's fate could have been had societal forces and circumstances led to a different path.

Which brings us back to Owens and the choice he made that put his life on a very different trajectory. His route will soon take him to Philadelphia, where he'll join a collective with Jesse Krimes and other formerly incarcerated artists in a space big enough for artmaking and shows. But he also has New York in his sights. "I hope to be up there and represented by a major gallery."

I have no doubt. *LL*





Optimistic About the Future, Proud of My Past

HILTON HEAD MIDDLE SCHOOL WALL MURAL HONORS THE ISLAND'S MODERN TRAILBLAZERS

BY CAROLYN MALES







Outstanding gifts
at unbelievable prices!
Plus a wide variety of masks
including some that are SPF 50
and all made in America!









PLEASE
SHOP
LOCAL!

THANK
YOU!

Voted Best Gift Shop
9 Years in a Row!

GIFTED
HILTON HEAD

SUITE J2, VILLAGE AT WEXFORD
MON.-SAT. 10AM-5PM | 843.842.8787



What better way to celebrate Hilton Head's modern trailblazers than to tap artist Lauren Andreu to paint a 62-foot-long mural depicting eight men and woman who have inspired and influenced life on the island?

The mural titled "Optimistic About the Future, Proud of My Past" spreads across an inside corridor of Hilton Head Middle School. This vivid tableaux offers an opportunity for children and adults alike to discover more about recent local history through the deeds of these 20th- and 21st-century community leaders in historic preservation, environmental causes, social services, medicine, and sports.

Hannah White Barnwell (1904-1986), midwife and the island's first registered nurse, pioneered the island's first day care and kindergarten, setting them up in her own yard.

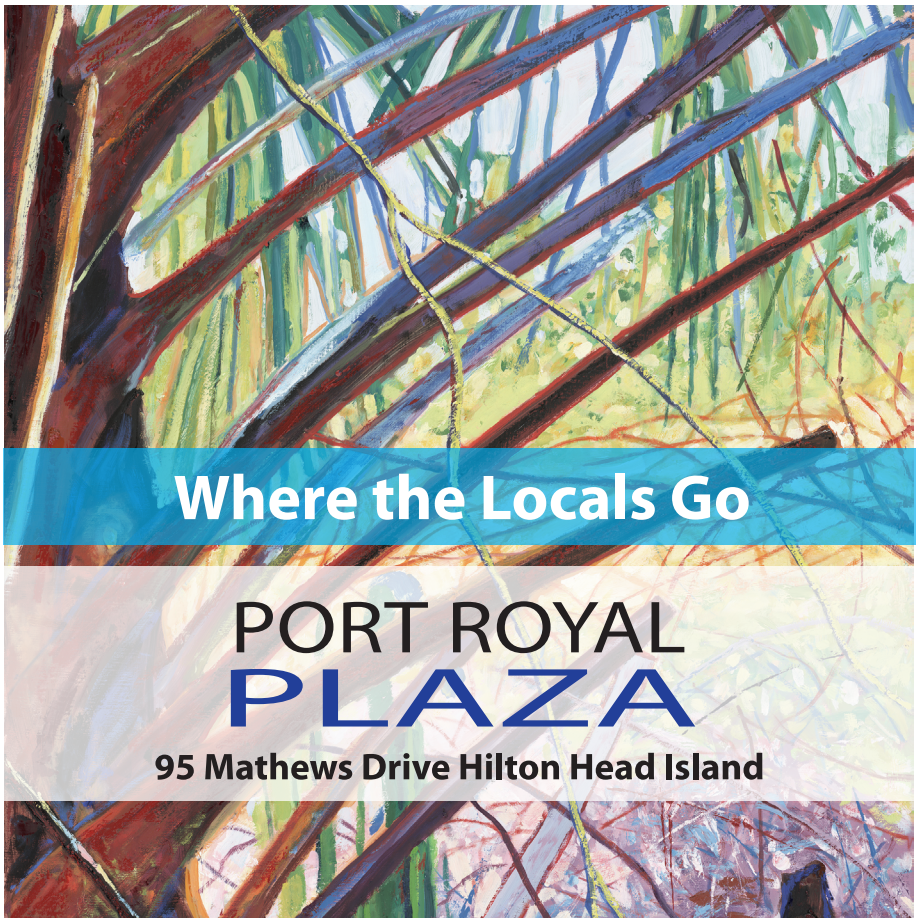
Carolina "Beany" Newhall (1904-1991) urged Sea Pines developer Charles Fraser to set aside land on the south end for a wildlife preserve. Today the Audubon Newhall Preserve named after this ardent conservationist features fifty acres of nature trails through forest and bog.

Charlotte Heinrichs (1907-2001), a public-health nurse, spearheaded the Deep Well Project. At a time when islanders living on back roads were getting sick from drinking contaminated water from shallow wells, she tackled the logistics of providing them with clean, safe water from deeper wells. Today the nonprofit organization she founded in 1973 helps low-income residents with food, shelter, and other basics.

Dr. Hector Esquivel (1938- 2019), a Colombian-born surgeon and family practitioner, was a strong advocate for the island's Latin community. Today the Esquivel family carries on his humanitarian work as founders of *La Isla* magazine and the Lowcountry Immigration Coalition.







Gene Martin, owner of PIggly Wiggly, one of the island's first grocery stores, is renowned for his generosity and commitment to community service. Over the years the Martin family has provided work opportunities for young people, donated food to community programs, and helped those in distress during hurricanes and times of economic difficulties.

Dr. Emory Campbell is a community leader whose activism and advocacy have had a big impact on health of the Gullah community and the preservation of its rich cultural heritage. Among his many accomplishments, he has served as executive director of The Penn Center, a Reconstruction Era National Monument, and has chaired the Gullah-Geechee Cultural Heritage Corridor Commission, a Federal National Heritage Area encompassing the coastal areas of the Carolinas, Georgia, and Florida.

Louise Miller Cohen founded the Gullah Museum of Hilton Head Island with an eye to teaching locals and visitors about life on the island before the bridge was built in 1956. Her mission centers on preserving the Gullah-Geechee culture by sharing her knowledge of native islander history and rituals through storytelling, preparing traditional food and herbal medicine, performing gospel songs, leading ring shouts, and teaching the Gullah language.

Dan Driessen, the Hilton Head-born Cincinnati Reds Baseball Hall of Famer, got his baseball start at age fourteen playing for the Hilton Head Blue Jays. Among the highlights of his fifteen-year major league baseball career was stepping up to bat as the National League's first-ever designated hitter in a World Series, a first that took place during the Reds' 1976 sweep of the Yankees.




Approximate dimensions 12" x 8" x 24" tall

NEW ARRIVAL!
"Circle of Friends"
a limited edition bronze sculpture by artist
Joseph Quillan
is now available at
Endangered Arts

The perfect gift for any turtle lover!!!

Located at 841 Wm. Hilton Pkwy in South Island Square next to Lucky Rooster

Call the gallery at
843-785-5075
for details or visit
endangeredarts.com
to view more of Quillan's work





PHOTOS BY RONALD LOPEZ

The backstory

The idea for the mural was an offshoot of "The Pursuit of Freedom & Opportunity" project that Kathleen Harper, coordinator for the International Baccalaureate Middle Years Program, and Jenn McEwen, Hilton Head Island's director of cultural affairs, had envisioned for the school.

"We originally planned this as a paint-by-number community project for children and staff to work on with Lauren Andreu — like we did at the Boys & Girls Club and at Island Rec Center," McEwen says. But those plans shifted in the face of the pandemic when the school went to virtual instruction. Over the summer, Andreu painted the mural on her own.

"Early on Jenn and I bounced around a lot of ideas for the mural and got suggestions from different people in the community," says Andreu. "I could have painted an historic scene, but we liked the idea of portraying individuals who have been part of creating the diverse fabric of Hilton Head. And with the middle school being the most demographically diverse school in Beaufort County, we thought let's run with that so all kids can feel like they're included. That's why Hector Esquivel's inspirational words "Optimistic about the future, Proud of my past" are painted in English and Spanish "*Optimista con el futuro, Orgulloso de mi pasado*" below the media center window between the two mural panels."

After researching and gathering photos from families and other sources, Andreu had to figure out how to fit and place everyone on the walls. "I started by doing a collage in a Photoshop-type program which gave me the freedom to play with composition and move things around," she explains. "Then I painted it in a fun, loose style and used an artist-grade spray paint to get a wow factor — so that anyone who sees it would think, Oh, this is exciting!"

And the take-away? "It's how much good one person can do especially right now with so much happening in the world. I want children and adults alike to think: I have a mark—big or small — that I can make on this island — or wherever I am.". *LL*

EYELAND OPTIQUE

EXAMS | EYEWEAR
SUNWEAR | CONTACTS

Fresh Market Shoppes
890 William Hilton Parkway
843.681.2020

NOW ACCEPTING
APPOINTMENTS FOR
EYE EXAMS
with additional precautions
for your safety

We accept
VSP, EYEMED and MORE!

EyelandOptique.com FHONE®





This photo of Haig Point Lighthouse was taken by Ohio resident **Brittany Mosley**, who visits Sea Pines each year with her family. "I actually took that shot while on a dolphin tour," she said. "I thought it was such a beautiful building and it has a great story behind it." Find more of her work on Instagram (@casuallyphotography).

The ghost that wasn't

THE TRUE STORY OF MAGGIE CORMER AND THE HAIG POINT LIGHTHOUSE

BY CAROLYN MALES

Let me state it right off. The Haig Point Lighthouse does not have a ghost named Maggie who pads up and down the stairs of its two floors. Nor does this specter spend evenings mingling with present-day guests on its porch overlooking the Calibogue Sound. Oh, yes. She's certainly part of the folklore surrounding the iconic 1873 structure-turned B&B in this Daufuskie resort community, but the real life Maggie's tale isn't anything like those you may have heard.

Folklore, spread by imaginative souls, is often perpetuated like a game of "Gossip" where someone whispers something in someone's ear, who whispers in another's, and so on down the line until you get to a story that is nothing like the original.

Hang in with me because we're going to do a reverse "gossip" on this one. I'll walk you through the tall tales first; then we'll end up with what really happened.

Our guide to these legends and the true backstory is Jenny Hersch, co-author of *Images of America Daufuskie Island*. She pointed me in the direction of a couple of these spirit-driven fantasies about Maggie, a 19th century lighthouse keeper's daughter, and then gave me the facts, leaving me scratching my head, wondering just who dreamed up each fictional twist and why.

In one version, Maggie is a young maiden who dies of a broken heart when she and her beloved, a naval engineer, break up and he sails off into the sunset. Apparently her ghost still wanders restlessly about the rooms, although it isn't clear why. But, unlike her more miserable counterparts elsewhere at least she doesn't seem to hang around sobbing. Instead, she's kind of like a ghostly welcome wagon, greeting today's visitors warmly.

In another more elaborate narrative, her suitor is a married guy from Michigan hired by the Navy to work on lighthouse lanterns. Here we're told he kept a diary where he wrote a couple of "intense" lines about being enraptured by Maggie's "sweet face" during a Christmastime visit to the lighthouse. However, a few days later he scribbles that he can never return. At this point, the story gets murky with innuendos about a clandestine affair and Maggie's fragile mental state, although I'd suspect something about our mysterious diarist already having a wife may have come into play. Fast forward to modern times when Maggie's ghost, perhaps annoyed by all the sawing and hammering on a lighthouse restoration project, takes to startling and annoying the workmen. It ends with a supervisor having a heart-to-heart with the unhappy apparition who apparently agrees to leave them alone.



Helping buyers & sellers for over 35 years



LOOKING FOR JUST THE RIGHT PLACE

CALL JEFF HALL

Jeff has been a local since 1974 and has dominated the Hilton Head Island and Bluffton real estate markets since 1984, helping to develop the finest communities and to aid home buyers and sellers achieve their real estate goals.

843-384-7941
livehiltonhead.com
jammerhhi@gmail.com

And then there's the made-for-Hollywood melodrama. It opens with Patrick and Bridget Comer coming to Daufuskie in 1873. In between keeping the lantern lit and assisting ships navigating the Calibogue Sound, the childless couple tend their gardens and boil water to drink. So far so good. Then Magaidh or Maggie, as they called her, is born. She spends her childhood in idyllic bliss wandering along the beach, collecting shells.

Then tragedy! In September 1886, Charleston is struck by an earthquake so strong that its shock waves send the Haig Point lighthouse walls and ceilings a-crumbling (which actually did happen). Flood waters rise, mosquitos breed furiously, and a malaria-infected one bites Maggie. A month later she is dead. Devastated, her father Patrick takes to bed for his final five years. (Here we must presume someone repaired the falling walls.) Mysteriously, at this point, her mother Bridget disappears from the tale, although we hope she'd at least be keeping the lantern lit while Patrick fades away. Nowadays on moonlit nights visitors, we're told, catch whiffs of honeysuckle, and the vacant middle chair on the lighthouse porch begins rocking.

Needless to say, all these stories do not sit well with Maggie's descendants. That's because the real flesh-and-blood Maggie's life had a very different trajectory. Once again we start in 1873 with Patrick Comer assigned to the Haig Point Lighthouse and wife Bridget serving as assistant keeper. They arrive on the island with their two daughters, 15-year-old Mary Ellen and her younger sister, Maggie. Six year later, Captain Walter John Thompson, a bar pilot for the Savannah Harbor, comes a-courting and marries Mary Ellen. They go off to Savannah and have five children, two of whom die young.

Meanwhile over on Daufuskie, after Bridget passes away in 1885, Patrick and Maggie continue living at the lighthouse until his death six years later. Richard Stonebridge then takes over as Haig Point's keeper.

But what of Maggie? Four years after her sister Mary Ellen died in 1895, she would marry that same Captain Thompson and raise the three surviving children in Savannah. She would die in 1930 at age 65 and is buried in Laurel Grove Cemetery.

It is here that we now let Maggie's ghost rest in peace. *LL*





ROMANTIC GETAWAY
Today, the Haig Point Lighthouse serves as a guesthouse. It has two bedrooms, a kitchen, a dining room and a porch overlooking Calibogue Sound. It is a sought-after venue for weddings, special events and private parties. Learn more at haigpoint.com.



LOCAL ART



Serendipity by Jean-Marie Côté

LOCAL POETRY

The Photo in the Beach House

It's been there so long
I can't recall the year it appeared.

Sepia and serene, it rests
in a plastic frame,
on a crooked blue shelf
by the slap-happy door
for the path to the beach.

As a child heaven was summer
at Granny's house.

Its grainy image
captures the exact moment
where the six o'clock sun
meets the ocean breeze:
the comfort zone for castle-builders.

I cradle the photo and close my eyes,
searching for the sound of surf.

It beckons me to a place
where sea life and waves
slowly advance
to the high tide line
yielding nothing ... and everything.

I inhale deeply.
Starfish and sand dollars; shells and snails.

It calls me to bond
with beach combers
over shared footprints
before a moment in time
washes them away forever.

I return the photo to the shelf
and walk the path to the beach.

— LA Winkle

MAKE IT? WE'LL TAKE IT!

If **LOCAL Life** has inspired you to create something (art, recipes, home decor, etc.), we would love to share it! Send a photo and details to info@wearelocallife.com.

CHOCOLATE CANOPY



Hilton Head's
Finest Confections Since 1982



Our quality chocolates and confections are created by hand using the finest ingredients.

55 New Orleans Road, Hilton Head
843.842.4567
Order online at ChocolateCanopy.com
Don't forget we ship nationwide!

October

happenings

Festivals & fun

Unstoppable: CONCOURS SWERVES INTO VIRTUAL LANE AMID COVID

STORY BY LISA ALLEN



Like world-record holder Irv Gordon, who racked up 3.3 million miles on his 1966 Volvo P1800S, little can stop the Hilton Head Island Concours d'Elegance and Motoring Festival.

While 20,000 people won't be flocking to Savannah and Hilton Head for the 10-day festival, the focus on mobility hasn't dimmed, it just went virtual and national.

One can travel instantaneously to sip on Tito's cocktails with female industry leaders, watch a mobility engineer-in-the-making pocket a $5,000 scholarship, and tour museum collections throughout the country. Most importantly, the festival's efforts to inspire the next generation of mobility innovators didn't let a pandemic slow it down.

"We want people to know we're still here," said Lindsey Harrell, president of Hilton Head Island Concours d'Elegance and Motoring Festival. "This is a way to provide education and entertainment. Second, we didn't want to see a scholarship opportunity go away." ***Here's what you can't miss this year.***

Seeking young innovators

First stop on the Driving Young America Boulevard powered by Castrol is the presentation of the $5,000 "MilnMilr" scholarship by the Volvo Club of America, Castrol, and Driving Young America. It will be awarded Sept. 30, and you can watch it as it happens.

The scholarship remembers ***Irv Gordon***, a high-school science teacher, who drove his 1966 Volvo P1800 3.3 million miles. (At 1 million miles, Volvo gave him a new 780 coupe, which he drove for 450,000 miles, then sold.) Gordon attributed his car's longevity to frequent oil changes and rigorous maintenance. Yes, its license plate is "MilnMilr."

Most scholarship recipients come out of STEM (science, technology, engineering and math) programs found in most schools, said Tracy Drelich of Castrol. "These are all important areas for the future of mobility," Drelich said. "The technology evolution and the acceleration of electric vehicles is energizing the industry."





A gas, a liquid or a solid

Next, as part of the Michelin Junior Challenge Design contest, famed car collector Jeff Lane will give you an online tour of his Nashville museum on Oct. 6. The museum features one-of-a-kind vehicles that travel on land, water or air. It's a great source of inspiration for young designers challenged to come up with a vehicle that can travel via at least two of those modes. The winner from each Beaufort County High School wins $500. The overall winner gets another $500, and the school gets $1,000.

"Michelin has a global design program for college students and professionals. This is the junior version for high school students," Harrell said.

Local students will be presenting their Michelin Junior Challenge designs to the best in the business in an online session Nov. 1 that we all can attend. Judges include Moray Callum, vice president of design for Ford Motor Company; Ralph Gilles, head of design for Fiat Chrysler Automobiles; Vera Park, lead exterior designer for Jaguar; Michael Simcoe, vice president of global design for General Motors; Jay Ward, creative director of franchise for Pixar Animation Studios; Ed Welburn, former vice president of global design for General Motors; and Frank Campanale, the judging coordinator.



Oil & rubber

Literally where the rubber meets the road, tires make more difference than you think. So does motor oil. Learn about both from the experts from Castrol and Michelin. They'll share the science behind engine protection along with tire performance and innovations. Join them Oct. 14. *LL*

Investing is not a **PUZZLE**, if your Advisor knows how to **FIT** the pieces together.

Fiduciaries
Independent
Trusted



Bruce Brenner Wood, *Managing Partner*
Robert Schaff, *Financial Advisor/Operations Director*
Thomas Fox, *Consultant/Investment Strategy Research*
WaterStreet Research Partners

HILTON HEAD
CAPITAL PARTNERS
A Registered Investment Advisory Firm

Hilton Head Island, SC • Charlotte, NC

7 Lafayette Place, Suite B, Hilton Head Island, SC 29926
843.790.7573
hiltonheadcapitalpartners.com

Bring Fall Into Your Home!



SCOUT
SOUTHERN MARKET
& Sweet tea bar™

Beaufort's Southern Lifestyle Store

709 Bay Street, Beaufort, SC 29902

scoutsouthernmarket.com

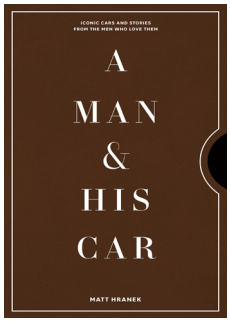
Festivals & fun

A passionate book about cars

Matt Hranek knows style and class when he sees it.

Hranek is a professional traveler, photographer, writer, director who is the founder and editor of men's lifestyle magazine, Wm Brown. He hosts TV shows on occasion, too. Really, it was only a matter of time before his attention turned to cars. This fall, he'll release A Man & His Car: Iconic Cars and Stories from the Men Who Love Them, An entire section of the coffee-table book is devoted to the men and their cars he discovered at the 2018 Hilton Head Concours d'Elegance.

A launch party for the book was planned for the 2020 festival, but they'll switch to an online roundtable with the owners of the featured cars from the 2018 show. The date has yet to be pinned down. Learn more at hhiconcours.com.





Bluffton Seafood Festival reimagined

The 16th annual Historic Bluffton Arts and Seafood Festival has been canceled for 2020 due to COVID-19, but the highlights of the festival will still go on, with a scaled -own Streetfest still happening on Oct. 24 and 25. The event spans from Oct. 17-25, with the Old Town Stroll through the Historic District, special offers from participating restaurants and merchants, the boat parade and more.

BLUFFTON SEAFOOD FESTIVAL
When: Oct. 17-25
Where: Bluffton Historic District
Details: blufftonartsandseafoodfestival.com

Bluffton Book Festival goes virtual



This year's Bluffton Book Festival will extend from its normal three-day affair to a series of virtual events that will take place through Nov. 21. Keynote sessions, workshops, panel discussions and ticketed and free events will feature writers who include international bestselling author, ***Susan Abulhawa***; New York Times' bestselling author, Kwame Alexander; Pulitzer prize-winning and New York Times' bestselling author, Edward P. Jones; author, actor and television producer, Eriq La Salle; and #1 New York Times' bestselling author, James Patterson. Get to know other local, regional and national writers as well. The festival benefits the local literacy center in Beaufort County, as well as the national book-selling community.

BLUFFTON BOOK FESTIVAL
When: Streaming through Nov. 21
Details: Blufftonbookfestival.com or 843-707-6409



Fire' Em Up and Cruise In

The Carolina Dreamers invite automotive enthusiasts to cruise over to their monthly car shows, where all types of vehicles are welcome. No costs or need for reservations. Participate or just come check it out. Great fun for the whole family.

CAROLINA DREAMERS CAR SHOW
When: 5-8 p.m., Oct. 22
Where: Shelter Cove Towne Center
Notes: New location, front parking lot
Details: carolinadreamers.info

A LETTER TO OUR COMMUNITIES

The issue of racial and social injustice has commanded intense national attention over the last several months. That spotlight has unearthed significant inequities and systemic racism not only in Minneapolis, Louisville and Kenosha, but across the entire nation, and in the Lowcountry as well. From use of the term "plantation" to the potential redirection of Highway 278 through Native Islanders' property, many of us have realized that we, too, must conduct an honest assessment of our role in both perpetuating and confronting such ongoing inequities.

Throughout our history, the Community Foundation has addressed issues that disproportionately affect people of color. We have supported untold efforts of local nonprofits working toward the betterment of people's lives. We undertook the Project SAFE initiative to help families on Hilton Head Island's north end, primarily Native Islanders, connect to public sewer.

But we need to do more.

We are starting with diversity training for our staff and our board. Additionally, we now require all nonprofit organizations applying for grants to develop a social/racial justice statement and demonstrate how they will implement it. And we, too, will be focusing on how we can ensure we are proactively standing tall against these injustices.

As part of our commitment to addressing longstanding injustices, we have adopted the following statement.

A Commitment to Thought and Action: Our Stand Against Racial and Social Injustice

At Community Foundation of the Lowcountry (CFL), one of our key goals is to build and strengthen the place we call home by working together with all others in our community to address critical issues facing our region.

Today one of those critical issues is systemic racism, across the United States, which is deeply rooted in our nation's history.

- CFL categorically denounces all forms of discrimination, bias, and racial profiling, which, at their extreme, leads to senseless violence and death.
- We stand with the multitudes of peaceful demonstrators who are coming together to demand social and racial justice.
- CFL is committed to providing actionable solutions and a safe forum for constructive dialogue in addressing these complex injustices.

Furthermore…

CFL celebrates the rich diversity of our region. Equity and inclusion are at the forefront of our work.

- We demonstrate this by authentic and tangible outreach to our marginalized neighbors, in order to improve the quality of life for all who call the Lowcountry home.
- We welcome collaboration with individuals and organizations who are also striving for a more just and equal society here at home, and across our country.

Working together, we can and will make a positive impact now…and for generations to come.

In recently adopting this document, our board of directors has committed to providing actionable solutions to these complex injustices. While our commitment is strong and deliberate, our work has just begun.

We are looking inward to ask the tough, probing questions about our work, to find the solutions that support all of our community members, and to continue to build those important collaborations for stronger outreach efforts to our marginalized neighbors.

In beginning this work the entire CFL board and team are committed to working together across our community to make a positive and powerful impact for today and far beyond tomorrow.

I hope you will join us.

Jackie Rosswurm, PhD
Interim President and CEO

843.681.9100 • cf-lowcountry.org

COMMUNITY FOUNDATION OF THE LOWCOUNTRY

Festivals & fun



Come light up the night!

HILTON HEAD ISLAND'S LANTERN PARADE PARADE-IN-PLACE





Last November nearly four thousand people and three thousand lanterns had lit up the beach in Hilton Head Island's first Lantern Parade. Giant sea turtles, gators, jellyfish, egrets, mermaids, and other fanciful creatures had danced in the air above their creators as they marched along the shoreline. Even a contingent of Mitchelville houses, their windows aglow, strode beneath the starry sky.

Event organizers are hoping to see all of those lanterns and many new ones when the Hilton Head Island Lantern Parade-in-Place happens (Nov. 5-7). Island residents are asked to create a lantern to display in yards, driveways and other locations throughout the island.

Pick up a turtle, owl, or Mitchelville house-making kit at the Coastal Discovery Museum gift shop. Or purchase this year's newest addition to the fanciful menagerie: an angel kit at the Art League of Hilton Head Gallery.

Go to culturehhi.org for downloadable maps detailing lantern sites, parade routes and times.



Now open

Vineyard Bluffton

Vineyard Bluffton has opened its doors. The assisted living and memory care community, located at 25 Cassidy Drive, is made up of 64 assisted living and 32 memory care residences and is the first of its kind in the area with high-end assisted living homes with beautiful landscaped grounds and luxurious amenities. Learn more at ***vineyardbluffton.com****.*

Women helping women

The ***Professional Women in Building of the Lowcountry****, a community organization, hosted a kickoff event at Billy Wood Appliance. The group is aimed to promote, educate, and mentor women in the building industry. Find more information on the Professional Women in Building of the* Lowcountry Facebook page.

Island Safety Quest

Hilton Head Fire Rescue has come up with a socially distanced way to host Fire Prevention Week: a live scavenger hunt with prizes. Download the free app, Goosechase, at hiltonheadislandsc.gov.

SCAVENGER HUNT
When: Oct. 10-30
Details: hiltonheadislandsc.gov

Fundraising events

Haig Point hosting Mill Village Farm Culinary Concert

Join in a virtual fundraiser for South Carolina from the comfort of your home. Celebrity chef Sallie Ann Robinson, Soby's executive chef Shaun Garcia and Haig Point's executive chef Taylor Griffin will join you virtually to give step-by-step instructions to cook a Gullah-Geechee style, three-course dinner for two. Participants pick up a curated food box from Deep Well, which includes all ingredients needed for the meal, plus a bottle of Haig point private label wine, and cook to the music of Grammy-winning band Ranky Tanky. Filming will be done from the deck of the Haig Point Beach Club. Proceeds benefit Deep Well, Second Helpings and the Haig Point Foundation.

When: 6:30 p.m., Oct. 26 **Details:** CulinaryConcert.org

TCL's Virtual Chefs' Table



The Culinary Institute of the South at Technical College of the Lowcountry invites you to a special live virtual event hosted by Jesse Blanco and the students of the Culinary Institute of the South. Auction items will include golf packages, specialty chef dinners and the newly produced Lowcountry Master Chef Series featuring cooking demonstrations from ten of the area's finest chefs. Bon appétit!

When: 6 p.m., Nov. 18 **Details:** tcl.edu/culinary

Rotary Club Wheels Sweepstakes

To fund local youth programs and scholarships during the pandemic, The Rotary Club of Hilton Head Island is conducting a sweepstakes event with $32,500 in prizes. The top prize is a 2020 BMW X2 S series 3-year lease. Only 750 tickets will be sold, making odds of winning 1 in 25. Sweepstakes entrants will receive a 50 percent discount on the club's Fast & Curious Sleuth Road Rally.

Details: hiltonheadrotary.com

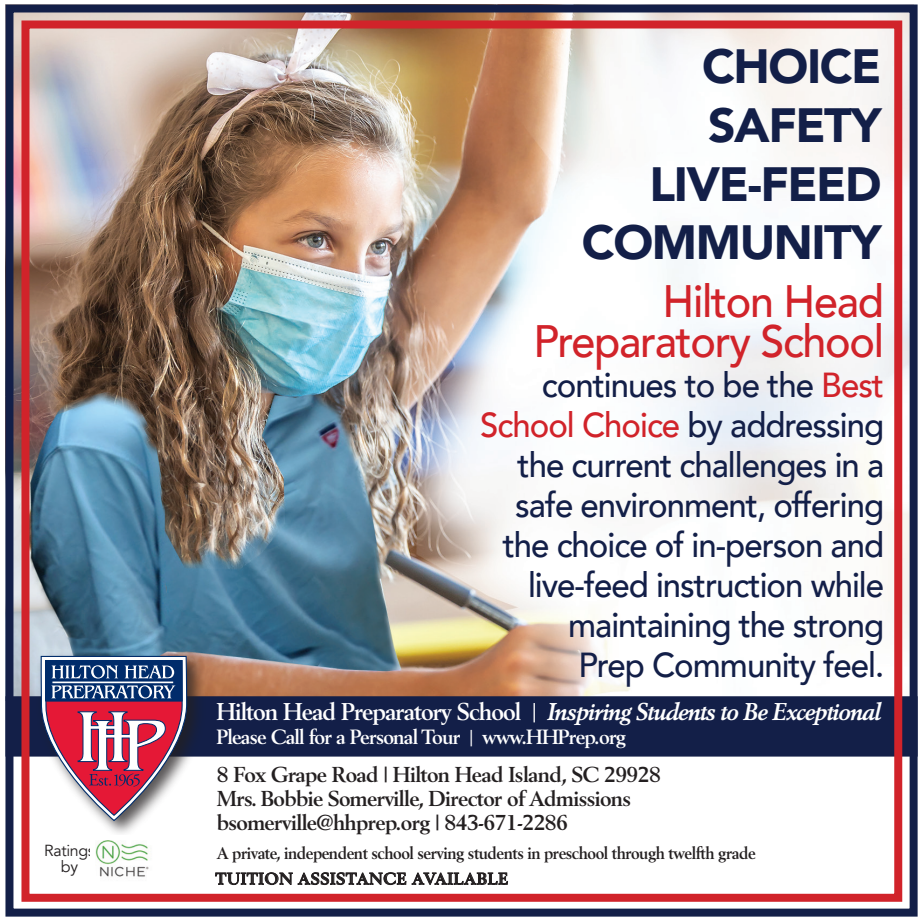


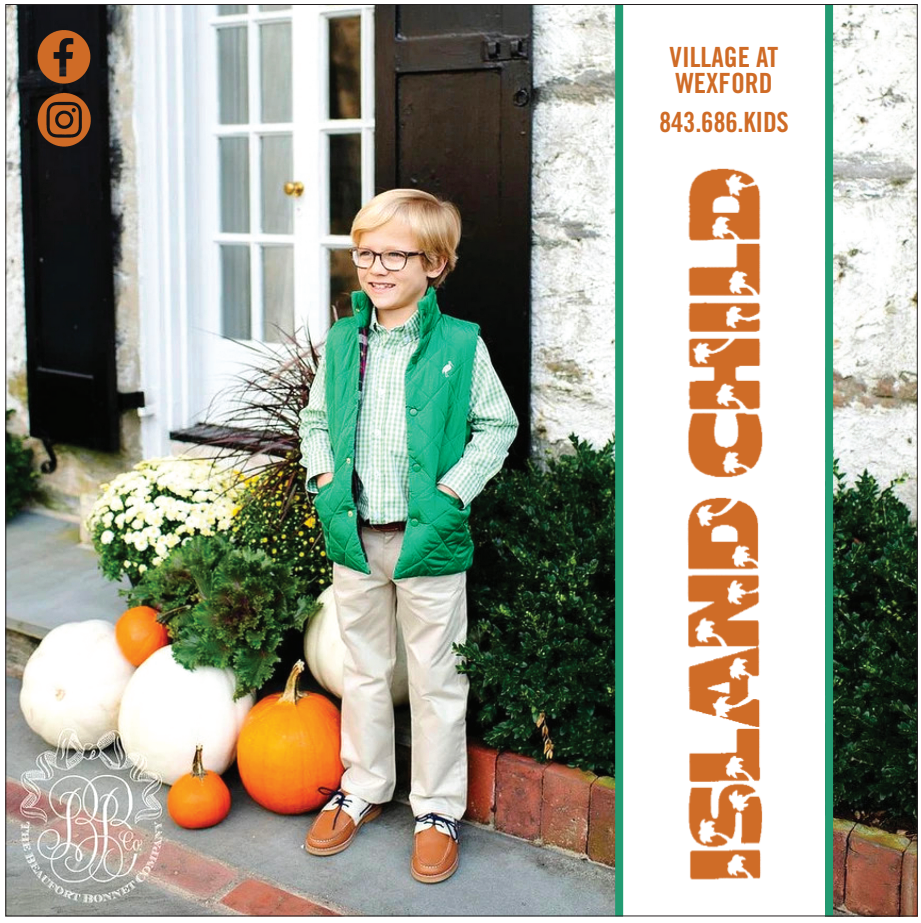
Fast & Curious Road Rally

It's a socially distant and fun competition this Halloween weekend, brought to you by the Rotary Club of Hilton Head Island as part of their sweepstakes fundraiser. Competitors will sleuth for answers to clues from the comfort of their own vehicles on a timed route. Win prizes for the most points, best costume, most creative wrong answer, last-place finisher and best decorated car. Proceeds benefit children's programs and youth scholarships.

FAST & CURIOUS ROAD RALLY

When: 8 a.m.-1 p.m., all finish by 4 p.m., Oct. 30-31
Tickets: $50 ($25 for sweepstakes ticket holders)
Details: hiltonheadrotary.com







BILLY BOSS GOES HOME

EVERY DAY

we provide safe haven for the abandoned cats and dogs of the Lowcountry.

EVERY DAY

a wonderful and healthy animal is ready to enrich your life as a beautiful new family member.

Come see who's waiting for you.

HILTON HEAD HUMANE ASSOCIATION

10 Humane Way
Hilton Head Island, SC | 843.681.8686

10 Pritcher Point Road
Okatie, SC | 843.645.8400

www.hhhumane.org

Art showings, plays & performances



Arts Center Kick-Off Concert with Candice Glover

The Arts Center is kicking off its 25th anniversary season with an outdoor concert in the Arts Center parking lot featuring American Idol Season 12 Winner Candice Glover. Also performing will be the award-winning gospel group The Voices of El Shaddai. Food trucks plus beer, wine, and soft drinks will be part of the afternoon's festivities. Bring your own lawn chair, as pods will be chalked for social distancing, and masks are required. Limited to only 250 patrons. $10.

ARTS CENTER KICK-OFF CONCERT
When: 3:30-5 p.m., Oct. 10 **Where:** Arts Center parking lot **Details:** artshhi.com

Lean Ensemble presents Mitchelville

An online reading of a work-in-progress by Aurin Squire. When a young man tries to save his Gullah family home, he delves into the history of his family lineage, the Civil War, and Mitchelville, the first town of Black freedmen in America. Mitchelville is a story about learning from the past, saving for the future, and keeping a tradition going. Get your first glimpse of this exciting new play, directed by Christopher Windom and read by a cast of actors from the Lowcountry and beyond. A full production featuring actors from across the country is planned for the 2021-2022 season.

MITCHELVILLE
When: Airing Oct. 29-Nov. 1 **Details:** leanensemble.org or 843-715-6676

Virtual talks

WOMEN LEADING THE WAY: FINDING YOUR LEADERSHIP VOICE AND DEVELOPING YOUR LEADERSHIP STYLE



The Don Ryan Center for Innovation will be hosting a free Zoom webinar to provide women with insight and strategies to help develop their leadership style. The webinar, led by ***Dr. Karen Mitchell***, founder of Cottage Insights and a longtime advocate for women's professional growth, will explore the unique communication challenges female leaders face, as well as the opportunities of being a female leader today — and will share relevant insights that women can use both now and in the future.

ZOOM BUSINESS WEBINAR
When: Oct. 13 **Details:** donryancenter.com or facebook.com/DonRyanCenter

DOUG LUTE: HOW THE WEST LOST ITS WAY



Nationalism is having a moment. Europe has an identity crisis. China is challenging the dominance of the United States. How did we get here? What's next? ***Ambassador Doug Lute***, former United States Permanent Representative to NATO, will be presenting his views on "How the West Lost its Way." 10 a.m. , October 2 via Zoom webinar. The webinar is hosted by World Affairs Council Hilton Head. WACHH members are free, and there is a fee of $15 per guest. To read more about the speaker, the event, or to register, go to wachh.org.

MATHEW BURROWS: RUSSIA AND CHINA: BENIGN FRIENDSHIP OR MALIGNANT GAMECHANGER?



Are we back to a new Cold War? A real alliance or a marriage of convenience? On Oct. 23, 2020, ***Dr. Mathew Burrows***, director of the Atlantic Council's Foresight, Strategy, and Risks Initiative in the Scowcroft Center for Strategy and Security, will outline the hard choices America will have to make when developing foreign policy with Russia and China. 10 a.m. via Zoom webinar. The webinar is hosted by World Affairs Council Hilton Head. The presentation is free for WACHH members, and there is a fee of $10 per guest. To read more about the speaker, the event, or to register, go to wachh.org.

WE ALREADY PAY

WEALREADYPAY.ORG

WE ALREADY PAY SO WHY DO WE HAVE TO PAY MORE?

The Beaufort County Council recently passed an Ordinance to levy a Beaufort County Law Enforcement Service Charge and Uniform User Fee on the annual property tax bills of Hilton Head Island residents and business owners. This charge/fee will generate $4.4 million more in revenue for Beaufort County on top of what Hilton Head Island property owners already pay for law enforcement services.

This is an unfair and inequitable charge/fee that will be implemented and collected from Hilton Head Island residents if not stopped. No other municipality in Beaufort County will have this fee imposed upon their property owners.

We have utilized the Beaufort County Sheriff's Office (BCSO) prior to and after Hilton Head Island's incorporation as a Town in 1983. To be clear, the BCSO does an excellent job on Hilton Head Island and provides a range of law enforcement services for our community including 911 response to crime and assistance for help, general patrol, beach patrol, event security and more. These are services our current tax dollars pay for.

WHAT WE PAY

Currently, Hilton Head Island residents contribute more than $52 million in taxes to Beaufort County's overall budget. Of that amount, $14.4 million is allocated for law enforcement services. For many years, the Town paid an additional $3.2 million and provided the BCSO with administrative office space and stipends for first year deputies living and working on the Island. Last year, the Town Council determined it was not appropriate to continue paying millions more for services Island property owners already substantially contributed to as part of their property taxes.

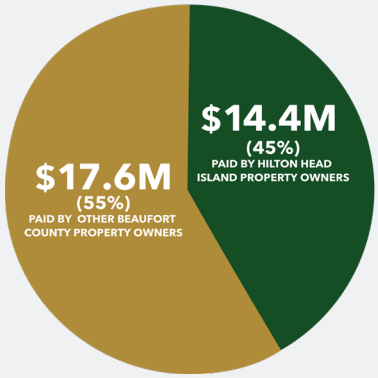
HERE IS A BREAKDOWN OF WHAT WE ALREADY PAY FOR BEAUFORT COUNTY SHERIFF'S OFFICE SERVICES:

In recent months, Town leaders have held discussions with County leaders seeking an equitable resolution to make up for the $3.2 million loss the County suffered as a result of Town action. County leaders rejected proposals from the Town, which included having the Town assume responsibility for some maintenance of County-owned parks and roads on the Island, and for County financial contributions to our local Island Rec Center.

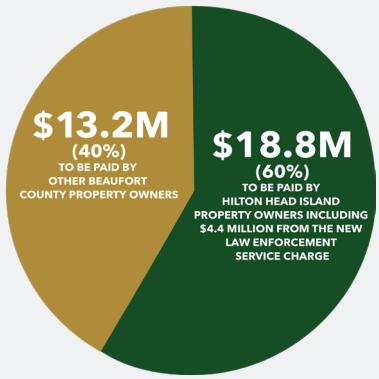
BEAUFORT COUNTY SHERIFF'S OFFICE OPERATING BUDGET

$32 MILLION

WHAT WE PAID BEAUFORT COUNTY FOR LAW ENFORCEMENT SERVICES IN FISCAL YEAR 2020



WHAT WE WILL PAY BEAUFORT COUNTY FOR LAW ENFORCEMENT SERVICES IN FISCAL YEAR 2021



Instead, the Beaufort County Council voted to impose a Law Enforcement Service Charge and Uniform User Fee for the Town of Hilton Head Island.

WHY THIS CHARGE/FEE MUST BE BLOCKED

★ Putting this charge/fee into effect places an unfair burden on Hilton Head Island tax payers. As Hilton Head Island property owners, you already pay for law enforcement services. Essentially, with this charge/fee, property owners would be taxed twice for law enforcement, and in some instances, three times. Seventy percent of the Island's residents live in a gated community, where they also pay for and have the added protection of private security. This private security relieves some of the burden from the Sheriff's deputies so they do not have to respond to every infraction that occurs in these private communities.

★ Imposing extra fees only on Hilton Head Island's property owners is grossly inequitable. In fiscal year 2020, taxes from Hilton Head Island property owners accounted for 45% of the BCSO budget. With the new charge/fee, your taxes will make up 60% of the BCSO budget.

★ Our community values safety. Everyone deserves to be protected, but we should not be overtaxed for this right.

WHAT WE ARE DOING TO STOP COLLECTION OF THIS CHARGE/FEE

★ To address this inequity and protect the interests of Hilton Head Island property owners and residents, the Town of Hilton Head Island has filed an injunction against Beaufort County to prevent implementation and collection of this charge/fee.

★ Town leaders will continue working with Beaufort County leaders to resolve this issue.

★ We have developed a website that provides more information about this ongoing matter and answers to questions you may have about the Beaufort County Law Enforcement Service Charge and Uniform User Fee. (**wealreadypay.org**)

WHY YOU SHOULD BE CONCERNED

As a property owner, you already pay for law enforcement services. You should not be taxed twice for these services.

WHAT PROPERTY OWNERS AND RESIDENTS CAN DO

Help us stop this charge/fee.

★ Hilton Head Island property owners may express their concerns about having to pay this fee by calling or sending a message to the Beaufort County Administrator at 843-255-2026 and Beaufort County Council at 843-255-2180. Ask them to repeal their Ordinance.

★ **Visit beaufortcountysc.gov** and click on the "Contact" tab at the top of the website home page. In the contact menu that appears at the bottom of the page, select Citizengram. On this form, choose to send a message to the County Administrator and/or County Council.


©KATHLEEN WALKER

Ghosts and Myths of Hilton Head Island

Experience the chills of the paranormal as The Heritage Library brings to life the Hilton Head Island of the 18th and 19th centuries on a journey beyond the Zion Cemetery gates. Hear firsthand the ghost stories about the Harbour Town Lighthouse, The Baynard Funeral Procession, the Blue Lady of Hilton Head Island, and more. Three nights only, limited spacing available.

GHOST TOUR
When: 7- 8:30 p.m. Oct. 22 - 24
Where: The Zion Cemetery and Baynard Mausoleum
Notes: $15 per person, reservations required
Details: heritagelibrary.org

Fashionable & fun



Jewelry events at Forsythe

Join the Forsythe Jewelers team for a Sethi Couture Debut Party and a Roberto Coin Trunk Show this month.

SETHI COUTURE DEBUT PARTY
When: 3-6 p.m., Oct. 1
Where: Forsythe Jewelers, the Shops at Sea Pines Center
Details: forsythejewelers.biz or 843-671-7070



ROBERTO COIN TRUNK SHOW
When: 10 a.m.- 6 p.m., Oct. 23 and 10 a.m.-5 p.m., Oct. 24
Where: Forsythe Jewelers, the Shops at Sea Pines Center
Details: forsythejewelers.biz or 843-671-7070



LOCAL MARKETS
Tuesday: Hilton Head Farmers Market, Coastal Discovery Museum, 9 a.m.-1 p.m.
Thursday: Farmers Market of Bluffton, Carson Cottages, noon-5 p.m.
Friday: Jasper County Farmers Market, Main Street in Ridgeland, 1-6 p.m.
Saturday: Port Royal Farmers Market, 9 a.m.-noon
Saturday: Bluffton Artisan Market, Southern Barrel, 1-6 p.m. (Oct. 3, Oct. 17, Nov. 14)



Bid to win a spot at Pebble Beach

Online bids open Oct. 21-31 *for a spot in the 2020 Lexus Champions for the Charity National Tournament, set for Dec. 9-13 at Pebble Beach Resorts in California. Proceeds support The First Tee of the Lowcountry.* ***Bid online at Firsttee.cbo.io.***

Heritage Library
HL
History & Ancestry Research Center

OCTOBER AT THE HERITAGE LIBRARY

Registration Required for Online Classes - Reservations Required for Tours: **HeritageLib.org**

Monday, Oct. 5 | 10:30am - 12:00 noon
Family Tree Maker Part 3:
Introducing the Web Search and Places Tabs

Wednesday, Oct. 7 | 10:30am - 11:30am
The Institution of Slavery-Part 1:
The Beginning Through The Triangular Trade

Monday, Oct. 12 | 10:30am - 12:00 noon
Family Tree Maker Part 4: Creating a Final Project:
Find & Fix Errors, Get Started with the Publish Tab

Monday, Oct. 12 | 1:00pm - 2:00pm
Reconstruction On Hilton Head Island &
Beaufort County (1862-1877)

Tuesday, Oct. 13 | 10:30am - 12:00 noon
Family Tree Maker 2019 Refresher:
Media and Search Review

Monday, Oct. 19 | 10:30am - 12:00 noon
Researching Your Quaker Ancestors

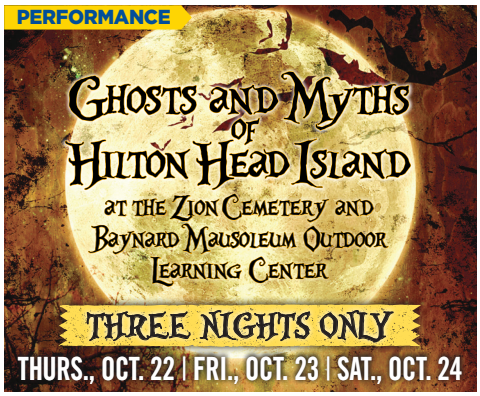
Wednesday, Oct. 21 | 10:30am - 11:30am
The Institution Of Slavery-Part 2:
Colonial Demand Through Abolition

Monday, Oct. 26 | 11:00am - 12:00 noon
Maximizing The DNA Tools at Ancestry

Tuesday, Oct. 27 | 10:30am - 12:00 noon
Family Tree Maker 2019 Refresher:
Fixing Errors and Beginning a Book







HERITAGE LIBRARY HILTON HEAD ISLAND | The Professional Bldg, Suite 100 | 2 Corpus Christi | Hilton Head Island, SC 29928 | 843.686.6560

REAL ESTATE marketplace

Million-dollar dream homes

Looking to live in luxury? LOCAL Life is offering readers an exclusive passport to the most exquisite and unique real-estate listings available in the Lowcountry. Here are a few homes you are sure to love. We feel these luxury properties — located in Wexford, Sea Pines, Colleton River Club, Long Cove, Bradley Circle and Palmetto Bluff — are the epitome of opulence. We're calling this section the Real Estate Marketplace. If you are looking to purchase an amazing Lowcountry home, these properties should be at the top of your list.



9 Harrogate Drive, Wexford
Weichert, Realtors® - Coastal Properties
Kelly Ruhlin, Agent
843.301.5919
$1,265,000

Facetime Walkthrough | Virtual Tour | Social Distanced

Real Estate Marketplace



9 North Calibogue Cay Road

Overflowing with quality, premium finishes, and exceptional craftsmanship. Experience sensational deep water views along the Calibogue Sound. You'll love this exclusive location on the Calibogue Cay Peninsula. Elevated, expanded and transformed by Bunting Construction, then beautifully remodeled by the current owner. Private pool, pier, and dock. Rich hardwood floors, designer fixtures, gorgeous millwork, and gorgeous chef's kitchen. New roof Dec 2016. $3,950,000

Collins Group Realty 843.341.6300
www.CollinsGroupRealty.com

Collins Group Realty — Structured to Serve



38 Whitehall Drive, Colleton River Club

Spectacular home situated on one of the best marsh view lots in Colleton River overlooking the #4 island green of the Nicklaus course. This traditional Lowcountry-style home has an open floor plan that flows beautifully around a compelling screened porch. 2 gas log fireplaces, bedroom separation, and an impressive Chef's kitchen with 2 islands & 6-burner gas range with grill. Grasscloth wallpaper, quality millwork, volume ceiling details, and owner's retreat with wet bar. $1,295,000

Collins Group Realty 843.837.6700
www.CollinsGroupRealty.com

Collins Group Realty — Structured to Serve



376 Long Cove Drive, Long Cove

One-of-a-kind architectural masterpiece resting on one of Long Cove's best water view home sites. Views down the 1st hole on Pete Dye's renowned course. This home stands out featuring custom woodwork, custom antique wooden doors, antique wood floors as well as custom brick and tile. Enormous great room with a fireplace, big water view and French doors leading to the over-sized deck and pool. First floor master with fireplace. 1,499,000

Marvin Hall 843.384.7632
Marvin@MarvinHall.com

CharterOne Realty — Luxury Real Estate



4 Long Marsh Lane, Sea Pines

Beautiful 6,000 sq ft, open floor plan, marsh front custom home. Views of Intracoastal Waterway. 6 bedrooms, 7 baths w/master on 1st floor with steam shower, sauna & fireplace. Fireplace in living and great rooms. Huge multi-purpose office/room with built-ins & kids playhouse. Large outdoor deck. Only 20 homes on island w/private pool & tennis court. New roof, 5 newer HVAC units, all new carpeting, 2-car garage on cul-de-sac and a dog shower! $1,549,000

Bill Buryk 843.422.4431
HiltonHeadBill@yahoo.com

Sea Pines Real Estate — Beach Club

Real Estate Marketplace

Facetime Walkthrough · Virtual Tour · Social Distanced



21 Oyster Landing Road, Sea Pines

Situated on a private and quiet residential street lined with majestic Live Oaks, this 3200 sq. ft. Sea Pines home rests in the middle of a large lot; marsh and sound across the street and a tidal creek defining the back boundaries. At high tide, kayak from your backyard to the Calibogue Sound. The bright open-floor plan opens to the pool and large backyard. First- and second-floor master suites. This home maintains a balance with the natural beauty of the Lowcountry $1,045,000

Joan E. Diamond 843.295.0131
www.joanediamond.com
CENTURY 21 Diamond Realty FINE HOMES & ESTATES



22 Bradley Circle, Hilton Head Island

Rock Solid Construction in 2018, Superior Finishes, custom handcrafted furniture imported from Europe. Sweeping views of the Atlantic, serene tidal marsh views. 10 bedrooms, all ensuite, multiple master suites. Elevator to all floors. Private Endless-Edge pool. Outdoor environments on all floors. Penthouse features a wood-beamed cathedral ceiling, crowning a huge gathering room/media room/party room/game room/second dining room w/kitchen. Generates $240K rental income. $3,400,000

David Carroll 843.384.8111
www.HiltonHeadHomeSource.com
CharterOne Realty · Luxury Real Estate



8 Irene Street, Palmetto Bluff

Young 4-bed, 4.5-bath home on a corner location in South Wilson, private enclave of Wilson Village. Flanked by the May River and the Fresh Water Trail, gas lanterns illuminate the brick sidewalks for a quick stroll to the Village Green, restaurants, and shops of Palmetto Bluff. Gathering areas and bedrooms include heart pine floors with brick floors accenting the dining room. Spacious screened porches for gatherings overlooking lush landscape and gardens accented by brick columned wall. $1,575,000

Angela Barbic 843.227.2526
AngelaBarbic@gmail.com
CharterOne Realty · Luxury Real Estate



5 Wren Drive, Sea Pines

4th Row, only 200 feet from Tower Beach sits this lovely 4 bedroom, 5 bathroom home. Sparkling views of Wren Pond glitter from every window and balcony in the back — and there is plenty of room for a pool/spa. It is freshly painted with new LVP flooring and new carpets. Majority of windows are impact. New roof in 2019. $1,199,000

Dana Advocaat 843.422.3988
www.DanaAdvocaat.kw.com
kw KELLERWILLIAMS.

The Haunted Chapel



St. Helena Parish Chapel of Ease ruins

"I was working a construction project on Lady's Island and visited the chapel during my lunch break. I photographed several angles of the chapel, and while walking back to my truck I got this shot. It captures the mood of the place with the huge oaks, Spanish moss and just enough of the chapel itself."

- RANDY ROGERS

HIT US WITH YOUR BEST SHOT Are you an amateur photographer with a great local photo?
Send your high-res image to info@wearelocallife.com or upload it at locallifesc.com/partingshot.



Hearing loss is more common than you might think. It's estimated that 48 million Americans experience hearing loss due to noise, medical conditions, or just simply getting older.

WIDEX HIGH DEFINITION HEARING · ReSound · signia Life sounds brilliant. · Starkey Hearing Technologies · oticon PEOPLE FIRST · unitron · PHONAK life is on

Make an appointment today for exact fittings of **state-of-the-art hearing aids** that will optimize your ability to hear. With exceptional follow-up care and service and over 40 years of helping the hearing impaired, you will see why we are the "Local Hearing Experts."

ROSE HEARING
HEALTHCARE CENTERS

RoseHearingHealthCareCenters.com
843.802.2957

Hilton Head | 1505 Main Street | *Main Street Village* | 843.802.2957 ■ Bluffton | 108 Buckwalter Parkway, Suite 2G | *Berkeley Place* | 843.836.5554

NEW BLUFFTON LOCATION NOW OPEN

ROBERTO COIN

VENETIAN PRINCESS COLLECTION



FORSYTHE
JEWELERS • SINCE 1927

Roberto Coin Trunk Show
Friday, October 23, 10 - 6 | Saturday, October 24, 10 - 5
Bubbles + Light Bites | Gift With Purchase
Please RSVP to 843.671.7070 or Andrea@ForsytheJewelers.biz

The Shops at Sea Pines Center | 71 Lighthouse Road | Hilton Head Island
(843) 671-7070 | Gate pass always cheerfully refunded!